

Menu Calendar Nutrient Analysis Report - March, 2020

Site: Guthrie High School
 Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 Deli - Caribbean - Week 4 (tier I) 100% whole grain - ServingDate: 03/02/2020								
Built-to-Order Deli - SR2089 (1 serving)	1	0.00	0.00	0.00	0.00	0.00	0.00	0.00
American-style Meat Combination - SR2138 (5 slice)	20	85.85	3.92	1.23	0.00	324.52	0.76	12.55
American-style Meat Combination - SR2146 (6 slice)	1	107.69	5.00	1.54	0.00	423.07	0.77	15.38
Classic Hummus - SR2044 (1/2 c.)	5	261.52	19.97	3.14	0.00	518.50	14.93	7.07
Peach BBQ Chicken, Koch diced - SR2412 (1/3 c.)	10	140.77	1.96	0.78	0.00	645.26	11.33	19.63
Sliced Deli Turkey - SR2144 (5 slice)	40	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Sliced Deli Turkey - SR1532 (6 slice)	2	105.00	4.50	1.50	0.00	344.99	1.50	16.50
Sliced Turkey Ham - SR2145 (5 slice)	20	87.50	4.38	1.25	0.00	399.99	0.00	11.25
Sliced Turkey Ham - SR1287 (6 slice)	2	105.00	5.25	1.50	0.00	479.99	0.00	13.50
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	5	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	50	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Pepper Jack Cheese Slice - SR2133 (1/2 oz.)	35	50.00	4.00	2.50	0.00	85.00	0.50	3.50
Jalapeno Cheese Sub Roll - SR1286 (1 roll (smal))	40	166.67	3.42	0.25	0.00	311.28	29.17	6.50
Mini Sub Roll - SR1208 (1 roll (smal))	50	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Flour Tortilla - SR1177 (1 tortilla)	10	180.00	4.50	0.50	0.00	230.00	29.00	5.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Peach Slaw - SR1782 (1/4 c.)	10	30.58	2.36	0.17	0.00	43.29	2.62	0.34
Sliced Pepperoni - SR1800 (4 slice)	10	31.59	2.92	1.09	0.00	104.49	0.00	1.46

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 Deli - Caribbean - Week 4 (tier I) 100% whole grain - ServingDate: 03/03/2020								
Built-to-Order Deli - SR2089 (1 serving)	1	0.00	0.00	0.00	0.00	0.00	0.00	0.00
American-style Meat Combination - SR2138 (5 slice)	20	85.85	3.92	1.23	0.00	324.52	0.76	12.55
American-style Meat Combination - SR2146 (6 slice)	1	107.69	5.00	1.54	0.00	423.07	0.77	15.38
Classic Hummus - SR2044 (1/2 c.)	5	261.52	19.97	3.14	0.00	518.50	14.93	7.07
Peach BBQ Chicken, Koch diced - SR2412 (1/3 c.)	10	140.77	1.96	0.78	0.00	645.26	11.33	19.63
Sliced Deli Turkey - SR2144 (5 slice)	40	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Sliced Deli Turkey - SR1532 (6 slice)	2	105.00	4.50	1.50	0.00	344.99	1.50	16.50
Sliced Turkey Ham - SR2145 (5 slice)	20	87.50	4.38	1.25	0.00	399.99	0.00	11.25
Sliced Turkey Ham - SR1287 (6 slice)	2	105.00	5.25	1.50	0.00	479.99	0.00	13.50
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	5	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	50	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Pepper Jack Cheese Slice - SR2133 (1/2 oz.)	35	50.00	4.00	2.50	0.00	85.00	0.50	3.50
Jalapeno Cheese Sub Roll - SR1286 (1 roll (smal))	40	166.67	3.42	0.25	0.00	311.28	29.17	6.50
Mini Sub Roll - SR1208 (1 roll (smal))	50	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Flour Tortilla - SR1177 (1 tortilla)	10	180.00	4.50	0.50	0.00	230.00	29.00	5.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Peach Slaw - SR1782 (1/4 c.)	10	30.58	2.36	0.17	0.00	43.29	2.62	0.34
Sliced Pepperoni - SR1800 (4 slice)	10	31.59	2.92	1.09	0.00	104.49	0.00	1.46

