

Menu Calendar Nutrient Analysis Report - December, 2021

Site: Guthrie High School

Date: 12/01/2021 - 12/31/2021

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|--|----------------|--------------------|------------------|----------------|------------------|----------------|--------------|----------------|
| SY21-22 Core - FAST-Mediterranean W4D3 :37149 - ServingDate: 12/01/2021 | | | | | | | | |
| American Style Sub - OKR1838 (1 sandwich) | 10 | 332.58 | 14.02 | 5.65 | 0.00 | 777.33 | 32.81 | 21.65 |
| Large Crispy Chicken Salad - OKR1461 (1 salad) | 5 | 307.26 | 15.28 | 4.57 | 0.00 | 435.13 | 23.91 | 18.34 |
| Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich) | 10 | 332.71 | 13.38 | 5.00 | 0.00 | 773.05 | 32.82 | 23.10 |
| Turkey Ham & Cheese Sub - OKR1842 (1 sandwich) | 10 | 332.45 | 14.65 | 6.30 | 0.00 | 781.62 | 32.79 | 20.19 |
| Greek Turkey Salad - SR2354 (1 salad) | 5 | 327.26 | 18.73 | 2.98 | 0.00 | 1262.90 | 25.60 | 17.76 |
| Greek Turkey Wrap, 10-inch - SR2353 (1 wrap) | 5 | 483.33 | 21.85 | 5.97 | 0.00 | 906.59 | 52.70 | 20.88 |
| Strawberry Banana Parfait - SR1737 (1 parfait) | 5 | 487.19 (M) | 7.86(M) | 1.73(M) | 0.04(M) | 259.18 (M) | 95.53 (M) | 11.16 (M) |
| Twisted Breadstick - OKR1002 (2 breadstick) | 30 | 160.00 | 2.00 | 0.00 | 0.00 | 190.00 | 28.00 | 6.00 |
| Taste4 Extras Bar - SR2401 (1 serv.) | 100 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| SY21-22 Core - FAST-Mediterranean W4D4 :37149 - ServingDate: 12/02/2021 | | | | | | | | |
| American Style Sub - OKR1838 (1 sandwich) | 5 | 332.58 | 14.02 | 5.65 | 0.00 | 777.33 | 32.81 | 21.65 |
| Buffalo Chicken Salad - SR1956 (1 salad) | 5 | 313.06 | 16.71 | 4.84 | 0.00 | 1476.33 | 22.32 | 18.64 |
| Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich) | 5 | 332.71 | 13.38 | 5.00 | 0.00 | 773.05 | 32.82 | 23.10 |
| Turkey Ham & Cheese Sub - OKR1842 (1 sandwich) | 5 | 332.45 | 14.65 | 6.30 | 0.00 | 781.62 | 32.79 | 20.19 |
| Balsamic Chicken Salad - SR2342 (1 salad) | 5 | 221.51 | 7.28 | 2.80 | 0.00 | 739.45 | 17.29 | 22.61 |
| Balsamic Chicken Sub, Richs WG - SR2345 (1 sandwich) | 5 | 357.57 | 10.28 | 2.79 | 0.00 | 481.51 | 41.36 | 26.79 |

