

## GLOBAL FLAVORS

**M** Pancakes and Sausage Stacker  
Chicken and Waffles  
Scrambled Eggs and Pancakes  
Popcorn Chicken and Waffles

**T** Teriyaki Chicken Burrito  
Sweet 'n' Sour Chicken Burrito  
Korean BBQ Chicken Burrito  
Ginger Garlic Chicken Burrito

**W** Pepperoni Flatbread  
Three Cheese Flatbread  
Herb Roasted Chicken Flatbread

**TH** Hand Rolled Beef Burrito  
Hand Rolled Bean & Cheese Burrito  
Hand Rolled Tinga Chicken Burrito  
Hand Rolled Turkey Carnitas Burrito

**F** No School

Baked Cinnamon Apples  
Sweet Potato Fries  
Homestyle Hash Browns

Spicy Asian Vegetable Blend  
Steamed Broccoli

Broccoli and Red Peppers  
Parmesan Green Beans

Frijoles a la Charro  
Mexican Zucchini

## SUPER FOODS

**M** **WRAPS & FLATBREADS**  
Turkey Cheddar Ranch • Classic Ham & Cheese •  
Spicy Buffalo Chicken

**T** **SUPER SALADS**  
Chef • Chicken Caesar • Spicy Buffalo Chicken

**W** **SMOOTHIE BOWLS**  
Very Berry • Sunshine • Tropical • Banana Berry

**TH** **GRAIN BOWLS**  
Tokyo Teriyaki • Spicy Buffalo Chicken • The Garden

**F** **WRAPS & FLATBREADS**  
No School

**PLANT-BASED, VEGETARIAN, NATURAL & MORE...  
ALL THE INGREDIENTS YOU LOVE!**

**M** Garden Salad  
Chilled Broccoli  
Variety of Fresh Fruit  
Variety of Canned Fruit

**T** Caesar Salad  
Variety of Fresh Fruit  
Variety of Canned Fruit

**W** Super Salad  
Variety of Fresh Fruit  
Variety of Canned Fruit

**TH** Caesar Salad  
Variety of Fresh Fruit  
Variety of Canned Fruit

**F** No School

## EVERYDAY SELECTS

**M** Bean and Cheese Nachos  
Beef and Cheese Nachos  
Turkey Carnitas Nachos  
*All entrées served with Stewed Black Beans*

**T** Chicken Nugget Basket  
Herb Roasted Drumstick Basket  
*All entrées served with Seasoned Spiral Fries*

**W** Crispy Chicken Sandwich  
Cheeseburger  
BBQ Rib Sandwich  
*All entrées served with Baked French Fries & Burger Toppings*

**TH** Cheese Pizza  
Pepperoni Pizza  
Supreme Pizza  
*All entrées served with Caesar Salad*

**F** No School

## SAUCE IT UP!

**Add a kick to any dish with our featured sauces.**

Music City Sauce  
*Signature Nashville Hot Sauce  
with just the right kick of heat*

MK Special Sauce  
*The perfect blend of mayonnaise  
and ketchup*

Spicy Cool Sauce  
*Spicy sriracha meets cool,  
creamy mayonnaise*

Spicy K Sauce  
*Classic ketchup — with a kick!*

**IN A HURRY?**

DOWNLOAD THE  
APP + DECIDE  
YOUR LUNCH  
IN ADVANCE!



So Happy

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.