Menu Calendar Nutrient Analysis Report - March, 2020

Site: Guthrie High School

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 Deli - Caribbean - Week 4 (tier I) 100% whole grain - ServingDate: 03/04/2020								
Built-to-Order Deli - SR2089 (1 serving)	1	0.00	0.00	0.00	0.00	0.00	0.00	0.00
American-style Meat Combination - SR2138 (5 slice)	20	85.85	3.92	1.23	0.00	324.52	0.76	12.55
American-style Meat Combination - SR2146 (6 slice)	1	107.69	5.00	1.54	0.00	423.07	0.77	15.38
Classic Hummus - SR2044 (1/2 c.)	5	261.52	19.97	3.14	0.00	518.50	14.93	7.07
Peach BBQ Chicken, Koch diced - SR2412 (1/3 c.)	10	140.77	1.96	0.78	0.00	645.26	11.33	19.63
Sliced Deli Turkey - SR2144 (5 slice)	40	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Sliced Deli Turkey - SR1532 (6 slice)	2	105.00	4.50	1.50	0.00	344.99	1.50	16.50
Sliced Turkey Ham - SR2145 (5 slice)	20	87.50	4.38	1.25	0.00	399.99	0.00	11.25
Sliced Turkey Ham - SR1287 (6 slice)	2	105.00	5.25	1.50	0.00	479.99	0.00	13.50
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	5	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	50	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Pepper Jack Cheese Slice - SR2133 (1/2 oz.)	35	50.00	4.00	2.50	0.00	85.00	0.50	3.50
Jalapeno Cheese Sub Roll - SR1286 (1 roll (smal))	40	166.67	3.42	0.25	0.00	311.28	29.17	6.50
Mini Sub Roll - SR1208 (1 roll (smal))	50	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Flour Tortilla - SR1177 (1 tortilla)	10	180.00	4.50	0.50	0.00	230.00	29.00	5.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Peach Slaw - SR1782 (1/4 c.)	10	30.58	2.36	0.17	0.00	43.29	2.62	0.34
Sliced Pepperoni - SR1800 (4 slice)	10	31.59	2.92	1.09	0.00	104.49	0.00	1.46

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 Deli - Caribbean - Week 4 (tier I) 100% whole grain - ServingDate: 03/05/2020								
Built-to-Order Deli - SR2089 (1 serving)	1	0.00	0.00	0.00	0.00	0.00	0.00	0.00
American-style Meat Combination - SR2138 (5 slice)	20	85.85	3.92	1.23	0.00	324.52	0.76	12.55
American-style Meat Combination - SR2146 (6 slice)	1	107.69	5.00	1.54	0.00	423.07	0.77	15.38
Classic Hummus - SR2044 (1/2 c.)	5	261.52	19.97	3.14	0.00	518.50	14.93	7.07
Peach BBQ Chicken, Koch diced - SR2412 (1/3 c.)	10	140.77	1.96	0.78	0.00	645.26	11.33	19.63
Sliced Deli Turkey - SR2144 (5 slice)	40	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Sliced Deli Turkey - SR1532 (6 slice)	2	105.00	4.50	1.50	0.00	344.99	1.50	16.50
Sliced Turkey Ham - SR2145 (5 slice)	20	87.50	4.38	1.25	0.00	399.99	0.00	11.25
Sliced Turkey Ham - SR1287 (6 slice)	2	105.00	5.25	1.50	0.00	479.99	0.00	13.50
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	5	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	50	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Pepper Jack Cheese Slice - SR2133 (1/2 oz.)	35	50.00	4.00	2.50	0.00	85.00	0.50	3.50
Jalapeno Cheese Sub Roll - SR1286 (1 roll (smal))	40	166.67	3.42	0.25	0.00	311.28	29.17	6.50
Mini Sub Roll - SR1208 (1 roll (smal))	50	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Flour Tortilla - SR1177 (1 tortilla)	10	180.00	4.50	0.50	0.00	230.00	29.00	5.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Peach Slaw - SR1782 (1/4 c.)	10	30.58	2.36	0.17	0.00	43.29	2.62	0.34
Sliced Pepperoni - SR1800 (4 slice)	10	31.59	2.92	1.09	0.00	104.49	0.00	1.46

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 Deli - Caribbean - Week 4 (tier I) 100% whole grain - ServingDate: 03/06/2020								
Built-to-Order Deli - SR2089 (1 serving)	1	0.00	0.00	0.00	0.00	0.00	0.00	0.00
American-style Meat Combination - SR2138 (5 slice)	20	85.85	3.92	1.23	0.00	324.52	0.76	12.55
American-style Meat Combination - SR2146 (6 slice)	1	107.69	5.00	1.54	0.00	423.07	0.77	15.38
Classic Hummus - SR2044 (1/2 c.)	5	261.52	19.97	3.14	0.00	518.50	14.93	7.07
Peach BBQ Chicken, Koch diced - SR2412 (1/3 c.)	10	140.77	1.96	0.78	0.00	645.26	11.33	19.63
Sliced Deli Turkey - SR2144 (5 slice)	40	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Sliced Deli Turkey - SR1532 (6 slice)	2	105.00	4.50	1.50	0.00	344.99	1.50	16.50
Sliced Turkey Ham - SR2145 (5 slice)	20	87.50	4.38	1.25	0.00	399.99	0.00	11.25
Sliced Turkey Ham - SR1287 (6 slice)	2	105.00	5.25	1.50	0.00	479.99	0.00	13.50
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	5	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	50	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Pepper Jack Cheese Slice - SR2133 (1/2 oz.)	35	50.00	4.00	2.50	0.00	85.00	0.50	3.50
Jalapeno Cheese Sub Roll - SR1286 (1 roll (smal))	40	166.67	3.42	0.25	0.00	311.28	29.17	6.50
Mini Sub Roll - SR1208 (1 roll (smal))	50	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Flour Tortilla - SR1177 (1 tortilla)	10	180.00	4.50	0.50	0.00	230.00	29.00	5.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Peach Slaw - SR1782 (1/4 c.)	10	30.58	2.36	0.17	0.00	43.29	2.62	0.34
Sliced Pepperoni - SR1800 (4 slice)	10	31.59	2.92	1.09	0.00	104.49	0.00	1.46

