

## Menu Calendar Nutrient Analysis Report - May, 2021

Site: ALL

Date: 05/01/2021 - 05/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>RISE G9-12 Lunch Program W5D1 Expanded - ServingDate: 05/03/2021</b>								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	15	300.18	11.01	6.00	0.00	490.29	30.02	19.01
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hummus Sandwich or Wrap - SR2672 (1 sandwich o)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Deli Turkey Sandwich or Wrap - SR2676 (1 sandwich o)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	10	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Original Homemade Hummus - SR1412 (2/3 c.)	5	248.85	13.97	0.85	0.00	402.29	24.31	7.95
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	10	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Hot & Spicy Chicken Patty - SR2137 (1 patty)	25	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Sliced Deli Turkey - SR1532 (5 slice)	10	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Hamburger Bun - OKR1351 (1 roll.)	35	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Oven Fired Flatbread - SR1534 (1 piece)	10	180.00	5.00	1.00	0.00	330.00	28.00	6.00
Mini Sub Roll - SR1208 (1 roll (smal))	10	160.00	3.00	0.00	0.00	180.00	29.00	6.00

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<b>RISE G9-12 Lunch Program WSD1 Expanded - ServingDate: 05/03/2021</b>								
Flour Tortilla - SR1177 (1 tortilla)	5	180.00	4.50	1.50	0.00	250.00	29.00	5.00
Unsweetened Applesauce - SR1195 (1/2 c.)	1	53.71	0.13	0.01	0.00	2.56	14.41	0.22
Unsweetened Applesauce - SR2848 (1 Container)	75	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Mixed Fruit Cocktail - SR1037 (1/2 c.)	1	49.99	0.01	0.00	0.00	4.35	12.89	0.50
California Mixed Fruit Cup - SR2867 (1 Container)	20	51.59	0.02	0.00	0.00	6.03	12.45	0.35
Celery Sticks - SR2917 (1 package (3))	5	15.00	0.00	0.00	0.00	70.00	3.00	1.00
Petite Peel Baby Carrots - SR2905 (1 package (3))	30	35.00	0.00	0.00	0.00	50.00	8.00	1.00
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Celery Sticks - SR1014 (6 stick.)	1	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Cucumber Coins - SR1013 (1/4 c.)	5	4.61	0.03	0.01	0.00	0.61	1.12	0.20
Baby Carrots - SR1016 (1/2 c.)	1	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Chocolate1% Milk - OKR1062 (8 oz.)	75	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ranch Dressing - SR2540 (1 packet)	25	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Ketchup - SR2542 (1 packet)	10	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	10	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	10	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	15	7.49	0.17	0.03	0.00	130.30	1.45	0.26

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<b>RISE G9-12 Lunch Program WSD1 Expanded - ServingDate: 05/03/2021</b>								
Diced Red Tomatoes - SR1012 (2 tbsp.)	5	4.43	0.05	0.01	0.00	1.23	0.96	0.22
<b>RISE G9-12 Lunch Program WSD2 Expanded - ServingDate: 05/04/2021</b>								
Cheeseburger - SR2646 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crispy Chicken Salad - SR2984 (1 salad)	10	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Deli Ham Sandwich or Wrap - SR2674 (1 sandwich o)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pizza Burger - OKR1785 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	20	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Breaded Chicken Patty - SR2186 (1 patty)	20	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Popcorn Chicken - SR1413 (9 piece)	10	191.06	10.80	2.08	0.00	290.75	11.63	11.63
Sliced Turkey Ham - SR1287 (5 slice)	5	87.50	4.38	1.25	0.00	400.00	0.00	11.25
Shredded Cheddar Cheese - SR1537 (1/2 oz.)	10	55.00	4.50	2.50	0.00	90.00	0.00	3.00
Shredded Mozzarella Cheese - SR1989 (2 oz.)	10	162.00	10.12	6.08	0.00	364.49	4.05	12.15
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50

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<b>RISE G9-12 Lunch Program WSD2 Expanded - ServingDate: 05/04/2021</b>								
Cheddar Cheese Slice - SR2132 (1/2 oz.)	25	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Hamburger Bun - OKR1351 (1 roll.)	50	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Dinner Roll - SR1009 (1 roll.)	11	160.00	3.00	0.00	0.00	135.00	29.00	7.00
Mini Sub Roll - SR1208 (1 roll (smal))	5	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Fresh Apple Slices - SR2546 (1 pkg.)	1	30.00	0.00	0.00	0.00	0.00	7.00	0.00
Small Apples - OKR1780 (1 small (2- 3))	50	77.48	0.25	0.04	0.00	1.49	20.58	0.39
100% Grape Juice - SR1607 (4 fl oz cup)	95	80.00	0.00	0.00	0.00	10.00	19.00	0.00
Mixed Salad Greens - SR1080 (1 c.)	30	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Chilled Peas - SR2483 (1/2 c.)	15	72.76	0.38	0.06	0.00	102.06	12.87	4.93
Red Tomato Wedges - SR1974 (1/4 c.)	20	7.69	0.09	0.01	0.00	2.14	1.66	0.38
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	30	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ranch Dressing - SR2540 (1 packet)	30	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Kelloggs Rice Krispies Treat Minis - SR2454 (1 Bar)	100	50.00	1.00	0.00	0.00	45.00	9.00	0.00
Ketchup - SR2542 (1 packet)	30	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	15	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mini Side Salad - SR2953 (1 salad)	30	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Yellow Mustard PC - SR2517 (1 packet)	30	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Sliced Pepperoni - SR1800 (3 slice)	10	23.69	2.19	0.82	0.00	78.37	0.00	1.09

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<b>RISE G9-12 Lunch Program W5D2 Expanded - ServingDate: 05/04/2021</b>								
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	10	7.49	0.17	0.03	0.00	130.30	1.45	0.26
<b>RISE G9-12 Lunch Program W5D3 Expanded - ServingDate: 05/05/2021</b>								
Chicken Caesar Wrap - SR2951 (1 wrap)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Teriyaki Rice Bowl - SR2998 (1 bowl)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Deli Turkey Sandwich or Wrap - SR2676 (1 sandwich o)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	10	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Diced Chicken - SR2854 (1/2 c.)	10	96.00	2.67	0.00	0.00	74.67	0.00	16.00
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Popcorn Chicken - SR1413 (12 piece)	15	254.75	14.40	2.77	0.00	387.66	15.51	15.51
Sliced Deli Turkey - SR1532 (5 slice)	5	87.50	3.75	1.25	0.00	287.50	1.25	13.75
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	5	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Hamburger Bun - OKR1351 (1 roll.)	35	160.00	2.00	0.00	0.00	270.00	31.00	6.00

