

# Menu Calendar Nutrient Analysis Report - September, 2020

Site: ALL  
 Date: 09/01/2020 - 09/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>K-12 School Breakfast Program 20-21 (Cart Creations &amp; Cafe Classics) W5D2 - ServingDate: 09/01/2020</b>								
Maple, Egg and Sausage Tornado - SR2979 (1 ea.)	45	180.00	7.00	1.50	0.00	260.00	24.00	7.00
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	15	100.00	0.00	0.00	0.00	160.00	24.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	15	110.00	1.00	0.00	0.00	140.00	24.00	1.00
Fruit & Yogurt Smoothie - SR2974 (1 Smoothie)	25	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Strawberry Yogurt - SR2433 (1/2 c.)	25	112.61	0.75	0.38	0.00	60.06	23.27	3.75
Buttery Wheat Toast Side - OKR1160 (1 slice)	11	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Original Graham Crackers - SR1163 (1 pkg.)	25	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Unsweetened Applesauce - SR1195 (1/4 c.)	11	26.79	0.06	0.01	0.00	1.28	7.19	0.11
Diced Peaches - SR1196 (1/2 c.)	1	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Diced Peach Cups - OKR1792 (1 Container)	50	50.64	0.02	0.00	0.00	6.12	11.93	0.42
100% Apple Juice - SR2547 (2 fl oz cup)	11	30.00	0.00	0.00	0.00	2.50	7.00	0.00
100% Grape Juice - SR1607 (4 fl oz cup)	50	80.00	0.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	1	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00

# Menu Calendar Nutrient Analysis Report - September, 2020

Site: ALL  
 Date: 09/01/2020 - 09/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>K-12 School Breakfast Program 20-21 (Cart Creations &amp; Cafe Classics) W5D3 - ServingDate: 09/02/2020</b>								
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	15	100.00	0.00	0.00	0.00	160.00	24.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	15	110.00	1.00	0.00	0.00	140.00	24.00	1.00
French Toast Sticks - SR1910 (4 stick.)	45	254.56	9.79	1.96	0.00	293.72	37.21	5.87
Fruit & Yogurt Smoothie - SR2974 (1 Smoothie)	25	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Strawberry Yogurt - SR2433 (1/2 c.)	25	112.61	0.75	0.38	0.00	60.06	23.27	3.75
Buttery Wheat Toast Side - OKR1160 (1 slice)	11	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Original Graham Crackers - SR1163 (1 pkg.)	25	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Unsweetened Applesauce - SR1195 (1/4 c.)	11	26.79	0.06	0.01	0.00	1.28	7.19	0.11
Crispy Whole Apple - SR1161 (1 extra smal)	50	47.79	0.16	0.03	0.00	0.92	12.69	0.24
Orange Smiles - SR1172 (6 slice or w)	1	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Apple Juice - SR2547 (2 fl oz cup)	11	30.00	0.00	0.00	0.00	2.50	7.00	0.00
100% Grape Juice - SR1607 (4 fl oz cup)	1	80.00	0.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Breakfast Syrup Cup - SR2498 (1 Container)	45	110.00	0.00	0.00	0.00	20.00	29.00	0.00

