

GLOBAL FLAVORS

M Beef Burrito Bowl
Pinto Bean & Vegetable Burrito Bowl
Tinga Chicken Burrito Bowl

T Teriyaki Chicken Noodle Bowl
Sweet & Sour Chicken Noodle Bowl
Korean BBQ Chicken Noodle Bowl

W Popcorn Chicken Bowl
Crispy Chicken Bowl
BBQ Chicken Bowl

TH Meatball Marinara Bowl
Tuscan Vegetable Bowl
Bruschetta Chicken Bowl

F No School

Mexican Black Beans
Corn Elotes

Spicy Asian Vegetable Blend
Steamed Broccoli

Mashed Potatoes
Steamed Corn

Broccoli & Red Peppers
Parmesan Green Beans

SUPER FOODS

M **SMOOTHIE BOWLS**
Very Berry • Sunshine • Tropical • Banana Berry

T **NOODLE BOWLS**
The Garden • Tokyo Teriyaki • Spicy Buffalo Chicken

W **WRAPS & FLATBREADS**
Turkey Cheddar Ranch • Classic Ham & Cheese •
Spicy Buffalo

TH **SUPER SALADS**
Garden • Chef • Chicken Caesar • Spicy Buffalo
Chicken

F **SMOOTHIE BOWLS**
No School

PLANT-BASED, VEGETARIAN, NATURAL & MORE...
ALL THE INGREDIENTS YOU LOVE!

M Garden Salad
Variety of Fresh Fruit
Variety of Canned Fruit

T Caesar Salad
Variety of Fresh Fruit
Variety of Canned Fruit

W Super Salad
Variety of Fresh Fruit
Variety of Canned Fruit

TH Caesar Salad
Variety of Fresh Fruit
Variety of Canned Fruit

F No School

EVERYDAY SELECTS

M Crispy Chicken Sandwich
Cheeseburger
Grilled Cheese Sandwich
All entrées served with Baked French Fries & Burger Toppings

T Cheese Pizza
Pepperoni Pizza
Hawaiian Pizza
All entrées served with Caesar Salad

W Bean & Cheese Nachos
Beef & Cheese Nachos
Turkey Carnitas Nachos
All entrées served with Stewed Black Beans

TH Chicken Nugget Basket
Herb Roasted Drumstick Basket
All entrées served with Seasoned Spiral Fries & Roasted Broccoli

F No School

SAUCE IT UP!

Add a kick to any dish with our featured sauces.

Music City Sauce
*Signature Nashville Hot Sauce
with just the right kick of heat*

MK Special Sauce
*The perfect blend of mayonnaise
and ketchup*

Spicy Cool Sauce
*Spicy sriracha meets cool,
creamy mayonnaise*

Spicy K Sauce
Classic ketchup — with a kick!

IN A HURRY?

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APP + DECIDE
YOUR LUNCH
IN ADVANCE!



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