

Menu Calendar Nutrient Analysis Report - October, 2020

Site: ALL

Date: 10/01/2020 - 10/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 2020-2021 Play K5 - W1, D1 (tier II) - ServingDate: 10/05/2020								
Hamburger Patty - SR2518 (1 patty)	25	102.80	5.30	2.10	0.00	133.30	1.90	8.70
Deli Stackables Box, no dessert - OKR1798 (1 Box)	25	391.44	15.88	5.62	0.00	878.33	42.95	21.16
Macaroni and Cheese - SR2124 (2/3 c.)	25	378.24	18.73	9.79	0.00	1076.70	33.57	19.84
Turkey & Cheese Sandwich - OKR1126 (1 sandwich)	25	330.00	14.00	6.00	0.00	970.00	31.00	22.00
American Cheese Slice - SR1988 (1/2 oz.)	25	50.00	4.50	2.50	0.00	255.00	0.00	2.50
American Cheese Slice - SR2821 (1/2 oz.)	0	55.00	4.50	2.50	0.00	135.00	1.00	2.50
Hamburger Bun - OKR1351 (1 roll.)	25	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Breadstick - SR1044 (1 breadstick)	25	80.00	1.00	0.00	0.00	95.00	14.00	3.00
Diced Peaches - SR1196 (1/2 c.)	70	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Crispy Whole Apple - SR1161 (1 extra smal)	35	47.79	0.16	0.03	0.00	0.92	12.69	0.24
Roasted Broccoli - SR1852 (1/2 c.)	60	65.49	4.49	0.33	0.00	72.06	5.40	3.00
Baby Carrots - SR1016 (1/2 c.)	45	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Caesar Side Salad - SR1428 (1 c.)	30	169.83	15.80	3.27	0.00	325.07	5.61	2.95
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	20	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	15	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Kelloggs Rice Krispies Treat Minis - SR2454 (1 Bar)	100	50.00	1.00	0.00	0.00	45.00	9.00	0.00
Ketchup - SR1004 (1 pump)	25	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Lite Mayonnaise, Heinz 1.5 gallon dispenser pack - OKR1799 (1 pump)	25	53.33	5.87	1.07	0.00	45.33	0.00	0.00

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SY 2020-2021 Play K5 - W1, D1 (tier II) - ServingDate: 10/05/2020								
Yellow Mustard - SR1603 (1 pump)	25	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	20	25.00	1.25	0.25	0.00	160.00	4.00	0.00
SY 2020-2021 Play K5 - W1, D2 (tier II) - ServingDate: 10/06/2020								
Blueberry Patch Parfait - SR1384 (1 parfait)	20	235.24 (M)	3.75(M)	0.71(M)	0.00(M)	124.32 (M)	44.78 (M)	5.08(M)
Cheese Pizza Square - SR1024 (1 slice)	35	310.00	11.00	4.00	0.00	480.00	35.00	16.00
Chef Salad - SR1082 (1 salad)	15	148.02	8.60	3.74	0.00	270.04	5.48	12.23
Beef Taco Filling - SR1528 (1/4 c.)	30	74.39	3.02	1.21	0.00	240.10	3.02	8.47
Honey Graham Crackers - SR2366 (1 pkg.)	20	90.00	2.50	0.00	0.00	95.00	17.00	2.00
Flour Tortilla - SR1176 (1 tortilla)	30	150.00	4.00	1.00	0.00	200.00	24.00	4.00
Twisted Breadstick - SR2142 (1 breadstick)	15	172.73	3.27	0.09	0.00	190.34	28.41	6.09
Diced Bartlett Pears - SR1194 (1/2 c.)	50	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Orange Smiles - SR1172 (6 slice or w)	30	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Vegetarian Refried Beans - SR1070 (1/2 c.)	25	161.28	0.58	0.00	0.00	158.86	28.80	10.37
Fresh Broccoli Florets - SR1027 (1/2 c.)	45	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Mixed Garden Vegetables - SR1583 (1/2 c.)	75	51.85	0.42	0.07	0.00	90.78	11.05	2.23
Garden Side Salad - SR1429 (1 c.)	30	20.07	0.13	0.02	0.00	25.59	4.25	1.10
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	20	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00

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SY 2020-2021 Play K5 - W1, D2 (tier II) - ServingDate: 10/06/2020								
Shredded Cheddar Cheese - SR1537 (1/2 oz.)	30	55.00	4.50	2.50	0.00	90.00	0.00	3.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	25	3.33	0.25	0.17	0.00	15.00	0.17	0.17
Ketchup - SR1004 (1 pump)	20	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Lite Mayonnaise, Heinz 1.5 gallon dispenser pack - OKR1799 (1 pump)	20	53.33	5.87	1.07	0.00	45.33	0.00	0.00
String Cheese - SR1146 (1 stick.)	20	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Yellow Mustard - SR1603 (1 pump)	20	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	30	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	30	25.00	1.25	0.25	0.00	160.00	4.00	0.00
Diced Red Tomatoes - SR1012 (2 tbsp.)	30	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Thick & Chunky Salsa - SR2187 (2 tbsp.)	20	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Sour Cream - SR1659 (2 tbsp.)	20	60.00	5.00	3.50	0.00	15.00	1.00	1.00
SY 2020-2021 Play K5 - W1, D3 (tier II) - ServingDate: 10/07/2020								
Country Fried Steak Fingers - SR1510 (4 stick.)	35	350.00	24.00	7.00	0.00	320.00	19.00	14.00
Deli Stackables Box, no dessert - OKR1798 (1 Box)	25	391.44	15.88	5.62	0.00	878.33	42.95	21.16
Original Hot Dog - OKR1127 (1 serving (1))	25	280.00	11.00	2.50	0.00	530.00	32.00	14.00
Crispy Chicken Wrap - SR2524 (1 wrap)	15	467.82	24.56	8.01	0.00	883.29	41.11	20.63