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| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|--|-------------|--------------------|---------------|-------------|---------------|-------------|-----------|-------------|
| SY21-22 Core - FAST-Mediterranean W4D4 :37149 - ServingDate: 12/02/2021 | | | | | | | | |
| Strawberry Banana Parfait - SR1737 (1 parfait) | 5 | 487.19 (M) | 7.86(M) | 1.73(M) | 0.04(M) | 259.18 (M) | 95.53 (M) | 11.16 (M) |
| Twisted Breadstick - OKR1002 (2 breadstick) | 10 | 160.00 | 2.00 | 0.00 | 0.00 | 190.00 | 28.00 | 6.00 |
| Taste4 Extras Bar - SR2401 (1 serv.) | 100 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| SY21-22 Core -FAST-Mediterranean W4D5 :37149 - ServingDate: 12/03/2021 | | | | | | | | |
| American Style Sub - OKR1838 (1 sandwich) | 10 | 332.58 | 14.02 | 5.65 | 0.00 | 777.33 | 32.81 | 21.65 |
| Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich) | 10 | 332.71 | 13.38 | 5.00 | 0.00 | 773.05 | 32.82 | 23.10 |
| Turkey Ham & Cheese Sub - OKR1842 (1 sandwich) | 10 | 332.45 | 14.65 | 6.30 | 0.00 | 781.62 | 32.79 | 20.19 |
| Strawberry Banana Parfait - SR1737 (1 parfait) | 5 | 487.19 (M) | 7.86(M) | 1.73(M) | 0.04(M) | 259.18 (M) | 95.53 (M) | 11.16 (M) |
| Fiesta Beef Salad - SR1110 (1 salad) | 5 | 166.41 | 6.64 | 3.33 | 0.00 | 665.83 | 13.98 | 12.57 |
| Twisted Breadstick - OKR1002 (2 breadstick) | 10 | 160.00 | 2.00 | 0.00 | 0.00 | 190.00 | 28.00 | 6.00 |
| Taste4 Extras Bar - SR2401 (1 serv.) | 100 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| SY21-22 Core - FAST-Regional American W1D1 :37257 - ServingDate: 12/06/2021 | | | | | | | | |
| American Style Sub - OKR1838 (1 sandwich) | 10 | 332.58 | 14.02 | 5.65 | 0.00 | 777.33 | 32.81 | 21.65 |
| Chef Salad, USDA - OKR1839 (1 salad) | 5 | 172.59 | 8.96 | 3.89 | 0.00 | 444.63 | 6.57 | 17.30 |
| Blueberry Patch Parfait - SR1733 (1 parfait) | 5 | 409.05 (M) | 7.74(M) | 1.57(M) | 0.04(M) | 234.58 (M) | 75.19 (M) | 9.81(M) |

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| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|--|-------------|--------------------|---------------|-------------|---------------|-------------|-----------|-------------|
| SY21-22 Core - FAST-Regional American W1D1 :37257 - ServingDate: 12/06/2021 | | | | | | | | |
| Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich) | 10 | 332.71 | 13.38 | 5.00 | 0.00 | 773.05 | 32.82 | 23.10 |
| Turkey Ham & Cheese Sub - OKR1842 (1 sandwich) | 10 | 332.45 | 14.65 | 6.30 | 0.00 | 781.62 | 32.79 | 20.19 |
| Chilly Philly Submarine Sandwich - SR1777 (1 sandwich) | 5 | 388.53 | 14.70 | 4.21 | 0.00 | 779.55 | 35.63 | 29.79 |
| Chilly Philly Salad - SR1816 (1 salad) | 5 | 261.05 | 11.81 | 4.24 | 0.00 | 624.64 | 13.23 | 26.04 |
| Twisted Breadstick - OKR1002 (2 breadstick) | 10 | 160.00 | 2.00 | 0.00 | 0.00 | 190.00 | 28.00 | 6.00 |
| Taste4 Extras Bar - SR2401 (1 serv.) | 100 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| SY21-22 Core - FAST-Regional American W1D2 :37257 - ServingDate: 12/07/2021 | | | | | | | | |
| American Style Sub - OKR1838 (1 sandwich) | 10 | 332.58 | 14.02 | 5.65 | 0.00 | 777.33 | 32.81 | 21.65 |
| Large Fajita Chicken Caesar Salad - OKR1575 (1 salad) | 5 | 236.32 | 9.62 | 3.82 | 0.00 | 1056.22 | 12.46 | 25.09 |
| Chicken Salad Sub Sandwich - SR1200 (1 sandwich) | 1 | 338.02 | 13.01 | 1.60 | 0.00 | 401.37 | 35.47 | 23.12 |
| Blueberry Patch Parfait - SR1733 (1 parfait) | 5 | 409.05 (M) | 7.74(M) | 1.57(M) | 0.04(M) | 234.58 (M) | 75.19 (M) | 9.81(M) |
| Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich) | 10 | 332.71 | 13.38 | 5.00 | 0.00 | 773.05 | 32.82 | 23.10 |
| Turkey Ham & Cheese Sub - OKR1842 (1 sandwich) | 10 | 332.45 | 14.65 | 6.30 | 0.00 | 781.62 | 32.79 | 20.19 |
| Buffalo Chicken Salad - SR1956 (1 salad) | 5 | 313.06 | 16.71 | 4.84 | 0.00 | 1476.33 | 22.32 | 18.64 |
| Buffalo Chicken Wrap - SR1953 (1 wrap) | 5 | 487.83 | 22.56 | 7.82 | 0.00 | 1768.20 | 49.24 | 21.28 |
| Twisted Breadstick - OKR1002 (2 breadstick) | 30 | 160.00 | 2.00 | 0.00 | 0.00 | 190.00 | 28.00 | 6.00 |