## Menu Calendar Nutrient Analysis Report - September, 2020

Site: ALL

Date: 09/01/2020 - 09/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>K-12 School Breakfast Program 20-21 (Cart Creations &amp; Cafe Classics) W5D4 - ServingDate: 09/03/2020</b>								
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	20	100.00	0.00	0.00	0.00	160.00	24.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	20	110.00	1.00	0.00	0.00	140.00	24.00	1.00
Fruit & Yogurt Smoothie - SR2974 (1 Smoothie)	30	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Honey Chicken Biscuit - OKR1787 (1 sandwich)	30	310.68	12.65	5.16	0.00	634.51	42.18	9.06
Pureed Bananas - SR2975 (1/4 c.)	30	49.63	0.18	0.06	0.00	0.56	12.74	0.61
Original Graham Crackers - SR1163 (1 pkg.)	30	90.00	2.50	0.00	0.00	100.00	17.00	2.00
100% Apple Juice - SR2547 (2 fl oz cup)	30	30.00	0.00	0.00	0.00	2.50	7.00	0.00
Strawberry Yogurt - SR2433 (1/2 c.)	30	112.61	0.75	0.38	0.00	60.06	23.27	3.75
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	11	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Banana - SR1166 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange Smiles - SR1172 (6 slice or w)	1	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Grape Juice - SR1607 (4 fl oz cup)	1	80.00	0.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00

# Menu Calendar Nutrient Analysis Report - September, 2020

Site: ALL  
Date: 09/01/2020 - 09/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>K-12 School Breakfast Program 20-21 (Cart Creations &amp; Cafe Classics) W5D5 - ServingDate: 09/04/2020</b>								
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	20	100.00	0.00	0.00	0.00	160.00	24.00	2.00
Trix Cereal reduced sugar - SR1184 (1 bowl)	20	110.00	1.00	0.00	0.00	140.00	24.00	1.00
Cinnamon Roll - SR1383 (1 roll.)	35	180.00	1.50	0.50	0.00	140.00	36.00	5.00
Fruit & Yogurt Smoothie - SR2974 (1 Smoothie)	25	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Strawberry Yogurt - SR2433 (1/2 c.)	25	112.61	0.75	0.38	0.00	60.06	23.27	3.75
Buttery Wheat Toast Side - OKR1160 (1 slice)	15	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Original Graham Crackers - SR1163 (1 pkg.)	25	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Pureed Bananas - SR2975 (1/4 c.)	25	49.63	0.18	0.06	0.00	0.56	12.74	0.61
Mixed Fruit Cocktail - SR1037 (1/2 c.)	50	49.99	0.01	0.00	0.00	4.35	12.89	0.50
Raisins - SR2976 (1 Box)	1	112.74	0.17	0.02	0.00	4.15	29.86	1.16
100% Apple Juice - SR2547 (2 fl oz cup)	56	30.00	0.00	0.00	0.00	2.50	7.00	0.00
100% Grape Juice - SR1607 (4 fl oz cup)	1	80.00	0.00	0.00	0.00	10.00	19.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00

## Menu Calendar Nutrient Analysis Report - September, 2020

Site: ALL

Date: 09/01/2020 - 09/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>K-12 School Breakfast Program 20-21 (Cart Creations &amp; Cafe Classics) W1D2 - ServingDate: 09/08/2020</b>								
Egg & Cheese Breakfast Taco Roll - SR3011 (1 taco)	35	140.00	5.00	1.50	0.00	420.00	17.00	7.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	20	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Lucky Charms, WG Bowlpak, 1 oz - SR2428 (1 bowl)	20	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Yogurt & Fruit Parfait - SR2946 (1 parfait)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Vanilla Yogurt - SR2612 (1/2 c.)	25	112.50	0.75	0.38	0.00	60.00	23.25	3.75
Buttery Wheat Toast Side - OKR1160 (1 slice)	20	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Oats & Honey Granola - SR2331 (1/4 c.)	25	83.33	3.00	0.33	0.00	63.33	12.67	1.33
Diced Peaches - SR1196 (1/2 c.)	25	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Diced Peach Cups - OKR1792 (1 Container)	75	50.64	0.02	0.00	0.00	6.12	11.93	0.42
100% Grape Juice - SR1607 (4 fl oz cup)	100	80.00	0.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	10	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	65	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00