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SY 2020-2021 Play K5 - W1, D3 (tier II) - ServingDate: 10/07/2020								
Dinner Roll - SR1010 (1 roll.)	35	80.00	1.50	0.00	0.00	70.00	14.00	3.00
Unsweetened Applesauce - SR1195 (1/2 c.)	60	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	40	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Baby Carrots - SR1016 (1/2 c.)	60	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Whipped Potatoes - SR1112 (1/2 c.)	90	79.98	1.50	1.00	0.00	102.63	15.00	2.00
Super Side Salad - SR1979 (1 c.)	30	47.39	0.30	0.04	0.00	30.86	9.78	2.24
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	20	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Gravy, country, old fashioned biscuit - OKR1552 (1/4 c.)	70	42.52	2.43	1.22	0.00	147.42	4.86	0.00
Ketchup - SR1004 (1 pump)	20	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Lite Mayonnaise, Heinz 1.5 gallon dispenser pack - OKR1799 (1 pump)	20	53.33	5.87	1.07	0.00	45.33	0.00	0.00
Yellow Mustard - SR1603 (1 pump)	20	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	30	25.00	1.25	0.25	0.00	160.00	4.00	0.00
Smart Balance Butter - OKR1081 (1 pkg.)	40	30.00	3.00	1.00	0.00	30.00	0.00	0.00
SY 2020-2021 Play K5 - W1, D4 (tier II) - ServingDate: 10/08/2020								
American Sandwich - OKR1129 (1 sandwich)	20	330.00	14.25	6.00	0.00	1015.00	30.50	21.00
Breaded Chicken Patty - SR2186 (1 patty)	35	240.00	14.00	2.50	0.00	440.00	16.00	14.00

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SY 2020-2021 Play K5 - W1, D4 (tier II) - ServingDate: 10/08/2020								
Beef Bolognese - SR1197 (2/3 c.)	30	185.13	8.03	3.33	0.01	630.03	13.19	13.76
Chef Salad - SR1082 (1 salad)	15	148.02	8.60	3.74	0.00	270.04	5.48	12.23
Hamburger Bun - OKR1351 (1 roll.)	35	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Spaghetti Noodles - SR2107 (1/2 c.)	30	131.82	1.67	0.08	0.00	187.23	25.77	4.29
Twisted Breadstick - SR2142 (1 breadstick)	15	172.73	3.27	0.09	0.00	190.34	28.41	6.09
Mixed Fruit Cocktail - SR1037 (1/2 c.)	50	49.99	0.01	0.00	0.00	4.35	12.89	0.50
Orange Smiles - SR1172 (6 slice or w)	25	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Broccoli Florets - SR1027 (1/2 c.)	60	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Roasted Green Beans - SR1021 (1/2 c.)	90	22.18	0.13	0.04	0.00	43.09	5.11	1.18
Garden Side Salad - SR1429 (1 c.)	30	20.07	0.13	0.02	0.00	25.59	4.25	1.10
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	20	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Breadstick - SR1044 (1 breadstick)	30	80.00	1.00	0.00	0.00	95.00	14.00	3.00
Ketchup - SR1004 (1 pump)	20	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Lite Mayonnaise, Heinz 1.5 gallon dispenser pack - OKR1799 (1 pump)	20	53.33	5.87	1.07	0.00	45.33	0.00	0.00
Yellow Mustard - SR1603 (1 pump)	20	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	30	25.00	1.25	0.25	0.00	160.00	4.00	0.00

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SY 2020-2021 Play K5 - W1, D5 (tier II) - ServingDate: 10/09/2020								
Crispy Chicken Nuggets - SR1367 (5 nugget)	35	277.16	16.17	2.89	0.00	508.12	18.48	16.17
Toasted Cheese Sandwich - OKR1220 (1 sandwich)	25	360.00	20.00	10.00	0.00	1250.00	30.00	16.00
Ham & Cheese Sandwich - OKR1072 (1 sandwich)	25	330.00	14.50	6.00	0.00	1060.00	30.00	20.00
Chicken Caesar Salad - SR2523 (1 salad)	15	150.37	6.56	1.45	0.00	387.11	9.43	13.98
Twisted Breadstick - SR2142 (1 breadstick)	15	172.73	3.27	0.09	0.00	190.34	28.41	6.09
Toasted Waffle - SR1038 (1 waffle)	35	105.00	3.50	0.50	0.00	175.00	16.50	2.00
Cinnamon Swirled Apples - SR1492 (1/2 c.)	70	44.61	0.00	0.00	0.00	8.79	10.78	0.01
Banana - SR1166 (1 medium (7"))	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Celery Sticks - SR1014 (6 stick.)	60	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Sweet Potato Fries - SR2043 (1/2 c.)	90	162.34	7.61	1.01	0.00	213.08	23.34	3.04
Super Side Salad - SR1979 (1 c.)	30	47.39	0.30	0.04	0.00	30.86	9.78	2.24
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	20	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Breakfast Syrup Cup - SR2498 (1 Container)	35	110.00	0.00	0.00	0.00	20.00	29.00	0.00
Caesar Salad Dressing - SR1551 (1 tbsp.)	15	65.00	7.00	1.25	0.00	105.00	0.50	0.50
Ketchup - SR1004 (1 pump)	20	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Lite Mayonnaise, Heinz 1.5 gallon dispenser pack - OKR1799 (1 pump)	20	53.33	5.87	1.07	0.00	45.33	0.00	0.00
Yellow Mustard - SR1603 (1 pump)	20	0.00	0.00	0.00	0.00	180.00	0.00	0.00

