

Menu Calendar Nutrient Analysis Report - September, 2023

Generated on: 8/20/2023 2:12:54 PM by Leroy Claborn

Site: Guthrie High School
Date: 09/01/2023 - 09/30/2023

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 5 - ServingDate: 09/01/2023								
Bacon Cheeseburger - OKR1347 (1 ea.)	25	372.23	15.05	6.20	0.00	776.21	34.74	22.20
Veggie Burger - OKR1984 (1 burger)	5	310.00	10.00	1.00	0.00	670.00	37.00	22.00
Cheeseburger - OKR1974 (1 burger)	15	355.00	13.50	5.50	0.00	585.00	35.00	20.50
Chicken Burger - OKR1124 (1 burger)	20	400.00	16.00	2.50	0.00	710.00	47.00	20.00
Traditional Hamburger - OKR1165 (1 burger)	5	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Burger - OKR1167 (1 burger)	30	390.13	15.01	2.50	0.00	620.20	46.01	19.01
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Mixed Salad Greens - SR1080 (1 c.)	10	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Shredded Lettuce - SR1015 (1/4 cup shredd)	10	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Onion - SR1986 (2 tbsp.)	10	5.62	0.01	0.01	0.00	0.56	1.31	0.15
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	1.12	0.87	0.20
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 2 - ServingDate: 09/05/2023								
Veggie Burger - OKR1984 (1 burger)	5	310.00	10.00	1.00	0.00	670.00	37.00	22.00
Cheeseburger - OKR1974 (1 burger)	25	355.00	13.50	5.50	0.00	585.00	35.00	20.50
Chicken Burger - OKR1124 (1 burger)	25	400.00	16.00	2.50	0.00	710.00	47.00	20.00
Traditional Hamburger - OKR1165 (1 burger)	5	300.00	9.00	3.00	0.00	450.00	34.00	18.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 2 - ServingDate: 09/05/2023								
Meatball Sub, chicken meatball, Commercial Mozz, Richs WG - OKR2024 (1 sandwich)	10	390.89	14.69	4.25	0.00	621.71	44.77	22.07
Spicy Chicken Burger - OKR1167 (1 burger)	30	390.13	15.01	2.50	0.00	620.20	46.01	19.01
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Shredded Lettuce - SR1015 (1/4 cup shredd)	10	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Onion - SR1986 (2 tbsp.)	10	5.62	0.01	0.01	0.00	0.56	1.31	0.15
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	1.12	0.87	0.20
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 3 - ServingDate: 09/06/2023								
Veggie Burger - OKR1984 (1 burger)	5	310.00	10.00	1.00	0.00	670.00	37.00	22.00
Cheeseburger - OKR1974 (1 burger)	20	355.00	13.50	5.50	0.00	585.00	35.00	20.50
Chicken Burger - OKR1124 (1 burger)	15	400.00	16.00	2.50	0.00	710.00	47.00	20.00
Corn Dog - SR1023 (1 corn dog)	20	240.00	9.00	2.50	0.00	470.00	30.00	9.00
Traditional Hamburger - OKR1165 (1 burger)	15	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Burger - OKR1167 (1 burger)	25	390.13	15.01	2.50	0.00	620.20	46.01	19.01
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 3 - ServingDate: 09/06/2023								
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Mixed Salad Greens - SR1080 (1 c.)	10	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Shredded Lettuce - SR1015 (1/4 cup shredd)	10	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Onion - SR1986 (2 tbsp.)	10	5.62	0.01	0.01	0.00	0.56	1.31	0.15
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	1.12	0.87	0.20
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 4 - ServingDate: 09/07/2023								
Barbecue Rib Sandwich - OKR1132 (1 sandwich)	10	332.89	12.00	3.50	0.00	861.89	42.01	18.00
Veggie Burger - OKR1984 (1 burger)	5	310.00	10.00	1.00	0.00	670.00	37.00	22.00
Cheeseburger - OKR1974 (1 burger)	25	355.00	13.50	5.50	0.00	585.00	35.00	20.50
Chicken Burger - OKR1124 (1 burger)	25	400.00	16.00	2.50	0.00	710.00	47.00	20.00
Traditional Hamburger - OKR1165 (1 burger)	5	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Burger - OKR1167 (1 burger)	30	390.13	15.01	2.50	0.00	620.20	46.01	19.01
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Shredded Lettuce - SR1015 (1/4 cup shredd)	10	2.52	0.03	0.00	0.00	1.80	0.54	0.16

