

Menu Calendar Nutrient Analysis Report - November, 2022

Site: Guthrie High School
Date: 11/01/2022 - 11/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/01/2022					
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	1.52	0.00	460.17
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	3.05	0.00	58.01
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	1.61	0.00	320.13
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	5.01	0.00	423.20
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	2.00	0.00	105.00
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	0.17	0.00	185.30
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	3.00	0.00	320.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	1.50	0.00	0.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	1.47	0.00	169.36
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	3.00	0.00	319.99
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	2.00	0.00	259.96
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	0.14	0.00	46.29
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	0.01	0.00	369.81

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/01/2022					
Shredded Lettuce - SR1015 (1 cup shredden)	10	10.08	0.01	0.00	7.20
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	348.83
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.00	0.00	18.01
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.01	0.00	1.23
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	0.21	0.00	38.75
Sour Cream - SR1659 (1 tbsp.)	5	30.00	1.75	0.00	7.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	0.25	0.00	110.09
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/02/2022					
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	1.52	0.00	460.17
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	3.05	0.00	58.01
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	1.61	0.00	320.13
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	5.01	0.00	423.20
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	2.00	0.00	105.00
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	0.17	0.00	185.30

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/02/2022					
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	3.00	0.00	320.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	1.50	0.00	0.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	1.47	0.00	169.36
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	3.00	0.00	319.99
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	2.00	0.00	259.96
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	0.14	0.00	46.29
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	0.01	0.00	369.81
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.01	0.00	7.20
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	348.83
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.00	0.00	18.01
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.01	0.00	1.23
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	0.21	0.00	38.75
Sour Cream - SR1659 (1 tbsp.)	5	30.00	1.75	0.00	7.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	0.25	0.00	110.09
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/03/2022					
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/03/2022					
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	1.52	0.00	460.17
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	3.05	0.00	58.01
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	1.61	0.00	320.13
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	5.01	0.00	423.20
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	2.00	0.00	105.00
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	0.17	0.00	185.30
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	3.00	0.00	320.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	1.50	0.00	0.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	1.47	0.00	169.36
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	3.00	0.00	319.99
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	2.00	0.00	259.96
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	0.14	0.00	46.29
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	0.01	0.00	369.81
Shredded Lettuce - SR1015 (1 cup shredden)	10	10.08	0.01	0.00	7.20
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	348.83
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.00	0.00	18.01
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.01	0.00	1.23

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SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/03/2022					
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	0.21	0.00	38.75
Sour Cream - SR1659 (1 tbsp.)	5	30.00	1.75	0.00	7.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	0.25	0.00	110.09
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/04/2022					
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	1.52	0.00	460.17
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	3.05	0.00	58.01
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	1.61	0.00	320.13
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	5.01	0.00	423.20
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	2.00	0.00	105.00
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	0.17	0.00	185.30
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	3.00	0.00	320.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	1.50	0.00	0.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	1.47	0.00	169.36
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	3.00	0.00	319.99

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SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/04/2022					
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	2.00	0.00	259.96
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	0.14	0.00	46.29
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	0.01	0.00	369.81
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.01	0.00	7.20
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	348.83
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.00	0.00	18.01
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.01	0.00	1.23
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	0.21	0.00	38.75
Sour Cream - SR1659 (1 tbsp.)	5	30.00	1.75	0.00	7.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	0.25	0.00	110.09
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/07/2022					
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	1.52	0.00	460.17
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	3.05	0.00	58.01

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SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/07/2022					
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	1.61	0.00	320.13
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	5.01	0.00	423.20
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	2.00	0.00	105.00
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	0.17	0.00	185.30
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	3.00	0.00	320.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	1.50	0.00	0.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	1.47	0.00	169.36
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	3.00	0.00	319.99
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	2.00	0.00	259.96
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	0.14	0.00	46.29
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	0.01	0.00	369.81
Shredded Lettuce - SR1015 (1 cup shredden)	10	10.08	0.01	0.00	7.20
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	348.83
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.00	0.00	18.01
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.01	0.00	1.23
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	0.21	0.00	38.75
Sour Cream - SR1659 (1 tbsp.)	5	30.00	1.75	0.00	7.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	0.25	0.00	110.09