## Menu Calendar Nutrient Analysis Report - September, 2020

Site: ALL

Date: 09/01/2020 - 09/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>K-12 School Breakfast Program 20-21 (Cart Creations &amp; Cafe Classics) W1D3 - ServingDate: 09/09/2020</b>								
Lucky Charms, WG Bowlpak, 1 oz - SR2428 (1 bowl)	20	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	20	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Oatmeal Chocolate Chip UBR - SR1173 (1 pkg.)	35	270.00	8.00	2.50	0.00	180.00	44.00	5.00
Yogurt & Fruit Parfait - SR2946 (1 parfait)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Vanilla Yogurt - SR2612 (1/2 c.)	25	112.50	0.75	0.38	0.00	60.00	23.25	3.75
Buttery Wheat Toast Side - OKR1160 (1 slice)	20	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Oats & Honey Granola - SR2331 (1/4 c.)	25	83.33	3.00	0.33	0.00	63.33	12.67	1.33
Diced Peaches - SR1196 (1/2 c.)	25	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange Smiles - SR1172 (6 slice or w)	1	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Peach Cups - OKR1792 (1 Container)	1	50.64	0.02	0.00	0.00	6.12	11.93	0.42
100% Apple Juice - SR2547 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
100% Grape Juice - SR1607 (4 fl oz cup)	50	80.00	0.00	0.00	0.00	10.00	19.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00

## Menu Calendar Nutrient Analysis Report - September, 2020

Site: ALL

Date: 09/01/2020 - 09/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>K-12 School Breakfast Program 20-21 (Cart Creations &amp; Cafe Classics) W1D4 - ServingDate: 09/10/2020</b>								
Lucky Charms, WG Bowlpak, 1 oz - SR2428 (1 bowl)	20	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	20	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Buttermilk Pancakes - SR2010 (2 pancake )	35	160.00	2.00	0.33	0.00	406.67	30.67	4.00
Yogurt & Fruit Parfait - SR2946 (1 parfait)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Vanilla Yogurt - SR2612 (1/2 c.)	25	112.50	0.75	0.38	0.00	60.00	23.25	3.75
Buttery Wheat Toast Side - OKR1160 (1 slice)	20	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Oats & Honey Granola - SR2331 (1/4 c.)	25	83.33	3.00	0.33	0.00	63.33	12.67	1.33
Blueberries - SR2219 (1/2 c.)	25	39.41	0.00	0.00	0.00	0.98	8.87	0.00
Orange Smiles - SR1172 (6 slice or w)	1	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Grape Juice - SR1607 (4 fl oz cup)	100	80.00	0.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	10	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	65	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Breakfast Syrup Cup - SR2498 (1 Container)	35	110.00	0.00	0.00	0.00	20.00	29.00	0.00

# Menu Calendar Nutrient Analysis Report - September, 2020

Site: ALL  
Date: 09/01/2020 - 09/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>K-12 School Breakfast Program 20-21 (Cart Creations &amp; Cafe Classics) W1D5 - ServingDate: 09/11/2020</b>								
Lucky Charms, WG Bowlpak, 1 oz - SR2428 (1 bowl)	20	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	20	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cinnamon Roll - SR1383 (1 roll.)	35	180.00	1.50	0.50	0.00	140.00	36.00	5.00
Yogurt & Fruit Parfait - SR2946 (1 parfait)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Vanilla Yogurt - SR2612 (1/2 c.)	25	112.50	0.75	0.38	0.00	60.00	23.25	3.75
Buttery Wheat Toast Side - OKR1160 (1 slice)	20	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Oats & Honey Granola - SR2331 (1/4 c.)	25	83.33	3.00	0.33	0.00	63.33	12.67	1.33
Unsweetened Applesauce - SR2848 (1 Container)	75	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Blueberries - SR2219 (1/2 c.)	25	39.41	0.00	0.00	0.00	0.98	8.87	0.00
Unsweetened Applesauce - SR1195 (1/2 c.)	1	53.58	0.13	0.01	0.00	2.55	14.38	0.22
100% Grape Juice - SR1607 (4 fl oz cup)	90	80.00	0.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	10	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	65	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00