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 4 - ServingDate: 09/07/2023								
Sliced Red Onion - SR1986 (2 tbsp.)	10	5.62	0.01	0.01	0.00	0.56	1.31	0.15
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	1.12	0.87	0.20
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 5 - ServingDate: 09/08/2023								
Bacon Cheeseburger - OKR1347 (1 ea.)	25	372.23	15.05	6.20	0.00	776.21	34.74	22.20
Veggie Burger - OKR1984 (1 burger)	5	310.00	10.00	1.00	0.00	670.00	37.00	22.00
Cheeseburger - OKR1974 (1 burger)	15	355.00	13.50	5.50	0.00	585.00	35.00	20.50
Chicken Burger - OKR1124 (1 burger)	20	400.00	16.00	2.50	0.00	710.00	47.00	20.00
Traditional Hamburger - OKR1165 (1 burger)	5	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Burger - OKR1167 (1 burger)	30	390.13	15.01	2.50	0.00	620.20	46.01	19.01
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Mixed Salad Greens - SR1080 (1 c.)	10	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Shredded Lettuce - SR1015 (1/4 cup shredd)	10	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Onion - SR1986 (2 tbsp.)	10	5.62	0.01	0.01	0.00	0.56	1.31	0.15
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	1.12	0.87	0.20

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SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 1 - ServingDate: 09/11/2023								
Veggie Burger - OKR1984 (1 burger)	5	310.00	10.00	1.00	0.00	670.00	37.00	22.00
Cheeseburger - OKR1974 (1 burger)	25	355.00	13.50	5.50	0.00	585.00	35.00	20.50
Chicken Burger - OKR1124 (1 burger)	25	400.00	16.00	2.50	0.00	710.00	47.00	20.00
Grilled Cheese Sandwich - OKR1970 (1 sandwich)	10	380.00	20.00	10.00	0.00	769.99	34.00	16.00
Traditional Hamburger - OKR1165 (1 burger)	5	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Burger - OKR1167 (1 burger)	30	390.13	15.01	2.50	0.00	620.20	46.01	19.01
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Shredded Lettuce - SR1015 (1/4 cup shredd)	10	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Onion - SR1986 (2 tbsp.)	10	5.62	0.01	0.01	0.00	0.56	1.31	0.15
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	255.73	0.00	0.00
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 2 - ServingDate: 09/12/2023								
Veggie Burger - OKR1984 (1 burger)	5	310.00	10.00	1.00	0.00	670.00	37.00	22.00
Cheeseburger - OKR1974 (1 burger)	25	355.00	13.50	5.50	0.00	585.00	35.00	20.50
Chicken Burger - OKR1124 (1 burger)	25	400.00	16.00	2.50	0.00	710.00	47.00	20.00
Traditional Hamburger - OKR1165 (1 burger)	5	300.00	9.00	3.00	0.00	450.00	34.00	18.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 2 - ServingDate: 09/12/2023								
Meatball Sub, chicken meatball, Commercial Mozz, Richs WG - OKR2024 (1 sandwich)	10	390.89	14.69	4.25	0.00	621.71	44.77	22.07
Spicy Chicken Burger - OKR1167 (1 burger)	30	390.13	15.01	2.50	0.00	620.20	46.01	19.01
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Shredded Lettuce - SR1015 (1/4 cup shredd)	10	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Onion - SR1986 (2 tbsp.)	10	5.62	0.01	0.01	0.00	0.56	1.31	0.15
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	1.12	0.87	0.20
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 3 - ServingDate: 09/13/2023								
Veggie Burger - OKR1984 (1 burger)	5	310.00	10.00	1.00	0.00	670.00	37.00	22.00
Cheeseburger - OKR1974 (1 burger)	20	355.00	13.50	5.50	0.00	585.00	35.00	20.50
Chicken Burger - OKR1124 (1 burger)	15	400.00	16.00	2.50	0.00	710.00	47.00	20.00
Corn Dog - SR1023 (1 corn dog)	20	240.00	9.00	2.50	0.00	470.00	30.00	9.00
Traditional Hamburger - OKR1165 (1 burger)	15	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Burger - OKR1167 (1 burger)	25	390.13	15.01	2.50	0.00	620.20	46.01	19.01
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 3 - ServingDate: 09/13/2023								
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Mixed Salad Greens - SR1080 (1 c.)	10	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Shredded Lettuce - SR1015 (1/4 cup shredd)	10	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Onion - SR1986 (2 tbsp.)	10	5.62	0.01	0.01	0.00	0.56	1.31	0.15
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	1.12	0.87	0.20
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 4 - ServingDate: 09/14/2023								
Barbecue Rib Sandwich - OKR1132 (1 sandwich)	10	332.89	12.00	3.50	0.00	861.89	42.01	18.00
Veggie Burger - OKR1984 (1 burger)	5	310.00	10.00	1.00	0.00	670.00	37.00	22.00
Cheeseburger - OKR1974 (1 burger)	25	355.00	13.50	5.50	0.00	585.00	35.00	20.50
Chicken Burger - OKR1124 (1 burger)	25	400.00	16.00	2.50	0.00	710.00	47.00	20.00
Traditional Hamburger - OKR1165 (1 burger)	5	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Burger - OKR1167 (1 burger)	30	390.13	15.01	2.50	0.00	620.20	46.01	19.01
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Shredded Lettuce - SR1015 (1/4 cup shredd)	10	2.52	0.03	0.00	0.00	1.80	0.54	0.16

