

Menu Calendar Nutrient Analysis Report - February, 2021

Site: ALL

Date: 02/01/2021 - 02/28/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
RISE G9-12 Lunch Program W2D1 Expanded - ServingDate: 02/01/2021								
Cheeseburger - SR2646 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Caesar Wrap - SR2951 (1 wrap)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Deli Ham Sandwich or Wrap - SR2674 (1 sandwich o)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sweet & Sour Chicken Rice Bowl - SR2758 (1 bowl)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheese Pizza - SR2664 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	20	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	15	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Diced Chicken - SR2854 (1/2 c.)	10	96.00	2.67	0.00	0.00	74.67	0.00	16.00
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Popcorn Chicken - SR1413 (12 piece)	20	254.75	14.40	2.77	0.00	387.66	15.51	15.51
Sliced Turkey Ham - SR1287 (5 slice)	5	87.50	4.38	1.25	0.00	400.00	0.00	11.25
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	25	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Hot & Spicy Chicken Patty - SR2137 (1 patty)	20	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Hamburger Bun - OKR1351 (1 roll.)	40	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Steamed Rice - SR2109 (1 c.)	20	275.74	1.62	0.00	0.00	4.78	60.02	6.49
Mini Sub Roll - SR1208 (1 roll (smal))	5	160.00	3.00	0.00	0.00	180.00	29.00	6.00

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RISE G9-12 Lunch Program W2D1 Expanded - ServingDate: 02/01/2021								
Flour Tortilla - SR1177 (1 tortilla)	10	180.00	4.50	1.50	0.00	250.00	29.00	5.00
Diced Bartlett Pears - SR1194 (1/2 c.)	60	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Diced Pears - SR2866 (1 Container)	0	54.44	0.02	0.00	0.00	4.54	12.94	0.27
100% Grape Juice - SR1607 (4 fl oz cup)	90	80.00	0.00	0.00	0.00	10.00	19.00	0.00
Petite Peel Baby Carrots - SR2905 (1 package (3))	0	35.00	0.00	0.00	0.00	50.00	8.00	1.00
Romaine Lettuce - SR2868 (1 c.)	20	9.64	0.17	0.02	0.00	4.54	1.33	0.70
Baby Carrots - SR1016 (1/2 c.)	65	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Red Tomato Wedges - SR1974 (1/4 c.)	20	7.69	0.09	0.01	0.00	2.14	1.66	0.38
Chocolate1% Milk - OKR1062 (8 oz.)	60	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Caesar Salad Dressing - SR1551 (1 tbsp.)	10	65.00	7.00	1.25	0.00	105.00	0.50	0.50
Creamy Caesar Dressing - SR2545 (1 packet)	1	230.00	25.00	4.00	0.00	490.00	1.00	1.00
Ranch Dressing - SR2540 (1 packet)	40	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	10	3.33	0.25	0.17	0.00	15.00	0.17	0.17
Ketchup - SR2542 (1 packet)	20	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mini Side Salad - SR2953 (1 salad)	1	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Yellow Mustard PC - SR2517 (1 packet)	25	4.58	0.00	0.00	0.00	77.92	0.92	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
RISE G9-12 Lunch Program W2D1 Expanded - ServingDate: 02/01/2021								
Sweet and Sour Sauce - SR2022 (1 tbsp.)	20	35.00	0.00	0.00	0.00	37.50	9.00	0.00
RISE G9-12 Lunch Program W2D2 Expanded - ServingDate: 02/02/2021								
Chef Salad - SR2681 (1 salad)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crispy Chicken Nuggets - SR1367 (5 nugget)	15	239.93	14.00	2.50	0.00	439.88	16.00	14.00
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Protein Power-up Box - SR2955 (1 Box)	10	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
American-style Meat Combination - SR2138 (5 slice)	5	85.85	3.92	1.23	0.00	324.52	0.76	12.55
Hamburger Patty - SR1652 (1 patty)	10	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Sunbutter - SR2420 (2 tbsp.)	10	200.00	17.00	2.00	0.00	130.00	7.00	7.00
Shredded Cheddar Cheese - SR1537 (1/2 oz.)	5	55.00	4.50	2.50	0.00	90.00	0.00	3.00
Hard Boiled Eggs - SR1837 (1/2 egg)	15	38.75	2.65	0.82	0.00	31.00	0.28	3.15
Hamburger Bun - OKR1351 (1 roll.)	35	160.00	2.00	0.00	0.00	270.00	31.00	6.00

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RISE G9-12 Lunch Program W2D2 Expanded - ServingDate: 02/02/2021								
Original Graham Crackers - SR1163 (2 pkg.)	10	180.00	5.00	0.00	0.00	200.00	34.00	4.00
Oven Fired Flatbread - SR3003 (1 piece)	20	180.00	5.00	1.00	0.00	330.00	28.00	6.00
Unsweetened Applesauce - SR2848 (1 Container)	75	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Banana - SR1166 (1 medium (7"))	30	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Unsweetened Applesauce - SR1195 (1/2 c.)	1	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Mixed Salad Greens - SR1080 (1 c.)	20	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Cucumber Coins - SR1013 (1/4 c.)	15	4.61	0.03	0.01	0.00	0.61	1.12	0.20
Chilled Peas - SR2483 (1/2 c.)	40	65.49	0.34	0.06	0.00	91.85	11.58	4.44
Red Tomato Wedges - SR1974 (1/4 c.)	20	7.69	0.09	0.01	0.00	2.14	1.66	0.38
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	30	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ranch Dressing - SR2540 (1 packet)	45	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Kelloggs Rice Krispies Treat Minis - SR2454 (1 Bar)	100	50.00	1.00	0.00	0.00	45.00	9.00	0.00
Ketchup - SR2542 (1 packet)	10	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	15	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mini Side Salad - SR2953 (1 salad)	15	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Yellow Mustard PC - SR2517 (1 packet)	10	4.58	0.00	0.00	0.00	77.92	0.92	0.00

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RISE G9-12 Lunch Program W2D3 Expanded - ServingDate: 02/03/2021								
Buffalo Chicken Sandwich or Wrap - SR2982 (1 sandwich o)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - SR2646 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Deli Ham Sandwich or Wrap - SR2674 (1 sandwich o)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Teriyaki Rice Bowl - SR2998 (1 bowl)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	20	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Breaded Chicken Patty - SR2186 (1 patty)	20	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Popcorn Chicken - SR1413 (12 piece)	20	254.75	14.40	2.77	0.00	387.66	15.51	15.51
Teriyaki Beef Dippers - SR1714 (4 piece)	1	150.00	8.00	3.50	0.00	419.99	6.00	12.00
Sliced Turkey Ham - SR1287 (5 slice)	5	87.50	4.38	1.25	0.00	400.00	0.00	11.25
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	25	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Hamburger Bun - OKR1351 (1 roll.)	40	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Steamed Rice - SR2109 (1 c.)	10	275.74	1.62	0.00	0.00	4.78	60.02	6.49
Mini Sub Roll - SR1208 (1 roll (smal))	5	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Fresh Apple Slices - SR2546 (1 pkg.)	1	30.00	0.00	0.00	0.00	0.00	7.00	0.00