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 Deli - Mexico - Week 1 (tier I) 100% whole grain - ServingDate: 03/09/2020								
Built-to-Order Deli - SR2089 (1 serving)	1	0.00	0.00	0.00	0.00	0.00	0.00	0.00
American-style Meat Combination - SR2138 (5 slice)	20	85.85	3.92	1.23	0.00	324.52	0.76	12.55
American-style Meat Combination - SR2146 (6 slice)	0	107.69	5.00	1.54	0.00	423.07	0.77	15.38
Fajita Chicken - SR1524 (2/3 c.)	10	121.50	5.06	1.52	0.00	587.24	1.01	16.20
Classic Hummus - SR2044 (1/2 c.)	5	261.52	19.97	3.14	0.00	518.50	14.93	7.07
Sliced Deli Turkey - SR2144 (5 slice)	0	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Sliced Deli Turkey - SR1532 (6 slice)	50	105.00	4.50	1.50	0.00	344.99	1.50	16.50
Sliced Turkey Ham - SR2145 (5 slice)	0	87.50	4.38	1.25	0.00	399.99	0.00	11.25
Sliced Turkey Ham - SR1287 (6 slice)	15	105.00	5.25	1.50	0.00	479.99	0.00	13.50
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	5	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	60	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Pepper Jack Cheese Slice - SR2133 (1/2 oz.)	35	50.00	4.00	2.50	0.00	85.00	0.50	3.50
Jalapeno Cheese Sub Roll - SR1286 (1 roll (smal))	40	166.67	3.42	0.25	0.00	311.28	29.17	6.50
Mini Sub Roll - SR1208 (1 roll (smal))	50	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Flour Tortilla - SR1177 (1 tortilla)	10	180.00	4.50	0.50	0.00	230.00	29.00	5.00
Variety of Fruits - SR1978 (1 serving)	80	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Variety of Vegetables - SR1977 (1 serving)	40	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sliced Pepperoni - SR1800 (4 slice)	10	31.59	2.92	1.09	0.00	104.49	0.00	1.46

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 Deli - Mexico - Week 1 (tier I) 100% whole grain - ServingDate: 03/09/2020								
Roasted Southwest Vegetable Blend - SR1525 (2 tbsp.)	10	17.36	1.04	0.09	0.00	1.07	2.05	0.30
SY 19-20 Deli - Mexico - Week 1 (tier I) 100% whole grain - ServingDate: 03/10/2020								
Built-to-Order Deli - SR2089 (1 serving)	1	0.00	0.00	0.00	0.00	0.00	0.00	0.00
American-style Meat Combination - SR2138 (5 slice)	20	85.85	3.92	1.23	0.00	324.52	0.76	12.55
American-style Meat Combination - SR2146 (6 slice)	0	107.69	5.00	1.54	0.00	423.07	0.77	15.38
Fajita Chicken - SR1524 (2/3 c.)	10	121.50	5.06	1.52	0.00	587.24	1.01	16.20
Classic Hummus - SR2044 (1/2 c.)	5	261.52	19.97	3.14	0.00	518.50	14.93	7.07
Sliced Deli Turkey - SR2144 (5 slice)	0	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Sliced Deli Turkey - SR1532 (6 slice)	50	105.00	4.50	1.50	0.00	344.99	1.50	16.50
Sliced Turkey Ham - SR2145 (5 slice)	0	87.50	4.38	1.25	0.00	399.99	0.00	11.25
Sliced Turkey Ham - SR1287 (6 slice)	15	105.00	5.25	1.50	0.00	479.99	0.00	13.50
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	5	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	60	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Pepper Jack Cheese Slice - SR2133 (1/2 oz.)	35	50.00	4.00	2.50	0.00	85.00	0.50	3.50
Jalapeno Cheese Sub Roll - SR1286 (1 roll (smal))	40	166.67	3.42	0.25	0.00	311.28	29.17	6.50
Mini Sub Roll - SR1208 (1 roll (smal))	50	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Flour Tortilla - SR1177 (1 tortilla)	10	180.00	4.50	0.50	0.00	230.00	29.00	5.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 Deli - Mexico - Week 1 (tier I) 100% whole grain - ServingDate: 03/10/2020								
Variety of Fruits - SR1978 (1 serving)	80	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Variety of Vegetables - SR1977 (1 serving)	40	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sliced Pepperoni - SR1800 (4 slice)	10	31.59	2.92	1.09	0.00	104.49	0.00	1.46
Roasted Southwest Vegetable Blend - SR1525 (2 tbsp.)	10	17.36	1.04	0.09	0.00	1.07	2.05	0.30
SY 19-20 Deli - Mexico - Week 1 (tier I) 100% whole grain - ServingDate: 03/11/2020								
Built-to-Order Deli - SR2089 (1 serving)	1	0.00	0.00	0.00	0.00	0.00	0.00	0.00
American-style Meat Combination - SR2138 (5 slice)	20	85.85	3.92	1.23	0.00	324.52	0.76	12.55
American-style Meat Combination - SR2146 (6 slice)	0	107.69	5.00	1.54	0.00	423.07	0.77	15.38
Fajita Chicken - SR1524 (2/3 c.)	10	121.50	5.06	1.52	0.00	587.24	1.01	16.20
Classic Hummus - SR2044 (1/2 c.)	5	261.52	19.97	3.14	0.00	518.50	14.93	7.07
Sliced Deli Turkey - SR2144 (5 slice)	0	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Sliced Deli Turkey - SR1532 (6 slice)	50	105.00	4.50	1.50	0.00	344.99	1.50	16.50
Sliced Turkey Ham - SR2145 (5 slice)	0	87.50	4.38	1.25	0.00	399.99	0.00	11.25
Sliced Turkey Ham - SR1287 (6 slice)	15	105.00	5.25	1.50	0.00	479.99	0.00	13.50
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	5	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	60	55.69	4.56	2.53	0.00	91.12	0.00	3.04