# Menu Calendar Nutrient Analysis Report - September, 2020

Site: ALL  
Date: 09/01/2020 - 09/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>K-12 School Breakfast Program 20-21 (Cart Creations &amp; Cafe Classics) W2D1 - ServingDate: 09/14/2020</b>								
Cocoa Puffs Cereal - SR1170 (1 bowl)	20	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Froot Loops - SR2427 (1 bowl)	20	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Fruit & Yogurt Smoothie - SR2974 (1 Smoothie)	25	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Confetti Pancake Bites - SR2512 (1 pkg.)	35	220.00	7.00	1.00	0.00	300.00	36.00	4.00
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Vanilla Yogurt - SR2612 (1/2 c.)	25	112.50	0.75	0.38	0.00	60.00	23.25	3.75
Buttery Wheat Toast Side - OKR1160 (1 slice)	11	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Original Graham Crackers - SR1163 (1 pkg.)	25	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Diced Bartlett Pears - SR1194 (1/2 c.)	1	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Diced Pears - SR2866 (1 Container)	50	54.44	0.02	0.00	0.00	4.54	12.94	0.27
100% Grape Juice - SR1607 (4 fl oz cup)	25	80.00	0.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Breakfast Syrup Cup - SR2498 (1 Container)	11	110.00	0.00	0.00	0.00	20.00	29.00	0.00
<b>K-12 School Breakfast Program 20-21 (Cart Creations &amp; Cafe Classics) W2D2 - ServingDate: 09/15/2020</b>								
Breakfast on a Stick - SR1187 (1 stick.)	35	168.44	7.93	1.98	0.00	297.25	17.84	7.93

## Menu Calendar Nutrient Analysis Report - September, 2020

Site: ALL

Date: 09/01/2020 - 09/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>K-12 School Breakfast Program 20-21 (Cart Creations &amp; Cafe Classics) W2D2 - ServingDate: 09/15/2020</b>								
Cocoa Puffs Cereal - SR1170 (1 bowl)	20	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Froot Loops - SR2427 (1 bowl)	20	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Fruit & Yogurt Smoothie - SR2974 (1 Smoothie)	25	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Vanilla Yogurt - SR2612 (1/2 c.)	25	112.50	0.75	0.38	0.00	60.00	23.25	3.75
Buttery Wheat Toast Side - OKR1160 (1 slice)	11	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Original Graham Crackers - SR1163 (1 pkg.)	25	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Unsweetened Applesauce - SR1195 (1/4 c.)	11	26.79	0.06	0.01	0.00	1.28	7.19	0.11
Mixed Fruit Cocktail - SR1037 (1/2 c.)	1	49.99	0.01	0.00	0.00	4.35	12.89	0.50
Mixed Fruit, Dole, cups, 4 oz - SR2867 (1 Container)	50	51.59	0.02	0.00	0.00	6.03	12.45	0.35
100% Apple Juice - SR2547 (4 fl oz cup)	1	60.00	0.00	0.00	0.00	5.00	14.00	0.00
100% Grape Juice - SR1607 (4 fl oz cup)	50	80.00	0.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (2 fl oz cup)	11	30.00	0.00	0.00	0.00	0.00	7.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00