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RISE G9-12 Lunch Program W2D3 Expanded - ServingDate: 02/03/2021								
Small Apples - OKR1780 (1 small (2- 3))	45	77.48	0.25	0.04	0.00	1.49	20.58	0.39
Diced Peaches - SR1196 (1/2 c.)	1	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Diced Peach Cups - OKR1792 (1 Container)	20	50.64	0.02	0.00	0.00	6.12	11.93	0.42
Celery Sticks - SR2917 (1 package (3))	55	15.00	0.00	0.00	0.00	70.00	3.00	1.00
Fresh Broccoli Florets - SR1027 (1/2 c.)	1	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Broccoli Florets - SR2904 (2 oz.)	15	16.67	0.00	0.00	0.00	16.67	2.67	2.00
Celery Sticks - SR1014 (6 stick.)	1	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Chocolate1% Milk - OKR1062 (8 oz.)	75	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ranch Dressing - SR2540 (1 packet)	20	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Ketchup - SR2542 (1 packet)	20	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	25	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Buffalo Sauce - SR2613 (1 tbsp.)	10	3.39	0.09	0.02	0.00	626.53	0.48	0.17
Teriyaki Sauce - SR2025 (1 tbsp.)	10	45.00	0.00	0.00	0.00	145.00	11.00	0.50
RISE G9-12 Lunch Program W2D4 Expanded - ServingDate: 02/04/2021								
Asian Chicken Wrap - SR2986 (1 wrap)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chef Salad - SR2681 (1 salad)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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RISE G9-12 Lunch Program W2D4 Expanded - ServingDate: 02/04/2021								
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Deli Turkey Sandwich or Wrap - SR2676 (1 sandwich o)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
American-style Meat Combination - SR2138 (5 slice)	5	85.85	3.92	1.23	0.00	324.52	0.76	12.55
Hamburger Patty - SR1652 (1 patty)	15	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Diced Chicken - SR2854 (1/2 c.)	10	96.00	2.67	0.00	0.00	74.67	0.00	16.00
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Sliced Deli Turkey - SR1532 (5 slice)	10	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Shredded Cheddar Cheese - SR1537 (1/2 oz.)	5	55.00	4.50	2.50	0.00	90.00	0.00	3.00
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	10	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Hard Boiled Eggs - SR1837 (1/2 egg)	5	38.75	2.65	0.82	0.00	31.00	0.28	3.15
Hamburger Bun - OKR1351 (1 roll.)	40	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Dinner Roll - SR1009 (1 roll.)	5	160.00	3.00	0.00	0.00	135.00	29.00	7.00
Mini Sub Roll - SR1208 (1 roll (smal))	10	160.00	3.00	0.00	0.00	180.00	29.00	6.00

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RISE G9-12 Lunch Program W2D4 Expanded - ServingDate: 02/04/2021								
Flour Tortilla - SR1177 (1 tortilla)	10	180.00	4.50	1.50	0.00	250.00	29.00	5.00
Fresh Oranges - SR1171 (1 small (2-3))	50	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Apple Juice - SR2547 (4 fl oz cup)	90	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Romaine Lettuce - SR2868 (1 c.)	10	9.64	0.17	0.02	0.00	4.54	1.33	0.70
Mixed Salad Greens - SR1080 (1 c.)	20	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Cucumber Coins - SR1013 (1/4 c.)	20	4.61	0.03	0.01	0.00	0.61	1.12	0.20
Chilled Corn - SR1033 (1/2 c.)	30	68.89	0.57	0.09	0.00	0.85	16.41	2.17
Red Tomato Wedges - SR1974 (1/4 c.)	5	7.69	0.09	0.01	0.00	2.14	1.66	0.38
Chocolate1% Milk - OKR1062 (8 oz.)	75	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Asian Sesame Dressing - SR2983 (1 tbsp.)	10	70.00	6.00	1.00	0.00	210.00	3.50	0.50
Chocolate Chip Cookie - OKR1042 (1 cookie)	100	111.38	3.54	1.01	0.00	86.06	18.23	1.01
Ranch Dressing - SR2540 (1 packet)	50	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Ketchup - SR2542 (1 packet)	15	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	10	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mini Side Salad - SR2953 (1 salad)	20	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Yellow Mustard PC - SR2517 (1 packet)	25	4.58	0.00	0.00	0.00	77.92	0.92	0.00

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RISE G9-12 Lunch Program W2D5 Expanded - ServingDate: 02/05/2021								
Cheeseburger - SR2646 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Deli Turkey Sandwich or Wrap - SR2676 (1 sandwich o)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mini-Bento Box - SR2827 (1 Box)	5	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Pizza Burger - OKR1785 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	20	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Sliced Deli Turkey - SR1532 (5 slice)	5	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Shredded Mozzarella Cheese - SR1989 (1 oz.)	10	81.00	5.06	3.04	0.00	182.25	2.02	6.07
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	35	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Hot & Spicy Chicken Patty - SR2137 (1 patty)	25	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Sliced Turkey Ham - SR1287 (5 slice)	0	87.50	4.38	1.25	0.00	400.00	0.00	11.25
Hamburger Bun - OKR1351 (1 roll.)	50	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Oven Fired Flatbread - SR1534 (1 piece)	5	180.00	5.00	1.00	0.00	330.00	28.00	6.00
Mini Sub Roll - SR1208 (1 roll (smal))	10	160.00	3.00	0.00	0.00	180.00	29.00	6.00

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Date: 02/01/2021 - 02/28/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
RISE G9-12 Lunch Program W2D5 Expanded - ServingDate: 02/05/2021								
Mixed Fruit Cocktail - SR1037 (1/2 c.)	1	49.99	0.01	0.00	0.00	4.35	12.89	0.50
California Mixed Fruit Cup - SR2867 (1 Container)	50	51.59	0.02	0.00	0.00	6.03	12.45	0.35
100% Orange Juice - SR1295 (4 fl oz cup)	60	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Fresh Broccoli Florets - SR1027 (1/2 c.)	50	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Broccoli Florets - SR2904 (2 oz.)	0	16.67	0.00	0.00	0.00	16.67	2.67	2.00
Italian Roasted Chickpeas - SR2583 (1/2 c.)	30	128.82	2.69	0.07	0.00	264.68	19.71	6.53
Chocolate1% Milk - OKR1062 (8 oz.)	75	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ranch Dressing - SR2540 (1 packet)	50	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Ketchup - SR2542 (1 packet)	50	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	10	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	35	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Sliced Pepperoni - SR1800 (3 slice)	10	23.69	2.19	0.82	0.00	78.37	0.00	1.09
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	10	7.49	0.17	0.03	0.00	130.30	1.45	0.26
RISE G9-12 Lunch Program W3D1 Expanded - ServingDate: 02/08/2021								
Breakfast for Lunch Platter - SR2999 (1 platter)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - SR2646 (1 burger)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - February, 2021