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 Deli - Mexico - Week 1 (tier I) 100% whole grain - ServingDate: 03/11/2020								
Pepper Jack Cheese Slice - SR2133 (1/2 oz.)	35	50.00	4.00	2.50	0.00	85.00	0.50	3.50
Jalapeno Cheese Sub Roll - SR1286 (1 roll (smal))	40	166.67	3.42	0.25	0.00	311.28	29.17	6.50
Mini Sub Roll - SR1208 (1 roll (smal))	50	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Flour Tortilla - SR1177 (1 tortilla)	10	180.00	4.50	0.50	0.00	230.00	29.00	5.00
Variety of Fruits - SR1978 (1 serving)	80	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Variety of Vegetables - SR1977 (1 serving)	40	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sliced Pepperoni - SR1800 (4 slice)	10	31.59	2.92	1.09	0.00	104.49	0.00	1.46
Roasted Southwest Vegetable Blend - SR1525 (2 tbsp.)	10	17.36	1.04	0.09	0.00	1.07	2.05	0.30
SY 19-20 Deli - Mexico - Week 1 (tier I) 100% whole grain - ServingDate: 03/12/2020								
Built-to-Order Deli - SR2089 (1 serving)	1	0.00	0.00	0.00	0.00	0.00	0.00	0.00
American-style Meat Combination - SR2138 (5 slice)	20	85.85	3.92	1.23	0.00	324.52	0.76	12.55
American-style Meat Combination - SR2146 (6 slice)	0	107.69	5.00	1.54	0.00	423.07	0.77	15.38
Fajita Chicken - SR1524 (2/3 c.)	10	121.50	5.06	1.52	0.00	587.24	1.01	16.20
Classic Hummus - SR2044 (1/2 c.)	5	261.52	19.97	3.14	0.00	518.50	14.93	7.07
Sliced Deli Turkey - SR2144 (5 slice)	0	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Sliced Deli Turkey - SR1532 (6 slice)	50	105.00	4.50	1.50	0.00	344.99	1.50	16.50

Menu Calendar Nutrient Analysis Report - March, 2020

Site: Guthrie High School

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 Deli - Mexico - Week 1 (tier I) 100% whole grain - ServingDate: 03/12/2020								
Sliced Turkey Ham - SR2145 (5 slice)	0	87.50	4.38	1.25	0.00	399.99	0.00	11.25
Sliced Turkey Ham - SR1287 (6 slice)	15	105.00	5.25	1.50	0.00	479.99	0.00	13.50
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	5	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	60	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Pepper Jack Cheese Slice - SR2133 (1/2 oz.)	35	50.00	4.00	2.50	0.00	85.00	0.50	3.50
Jalapeno Cheese Sub Roll - SR1286 (1 roll (smal)	40	166.67	3.42	0.25	0.00	311.28	29.17	6.50
Mini Sub Roll - SR1208 (1 roll (smal)	50	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Flour Tortilla - SR1177 (1 tortilla)	10	180.00	4.50	0.50	0.00	230.00	29.00	5.00
Variety of Fruits - SR1978 (1 serving)	80	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Variety of Vegetables - SR1977 (1 serving)	40	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sliced Pepperoni - SR1800 (4 slice)	10	31.59	2.92	1.09	0.00	104.49	0.00	1.46
Roasted Southwest Vegetable Blend - SR1525 (2 tbsp.)	10	17.36	1.04	0.09	0.00	1.07	2.05	0.30
SY 19-20 Deli - Mexico - Week 1 (tier I) 100% whole grain - ServingDate: 03/13/2020								
Built-to-Order Deli - SR2089 (1 serving)	1	0.00	0.00	0.00	0.00	0.00	0.00	0.00
American-style Meat Combination - SR2138 (5 slice)	20	85.85	3.92	1.23	0.00	324.52	0.76	12.55
American-style Meat Combination - SR2146 (6 slice)	0	107.69	5.00	1.54	0.00	423.07	0.77	15.38

