

GLOBAL FLAVORS

M Tacos Al Pastor
Bean & Cheese Tacos
Turkey Carnitas

T Teriyaki Meatball Sub
Korean BBQ Chicken Sub

W Chicken Tenders w/ Sauces
Chicken Nuggets w/ Sauces

TH Chicken Alfredo Mac
Cheddar Mac & Cheese
Chicken Bruschetta Mac

F Lemon Pepper Chicken Bowl
Greek Meatball Rice Bowl
Greek Turkey Rice Bowl

Frijoles a la Charro
Chili Roasted Sweet Potatoes
Mexican Zucchini

Spicy Asian Vegetable Blend
Steamed Broccoli

Low Country Green Beans
BBQ Baked Beans
Carrot and Celery Sticks

Broccoli & Red Peppers
Parmesan Green Beans

Oven-Roasted Broccoli
Chilled Peas
Moroccan Carrots

SUPER FOODS

M SMOOTHIE BOWLS
Very Berry • Sunshine • Tropical • Banana Berry

T NOODLE BOWLS
Tokyo Teriyaki • Spicy Buffalo Chicken • The Garden

W WRAPS & FLATBREADS
Turkey Cheddar Ranch • Classic Ham & Cheese • The Garden

TH SUPER SALADS
Chef • Chicken Caesar • Spicy Buffalo Chicken

F SMOOTHIE BOWLS
Very Berry • Sunshine • Tropical • Banana Berry

PLANT-BASED, VEGETARIAN, NATURAL & MORE...
ALL THE INGREDIENTS YOU LOVE!

M Garden Salad
Variety of Fresh Fruit
Variety of Canned Fruit

T Caesar Salad
Variety of Fresh Fruit
Variety of Canned Fruit

W Super Salad
Carrot & Celery Sticks
Variety of Fresh Fruit
Variety of Canned Fruit

TH Caesar Salad
Variety of Fresh Fruit
Variety of Canned Fruit

F Spinach Salad
Variety of Fresh Fruit
Variety of Canned Fruit

EVERYDAY SELECTS

M Crispy Chicken Sandwich
Cheeseburger
Grilled Cheese Sandwich
All entrées served with Baked French Fries & Burger Toppings

T Cheese Pizza
Pepperoni Pizza
Buffalo Chicken Pizza
All entrées served with Caesar Salad

W Bean & Cheese Nachos
Beef & Cheese Nachos
Turkey Carnitas Nachos
All entrées served with Stewed Black Beans

TH Chicken Nugget Basket
Herb Roasted Drumstick Basket
All entrées served with Seasoned Spiral Fries

F Local Favorites Menu Day
Visit the cafeteria to check it out!

SAUCE IT UP!

Add a kick to any dish with our featured sauces.

Music City Sauce
Signature Nashville Hot Sauce
with just the right kick of heat

MK Special Sauce
The perfect blend of mayonnaise
and ketchup

Spicy Cool Sauce
Spicy sriracha meets cool,
creamy mayonnaise

Spicy K Sauce
Classic ketchup — with a kick!

IN A HURRY?

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YOUR LUNCH
IN ADVANCE!

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