Site: ALL

Date: 02/01/2021 - 02/28/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
RISE G9-12 Lunch Program W3D1 Expanded - ServingDate: 02/08/2021								
Chicken Patty Sandwich - SR2645 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Deli Ham Sandwich or Wrap - SR2674 (1 sandwich o)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fruit & Yo To Go Box - SR2956 (1 Box)	10	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	15	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	20	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Turkey Sausage Link - SR2332 (2 link)	15	120.00	8.00	2.00	0.00	180.00	0.00	12.00
Sliced Turkey Ham - SR1287 (5 slice)	5	87.50	4.38	1.25	0.00	400.00	0.00	11.25
Strawberry Yogurt - SR2433 (1/2 c.)	10	112.61	0.75	0.38	0.00	60.06	23.27	3.75
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	20	55.69	4.56	2.53	0.00	91.12	0.00	3.04
String Cheese - SR1146 (1 stick.)	10	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Hamburger Bun - OKR1351 (1 roll.)	35	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Original Graham Crackers - SR1163 (2 pkg.)	10	180.00	5.00	0.00	0.00	200.00	34.00	4.00
Mini Sub Roll - SR1208 (1 roll (smal))	5	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Toasted Waffle - SR1038 (2 waffle)	15	210.00	7.00	1.00	0.00	350.00	33.00	4.00

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Date: 02/01/2021 - 02/28/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
RISE G9-12 Lunch Program W3D1 Expanded - ServingDate: 02/08/2021								
Fresh Apple Slices - SR2546 (1 pkg.)	1	30.00	0.00	0.00	0.00	0.00	7.00	0.00
Small Apples - OKR1780 (1 small (2- 3))	45	77.48	0.25	0.04	0.00	1.49	20.58	0.39
Blueberries - SR2219 (1/2 c.)	30	39.41	0.00	0.00	0.00	0.98	8.87	0.00
Celery Sticks - SR2917 (1 package (3))	40	15.00	0.00	0.00	0.00	70.00	3.00	1.00
Fresh Broccoli Florets - SR1027 (1/2 c.)	1	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Broccoli Florets - SR2904 (2 oz.)	5	16.67	0.00	0.00	0.00	16.67	2.67	2.00
Celery Sticks - SR1014 (6 stick.)	1	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Chocolate1% Milk - OKR1062 (8 oz.)	75	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Breakfast Syrup Cup - SR2498 (1 Container)	15	110.00	0.00	0.00	0.00	20.00	29.00	0.00
Ranch Dressing - SR2540 (1 packet)	20	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Ketchup - SR2542 (1 packet)	15	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	20	4.58	0.00	0.00	0.00	77.92	0.92	0.00
RISE G9-12 Lunch Program W3D2 Expanded - ServingDate: 02/09/2021								
Cheeseburger - SR2646 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Caesar Salad - SR2679 (1 salad)	5	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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Date: 02/01/2021 - 02/28/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
RISE G9-12 Lunch Program W3D2 Expanded - ServingDate: 02/09/2021								
Fiesta Rice Bowl - SR3000 (1 bowl)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Deli Turkey Sandwich or Wrap - SR2676 (1 sandwich o)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	10	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Pinto Beans - SR2046 (1 #10 scoop)	10	90.07	0.00	0.00	0.00	126.10	16.21	5.40
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Diced Chicken - SR2854 (1/2 c.)	5	96.00	2.67	0.00	0.00	74.67	0.00	16.00
Pepperoni Pizza - SR2084 (1 slice)	20	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Sliced Deli Turkey - SR1532 (5 slice)	10	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Shredded Cheddar Cheese - SR1537 (1/2 oz.)	10	55.00	4.50	2.50	0.00	90.00	0.00	3.00
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	10	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Hamburger Bun - OKR1351 (1 roll.)	35	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Cilantro Lime Rice - SR2167 (1 c.)	10	232.14	4.40	0.25	0.00	277.44	44.80	4.90
Oven Fired Flatbread - SR1534 (1 piece)	5	180.00	5.00	1.00	0.00	330.00	28.00	6.00
Mini Sub Roll - SR1208 (1 roll (smal))	10	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Mixed Fruit Cocktail - SR1037 (1/2 c.)	1	49.99	0.01	0.00	0.00	4.35	12.89	0.50

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Date: 02/01/2021 - 02/28/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
RISE G9-12 Lunch Program W3D2 Expanded - ServingDate: 02/09/2021								
California Mixed Fruit Cup - SR2867 (1 Container)	75	51.59	0.02	0.00	0.00	6.03	12.45	0.35
100% Orange Juice - SR1295 (4 fl oz cup)	75	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Romaine Lettuce - SR2868 (1 c.)	20	9.64	0.17	0.02	0.00	4.54	1.33	0.70
Celery Sticks - SR1014 (6 stick.)	0	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Homemade Black Bean & Corn Salsa - SR1279 (1/2 c.)	15	61.52	0.22	0.04	0.00	214.96	12.96	2.72
Red Tomato Wedges - SR1974 (1/4 c.)	20	7.69	0.09	0.01	0.00	2.14	1.66	0.38
Chocolate1% Milk - OKR1062 (8 oz.)	75	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Caesar Salad Dressing - SR1551 (1 tbsp.)	5	65.00	7.00	1.25	0.00	105.00	0.50	0.50
Creamy Caesar Dressing - SR2545 (1 packet)	1	230.00	25.00	4.00	0.00	490.00	1.00	1.00
Ranch Dressing - SR2540 (1 packet)	50	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	5	3.33	0.25	0.17	0.00	15.00	0.17	0.17
Homestyle Herb Seasoned Croutons - SR2593 (2 tbsp.)	5	30.38	1.01	0.00	0.00	86.06	5.06	1.01
Kelloggs Rice Krispies Treat Minis - SR2454 (1 Bar)	100	50.00	1.00	0.00	0.00	45.00	9.00	0.00
Ketchup - SR2542 (1 packet)	50	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	10	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mini Side Salad - SR2953 (1 salad)	1	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)