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<b>RISE G9-12 Lunch Program WSD3 Expanded - ServingDate: 05/05/2021</b>								
Steamed Rice - SR2109 (1 c.)	15	275.74	1.62	0.00	0.00	4.78	60.02	6.49
Mini Sub Roll - SR1208 (1 roll (smal))	5	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Flour Tortilla - SR1177 (1 tortilla)	10	180.00	4.50	1.50	0.00	250.00	29.00	5.00
Mixed Fruit Cocktail - SR1037 (1/2 c.)	45	49.99	0.01	0.00	0.00	4.35	12.89	0.50
Fresh Oranges - SR1171 (1 small (2-3))	40	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Romaine Lettuce - SR2868 (1 c.)	11	9.64	0.17	0.02	0.00	4.54	1.33	0.70
Cucumber Coins - SR1013 (1/4 c.)	1	4.61	0.03	0.01	0.00	0.61	1.12	0.20
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Red Tomato Wedges - SR1974 (1/4 c.)	0	7.69	0.09	0.01	0.00	2.14	1.66	0.38
Chocolate1% Milk - OKR1062 (8 oz.)	75	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Caesar Salad Dressing - SR1551 (1 tbsp.)	10	65.00	7.00	1.25	0.00	105.00	0.50	0.50
Creamy Caesar Dressing - SR2545 (1 packet)	1	230.00	25.00	4.00	0.00	490.00	1.00	1.00
Ranch Dressing - SR2540 (1 packet)	26	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	10	3.33	0.25	0.17	0.00	15.00	0.17	0.17
Ketchup - SR2542 (1 packet)	10	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mini Side Salad - SR2953 (1 salad)	1	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Yellow Mustard PC - SR2517 (1 packet)	15	4.58	0.00	0.00	0.00	77.92	0.92	0.00

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<b>RISE G9-12 Lunch Program W5D3 Expanded - ServingDate: 05/05/2021</b>								
Teriyaki Sauce - SR2025 (1 tbsp.)	0	45.00	0.00	0.00	0.00	145.00	11.00	0.50
<b>RISE G9-12 Lunch Program W5D4 Expanded - ServingDate: 05/06/2021</b>								
American-style Deli Combo Sandwich or Wrap - SR2863 (1 sandwich o)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - SR2646 (1 burger)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Popcorn Chicken - SR1413 (12 piece)	15	254.75	14.40	2.77	0.00	387.66	15.51	15.51
Protein Power-up Box - SR2955 (1 Box)	10	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
American-style Meat Combination - SR2138 (5 slice)	5	85.85	3.92	1.23	0.00	324.52	0.76	12.55
Hamburger Patty - SR1652 (1 patty)	15	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Breaded Chicken Patty - SR2186 (1 patty)	20	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Hard Boiled Eggs - SR1837 (1/2 egg)	10	38.75	2.65	0.82	0.00	31.00	0.28	3.15
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	20	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Sunbutter - SR2420 (2 tbsp.)	10	200.00	17.00	2.00	0.00	130.00	7.00	7.00

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<b>RISE G9-12 Lunch Program WSD4 Expanded - ServingDate: 05/06/2021</b>								
Hamburger Bun - OKR1351 (1 roll.)	35	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Original Graham Crackers - SR1163 (2 pkg.)	10	180.00	5.00	0.00	0.00	200.00	34.00	4.00
Dinner Roll - SR1009 (1 roll.)	15	160.00	3.00	0.00	0.00	135.00	29.00	7.00
Mini Sub Roll - SR1208 (1 roll (smal))	5	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Banana - SR1166 (1 medium (7"))	55	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Diced Peaches - SR1196 (1/2 c.)	1	77.87	0.05	0.00	0.00	7.08	20.48	1.11
Diced Peach Cups - OKR1792 (1 Container)	20	50.64	0.02	0.00	0.00	6.12	11.93	0.42
Fresh Broccoli Florets - SR1027 (1/2 c.)	1	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Broccoli Florets - SR2904 (2 oz.)	55	16.67	0.00	0.00	0.00	16.67	2.67	2.00
Cucumber Coins - SR1013 (1/2 c.)	5	9.22	0.07	0.02	0.00	1.23	2.23	0.40
Italian Roasted Chickpeas - SR2583 (1/2 c.)	0	145.65	2.86	0.06	0.00	267.06	22.57	7.48
Chocolate1% Milk - OKR1062 (8 oz.)	75	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Chip Cookie - OKR1042 (1 cookie)	100	111.38	3.54	1.01	0.00	86.06	18.23	1.01
Ranch Dressing - SR2540 (1 packet)	20	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Ketchup - SR2542 (1 packet)	15	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	20	4.58	0.00	0.00	0.00	77.92	0.92	0.00



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<b>RISE G9-12 Lunch Program WSD5 Expanded - ServingDate: 05/07/2021</b>								
Chef Salad - SR2681 (1 salad)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Deli Turkey Sandwich or Wrap - SR2676 (1 sandwich o)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Turkey Greek Salad - SR2988 (1 salad)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
American-style Meat Combination - SR2138 (5 slice)	5	85.85	3.92	1.23	0.00	324.52	0.76	12.55
Hamburger Patty - SR1652 (1 patty)	10	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Sliced Deli Turkey - SR2144 (5 slice)	10	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Sliced Deli Turkey - SR1532 (6 slice)	5	105.00	4.50	1.50	0.00	344.99	1.50	16.50
Shredded Cheddar Cheese - SR1537 (1/2 oz.)	5	55.00	4.50	2.50	0.00	90.00	0.00	3.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	10	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Hot & Spicy Chicken Patty - SR2137 (1 patty)	25	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Hard Boiled Eggs - SR1837 (1/2 egg)	5	38.75	2.65	0.82	0.00	31.00	0.28	3.15
Hamburger Bun - OKR1351 (1 roll.)	35	160.00	2.00	0.00	0.00	270.00	31.00	6.00

