

# Adapted Schedule for the Home Environment

This resource includes:

- Visual schedule—page 4
- Schedule to copy—page 5
- Schedule for matching words to pictures—page 6
- Schedule for matching pictures to pictures—page 7
- Pictures to cut and paste to match to schedules—page 8

Recommendations:

- Post visual schedule (page 4)
- Have child make a copy of the visual schedule each day
  - Page 5 for writers—copy schedule words
  - Page 6 for readers who have difficulty writing
    - Use blank box to have your child practice writing his/her name
    - Use page 8 for cutting, pasting and matching pictures
  - Page 7 for children who can match pictures but have difficulty reading and writing
    - Use blank box to have your child practice writing his/her name
    - Use page 8 for cutting, pasting and matching pictures
- Write child's name in blank box with a highlighter for him/her to trace
- Provide hand over hand assistance for child to write name
- Provide visual or verbal cues for child to write name



## Sample Ideas:

### Reading

- Letter identification
- Sight word identification
- CVC word identification
- Read a book and answer questions

### Arts & Crafts

- Cutting
- Coloring
- Play dough
- Painting

### Story time

- Read a book to your child
- Books on tape or on-line

### Outdoor Play

- Play outside
- Take a walk
- Bike ride
- Playground
- Sidewalk chalk

### Math

- Number identification
- Counting
- Addition and/or subtraction problems



## Quiet time

- Take a nap
- Listen to music
- Read a book

## Chores

- Pick up toys
- Wipe counters, tables, chairs, door handles, light switches
- Sort laundry
- Match and fold socks
- Put clean clothes away
- Sweep floors
- Take out garbage

## Games & Puzzles

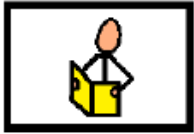
- Simple board games
- Bingo
- Puzzles

## Free choice

- Watch TV
- Play games/watch videos on iPad/computer
- Read books
- Play games
- Play with toys
- Listen to music
- Color



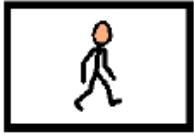
Finished ✓



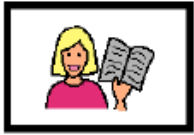
Reading



Arts & Crafts



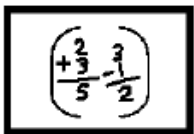
Take a walk



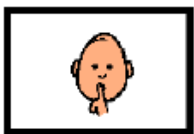
Storytime



Outdoor play



Math



Quiet time



Snack



Chores



Games & Puzzles



Free time

Name

Today is

1.



Reading

2.



Art

3.



Walk

4.



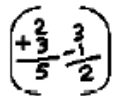
Story

5.



Outside

6.



Math

7.



Quiet time

8.



Snack

9.



Chores

10.



Games

11.



Free time

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Reading	
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Art	
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Walk	
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Story	
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Outside	
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Math	
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Quiet time	
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Snack	
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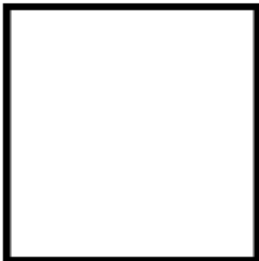
Chores	
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Games	
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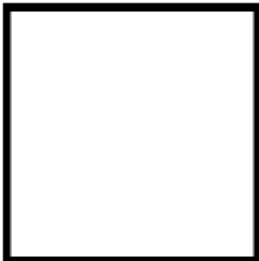
Free time	
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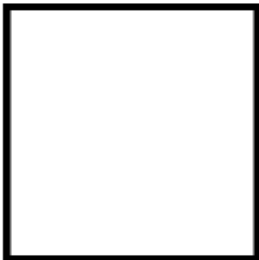
Reading



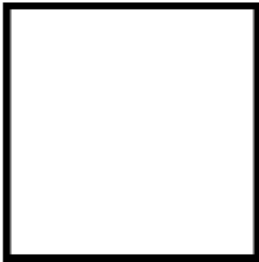
Art



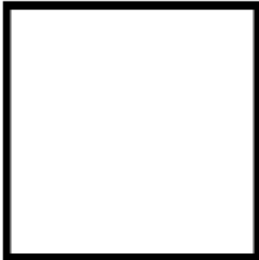
Walk



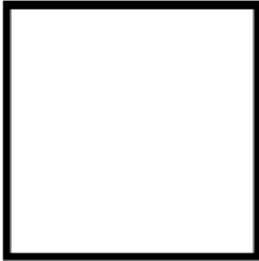
Story



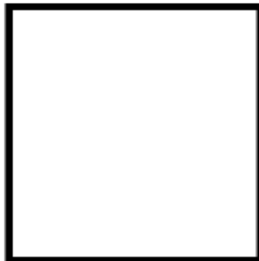
Outside



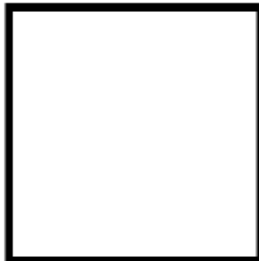
Math

$$\left( \begin{array}{r} 2 \\ +3 \\ \hline 5 \end{array} \quad \begin{array}{r} 3 \\ -1 \\ \hline 2 \end{array} \right)$$


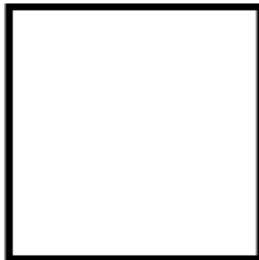
Quiet time



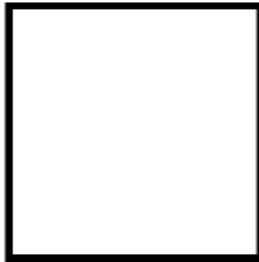
Snack



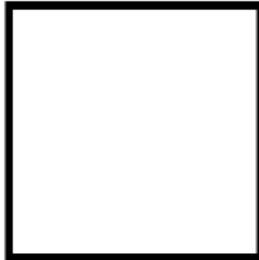
Chores


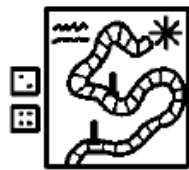
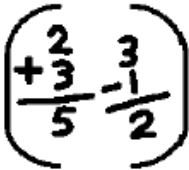
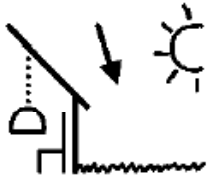



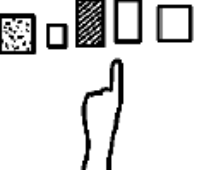
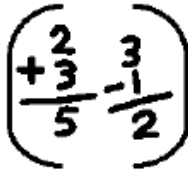
Games



Free time



cut and paste 	Snack 
Art 	Story 
Free time 	Games 
Quiet time 	Walk 
Math 	Reading 
Outside 	Chores 

cut and paste 	Snack 
Art 	Story 
Free time 	Games 
Quiet time 	Walk 
Math 	Reading 
Outside 	Chores 



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