

Menu Calendar Report - November, 2017

Generated on: 11/2/2017 3:34:41 PM by Susan Cox

Site: ALL
 Meal Type: Lunch
 Site Group: CrossRoads Café
 Menu Line: CRC-Salsa

Monday	Tuesday	Wednesday	Thursday	Friday
30 Oct	31 Oct	1 Nov	2 Nov	3 Nov
Nachos, Bar Jalapeno Cheese & Chips (30.55 g)	Beef Enchilada (36.82 g)	Action Station: Build Your Own Burrito (49.56 g)	Chicken Enchilada Suiza (36.66 g)	Fiesta Bowl (75.23 g)
Nachos, Bar Queso Blanco & Chips (30.35 g)	Nachos, Bar Jalapeno Cheese & Chips (30.55 g)	Nachos, Bar Jalapeno Cheese & Chips (30.55 g)	Nachos, Bar Jalapeno Cheese & Chips (30.55 g)	Nachos, Bar Jalapeno Cheese & Chips (30.55 g)
Taco Salad (MS/HS) (48.27 g)	Nachos, Bar Queso Blanco & Chips (30.35 g)	Nachos, Bar Queso Blanco & Chips (30.35 g)	Nachos, Bar Queso Blanco & Chips (30.35 g)	Nachos, Bar Queso Blanco & Chips (30.35 g)
Nachos Bar, Mexi-Chicken (1.94 g)	Nachos, Bar Beans (22.73 g)	Nachos Bar, Mexi-Chicken (1.94 g)	Nachos, Bar Beans (22.73 g)	Nachos Bar, Mexi-Chicken (1.94 g)
Nachos, Bar Beans (22.73 g)	Nachos, Bar Beef Topping (2.13 g)	Nachos, Bar Beans (22.73 g)	Nachos, Bar Beef Topping (2.13 g)	Nachos, Bar Beans (22.73 g)
100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)
Apple Whole: 125 ct (MS/HS)	Apple Whole: 125 ct (MS/HS)	Apple Whole: 125 ct (MS/HS)	Apple Whole: 125 ct (MS/HS)	Apple Whole: 125 ct (MS/HS)
Banana (26.95 g)	Banana (26.95 g)	Applesauce (14.89 g)	Banana (26.95 g)	Banana (26.95 g)
Fresh Whole Oranges (11.28 g)	Diced Peaches (15.54 g)	Banana (26.95 g)	Diced Bartlett Pears (6.23 g)	Fresh Whole Oranges (11.28 g)
Pineapple Tidbits (18.73 g)	Fresh Whole Oranges (11.28 g)	Fresh Whole Oranges (11.28 g)	Fresh Whole Oranges (11.28 g)	Mixed Fruit (15.22 g)
Fresh Baby Carrots (5.84 g)	Caesar Side Salad (2.83-5.67 g)	Fresh Baby Carrots (5.84 g)	Caesar Side Salad (2.83-5.67 g)	Fresh Celery Sticks (1.92 g)
Garden Side Salad (3.96 g)	Fresh Broccoli Florets (2.12 g)	Frijoles ala Charro, stewed pinto beans (16.90 g)	Fresh Broccoli Florets (2.12 g)	Garden Side Salad (3.96 g)
Refried Beans (21.70 g)	Vegetable,Fiesta Potatoes (28.72 g)	Garden Side Salad (3.96 g)	Vegetable,Fiesta Potatoes (28.72 g)	Refried Beans (21.70 g)
Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)
While 1% Milk (13.00 g)	While 1% Milk (13.00 g)	While 1% Milk (13.00 g)	While 1% Milk (13.00 g)	While 1% Milk (13.00 g)
White Skim Milk (13.00 g)	White Skim Milk (13.00 g)	White Skim Milk (13.00 g)	White Skim Milk (13.00 g)	White Skim Milk (13.00 g)
Black Bean & Corn Salsa (4.33 g)	Black Bean & Corn Salsa (4.33 g)	Black Bean & Corn Salsa (4.33 g)	Black Bean & Corn Salsa (4.33 g)	Black Bean & Corn Salsa (4.33 g)
Fire Roasted Salsa (1.99 g)	Caesar Dressing (1.00 g)	Fire Roasted Salsa (1.99 g)	Fire Roasted Salsa (1.99 g)	Fire Roasted Salsa (1.99 g)