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/08/2022					
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	1.52	0.00	460.17
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	3.05	0.00	58.01
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	1.61	0.00	320.13
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	5.01	0.00	423.20
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	2.00	0.00	105.00
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	0.17	0.00	185.30
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	3.00	0.00	320.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	1.50	0.00	0.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	1.47	0.00	169.36
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	3.00	0.00	319.99
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	2.00	0.00	259.96
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	0.14	0.00	46.29
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	0.01	0.00	369.81
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.01	0.00	7.20

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SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/08/2022					
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	348.83
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.00	0.00	18.01
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.01	0.00	1.23
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	0.21	0.00	38.75
Sour Cream - SR1659 (1 tbsp.)	5	30.00	1.75	0.00	7.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	0.25	0.00	110.09
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/09/2022					
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	1.52	0.00	460.17
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	3.05	0.00	58.01
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	1.61	0.00	320.13
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	5.01	0.00	423.20
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	2.00	0.00	105.00
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	0.17	0.00	185.30
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	3.00	0.00	320.00

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SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/09/2022					
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	1.50	0.00	0.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	1.47	0.00	169.36
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	3.00	0.00	319.99
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	2.00	0.00	259.96
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	0.14	0.00	46.29
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Shredded Lettuce - SR1015 (1 cup shredden)	10	10.08	0.01	0.00	7.20
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	348.83
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.00	0.00	18.01
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.01	0.00	1.23
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	0.21	0.00	38.75
Sour Cream - SR1659 (1 tbsp.)	5	30.00	1.75	0.00	7.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	0.25	0.00	110.09
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/10/2022					
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)

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SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/10/2022					
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	1.52	0.00	460.17
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	3.05	0.00	58.01
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	1.61	0.00	320.13
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	5.01	0.00	423.20
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	2.00	0.00	105.00
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	0.17	0.00	185.30
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	3.00	0.00	320.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	1.50	0.00	0.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	1.47	0.00	169.36
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	3.00	0.00	319.99
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	2.00	0.00	259.96
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	0.14	0.00	46.29
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	0.01	0.00	369.81
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.01	0.00	7.20
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	348.83
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.00	0.00	18.01
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.01	0.00	1.23
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	0.21	0.00	38.75

Menu Calendar Nutrient Analysis Report - November, 2022

Site: Guthrie High School

Date: 11/01/2022 - 11/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/10/2022					
Sour Cream - SR1659 (1 tbsp.)	5	30.00	1.75	0.00	7.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	0.25	0.00	110.09
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/11/2022					
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	1.52	0.00	460.17
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	3.05	0.00	58.01
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	1.61	0.00	320.13
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	5.01	0.00	423.20
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	2.00	0.00	105.00
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	0.17	0.00	185.30
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	3.00	0.00	320.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	1.50	0.00	0.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	1.47	0.00	169.36
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	3.00	0.00	319.99
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	2.00	0.00	259.96

Menu Calendar Nutrient Analysis Report - November, 2022

Site: Guthrie High School

Date: 11/01/2022 - 11/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/11/2022					
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	0.14	0.00	46.29
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	0.01	0.00	369.81
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.01	0.00	7.20
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	348.83
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.00	0.00	18.01
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.01	0.00	1.23
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	0.21	0.00	38.75
Sour Cream - SR1659 (1 tbsp.)	5	30.00	1.75	0.00	7.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	0.25	0.00	110.09
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/14/2022					
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	1.52	0.00	460.17
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	3.05	0.00	58.01
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	1.61	0.00	320.13

Menu Calendar Nutrient Analysis Report - November, 2022

Site: Guthrie High School

Date: 11/01/2022 - 11/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/14/2022					
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	5.01	0.00	423.20
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	2.00	0.00	105.00
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	0.17	0.00	185.30
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	3.00	0.00	320.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	1.50	0.00	0.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	1.47	0.00	169.36
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	3.00	0.00	319.99
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	2.00	0.00	259.96
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	0.14	0.00	46.29
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	0.01	0.00	369.81
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.01	0.00	7.20
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	348.83
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.00	0.00	18.01
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.01	0.00	1.23
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	0.21	0.00	38.75
Sour Cream - SR1659 (1 tbsp.)	5	30.00	1.75	0.00	7.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	0.25	0.00	110.09