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SY 2020-2021 Play K5 - W1, D5 (tier II) - ServingDate: 10/09/2020								
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	20	25.00	1.25	0.25	0.00	160.00	4.00	0.00
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	0	105.00	0.00	0.00	0.00	47.50	26.00	0.00
SY 2020-2021 Play K5 - W2, D1 (tier II) - ServingDate: 10/12/2020								
EZ Pizza Box - SR2095 (1 Box)	15	498.28	19.58	8.26	0.00	1118.05	58.94	21.38
Cheese Quesadilla - SR1050 (1 each quesadilla)	30	260.00	13.00	6.00	0.00	380.00	24.00	10.00
Sweet & Sour Chicken - SR2521 (5 nugget)	40	347.16	16.17	2.89	0.00	583.12	36.48	16.17
Turkey & Cheese Sandwich - OKR1126 (1 sandwich)	15	330.00	14.00	6.00	0.00	970.00	31.00	22.00
Steamed Rice - SR2109 (1/2 c.)	40	137.87	0.81	0.00	0.00	2.39	30.01	3.24
Diced Peaches - SR1196 (1/2 c.)	60	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Crispy Whole Apple - SR1161 (1 extra smal)	35	47.79	0.16	0.03	0.00	0.92	12.69	0.24
Roasted Broccoli - SR1852 (1/2 c.)	85	65.49	4.49	0.33	0.00	72.06	5.40	3.00
Baby Carrots - SR1016 (1/2 c.)	50	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Caesar Side Salad - SR1428 (1 c.)	30	169.83	15.80	3.27	0.00	325.07	5.61	2.95
Chocolate1% Milk - OKR1062 (8 oz.)	70	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Kelloggs Rice Krispies Treat Minis - SR2454 (1 Bar)	100	50.00	1.00	0.00	0.00	45.00	9.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	25	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Diced Red Tomatoes - SR1012 (2 tbsp.)	25	4.43	0.05	0.01	0.00	1.23	0.96	0.22

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SY 2020-2021 Play K5 - W2, D1 (tier II) - ServingDate: 10/12/2020								
Thick & Chunky Salsa - SR2187 (2 tbsp.)	20	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Sour Cream - SR1659 (2 tbsp.)	20	60.00	5.00	3.50	0.00	15.00	1.00	1.00
SY 2020-2021 Play K5 - W2, D2 (tier II) - ServingDate: 10/13/2020								
Hot Ham & Cheese Sandwich, hamburger roll, cheddar cheese sauce, turkey ham, RECIPE - OKR1791 (1 sandwich)	20	306.84	10.77	3.78	0.00	896.36	32.10	21.10
Double Berry Parfait - SR1174 (1 parfait)	20	276.74 (M)	3.83(M)	0.71(M)	0.00(M)	125.82 (M)	56.87 (M)	5.42(M)
Chef Salad - SR1082 (1 salad)	10	148.02	8.60	3.74	0.00	270.04	5.48	12.23
Country Breakfast Sausage Patty - SR1157 (2 patty)	50	120.00	9.00	3.00	0.00	160.00	0.00	12.00
String Cheese - SR1146 (1 stick.)	20	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Honey Graham Crackers - SR2366 (1 pkg.)	20	90.00	2.50	0.00	0.00	95.00	17.00	2.00
Buttermilk Pancakes - SR2010 (2 pancake)	50	160.00	2.00	0.33	0.00	406.67	30.67	4.00
Twisted Breadstick - SR2142 (1 breadstick)	10	172.73	3.27	0.09	0.00	190.34	28.41	6.09
Baked Cinnamon Raisin Apples - SR1238 (3/8 c.)	65	121.88	1.89	0.76	0.00	29.02	26.93	0.37
Diced Bartlett Pears - SR1194 (1/2 c.)	50	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Orange Smiles - SR1172 (6 slice or w)	40	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Broccoli Florets - SR1027 (1/2 c.)	45	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Aztec Corn - SR1434 (1/2 c.)	75	77.15	1.49	0.14	0.00	32.91	14.91	2.80
Garden Side Salad - SR1429 (1 c.)	30	20.07	0.13	0.02	0.00	25.59	4.25	1.10