# Menu Calendar Nutrient Analysis Report - May, 2021

Site: ALL  
 Date: 05/01/2021 - 05/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>RISE G9-12 Lunch Program WSD5 Expanded - ServingDate: 05/07/2021</b>								
Oven Fired Flatbread - SR3003 (1 piece)	5	180.00	5.00	1.00	0.00	330.00	28.00	6.00
Mini Sub Roll - SR1208 (1 roll (smal))	10	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Diced Bartlett Pears - SR1194 (1/2 c.)	1	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Diced Pears - SR2866 (1 Container)	20	54.44	0.02	0.00	0.00	4.54	12.94	0.27
100% Apple Juice - SR2547 (4 fl oz cup)	90	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Celery Sticks - SR2917 (1 package (3))	5	15.00	0.00	0.00	0.00	70.00	3.00	1.00
Petite Peel Baby Carrots - SR2905 (1 package (3))	5	35.00	0.00	0.00	0.00	50.00	8.00	1.00
Romaine Lettuce - SR2868 (1 c.)	5	9.64	0.17	0.02	0.00	4.54	1.33	0.70
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Celery Sticks - SR1014 (6 stick.)	1	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Cucumber Coins - SR1013 (1/4 c.)	10	4.61	0.03	0.01	0.00	0.61	1.12	0.20
Baby Carrots - SR1016 (1/2 c.)	1	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Red Tomato Wedges - SR1974 (1/4 c.)	10	7.69	0.09	0.01	0.00	2.14	1.66	0.38
Chocolate1% Milk - OKR1062 (8 oz.)	75	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ranch Dressing - SR2540 (1 packet)	25	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Golden Italian Dressing - SR2578 (1 packet)	5	30.00	3.00	0.00	0.00	130.00	0.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	5	3.33	0.25	0.17	0.00	15.00	0.17	0.17
Ketchup - SR2542 (1 packet)	10	10.00	0.00	0.00	0.00	85.00	3.00	0.00

## Menu Calendar Nutrient Analysis Report - May, 2021

Site: ALL

Date: 05/01/2021 - 05/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>RISE G9-12 Lunch Program W5D5 Expanded - ServingDate: 05/07/2021</b>								
Mayonnaise - SR2543 (1 packet)	10	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	20	4.58	0.00	0.00	0.00	77.92	0.92	0.00
<b>RISE G9-12 Lunch Program W1D1 Expanded - ServingDate: 05/10/2021</b>								
Buffalo Chicken Sandwich or Wrap - SR2982 (1 sandwich o)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chef Salad - SR2681 (1 salad)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Deli Turkey Sandwich or Wrap - SR2676 (1 sandwich o)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
American-style Meat Combination - SR2138 (5 slice)	5	85.85	3.92	1.23	0.00	324.52	0.76	12.55
Hamburger Patty - SR1652 (1 patty)	10	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	25	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Hard Boiled Eggs - SR1837 (1/2 egg)	5	38.75	2.65	0.82	0.00	31.00	0.28	3.15
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Popcorn Chicken - SR1413 (12 piece)	15	254.75	14.40	2.77	0.00	387.66	15.51	15.51
Sliced Deli Turkey - SR1532 (5 slice)	10	87.50	3.75	1.25	0.00	287.50	1.25	13.75

## Menu Calendar Nutrient Analysis Report - May, 2021

Site: ALL

Date: 05/01/2021 - 05/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>RISE G9-12 Lunch Program W1D1 Expanded - ServingDate: 05/10/2021</b>								
Shredded Cheddar Cheese - SR1537 (1/2 oz.)	5	55.00	4.50	2.50	0.00	90.00	0.00	3.00
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	10	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Hamburger Bun - OKR1351 (1 roll.)	35	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Mini Sub Roll - SR1208 (1 roll (smal))	25	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Twisted Breadstick - SR2142 (1 breadstick)	5	172.73	3.27	0.09	0.00	190.34	28.41	6.09
Fresh Apple Slices - SR2546 (1 pkg.)	0	30.00	0.00	0.00	0.00	0.00	7.00	0.00
Small Apples - OKR1780 (1 small (2- 3))	60	77.48	0.25	0.04	0.00	1.49	20.58	0.39
Diced Bartlett Pears - SR1194 (1/2 c.)	30	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Diced Pears - SR2866 (1 Container)	0	54.44	0.02	0.00	0.00	4.54	12.94	0.27
Celery Sticks - SR2917 (1 package (3))	0	15.00	0.00	0.00	0.00	70.00	3.00	1.00
Mixed Salad Greens - SR1080 (1 c.)	25	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Celery Sticks - SR1014 (6 stick.)	75	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Cucumber Coins - SR1013 (1/4 c.)	25	4.61	0.03	0.01	0.00	0.61	1.12	0.20
Red Tomato Wedges - SR1974 (1/4 c.)	25	7.69	0.09	0.01	0.00	2.14	1.66	0.38
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	30	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ranch Dressing - SR2540 (1 packet)	45	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Ketchup - SR2542 (1 packet)	35	10.00	0.00	0.00	0.00	85.00	3.00	0.00

## Menu Calendar Nutrient Analysis Report - May, 2021

Site: ALL

Date: 05/01/2021 - 05/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>RISE G9-12 Lunch Program W1D1 Expanded - ServingDate: 05/10/2021</b>								
Mayonnaise - SR2543 (1 packet)	30	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mini Side Salad - SR2953 (1 salad)	25	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Yellow Mustard PC - SR2517 (1 packet)	35	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Buffalo Sauce - SR2613 (1 tbsp.)	15	3.39	0.09	0.02	0.00	626.53	0.48	0.17
<b>RISE G9-12 Lunch Program W1D2 Expanded - ServingDate: 05/11/2021</b>								
Cheeseburger - SR2646 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Caesar Salad - SR2679 (1 salad)	5	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Chicken Patty Sandwich - SR2645 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Deli Ham Sandwich or Wrap - SR2674 (1 sandwich o)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mac & Cheese - SR2993 (1 serving)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	20	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Cheddar Cheese Sauce - SR1293 (1/2 c.)	10	220.80	16.36	9.40	0.00	842.31	4.09	14.31
Breaded Chicken Patty - SR2186 (1 patty)	20	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Diced Chicken - SR2854 (1/2 c.)	5	96.00	2.67	0.00	0.00	74.67	0.00	16.00
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Sliced Turkey Ham - SR1287 (5 slice)	10	87.50	4.38	1.25	0.00	400.00	0.00	11.25

## Menu Calendar Nutrient Analysis Report - May, 2021

Site: ALL

Date: 05/01/2021 - 05/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>RISE G9-12 Lunch Program W1D2 Expanded - ServingDate: 05/11/2021</b>								
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	30	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Hamburger Bun - OKR1351 (1 roll.)	40	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Elbow Macaroni Pasta - SR2106 (1 c.)	10	257.77	3.27	0.15	0.00	366.14	50.40	8.40
Mini Sub Roll - SR1208 (1 roll (smal))	10	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Twisted Breadstick - SR2142 (1 breadstick)	5	172.73	3.27	0.09	0.00	190.34	28.41	6.09
Diced Peaches - SR1196 (1/2 c.)	0	77.87	0.05	0.00	0.00	7.08	20.48	1.11
Diced Peach Cups - OKR1792 (1 Container)	70	50.64	0.02	0.00	0.00	6.12	11.93	0.42
100% Apple Juice - SR2547 (4 fl oz cup)	90	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Petite Peel Baby Carrots - SR2905 (1 package (3))	0	35.00	0.00	0.00	0.00	50.00	8.00	1.00
Romaine Lettuce - SR2868 (1 c.)	20	9.64	0.17	0.02	0.00	4.54	1.33	0.70
Baby Carrots - SR1016 (1/2 c.)	75	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Red Tomato Wedges - SR1974 (1/4 c.)	20	7.69	0.09	0.01	0.00	2.14	1.66	0.38
Chocolate1% Milk - OKR1062 (8 oz.)	60	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Caesar Salad Dressing - SR1551 (1 tbsp.)	5	65.00	7.00	1.25	0.00	105.00	0.50	0.50
Creamy Caesar Dressing - SR2545 (1 packet)	0	230.00	25.00	4.00	0.00	490.00	1.00	1.00
Ranch Dressing - SR2540 (1 packet)	45	50.00	5.00	1.00	0.00	100.00	1.00	0.00