Jalapeno Pepper Slices (0.25 g)	Fire Roasted Salsa (1.99 g)	Jalapeno Pepper Slices (0.25 g)	Jalapeno Pepper Slices (0.25 g)	Jalapeno Pepper Slices (0.25 g)
Ketchup (0.00-10.00 g)	Jalapeno Pepper Slices (0.25 g)	Ketchup (0.00-10.00 g)	Ketchup (0.00-10.00 g)	Ketchup (0.00-10.00 g)
Light Mayo (2.00 g)	Ketchup (0.00-10.00 g)	Light Mayo (2.00 g)	Light Mayo (2.00 g)	Light Mayo (2.00 g)
Ranch Dressing, Low Fat (3.53 g)	Light Mayo (2.00 g)	Ranch Dressing, Low Fat (3.53 g)	Ranch Dressing, Low Fat (3.53 g)	Ranch Dressing, Low Fat (3.53 g)
Salsa, Chunky (1.50 g)	Ranch Dressing, Low Fat (3.53 g)	Salsa, Chunky (1.50 g)	Salsa, Chunky (1.50 g)	Salsa, Chunky (1.50 g)
Sour Cream (1.00 g)	Salsa, Chunky (1.50 g)	Sour Cream (1.00 g)	Sour Cream (1.00 g)	Sour Cream (1.00 g)
Yellow Mustard	Sour Cream (1.00 g)	Yellow Mustard	Yellow Mustard	Yellow Mustard
	Yellow Mustard			
6 Nov	7 Nov	8 Nov	9 Nov	10 Nov
Nachos, Bar Jalapeno Cheese & Chips (30.55 g)	Beef Enchilada (36.82 g)	Action Station: Build Your Own Burrito (49.56 g)	Chicken Enchilada Suiza (36.66 g)	Fiesta Bowl (75.23 g)
Nachos, Bar Queso Blanco & Chips (30.35 g)	Nachos, Bar Jalapeno Cheese & Chips (30.55 g)	Nachos, Bar Jalapeno Cheese & Chips (30.55 g)	Nachos, Bar Jalapeno Cheese & Chips (30.55 g)	Nachos, Bar Jalapeno Cheese & Chips (30.55 g)
Taco Salad (MS/HS) (48.27 g)	Nachos, Bar Queso Blanco & Chips (30.35 g)	Nachos, Bar Queso Blanco & Chips (30.35 g)	Nachos, Bar Queso Blanco & Chips (30.35 g)	Nachos, Bar Queso Blanco & Chips (30.35 g)
Nachos Bar, Mexi-Chicken (1.94 g)	Nachos, Bar Beans (22.73 g)	Nachos Bar, Mexi-Chicken (1.94 g)	Nachos, Bar Beans (22.73 g)	Nachos Bar, Mexi-Chicken (1.94 g)
Nachos, Bar Beans (22.73 g)	Nachos, Bar Beef Topping (2.13 g)	Nachos, Bar Beans (22.73 g)	Nachos, Bar Beef Topping (2.13 g)	Nachos, Bar Beans (22.73 g)
100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)
Apple Whole: 125 ct (MS/HS)	Apple Whole: 125 ct (MS/HS)	Apple Whole: 125 ct (MS/HS)	Apple Whole: 125 ct (MS/HS)	Apple Whole: 125 ct (MS/HS)
Banana (26.95 g)	Banana (26.95 g)	Applesauce (14.89 g)	Banana (26.95 g)	Banana (26.95 g)
Fresh Whole Oranges (11.28 g)	Diced Peaches (15.54 g)	Banana (26.95 g)	Diced Bartlett Pears (6.23 g)	Fresh Whole Oranges (11.28 g)
Pineapple Tidbits (18.73 g)	Fresh Whole Oranges (11.28 g)	Fresh Whole Oranges (11.28 g)	Fresh Whole Oranges (11.28 g)	Mixed Fruit (15.22 g)
Fresh Baby Carrots (5.84 g)	Caesar Side Salad (2.83-5.67 g)	Fresh Baby Carrots (5.84 g)		Fresh Celery Sticks (1.92 g)

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6 Nov	7 Nov	8 Nov	9 Nov	10 Nov
Garden Side Salad (3.96 g)	Fresh Broccoli Florets (2.12 g)	Frijoles ala Charro, stewed pinto beans (16.90 g)	Caesar Side Salad (2.83-5.67 g)	Garden Side Salad (3.96 g)
Refried Beans (21.70 g)	Vegetable,Fiesta Potatoes (28.72 g)	Garden Side Salad (3.96 g)	Fresh Broccoli Florets (2.12 g)	Refried Beans (21.70 g)
Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Vegetable,Fiesta Potatoes (28.72 g)	Chocolate Skim Milk (20.00 g)
While 1% Milk (13.00 g)	While 1% Milk (13.00 g)	While 1% Milk (13.00 g)	Chocolate Skim Milk (20.00 g)	While 1% Milk (13.00 g)
White Skim Milk (13.00 g)	White Skim Milk (13.00 g)	White Skim Milk (13.00 g)	While 1% Milk (13.00 g)	White Skim Milk (13.00 g)
Black Bean & Corn Salsa (4.33 g)	Black Bean & Corn Salsa (4.33 g)	Black Bean & Corn Salsa (4.33 g)	White Skim Milk (13.00 g)	Black Bean & Corn Salsa (4.33 g)
Fire Roasted Salsa (1.99 g)	Fire Roasted Salsa (1.99 g)	Fire Roasted Salsa (1.99 g)	Black Bean & Corn Salsa (4.33 g)	Fire Roasted Salsa (1.99 g)
Jalapeno Pepper Slices (0.25 g)	Jalapeno Pepper Slices (0.25 g)	Jalapeno Pepper Slices (0.25 g)	Caesar Dressing (1.00 g)	Jalapeno Pepper Slices (0.25 g)
Ketchup (0.00-10.00 g)	Ketchup (0.00-10.00 g)	Ketchup (0.00-10.00 g)	Fire Roasted Salsa (1.99 g)	Ketchup (0.00-10.00 g)
Light Mayo (2.00 g)	Light Mayo (2.00 g)	Light Mayo (2.00 g)	Jalapeno Pepper Slices (0.25 g)	Light Mayo (2.00 g)
Ranch Dressing, Low Fat (3.53 g)	Ranch Dressing, Low Fat (3.53 g)	Ranch Dressing, Low Fat (3.53 g)	Ketchup (0.00-10.00 g)	Ranch Dressing, Low Fat (3.53 g)
Salsa, Chunky (1.50 g)	Salsa, Chunky (1.50 g)	Salsa, Chunky (1.50 g)	Light Mayo (2.00 g)	Salsa, Chunky (1.50 g)
Sour Cream (1.00 g)	Sour Cream (1.00 g)	Sour Cream (1.00 g)	Ranch Dressing, Low Fat (3.53 g)	Sour Cream (1.00 g)
Yellow Mustard	Yellow Mustard	Yellow Mustard	Salsa, Chunky (1.50 g)	Yellow Mustard
			Sour Cream (1.00 g)	
			Yellow Mustard	
13 Nov	14 Nov	15 Nov	16 Nov	17 Nov
Nachos, Bar Jalapeno Cheese & Chips (30.55 g)	Beef Enchilada (36.82 g)	Action Station: Build Your Own Burrito (49.56 g)	Chicken Enchilada Suiza (36.66 g)	Fiesta Bowl (75.23 g)
Nachos, Bar Queso Blanco & Chips (30.35 g)	Nachos, Bar Jalapeno Cheese & Chips (30.55 g)	Nachos, Bar Jalapeno Cheese & Chips (30.55 g)	Nachos, Bar Jalapeno Cheese & Chips (30.55 g)	Nachos, Bar Jalapeno Cheese & Chips (30.55 g)
Taco Salad (MS/HS) (48.27 g)	Nachos, Bar Queso Blanco & Chips (30.35 g)	Nachos, Bar Queso Blanco & Chips (30.35 g)	Nachos, Bar Queso Blanco & Chips (30.35 g)	Nachos, Bar Queso Blanco & Chips (30.35 g)
Nachos Bar, Mexi-Chicken (1.94 g)	Nachos, Bar Beans (22.73 g)	Nachos Bar, Mexi-Chicken (1.94 g)	Nachos, Bar Beans (22.73 g)	Nachos Bar, Mexi-Chicken (1.94 g)
Nachos, Bar Beans (22.73 g)	Nachos, Bar Beef Topping (2.13 g)	Nachos, Bar Beans (22.73 g)	Nachos, Bar Beef Topping (2.13 g)	Nachos, Bar Beans (22.73 g)
100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)
Apple Whole: 125 ct (MS/HS)	Apple Whole: 125 ct (MS/HS)	Apple Whole: 125 ct (MS/HS)	Apple Whole: 125 ct (MS/HS)	Apple Whole: 125 ct (MS/HS)
Banana (26.95 g)	Banana (26.95 g)	Applesauce (14.89 g)	Banana (26.95 g)	Banana (26.95 g)
Fresh Whole Oranges (11.28 g)	Diced Peaches (15.54 g)	Banana (26.95 g)	Diced Bartlett Pears (6.23 g)	Fresh Whole Oranges (11.28 g)