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SY 2020-2021 Play K5 - W2, D2 (tier II) - ServingDate: 10/13/2020								
Chocolate1% Milk - OKR1062 (8 oz.)	70	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	20	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Breakfast Syrup Cup - SR2498 (1 Container)	50	110.00	0.00	0.00	0.00	20.00	29.00	0.00
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	0	105.00	0.00	0.00	0.00	47.50	26.00	0.00
SY 2020-2021 Play K5 - W2, D3 (tier II) - ServingDate: 10/14/2020								
Crispy Chicken Nuggets - SR1367 (5 nugget)	40	277.16	16.17	2.89	0.00	508.12	18.48	16.17
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
EZ Pizza Box - SR2095 (1 Box)	25	498.28	19.58	8.26	0.00	1118.05	58.94	21.38
Buffalo Wrap - SR2527 (1 wrap)	10	481.42	23.55	6.13	0.00	1927.62	47.19	21.24
Hamburger Bun - OKR1351 (1 roll.)	25	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Dinner Roll - SR1009 (1 roll.)	40	160.00	3.00	0.00	0.00	135.00	29.00	7.00
Unsweetened Applesauce - SR1195 (1/2 c.)	50	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	40	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Roasted Green Beans - SR1021 (1/2 c.)	50	22.18	0.13	0.04	0.00	43.09	5.11	1.18
Baby Carrots - SR1016 (1/2 c.)	45	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Whipped Potatoes - SR1112 (1/2 c.)	85	79.98	1.50	1.00	0.00	102.63	15.00	2.00
Super Side Salad - SR1979 (1 c.)	30	47.39	0.30	0.04	0.00	30.86	9.78	2.24
Chocolate1% Milk - OKR1062 (8 oz.)	70	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	20	107.58	2.69	1.61	0.00	112.96	12.91	8.61

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Site: ALL

Date: 10/01/2020 - 10/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 2020-2021 Play K5 - W2, D3 (tier II) - ServingDate: 10/14/2020								
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Gravy, country, old fashioned biscuit - OKR1552 (1/4 c.)	50	42.52	2.43	1.22	0.00	147.42	4.86	0.00
Ketchup - SR1004 (1 pump)	20	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Lite Mayonnaise, Heinz 1.5 gallon dispenser pack - OKR1799 (1 pump)	20	53.33	5.87	1.07	0.00	45.33	0.00	0.00
Yellow Mustard - SR1603 (1 pump)	20	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	30	25.00	1.25	0.25	0.00	160.00	4.00	0.00
Smart Balance Butter - OKR1081 (1 pkg.)	40	30.00	3.00	1.00	0.00	30.00	0.00	0.00
SY 2020-2021 Play K5 - W3, D1 (tier II) - ServingDate: 10/19/2020								
Toasted Cheese Sandwich - OKR1220 (1 sandwich)	25	360.00	20.00	10.00	0.00	1250.00	30.00	16.00
Chef Salad - SR1082 (1 salad)	15	148.02	8.60	3.74	0.00	270.04	5.48	12.23
Turkey & Cheese Sandwich - OKR1126 (1 sandwich)	20	330.00	14.00	6.00	0.00	970.00	31.00	22.00
Walking Nachos - SR1499 (1 nacho)	40	284.48	13.08	4.38	0.00	624.49	26.41	15.34
Twisted Breadstick - SR2142 (1 breadstick)	15	172.73	3.27	0.09	0.00	190.34	28.41	6.09
Diced Peaches - SR1196 (1/2 c.)	60	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Crispy Whole Apple - SR1161 (1 extra smal)	35	47.79	0.16	0.03	0.00	0.92	12.69	0.24
Vegetarian Refried Beans - SR1070 (1/2 c.)	75	161.28	0.58	0.00	0.00	158.86	28.80	10.37
Baby Carrots - SR1016 (1/2 c.)	45	25.40	0.09	0.02	0.00	56.61	5.98	0.46

Menu Calendar Nutrient Analysis Report - October, 2020

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Date: 10/01/2020 - 10/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 2020-2021 Play K5 - W3, D1 (tier II) - ServingDate: 10/19/2020								
Caesar Side Salad - SR1428 (1 c.)	30	169.83	15.80	3.27	0.00	325.07	5.61	2.95
Chocolate1% Milk - OKR1062 (8 oz.)	70	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	20	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	20	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Lite Mayonnaise, Heinz 1.5 gallon dispenser pack - OKR1799 (1 pump)	20	53.33	5.87	1.07	0.00	45.33	0.00	0.00
Yellow Mustard - SR1603 (1 pump)	20	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	35	25.00	1.25	0.25	0.00	160.00	4.00	0.00
Thick & Chunky Salsa - SR2187 (2 tbsp.)	25	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Sour Cream - SR1659 (2 tbsp.)	25	60.00	5.00	3.50	0.00	15.00	1.00	1.00
SY 2020-2021 Play K5 - W3, D2 (tier II) - ServingDate: 10/20/2020								
Hamburger Patty - SR2518 (1 patty)	45	102.80	5.30	2.10	0.00	133.30	1.90	8.70
Enchilada Suiza - OKR1451 (1 enchilada)	30	410.68	17.79	8.60	0.00	954.02	35.08	26.50
Just Peachy Parfait - SR1503 (1 parfait)	20	253.78 (M)	3.79(M)	0.71(M)	0.00(M)	128.60 (M)	51.15 (M)	5.91(M)
Chef Salad - SR1082 (1 salad)	5	148.02	8.60	3.74	0.00	270.04	5.48	12.23
String Cheese - SR1146 (1 stick.)	20	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Hamburger Bun - OKR1351 (1 roll.)	45	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Honey Graham Crackers - SR2366 (1 pkg.)	20	90.00	2.50	0.00	0.00	95.00	17.00	2.00
Twisted Breadstick - SR2142 (1 breadstick)	5	172.73	3.27	0.09	0.00	190.34	28.41	6.09