Menu Calendar Nutrient Analysis Report - November, 2022

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Date: 11/01/2022 - 11/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/15/2022					
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	1.52	0.00	460.17
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	3.05	0.00	58.01
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	1.61	0.00	320.13
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	5.01	0.00	423.20
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	2.00	0.00	105.00
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	0.17	0.00	185.30
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	3.00	0.00	320.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	1.50	0.00	0.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	1.47	0.00	169.36
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	3.00	0.00	319.99
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	2.00	0.00	259.96
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	0.14	0.00	46.29
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	0.01	0.00	369.81
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.01	0.00	7.20

Menu Calendar Nutrient Analysis Report - November, 2022

Site: Guthrie High School

Date: 11/01/2022 - 11/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/15/2022					
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	348.83
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.00	0.00	18.01
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.01	0.00	1.23
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	0.21	0.00	38.75
Sour Cream - SR1659 (1 tbsp.)	5	30.00	1.75	0.00	7.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	0.25	0.00	110.09
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/16/2022					
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	1.52	0.00	460.17
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	3.05	0.00	58.01
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	1.61	0.00	320.13
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	5.01	0.00	423.20
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	2.00	0.00	105.00
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	0.17	0.00	185.30
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	3.00	0.00	320.00

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Date: 11/01/2022 - 11/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/16/2022					
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	1.50	0.00	0.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	1.47	0.00	169.36
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	3.00	0.00	319.99
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	2.00	0.00	259.96
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	0.14	0.00	46.29
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	0.01	0.00	369.81
Shredded Lettuce - SR1015 (1 cup shredden)	10	10.08	0.01	0.00	7.20
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	348.83
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.00	0.00	18.01
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.01	0.00	1.23
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	0.21	0.00	38.75
Sour Cream - SR1659 (1 tbsp.)	5	30.00	1.75	0.00	7.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	0.25	0.00	110.09
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/17/2022					
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - November, 2022

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Date: 11/01/2022 - 11/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/17/2022					
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	1.52	0.00	460.17
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	3.05	0.00	58.01
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	1.61	0.00	320.13
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	5.01	0.00	423.20
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	2.00	0.00	105.00
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	0.17	0.00	185.30
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	3.00	0.00	320.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	1.50	0.00	0.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	1.47	0.00	169.36
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	3.00	0.00	319.99
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	2.00	0.00	259.96
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	0.14	0.00	46.29
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	0.01	0.00	369.81
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.01	0.00	7.20
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	348.83
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.00	0.00	18.01
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.01	0.00	1.23
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	0.21	0.00	38.75

Menu Calendar Nutrient Analysis Report - November, 2022

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Date: 11/01/2022 - 11/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/17/2022					
Sour Cream - SR1659 (1 tbsp.)	5	30.00	1.75	0.00	7.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	0.25	0.00	110.09
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/18/2022					
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	1.52	0.00	460.17
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	3.05	0.00	58.01
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	1.61	0.00	320.13
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	5.01	0.00	423.20
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	2.00	0.00	105.00
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	0.17	0.00	185.30
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	3.00	0.00	320.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	1.50	0.00	0.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	1.47	0.00	169.36
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	3.00	0.00	319.99
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	2.00	0.00	259.96

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Date: 11/01/2022 - 11/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/18/2022					
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	0.14	0.00	46.29
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	0.01	0.00	369.81
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.01	0.00	7.20
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	348.83
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.00	0.00	18.01
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.01	0.00	1.23
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	0.21	0.00	38.75
Sour Cream - SR1659 (1 tbsp.)	5	30.00	1.75	0.00	7.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	0.25	0.00	110.09
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/28/2022					
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	1.52	0.00	460.17
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	3.05	0.00	58.01
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	1.61	0.00	320.13

Menu Calendar Nutrient Analysis Report - November, 2022

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Date: 11/01/2022 - 11/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/28/2022					
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	5.01	0.00	423.20
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	2.00	0.00	105.00
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	0.17	0.00	185.30
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	3.00	0.00	320.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	1.50	0.00	0.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	1.47	0.00	169.36
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	3.00	0.00	319.99
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	2.00	0.00	259.96
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	0.14	0.00	46.29
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	0.01	0.00	369.81
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.01	0.00	7.20
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	348.83
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.00	0.00	18.01
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.01	0.00	1.23
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	0.21	0.00	38.75
Sour Cream - SR1659 (1 tbsp.)	5	30.00	1.75	0.00	7.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	0.25	0.00	110.09