# Menu Calendar Nutrient Analysis Report - September, 2020

Site: ALL  
 Date: 09/01/2020 - 09/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>K-12 School Breakfast Program 20-21 (Cart Creations &amp; Cafe Classics) W2D3 - ServingDate: 09/16/2020</b>								
Cocoa Puffs Cereal - SR1170 (1 bowl)	15	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Froot Loops - SR2427 (1 bowl)	15	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Fruit & Yogurt Smoothie - SR2974 (1 Smoothie)	37	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Vanilla Yogurt - SR2612 (1/2 c.)	37	112.50	0.75	0.38	0.00	60.00	23.25	3.75
Buttery Wheat Toast Side - OKR1160 (1 slice)	50	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Original Graham Crackers - SR1163 (1 pkg.)	37	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Banana Muffin - SR1591 (1 muffin)	33	190.00	6.00	2.00	0.00	130.00	30.00	3.00
Unsweetened Applesauce - SR1195 (1/4 c.)	33	26.79	0.06	0.01	0.00	1.28	7.19	0.11
Baked Cinnamon Raisin Apples - SR1238 (3/8 c.)	50	121.88	1.89	0.76	0.00	29.02	26.93	0.37
Orange Smiles - SR1172 (6 slice or w)	1	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Apple Juice - SR2547 (4 fl oz cup)	1	60.00	0.00	0.00	0.00	5.00	14.00	0.00
100% Grape Juice - SR1607 (4 fl oz cup)	50	80.00	0.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (2 fl oz cup)	11	30.00	0.00	0.00	0.00	0.00	7.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00

## Menu Calendar Nutrient Analysis Report - September, 2020

Site: ALL

Date: 09/01/2020 - 09/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>K-12 School Breakfast Program 20-21 (Cart Creations &amp; Cafe Classics) W2D4 - ServingDate: 09/17/2020</b>								
Breakfast Biscuit Sandwich - OKR1790 (1 sandwich)	35	231.27	13.65	7.66	0.00	643.66	20.28	7.99
Cocoa Puffs Cereal - SR1170 (1 bowl)	20	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Froot Loops - SR2427 (1 bowl)	20	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Fruit & Yogurt Smoothie - SR2974 (1 Smoothie)	25	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Vanilla Yogurt - SR2612 (1/2 c.)	25	112.50	0.75	0.38	0.00	60.00	23.25	3.75
Buttery Wheat Toast Side - OKR1160 (1 slice)	40	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Original Graham Crackers - SR1163 (1 pkg.)	25	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Banana - SR1166 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange Smiles - SR1172 (6 slice or w)	1	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Apple Juice - SR2547 (4 fl oz cup)	1	60.00	0.00	0.00	0.00	5.00	14.00	0.00
100% Grape Juice - SR1607 (4 fl oz cup)	25	80.00	0.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00

## Menu Calendar Nutrient Analysis Report - September, 2020

Site: ALL

Date: 09/01/2020 - 09/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>K-12 School Breakfast Program 20-21 (Cart Creations &amp; Cafe Classics) W2D5 - ServingDate: 09/18/2020</b>								
Cocoa Puffs Cereal - SR1170 (1 bowl)	20	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Froot Loops - SR2427 (1 bowl)	20	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Fruit & Yogurt Smoothie - SR2974 (1 Smoothie)	25	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Oatmeal Chocolate Chip UBR - SR1173 (1 pkg.)	35	270.00	8.00	2.50	0.00	180.00	44.00	5.00
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Vanilla Yogurt - SR2612 (1/2 c.)	25	112.50	0.75	0.38	0.00	60.00	23.25	3.75
Buttery Wheat Toast Side - OKR1160 (1 slice)	11	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Original Graham Crackers - SR1163 (1 pkg.)	11	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Unsweetened Applesauce - SR1195 (1/4 c.)	11	26.79	0.06	0.01	0.00	1.28	7.19	0.11
Raisins - SR2976 (1 Box)	50	112.74	0.17	0.02	0.00	4.15	29.86	1.16
100% Apple Juice - SR2547 (4 fl oz cup)	1	60.00	0.00	0.00	0.00	5.00	14.00	0.00
100% Grape Juice - SR1607 (4 fl oz cup)	50	80.00	0.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (2 fl oz cup)	11	30.00	0.00	0.00	0.00	0.00	7.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00