## Menu Calendar Nutrient Analysis Report - May, 2021

Site: ALL

Date: 05/01/2021 - 05/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>RISE G9-12 Lunch Program W1D2 Expanded - ServingDate: 05/11/2021</b>								
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	5	3.33	0.25	0.17	0.00	15.00	0.17	0.17
Homestyle Herb Seasoned Croutons - SR2593 (2 tbsp.)	5	30.38	1.01	0.00	0.00	86.06	5.06	1.01
Kelloggs Rice Krispies Treat Minis - SR2454 (1 Bar)	100	50.00	1.00	0.00	0.00	45.00	9.00	0.00
Ketchup - SR2542 (1 packet)	25	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	25	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mini Side Salad - SR2953 (1 salad)	20	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Yellow Mustard PC - SR2517 (1 packet)	30	4.58	0.00	0.00	0.00	77.92	0.92	0.00
<b>RISE G9-12 Lunch Program W1D3 Expanded - ServingDate: 05/12/2021</b>								
Chicken Patty Sandwich - SR2645 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Garden Salad - SR2685 (1 salad)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mini-Bento Box - SR2827 (1 Box)	10	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Popcorn Chicken - SR1413 (12 piece)	20	254.75	14.40	2.77	0.00	387.66	15.51	15.51
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
American-style Meat Combination - SR2138 (5 slice)	10	85.85	3.92	1.23	0.00	324.52	0.76	12.55
Hamburger Patty - SR1652 (1 patty)	10	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00

## Menu Calendar Nutrient Analysis Report - May, 2021

Site: ALL

Date: 05/01/2021 - 05/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>RISE G9-12 Lunch Program W1D3 Expanded - ServingDate: 05/12/2021</b>								
Breaded Chicken Patty - SR2186 (1 patty)	20	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Hard Boiled Eggs - SR1837 (1/2 egg)	5	38.75	2.65	0.82	0.00	31.00	0.28	3.15
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Shredded Cheddar Cheese - SR1537 (1/2 oz.)	5	55.00	4.50	2.50	0.00	90.00	0.00	3.00
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	5	40.50	2.53	1.52	0.00	91.12	1.01	3.04
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	10	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Hamburger Bun - OKR1351 (1 roll.)	30	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Oven Fired Flatbread - SR3003 (1 piece)	5	180.00	5.00	1.00	0.00	330.00	28.00	6.00
Oven Fired Flatbread - SR1534 (1 piece)	10	180.00	5.00	1.00	0.00	330.00	28.00	6.00
Mixed Fruit Cocktail - SR1037 (1/2 c.)	35	49.99	0.01	0.00	0.00	4.35	12.89	0.50
Fresh Oranges - SR1171 (1 small (2-3))	55	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Broccoli Florets - SR1027 (1/2 c.)	65	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Broccoli Florets - SR2904 (2 oz.)	0	16.67	0.00	0.00	0.00	16.67	2.67	2.00
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Cucumber Coins - SR1013 (1/4 c.)	5	4.61	0.03	0.01	0.00	0.61	1.12	0.20
Chilled Peas - SR2483 (1/2 c.)	25	72.76	0.38	0.06	0.00	102.06	12.87	4.93
Red Tomato Wedges - SR1974 (1/4 c.)	5	7.69	0.09	0.01	0.00	2.14	1.66	0.38
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	30	107.58	2.69	1.61	0.00	112.96	12.91	8.61



## Menu Calendar Nutrient Analysis Report - May, 2021

Site: ALL

Date: 05/01/2021 - 05/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>RISE G9-12 Lunch Program W1D3 Expanded - ServingDate: 05/12/2021</b>								
White Skim Milk - OKR1060 (8 oz.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ranch Dressing - SR2540 (1 packet)	40	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Golden Italian Dressing - SR2578 (1 packet)	5	30.00	3.00	0.00	0.00	130.00	0.00	0.00
Ketchup - SR2542 (1 packet)	25	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	25	4.58	0.00	0.00	0.00	77.92	0.92	0.00
<b>RISE G9-12 Lunch Program W1D4 Expanded - ServingDate: 05/13/2021</b>								
Beefy Macaroni - SR2994 (1 bowl)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - SR2646 (1 burger)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fruit & Yo To Go Box - SR2956 (1 Box)	10	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Mini-Bento Box - SR2827 (1 Box)	10	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	20	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Breaded Chicken Patty - SR2186 (1 patty)	20	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Beef Bolognese - SR1197 (2/3 c.)	10	185.13	8.03	3.33	0.01	630.03	13.19	13.76
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Vanilla Yogurt - SR2612 (1/2 c.)	10	112.50	0.75	0.38	0.00	60.00	23.25	3.75

## Menu Calendar Nutrient Analysis Report - May, 2021

Site: ALL

Date: 05/01/2021 - 05/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>RISE G9-12 Lunch Program W1D4 Expanded - ServingDate: 05/13/2021</b>								
Shredded Mozzarella Cheese - SR1989 (2 oz.)	5	162.00	10.12	6.08	0.00	364.49	4.05	12.15
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	20	55.69	4.56	2.53	0.00	91.12	0.00	3.04
String Cheese - SR1146 (1 stick.)	10	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Hamburger Bun - OKR1351 (1 roll.)	40	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Original Graham Crackers - SR1163 (2 pkg.)	10	180.00	5.00	0.00	0.00	200.00	34.00	4.00
Elbow Macaroni Pasta - SR2106 (1 c.)	10	257.77	3.27	0.15	0.00	366.14	50.40	8.40
Oven Fired Flatbread - SR1534 (1 piece)	10	180.00	5.00	1.00	0.00	330.00	28.00	6.00
Banana - SR1166 (1 medium (7"))	65	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Blueberries - SR2219 (1/2 c.)	15	39.41	0.00	0.00	0.00	0.98	8.87	0.00
Petite Peel Baby Carrots - SR2905 (1 package (3)	0	35.00	0.00	0.00	0.00	50.00	8.00	1.00
Baby Carrots - SR1016 (1/2 c.)	70	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Italian Roasted Chickpeas - SR2583 (1/2 c.)	20	145.65	2.86	0.06	0.00	267.06	22.57	7.48
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	30	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Chip Cookie - OKR1042 (1 cookie)	100	111.38	3.54	1.01	0.00	86.06	18.23	1.01
Ranch Dressing - SR2540 (1 packet)	40	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Ketchup - SR2542 (1 packet)	30	10.00	0.00	0.00	0.00	85.00	3.00	0.00