Menu Calendar Nutrient Analysis Report - October, 2020

Site: ALL

Date: 10/01/2020 - 10/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 2020-2021 Play K5 - W3, D2 (tier II) - ServingDate: 10/20/2020								
Diced Bartlett Pears - SR1194 (1/2 c.)	50	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Orange Smiles - SR1172 (6 slice or w)	40	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Broccoli Florets - SR1027 (1/2 c.)	60	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Roasted Broccoli and Carrots - SR2023 (1/2 c.)	75	85.04	7.11	0.52	0.00	14.84	4.95	2.43
Garden Side Salad - SR1429 (1 c.)	40	20.07	0.13	0.02	0.00	25.59	4.25	1.10
Chocolate1% Milk - OKR1062 (8 oz.)	60	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	20	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
American Cheese Slice - SR1988 (1/2 oz.)	45	50.00	4.50	2.50	0.00	255.00	0.00	2.50
Ketchup - SR1004 (1 pump)	20	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Lite Mayonnaise, Heinz 1.5 gallon dispenser pack - OKR1799 (1 pump)	20	53.33	5.87	1.07	0.00	45.33	0.00	0.00
Yellow Mustard - SR1603 (1 pump)	20	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	20	25.00	1.25	0.25	0.00	160.00	4.00	0.00
Thick & Chunky Salsa - SR2187 (2 tbsp.)	20	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Sour Cream - SR1659 (2 tbsp.)	20	60.00	5.00	3.50	0.00	15.00	1.00	1.00
SY 2020-2021 Play K5 - W3, D3 (tier II) - ServingDate: 10/21/2020								
Chicken Caesar Wrap - SR2556 (1 wrap)	5	411.68	22.17	4.02	0.00	590.56	32.34	19.70
Crispy Chicken Nuggets - SR1367 (5 nugget)	50	277.16	16.17	2.89	0.00	508.12	18.48	16.17
Fruit & Yo To Go Box - OKR1793 (1 Box)	15	431.91	11.97	3.91	0.00	482.67	71.53	16.22

Menu Calendar Nutrient Analysis Report - October, 2020

Site: ALL

Date: 10/01/2020 - 10/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 2020-2021 Play K5 - W3, D3 (tier II) - ServingDate: 10/21/2020								
Original Hot Dog - OKR1127 (1 serving (1))	30	280.00	11.00	2.50	0.00	530.00	32.00	14.00
Dinner Roll - SR1010 (1 roll.)	50	80.00	1.50	0.00	0.00	70.00	14.00	3.00
Unsweetened Applesauce - SR1195 (1/2 c.)	50	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	40	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Emoji Potatoes - OKR1464 (2 1/2 oz.)	75	117.95	3.93	0.49	0.00	78.63	17.69	1.97
Baby Carrots - SR1016 (1/2 c.)	40	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Super Side Salad - SR1979 (1 c.)	30	47.39	0.30	0.04	0.00	30.86	9.78	2.24
Chocolate 1% Milk - OKR1062 (8 oz.)	60	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	30	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	20	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Lite Mayonnaise, Heinz 1.5 gallon dispenser pack - OKR1799 (1 pump)	20	53.33	5.87	1.07	0.00	45.33	0.00	0.00
Yellow Mustard - SR1603 (1 pump)	20	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	20	25.00	1.25	0.25	0.00	160.00	4.00	0.00
Smart Balance Butter - OKR1081 (1 pkg.)	40	30.00	3.00	1.00	0.00	30.00	0.00	0.00
SY 2020-2021 Play K5 - W3, D4 (tier II) - ServingDate: 10/22/2020								
American Sandwich - OKR1129 (1 sandwich)	15	330.00	14.25	6.00	0.00	1015.00	30.50	21.00
Cheddar Cheese Omelet, Papetti's, 2 oz. - SR2438 (1 patty)	40	130.00	11.00	3.50	0.00	290.00	1.00	7.00

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Date: 10/01/2020 - 10/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 2020-2021 Play K5 - W3, D4 (tier II) - ServingDate: 10/22/2020								
Pizza Burger - OKR1785 (1 burger)	35	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chef Salad - SR1082 (1 salad)	10	148.02	8.60	3.74	0.00	270.04	5.48	12.23
Hamburger Patty - SR1652 (1 patty)	35	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hamburger Bun - OKR1351 (1 roll.)	35	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Cinnamon Breadstick - SR1455 (1 roll.)	40	93.38	1.69	0.28	0.00	102.38	15.88	3.01
Baked Cinnamon Raisin Apples - SR1238 (3/8 c.)	60	121.88	1.89	0.76	0.00	29.02	26.93	0.37
Mixed Fruit Cocktail - SR1037 (1/2 c.)	50	49.99	0.01	0.00	0.00	4.35	12.89	0.50
Orange Smiles - SR1172 (6 slice or w)	30	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Broccoli Florets - SR1027 (1/2 c.)	50	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Tater Tot Hash - SR1848 (1/2 c.)	80	145.52	7.33	1.10	0.00	346.85	17.02	2.16
Garden Side Salad - SR1429 (1 c.)	30	20.07	0.13	0.02	0.00	25.59	4.25	1.10
Chocolate1% Milk - OKR1062 (8 oz.)	60	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	20	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	40	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Chocolate Chip Cookie - OKR1042 (1 cookie)	100	111.38	3.54	1.01	0.00	86.06	18.23	1.01
Ketchup - SR1004 (1 pump)	20	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Lite Mayonnaise, Heinz 1.5 gallon dispenser pack - OKR1799 (1 pump)	20	53.33	5.87	1.07	0.00	45.33	0.00	0.00
Yellow Mustard - SR1603 (1 pump)	20	0.00	0.00	0.00	0.00	180.00	0.00	0.00

