

Menu Calendar Nutrient Analysis Report - March, 2023

Site: Guthrie High School
 Date: 03/01/2023 - 03/31/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
22-23 - Grill - Asia W1D3 :40473 - ServingDate: 03/01/2023								
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Parmesan Burger - SR3278 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Veggie Burger - SR2996 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	30	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	35	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Grillers Prime Veggie Burger - SR3551 (1 patty)	5	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Mozzarella Cheese - SR3098 (1/2 oz.)	15	40.50	2.53	1.52	0.00	81.00	1.01	3.54
Cheddar Cheese Slice - SR2132 (1/2 oz.)	25	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	2	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	89	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pickle Cucumbers - SR1785 (1/4 c.)	0	6.97	0.04	0.01	0.00	109.81	1.72	0.21
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	10	7.49	0.17	0.03	0.00	130.30	1.45	0.26

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
22-23 - Grill - Asia W1D4 :40473 - ServingDate: 03/02/2023								
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Classic Grilled Cheese Sandwich - SR2647 (1 sandwich)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Veggie Burger - SR2996 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	30	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Toasted Cheese Sandwich - OKR1220 (1 sandwich)	10	342.25	18.20	10.13	0.00	1161.50	32.02	16.13
Grillers Prime Veggie Burger - SR3551 (1 patty)	5	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	34	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	1	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	89	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pickle Cucumbers - SR1785 (1/4 c.)	0	6.97	0.04	0.01	0.00	109.81	1.72	0.21
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
22-23 - Grill - Asia W1D5 :40473 - ServingDate: 03/03/2023								
Buffalo Chicken Sandwich or Wrap - SR2982 (1 sandwich o)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Veggie Burger - SR2996 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	30	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Buffalo Chicken - SR3452 (1/4 c.)	10	78.78	2.17	0.04	0.00	1309.07	0.96	12.35
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Grillers Prime Veggie Burger - SR3551 (1 patty)	5	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	40	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	3	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	109	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pickle Cucumbers - SR1785 (1/4 c.)	0	6.97	0.04	0.01	0.00	109.81	1.72	0.21
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
22-23- Grill - Asia W2D1 :40476 - ServingDate: 03/06/2023								
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cordon Blue Burger Sandwich - SR3279 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Veggie Burger - SR2996 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	30	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	35	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Grillers Prime Veggie Burger - SR3551 (1 patty)	5	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	1	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	10	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Sliced Turkey Ham - SR1287 (3 slice)	10	75.00	3.75	1.13	0.00	359.99	0.00	10.50
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pickle Cucumbers - SR1785 (1/4 c.)	0	6.97	0.04	0.01	0.00	109.81	1.72	0.21
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
22-23 - Grill - Asia W2D2 :40476 - ServingDate: 03/07/2023								
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mushroom and Swiss Burger - SR3276 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Veggie Burger - SR2996 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	35	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Grillers Prime Veggie Burger - SR3551 (1 patty)	10	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	35	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	5	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pickle Cucumbers - SR1785 (1/4 c.)	0	6.97	0.04	0.01	0.00	109.81	1.72	0.21
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Roasted Mushrooms - SR1843 (1/2 c.)	5	103.47	9.70	0.72	0.00	5.33	3.48	3.30
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
22-23 - Grill - Asia W2D3 :40476 - ServingDate: 03/08/2023								
Buffalo Chicken Sandwich or Wrap - SR2982 (1 sandwich o)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Veggie Burger - SR2996 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	30	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Buffalo Chicken - SR3452 (1/4 c.)	5	78.78	2.17	0.04	0.00	1309.07	0.96	12.35
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	28	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Grillers Prime Veggie Burger - SR3551 (1 patty)	10	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	25	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	2	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pickle Cucumbers - SR1785 (1/4 c.)	0	6.97	0.04	0.01	0.00	109.81	1.72	0.21
Sweet Potato Fries - SR2043 (1/2 c.)	25	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
22-23 - Grill - Asia W2D4 :40476 - ServingDate: 03/09/2023								
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Corn Dog - SR1023 (1 corn dog)	10	240.00	9.00	2.50	0.00	470.00	30.00	9.00
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Veggie Burger - SR2996 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	30	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Grillers Prime Veggie Burger - SR3551 (1 patty)	5	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	25	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	5	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	90	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pickle Cucumbers - SR1785 (1/4 c.)	0	6.97	0.04	0.01	0.00	109.81	1.72	0.21
Sweet Potato Fries - SR2043 (1/2 c.)	25	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
22-23 - Grill - Asia W2D5 :40476 - ServingDate: 03/10/2023								
Bacon Burger - SR3277 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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22-23 - Grill - Asia W2D5 :40476 - ServingDate: 03/10/2023								
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Veggie Burger - SR2996 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	40	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Grillers Prime Veggie Burger - SR3551 (1 patty)	5	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	45	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	5	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pickle Cucumbers - SR1785 (1/4 c.)	0	6.97	0.04	0.01	0.00	109.81	1.72	0.21
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Bacon Slices - SR1982 (1 slice)	10	28.73	2.15	0.72	0.00	100.56	0.25	1.80
22-23 - Grill - Asia W3D1 :40477 - ServingDate: 03/20/2023								
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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22-23 - Grill - Asia W3D1 :40477 - ServingDate: 03/20/2023								
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Parmesan Burger - SR3278 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Veggie Burger - SR2996 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	30	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	35	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Grillers Prime Veggie Burger - SR3551 (1 patty)	5	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	10	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	25	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	5	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pickle Cucumbers - SR1785 (1/4 c.)	0	6.97	0.04	0.01	0.00	109.81	1.72	0.21
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	10	7.49	0.17	0.03	0.00	130.30	1.45	0.26

