



# Guthrie Secondary Breakfast

# NOV 2022

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

**1**

Biscuit & Gravy  
Cinnamon Roll

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Bananas & Applesauce  
Milk

**2**

Breakfast on a Stick  
Apple Frudel

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Orange Smiles & Strawberries  
Milk

**3**

Sausage Biscuit  
Cinnamon Toast Crunch Breakfast  
Bar

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Apples & Diced Peaches  
Milk

**4**

Homestyle Breakfast Plate  
Pancakes

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Orange Smiles & Blueberries  
Milk

**7**

Pancake Sausage Bites  
Mixed Berry Parfait

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Apples & Diced Pears  
Milk

**8**

Biscuit & Gravy  
Blueberry Muffin

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Bananas & Applesauce  
Milk

**9**

Breakfast Pizza  
Mini Cinnamon Rolls

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Orange Smiles & Strawberries  
Milk

**10**

American Breakfast Sandwich  
French Toast Sticks

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Apples & Diced Peaches  
Milk

**11**

Breakfast Egg Taco  
Biscuit & Jelly

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Orange Smiles & Blueberries  
Milk

Assortment of Cereal Offered Daily!

Variety of low-fat milk offered daily

**14**

Pancake Sausage Bites  
Strawberry Fields Parfait

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Apples & Diced Pears  
Milk

**15**

Biscuit & Gravy  
Banana Muffin

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Bananas & Applesauce  
Milk

**16**

Breakfast Pizza  
Mini Strawberry Bagels w/ Cream  
Cheese

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Orange Smiles & Strawberries  
Milk

**17**

English Muffin Breakfast Sandwich  
French Toast Sticks

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Apples & Diced Peaches  
Milk

**18**

Breakfast Egg Taco  
Toasted Waffles

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Orange Smiles & Blueberries  
Milk

Remember to grab a fruit for a reimbursable meal!

**21**

No School

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**22**

No School

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**23**

No School

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**24**

No School

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**25**

No School

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Menu subject to change based on product availability

**28**

Pancake Sausage Bites  
Just Peachy Parfait

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Apples & Diced Pears  
Milk

**29**

Biscuit & Gravy  
Chocolate Muffin

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Banana & Applesauce  
Milk

**30**

Breakfast Pizza  
Mini Strawberry Bagels w/ Cream  
Cheese

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Orange Smiles & Strawberries  
Milk

**31**

No School

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**32**

No School

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This institution is an equal opportunity provider.