## Menu Calendar Nutrient Analysis Report - May, 2021

Site: ALL

Date: 05/01/2021 - 05/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>RISE G9-12 Lunch Program W1D4 Expanded - ServingDate: 05/13/2021</b>								
Mayonnaise - SR2543 (1 packet)	30	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	30	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	10	7.49	0.17	0.03	0.00	130.30	1.45	0.26
<b>RISE G9-12 Lunch Program W1D5 Expanded - ServingDate: 05/14/2021</b>								
Chicken & Waffles Stacker - SR2995 (1 serving)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Caesar Wrap - SR2951 (1 wrap)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fruit & Yo To Go Box - SR2956 (1 Box)	10	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Hamburger - SR2660 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	10	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Crispy Chicken Nuggets - SR1367 (5 nugget)	20	239.93	14.00	2.50	0.00	439.88	16.00	14.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	20	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Diced Chicken - SR2854 (1/2 c.)	5	96.00	2.67	0.00	0.00	74.67	0.00	16.00
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Sliced Deli Turkey - SR1532 (5 slice)	10	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Vanilla Yogurt - SR2612 (1/2 c.)	10	112.50	0.75	0.38	0.00	60.00	23.25	3.75

## Menu Calendar Nutrient Analysis Report - May, 2021

Site: ALL

Date: 05/01/2021 - 05/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>RISE G9-12 Lunch Program W1D5 Expanded - ServingDate: 05/14/2021</b>								
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	10	55.69	4.56	2.53	0.00	91.12	0.00	3.04
String Cheese - SR1146 (1 stick.)	10	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Hamburger Bun - OKR1351 (1 roll.)	30	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Original Graham Crackers - SR1163 (2 pkg.)	10	180.00	5.00	0.00	0.00	200.00	34.00	4.00
Flour Tortilla - SR1177 (1 tortilla)	5	180.00	4.50	1.50	0.00	250.00	29.00	5.00
Toasted Waffle - SR1038 (2 waffle)	20	210.00	7.00	1.00	0.00	350.00	33.00	4.00
Blueberries - SR2219 (1/2 c.)	10	39.41	0.00	0.00	0.00	0.98	8.87	0.00
Mixed Fruit Cocktail - SR1037 (1/2 c.)	70	49.99	0.01	0.00	0.00	4.35	12.89	0.50
California Mixed Fruit Cup - SR2867 (1 Container)	0	51.59	0.02	0.00	0.00	6.03	12.45	0.35
100% Grape Juice - SR1607 (4 fl oz cup)	90	80.00	0.00	0.00	0.00	10.00	19.00	0.00
Romaine Lettuce - SR2868 (1 c.)	20	9.64	0.17	0.02	0.00	4.54	1.33	0.70
Celery Sticks - SR1014 (6 stick.)	30	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Cucumber Coins - SR1013 (1/4 c.)	15	4.61	0.03	0.01	0.00	0.61	1.12	0.20
Red Tomato Wedges - SR1974 (1/4 c.)	15	7.69	0.09	0.01	0.00	2.14	1.66	0.38
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	30	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Caesar Salad Dressing - SR1551 (1 tbsp.)	5	65.00	7.00	1.25	0.00	105.00	0.50	0.50

## Menu Calendar Nutrient Analysis Report - May, 2021

Site: ALL

Date: 05/01/2021 - 05/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>RISE G9-12 Lunch Program W1D5 Expanded - ServingDate: 05/14/2021</b>								
Creamy Caesar Dressing - SR2545 (1 packet)	0	230.00	25.00	4.00	0.00	490.00	1.00	1.00
Ranch Dressing - SR2540 (1 packet)	40	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	5	3.33	0.25	0.17	0.00	15.00	0.17	0.17
Ketchup - SR2542 (1 packet)	20	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	20	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mini Side Salad - SR2953 (1 salad)	15	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Yellow Mustard PC - SR2517 (1 packet)	20	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	20	105.00	0.00	0.00	0.00	47.50	26.00	0.00
<b>RISE G9-12 Lunch Program W2D1 Expanded - ServingDate: 05/17/2021</b>								
Cheeseburger - SR2646 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Caesar Wrap - SR2951 (1 wrap)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Deli Ham Sandwich or Wrap - SR2674 (1 sandwich o)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sweet & Sour Chicken Rice Bowl - SR2758 (1 bowl)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheese Pizza - SR2664 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	20	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	15	400.00	16.00	7.00	0.00	440.00	43.00	19.00

## Menu Calendar Nutrient Analysis Report - May, 2021

Site: ALL

Date: 05/01/2021 - 05/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>RISE G9-12 Lunch Program W2D1 Expanded - ServingDate: 05/17/2021</b>								
Diced Chicken - SR2854 (1/2 c.)	10	96.00	2.67	0.00	0.00	74.67	0.00	16.00
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Popcorn Chicken - SR1413 (12 piece)	20	254.75	14.40	2.77	0.00	387.66	15.51	15.51
Sliced Turkey Ham - SR1287 (5 slice)	5	87.50	4.38	1.25	0.00	400.00	0.00	11.25
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	25	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Hot & Spicy Chicken Patty - SR2137 (1 patty)	20	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Hamburger Bun - OKR1351 (1 roll.)	40	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Steamed Rice - SR2109 (1 c.)	20	275.74	1.62	0.00	0.00	4.78	60.02	6.49
Mini Sub Roll - SR1208 (1 roll (smal))	5	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Flour Tortilla - SR1177 (1 tortilla)	10	180.00	4.50	1.50	0.00	250.00	29.00	5.00
Diced Bartlett Pears - SR1194 (1/2 c.)	60	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Diced Pears - SR2866 (1 Container)	0	54.44	0.02	0.00	0.00	4.54	12.94	0.27
100% Grape Juice - SR1607 (4 fl oz cup)	90	80.00	0.00	0.00	0.00	10.00	19.00	0.00
Petite Peel Baby Carrots - SR2905 (1 package (3))	0	35.00	0.00	0.00	0.00	50.00	8.00	1.00
Romaine Lettuce - SR2868 (1 c.)	20	9.64	0.17	0.02	0.00	4.54	1.33	0.70
Baby Carrots - SR1016 (1/2 c.)	65	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Red Tomato Wedges - SR1974 (1/4 c.)	20	7.69	0.09	0.01	0.00	2.14	1.66	0.38
Chocolate1% Milk - OKR1062 (8 oz.)	60	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	107.58	2.69	1.61	0.00	112.96	12.91	8.61