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Date: 02/01/2021 - 02/28/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
RISE G9-12 Lunch Program W3D2 Expanded - ServingDate: 02/09/2021								
Yellow Mustard PC - SR2517 (1 packet)	20	4.58	0.00	0.00	0.00	77.92	0.92	0.00
RISE G9-12 Lunch Program W3D3 expanded - ServingDate: 02/10/2021								
Chicken Patty Sandwich - SR2645 (1 burger)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hummus Sandwich or Wrap - SR2672 (1 sandwich o)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Deli Ham Sandwich or Wrap - SR2674 (1 sandwich o)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheesy Tot'chos with Taco Meat - SR3001 (1 nacho)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	20	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	15	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Original Homemade Hummus - SR1412 (2/3 c.)	5	196.25	13.16	0.85	0.00	345.64	15.81	5.12
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Beef Taco Filling - SR1528 (3/8 c.)	15	111.58	4.54	1.81	0.00	360.15	4.54	12.70
Cheddar Cheese Sauce - SR1293 (1/4 c.)	15	110.40	8.18	4.70	0.00	421.15	2.04	7.16
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50

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Date: 02/01/2021 - 02/28/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
RISE G9-12 Lunch Program W3D3 expanded - ServingDate: 02/10/2021								
Cheddar Cheese Slice - SR2132 (1/2 oz.)	20	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Sliced Turkey Ham - SR1287 (5 slice)	10	87.50	4.38	1.25	0.00	400.00	0.00	11.25
Hamburger Bun - OKR1351 (1 roll.)	35	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Oven Fired Flatbread - SR1534 (1 piece)	5	180.00	5.00	1.00	0.00	330.00	28.00	6.00
Mini Sub Roll - SR1208 (1 roll (smal))	10	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Flour Tortilla - SR1177 (1 tortilla)	15	180.00	4.50	1.50	0.00	250.00	29.00	5.00
Diced Bartlett Pears - SR1194 (1/2 c.)	1	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Diced Pears - SR2866 (1 Container)	50	54.44	0.02	0.00	0.00	4.54	12.94	0.27
100% Apple Juice - SR2547 (4 fl oz cup)	90	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Chilled Black Beans - SR2006 (1/2 c.)	15	74.36	0.00	0.00	0.00	87.89	13.52	4.73
Petite Peel Baby Carrots - SR2905 (1 package (3)	0	35.00	0.00	0.00	0.00	50.00	8.00	1.00
Baby Carrots - SR1016 (1/2 c.)	50	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Tater Tots - SR1450 (3/4 c.)	15	196.25	9.06	1.51	0.00	467.98	24.15	3.02
Chocolate1% Milk - OKR1062 (8 oz.)	75	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ranch Dressing - SR2540 (1 packet)	50	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Ketchup - SR2542 (1 packet)	50	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	15	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	30	4.58	0.00	0.00	0.00	77.92	0.92	0.00

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Date: 02/01/2021 - 02/28/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
RISE G9-12 Lunch Program W3D4 expanded - ServingDate: 02/11/2021								
Bean Burrito - SR2944 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - SR2646 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crispy Chicken Salad - SR2984 (1 salad)	10	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Deli Ham Sandwich or Wrap - SR2674 (1 sandwich o)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	10	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Vegetarian Refried Beans - SR1070 (1 #10 scoop)	10	129.02	0.46	0.00	0.00	127.09	23.04	8.29
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Popcorn Chicken - SR1413 (9 piece)	10	191.06	10.80	2.08	0.00	290.75	11.63	11.63
Sliced Turkey Ham - SR1287 (5 slice)	10	87.50	4.38	1.25	0.00	400.00	0.00	11.25
Shredded Cheddar Cheese - SR1537 (1/2 oz.)	10	55.00	4.50	2.50	0.00	90.00	0.00	3.00
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	10	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Hamburger Bun - OKR1351 (1 roll.)	35	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Mini Sub Roll - SR1208 (1 roll (smal))	10	160.00	3.00	0.00	0.00	180.00	29.00	6.00

Menu Calendar Nutrient Analysis Report - February, 2021

Site: ALL

Date: 02/01/2021 - 02/28/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
RISE G9-12 Lunch Program W3D4 expanded - ServingDate: 02/11/2021								
Flour Tortilla - SR1177 (1 tortilla)	10	180.00	4.50	1.50	0.00	250.00	29.00	5.00
Twisted Breadstick - SR2142 (1 breadstick)	5	172.73	3.27	0.09	0.00	190.34	28.41	6.09
Banana - SR1166 (1 medium (7"))	60	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Diced Peaches - SR1196 (1/2 c.)	1	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Diced Peach Cups - OKR1792 (1 Container)	30	50.64	0.02	0.00	0.00	6.12	11.93	0.42
Mixed Salad Greens - SR1080 (1 c.)	20	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Homemade Black Bean & Corn Salsa - SR1279 (1/2 c.)	15	61.52	0.22	0.04	0.00	214.96	12.96	2.72
Red Tomato Wedges - SR1974 (1/4 c.)	15	7.69	0.09	0.01	0.00	2.14	1.66	0.38
Chocolate1% Milk - OKR1062 (8 oz.)	75	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Carnival Cookie - OKR1143 (1 ea.)	100	110.00	3.50	1.00	0.00	85.00	18.00	1.00
Ranch Dressing - SR2540 (1 packet)	50	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Ketchup - SR2542 (1 packet)	25	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mini Side Salad - SR2953 (1 salad)	20	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Yellow Mustard PC - SR2517 (1 packet)	15	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Diced Red Tomatoes - SR1012 (2 tbsp.)	10	4.43	0.05	0.01	0.00	1.23	0.96	0.22

Menu Calendar Nutrient Analysis Report - February, 2021

Site: ALL

Date: 02/01/2021 - 02/28/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
RISE G9-12 Lunch Program W3D5 expanded - ServingDate: 02/12/2021								
Chicken Patty Sandwich - SR2645 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Deli Turkey Sandwich or Wrap - SR2676 (1 sandwich o)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mac & Cheese - SR2993 (1 serving)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mini-Bento Box - SR2827 (1 Box)	10	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	20	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Cheddar Cheese Sauce - SR1293 (1/2 c.)	10	220.80	16.36	9.40	0.00	842.31	4.09	14.31
Shredded Mozzarella Cheese - SR1989 (2 oz.)	10	162.00	10.12	6.08	0.00	364.49	4.05	12.15
Hot & Spicy Chicken Patty - SR2137 (1 patty)	20	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Sliced Deli Turkey - SR1532 (5 slice)	5	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Cheddar Cheese Slice - SR2132 (1/2 oz.)	5	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Hamburger Bun - OKR1351 (1 roll.)	40	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Elbow Macaroni Pasta - SR2106 (1 c.)	1	257.77	3.27	0.15	0.00	366.14	50.40	8.40
Oven Fired Flatbread - SR1534 (1 piece)	10	180.00	5.00	1.00	0.00	330.00	28.00	6.00
Mini Sub Roll - SR1208 (1 roll (smal))	5	160.00	3.00	0.00	0.00	180.00	29.00	6.00