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Date: 10/01/2020 - 10/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 2020-2021 Play K5 - W3, D4 (tier II) - ServingDate: 10/22/2020								
Sliced Pepperoni - SR1800 (3 slice)	35	23.69	2.19	0.82	0.00	78.37	0.00	1.09
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	40	7.49	0.17	0.03	0.00	130.30	1.45	0.26
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	20	25.00	1.25	0.25	0.00	160.00	4.00	0.00
SY 2020-2021 Play K5 - W3, D5 (tier II) - ServingDate: 10/23/2020								
Ham & Cheese Sandwich - OKR1072 (1 sandwich)	20	330.00	14.50	6.00	0.00	1060.00	30.00	20.00
Cheese Pizza Square - SR1024 (1 slice)	50	310.00	11.00	4.00	0.00	480.00	35.00	16.00
Rainbow Chili - SR1922 (1 c.)	25	186.09	1.27	0.05	0.00	412.67	36.24	9.41
Crispy Chicken Salad - SR2526 (1 salad)	5	279.95	14.33	4.26	0.00	447.50	22.49	16.02
Frito Corn Chips - SR2033 (1 c.)	25	227.37	14.21	0.00	0.00	241.58	22.74	2.84
Twisted Breadstick - SR2142 (1 breadstick)	5	172.73	3.27	0.09	0.00	190.34	28.41	6.09
Cinnamon Swirled Apples - SR1492 (1/2 c.)	50	44.61	0.00	0.00	0.00	8.79	10.78	0.01
Banana - SR1166 (1 medium (7"))	30	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Celery Sticks - SR1014 (6 stick.)	40	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Citrus Glazed Carrots - SR1131 (1/2 c.)	75	60.46	0.78	0.14	0.00	67.68	13.35	0.68
Super Side Salad - SR1979 (1 c.)	30	47.39	0.30	0.04	0.00	30.86	9.78	2.24
Chocolate1% Milk - OKR1062 (8 oz.)	60	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	20	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Shredded Cheddar Cheese - SR1537 (1/2 oz.)	25	55.00	4.50	2.50	0.00	90.00	0.00	3.00

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Date: 10/01/2020 - 10/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 2020-2021 Play K5 - W3, D5 (tier II) - ServingDate: 10/23/2020								
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	30	3.33	0.25	0.17	0.00	15.00	0.17	0.17
Ketchup - SR1004 (1 pump)	20	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Lite Mayonnaise, Heinz 1.5 gallon dispenser pack - OKR1799 (1 pump)	20	53.33	5.87	1.07	0.00	45.33	0.00	0.00
Yellow Mustard - SR1603 (1 pump)	20	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	20	25.00	1.25	0.25	0.00	160.00	4.00	0.00
SY 2020-2021 Play K5 - W4, D1 (tier II) - ServingDate: 10/26/2020								
Barbecue Rib Sandwich - OKR1132 (1 sandwich)	50	332.89	12.00	3.50	0.10	861.89	42.01	18.00
Meatball Sauce - SR1586 (4 Meatballs)	30	200.36	11.71	4.93	0.01	536.03	12.54	12.89
Fiesta Salad - SR1111 (1 salad)	5	151.55	6.62	3.32	0.00	301.43	11.13	11.50
Turkey & Cheese Sandwich - OKR1126 (1 sandwich)	15	330.00	14.00	6.00	0.00	970.00	31.00	22.00
Breadstick - SR1044 (1 breadstick)	30	80.00	1.00	0.00	0.00	95.00	14.00	3.00
Spaghetti Noodles - SR2107 (1/2 c.)	30	131.82	1.67	0.08	0.00	187.23	25.77	4.29
Twisted Breadstick - SR2142 (1 breadstick)	5	172.73	3.27	0.09	0.00	190.34	28.41	6.09
Diced Peaches - SR1196 (1/2 c.)	60	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Crispy Whole Apple - SR1161 (1 extra smal)	40	47.79	0.16	0.03	0.00	0.92	12.69	0.24
Baby Carrots - SR1016 (1/2 c.)	60	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Country Style Potato Wedges - SR1029 (1/2 c.)	85	90.43	2.51	0.00	0.00	30.14	15.07	2.01

