

## Guthrie Public Schools Secondary Breakfast Menu March 2020

Assorted Sides	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Served Daily: Assorted Dry Cereal Canned Fruit Fresh Fruit Orange Juice Apple Juice Assorted Fat Free or Lowfat White and Flavored Milk	2 Pancake Sausage Wrap Double Chocolate Muffin Diced Peaches	3 Sausage Biscuit Glazed Donut Orange Smiles	4 Breakfast Pizza Nutrigrian Bar Diced Peaches	5 Cheesy Omelet Cinnamon Roll Mixed Fruit	6 Biscuit & Gravy Yogurt with Graham Crackers Diced Pears
	9 Pancakes Boiled Egg Diced peaches	10 Honey Glazed Chicken Biscuit Banana Muffin Orange Smiles	11 Breakfast Pizza Yogurt with Graham Crackers Diced Peaches	12 Egg & Cheese Biscuit Cinnamon Toast Crunch Bar Mixed Fruit	13 BYO Oatmeal Bar Nutrigrain Bar Diced Pears
	16 No School	17 No School	18 No School	19 No School	20 No School
	23 Pancake Sausage Wrap Double Chocolate Muffin Diced Peaches	24 Sausage Biscuit Glazed Donut Orange Smiles	25 Breakfast Pizza Nutrigrian Bar Diced Peaches	26 Cheesy Omelet Cinnamon Roll Mixed Fruit	27 **Birthday Confetti Pancakes! Nutrigrian Bar Diced Pears
	30 Pancakes Boiled Egg Diced peaches	30 Honey Glazed Chicken Biscuit Banana Muffin Orange Smiles			

A meal consists of 3 food groups: Grains, Fruit/ Vegetables and Milk. Students must pick at least 3 items from the 4 items offered from the 3 food groups.

Menu items are subject to change due to availability

Child Nutrition Office 405.282.5952

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