## Menu Calendar Nutrient Analysis Report - May, 2021

Site: ALL

Date: 05/01/2021 - 05/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>RISE G9-12 Lunch Program W2D1 Expanded - ServingDate: 05/17/2021</b>								
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Caesar Salad Dressing - SR1551 (1 tbsp.)	10	65.00	7.00	1.25	0.00	105.00	0.50	0.50
Creamy Caesar Dressing - SR2545 (1 packet)	1	230.00	25.00	4.00	0.00	490.00	1.00	1.00
Ranch Dressing - SR2540 (1 packet)	40	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	10	3.33	0.25	0.17	0.00	15.00	0.17	0.17
Ketchup - SR2542 (1 packet)	20	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mini Side Salad - SR2953 (1 salad)	1	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Yellow Mustard PC - SR2517 (1 packet)	25	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Sweet and Sour Sauce - SR2022 (1 tbsp.)	20	35.00	0.00	0.00	0.00	37.50	9.00	0.00
<b>RISE G9-12 Lunch Program W2D2 Expanded - ServingDate: 05/18/2021</b>								
Chef Salad - SR2681 (1 salad)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crispy Chicken Nuggets - SR1367 (5 nugget)	15	239.93	14.00	2.50	0.00	439.88	16.00	14.00
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Protein Power-up Box - SR2955 (1 Box)	10	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)

## Menu Calendar Nutrient Analysis Report - May, 2021

Site: ALL

Date: 05/01/2021 - 05/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>RISE G9-12 Lunch Program W2D2 Expanded - ServingDate: 05/18/2021</b>								
American-style Meat Combination - SR2138 (5 slice)	5	85.85	3.92	1.23	0.00	324.52	0.76	12.55
Hamburger Patty - SR1652 (1 patty)	10	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Sunbutter - SR2420 (2 tbsp.)	10	200.00	17.00	2.00	0.00	130.00	7.00	7.00
Shredded Cheddar Cheese - SR1537 (1/2 oz.)	5	55.00	4.50	2.50	0.00	90.00	0.00	3.00
Hard Boiled Eggs - SR1837 (1/2 egg)	15	38.75	2.65	0.82	0.00	31.00	0.28	3.15
Hamburger Bun - OKR1351 (1 roll.)	35	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Original Graham Crackers - SR1163 (2 pkg.)	10	180.00	5.00	0.00	0.00	200.00	34.00	4.00
Oven Fired Flatbread - SR3003 (1 piece)	20	180.00	5.00	1.00	0.00	330.00	28.00	6.00
Unsweetened Applesauce - SR1195 (1/2 c.)	1	53.71	0.13	0.01	0.00	2.56	14.41	0.22
Unsweetened Applesauce - SR2848 (1 Container)	75	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Banana - SR1166 (1 medium (7"))	30	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Mixed Salad Greens - SR1080 (1 c.)	20	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Cucumber Coins - SR1013 (1/4 c.)	15	4.61	0.03	0.01	0.00	0.61	1.12	0.20
Chilled Peas - SR2483 (1/2 c.)	40	72.76	0.38	0.06	0.00	102.06	12.87	4.93
Red Tomato Wedges - SR1974 (1/4 c.)	20	7.69	0.09	0.01	0.00	2.14	1.66	0.38
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00



## Menu Calendar Nutrient Analysis Report - May, 2021

Site: ALL

Date: 05/01/2021 - 05/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>RISE G9-12 Lunch Program W2D2 Expanded - ServingDate: 05/18/2021</b>								
White 1% Milk - OKR1061 (8 oz.)	30	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ranch Dressing - SR2540 (1 packet)	45	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Kelloggs Rice Krispies Treat Minis - SR2454 (1 Bar)	100	50.00	1.00	0.00	0.00	45.00	9.00	0.00
Ketchup - SR2542 (1 packet)	10	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	15	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mini Side Salad - SR2953 (1 salad)	15	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Yellow Mustard PC - SR2517 (1 packet)	10	4.58	0.00	0.00	0.00	77.92	0.92	0.00
<b>RISE G9-12 Lunch Program W2D3 Expanded - ServingDate: 05/19/2021</b>								
Buffalo Chicken Sandwich or Wrap - SR2982 (1 sandwich o)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - SR2646 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Deli Ham Sandwich or Wrap - SR2674 (1 sandwich o)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Teriyaki Rice Bowl - SR2998 (1 bowl)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	20	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00

## Menu Calendar Nutrient Analysis Report - May, 2021

Site: ALL

Date: 05/01/2021 - 05/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>RISE G9-12 Lunch Program W2D3 Expanded - ServingDate: 05/19/2021</b>								
Breaded Chicken Patty - SR2186 (1 patty)	20	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Popcorn Chicken - SR1413 (12 piece)	20	254.75	14.40	2.77	0.00	387.66	15.51	15.51
Teriyaki Beef Dippers - SR1714 (4 piece)	1	150.00	8.00	3.50	0.00	419.99	6.00	12.00
Sliced Turkey Ham - SR1287 (5 slice)	5	87.50	4.38	1.25	0.00	400.00	0.00	11.25
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	25	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Hamburger Bun - OKR1351 (1 roll.)	40	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Steamed Rice - SR2109 (1 c.)	10	275.74	1.62	0.00	0.00	4.78	60.02	6.49
Mini Sub Roll - SR1208 (1 roll (smal))	5	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Fresh Apple Slices - SR2546 (1 pkg.)	1	30.00	0.00	0.00	0.00	0.00	7.00	0.00
Small Apples - OKR1780 (1 small (2- 3))	45	77.48	0.25	0.04	0.00	1.49	20.58	0.39
Diced Peaches - SR1196 (1/2 c.)	1	77.87	0.05	0.00	0.00	7.08	20.48	1.11
Diced Peach Cups - OKR1792 (1 Container)	20	50.64	0.02	0.00	0.00	6.12	11.93	0.42
Celery Sticks - SR2917 (1 package (3))	55	15.00	0.00	0.00	0.00	70.00	3.00	1.00
Fresh Broccoli Florets - SR1027 (1/2 c.)	1	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Broccoli Florets - SR2904 (2 oz.)	15	16.67	0.00	0.00	0.00	16.67	2.67	2.00
Celery Sticks - SR1014 (6 stick.)	1	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Chocolate1% Milk - OKR1062 (8 oz.)	75	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61