Menu Calendar Nutrient Analysis Report - March, 2020

Site: Guthrie High School
 Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 Deli - Mexico - Week 1 (tier I) 100% whole grain - ServingDate: 03/13/2020								
Fajita Chicken - SR1524 (2/3 c.)	10	121.50	5.06	1.52	0.00	587.24	1.01	16.20
Classic Hummus - SR2044 (1/2 c.)	5	261.52	19.97	3.14	0.00	518.50	14.93	7.07
Sliced Deli Turkey - SR2144 (5 slice)	0	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Sliced Deli Turkey - SR1532 (6 slice)	50	105.00	4.50	1.50	0.00	344.99	1.50	16.50
Sliced Turkey Ham - SR2145 (5 slice)	0	87.50	4.38	1.25	0.00	399.99	0.00	11.25
Sliced Turkey Ham - SR1287 (6 slice)	15	105.00	5.25	1.50	0.00	479.99	0.00	13.50
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	5	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	60	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Pepper Jack Cheese Slice - SR2133 (1/2 oz.)	35	50.00	4.00	2.50	0.00	85.00	0.50	3.50
Jalapeno Cheese Sub Roll - SR1286 (1 roll (smal))	40	166.67	3.42	0.25	0.00	311.28	29.17	6.50
Mini Sub Roll - SR1208 (1 roll (smal))	50	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Flour Tortilla - SR1177 (1 tortilla)	10	180.00	4.50	0.50	0.00	230.00	29.00	5.00
Variety of Fruits - SR1978 (1 serving)	80	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Variety of Vegetables - SR1977 (1 serving)	40	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sliced Pepperoni - SR1800 (4 slice)	10	31.59	2.92	1.09	0.00	104.49	0.00	1.46
Roasted Southwest Vegetable Blend - SR1525 (2 tbsp.)	10	17.36	1.04	0.09	0.00	1.07	2.05	0.30

Menu Calendar Nutrient Analysis Report - March, 2020

Site: Guthrie High School

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 Deli - Mexico - Week 1 (tier 1) 100% whole grain - ServingDate: 03/23/2020								
Built-to-Order Deli - SR2089 (1 serving)	1	0.00	0.00	0.00	0.00	0.00	0.00	0.00
American-style Meat Combination - SR2138 (5 slice)	20	85.85	3.92	1.23	0.00	324.52	0.76	12.55
American-style Meat Combination - SR2146 (6 slice)	0	107.69	5.00	1.54	0.00	423.07	0.77	15.38
Fajita Chicken - SR1524 (2/3 c.)	10	121.50	5.06	1.52	0.00	587.24	1.01	16.20
Classic Hummus - SR2044 (1/2 c.)	5	261.52	19.97	3.14	0.00	518.50	14.93	7.07
Sliced Deli Turkey - SR2144 (5 slice)	0	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Sliced Deli Turkey - SR1532 (6 slice)	50	105.00	4.50	1.50	0.00	344.99	1.50	16.50
Sliced Turkey Ham - SR2145 (5 slice)	0	87.50	4.38	1.25	0.00	399.99	0.00	11.25
Sliced Turkey Ham - SR1287 (6 slice)	15	105.00	5.25	1.50	0.00	479.99	0.00	13.50
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	5	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	60	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Pepper Jack Cheese Slice - SR2133 (1/2 oz.)	35	50.00	4.00	2.50	0.00	85.00	0.50	3.50
Jalapeno Cheese Sub Roll - SR1286 (1 roll (smal))	40	166.67	3.42	0.25	0.00	311.28	29.17	6.50
Mini Sub Roll - SR1208 (1 roll (smal))	50	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Flour Tortilla - SR1177 (1 tortilla)	10	180.00	4.50	0.50	0.00	230.00	29.00	5.00
Variety of Fruits - SR1978 (1 serving)	80	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Variety of Vegetables - SR1977 (1 serving)	40	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sliced Pepperoni - SR1800 (4 slice)	10	31.59	2.92	1.09	0.00	104.49	0.00	1.46