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SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 4 - ServingDate: 09/14/2023								
Sliced Red Onion - SR1986 (2 tbsp.)	10	5.62	0.01	0.01	0.00	0.56	1.31	0.15
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	1.12	0.87	0.20
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 5 - ServingDate: 09/15/2023								
Bacon Cheeseburger - OKR1347 (1 ea.)	25	372.23	15.05	6.20	0.00	776.21	34.74	22.20
Veggie Burger - OKR1984 (1 burger)	5	310.00	10.00	1.00	0.00	670.00	37.00	22.00
Cheeseburger - OKR1974 (1 burger)	15	355.00	13.50	5.50	0.00	585.00	35.00	20.50
Chicken Burger - OKR1124 (1 burger)	20	400.00	16.00	2.50	0.00	710.00	47.00	20.00
Traditional Hamburger - OKR1165 (1 burger)	5	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Burger - OKR1167 (1 burger)	30	390.13	15.01	2.50	0.00	620.20	46.01	19.01
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Mixed Salad Greens - SR1080 (1 c.)	10	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Shredded Lettuce - SR1015 (1/4 cup shredd)	10	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Onion - SR1986 (2 tbsp.)	10	5.62	0.01	0.01	0.00	0.56	1.31	0.15
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	1.12	0.87	0.20