# Menu Calendar Nutrient Analysis Report - September, 2020

Site: ALL  
Date: 09/01/2020 - 09/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>K-12 School Breakfast Program 20-21 (Cart Creations &amp; Cafe Classics) W3D2 - ServingDate: 09/22/2020</b>								
Apple Pie Overnight Oats - SR1942 (10 Ounce serv)	25	253.03	2.68	0.84	0.00	76.44	52.39	7.54
Bacon Scramble Breakfast Pizza - OKR1540 (1 slice)	35	210.00	8.00	3.50	0.00	320.00	25.00	10.00
Cinnamon Chex - SR2336 (1 bowl)	20	120.00	2.50	0.00	0.00	170.00	22.00	1.00
Lucky Charms, WG Bowlpak, 1 oz - SR2428 (1 bowl)	20	110.00	1.00	0.00	0.00	180.00	23.00	2.00
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	15	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Baked Cinnamon Raisin Apples - SR1238 (3/8 c.)	50	121.88	1.89	0.76	0.00	29.02	26.93	0.37
Raisins - SR2976 (1 Box)	1	112.74	0.17	0.02	0.00	4.15	29.86	1.16
100% Grape Juice - SR1607 (4 fl oz cup)	1	80.00	0.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Chocolate 1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
<b>K-12 School Breakfast Program 20-21 (Cart Creations &amp; Cafe Classics) W3D3 - ServingDate: 09/23/2020</b>								
Apple Pie Overnight Oats - SR1942 (10 Ounce serv)	20	253.03	2.68	0.84	0.00	76.44	52.39	7.54
Cinnamon Chex - SR2336 (1 bowl)	15	120.00	2.50	0.00	0.00	170.00	22.00	1.00

## Menu Calendar Nutrient Analysis Report - September, 2020

Site: ALL

Date: 09/01/2020 - 09/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>K-12 School Breakfast Program 20-21 (Cart Creations &amp; Cafe Classics) W3D3 - ServingDate: 09/23/2020</b>								
Lucky Charms, WG Bowlpak, 1 oz - SR2428 (1 bowl)	15	110.00	1.00	0.00	0.00	180.00	23.00	2.00
French Toast Sticks - SR1910 (4 stick.)	50	254.56	9.79	1.96	0.00	293.72	37.21	5.87
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	15	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Banana - SR1166 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange Smiles - SR1172 (6 slice or w)	1	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Apple Juice - SR2547 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
100% Grape Juice - SR1607 (4 fl oz cup)	1	80.00	0.00	0.00	0.00	10.00	19.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Breakfast Syrup Cup - SR2498 (1 Container)	50	110.00	0.00	0.00	0.00	20.00	29.00	0.00
<b>K-12 School Breakfast Program 20-21 (Cart Creations &amp; Cafe Classics) W3D4 - ServingDate: 09/24/2020</b>								
Cinnamon Chex - SR2336 (1 bowl)	20	120.00	2.50	0.00	0.00	170.00	22.00	1.00
Lucky Charms, WG Bowlpak, 1 oz - SR2428 (1 bowl)	20	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Peachen N' Cream Overnight Oats - SR1943 (10 Ounce serv)	20	261.08	2.60	0.83	0.00	79.44	54.18	8.18