Menu Calendar Nutrient Analysis Report - March, 2020

Site: Guthrie High School

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 Deli - Mexico - Week 1 (tier I) 100% whole grain - ServingDate: 03/23/2020								
Roasted Southwest Vegetable Blend - SR1525 (2 tbsp.)	10	17.36	1.04	0.09	0.00	1.07	2.05	0.30
SY 19-20 Deli - Mexico - Week 1 (tier I) 100% whole grain - ServingDate: 03/24/2020								
Built-to-Order Deli - SR2089 (1 serving)	1	0.00	0.00	0.00	0.00	0.00	0.00	0.00
American-style Meat Combination - SR2138 (5 slice)	20	85.85	3.92	1.23	0.00	324.52	0.76	12.55
American-style Meat Combination - SR2146 (6 slice)	0	107.69	5.00	1.54	0.00	423.07	0.77	15.38
Fajita Chicken - SR1524 (2/3 c.)	10	121.50	5.06	1.52	0.00	587.24	1.01	16.20
Classic Hummus - SR2044 (1/2 c.)	5	261.52	19.97	3.14	0.00	518.50	14.93	7.07
Sliced Deli Turkey - SR2144 (5 slice)	0	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Sliced Deli Turkey - SR1532 (6 slice)	50	105.00	4.50	1.50	0.00	344.99	1.50	16.50
Sliced Turkey Ham - SR2145 (5 slice)	0	87.50	4.38	1.25	0.00	399.99	0.00	11.25
Sliced Turkey Ham - SR1287 (6 slice)	15	105.00	5.25	1.50	0.00	479.99	0.00	13.50
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	5	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	60	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Pepper Jack Cheese Slice - SR2133 (1/2 oz.)	35	50.00	4.00	2.50	0.00	85.00	0.50	3.50
Jalapeno Cheese Sub Roll - SR1286 (1 roll (smal))	40	166.67	3.42	0.25	0.00	311.28	29.17	6.50
Mini Sub Roll - SR1208 (1 roll (smal))	50	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Flour Tortilla - SR1177 (1 tortilla)	10	180.00	4.50	0.50	0.00	230.00	29.00	5.00

Menu Calendar Nutrient Analysis Report - March, 2020

Site: Guthrie High School
Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 Deli - Mexico - Week 1 (tier I) 100% whole grain - ServingDate: 03/24/2020								
Variety of Fruits - SR1978 (1 serving)	80	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Variety of Vegetables - SR1977 (1 serving)	40	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sliced Pepperoni - SR1800 (4 slice)	10	31.59	2.92	1.09	0.00	104.49	0.00	1.46
Roasted Southwest Vegetable Blend - SR1525 (2 tbsp.)	10	17.36	1.04	0.09	0.00	1.07	2.05	0.30
SY 19-20 Deli - Mexico - Week 1 (tier I) 100% whole grain - ServingDate: 03/25/2020								
Built-to-Order Deli - SR2089 (1 serving)	1	0.00	0.00	0.00	0.00	0.00	0.00	0.00
American-style Meat Combination - SR2138 (5 slice)	20	85.85	3.92	1.23	0.00	324.52	0.76	12.55
American-style Meat Combination - SR2146 (6 slice)	0	107.69	5.00	1.54	0.00	423.07	0.77	15.38
Fajita Chicken - SR1524 (2/3 c.)	10	121.50	5.06	1.52	0.00	587.24	1.01	16.20
Classic Hummus - SR2044 (1/2 c.)	5	261.52	19.97	3.14	0.00	518.50	14.93	7.07
Sliced Deli Turkey - SR2144 (5 slice)	0	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Sliced Deli Turkey - SR1532 (6 slice)	50	105.00	4.50	1.50	0.00	344.99	1.50	16.50
Sliced Turkey Ham - SR2145 (5 slice)	0	87.50	4.38	1.25	0.00	399.99	0.00	11.25
Sliced Turkey Ham - SR1287 (6 slice)	15	105.00	5.25	1.50	0.00	479.99	0.00	13.50
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	5	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	60	55.69	4.56	2.53	0.00	91.12	0.00	3.04

Menu Calendar Nutrient Analysis Report - March, 2020

Site: Guthrie High School
Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 Deli - Mexico - Week 1 (tier I) 100% whole grain - ServingDate: 03/25/2020								
Pepper Jack Cheese Slice - SR2133 (1/2 oz.)	35	50.00	4.00	2.50	0.00	85.00	0.50	3.50
Jalapeno Cheese Sub Roll - SR1286 (1 roll (smal))	40	166.67	3.42	0.25	0.00	311.28	29.17	6.50
Mini Sub Roll - SR1208 (1 roll (smal))	50	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Flour Tortilla - SR1177 (1 tortilla)	10	180.00	4.50	0.50	0.00	230.00	29.00	5.00
Variety of Fruits - SR1978 (1 serving)	80	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Variety of Vegetables - SR1977 (1 serving)	40	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sliced Pepperoni - SR1800 (4 slice)	10	31.59	2.92	1.09	0.00	104.49	0.00	1.46
Roasted Southwest Vegetable Blend - SR1525 (2 tbsp.)	10	17.36	1.04	0.09	0.00	1.07	2.05	0.30
SY 19-20 Deli - Mexico - Week 1 (tier I) 100% whole grain - ServingDate: 03/26/2020								
Built-to-Order Deli - SR2089 (1 serving)	1	0.00	0.00	0.00	0.00	0.00	0.00	0.00
American-style Meat Combination - SR2138 (5 slice)	20	85.85	3.92	1.23	0.00	324.52	0.76	12.55
American-style Meat Combination - SR2146 (6 slice)	0	107.69	5.00	1.54	0.00	423.07	0.77	15.38
Fajita Chicken - SR1524 (2/3 c.)	10	121.50	5.06	1.52	0.00	587.24	1.01	16.20
Classic Hummus - SR2044 (1/2 c.)	5	261.52	19.97	3.14	0.00	518.50	14.93	7.07
Sliced Deli Turkey - SR2144 (5 slice)	0	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Sliced Deli Turkey - SR1532 (6 slice)	50	105.00	4.50	1.50	0.00	344.99	1.50	16.50