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| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|--|-------------|--------------------|---------------|-------------|---------------|-------------|-----------|-------------|
| SY21-22 Core - FAST-Regional American W1D2 :37257 - ServingDate: 12/07/2021 | | | | | | | | |
| Taste4 Extras Bar - SR2401 (1 serv.) | 100 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| SY21-22 Core - FAST-Regional American W1D3 :37257 - ServingDate: 12/08/2021 | | | | | | | | |
| American Style Sub - OKR1838 (1 sandwich) | 10 | 332.58 | 14.02 | 5.65 | 0.00 | 777.33 | 32.81 | 21.65 |
| Large Crispy Chicken Salad - OKR1461 (1 salad) | 5 | 307.26 | 15.28 | 4.57 | 0.00 | 435.13 | 23.91 | 18.34 |
| Blueberry Patch Parfait - SR1733 (1 parfait) | 5 | 409.05 (M) | 7.74(M) | 1.57(M) | 0.04(M) | 234.58 (M) | 75.19 (M) | 9.81(M) |
| Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich) | 10 | 332.71 | 13.38 | 5.00 | 0.00 | 773.05 | 32.82 | 23.10 |
| Turkey Ham & Cheese Sub - OKR1842 (1 sandwich) | 10 | 332.45 | 14.65 | 6.30 | 0.00 | 781.62 | 32.79 | 20.19 |
| Southwest BBQ Chicken Submarine Sandwich - SR1894 (1 sandwich) | 5 | 387.34 | 11.64 | 3.46 | 0.00 | 955.41 | 43.18 | 29.40 |
| Southwest BBQ Chicken Salad - SR1958 (1 salad) | 5 | 259.87 | 8.69 | 3.48 | 0.00 | 813.74 | 20.93 | 25.40 |
| Twisted Breadstick - OKR1002 (2 breadstick) | 30 | 160.00 | 2.00 | 0.00 | 0.00 | 190.00 | 28.00 | 6.00 |
| Taste4 Extras Bar - SR2401 (1 serv.) | 100 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| SY21-22 Core - FAST-Regional American W1D4 :37257 - ServingDate: 12/09/2021 | | | | | | | | |
| American Style Sub - OKR1838 (1 sandwich) | 5 | 332.58 | 14.02 | 5.65 | 0.00 | 777.33 | 32.81 | 21.65 |
| Buffalo Chicken Salad - SR1956 (1 salad) | 5 | 313.06 | 16.71 | 4.84 | 0.00 | 1476.33 | 22.32 | 18.64 |
| Blueberry Patch Parfait - SR1733 (1 parfait) | 5 | 409.05 (M) | 7.74(M) | 1.57(M) | 0.04(M) | 234.58 (M) | 75.19 (M) | 9.81(M) |