# Menu Calendar Nutrient Analysis Report - September, 2020

Site: ALL  
Date: 09/01/2020 - 09/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>K-12 School Breakfast Program 20-21 (Cart Creations &amp; Cafe Classics) W3D4 - ServingDate: 09/24/2020</b>								
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Southern Style Biscuit - OKR1789 (1 biscuit)	40	141.27	6.65	4.16	0.00	473.66	18.28	2.49
Buttery Wheat Toast Side - OKR1160 (1 slice)	15	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Diced Peaches - SR1196 (1/2 c.)	1	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Diced Peach Cups - OKR1792 (1 Container)	50	50.64	0.02	0.00	0.00	6.12	11.93	0.42
100% Apple Juice - SR2547 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
100% Grape Juice - SR1607 (4 fl oz cup)	1	80.00	0.00	0.00	0.00	10.00	19.00	0.00
Tater Tot Hash - SR1848 (1/2 c.)	40	145.52	7.33	1.10	0.00	346.85	17.02	2.16
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Grape Jelly, Smucker's - SR2340 (1 tbsp.)	40	50.00	0.00	0.00	0.00	0.00	13.00	0.00
<b>K-12 School Breakfast Program 20-21 (Cart Creations &amp; Cafe Classics) W3D5 - ServingDate: 09/25/2020</b>								
Cinnamon Chex - SR2336 (1 bowl)	20	120.00	2.50	0.00	0.00	170.00	22.00	1.00
Lucky Charms, WG Bowlpak, 1 oz - SR2428 (1 bowl)	20	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Peachen N' Cream Overnight Oats - SR1943 (10 Ounce serv)	20	261.08	2.60	0.83	0.00	79.44	54.18	8.18
Toasted Waffle - SR1038 (2 waffle)	40	210.00	7.00	1.00	0.00	350.00	33.00	4.00



# Menu Calendar Nutrient Analysis Report - September, 2020

Site: ALL  
Date: 09/01/2020 - 09/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>K-12 School Breakfast Program 20-21 (Cart Creations &amp; Cafe Classics) W3D5 - ServingDate: 09/25/2020</b>								
String Cheese - SR1146 (1 stick.)	40	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	15	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Unsweetened Applesauce - SR2848 (1 Container)	50	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Unsweetened Applesauce - SR1195 (1/2 c.)	1	53.58	0.13	0.01	0.00	2.55	14.38	0.22
100% Grape Juice - SR1607 (4 fl oz cup)	1	80.00	0.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Breakfast Syrup Cup - SR2498 (1 Container)	40	110.00	0.00	0.00	0.00	20.00	29.00	0.00
<b>K-12 School Breakfast Program 20-21 (Cart Creations &amp; Cafe Classics) W4D1 - ServingDate: 09/28/2020</b>								
Honey Nut Cheerios Cereal - SR1361 (1 bowl)	20	110.00	1.50	0.00	0.00	160.00	22.00	2.00
Froot Loops - SR2427 (1 bowl)	20	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Frosted Strawberry Pop-Tart - SR1465 (1 pkg.)	15	180.00	2.50	1.00	0.00	190.00	38.00	2.00
Oatmeal Chocolate Chip UBR - SR1173 (1 pkg.)	30	270.00	8.00	2.50	0.00	180.00	44.00	5.00
Yogurt & Fruit Parfait - SR2946 (1 parfait)	15	(M)	(M)	(M)	(M)	(M)	(M)	(M)

## Menu Calendar Nutrient Analysis Report - September, 2020

Site: ALL

Date: 09/01/2020 - 09/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>K-12 School Breakfast Program 20-21 (Cart Creations &amp; Cafe Classics) W4D1 - ServingDate: 09/28/2020</b>								
String Cheese - SR1146 (1 stick.)	40	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Strawberry Yogurt - SR2433 (1/2 c.)	15	112.61	0.75	0.38	0.00	60.06	23.27	3.75
Buttery Wheat Toast Side - OKR1160 (1 slice)	15	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Oats & Honey Granola - SR2331 (1/4 c.)	15	83.33	3.00	0.33	0.00	63.33	12.67	1.33
Raisins - SR2976 (1 Box)	50	112.74	0.17	0.02	0.00	4.15	29.86	1.16
Strawberries - SR2218 (1/2 c.)	11	122.40	0.17	0.01	0.00	3.99	33.05	0.68
100% Apple Juice - SR2547 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	5.00	14.00	0.00
100% Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	0.00	10.00	19.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
<b>K-12 School Breakfast Program 20-21 (Cart Creations &amp; Cafe Classics) W4D2 - ServingDate: 09/29/2020</b>								
Buttermilk Pancakes - SR2010 (2 pancake )	35	160.00	2.00	0.33	0.00	406.67	30.67	4.00
Yogurt & Fruit Parfait - SR2946 (1 parfait)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Strawberry Yogurt - SR2433 (1/2 c.)	25	112.61	0.75	0.38	0.00	60.06	23.27	3.75
Buttery Wheat Toast Side - OKR1160 (1 slice)	15	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Oats & Honey Granola - SR2331 (1/4 c.)	25	83.33	3.00	0.33	0.00	63.33	12.67	1.33