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 2020-2021 Play K5 - W4, D1 (tier II) - ServingDate: 10/26/2020								
Caesar Side Salad - SR1428 (1 c.)	30	169.83	15.80	3.27	0.00	325.07	5.61	2.95
Chocolate1% Milk - OKR1062 (8 oz.)	60	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	30	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Shredded Mozzarella Cheese - SR1989 (1/2 oz.)	30	40.50	2.53	1.52	0.00	91.12	1.01	3.04
Ketchup - SR1004 (1 pump)	20	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Lite Mayonnaise, Heinz 1.5 gallon dispenser pack - OKR1799 (1 pump)	20	53.33	5.87	1.07	0.00	45.33	0.00	0.00
Yellow Mustard - SR1603 (1 pump)	20	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	20	25.00	1.25	0.25	0.00	160.00	4.00	0.00
SY 2020-2021 Play K5 - W4, D2 (tier II) - ServingDate: 10/27/2020								
Strawberry Banana Parfait - SR1504 (1 parfait)	20	290.52 (M)	3.96(M)	0.76(M)	0.00(M)	125.76 (M)	61.03 (M)	5.83(M)
Chef Salad - SR1082 (1 salad)	5	148.02	8.60	3.74	0.00	270.04	5.48	12.23
Country Breakfast Sausage Patty - SR1157 (2 patty)	50	120.00	9.00	3.00	0.00	160.00	0.00	12.00
Beef Taco Filling - SR1528 (3 tbsp.)	25	55.79	2.27	0.91	0.00	180.08	2.27	6.35
String Cheese - SR1146 (1 stick.)	20	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Honey Graham Crackers - SR2366 (1 pkg.)	20	90.00	2.50	0.00	0.00	95.00	17.00	2.00
French Toast Sticks - SR1910 (4 stick.)	50	254.56	9.79	1.96	0.00	293.72	37.21	5.87

Menu Calendar Nutrient Analysis Report - October, 2020

Site: ALL

Date: 10/01/2020 - 10/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 2020-2021 Play K5 - W4, D2 (tier II) - ServingDate: 10/27/2020								
Flour Tortilla - SR1176 (1 tortilla)	25	150.00	4.00	1.00	0.00	200.00	24.00	4.00
Twisted Breadstick - SR2142 (1 breadstick)	5	172.73	3.27	0.09	0.00	190.34	28.41	6.09
Baked Cinnamon Raisin Apples - SR1238 (3/8 c.)	50	121.88	1.89	0.76	0.00	29.02	26.93	0.37
Diced Bartlett Pears - SR1194 (1/2 c.)	65	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Orange Smiles - SR1172 (6 slice or w)	30	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Broccoli Florets - SR1027 (1/2 c.)	50	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Tater Tots - SR1450 (1/2 c.)	85	130.83	6.04	1.01	0.00	311.98	16.10	2.01
Garden Side Salad - SR1429 (1 c.)	30	20.07	0.13	0.02	0.00	25.59	4.25	1.10
Chocolate1% Milk - OKR1062 (8 oz.)	60	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	30	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Shredded Cheddar Cheese - SR1537 (1/2 oz.)	25	55.00	4.50	2.50	0.00	90.00	0.00	3.00
Ketchup - SR1004 (1 pump)	20	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Lite Mayonnaise, Heinz 1.5 gallon dispenser pack - OKR1799 (1 pump)	20	53.33	5.87	1.07	0.00	45.33	0.00	0.00
Yellow Mustard - SR1603 (1 pump)	20	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	15	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	20	25.00	1.25	0.25	0.00	160.00	4.00	0.00
Diced Red Tomatoes - SR1012 (2 tbsp.)	15	4.43	0.05	0.01	0.00	1.23	0.96	0.22
Thick & Chunky Salsa - SR2187 (2 tbsp.)	20	5.00	0.00	0.00	0.00	115.00	1.50	0.00

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SY 2020-2021 Play K5 - W4, D2 (tier II) - ServingDate: 10/27/2020								
Sour Cream - SR1659 (2 tbsp.)	20	60.00	5.00	3.50	0.00	15.00	1.00	1.00
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	50	105.00	0.00	0.00	0.00	47.50	26.00	0.00
SY 2020-2021 Play K5 - W4, D3 (tier II) - ServingDate: 10/28/2020								
Home-Style Pepperoni Pizza - OKR1335 (1 slice)	40	359.36	16.67	7.69	0.00	839.44	32.17	18.81
Pinwheel Party Box - SR2096 (1 Box)	25	472.51	20.80	6.18	0.00	819.35	53.73	18.63
Sweet & Sour Chicken - SR2521 (5 nugget)	30	347.16	16.17	2.89	0.00	583.12	36.48	16.17
Crispy Chicken Wrap - SR2524 (1 wrap)	5	467.82	24.56	8.01	0.00	883.29	41.11	20.63
Steamed Rice - SR2109 (1/2 c.)	30	137.87	0.81	0.00	0.00	2.39	30.01	3.24
Unsweetened Applesauce - SR1195 (1/2 c.)	60	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	30	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Baby Carrots - SR1016 (1/2 c.)	60	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Citrus Glazed Carrots - SR1131 (1/2 c.)	75	60.46	0.78	0.14	0.00	67.68	13.35	0.68
Super Side Salad - SR1979 (1 c.)	30	47.39	0.30	0.04	0.00	30.86	9.78	2.24
Chocolate1% Milk - OKR1062 (8 oz.)	60	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	20	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	30	3.33	0.25	0.17	0.00	15.00	0.17	0.17
Ketchup - SR1004 (1 pump)	20	20.00	0.00	0.00	0.00	160.00	5.00	0.00