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
22-23 - Grill - Asia W3D2 :40477 - ServingDate: 03/21/2023								
Bacon Burger - SR3277 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Veggie Burger - SR2996 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	40	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Grillers Prime Veggie Burger - SR3551 (1 patty)	5	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	35	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	5	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pickle Cucumbers - SR1785 (1/4 c.)	0	6.97	0.04	0.01	0.00	109.81	1.72	0.21
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Bacon Slices - SR1982 (1 slice)	10	28.73	2.15	0.72	0.00	100.56	0.25	1.80

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
22-23 - Grill - Asia W3D3 :40477 - ServingDate: 03/22/2023								
Bacon Burger - SR3277 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Veggie Burger - SR2996 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	30	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	35	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Grillers Prime Veggie Burger - SR3551 (1 patty)	5	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	25	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	10	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pickle Cucumbers - SR1785 (1/4 c.)	0	6.97	0.04	0.01	0.00	109.81	1.72	0.21
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Bacon Slices - SR1982 (1 slice)	10	28.73	2.15	0.72	0.00	100.56	0.25	1.80

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
22-23 - Grill - Asia W3D4 :40477 - ServingDate: 03/23/2023								
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fish Sandwich - SR2759 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	35	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Veggie Burger - SR2996 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	30	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	35	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Fishwich - SR1105 (1 burger)	5	320.00	9.00	1.00	0.00	530.00	42.00	17.00
Grillers Prime Veggie Burger - SR3551 (1 patty)	5	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	35	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	5	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Blue Ribbon Slaw - SR1254 (1/4 c.)	5	21.92	0.07	0.01	0.00	57.10	5.18	0.38
Pickle Cucumbers - SR1785 (1/4 c.)	0	6.97	0.04	0.01	0.00	109.81	1.72	0.21
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
22-23 - Grill - Asia W3D5:38600 :40477 - ServingDate: 03/24/2023								
BBQ Rib Sandwich - SR2649 (1 sandwich)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Veggie Burger - SR2996 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Barbecue Pork Riblet - SR2037 (1 patty)	10	175.00	10.00	3.50	0.00	625.00	11.50	12.00
Hamburger Patty - SR1652 (1 patty)	35	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Grillers Prime Veggie Burger - SR3551 (1 patty)	5	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	35	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	5	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pickle Cucumbers - SR1785 (1/4 c.)	0	6.97	0.04	0.01	0.00	109.81	1.72	0.21
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
22-23 - Grill - Asia W4D1 :40478 - ServingDate: 03/27/2023								
Bacon Burger - SR3277 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Veggie Burger - SR2996 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	30	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	35	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Grillers Prime Veggie Burger - SR3551 (1 patty)	5	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	35	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	10	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pickle Cucumbers - SR1785 (1/4 c.)	0	6.97	0.04	0.01	0.00	109.81	1.72	0.21
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
Bacon Slices - SR1982 (1 slice)	10	28.73	2.15	0.72	0.00	100.56	0.25	1.80

