

GLOBAL FLAVORS

M Beef Frito Chili Pie
Rainbow Chili Frito Pie

T Beef and Cheese Enchilada
Bean and Cheese Enchilada
Enchilada Suiza

W Old School Spud
Broccoli and Cheese Baked Potato
Taco Beef Potato
Roasted Turkey Baked Potato

TH Spaghetti and Meat Sauce
Lasagna Roll Ups

F Teriyaki Chicken w/ Rice
Sweet & Sour Chick'n w/ Rice
Orange Chicken w/ Rice
Sweet & Sour Chicken w/ Rice

Aztec Corn
Low Country Green Beans
BBQ Baked Beans
Chilled Broccoli
Citrus Glazed Corn

Frijoles a la Charro
Chili Roasted Sweet Potatoes
Mexican Zucchini
Broccoli Lime Salad
Corn Elotes

Aztec Corn
Low Country Green Beans
BBQ Baked Beans
Chilled Broccoli
Citrus Glazed Carrots

Broccoli & Red Peppers
Butternut Squash
Parmesan Green Beans
Basil Corn Salad
Italian Seasoned Chickpeas

Spicy Asian Vegetable Blend
Steamed Broccoli
Soy-Roasted Potatoes
Ginger Carrot Salad
Steamed Edamame

SUPER FOODS

M **WRAPS & FLATBREADS**
Garden • Chef • Chicken Caesar • Spicy Buffalo Chicken

T **SUPER SALADS**
Very Berry • Sunshine • Tropical • Banana Berry

W **SMOOTHIE BOWLS**
Tokyo Teriyaki • Spicy Buffalo Chicken • The Grecian • The Garden

TH **GRAIN BOWLS**
Turkey Cheddar Ranch • Classic Ham & Cheese • The Mediterranean • Spicy Buffalo Chicken

F **WRAPS & FLATBREADS**
Garden • Chef • Chicken Caesar • Spicy Buffalo Chicken

**PLANT-BASED, VEGETARIAN, NATURAL & MORE...
ALL THE INGREDIENTS YOU LOVE!**

M Garden Salad
Chilled Broccoli
Citrus Glazed Carrots
Variety of Fresh Fruit
Variety of Canned Fruit

T Caesar Salad
Broccoli Lime Salad
Corn Elotes
Variety of Fresh Fruit
Variety of Canned Fruit

W Super Salad
Chilled Broccoli
Citrus-Glazed Carrots
Variety of Fresh Fruit
Variety of Canned Fruit

TH Caesar Salad
Basil Corn Salad
Italian-Seasoned Chickpeas
Variety of Fresh Fruit

F Spinach Salad
Ginger Carrot Salad
Steamed Edamame
Variety of Fresh Fruit
Variety of Canned Fruit

EVERYDAY SELECTS

M Chicken Nugget Basket
Fish 'n' Chips Basket
Cheese Filled Breadstick
All entrées served with Seasoned Spiral Fries

T Crispy Chicken Sandwich
Cheeseburger
Grilled Cheese Sandwich
All entrées served with Baked French Fries & Burger Toppings

W Cheese Pizza
Pepperoni Pizza
Taco Pizza
All entrées served with Caesar Salad

TH Bean & Cheese Nachos
Beef & Cheese Nachos
Fajita Chicken Nachos
All entrées served with Stewed Black Beans

F Local Favorites Menu Day
Visit the cafeteria to check it out!

SAUCE IT UP!

Add a kick to any dish with our featured sauces.

Music City Sauce
*Signature Nashville Hot Sauce
with just the right kick of heat*

MK Special Sauce
*The perfect blend of mayonnaise
and ketchup*

Spicy Cool Sauce
*Spicy sriracha meets cool,
creamy mayonnaise*

Spicy K Sauce
Classic ketchup — with a kick!

IN A HURRY?

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APP + DECIDE
YOUR LUNCH
IN ADVANCE!

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

