

GRILL

EVERYDAY SELECTIONS

Hamburger, Cheeseburger, Crispy Chicken, Spicy Chicken, Veggie Burger



M: Bacon Swiss Chicken Sandwich
T: Western Burger
W: Chicken Cordon Bleu
Th: Chili Dog

TOPPINGS: Cheddar Cheese, Pepper Jack Cheese, Shredded Lettuce, Sliced Tomatoes, Sliced Red Onions, Jalapeños, Pickles

PIZZA

EVERYDAY SELECTIONS

Cheese Pizza, Mozzarella Stuffed Breadstick with Marinara
M/W/F: Pepperoni Pizza **T:** Sausage **Th:** Hawaiian



WORLD OF FLAVORS HELLO HEA :

M: Blazin' Hot Buffalo Chicken Pizza **W:** Jalapeño Lime Chicken Pizza
T: Chorizo Sausage Pizza **Th:** Jerk Chicken Pizza

FAST TAKES

DAILY SPECIALS

M: Turkey Sub, Ham Sub, Chef Salad, or Fruit & Yogurt Parfait
T: Turkey Sub, Buffalo Chicken Sub, Chicken Caesar Salad, or Fruit & Yogurt Parfait
W: Turkey Sub, American Combo Sub, Crispy Chicken Salad, Fruit & Yogurt Parfait
Th: Turkey Sub, Crispy Chicken Sub, Chef Salad, & Fruit & Yogurt Parfait
F: Turkey Sub, Italian Sub, Chicken Caesar Salad, Fruit & Yogurt Parfait



WORLD OF FLAVORS HELLO HEA :

M: Blazin' Hot Buffalo Chicken Sub/Salad **W:** Jalapeño Lime Chicken Wrap/Salad
T: Spicy Muffaletta Sub/Salad **Th:** Jerk Chicken Wrap/Salad

MEXICO

EVERYDAY SELECTIONS

Make every day a fiesta of flavor and fun! Choose your filling, then build your Mexican favorite just the way you like. Burritos, salads, nachos and tacos available daily.



This institution is an equal opportunity provider. Additional nutrition information available upon request.

ADVENTURE



Enjoy this week's features Monday-Thursday in Adventure!

Prepare for an original Italian experience in which the "pasta-bilities" are endless! Make your perfect bowl, topped with your choice of mix-ins, sauces and more.

FRIDAY FAVORITES



ADVENTURE

Steak Fingers & Mashed Potatoes

GRILL

Meatball Sub

PIZZA

Chicken Alfredo Pizza

FAST TAKES

Chicken Caesar Salad
 Fruit & Yogurt Parfait



EXTRAS



A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.

KICK IT UP A NOTCH

by adding one of our specialty sauces or spices to your meal! This month's spices are T4 Signature and Chipotle Cinnamon Seasonings.

Creamy Sriracha Sauce
 A spicy cayenne pepper sauce with special seasonings

Chipotle Lime Sauce
 Mayonnaise blended with chipotle and adobo sauces, fresh cilantro, lime juice, honey, garlic and yellow mustard.