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
22-23 - Grill - Asia W4D2 :40478 - ServingDate: 03/28/2023								
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Veggie Burger - SR2996 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Western Burger - SR1084 (1 burger)	10	340.00	13.50	5.50	0.00	810.00	32.50	20.50
Hamburger Patty - SR1652 (1 patty)	30	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Grillers Prime Veggie Burger - SR3551 (1 patty)	5	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	35	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	5	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pickle Cucumbers - SR1785 (1/4 c.)	0	6.97	0.04	0.01	0.00	109.81	1.72	0.21
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
22-23 - Grill - Asia W4D3 :40478 - ServingDate: 03/29/2023								
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
22-23 - Grill - Asia W4D3 :40478 - ServingDate: 03/29/2023								
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cordon Blue Burger Sandwich - SR3279 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	35	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Veggie Burger - SR2996 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	30	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	35	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	30	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Grillers Prime Veggie Burger - SR3551 (1 patty)	5	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	35	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	5	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Sliced Turkey Ham - SR1287 (1 slice)	5	25.00	1.25	0.38	0.00	120.00	0.00	3.50
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pickle Cucumbers - SR1785 (1/4 c.)	0	6.97	0.04	0.01	0.00	109.81	1.72	0.21
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
22-23 - Grill - Asia W4D4 :40478 - ServingDate: 03/30/2023								
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
22-23 - Grill - Asia W4D4 :40478 - ServingDate: 03/30/2023								
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chili Cheese Hot Dog - OKR1086 (1 serving)	10	377.27	15.79	5.01	0.00	713.74	40.23	19.14
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Veggie Burger - SR2996 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	30	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Grillers Prime Veggie Burger - SR3551 (1 patty)	5	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	34	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	1	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pickle Cucumbers - SR1785 (1/4 c.)	0	6.97	0.04	0.01	0.00	109.81	1.72	0.21
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00
22-23 - Grill - Asia W4D5 :40478 - ServingDate: 03/31/2023								
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - March, 2023

Site: Guthrie High School
 Date: 03/01/2023 - 03/31/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
22-23 - Grill - Asia W4D5 :40478 - ServingDate: 03/31/2023								
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Italian Meatball Sandwich - SR2720 (1 sandwich)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Veggie Burger - SR2996 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	30	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	230.00	13.00	2.50	0.00	350.00	15.00	13.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Chicken Meatball Sauce - SR3066 (5 Meatballs)	10	223.16	11.29	3.40	0.00	388.49	15.48	15.79
Grillers Prime Veggie Burger - SR3551 (1 patty)	5	150.00	8.00	1.00	0.00	400.00	6.00	16.00
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	10	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	26	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	3	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	100	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Top Mini Sub Roll - SR1995 (1 roll (smal))	10	162.71	3.05	0.00	0.00	183.05	29.49	6.10
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pickle Cucumbers - SR1785 (1/4 c.)	0	6.97	0.04	0.01	0.00	109.81	1.72	0.21
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.10	1.01	0.00	192.78	25.37	1.01
Baked French Fries - SR1444 (1/2 c.)	50	90.40	2.51	0.00	0.00	30.13	16.07	1.00

Legend
 (M) - Missing Nutrient Values

Menu Calendar Nutrient Analysis Report - March, 2023

Site: Guthrie High School
Date: 03/01/2023 - 03/31/2023

Report Selections

Meal Type: Lunch
Site Group: Taste4
Menu Line: T4-Grill (tier I)
Serving Group: 9-12
Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.