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| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|--|-------------|--------------------|---------------|-------------|---------------|-------------|-----------|-------------|
| SY21-22 Core - FAST-Regional American W1D4 :37257 - ServingDate: 12/09/2021 | | | | | | | | |
| Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich) | 5 | 332.71 | 13.38 | 5.00 | 0.00 | 773.05 | 32.82 | 23.10 |
| Turkey Ham & Cheese Sub - OKR1842 (1 sandwich) | 5 | 332.45 | 14.65 | 6.30 | 0.00 | 781.62 | 32.79 | 20.19 |
| Southern style Crispy Chicken Salad - SR1962 (1 salad) | 5 | 390.25 | 22.11 | 6.30 | 0.00 | 636.25 | 24.92 | 23.04 |
| Southern Style Crispy Chicken Wrap - SR1960 (1 wrap) | 5 | 522.55 | 25.61 | 8.83 | 0.00 | 850.26 | 49.09 | 23.35 |
| Twisted Breadstick - OKR1002 (2 breadstick) | 10 | 160.00 | 2.00 | 0.00 | 0.00 | 190.00 | 28.00 | 6.00 |
| Taste4 Extras Bar - SR2401 (1 serv.) | 100 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| SY21-22 Core -FAST-Regional American W1D5 :37257 - ServingDate: 12/10/2021 | | | | | | | | |
| American Style Sub - OKR1838 (1 sandwich) | 10 | 332.58 | 14.02 | 5.65 | 0.00 | 777.33 | 32.81 | 21.65 |
| Blueberry Patch Parfait - SR1733 (1 parfait) | 5 | 409.05 (M) | 7.74(M) | 1.57(M) | 0.04(M) | 234.58 (M) | 75.19 (M) | 9.81(M) |
| Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich) | 10 | 332.71 | 13.38 | 5.00 | 0.00 | 773.05 | 32.82 | 23.10 |
| Turkey Ham & Cheese Sub - OKR1842 (1 sandwich) | 10 | 332.45 | 14.65 | 6.30 | 0.00 | 781.62 | 32.79 | 20.19 |
| Fiesta Beef Salad - SR1110 (1 salad) | 5 | 166.41 | 6.64 | 3.33 | 0.00 | 665.83 | 13.98 | 12.57 |
| Twisted Breadstick - OKR1002 (2 breadstick) | 10 | 160.00 | 2.00 | 0.00 | 0.00 | 190.00 | 28.00 | 6.00 |
| Taste4 Extras Bar - SR2401 (1 serv.) | 100 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |

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| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Sodium (mg) | Carb (g) | Protein (g) |
|---|----------------|--------------------|------------------|----------------|------------------|----------------|--------------|----------------|
| SY21-22 Core - FAST- Regional American W2D1 :37258 - ServingDate: 12/13/2021 | | | | | | | | |
| American Style Sub - OKR1838 (1 sandwich) | 10 | 332.58 | 14.02 | 5.65 | 0.00 | 777.33 | 32.81 | 21.65 |
| Chef Salad, USDA - OKR1839 (1 salad) | 5 | 172.59 | 8.96 | 3.89 | 0.00 | 444.63 | 6.57 | 17.30 |
| Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich) | 10 | 332.71 | 13.38 | 5.00 | 0.00 | 773.05 | 32.82 | 23.10 |
| Turkey Ham & Cheese Sub - OKR1842 (1 sandwich) | 10 | 332.45 | 14.65 | 6.30 | 0.00 | 781.62 | 32.79 | 20.19 |
| Chilly Philly Submarine Sandwich - SR1777 (1 sandwich) | 5 | 388.53 | 14.70 | 4.21 | 0.00 | 779.55 | 35.63 | 29.79 |
| Double Berry Parfait - SR1602 (1 parfait) | 5 | 450.54 (M) | 7.82(M) | 1.57(M) | 0.04(M) | 236.08 (M) | 87.28 (M) | 10.14 (M) |
| Chilly Philly Salad - SR1816 (1 salad) | 5 | 261.05 | 11.81 | 4.24 | 0.00 | 624.64 | 13.23 | 26.04 |
| Twisted Breadstick - OKR1002 (2 breadstick) | 10 | 160.00 | 2.00 | 0.00 | 0.00 | 190.00 | 28.00 | 6.00 |
| Taste4 Extras Bar - SR2401 (1 serv.) | 100 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| SY21-22 Core - FAST- Regional American W2D2 :37258 - ServingDate: 12/14/2021 | | | | | | | | |
| American Style Sub - OKR1838 (1 sandwich) | 10 | 332.58 | 14.02 | 5.65 | 0.00 | 777.33 | 32.81 | 21.65 |
| Large Fajita Chicken Caesar Salad - OKR1575 (1 salad) | 5 | 236.32 | 9.62 | 3.82 | 0.00 | 1056.22 | 12.46 | 25.09 |
| Chicken Salad Sub Sandwich - SR1200 (1 sandwich) | 1 | 338.02 | 13.01 | 1.60 | 0.00 | 401.37 | 35.47 | 23.12 |
| Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich) | 10 | 332.71 | 13.38 | 5.00 | 0.00 | 773.05 | 32.82 | 23.10 |
| Turkey Ham & Cheese Sub - OKR1842 (1 sandwich) | 10 | 332.45 | 14.65 | 6.30 | 0.00 | 781.62 | 32.79 | 20.19 |
| Buffalo Chicken Salad - SR1956 (1 salad) | 5 | 313.06 | 16.71 | 4.84 | 0.00 | 1476.33 | 22.32 | 18.64 |

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|--|-------------|--------------------|---------------|-------------|---------------|-------------|-----------|-------------|
| SY21-22 Core - FAST-Regional American W2D2 :37258 - ServingDate: 12/14/2021 | | | | | | | | |
| Buffalo Chicken Wrap - SR1953 (1 wrap) | 5 | 487.83 | 22.56 | 7.82 | 0.00 | 1768.20 | 49.24 | 21.28 |
| Double Berry Parfait - SR1602 (1 parfait) | 5 | 450.54 (M) | 7.82(M) | 1.57(M) | 0.04(M) | 236.08 (M) | 87.28 (M) | 10.14 (M) |
| Twisted Breadstick - OKR1002 (2 breadstick) | 30 | 160.00 | 2.00 | 0.00 | 0.00 | 190.00 | 28.00 | 6.00 |
| Taste4 Extras Bar - SR2401 (1 serv.) | 100 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| SY21-22 Core - FAST-Regional American W2D3 :37258 - ServingDate: 12/15/2021 | | | | | | | | |
| American Style Sub - OKR1838 (1 sandwich) | 10 | 332.58 | 14.02 | 5.65 | 0.00 | 777.33 | 32.81 | 21.65 |
| Large Crispy Chicken Salad - OKR1461 (1 salad) | 5 | 307.26 | 15.28 | 4.57 | 0.00 | 435.13 | 23.91 | 18.34 |
| Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich) | 10 | 332.71 | 13.38 | 5.00 | 0.00 | 773.05 | 32.82 | 23.10 |
| Turkey Ham & Cheese Sub - OKR1842 (1 sandwich) | 10 | 332.45 | 14.65 | 6.30 | 0.00 | 781.62 | 32.79 | 20.19 |
| Double Berry Parfait - SR1602 (1 parfait) | 5 | 450.54 (M) | 7.82(M) | 1.57(M) | 0.04(M) | 236.08 (M) | 87.28 (M) | 10.14 (M) |
| Southwest BBQ Chicken Submarine Sandwich - SR1894 (1 sandwich) | 5 | 387.34 | 11.64 | 3.46 | 0.00 | 955.41 | 43.18 | 29.40 |
| Southwest BBQ Chicken Salad - SR1958 (1 salad) | 5 | 259.87 | 8.69 | 3.48 | 0.00 | 813.74 | 20.93 | 25.40 |
| Twisted Breadstick - OKR1002 (2 breadstick) | 30 | 160.00 | 2.00 | 0.00 | 0.00 | 190.00 | 28.00 | 6.00 |
| Taste4 Extras Bar - SR2401 (1 serv.) | 100 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |

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|--|-------------|--------------------|---------------|-------------|---------------|---------------|--------------|--------------|
| SY21-22 Core - FAST-Regional American W2D4 :37258 - ServingDate: 12/16/2021 | | | | | | | | |
| American Style Sub - OKR1838 (1 sandwich) | 5 | 332.58 | 14.02 | 5.65 | 0.00 | 777.33 | 32.81 | 21.65 |
| Buffalo Chicken Salad - SR1956 (1 salad) | 5 | 313.06 | 16.71 | 4.84 | 0.00 | 1476.33 | 22.32 | 18.64 |
| Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich) | 5 | 332.71 | 13.38 | 5.00 | 0.00 | 773.05 | 32.82 | 23.10 |
| Turkey Ham & Cheese Sub - OKR1842 (1 sandwich) | 5 | 332.45 | 14.65 | 6.30 | 0.00 | 781.62 | 32.79 | 20.19 |
| Double Berry Parfait - SR1602 (1 parfait) | 5 | 450.54 (M) | 7.82(M) | 1.57(M) | 0.04(M) | 236.08 (M) | 87.28 (M) | 10.14 (M) |
| Southern style Crispy Chicken Salad - SR1962 (1 salad) | 5 | 390.25 | 22.11 | 6.30 | 0.00 | 636.25 | 24.92 | 23.04 |
| Southern Style Crispy Chicken Wrap - SR1960 (1 wrap) | 5 | 522.55 | 25.61 | 8.83 | 0.00 | 850.26 | 49.09 | 23.35 |
| Twisted Breadstick - OKR1002 (2 breadstick) | 10 | 160.00 | 2.00 | 0.00 | 0.00 | 190.00 | 28.00 | 6.00 |
| Taste4 Extras Bar - SR2401 (1 serv.) | 100 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |
| SY21-22 Core -FAST-Regional American W2D5 :37258 - ServingDate: 12/17/2021 | | | | | | | | |
| American Style Sub - OKR1838 (1 sandwich) | 10 | 332.58 | 14.02 | 5.65 | 0.00 | 777.33 | 32.81 | 21.65 |
| Smoked Turkey & Cheese Sub - OKR1837 (1 sandwich) | 10 | 332.71 | 13.38 | 5.00 | 0.00 | 773.05 | 32.82 | 23.10 |
| Turkey Ham & Cheese Sub - OKR1842 (1 sandwich) | 10 | 332.45 | 14.65 | 6.30 | 0.00 | 781.62 | 32.79 | 20.19 |
| Double Berry Parfait - SR1602 (1 parfait) | 5 | 450.54 (M) | 7.82(M) | 1.57(M) | 0.04(M) | 236.08 (M) | 87.28 (M) | 10.14 (M) |
| Fiesta Beef Salad - SR1110 (1 salad) | 5 | 166.41 | 6.64 | 3.33 | 0.00 | 665.83 | 13.98 | 12.57 |
| Twisted Breadstick - OKR1002 (2 breadstick) | 10 | 160.00 | 2.00 | 0.00 | 0.00 | 190.00 | 28.00 | 6.00 |

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|---|-------------|--------------------|---------------|-------------|---------------|-------------|----------|-------------|
| SY21-22 Core -FAST-Regional American W2D5 :37258 - ServingDate: 12/17/2021 | | | | | | | | |
| Taste4 Extras Bar - SR2401 (1 serv.) | 100 | (M) | (M) | (M) | (M) | (M) | (M) | (M) |

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: Taste4
 Menu Line: T4-Fast (tier I)
 Serving Group: 9-12
 Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.