Pineapple Tidbits (18.73 g)	Fresh Whole Oranges (11.28 g)	Fresh Whole Oranges (11.28 g)	Fresh Whole Oranges (11.28 g)	Mixed Fruit (15.22 g)
Fresh Baby Carrots (5.84 g)	Caesar Side Salad (2.83-5.67 g)	Fresh Baby Carrots (5.84 g)	Caesar Side Salad (2.83-5.67 g)	Fresh Celery Sticks (1.92 g)
Garden Side Salad (3.96 g)	Fresh Broccoli Florets (2.12 g)	Frijoles ala Charro, stewed pinto beans (16.90 g)	Fresh Broccoli Florets (2.12 g)	Garden Side Salad (3.96 g)
Refried Beans (21.70 g)	Vegetable,Fiesta Potatoes (28.72 g)	Garden Side Salad (3.96 g)	Vegetable,Fiesta Potatoes (28.72 g)	Refried Beans (21.70 g)
Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)
While 1% Milk (13.00 g)	While 1% Milk (13.00 g)	While 1% Milk (13.00 g)	While 1% Milk (13.00 g)	While 1% Milk (13.00 g)
White Skim Milk (13.00 g)	White Skim Milk (13.00 g)	White Skim Milk (13.00 g)	White Skim Milk (13.00 g)	White Skim Milk (13.00 g)
Black Bean & Corn Salsa (4.33 g)	Black Bean & Corn Salsa (4.33 g)	Black Bean & Corn Salsa (4.33 g)	Black Bean & Corn Salsa (4.33 g)	Black Bean & Corn Salsa (4.33 g)
Fire Roasted Salsa (1.99 g)	Caesar Dressing (1.00 g)	Fire Roasted Salsa (1.99 g)	Caesar Dressing (1.00 g)	Fire Roasted Salsa (1.99 g)
Homemade Salsa (1.16-2.31 g)	Fire Roasted Salsa (1.99 g)	Jalapeno Pepper Slices (0.25 g)	Fire Roasted Salsa (1.99 g)	Jalapeno Pepper Slices (0.25 g)
Jalapeno Pepper Slices (0.25 g)	Jalapeno Pepper Slices (0.25 g)	Ketchup (0.00-10.00 g)	Jalapeno Pepper Slices (0.25 g)	Ketchup (0.00-10.00 g)
Ketchup (0.00-10.00 g)	Ketchup (0.00-10.00 g)	Light Mayo (2.00 g)	Ketchup (0.00-10.00 g)	Light Mayo (2.00 g)
Light Mayo (2.00 g)	Light Mayo (2.00 g)	Ranch Dressing, Low Fat (3.53 g)	Light Mayo (2.00 g)	Ranch Dressing, Low Fat (3.53 g)
Ranch Dressing, Low Fat (3.53 g)	Ranch Dressing, Low Fat (3.53 g)	Salsa, Chunky (1.50 g)		Salsa, Chunky (1.50 g)

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13 Nov	14 Nov	15 Nov	16 Nov	17 Nov
Sour Cream (1.00 g) Yellow Mustard	Salsa, Chunky (1.50 g) Sour Cream (1.00 g) Yellow Mustard	Sour Cream (1.00 g) Yellow Mustard	Ranch Dressing, Low Fat (3.53 g) Salsa, Chunky (1.50 g) Sour Cream (1.00 g) Yellow Mustard	Sour Cream (1.00 g) Yellow Mustard
20 Nov	21 Nov	22 Nov	23 Nov	24 Nov
27 Nov	28 Nov	29 Nov	30 Nov	1 Dec
Nachos, Bar Jalapeno Cheese & Chips (30.55 g) Nachos, Bar Queso Blanco & Chips (30.35 g) Taco Salad (MS/HS) (48.27 g) Nachos Bar, Mexi-Chicken (1.94 g) Nachos, Bar Beans (22.73 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Fresh Whole Oranges (11.28 g) Pineapple Tidbits (18.73 g) Fresh Baby Carrots (5.84 g) Garden Side Salad (3.96 g) Refried Beans (21.70 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Black Bean & Corn Salsa (4.33 g) Fire Roasted Salsa (1.99 g) Jalapeno Pepper Slices (0.25 g) Ketchup Light Mayo (2.00 