

Guthrie Junior High

September 25 – September 29



EVERYDAY SELECTS

M	Hamburger, Cheeseburger, Crispy Chicken Sandwich, Spicy Chicken Sandwich, Veggie Burger, French Fries
T	Cheese Pizza, Pepperoni Pizza, Mozzarella Stuffed Breadsticks, Parmesan Green Beans
W	Fajita Chicken Nachos, Beef Nachos, Bean and Cheese Nachos
TH	Cheese Pizza, Pepperoni Pizza, Mozzarella Stuffed Breadsticks, Parmesan Green Beans
F	Hamburger, Cheeseburger, Crispy Chicken Sandwich, Spicy Chicken Sandwich, Veggie Burger, French Fries

DAILY SPECIALS

M: Grilled Cheese T: Buffalo Chicken Pizza W: Fajita Nachos
Th: Cheeseburger Pizza F: Bacon Cheeseburger



**PLANT-BASED, VEGETARIAN,
NATURAL & MORE... ALL THE
INGREDIENTS YOU LOVE!**

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Apples, Bananas
Oranges, Peaches
Beans
Salad Mix

FAST TAKES

M	Turkey & Cheese Sub, Crispy Chicken Wrap, Chef Salad, Fiesta Dip Box
T	American Combo Sub, Chicken Caesar Wrap, Garden Hearty Salad, Strawberry Banana Parfait
W	Italian Combo Sub, Buffalo Chicken Wrap, Crispy Chicken Salad, Hummus Box
TH	Turkey & Cheese Sub, Crispy Chicken Wrap, Chicken Caesar Salad, Protein Box
F	Ham & Cheese Sub, Chicken Caesar Wrap, Fiesta Salad, Deli Bento Box

DAILY SPECIALS

Uncrustable Box
Sunbutter & Jelly Sandwich Box

TUES

Apples, Bananas, Oranges
Apple Sauce
Basil Corn Salad
Broccoli
Salad Mix

WED

Apples, Bananas,
Oranges, Pears
Carrots
Salad Mix

THURS

Apples, Bananas, Oranges
Apple Sauce
Apple Glazed Baby Carrots
Corn
Salad Mix

FRI

Apples, Bananas,
Oranges, Peaches
Celery Sticks
Salad Mix

GLOBAL FLAVORS

M	Chicken Nuggets, Chicken Tenders, Crinkle Cut Fries, Baby Carrots, Celery Sticks, Assortment of Sauces
T	Bean & Cheese Enchiladas, Chicken Enchiladas Suiza, Black Beans, Mexican Sweet Potato, Mexican Zucchini
W	Chili Cheese Baked Potato, Broccoli Cheese Baked Potato, Beef and Cheese Baked Potato
TH	Pasta Bar: Alfredo Sauce, Meaty Marinara, Broccoli & Red Peppers, Butternut Squash, Parmesan Green Beans
F	Orange Chicken, Teriyaki Tofu, Fried Rice, Soy Roasted Potatoes, Spicy Asian Vegetables, Broccoli

DAILY SPECIALS

Comfort Foods Around the World

*This institution is an equal
opportunity provider.
Additional nutrition information
available upon request.*