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SY 2020-2021 Play K5 - W4, D3 (tier II) - ServingDate: 10/28/2020								
Lite Mayonnaise, Heinz 1.5 gallon dispenser pack - OKR1799 (1 pump)	20	53.33	5.87	1.07	0.00	45.33	0.00	0.00
Yellow Mustard - SR1603 (1 pump)	20	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	20	25.00	1.25	0.25	0.00	160.00	4.00	0.00
SY 2020-2021 Play K5 - W4, D4 (tier II) - ServingDate: 10/29/2020								
American Sandwich - OKR1129 (1 sandwich)	15	330.00	14.25	6.00	0.00	1015.00	30.50	21.00
Hamburger Patty - SR2518 (1 patty)	25	102.80	5.30	2.10	0.00	133.30	1.90	8.70
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	55	300.18	11.01	6.00	0.00	490.29	30.02	19.01
Strawberry Banana Parfait - SR1504 (1 parfait)	5	290.52 (M)	3.96(M)	0.76(M)	0.00(M)	125.76 (M)	61.03 (M)	5.83(M)
String Cheese - SR1146 (1 stick.)	5	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Hamburger Bun - OKR1351 (1 roll.)	25	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Honey Graham Crackers - SR2366 (1 pkg.)	5	90.00	2.50	0.00	0.00	95.00	17.00	2.00
Mixed Fruit Cocktail - SR1037 (1/2 c.)	45	49.99	0.01	0.00	0.00	4.35	12.89	0.50
Orange Smiles - SR1172 (6 slice or w)	40	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Vegetarian Baked Beans - SR2026 (1/2 c.)	50	132.68	0.00	0.00	0.00	561.33	29.60	7.14
Fresh Broccoli Florets - SR1027 (1/2 c.)	60	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Roasted Green Beans - SR1021 (1/2 c.)	50	22.18	0.13	0.04	0.00	43.09	5.11	1.18
Garden Side Salad - SR1429 (1 c.)	30	20.07	0.13	0.02	0.00	25.59	4.25	1.10

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SY 2020-2021 Play K5 - W4, D4 (tier II) - ServingDate: 10/29/2020								
Chocolate1% Milk - OKR1062 (8 oz.)	60	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	30	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
American Cheese Slice - SR1988 (1/2 oz.)	25	50.00	4.50	2.50	0.00	255.00	0.00	2.50
Kelloggs Rice Krispies Treat Minis - SR2454 (1 Bar)	100	50.00	1.00	0.00	0.00	45.00	9.00	0.00
Ketchup - SR1004 (1 pump)	20	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Lite Mayonnaise, Heinz 1.5 gallon dispenser pack - OKR1799 (1 pump)	20	53.33	5.87	1.07	0.00	45.33	0.00	0.00
Yellow Mustard - SR1603 (1 pump)	20	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Side of Pizza Sauce - OKR1569 (1 fl. oz.)	55	7.49	0.17	0.03	0.00	130.30	1.45	0.26
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	20	25.00	1.25	0.25	0.00	160.00	4.00	0.00
SY 2020-2021 Play K5 - W4, D5 (tier II) - ServingDate: 10/30/2020								
Crispy Chicken Nuggets - SR1367 (5 nugget)	50	277.16	16.17	2.89	0.00	508.12	18.48	16.17
Ham & Cheese Sandwich - OKR1072 (1 sandwich)	15	330.00	14.50	6.00	0.00	1060.00	30.00	20.00
Fiesta Salad - SR1111 (1 salad)	5	151.55	6.62	3.32	0.00	301.43	11.13	11.50
Tater Tot Casserole - OKR1621 (1 serving)	30	277.92	14.74	5.05	0.00	665.33	20.57	14.21
Twisted Breadstick - SR2142 (1 breadstick)	30	172.73	3.27	0.09	0.00	190.34	28.41	6.09
Cinnamon Swirled Apples - SR1492 (1/2 c.)	60	44.61	0.00	0.00	0.00	8.79	10.78	0.01
Banana - SR1166 (1 medium (7"))	30	105.02	0.39	0.13	0.00	1.18	26.95	1.29

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SY 2020-2021 Play K5 - W4, D5 (tier II) - ServingDate: 10/30/2020								
Celery Sticks - SR1014 (6 stick.)	60	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Whipped Potatoes - SR1112 (1/2 c.)	85	79.98	1.50	1.00	0.00	102.63	15.00	2.00
Super Side Salad - SR1979 (1 c.)	30	47.39	0.30	0.04	0.00	30.86	9.78	2.24
Chocolate1% Milk - OKR1062 (8 oz.)	60	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	20	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Breadstick - SR1044 (1 breadstick)	70	80.00	1.00	0.00	0.00	95.00	14.00	3.00
Gravy, country, old fashioned biscuit - OKR1552 (1/4 c.)	75	42.52	2.43	1.22	0.00	147.42	4.86	0.00
Ketchup - SR1004 (1 pump)	20	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Lite Mayonnaise, Heinz 1.5 gallon dispenser pack - OKR1799 (1 pump)	20	53.33	5.87	1.07	0.00	45.33	0.00	0.00
Yellow Mustard - SR1603 (1 pump)	20	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	20	25.00	1.25	0.25	0.00	160.00	4.00	0.00

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch

Site Group: The Clubhouse

Menu Line: CH-Main Event (II-Play)

Serving Group: K-5

Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.