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Date: 11/01/2022 - 11/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/29/2022					
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	1.52	0.00	460.17
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	3.05	0.00	58.01
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	1.61	0.00	320.13
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	5.01	0.00	423.20
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	2.00	0.00	105.00
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	0.17	0.00	185.30
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	3.00	0.00	320.00
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	1.50	0.00	0.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	1.47	0.00	169.36
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	3.00	0.00	319.99
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	2.00	0.00	259.96
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	0.14	0.00	46.29
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	0.01	0.00	369.81
Shredded Lettuce - SR1015 (1 cup shredd)	10	10.08	0.01	0.00	7.20

Menu Calendar Nutrient Analysis Report - November, 2022

Site: Guthrie High School

Date: 11/01/2022 - 11/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/29/2022					
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	348.83
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.00	0.00	18.01
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.01	0.00	1.23
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	0.21	0.00	38.75
Sour Cream - SR1659 (1 tbsp.)	5	30.00	1.75	0.00	7.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	0.25	0.00	110.09
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/30/2022					
Fiesta Tacos - SR3331 (1 taco)	30	(M)	(M)	(M)	(M)
Fiesta Burrito - SR3330 (1 burrito)	10	(M)	(M)	(M)	(M)
Fiesta Nachos - SR3329 (1 nacho)	50	(M)	(M)	(M)	(M)
Fiesta Taco Salad - SR3332 (1 salad)	10	(M)	(M)	(M)	(M)
Fajita Chicken - SR2529 (1/2 c.)	35	92.64	1.52	0.00	460.17
Pulled Pork, Carnitas, Brookwood (1/3c = 2.1 oz = 2 oz M/MA) , Recipe - OKR1904 (1/3 c.)	14	151.64	3.05	0.00	58.01
Beef Taco Filling - SR1528 (1/3 c.)	50	99.19	1.61	0.00	320.13
Cheddar Cheese Sauce - SR1293 (1/4 c.)	50	114.49	5.01	0.00	423.20
Shredded Yellow Cheddar Cheese - SR3010 (1/2 oz.)	50	45.00	2.00	0.00	105.00
Cilantro Lime Rice - SR1232 (2/3 c.)	5	154.89	0.17	0.00	185.30
Taco Salad Bowl - SR1657 (1 bowl)	10	210.00	3.00	0.00	320.00

Menu Calendar Nutrient Analysis Report - November, 2022

Site: Guthrie High School
Date: 11/01/2022 - 11/30/2022

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
SY22-23 PopUp Brand- Mexico Station :39415 - ServingDate: 11/30/2022					
Crispy Corn Taco Shell - SR2223 (3 shells)	15	255.00	1.50	0.00	0.00
Tortilla Chips - SR1065 (1 1/2 oz.)	50	206.18	1.47	0.00	169.36
Flour Tortilla - SR1177 (1 tortilla)	10	210.00	3.00	0.00	319.99
Flour Tortilla - SR1066 (2 tortilla)	15	179.97	2.00	0.00	259.96
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (1/2 c.)	20	89.92	0.14	0.00	46.29
Vegetarian Refried Beans - OKR1472 (1/2 c.)	10	170.42	0.01	0.00	369.81
Shredded Lettuce - SR1015 (1 cup shredden)	10	10.08	0.01	0.00	7.20
Jalapeno Pepper Slices - SR1074 (2 tbsp.)	5	0.00	0.00	0.00	348.83
Pico de Gallo - SR1073 (1 tbsp.)	15	1.80	0.00	0.00	18.01
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.01	0.00	1.23
Cilantro Lime Crema - SR1790 (1 tbsp.)	10	24.66	0.21	0.00	38.75
Sour Cream - SR1659 (1 tbsp.)	5	30.00	1.75	0.00	7.50
Spicy Cool Sauce - SR1788 (1 tbsp.)	10	31.39	0.25	0.00	110.09

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch
Site Group: Taste4
Menu Line: T4-Mexico
Serving Group: 9-12
Nutrients Option: Simplified

Menu Calendar Nutrient Analysis Report - November, 2022

Site: Guthrie High School
Date: 11/01/2022 - 11/30/2022

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.