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SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 2 - ServingDate: 09/19/2023								
Veggie Burger - OKR1984 (1 burger)	5	310.00	10.00	1.00	0.00	670.00	37.00	22.00
Cheeseburger - OKR1974 (1 burger)	25	355.00	13.50	5.50	0.00	585.00	35.00	20.50
Chicken Burger - OKR1124 (1 burger)	25	400.00	16.00	2.50	0.00	710.00	47.00	20.00
Traditional Hamburger - OKR1165 (1 burger)	5	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Meatball Sub, chicken meatball, Commercial Mozz, Richs WG - OKR2024 (1 sandwich)	10	390.89	14.69	4.25	0.00	621.71	44.77	22.07
Spicy Chicken Burger - OKR1167 (1 burger)	30	390.13	15.01	2.50	0.00	620.20	46.01	19.01
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Shredded Lettuce - SR1015 (1/4 cup shredd)	10	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Onion - SR1986 (2 tbsp.)	10	5.62	0.01	0.01	0.00	0.56	1.31	0.15
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	1.12	0.87	0.20
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 3 - ServingDate: 09/20/2023								
Veggie Burger - OKR1984 (1 burger)	5	310.00	10.00	1.00	0.00	670.00	37.00	22.00
Cheeseburger - OKR1974 (1 burger)	20	355.00	13.50	5.50	0.00	585.00	35.00	20.50
Chicken Burger - OKR1124 (1 burger)	15	400.00	16.00	2.50	0.00	710.00	47.00	20.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 3 - ServingDate: 09/20/2023								
Corn Dog - SR1023 (1 corn dog)	20	240.00	9.00	2.50	0.00	470.00	30.00	9.00
Traditional Hamburger - OKR1165 (1 burger)	15	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Burger - OKR1167 (1 burger)	25	390.13	15.01	2.50	0.00	620.20	46.01	19.01
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Mixed Salad Greens - SR1080 (1 c.)	10	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Shredded Lettuce - SR1015 (1/4 cup shredd)	10	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Onion - SR1986 (2 tbsp.)	10	5.62	0.01	0.01	0.00	0.56	1.31	0.15
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	1.12	0.87	0.20
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 4 - ServingDate: 09/21/2023								
Barbecue Rib Sandwich - OKR1132 (1 sandwich)	10	332.89	12.00	3.50	0.00	861.89	42.01	18.00
Veggie Burger - OKR1984 (1 burger)	5	310.00	10.00	1.00	0.00	670.00	37.00	22.00
Cheeseburger - OKR1974 (1 burger)	25	355.00	13.50	5.50	0.00	585.00	35.00	20.50
Chicken Burger - OKR1124 (1 burger)	25	400.00	16.00	2.50	0.00	710.00	47.00	20.00
Traditional Hamburger - OKR1165 (1 burger)	5	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Burger - OKR1167 (1 burger)	30	390.13	15.01	2.50	0.00	620.20	46.01	19.01
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 4 - ServingDate: 09/21/2023								
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Shredded Lettuce - SR1015 (1/4 cup shredd)	10	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Onion - SR1986 (2 tbsp.)	10	5.62	0.01	0.01	0.00	0.56	1.31	0.15
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	1.12	0.87	0.20
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 5 - ServingDate: 09/22/2023								
Bacon Cheeseburger - OKR1347 (1 ea.)	25	372.23	15.05	6.20	0.00	776.21	34.74	22.20
Veggie Burger - OKR1984 (1 burger)	5	310.00	10.00	1.00	0.00	670.00	37.00	22.00
Cheeseburger - OKR1974 (1 burger)	15	355.00	13.50	5.50	0.00	585.00	35.00	20.50
Chicken Burger - OKR1124 (1 burger)	20	400.00	16.00	2.50	0.00	710.00	47.00	20.00
Traditional Hamburger - OKR1165 (1 burger)	5	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Burger - OKR1167 (1 burger)	30	390.13	15.01	2.50	0.00	620.20	46.01	19.01
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Mixed Salad Greens - SR1080 (1 c.)	10	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Shredded Lettuce - SR1015 (1/4 cup shredd)	10	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Onion - SR1986 (2 tbsp.)	10	5.62	0.01	0.01	0.00	0.56	1.31	0.15