g) Ranch Dressing, Low Fat (3.53 g) Salsa, Chunky (1.50 g) Sour Cream (1.00 g) Yellow Mustard	Beef Enchilada (36.82 g) Nachos, Bar Jalapeno Cheese & Chips (30.55 g) Nachos, Bar Queso Blanco & Chips (30.35 g) Nachos, Bar Beans (22.73 g) Nachos, Bar Beef Topping (2.13 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Diced Peaches (15.54 g) Fresh Whole Oranges (11.28 g) Caesar Side Salad (2.83-5.67 g) Fresh Broccoli Florets (2.12 g) Vegetable,Fiesta Potatoes (28.72 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Black Bean & Corn Salsa (4.33 g) Caesar Dressing (1.00 g) Fire Roasted Salsa (1.99 g) Jalapeno Pepper Slices (0.25 g) Ketchup Light Mayo (2.00 g) Ranch Dressing, Low Fat (3.53 g) Salsa, Chunky (1.50 g) Sour Cream (1.00 g) Yellow Mustard	Action Station: Build Your Own Burrito (49.56 g) Nachos, Bar Jalapeno Cheese & Chips (30.55 g) Nachos, Bar Queso Blanco & Chips (30.35 g) Nachos Bar, Mexi-Chicken (1.94 g) Nachos, Bar Beans (22.73 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Applesauce (14.89 g) Banana (26.95 g) Fresh Whole Oranges (11.28 g) Fresh Baby Carrots (5.84 g) Frijoles ala Charro, stewed pinto beans (16.90 g) Garden Side Salad (3.96 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Black Bean & Corn Salsa (4.33 g) Fire Roasted Salsa (1.99 g) Jalapeno Pepper Slices (0.25 g) Ketchup (0.00-10.00 g) Light Mayo (2.00 g) Ranch Dressing, Low Fat (3.53 g) Salsa, Chunky (1.50 g) Sour Cream (1.00 g) Yellow Mustard	Chicken Enchilada Suiza (36.66 g) Nachos, Bar Jalapeno Cheese & Chips (30.55 g) Nachos, Bar Queso Blanco & Chips (30.35 g) Nachos, Bar Beans (22.73 g) Nachos, Bar Beef Topping (2.13 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Diced Bartlett Pears (6.23 g) Fresh Whole Oranges (11.28 g) Caesar Side Salad (2.83-5.67 g) Fresh Broccoli Florets (2.12 g) Vegetable,Fiesta Potatoes (28.72 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Black Bean & Corn Salsa (4.33 g) Caesar Dressing (1.00 g) Fire Roasted Salsa (1.99 g) Jalapeno Pepper Slices (0.25 g) Ketchup (0.00-10.00 g) Light Mayo (2.00 g) Ranch Dressing, Low Fat (3.53 g) Salsa, Chunky (1.50 g) Sour Cream (1.00 g) Yellow Mustard	Fiesta Bowl (75.23 g) Nachos, Bar Jalapeno Cheese & Chips (30.55 g) Nachos, Bar Queso Blanco & Chips (30.35 g) Nachos Bar, Mexi-Chicken (1.94 g) Nachos, Bar Beans (22.73 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Fresh Whole Oranges (11.28 g) Mixed Fruit (15.22 g) Fresh Celery Sticks (1.92 g) Garden Side Salad (3.96 g) Refried Beans (21.70 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Black Bean & Corn Salsa (4.33 g) Fire Roasted Salsa (1.99 g) Jalapeno Pepper Slices (0.25 g) Ketchup (0.00-10.00 g) Light Mayo (2.00 g) Ranch Dressing, Low Fat (3.53 g) Salsa, Chunky (1.50 g) Sour Cream (1.00 g) Yellow Mustard

Carbohydrate values in grams follow the Menu Item name