

Menu Calendar Nutrient Analysis Report - April, 2023

Site: Guthrie High School
 Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/03/2023								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/03/2023								
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/04/2023								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/04/2023								
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/05/2023								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/05/2023								
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredden)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/06/2023								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/06/2023								
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/10/2023								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/10/2023								
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/11/2023								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA), Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29

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SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/11/2023								
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/12/2023								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/12/2023								
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07

Menu Calendar Nutrient Analysis Report - April, 2023

Site: Guthrie High School
 Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/12/2023								
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/13/2023								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00

Menu Calendar Nutrient Analysis Report - April, 2023

Site: Guthrie High School
 Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/13/2023								
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/14/2023								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16

Menu Calendar Nutrient Analysis Report - April, 2023

Site: Guthrie High School
 Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/14/2023								
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/17/2023								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - April, 2023

Site: Guthrie High School
Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/17/2023								
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredden)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22

Menu Calendar Nutrient Analysis Report - April, 2023

Site: Guthrie High School
 Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/17/2023								
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/18/2023								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - April, 2023

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Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/18/2023								
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/19/2023								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50

Menu Calendar Nutrient Analysis Report - April, 2023

Site: Guthrie High School

Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/19/2023								
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/20/2023								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - April, 2023

Site: Guthrie High School
 Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/20/2023								
Fajita Chicken - SR2529 (1/3 c.)	35	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50

Menu Calendar Nutrient Analysis Report - April, 2023

Site: Guthrie High School
Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/24/2023								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65

Menu Calendar Nutrient Analysis Report - April, 2023

Site: Guthrie High School
Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/24/2023								
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/25/2023								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94

Menu Calendar Nutrient Analysis Report - April, 2023

Site: Guthrie High School
 Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/25/2023								
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/26/2023								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA), Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29

Menu Calendar Nutrient Analysis Report - April, 2023

Site: Guthrie High School
Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/26/2023								
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/27/2023								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - April, 2023

Site: Guthrie High School
 Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/27/2023								
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07

Menu Calendar Nutrient Analysis Report - April, 2023

Site: Guthrie High School

Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/27/2023								
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/28/2023								
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/3 c.)	35	80.05	4.00	1.14	0.00	240.14	1.14	9.72
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	8.14	3.05	0.00	58.01	1.02	16.28
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	4.03	1.61	0.00	320.13	4.03	11.29
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	9.20	5.01	0.00	423.20	2.04	7.16
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	3.00	2.00	0.00	105.00	0.50	3.50
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	2.94	0.17	0.00	185.30	29.85	3.27
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	6.00	3.00	0.00	320.00	34.00	5.00
Crispy Corn Taco Shell - SR2223 (2 shells)	15	170.00	8.00	1.00	0.00	0.00	22.00	2.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	8.84	1.47	0.00	169.36	29.45	2.94
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	6.00	3.00	0.00	319.99	34.00	5.00
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	5.00	2.00	0.00	259.96	28.00	4.00

Menu Calendar Nutrient Analysis Report - April, 2023

Site: Guthrie High School
 Date: 04/01/2023 - 04/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 04/28/2023								
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	1.48	0.14	0.00	46.29	17.23	3.54
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	1.67	0.01	0.00	369.81	29.43	6.52
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.10	0.01	0.00	7.20	2.14	0.65
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	0.00	348.83	0.00	0.00
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.01	0.00	0.00	18.01	0.39	0.07
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Sour Cream - SR1659 (1 tbsp.)	5	30.00	2.50	1.75	0.00	7.50	0.50	0.50

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: Taste4
 Menu Line: T4-Mexico
 Serving Group: 9-12
 Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.