## Menu Calendar Nutrient Analysis Report - May, 2021

Site: ALL

Date: 05/01/2021 - 05/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>RISE G9-12 Lunch Program W2D3 Expanded - ServingDate: 05/19/2021</b>								
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ranch Dressing - SR2540 (1 packet)	20	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Ketchup - SR2542 (1 packet)	20	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	25	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Buffalo Sauce - SR2613 (1 tbsp.)	10	3.39	0.09	0.02	0.00	626.53	0.48	0.17
Teriyaki Sauce - SR2025 (1 tbsp.)	10	45.00	0.00	0.00	0.00	145.00	11.00	0.50
<b>RISE G9-12 Lunch Program W2D4 Expanded - ServingDate: 05/20/2021</b>								
Asian Chicken Wrap - SR2986 (1 wrap)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chef Salad - SR2681 (1 salad)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Deli Turkey Sandwich or Wrap - SR2676 (1 sandwich o)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
American-style Meat Combination - SR2138 (5 slice)	5	85.85	3.92	1.23	0.00	324.52	0.76	12.55
Hamburger Patty - SR1652 (1 patty)	15	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00

## Menu Calendar Nutrient Analysis Report - May, 2021

Site: ALL

Date: 05/01/2021 - 05/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>RISE G9-12 Lunch Program W2D4 Expanded - ServingDate: 05/20/2021</b>								
Diced Chicken - SR2854 (1/2 c.)	10	96.00	2.67	0.00	0.00	74.67	0.00	16.00
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Sliced Deli Turkey - SR1532 (5 slice)	10	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Shredded Cheddar Cheese - SR1537 (1/2 oz.)	5	55.00	4.50	2.50	0.00	90.00	0.00	3.00
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	10	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Hard Boiled Eggs - SR1837 (1/2 egg)	5	38.75	2.65	0.82	0.00	31.00	0.28	3.15
Hamburger Bun - OKR1351 (1 roll.)	40	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Dinner Roll - SR1009 (1 roll.)	5	160.00	3.00	0.00	0.00	135.00	29.00	7.00
Mini Sub Roll - SR1208 (1 roll (smal))	10	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Flour Tortilla - SR1177 (1 tortilla)	10	180.00	4.50	1.50	0.00	250.00	29.00	5.00
Fresh Oranges - SR1171 (1 small (2-3))	50	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Apple Juice - SR2547 (4 fl oz cup)	90	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Romaine Lettuce - SR2868 (1 c.)	10	9.64	0.17	0.02	0.00	4.54	1.33	0.70
Mixed Salad Greens - SR1080 (1 c.)	20	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Cucumber Coins - SR1013 (1/4 c.)	20	4.61	0.03	0.01	0.00	0.61	1.12	0.20
Chilled Corn - SR1033 (1/2 c.)	30	68.89	0.57	0.09	0.00	0.85	16.41	2.17
Red Tomato Wedges - SR1974 (1/4 c.)	5	7.69	0.09	0.01	0.00	2.14	1.66	0.38
Chocolate1% Milk - OKR1062 (8 oz.)	75	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61

## Menu Calendar Nutrient Analysis Report - May, 2021

Site: ALL

Date: 05/01/2021 - 05/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>RISE G9-12 Lunch Program W2D4 Expanded - ServingDate: 05/20/2021</b>								
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Asian Sesame Dressing - SR2983 (1 tbsp.)	10	70.00	6.00	1.00	0.00	210.00	3.50	0.50
Chocolate Chip Cookie - OKR1042 (1 cookie)	100	111.38	3.54	1.01	0.00	86.06	18.23	1.01
Ranch Dressing - SR2540 (1 packet)	50	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Ketchup - SR2542 (1 packet)	15	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	10	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mini Side Salad - SR2953 (1 salad)	20	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Yellow Mustard PC - SR2517 (1 packet)	25	4.58	0.00	0.00	0.00	77.92	0.92	0.00
<b>RISE G9-12 Lunch Program W2D5 Expanded - ServingDate: 05/21/2021</b>								
Cheeseburger - SR2646 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Deli Turkey Sandwich or Wrap - SR2676 (1 sandwich o)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mini-Bento Box - SR2827 (1 Box)	5	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Pizza Burger - OKR1785 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	20	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46

## Menu Calendar Nutrient Analysis Report - May, 2021

Site: ALL

Date: 05/01/2021 - 05/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>RISE G9-12 Lunch Program W2D5 Expanded - ServingDate: 05/21/2021</b>								
Sliced Deli Turkey - SR1532 (5 slice)	5	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Shredded Mozzarella Cheese - SR1989 (1 oz.)	10	81.00	5.06	3.04	0.00	182.25	2.02	6.07
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	35	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Hot & Spicy Chicken Patty - SR2137 (1 patty)	25	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Sliced Turkey Ham - SR1287 (5 slice)	0	87.50	4.38	1.25	0.00	400.00	0.00	11.25
Hamburger Bun - OKR1351 (1 roll.)	50	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Oven Fired Flatbread - SR1534 (1 piece)	5	180.00	5.00	1.00	0.00	330.00	28.00	6.00
Mini Sub Roll - SR1208 (1 roll (smal))	10	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Mixed Fruit Cocktail - SR1037 (1/2 c.)	1	49.99	0.01	0.00	0.00	4.35	12.89	0.50
California Mixed Fruit Cup - SR2867 (1 Container)	50	51.59	0.02	0.00	0.00	6.03	12.45	0.35
100% Orange Juice - SR1295 (4 fl oz cup)	60	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Fresh Broccoli Florets - SR1027 (1/2 c.)	50	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Broccoli Florets - SR2904 (2 oz.)	0	16.67	0.00	0.00	0.00	16.67	2.67	2.00
Italian Roasted Chickpeas - SR2583 (1/2 c.)	30	145.65	2.86	0.06	0.00	267.06	22.57	7.48
Chocolate1% Milk - OKR1062 (8 oz.)	75	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ranch Dressing - SR2540 (1 packet)	50	50.00	5.00	1.00	0.00	100.00	1.00	0.00

## Menu Calendar Nutrient Analysis Report - May, 2021

Site: ALL

Date: 05/01/2021 - 05/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>RISE G9-12 Lunch Program W2D5 Expanded - ServingDate: 05/21/2021</b>								
Ketchup - SR2542 (1 packet)	50	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	10	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	35	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Sliced Pepperoni - SR1800 (3 slice)	10	23.69	2.19	0.82	0.00	78.37	0.00	1.09
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	10	7.49	0.17	0.03	0.00	130.30	1.45	0.26
<b>RISE G9-12 Lunch Program W3D1 Expanded - ServingDate: 05/24/2021</b>								
Breakfast for Lunch Platter - SR2999 (1 platter)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - SR2646 (1 burger)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Deli Ham Sandwich or Wrap - SR2674 (1 sandwich o)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fruit & Yo To Go Box - SR2956 (1 Box)	10	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	15	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	20	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Pepperoni Pizza - SR2084 (1 slice)	15	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Turkey Sausage Link - SR2332 (2 link)	15	120.00	8.00	2.00	0.00	180.00	0.00	12.00