Menu Calendar Nutrient Analysis Report - February, 2021

Site: ALL

Date: 02/01/2021 - 02/28/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
RISE G9-12 Lunch Program W3D5 expanded - ServingDate: 02/12/2021								
Fresh Oranges - SR1171 (1 small (2-3))	40	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Grape Juice - SR1607 (4 fl oz cup)	90	80.00	0.00	0.00	0.00	10.00	19.00	0.00
Fresh Broccoli Florets - SR1027 (1/2 c.)	50	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Broccoli Florets - SR2904 (2 oz.)	0	16.67	0.00	0.00	0.00	16.67	2.67	2.00
Chilled Corn - SR1033 (1/2 c.)	15	68.89	0.57	0.09	0.00	0.85	16.41	2.17
Chocolate1% Milk - OKR1062 (8 oz.)	75	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ranch Dressing - SR2540 (1 packet)	50	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Ketchup - SR2542 (1 packet)	20	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	15	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	25	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	10	7.49	0.17	0.03	0.00	130.30	1.45	0.26
RISE G9-12 Lunch Program W4D2 Expanded - ServingDate: 02/16/2021								
Cheeseburger - SR2646 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chef Salad - SR2681 (1 salad)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fruit & Yo To Go Box - SR2956 (1 Box)	10	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Mini-Bento Box - SR2827 (1 Box)	10	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)

Menu Calendar Nutrient Analysis Report - February, 2021

Site: ALL

Date: 02/01/2021 - 02/28/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
RISE G9-12 Lunch Program W4D2 Expanded - ServingDate: 02/16/2021								
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
American-style Meat Combination - SR2138 (5 slice)	5	85.85	3.92	1.23	0.00	324.52	0.76	12.55
Hamburger Patty - SR1652 (1 patty)	20	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Breaded Chicken Patty - SR2186 (1 patty)	20	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Strawberry Yogurt - SR2433 (1/2 c.)	10	112.61	0.75	0.38	0.00	60.06	23.27	3.75
Shredded Cheddar Cheese - SR1537 (1/2 oz.)	5	55.00	4.50	2.50	0.00	90.00	0.00	3.00
Shredded Mozzarella Cheese - SR1989 (2 oz.)	10	162.00	10.12	6.08	0.00	364.49	4.05	12.15
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	20	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Hard Boiled Eggs - SR1837 (1/2 egg)	5	38.75	2.65	0.82	0.00	31.00	0.28	3.15
String Cheese - SR1146 (1 stick.)	10	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Hamburger Bun - OKR1351 (1 roll.)	40	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Original Graham Crackers - SR1163 (2 pkg.)	10	180.00	5.00	0.00	0.00	200.00	34.00	4.00
Oven Fired Flatbread - SR1534 (1 piece)	10	180.00	5.00	1.00	0.00	330.00	28.00	6.00
Twisted Breadstick - SR2142 (1 breadstick)	5	172.73	3.27	0.09	0.00	190.34	28.41	6.09
Blueberries - SR2219 (1/2 c.)	15	39.41	0.00	0.00	0.00	0.98	8.87	0.00

Menu Calendar Nutrient Analysis Report - February, 2021

Site: ALL

Date: 02/01/2021 - 02/28/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
RISE G9-12 Lunch Program W4D2 Expanded - ServingDate: 02/16/2021								
100% Apple Juice - SR2547 (4 fl oz cup)	90	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Mixed Salad Greens - SR1080 (1 c.)	6	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Cucumber Coins - SR1013 (1/4 c.)	6	4.61	0.03	0.01	0.00	0.61	1.12	0.20
Italian Roasted Chickpeas - SR2583 (1/2 c.)	15	128.82	2.69	0.07	0.00	264.68	19.71	6.53
Red Tomato Wedges - SR1974 (1/4 c.)	5	7.69	0.09	0.01	0.00	2.14	1.66	0.38
Chocolate1% Milk - OKR1062 (8 oz.)	75	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ranch Dressing - SR2540 (1 packet)	26	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Ketchup - SR2542 (1 packet)	20	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	10	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mini Side Salad - SR2953 (1 salad)	1	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Yellow Mustard PC - SR2517 (1 packet)	30	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	0	7.49	0.17	0.03	0.00	130.30	1.45	0.26
RISE G9-12 Lunch Program W4D3 Expanded - ServingDate: 02/17/2021								
Chicken Caesar Salad - SR2679 (1 salad)	10	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Chicken Patty Sandwich - SR2645 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hummus Sandwich or Wrap - SR2672 (1 sandwich o)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - February, 2021

Site: ALL

Date: 02/01/2021 - 02/28/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
RISE G9-12 Lunch Program W4D3 Expanded - ServingDate: 02/17/2021								
Popcorn Chicken - SR1413 (12 piece)	20	254.75	14.40	2.77	0.00	387.66	15.51	15.51
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	10	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	20	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Diced Chicken - SR2854 (1/2 c.)	10	96.00	2.67	0.00	0.00	74.67	0.00	16.00
Original Homemade Hummus - SR1412 (2/3 c.)	5	196.25	13.16	0.85	0.00	345.64	15.81	5.12
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Hamburger Bun - OKR1351 (1 roll.)	30	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Oven Fired Flatbread - SR3003 (1 piece)	15	180.00	5.00	1.00	0.00	330.00	28.00	6.00
Oven Fired Flatbread - SR1534 (1 piece)	5	180.00	5.00	1.00	0.00	330.00	28.00	6.00
Fresh Apple Slices - SR2546 (1 pkg.)	1	30.00	0.00	0.00	0.00	0.00	7.00	0.00
Small Apples - OKR1780 (1 small (2- 3))	5	77.48	0.25	0.04	0.00	1.49	20.58	0.39
Mixed Fruit Cocktail - SR1037 (1/2 c.)	1	49.99	0.01	0.00	0.00	4.35	12.89	0.50
California Mixed Fruit Cup - SR2867 (1 Container)	35	51.59	0.02	0.00	0.00	6.03	12.45	0.35
Petite Peel Baby Carrots - SR2905 (1 package (3))	95	35.00	0.00	0.00	0.00	50.00	8.00	1.00
Romaine Lettuce - SR2868 (1 c.)	11	9.64	0.17	0.02	0.00	4.54	1.33	0.70
Baby Carrots - SR1016 (1/2 c.)	1	25.40	0.09	0.02	0.00	56.61	5.98	0.46

