

## Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School  
Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 PopUp Brand- Street Taqueria 1 Day :36898 - ServingDate: 05/02/2022</b>								
Beef Tamale con Queso - SR3352 (1 tamale)	50	204.17	13.93	4.64	0.84	361.46	11.22	9.21
Enchilada Suiza - SR3315 (1 enchilada)	50	346.93	12.72	5.40	0.00	760.50	36.18	17.41
Taco Al Pastor - SR3353 (1 taco)	75	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn Taco - SR3082 (1 taco)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Turkey Al Pastor - SR1259 (1/4 c.)	75	65.12	1.93	0.47	0.00	490.30	3.14	8.42
Aztec Corn - SR3173 (1 #8 scoop)	25	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	25	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR2167 (1/4 c.)	25	58.08	1.10	0.06	0.00	69.49	11.19	1.23
Flour Tortilla - SR1066 (2 tortilla)	100	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetarian Refried Beans - SR1070 (1/2 c.)	25	161.28	0.58	0.00	0.00	164.62	27.65	10.37
Fresh Cilantro - SR1265 (1 tsp.)	10	0.08	0.00	0.00	0.00	0.15	0.01	0.01
Lime Wedges - SR1283 (2 slice or w)	5	2.51	0.02	0.00	0.00	0.17	0.88	0.06
Salsa Roja - SR1081 (2 tbsp.)	50	9.14	0.04	0.01	0.00	96.29	1.85	0.28
Salsa Verde - SR1282 (2 tbsp.)	25	16.00	0.97	0.12	0.00	265.89	1.98	0.35
Sour Cream - SR1659 (2 tbsp.)	35	60.00	5.00	3.50	0.00	15.00	1.00	1.00
<b>SY21-22 PopUp Brand- Street Taqueria 1 Day :36898 - ServingDate: 05/03/2022</b>								
Beef Tamale con Queso - SR3352 (1 tamale)	50	204.17	13.93	4.64	0.84	361.46	11.22	9.21

# Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School  
 Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 PopUp Brand- Street Taqueria 1 Day :36898 - ServingDate: 05/03/2022</b>								
Enchilada Suiza - SR3315 (1 enchilada)	50	346.93	12.72	5.40	0.00	760.50	36.18	17.41
Taco Al Pastor - SR3353 (1 taco)	75	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn Taco - SR3082 (1 taco)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Turkey Al Pastor - SR1259 (1/4 c.)	75	65.12	1.93	0.47	0.00	490.30	3.14	8.42
Aztec Corn - SR3173 (1 #8 scoop)	25	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	25	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR2167 (1/4 c.)	25	58.08	1.10	0.06	0.00	69.49	11.19	1.23
Flour Tortilla - SR1066 (2 tortilla)	100	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetarian Refried Beans - SR1070 (1/2 c.)	25	161.28	0.58	0.00	0.00	164.62	27.65	10.37
Fresh Cilantro - SR1265 (1 tsp.)	10	0.08	0.00	0.00	0.00	0.15	0.01	0.01
Lime Wedges - SR1283 (2 slice or w)	5	2.51	0.02	0.00	0.00	0.17	0.88	0.06
Salsa Roja - SR1081 (2 tbsp.)	50	9.14	0.04	0.01	0.00	96.29	1.85	0.28
Salsa Verde - SR1282 (2 tbsp.)	25	16.00	0.97	0.12	0.00	265.89	1.98	0.35
Sour Cream - SR1659 (2 tbsp.)	35	60.00	5.00	3.50	0.00	15.00	1.00	1.00
<b>SY21-22 PopUp Brand- Street Taqueria 1 Day :36898 - ServingDate: 05/04/2022</b>								
Beef Tamale con Queso - SR3352 (1 tamale)	50	204.17	13.93	4.64	0.84	361.46	11.22	9.21
Enchilada Suiza - SR3315 (1 enchilada)	50	346.93	12.72	5.40	0.00	760.50	36.18	17.41

## Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School  
Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 PopUp Brand- Street Taqueria 1 Day :36898 - ServingDate: 05/04/2022</b>								
Taco Al Pastor - SR3353 (1 taco)	75	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn Taco - SR3082 (1 taco)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Turkey Al Pastor - SR1259 (1/4 c.)	75	65.12	1.93	0.47	0.00	490.30	3.14	8.42
Aztec Corn - SR3173 (1 #8 scoop)	25	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	25	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR2167 (1/4 c.)	25	58.08	1.10	0.06	0.00	69.49	11.19	1.23
Flour Tortilla - SR1066 (2 tortilla)	100	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetarian Refried Beans - SR1070 (1/2 c.)	25	161.28	0.58	0.00	0.00	164.62	27.65	10.37
Fresh Cilantro - SR1265 (1 tsp.)	10	0.08	0.00	0.00	0.00	0.15	0.01	0.01
Lime Wedges - SR1283 (2 slice or w)	5	2.51	0.02	0.00	0.00	0.17	0.88	0.06
Salsa Roja - SR1081 (2 tbsp.)	50	9.14	0.04	0.01	0.00	96.29	1.85	0.28
Salsa Verde - SR1282 (2 tbsp.)	25	16.00	0.97	0.12	0.00	265.89	1.98	0.35
Sour Cream - SR1659 (2 tbsp.)	35	60.00	5.00	3.50	0.00	15.00	1.00	1.00
<b>SY21-22 PopUp Brand- Street Taqueria 1 Day :36898 - ServingDate: 05/05/2022</b>								
Beef Tamale con Queso - SR3352 (1 tamale)	50	204.17	13.93	4.64	0.84	361.46	11.22	9.21
Enchilada Suiza - SR3315 (1 enchilada)	50	346.93	12.72	5.40	0.00	760.50	36.18	17.41
Taco Al Pastor - SR3353 (1 taco)	75	(M)	(M)	(M)	(M)	(M)	(M)	(M)

## Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School  
Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 PopUp Brand- Street Taqueria 1 Day :36898 - ServingDate: 05/05/2022</b>								
Aztec Corn Taco - SR3082 (1 taco)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Turkey Al Pastor - SR1259 (1/4 c.)	75	65.12	1.93	0.47	0.00	490.30	3.14	8.42
Aztec Corn - SR3173 (1 #8 scoop)	25	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	25	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR2167 (1/4 c.)	25	58.08	1.10	0.06	0.00	69.49	11.19	1.23
Flour Tortilla - SR1066 (2 tortilla)	100	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetarian Refried Beans - SR1070 (1/2 c.)	25	161.28	0.58	0.00	0.00	164.62	27.65	10.37
Fresh Cilantro - SR1265 (1 tsp.)	10	0.08	0.00	0.00	0.00	0.15	0.01	0.01
Lime Wedges - SR1283 (2 slice or w)	5	2.51	0.02	0.00	0.00	0.17	0.88	0.06
Salsa Roja - SR1081 (2 tbsp.)	50	9.14	0.04	0.01	0.00	96.29	1.85	0.28
Salsa Verde - SR1282 (2 tbsp.)	25	16.00	0.97	0.12	0.00	265.89	1.98	0.35
Sour Cream - SR1659 (2 tbsp.)	35	60.00	5.00	3.50	0.00	15.00	1.00	1.00
<b>SY21-22 Friday Favorites Mini PopUp Brand- Popcorn Chicken Bowls - ServingDate: 05/06/2022</b>								
Popcorn Chicken Potato Bowl - SR2675 (1 bowl)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Popcorn Chicken - SR1413 (12 piece)	100	254.75	14.40	2.77	0.00	387.66	15.51	15.51
Garlic Knot Breadstick - SR1255 (1 roll.)	100	110.63	4.05	0.22	0.00	95.85	15.02	3.23

## Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School  
Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 Friday Favorites Mini PopUp Brand- Popcorn Chicken Bowls - ServingDate: 05/06/2022</b>								
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Broccoli - SR1852 (1/2 c.)	30	65.49	4.49	0.33	0.00	72.07	5.40	3.00
Steamed Corn - SR1034 (1/4 c.)	25	34.44	0.28	0.04	0.00	0.42	8.21	1.08
Whipped Potatoes - SR1112 (1/2 c.)	100	79.98	1.50	1.00	0.00	102.63	15.00	2.00
Old Fashioned Country Biscuit Gravy - OKR1552 (1/4 c.)	50	42.52	2.43	1.22	0.00	147.42	4.86	0.00
<b>SY21-22 PopUp Brand- Strutters Day 1_8.9.21 - ServingDate: 05/09/2022</b>								
Breaded Chicken Tender - SR2504 (3 tenders)	100	260.00	15.00	2.50	0.00	390.00	16.00	15.00
Vegetarian Chick'n Nugget - SR2451 (5 nuggets)	1	253.57	11.41	1.90	0.00	469.11	25.36	15.21
Baked Biscuit - SR1598 (1 biscuit)	1	172.26	8.01	5.26	0.06	330.06	21.45	3.47
Garlic Knot Breadstick - SR1255 (1 roll.)	50	110.63	4.05	0.22	0.00	95.85	15.02	3.23
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Celery Sticks - SR1014 (6 stick.)	50	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Carrot Sticks - SR1606 (6 stick.)	50	24.80	0.14	0.02	0.00	41.73	5.79	0.56
Spiral-cut French Fries - SR2509 (1/2 c.)	85	106.91	5.70	0.71	0.00	256.57	14.25	1.43
Asian Sweet Chili Barbecue Sauce - SR1242 (2 tbsp.)	5	72.90	0.00	0.00	0.00	282.65	18.29	0.28
Hot Sauce - SR3162 (1 tbsp.)	3	3.39	0.09	0.02	0.00	626.53	0.48	0.17
Barbecue Sauce - SR1008 (2 tbsp.)	5	30.00	0.00	0.00	0.00	470.00	7.00	0.00

## Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School

Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 PopUp Brand- Strutters Day 2_8.9.21 - ServingDate: 05/10/2022</b>								
Vegetarian Chick'n Nugget - SR2451 (5 nuggets)	1	253.57	11.41	1.90	0.00	469.11	25.36	15.21
Crispy Chicken Nuggets - SR1367 (5 nugget)	85	239.93	14.00	2.50	0.00	439.88	16.00	14.00
Fajita Chicken - SR2529 (2/3 c.)	15	123.52	4.05	2.02	0.00	613.57	2.02	18.23
Baked Biscuit - SR1598 (1 biscuit)	30	172.26	8.01	5.26	0.06	330.06	21.45	3.47
Toasted Waffle - SR2165 (2 waffle)	20	185.89	6.20	1.55	0.00	371.78	27.88	4.13
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Citrus Glazed Carrots - SR1131 (1/2 c.)	20	60.46	0.78	0.14	0.00	67.70	13.35	0.68
Whipped Potatoes - SR1112 (1/2 c.)	50	79.98	1.50	1.00	0.00	102.63	15.00	2.00
Asian Sweet Chili Barbecue Sauce - SR1242 (2 tbsp.)	5	72.90	0.00	0.00	0.00	282.65	18.29	0.28
Chicken Gravy - SR1589 (1/4 c.)	50	30.37	1.01	0.00	0.00	133.40	4.05	0.00
Hot Sauce - SR3162 (1 tbsp.)	3	3.39	0.09	0.02	0.00	626.53	0.48	0.17
Barbecue Sauce - SR1008 (2 tbsp.)	5	30.00	0.00	0.00	0.00	470.00	7.00	0.00
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	20	105.00	0.00	0.00	0.00	47.50	26.00	0.00
<b>SY21-22 PopUp Brand- Strutters Day 3_8.9.21 - ServingDate: 05/11/2022</b>								
Boneless Wings - SR3320 (5 pcs.)	100	201.09	8.80	1.89	0.00	339.34	12.57	17.59
Vegetarian Chick'n Nugget - SR2451 (5 nuggets)	1	253.57	11.41	1.90	0.00	469.11	25.36	15.21
Twisted Breadstick - SR2142 (1 breadstick)	50	172.69	3.27	0.09	0.00	190.34	28.41	6.09
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

## Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School  
Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 PopUp Brand- Strutters Day 3_8.9.21 - ServingDate: 05/11/2022</b>								
Celery Sticks - SR1014 (6 stick.)	50	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Carrot Sticks - SR1606 (6 stick.)	50	24.80	0.14	0.02	0.00	41.73	5.79	0.56
Tater Tots - SR1450 (1/2 c.)	85	110.70	6.04	1.01	0.00	311.98	14.09	1.01
Asian Sweet Chili Barbecue Sauce - SR1242 (2 tbsp.)	5	72.90	0.00	0.00	0.00	282.65	18.29	0.28
Hot Sauce - SR3162 (1 tbsp.)	3	3.39	0.09	0.02	0.00	626.53	0.48	0.17
Barbecue Sauce - SR1008 (2 tbsp.)	5	30.00	0.00	0.00	0.00	470.00	7.00	0.00
<b>SY21-22 PopUp Brand- Strutters Day 4_8.9.21 - ServingDate: 05/12/2022</b>								
Vegetarian Chick'n Nugget - SR2451 (5 nuggets)	1	253.57	11.41	1.90	0.00	469.11	25.36	15.21
Fajita Chicken - SR2529 (2/3 c.)	1	123.52	4.05	2.02	0.00	613.57	2.02	18.23
Popcorn Chicken - SR1413 (12 piece)	100	254.75	14.40	2.77	0.00	387.66	15.51	15.51
Baked Biscuit - SR1598 (1 biscuit)	100	172.26	8.01	5.26	0.06	330.06	21.45	3.47
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Steamed Corn - SR1034 (1/2 c.)	40	68.89	0.57	0.09	0.00	0.85	16.41	2.17
Whipped Potatoes - SR1112 (1/2 c.)	50	79.98	1.50	1.00	0.00	102.63	15.00	2.00
Asian Sweet Chili Barbecue Sauce - SR1242 (2 tbsp.)	5	72.90	0.00	0.00	0.00	282.65	18.29	0.28
Chicken Gravy - SR1589 (2 tbsp.)	50	15.19	0.51	0.00	0.00	66.70	2.02	0.00
Hot Sauce - SR3162 (1 tbsp.)	3	3.39	0.09	0.02	0.00	626.53	0.48	0.17
Barbecue Sauce - SR1008 (2 tbsp.)	5	30.00	0.00	0.00	0.00	470.00	7.00	0.00

## Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School  
Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 PopUp Brand- Strutters Day 5_8.9.21 - ServingDate: 05/13/2022</b>								
Boneless Wings - SR3320 (5 pcs.)	100	201.09	8.80	1.89	0.00	339.34	12.57	17.59
Vegetarian Chick'n Nugget - SR2451 (5 nuggets)	1	253.57	11.41	1.90	0.00	469.11	25.36	15.21
Twisted Breadstick - SR2142 (1 breadstick)	50	172.69	3.27	0.09	0.00	190.34	28.41	6.09
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Celery Sticks - SR1014 (6 stick.)	50	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Carrot Sticks - SR1606 (6 stick.)	50	24.80	0.14	0.02	0.00	41.73	5.79	0.56
Tater Tots - SR1450 (1/2 c.)	85	110.70	6.04	1.01	0.00	311.98	14.09	1.01
Asian Sweet Chili Barbecue Sauce - SR1242 (2 tbsp.)	5	72.90	0.00	0.00	0.00	282.65	18.29	0.28
Hot Sauce - SR3162 (1 tbsp.)	3	3.39	0.09	0.02	0.00	626.53	0.48	0.17
Barbecue Sauce - SR1008 (2 tbsp.)	5	30.00	0.00	0.00	0.00	470.00	7.00	0.00
<b>SY21-22 PopUp Brand- Beale Street, BBQ Day 1_8.16.21 - ServingDate: 05/16/2022</b>								
Pulled BBQ Sandwich - SR2709 (1 sandwich)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
BBQ Nachos - SR3355 (1 nacho)	35	(M)	(M)	(M)	(M)	(M)	(M)	(M)
BBQ Totchos - SR3321 (1 nacho)	60	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheddar Cheese Sauce - SR1293 (1/4 c.)	95	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Pulled Pork - SR3327 (2 oz.)	99	92.00	5.00	2.00	0.00	202.00	0.00	11.00
Pulled Turkey - SR1213 (3/8 c.)	1	118.91	3.96	0.99	0.00	693.63	1.98	17.84
Whole Wheat Hamburger Bun - SR1651 (1 roll (hamb))	5	150.00	2.00	0.00	0.00	260.00	26.00	6.00



## Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School  
Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 PopUp Brand- Beale Street, BBQ Day 1_8.16.21 - ServingDate: 05/16/2022</b>								
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetarian Baked Beans - SR1336 (1/2 c.)	10	225.33	0.02	0.01	0.00	593.41	53.23	7.53
Blue Ribbon Slaw - SR1254 (1/2 c.)	10	43.83	0.15	0.03	0.00	114.20	10.36	0.75
Tater Tots - SR1450 (1/2 c.)	75	110.70	6.04	1.01	0.00	311.98	14.09	1.01
Asian Sweet Chili Barbecue Sauce - SR1242 (2 tbsp.)	25	72.90	0.00	0.00	0.00	282.65	18.29	0.28
Carolinian Barbecue Sauce - SR1309 (2 tbsp.)	25	36.69	0.01	0.00	0.00	257.27	9.21	0.04
Barbecue Sauce - SR1008 (2 tbsp.)	50	30.00	0.00	0.00	0.00	470.00	7.00	0.00
<b>SY21-22 PopUp Brand- Beale Street, BBQ Day 1_8.16.21 - ServingDate: 05/17/2022</b>								
Pulled BBQ Sandwich - SR2709 (1 sandwich)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
BBQ Nachos - SR3355 (1 nacho)	35	(M)	(M)	(M)	(M)	(M)	(M)	(M)
BBQ Totchos - SR3321 (1 nacho)	60	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheddar Cheese Sauce - SR1293 (1/4 c.)	95	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Pulled Pork - SR3327 (2 oz.)	99	92.00	5.00	2.00	0.00	202.00	0.00	11.00
Pulled Turkey - SR1213 (3/8 c.)	1	118.91	3.96	0.99	0.00	693.63	1.98	17.84
Whole Wheat Hamburger Bun - SR1651 (1 roll (hamb))	5	150.00	2.00	0.00	0.00	260.00	26.00	6.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School  
 Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 PopUp Brand- Beale Street, BBQ Day 1_8.16.21 - ServingDate: 05/17/2022</b>								
Vegetarian Baked Beans - SR1336 (1/2 c.)	10	225.33	0.02	0.01	0.00	593.41	53.23	7.53
Blue Ribbon Slaw - SR1254 (1/2 c.)	10	43.83	0.15	0.03	0.00	114.20	10.36	0.75
Tater Tots - SR1450 (1/2 c.)	75	110.70	6.04	1.01	0.00	311.98	14.09	1.01
Asian Sweet Chili Barbecue Sauce - SR1242 (2 tbsp.)	25	72.90	0.00	0.00	0.00	282.65	18.29	0.28
Carolinian Barbecue Sauce - SR1309 (2 tbsp.)	25	36.69	0.01	0.00	0.00	257.27	9.21	0.04
Barbecue Sauce - SR1008 (2 tbsp.)	50	30.00	0.00	0.00	0.00	470.00	7.00	0.00
<b>SY21-22 PopUp Brand- Beale Street, BBQ Day 1_8.16.21 - ServingDate: 05/18/2022</b>								
Pulled BBQ Sandwich - SR2709 (1 sandwich)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
BBQ Nachos - SR3355 (1 nacho)	35	(M)	(M)	(M)	(M)	(M)	(M)	(M)
BBQ Totchos - SR3321 (1 nacho)	60	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheddar Cheese Sauce - SR1293 (1/4 c.)	95	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Pulled Pork - SR3327 (2 oz.)	99	92.00	5.00	2.00	0.00	202.00	0.00	11.00
Pulled Turkey - SR1213 (3/8 c.)	1	118.91	3.96	0.99	0.00	693.63	1.98	17.84
Whole Wheat Hamburger Bun - SR1651 (1 roll (hamb))	5	150.00	2.00	0.00	0.00	260.00	26.00	6.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetarian Baked Beans - SR1336 (1/2 c.)	10	225.33	0.02	0.01	0.00	593.41	53.23	7.53
Blue Ribbon Slaw - SR1254 (1/2 c.)	10	43.83	0.15	0.03	0.00	114.20	10.36	0.75

## Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School  
Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 PopUp Brand- Beale Street, BBQ Day 1_8.16.21 - ServingDate: 05/18/2022</b>								
Tater Tots - SR1450 (1/2 c.)	75	110.70	6.04	1.01	0.00	311.98	14.09	1.01
Asian Sweet Chili Barbecue Sauce - SR1242 (2 tbsp.)	25	72.90	0.00	0.00	0.00	282.65	18.29	0.28
Carolinian Barbecue Sauce - SR1309 (2 tbsp.)	25	36.69	0.01	0.00	0.00	257.27	9.21	0.04
Barbecue Sauce - SR1008 (2 tbsp.)	50	30.00	0.00	0.00	0.00	470.00	7.00	0.00
<b>SY21-22 PopUp Brand- Beale Street, BBQ Day 1_8.16.21 - ServingDate: 05/19/2022</b>								
Pulled BBQ Sandwich - SR2709 (1 sandwich)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
BBQ Nachos - SR3355 (1 nacho)	35	(M)	(M)	(M)	(M)	(M)	(M)	(M)
BBQ Totchos - SR3321 (1 nacho)	60	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheddar Cheese Sauce - SR1293 (1/4 c.)	95	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Pulled Pork - SR3327 (2 oz.)	99	92.00	5.00	2.00	0.00	202.00	0.00	11.00
Pulled Turkey - SR1213 (3/8 c.)	1	118.91	3.96	0.99	0.00	693.63	1.98	17.84
Whole Wheat Hamburger Bun - SR1651 (1 roll (hamb))	5	150.00	2.00	0.00	0.00	260.00	26.00	6.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetarian Baked Beans - SR1336 (1/2 c.)	10	225.33	0.02	0.01	0.00	593.41	53.23	7.53
Blue Ribbon Slaw - SR1254 (1/2 c.)	10	43.83	0.15	0.03	0.00	114.20	10.36	0.75
Tater Tots - SR1450 (1/2 c.)	75	110.70	6.04	1.01	0.00	311.98	14.09	1.01
Asian Sweet Chili Barbecue Sauce - SR1242 (2 tbsp.)	25	72.90	0.00	0.00	0.00	282.65	18.29	0.28

## Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School  
Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 PopUp Brand- Beale Street, BBQ Day 1_8.16.21 - ServingDate: 05/19/2022</b>								
Carolinian Barbecue Sauce - SR1309 (2 tbsp.)	25	36.69	0.01	0.00	0.00	257.27	9.21	0.04
Barbecue Sauce - SR1008 (2 tbsp.)	50	30.00	0.00	0.00	0.00	470.00	7.00	0.00
<b>SY21-22 Friday Favorites Mini PopUp Brand- 8.16.21 - ServingDate: 05/20/2022</b>								
Chili Frito Pie - SR1115 (1 ea.)	0	495.38	22.19	5.92	0.00	788.64	58.92	16.75
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Broccoli and Carrots - SR2023 (1/2 c.)	25	85.04	7.11	0.52	0.00	14.84	4.95	2.43
<b>SY21-22 PopUp Brand- Twirls - ServingDate: 05/23/2022</b>								
Twirls- Penne Pasta Bowl - SR3346 (1 bowl)	70	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Twirls- Spaghetti Pasta Bowl, Built-to Order - SR3347 (1 bowl)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (2/3 c.)	35	123.52	4.05	2.02	0.00	613.57	2.02	18.23
Chicken Meatballs - SR3065 (5 Meatballs)	60	176.64	10.93	3.37	0.00	201.88	5.89	14.30
Roasted Tuscan Vegetables - SR1442 (2 #8 scoop)	5	110.67	0.21	0.04	0.00	227.19	20.99	5.99
Garlic Knot Breadstick - SR1255 (1 roll.)	25	110.63	4.05	0.22	0.00	95.85	15.02	3.23
Whole Wheat Penne Pasta - SR1198 (1 c.)	70	201.74	3.03	0.12	0.00	416.64	38.50	6.57
Whole Wheat Spaghetti Noodles - SR1135 (1 c.)	30	192.89	3.09	0.42	0.00	422.76	39.60	6.67
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

## Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School  
Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 PopUp Brand- Twirls - ServingDate: 05/23/2022</b>								
Roasted Broccoli - SR1852 (1/2 c.)	30	65.49	4.49	0.33	0.00	72.07	5.40	3.00
Alfredo Cheese Sauce - SR2217 (1/4 c.)	60	100.55	6.56	3.61	0.00	415.29	4.37	6.56
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	25	3.33	0.25	0.17	0.00	15.00	0.17	0.17
Spaghetti Sauce - SR2220 (1/4 c.)	40	32.36	0.25	0.03	0.00	129.82	6.67	1.04
<b>SY21-22 PopUp Brand- Twirls - ServingDate: 05/24/2022</b>								
Twirls- Penne Pasta Bowl - SR3346 (1 bowl)	70	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Twirls- Spaghetti Pasta Bowl, Built-to Order - SR3347 (1 bowl)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (2/3 c.)	35	123.52	4.05	2.02	0.00	613.57	2.02	18.23
Chicken Meatballs - SR3065 (5 Meatballs)	60	176.64	10.93	3.37	0.00	201.88	5.89	14.30
Roasted Tuscan Vegetables - SR1442 (2 #8 scoop)	5	110.67	0.21	0.04	0.00	227.19	20.99	5.99
Garlic Knot Breadstick - SR1255 (1 roll.)	25	110.63	4.05	0.22	0.00	95.85	15.02	3.23
Whole Wheat Penne Pasta - SR1198 (1 c.)	70	201.74	3.03	0.12	0.00	416.64	38.50	6.57
Whole Wheat Spaghetti Noodles - SR1135 (1 c.)	30	192.89	3.09	0.42	0.00	422.76	39.60	6.67
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Broccoli - SR1852 (1/2 c.)	30	65.49	4.49	0.33	0.00	72.07	5.40	3.00
Alfredo Cheese Sauce - SR2217 (1/4 c.)	60	100.55	6.56	3.61	0.00	415.29	4.37	6.56
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	25	3.33	0.25	0.17	0.00	15.00	0.17	0.17
Spaghetti Sauce - SR2220 (1/4 c.)	40	32.36	0.25	0.03	0.00	129.82	6.67	1.04

# Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School  
 Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 PopUp Brand- Twirls - ServingDate: 05/25/2022</b>								
Twirls- Penne Pasta Bowl - SR3346 (1 bowl)	70	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Twirls- Spaghetti Pasta Bowl, Built-to Order - SR3347 (1 bowl)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (2/3 c.)	35	123.52	4.05	2.02	0.00	613.57	2.02	18.23
Chicken Meatballs - SR3065 (5 Meatballs)	60	176.64	10.93	3.37	0.00	201.88	5.89	14.30
Roasted Tuscan Vegetables - SR1442 (2 #8 scoop)	5	110.67	0.21	0.04	0.00	227.19	20.99	5.99
Garlic Knot Breadstick - SR1255 (1 roll.)	25	110.63	4.05	0.22	0.00	95.85	15.02	3.23
Whole Wheat Penne Pasta - SR1198 (1 c.)	70	201.74	3.03	0.12	0.00	416.64	38.50	6.57
Whole Wheat Spaghetti Noodles - SR1135 (1 c.)	30	192.89	3.09	0.42	0.00	422.76	39.60	6.67
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Broccoli - SR1852 (1/2 c.)	30	65.49	4.49	0.33	0.00	72.07	5.40	3.00
Alfredo Cheese Sauce - SR2217 (1/4 c.)	60	100.55	6.56	3.61	0.00	415.29	4.37	6.56
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	25	3.33	0.25	0.17	0.00	15.00	0.17	0.17
Spaghetti Sauce - SR2220 (1/4 c.)	40	32.36	0.25	0.03	0.00	129.82	6.67	1.04
<b>SY21-22 PopUp Brand- Twirls - ServingDate: 05/26/2022</b>								
Twirls- Penne Pasta Bowl - SR3346 (1 bowl)	70	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Twirls- Spaghetti Pasta Bowl, Built-to Order - SR3347 (1 bowl)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (2/3 c.)	35	123.52	4.05	2.02	0.00	613.57	2.02	18.23

## Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School  
Date: 05/01/2022 - 05/31/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>SY21-22 PopUp Brand- Twirls - ServingDate: 05/26/2022</b>								
Chicken Meatballs - SR3065 (5 Meatballs)	60	176.64	10.93	3.37	0.00	201.88	5.89	14.30
Roasted Tuscan Vegetables - SR1442 (2 #8 scoop)	5	110.67	0.21	0.04	0.00	227.19	20.99	5.99
Garlic Knot Breadstick - SR1255 (1 roll.)	25	110.63	4.05	0.22	0.00	95.85	15.02	3.23
Whole Wheat Penne Pasta - SR1198 (1 c.)	70	201.74	3.03	0.12	0.00	416.64	38.50	6.57
Whole Wheat Spaghetti Noodles - SR1135 (1 c.)	30	192.89	3.09	0.42	0.00	422.76	39.60	6.67
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Broccoli - SR1852 (1/2 c.)	30	65.49	4.49	0.33	0.00	72.07	5.40	3.00
Alfredo Cheese Sauce - SR2217 (1/4 c.)	60	100.55	6.56	3.61	0.00	415.29	4.37	6.56
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	25	3.33	0.25	0.17	0.00	15.00	0.17	0.17
Spaghetti Sauce - SR2220 (1/4 c.)	40	32.36	0.25	0.03	0.00	129.82	6.67	1.04
<b>SY21-22 Friday Favorites Mini PopUp Brand - 9.13.21 - ServingDate: 05/27/2022</b>								
Macaroni & Cheese - SR1137 (2/3 c.)	25	383.44	21.26	10.64	0.00	1187.57	34.35	20.03
Garlic Knot Breadstick - SR1255 (1 roll.)	25	110.63	4.05	0.22	0.00	95.85	15.02	3.23
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Broccoli and Carrots - SR2023 (1/2 c.)	25	85.04	7.11	0.52	0.00	14.84	4.95	2.43
White 1% Milk - OKR1061 (8 oz.)	0	107.58	2.69	1.61	0.00	112.96	12.91	8.61

**Legend**

(M) - Missing Nutrient Values

# Menu Calendar Nutrient Analysis Report - May, 2022

Site: Guthrie High School  
Date: 05/01/2022 - 05/31/2022

**Report Selections**

Meal Type: Lunch  
Site Group: Taste4  
Menu Line: T4-Adventure (1)  
Serving Group: 9-12  
Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.