Menu Calendar Nutrient Analysis Report - March, 2020

Site: Guthrie High School

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 Deli - Mexico - Week 1 (tier I) 100% whole grain - ServingDate: 03/26/2020								
Sliced Turkey Ham - SR2145 (5 slice)	0	87.50	4.38	1.25	0.00	399.99	0.00	11.25
Sliced Turkey Ham - SR1287 (6 slice)	15	105.00	5.25	1.50	0.00	479.99	0.00	13.50
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	5	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	60	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Pepper Jack Cheese Slice - SR2133 (1/2 oz.)	35	50.00	4.00	2.50	0.00	85.00	0.50	3.50
Jalapeno Cheese Sub Roll - SR1286 (1 roll (smal)	40	166.67	3.42	0.25	0.00	311.28	29.17	6.50
Mini Sub Roll - SR1208 (1 roll (smal)	50	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Flour Tortilla - SR1177 (1 tortilla)	10	180.00	4.50	0.50	0.00	230.00	29.00	5.00
Variety of Fruits - SR1978 (1 serving)	80	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Variety of Vegetables - SR1977 (1 serving)	40	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sliced Pepperoni - SR1800 (4 slice)	10	31.59	2.92	1.09	0.00	104.49	0.00	1.46
Roasted Southwest Vegetable Blend - SR1525 (2 tbsp.)	10	17.36	1.04	0.09	0.00	1.07	2.05	0.30
SY 19-20 Deli - Mexico - Week 1 (tier I) 100% whole grain - ServingDate: 03/27/2020								
Built-to-Order Deli - SR2089 (1 serving)	1	0.00	0.00	0.00	0.00	0.00	0.00	0.00
American-style Meat Combination - SR2138 (5 slice)	20	85.85	3.92	1.23	0.00	324.52	0.76	12.55
American-style Meat Combination - SR2146 (6 slice)	0	107.69	5.00	1.54	0.00	423.07	0.77	15.38

Menu Calendar Nutrient Analysis Report - March, 2020

Site: Guthrie High School

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 Deli - Mexico - Week 1 (tier I) 100% whole grain - ServingDate: 03/27/2020								
Fajita Chicken - SR1524 (2/3 c.)	10	121.50	5.06	1.52	0.00	587.24	1.01	16.20
Classic Hummus - SR2044 (1/2 c.)	5	261.52	19.97	3.14	0.00	518.50	14.93	7.07
Sliced Deli Turkey - SR2144 (5 slice)	0	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Sliced Deli Turkey - SR1532 (6 slice)	50	105.00	4.50	1.50	0.00	344.99	1.50	16.50
Sliced Turkey Ham - SR2145 (5 slice)	0	87.50	4.38	1.25	0.00	399.99	0.00	11.25
Sliced Turkey Ham - SR1287 (6 slice)	15	105.00	5.25	1.50	0.00	479.99	0.00	13.50
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	5	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	60	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Pepper Jack Cheese Slice - SR2133 (1/2 oz.)	35	50.00	4.00	2.50	0.00	85.00	0.50	3.50
Jalapeno Cheese Sub Roll - SR1286 (1 roll (smal))	40	166.67	3.42	0.25	0.00	311.28	29.17	6.50
Mini Sub Roll - SR1208 (1 roll (smal))	50	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Flour Tortilla - SR1177 (1 tortilla)	10	180.00	4.50	0.50	0.00	230.00	29.00	5.00
Variety of Fruits - SR1978 (1 serving)	80	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Variety of Vegetables - SR1977 (1 serving)	40	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sliced Pepperoni - SR1800 (4 slice)	10	31.59	2.92	1.09	0.00	104.49	0.00	1.46
Roasted Southwest Vegetable Blend - SR1525 (2 tbsp.)	10	17.36	1.04	0.09	0.00	1.07	2.05	0.30