# Menu Calendar Nutrient Analysis Report - September, 2020

Site: ALL  
Date: 09/01/2020 - 09/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>K-12 School Breakfast Program 20-21 (Cart Creations &amp; Cafe Classics) W4D2 - ServingDate: 09/29/2020</b>								
Honey Nut Cheerios Cereal - SR1361 (1 bowl)	20	110.00	1.50	0.00	0.00	160.00	22.00	2.00
Froot Loops - SR2427 (1 bowl)	20	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Mixed Fruit Cocktail - SR1037 (1/2 c.)	1	49.99	0.01	0.00	0.00	4.35	12.89	0.50
Mixed Fruit, Dole, cups, 4 oz - SR2867 (1 Container)	50	51.59	0.02	0.00	0.00	6.03	12.45	0.35
Strawberries - SR2218 (1/2 c.)	11	122.40	0.17	0.01	0.00	3.99	33.05	0.68
100% Apple Juice - SR2547 (4 fl oz cup)	1	60.00	0.00	0.00	0.00	5.00	14.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Breakfast Syrup Cup - SR2498 (1 Container)	11	110.00	0.00	0.00	0.00	20.00	29.00	0.00
<b>K-12 School Breakfast Program 20-21 (Cart Creations &amp; Cafe Classics) W4D3 - ServingDate: 09/30/2020</b>								
Southern Style Biscuit - OKR1789 (1 biscuit)	35	141.27	6.65	4.16	0.00	473.66	18.28	2.49
Honey Nut Cheerios Cereal - SR1361 (1 bowl)	10	110.00	1.50	0.00	0.00	160.00	22.00	2.00
Froot Loops - SR2427 (1 bowl)	10	110.00	1.00	0.50	0.00	160.00	24.00	2.00
Frosted Strawberry Pop-Tart - SR1465 (1 pkg.)	20	180.00	2.50	1.00	0.00	190.00	38.00	2.00
Yogurt & Fruit Parfait - SR2946 (1 parfait)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)

## Menu Calendar Nutrient Analysis Report - September, 2020

Site: ALL

Date: 09/01/2020 - 09/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
<b>K-12 School Breakfast Program 20-21 (Cart Creations &amp; Cafe Classics) W4D3 - ServingDate: 09/30/2020</b>								
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Strawberry Yogurt - SR2433 (1/2 c.)	25	112.61	0.75	0.38	0.00	60.06	23.27	3.75
Buttery Wheat Toast Side - OKR1160 (1 slice)	11	99.05	3.10	0.86	0.00	135.95	15.00	3.00
Oats & Honey Granola - SR2331 (1/4 c.)	25	83.33	3.00	0.33	0.00	63.33	12.67	1.33
Banana - SR1166 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Orange Smiles - SR1172 (6 slice or w)	1	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Strawberries - SR2218 (1/2 c.)	11	122.40	0.17	0.01	0.00	3.99	33.05	0.68
100% Apple Juice - SR2547 (4 fl oz cup)	1	60.00	0.00	0.00	0.00	5.00	14.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Chocolate1% Milk - OKR1062 (8 oz.)	50	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	1	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Old Fashioned Sausage Gravy - OKR1788 (1/4 c.)	35	95.56	7.40	2.77	0.10	280.54	4.05	3.03

**Legend**

(M) - Missing Nutrient Values

**Report Selections**

Meal Type: Breakfast

Site Group: The Clubhouse

Menu Line: B-Café Classics

Serving Group: K-12

Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.