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Site: ALL
Date: 02/01/2021 - 02/28/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
RISE G9-12 Lunch Program W4D3 Expanded - ServingDate: 02/17/2021								
Red Tomato Wedges - SR1974 (1/4 c.)	1	7.69	0.09	0.01	0.00	2.14	1.66	0.38
Chocolate1% Milk - OKR1062 (8 oz.)	75	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Caesar Salad Dressing - SR1551 (1 tbsp.)	10	65.00	7.00	1.25	0.00	105.00	0.50	0.50
Creamy Caesar Dressing - SR2545 (1 packet)	1	230.00	25.00	4.00	0.00	490.00	1.00	1.00
Ranch Dressing - SR2540 (1 packet)	21	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	10	3.33	0.25	0.17	0.00	15.00	0.17	0.17
Homestyle Herb Seasoned Croutons - SR2593 (2 tbsp.)	10	30.38	1.01	0.00	0.00	86.06	5.06	1.01
Ketchup - SR2542 (1 packet)	10	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mini Side Salad - SR2953 (1 salad)	1	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Yellow Mustard PC - SR2517 (1 packet)	10	4.58	0.00	0.00	0.00	77.92	0.92	0.00
RISE G9-12 Lunch Program W4D4 Expanded - ServingDate: 02/18/2021								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	15	300.18	11.01	6.00	0.00	490.29	30.02	19.01
Cheeseburger - SR2646 (1 burger)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Caesar Wrap - SR2951 (1 wrap)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - February, 2021

Site: ALL

Date: 02/01/2021 - 02/28/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
RISE G9-12 Lunch Program W4D4 Expanded - ServingDate: 02/18/2021								
Deli Turkey Sandwich or Wrap - SR2676 (1 sandwich o)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	15	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Breaded Chicken Patty - SR2186 (1 patty)	20	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Diced Chicken - SR2854 (1/2 c.)	10	96.00	2.67	0.00	0.00	74.67	0.00	16.00
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Sliced Deli Turkey - SR1532 (5 slice)	5	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Cheddar Cheese Slice - SR2132 (1/2 oz.)	20	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Hamburger Bun - OKR1351 (1 roll.)	35	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Mini Sub Roll - SR1208 (1 roll (smal))	5	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Flour Tortilla - SR1177 (1 tortilla)	10	180.00	4.50	1.50	0.00	250.00	29.00	5.00
Banana - SR1166 (1 medium (7"))	75	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Diced Peaches - SR1196 (1/2 c.)	1	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Diced Peach Cups - OKR1792 (1 Container)	25	50.64	0.02	0.00	0.00	6.12	11.93	0.42
Romaine Lettuce - SR2868 (1 c.)	11	9.64	0.17	0.02	0.00	4.54	1.33	0.70
Cucumber Coins - SR1013 (1/4 c.)	1	4.61	0.03	0.01	0.00	0.61	1.12	0.20
Chilled Peas - SR2483 (1/2 c.)	5	65.49	0.34	0.06	0.00	91.85	11.58	4.44
Chocolate1% Milk - OKR1062 (8 oz.)	75	130.00	2.50	1.50	0.00	130.00	19.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
RISE G9-12 Lunch Program W4D4 Expanded - ServingDate: 02/18/2021								
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Caesar Salad Dressing - SR1551 (1 tbsp.)	10	65.00	7.00	1.25	0.00	105.00	0.50	0.50
Creamy Caesar Dressing - SR2545 (1 packet)	1	230.00	25.00	4.00	0.00	490.00	1.00	1.00
Ranch Dressing - SR2540 (1 packet)	21	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	10	3.33	0.25	0.17	0.00	15.00	0.17	0.17
Ketchup - SR2542 (1 packet)	15	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mini Side Salad - SR2953 (1 salad)	1	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Yellow Mustard PC - SR2517 (1 packet)	20	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	15	7.49	0.17	0.03	0.00	130.30	1.45	0.26
RISE G9-12 Lunch Program W4D5 Expanded - ServingDate: 02/19/2021								
Alfredo Macaroni - SR2997 (1 serving)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Deli Ham Sandwich or Wrap - SR2674 (1 sandwich o)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mini-Bento Box - SR2827 (1 Box)	5	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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Site: ALL

Date: 02/01/2021 - 02/28/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
RISE G9-12 Lunch Program W4D5 Expanded - ServingDate: 02/19/2021								
Pepperoni Pizza - SR2991 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
American-style Meat Combination - SR2138 (5 slice)	5	85.85	3.92	1.23	0.00	324.52	0.76	12.55
Hamburger Patty - SR1652 (1 patty)	10	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Alfredo Cheese Sauce - SR2217 (1/2 c.)	15	196.72	10.93	6.56	0.00	817.47	10.93	13.11
Hot & Spicy Chicken Patty - SR2137 (1 patty)	20	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Pepperoni Pizza - SR2084 (1 slice)	20	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Sliced Turkey Ham - SR1287 (5 slice)	10	87.50	4.38	1.25	0.00	400.00	0.00	11.25
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	15	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Hamburger Bun - OKR1351 (1 roll.)	30	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Breadstick - SR1044 (1 breadstick)	15	80.00	1.00	0.00	0.00	95.00	14.00	3.00
Elbow Macaroni Pasta - SR2106 (1 c.)	1	257.77	3.27	0.15	0.00	366.14	50.40	8.40
Oven Fired Flatbread - SR1534 (1 piece)	5	180.00	5.00	1.00	0.00	330.00	28.00	6.00
Mini Sub Roll - SR1208 (1 roll (smal))	10	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Mixed Fruit Cocktail - SR1037 (1/2 c.)	35	49.99	0.01	0.00	0.00	4.35	12.89	0.50
Fresh Oranges - SR1171 (1 small (2-3))	45	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Broccoli Florets - SR1027 (1/2 c.)	1	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Broccoli Florets - SR2904 (2 oz.)	20	16.67	0.00	0.00	0.00	16.67	2.67	2.00
Cucumber Coins - SR1013 (1/2 c.)	5	9.22	0.07	0.02	0.00	1.23	2.23	0.40

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
RISE G9-12 Lunch Program W4D5 Expanded - ServingDate: 02/19/2021								
Chocolate 1% Milk - OKR1062 (8 oz.)	75	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ranch Dressing - SR2540 (1 packet)	20	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Ketchup - SR2542 (1 packet)	10	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	10	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	20	4.58	0.00	0.00	0.00	77.92	0.92	0.00
RISE G9-12 Lunch Program W5D1 Expanded - ServingDate: 02/22/2021								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	15	300.18	11.01	6.00	0.00	490.29	30.02	19.01
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hummus Sandwich or Wrap - SR2672 (1 sandwich o)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Deli Turkey Sandwich or Wrap - SR2676 (1 sandwich o)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	10	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Original Homemade Hummus - SR1412 (2/3 c.)	5	196.25	13.16	0.85	0.00	345.64	15.81	5.12