Menu Calendar Nutrient Analysis Report - March, 2020

Site: Guthrie High School

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 Deli - Mexico - Week 4 (tier I) 100% whole grain - ServingDate: 03/30/2020								
Built-to-Order Deli - SR2089 (1 serving)	1	0.00	0.00	0.00	0.00	0.00	0.00	0.00
American-style Meat Combination - SR2138 (5 slice)	20	85.85	3.92	1.23	0.00	324.52	0.76	12.55
American-style Meat Combination - SR2146 (6 slice)	0	107.69	5.00	1.54	0.00	423.07	0.77	15.38
Classic Hummus - SR2044 (1/2 c.)	5	261.52	19.97	3.14	0.00	518.50	14.93	7.07
Mexican Tinga Chicken - SR1939 (1/2 c.)	10	123.50	2.30	0.83	0.00	183.78	5.36	21.19
Sliced Deli Turkey - SR2144 (5 slice)	0	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Sliced Deli Turkey - SR1532 (6 slice)	50	105.00	4.50	1.50	0.00	344.99	1.50	16.50
Sliced Turkey Ham - SR2145 (5 slice)	0	87.50	4.38	1.25	0.00	399.99	0.00	11.25
Sliced Turkey Ham - SR1287 (6 slice)	15	105.00	5.25	1.50	0.00	479.99	0.00	13.50
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	5	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	60	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Pepper Jack Cheese Slice - SR2133 (1/2 oz.)	35	50.00	4.00	2.50	0.00	85.00	0.50	3.50
Jalapeno Cheese Sub Roll - SR1286 (1 roll (smal)	40	166.67	3.42	0.25	0.00	311.28	29.17	6.50
Mini Sub Roll - SR1208 (1 roll (smal)	50	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Flour Tortilla - SR1177 (1 tortilla)	10	180.00	4.50	0.50	0.00	230.00	29.00	5.00
Variety of Fruits - SR1978 (1 serving)	80	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Variety of Vegetables - SR1977 (1 serving)	40	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sliced Pepperoni - SR1800 (4 slice)	10	31.59	2.92	1.09	0.00	104.49	0.00	1.46

Menu Calendar Nutrient Analysis Report - March, 2020

Site: Guthrie High School

Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 Deli - Mexico - Week 4 (tier I) 100% whole grain - ServingDate: 03/30/2020								
Homemade Black Bean & Corn Salsa - SR1279 (2 tbsp.)	10	18.09	0.13	0.01	0.00	41.90	3.71	0.82
SY 19-20 Deli - Mexico - Week 4 (tier I) 100% whole grain - ServingDate: 03/31/2020								
Built-to-Order Deli - SR2089 (1 serving)	1	0.00	0.00	0.00	0.00	0.00	0.00	0.00
American-style Meat Combination - SR2138 (5 slice)	20	85.85	3.92	1.23	0.00	324.52	0.76	12.55
American-style Meat Combination - SR2146 (6 slice)	0	107.69	5.00	1.54	0.00	423.07	0.77	15.38
Classic Hummus - SR2044 (1/2 c.)	5	261.52	19.97	3.14	0.00	518.50	14.93	7.07
Mexican Tinga Chicken - SR1939 (1/2 c.)	10	123.50	2.30	0.83	0.00	183.78	5.36	21.19
Sliced Deli Turkey - SR2144 (5 slice)	0	87.50	3.75	1.25	0.00	287.50	1.25	13.75
Sliced Deli Turkey - SR1532 (6 slice)	50	105.00	4.50	1.50	0.00	344.99	1.50	16.50
Sliced Turkey Ham - SR2145 (5 slice)	0	87.50	4.38	1.25	0.00	399.99	0.00	11.25
Sliced Turkey Ham - SR1287 (6 slice)	15	105.00	5.25	1.50	0.00	479.99	0.00	13.50
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	5	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	60	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Pepper Jack Cheese Slice - SR2133 (1/2 oz.)	35	50.00	4.00	2.50	0.00	85.00	0.50	3.50
Jalapeno Cheese Sub Roll - SR1286 (1 roll (smal)	40	166.67	3.42	0.25	0.00	311.28	29.17	6.50
Mini Sub Roll - SR1208 (1 roll (smal)	50	160.00	3.00	0.00	0.00	180.00	29.00	6.00
Flour Tortilla - SR1177 (1 tortilla)	10	180.00	4.50	0.50	0.00	230.00	29.00	5.00

Menu Calendar Nutrient Analysis Report - March, 2020

Site: Guthrie High School
Date: 03/01/2020 - 03/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 Deli - Mexico - Week 4 (tier I) 100% whole grain - ServingDate: 03/31/2020								
Variety of Fruits - SR1978 (1 serving)	80	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Variety of Vegetables - SR1977 (1 serving)	40	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sliced Pepperoni - SR1800 (4 slice)	10	31.59	2.92	1.09	0.00	104.49	0.00	1.46
Homemade Black Bean & Corn Salsa - SR1279 (2 tbsp.)	10	18.09	0.13	0.01	0.00	41.90	3.71	0.82

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch
Site Group: Taste4
Menu Line: T4-Deli (tier I)
Serving Group: 9-12
Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.