## Menu Calendar Nutrient Analysis Report - May, 2021

Site: ALL

Date: 05/01/2021 - 05/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>RISE G9-12 Lunch Program W3D1 Expanded - ServingDate: 05/24/2021</b>								
Sliced Turkey Ham - SR1287 (5 slice)	5	87.50	4.38	1.25	0.00	400.00	0.00	11.25
Strawberry Yogurt - SR2433 (1/2 c.)	10	112.61	0.75	0.38	0.00	60.06	23.27	3.75
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	20	55.69	4.56	2.53	0.00	91.12	0.00	3.04
String Cheese - SR1146 (1 stick.)	10	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Hamburger Bun - OKR1351 (1 roll.)	35	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Original Graham Crackers - SR1163 (2 pkg.)	10	180.00	5.00	0.00	0.00	200.00	34.00	4.00
Mini Sub Roll - SR1208 (1 roll (smal))	5	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Toasted Waffle - SR1038 (2 waffle)	15	210.00	7.00	1.00	0.00	350.00	33.00	4.00
Fresh Apple Slices - SR2546 (1 pkg.)	1	30.00	0.00	0.00	0.00	0.00	7.00	0.00
Small Apples - OKR1780 (1 small (2- 3))	45	77.48	0.25	0.04	0.00	1.49	20.58	0.39
Blueberries - SR2219 (1/2 c.)	30	39.41	0.00	0.00	0.00	0.98	8.87	0.00
Celery Sticks - SR2917 (1 package (3))	40	15.00	0.00	0.00	0.00	70.00	3.00	1.00
Fresh Broccoli Florets - SR1027 (1/2 c.)	1	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Broccoli Florets - SR2904 (2 oz.)	5	16.67	0.00	0.00	0.00	16.67	2.67	2.00
Celery Sticks - SR1014 (6 stick.)	1	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Chocolate1% Milk - OKR1062 (8 oz.)	75	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Breakfast Syrup Cup - SR2498 (1 Container)	15	110.00	0.00	0.00	0.00(M)	20.00	29.00	0.00



## Menu Calendar Nutrient Analysis Report - May, 2021

Site: ALL

Date: 05/01/2021 - 05/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>RISE G9-12 Lunch Program W3D1 Expanded - ServingDate: 05/24/2021</b>								
Ranch Dressing - SR2540 (1 packet)	20	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Ketchup - SR2542 (1 packet)	15	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	5	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	20	4.58	0.00	0.00	0.00	77.92	0.92	0.00
<b>RISE G9-12 Lunch Program W3D2 Expanded - ServingDate: 05/25/2021</b>								
Cheeseburger - SR2646 (1 burger)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Caesar Salad - SR2679 (1 salad)	5	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fiesta Rice Bowl - SR3000 (1 bowl)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Deli Turkey Sandwich or Wrap - SR2676 (1 sandwich o)	10	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheese Pizza - SR2664 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza - SR2991 (1 slice)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	10	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Pinto Beans - SR2046 (1 #10 scoop)	10	90.07	0.00	0.00	0.00	126.10	16.21	5.40
Cheese Pizza - SR2081 (1 slice)	20	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Diced Chicken - SR2854 (1/2 c.)	5	96.00	2.67	0.00	0.00	74.67	0.00	16.00
Pepperoni Pizza - SR2084 (1 slice)	20	431.59	18.92	8.09	0.00	544.49	43.00	20.46
Sliced Deli Turkey - SR1532 (5 slice)	10	87.50	3.75	1.25	0.00	287.50	1.25	13.75

## Menu Calendar Nutrient Analysis Report - May, 2021

Site: ALL

Date: 05/01/2021 - 05/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>RISE G9-12 Lunch Program W3D2 Expanded - ServingDate: 05/25/2021</b>								
Shredded Cheddar Cheese - SR1537 (1/2 oz.)	10	55.00	4.50	2.50	0.00	90.00	0.00	3.00
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Cheddar Cheese Slice - SR2132 (1/2 oz.)	10	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Hamburger Bun - OKR1351 (1 roll.)	35	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Cilantro Lime Rice - SR2167 (1 c.)	10	232.14	4.40	0.25	0.00	277.44	44.80	4.90
Oven Fired Flatbread - SR1534 (1 piece)	5	180.00	5.00	1.00	0.00	330.00	28.00	6.00
Mini Sub Roll - SR1208 (1 roll (smal))	10	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Mixed Fruit Cocktail - SR1037 (1/2 c.)	1	49.99	0.01	0.00	0.00	4.35	12.89	0.50
California Mixed Fruit Cup - SR2867 (1 Container)	75	51.59	0.02	0.00	0.00	6.03	12.45	0.35
100% Orange Juice - SR1295 (4 fl oz cup)	75	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Romaine Lettuce - SR2868 (1 c.)	20	9.64	0.17	0.02	0.00	4.54	1.33	0.70
Celery Sticks - SR1014 (6 stick.)	0	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Homemade Black Bean & Corn Salsa - SR1279 (1/2 c.)	15	75.36	0.22	0.04	0.00	231.32	15.48	3.60
Red Tomato Wedges - SR1974 (1/4 c.)	20	7.69	0.09	0.01	0.00	2.14	1.66	0.38
Chocolate1% Milk - OKR1062 (8 oz.)	75	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Caesar Salad Dressing - SR1551 (1 tbsp.)	5	65.00	7.00	1.25	0.00	105.00	0.50	0.50
Creamy Caesar Dressing - SR2545 (1 packet)	1	230.00	25.00	4.00	0.00	490.00	1.00	1.00

## Menu Calendar Nutrient Analysis Report - May, 2021

Site: ALL

Date: 05/01/2021 - 05/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>RISE G9-12 Lunch Program W3D2 Expanded - ServingDate: 05/25/2021</b>								
Ranch Dressing - SR2540 (1 packet)	50	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	5	3.33	0.25	0.17	0.00	15.00	0.17	0.17
Homestyle Herb Seasoned Croutons - SR2593 (2 tbsp.)	5	30.38	1.01	0.00	0.00	86.06	5.06	1.01
Kelloggs Rice Krispies Treat Minis - SR2454 (1 Bar)	100	50.00	1.00	0.00	0.00	45.00	9.00	0.00
Ketchup - SR2542 (1 packet)	50	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	10	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Mini Side Salad - SR2953 (1 salad)	1	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Yellow Mustard PC - SR2517 (1 packet)	20	4.58	0.00	0.00	0.00	77.92	0.92	0.00

**Legend**

(M) - Missing Nutrient Values

**Report Selections**

Meal Type: Lunch

Site Group: Taste4

Menu Line: RISE - Hot &amp; Fast Takes

Serving Group: 9-12

Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.