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Date: 02/01/2021 - 02/28/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
RISE G9-12 Lunch Program WSD1 Expanded - ServingDate: 02/22/2021								
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	10	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Hot & Spicy Chicken Patty - SR2137 (1 patty)	25	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Sliced Deli Turkey - SR1532 (5 slice)	10	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Hamburger Bun - OKR1351 (1 roll.)	35	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Oven Fired Flatbread - SR1534 (1 piece)	10	180.00	5.00	1.00	0.00	330.00	28.00	6.00
Mini Sub Roll - SR1208 (1 roll (smal))	10	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Flour Tortilla - SR1177 (1 tortilla)	5	180.00	4.50	1.50	0.00	250.00	29.00	5.00
Unsweetened Applesauce - SR2848 (1 Container)	75	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Unsweetened Applesauce - SR1195 (1/2 c.)	1	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Mixed Fruit Cocktail - SR1037 (1/2 c.)	1	49.99	0.01	0.00	0.00	4.35	12.89	0.50
California Mixed Fruit Cup - SR2867 (1 Container)	20	51.59	0.02	0.00	0.00	6.03	12.45	0.35
Celery Sticks - SR2917 (1 package (3))	5	15.00	0.00	0.00	0.00	70.00	3.00	1.00
Petite Peel Baby Carrots - SR2905 (1 package (3))	30	35.00	0.00	0.00	0.00	50.00	8.00	1.00
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Celery Sticks - SR1014 (6 stick.)	1	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Cucumber Coins - SR1013 (1/4 c.)	5	4.61	0.03	0.01	0.00	0.61	1.12	0.20
Baby Carrots - SR1016 (1/2 c.)	1	25.40	0.09	0.02	0.00	56.61	5.98	0.46

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Date: 02/01/2021 - 02/28/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
RISE G9-12 Lunch Program WSD1 Expanded - ServingDate: 02/22/2021								
Chocolate1% Milk - OKR1062 (8 oz.)	75	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ranch Dressing - SR2540 (1 packet)	25	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Ketchup - SR2542 (1 packet)	10	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	10	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	10	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	15	7.49	0.17	0.03	0.00	130.30	1.45	0.26
Diced Red Tomatoes - SR1012 (2 tbsp.)	5	4.43	0.05	0.01	0.00	1.23	0.96	0.22
RISE G9-12 Lunch Program WSD2 Expanded - ServingDate: 02/23/2021								
Cheeseburger - SR2646 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crispy Chicken Salad - SR2984 (1 salad)	10	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Deli Ham Sandwich or Wrap - SR2674 (1 sandwich o)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pizza Burger - OKR1785 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	20	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
RISE G9-12 Lunch Program WSD2 Expanded - ServingDate: 02/23/2021								
Breaded Chicken Patty - SR2186 (1 patty)	20	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Popcorn Chicken - SR1413 (9 piece)	10	191.06	10.80	2.08	0.00	290.75	11.63	11.63
Sliced Turkey Ham - SR1287 (5 slice)	5	87.50	4.38	1.25	0.00	400.00	0.00	11.25
Shredded Cheddar Cheese - SR1537 (1/2 oz.)	10	55.00	4.50	2.50	0.00	90.00	0.00	3.00
Shredded Mozzarella Cheese - SR1989 (2 oz.)	10	162.00	10.12	6.08	0.00	364.49	4.05	12.15
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	25	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Hamburger Bun - OKR1351 (1 roll.)	50	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Dinner Roll - SR1009 (1 roll.)	11	160.00	3.00	0.00	0.00	135.00	29.00	7.00
Mini Sub Roll - SR1208 (1 roll (smal))	5	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Fresh Apple Slices - SR2546 (1 pkg.)	1	30.00	0.00	0.00	0.00	0.00	7.00	0.00
Small Apples - OKR1780 (1 small (2- 3))	50	77.48	0.25	0.04	0.00	1.49	20.58	0.39
100% Grape Juice - SR1607 (4 fl oz cup)	95	80.00	0.00	0.00	0.00	10.00	19.00	0.00
Mixed Salad Greens - SR1080 (1 c.)	30	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Chilled Peas - SR2483 (1/2 c.)	15	65.49	0.34	0.06	0.00	91.85	11.58	4.44
Red Tomato Wedges - SR1974 (1/4 c.)	20	7.69	0.09	0.01	0.00	2.14	1.66	0.38
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	30	107.58	2.69	1.61	0.00	112.96	12.91	8.61

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
RISE G9-12 Lunch Program W5D2 Expanded - ServingDate: 02/23/2021								
White Skim Milk - OKR1060 (8 oz.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ranch Dressing - SR2540 (1 packet)	30	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Kelloggs Rice Krispies Treat Minis - SR2454 (1 Bar)	100	50.00	1.00	0.00	0.00	45.00	9.00	0.00
Ketchup - SR2542 (1 packet)	30	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	15	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mini Side Salad - SR2953 (1 salad)	30	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Yellow Mustard PC - SR2517 (1 packet)	30	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Sliced Pepperoni - SR1800 (3 slice)	10	23.69	2.19	0.82	0.00	78.37	0.00	1.09
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	10	7.49	0.17	0.03	0.00	130.30	1.45	0.26
RISE G9-12 Lunch Program W5D3 Expanded - ServingDate: 02/24/2021								
Chicken Caesar Wrap - SR2951 (1 wrap)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Teriyaki Rice Bowl - SR2998 (1 bowl)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Deli Turkey Sandwich or Wrap - SR2676 (1 sandwich o)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	10	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
RISE G9-12 Lunch Program WSD3 Expanded - ServingDate: 02/24/2021								
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Diced Chicken - SR2854 (1/2 c.)	10	96.00	2.67	0.00	0.00	74.67	0.00	16.00
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Popcorn Chicken - SR1413 (12 piece)	15	254.75	14.40	2.77	0.00	387.66	15.51	15.51
Sliced Deli Turkey - SR1532 (5 slice)	5	87.50	3.75	1.25	0.00	287.50	1.25	13.75
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	5	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Hamburger Bun - OKR1351 (1 roll.)	35	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Steamed Rice - SR2109 (1 c.)	15	275.74	1.62	0.00	0.00	4.78	60.02	6.49
Mini Sub Roll - SR1208 (1 roll (smal))	5	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Flour Tortilla - SR1177 (1 tortilla)	10	180.00	4.50	1.50	0.00	250.00	29.00	5.00
Mixed Fruit Cocktail - SR1037 (1/2 c.)	45	49.99	0.01	0.00	0.00	4.35	12.89	0.50
Fresh Oranges - SR1171 (1 small (2-3))	40	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Romaine Lettuce - SR2868 (1 c.)	11	9.64	0.17	0.02	0.00	4.54	1.33	0.70
Cucumber Coins - SR1013 (1/4 c.)	1	4.61	0.03	0.01	0.00	0.61	1.12	0.20
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Red Tomato Wedges - SR1974 (1/4 c.)	0	7.69	0.09	0.01	0.00	2.14	1.66	0.38
Chocolate1% Milk - OKR1062 (8 oz.)	75	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Caesar Salad Dressing - SR1551 (1 tbsp.)	10	65.00	7.00	1.25	0.00	105.00	0.50	0.50