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 5 - ServingDate: 09/22/2023								
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	1.12	0.87	0.20
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 1 - ServingDate: 09/25/2023								
Veggie Burger - OKR1984 (1 burger)	5	310.00	10.00	1.00	0.00	670.00	37.00	22.00
Cheeseburger - OKR1974 (1 burger)	25	355.00	13.50	5.50	0.00	585.00	35.00	20.50
Chicken Burger - OKR1124 (1 burger)	25	400.00	16.00	2.50	0.00	710.00	47.00	20.00
Grilled Cheese Sandwich - OKR1970 (1 sandwich)	10	380.00	20.00	10.00	0.00	769.99	34.00	16.00
Traditional Hamburger - OKR1165 (1 burger)	5	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Burger - OKR1167 (1 burger)	30	390.13	15.01	2.50	0.00	620.20	46.01	19.01
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Shredded Lettuce - SR1015 (1/4 cup shredd)	10	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Onion - SR1986 (2 tbsp.)	10	5.62	0.01	0.01	0.00	0.56	1.31	0.15
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	255.73	0.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 2 - ServingDate: 09/26/2023								
Veggie Burger - OKR1984 (1 burger)	5	310.00	10.00	1.00	0.00	670.00	37.00	22.00
Cheeseburger - OKR1974 (1 burger)	25	355.00	13.50	5.50	0.00	585.00	35.00	20.50
Chicken Burger - OKR1124 (1 burger)	25	400.00	16.00	2.50	0.00	710.00	47.00	20.00
Traditional Hamburger - OKR1165 (1 burger)	5	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Meatball Sub, chicken meatball, Commercial Mozz, Richs WG - OKR2024 (1 sandwich)	10	390.89	14.69	4.25	0.00	621.71	44.77	22.07
Spicy Chicken Burger - OKR1167 (1 burger)	30	390.13	15.01	2.50	0.00	620.20	46.01	19.01
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Shredded Lettuce - SR1015 (1/4 cup shredd)	10	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Onion - SR1986 (2 tbsp.)	10	5.62	0.01	0.01	0.00	0.56	1.31	0.15
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	1.12	0.87	0.20
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 3 - ServingDate: 09/27/2023								
Veggie Burger - OKR1984 (1 burger)	5	310.00	10.00	1.00	0.00	670.00	37.00	22.00
Cheeseburger - OKR1974 (1 burger)	20	355.00	13.50	5.50	0.00	585.00	35.00	20.50
Chicken Burger - OKR1124 (1 burger)	15	400.00	16.00	2.50	0.00	710.00	47.00	20.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 3 - ServingDate: 09/27/2023								
Corn Dog - SR1023 (1 corn dog)	20	240.00	9.00	2.50	0.00	470.00	30.00	9.00
Traditional Hamburger - OKR1165 (1 burger)	15	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Burger - OKR1167 (1 burger)	25	390.13	15.01	2.50	0.00	620.20	46.01	19.01
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Mixed Salad Greens - SR1080 (1 c.)	10	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Shredded Lettuce - SR1015 (1/4 cup shredd)	10	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Onion - SR1986 (2 tbsp.)	10	5.62	0.01	0.01	0.00	0.56	1.31	0.15
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	1.12	0.87	0.20
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 4 - ServingDate: 09/28/2023								
Barbecue Rib Sandwich - OKR1132 (1 sandwich)	10	332.89	12.00	3.50	0.00	861.89	42.01	18.00
Veggie Burger - OKR1984 (1 burger)	5	310.00	10.00	1.00	0.00	670.00	37.00	22.00
Cheeseburger - OKR1974 (1 burger)	25	355.00	13.50	5.50	0.00	585.00	35.00	20.50
Chicken Burger - OKR1124 (1 burger)	25	400.00	16.00	2.50	0.00	710.00	47.00	20.00
Traditional Hamburger - OKR1165 (1 burger)	5	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Burger - OKR1167 (1 burger)	30	390.13	15.01	2.50	0.00	620.20	46.01	19.01
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 4 - ServingDate: 09/28/2023								
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Mixed Salad Greens - SR1080 (1 c.)	5	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Shredded Lettuce - SR1015 (1/4 cup shredd)	10	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Onion - SR1986 (2 tbsp.)	10	5.62	0.01	0.01	0.00	0.56	1.31	0.15
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	1.12	0.87	0.20
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 5 - ServingDate: 09/29/2023								
Bacon Cheeseburger - OKR1347 (1 ea.)	25	372.23	15.05	6.20	0.00	776.21	34.74	22.20
Veggie Burger - OKR1984 (1 burger)	5	310.00	10.00	1.00	0.00	670.00	37.00	22.00
Cheeseburger - OKR1974 (1 burger)	15	355.00	13.50	5.50	0.00	585.00	35.00	20.50
Chicken Burger - OKR1124 (1 burger)	20	400.00	16.00	2.50	0.00	710.00	47.00	20.00
Traditional Hamburger - OKR1165 (1 burger)	5	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Burger - OKR1167 (1 burger)	30	390.13	15.01	2.50	0.00	620.20	46.01	19.01
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut French Fries - SR2496 (1/2 c.)	75	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Mixed Salad Greens - SR1080 (1 c.)	10	12.85	0.03	0.00	0.00	12.67	2.51	0.94
Shredded Lettuce - SR1015 (1/4 cup shredd)	10	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Onion - SR1986 (2 tbsp.)	10	5.62	0.01	0.01	0.00	0.56	1.31	0.15

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24 Taste4/FoodiE - Grill - Composed Week 1 Day 5 - ServingDate: 09/29/2023								
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	10	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	10	4.03	0.04	0.01	0.00	1.12	0.87	0.20

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Lunch
Site Group: Taste4
Menu Line: T4-Grill (composed)
Serving Group: 9-12
Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.