Menu Calendar Nutrient Analysis Report - February, 2021

Site: ALL

Date: 02/01/2021 - 02/28/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
RISE G9-12 Lunch Program W5D3 Expanded - ServingDate: 02/24/2021								
Creamy Caesar Dressing - SR2545 (1 packet)	1	230.00	25.00	4.00	0.00	490.00	1.00	1.00
Ranch Dressing - SR2540 (1 packet)	26	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	10	3.33	0.25	0.17	0.00	15.00	0.17	0.17
Ketchup - SR2542 (1 packet)	10	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mini Side Salad - SR2953 (1 salad)	1	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Yellow Mustard PC - SR2517 (1 packet)	15	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Teriyaki Sauce - SR2025 (1 tbsp.)	0	45.00	0.00	0.00	0.00	145.00	11.00	0.50
RISE G9-12 Lunch Program W5D4 Expanded - ServingDate: 02/25/2021								
American-style Deli Combo Sandwich or Wrap - SR2863 (1 sandwich o)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - SR2646 (1 burger)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Popcorn Chicken - SR1413 (12 piece)	15	254.75	14.40	2.77	0.00	387.66	15.51	15.51
Protein Power-up Box - SR2955 (1 Box)	10	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
American-style Meat Combination - SR2138 (5 slice)	5	85.85	3.92	1.23	0.00	324.52	0.76	12.55

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RISE G9-12 Lunch Program WSD4 Expanded - ServingDate: 02/25/2021								
Hamburger Patty - SR1652 (1 patty)	15	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Breaded Chicken Patty - SR2186 (1 patty)	20	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Hard Boiled Eggs - SR1837 (1/2 egg)	10	38.75	2.65	0.82	0.00	31.00	0.28	3.15
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	20	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Sunbutter - SR2420 (2 tbsp.)	10	200.00	17.00	2.00	0.00	130.00	7.00	7.00
Hamburger Bun - OKR1351 (1 roll.)	35	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Original Graham Crackers - SR1163 (2 pkg.)	10	180.00	5.00	0.00	0.00	200.00	34.00	4.00
Dinner Roll - SR1009 (1 roll.)	15	160.00	3.00	0.00	0.00	135.00	29.00	7.00
Mini Sub Roll - SR1208 (1 roll (smal))	5	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Banana - SR1166 (1 medium (7"))	55	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Diced Peaches - SR1196 (1/2 c.)	1	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Diced Peach Cups - OKR1792 (1 Container)	20	50.64	0.02	0.00	0.00	6.12	11.93	0.42
Fresh Broccoli Florets - SR1027 (1/2 c.)	1	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Broccoli Florets - SR2904 (2 oz.)	55	16.67	0.00	0.00	0.00	16.67	2.67	2.00
Cucumber Coins - SR1013 (1/2 c.)	5	9.22	0.07	0.02	0.00	1.23	2.23	0.40
Italian Roasted Chickpeas - SR2583 (1/2 c.)	0	128.82	2.69	0.07	0.00	264.68	19.71	6.53
Chocolate1% Milk - OKR1062 (8 oz.)	75	130.00	2.50	1.50	0.00	130.00	19.00	8.00

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RISE G9-12 Lunch Program WSD4 Expanded - ServingDate: 02/25/2021								
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Chip Cookie - OKR1042 (1 cookie)	100	111.38	3.54	1.01	0.00	86.06	18.23	1.01
Ranch Dressing - SR2540 (1 packet)	20	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Ketchup - SR2542 (1 packet)	15	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	20	4.58	0.00	0.00	0.00	77.92	0.92	0.00
RISE G9-12 Lunch Program WSD5 Expanded - ServingDate: 02/26/2021								
Chef Salad - SR2681 (1 salad)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Deli Turkey Sandwich or Wrap - SR2676 (1 sandwich o)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Turkey Greek Salad - SR2988 (1 salad)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
American-style Meat Combination - SR2138 (5 slice)	5	85.85	3.92	1.23	0.00	324.52	0.76	12.55
Hamburger Patty - SR1652 (1 patty)	10	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00

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RISE G9-12 Lunch Program WSD5 Expanded - ServingDate: 02/26/2021								
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Sliced Deli Turkey - SR2144 (5 slice)	10	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Sliced Deli Turkey - SR1532 (6 slice)	5	105.00	4.50	1.50	0.00	344.99	1.50	16.50
Shredded Cheddar Cheese - SR1537 (1/2 oz.)	5	55.00	4.50	2.50	0.00	90.00	0.00	3.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	10	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Hot & Spicy Chicken Patty - SR2137 (1 patty)	25	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Hard Boiled Eggs - SR1837 (1/2 egg)	5	38.75	2.65	0.82	0.00	31.00	0.28	3.15
Hamburger Bun - OKR1351 (1 roll.)	35	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Oven Fired Flatbread - SR3003 (1 piece)	5	180.00	5.00	1.00	0.00	330.00	28.00	6.00
Mini Sub Roll - SR1208 (1 roll (smal))	10	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Diced Bartlett Pears - SR1194 (1/2 c.)	1	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Diced Pears - SR2866 (1 Container)	20	54.44	0.02	0.00	0.00	4.54	12.94	0.27
100% Apple Juice - SR2547 (4 fl oz cup)	90	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Celery Sticks - SR2917 (1 package (3))	5	15.00	0.00	0.00	0.00	70.00	3.00	1.00
Petite Peel Baby Carrots - SR2905 (1 package (3))	5	35.00	0.00	0.00	0.00	50.00	8.00	1.00
Romaine Lettuce - SR2868 (1 c.)	5	9.64	0.17	0.02	0.00	4.54	1.33	0.70
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Celery Sticks - SR1014 (6 stick.)	1	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Cucumber Coins - SR1013 (1/4 c.)	10	4.61	0.03	0.01	0.00	0.61	1.12	0.20

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RISE G9-12 Lunch Program WSD5 Expanded - ServingDate: 02/26/2021								
Baby Carrots - SR1016 (1/2 c.)	1	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Red Tomato Wedges - SR1974 (1/4 c.)	10	7.69	0.09	0.01	0.00	2.14	1.66	0.38
Chocolate1% Milk - OKR1062 (8 oz.)	75	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ranch Dressing - SR2540 (1 packet)	25	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Golden Italian Dressing - SR2578 (1 packet)	5	30.00	3.00	0.00	0.00	130.00	0.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	5	3.33	0.25	0.17	0.00	15.00	0.17	0.17
Ketchup - SR2542 (1 packet)	10	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	10	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	20	4.58	0.00	0.00	0.00	77.92	0.92	0.00

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch

Site Group: Taste4

Menu Line: RISE - Hot & Fast Takes

Serving Group: 9-12

Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.