

Menu Calendar Report - November, 2017

Generated on: 11/2/2017 3:30:40 PM by Susan Cox

Site: ALL
 Meal Type: Lunch
 Site Group: CrossRoads Café
 Menu Line: CRC-Grill

Monday	Tuesday	Wednesday	Thursday	Friday
30 Oct	31 Oct	1 Nov	2 Nov	3 Nov
Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g) Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) Corn Dog (30.00 g) Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Fresh Whole Oranges (11.28 g) Pineapple Tidbits (18.73 g) Fresh Baby Carrots (5.84 g) Garden Side Salad (3.96 g) Potato Tater Tots (14.09 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Diced Yellow Onion (1.87 g) Dill Pickle Chips Jalapeno Pepper Slices (0.25 g) Kansas City Barbecue Sauce (7.50 g) Ketchup (10.00 g) Light Mayo (2.00 g) Light Ranch Dressing (2.50 g) Shredded Lettuce (0.54 g) Sliced Red Tomatoes (1.46 g) Yellow Mustard	Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g) Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g) Pulled Pork Sandwich, Brookwood Pork (31.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Diced Peaches (15.54 g) Fresh Whole Oranges (11.28 g) Baked Beans, vegetarian (44.03 g) Caesar Side Salad (2.83-5.67 g) Fresh Broccoli Florets (2.12 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Diced Yellow Onion (1.87 g) Dill Pickle Chips Jalapeno Pepper Slices (0.25 g) Kansas City Barbecue Sauce (7.50 g) Ketchup (10.00 g) Light Mayo (2.00 g) Light Ranch Dressing (2.50 g) Shredded Lettuce (0.54 g) Sliced Red Tomatoes (1.46 g) Yellow Mustard	Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) Hamburger (28.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g) American Cheese Slice Provolone Cheese Slice; Schreiber Swiss-American Cheese Slice; Schreiber (0.50 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Applesauce (14.89 g) Banana (26.95 g) Fresh Whole Oranges (11.28 g) Fresh Baby Carrots (5.84 g) Garden Side Salad (3.96 g) Potato Fry (18.00 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Barbecue Honey Sauce (18.96 g) Buffalo Ranch Dressing (1.69 g) Caramelized Onions (9.67 g) Chipotle Lime Mayonnaise (3.30 g) Diced Yellow Onion (1.87 g) Dill Pickle Chips Jalapeno Pepper Slices (0.25 g) Kansas City Barbecue Sauce (7.50 g) Ketchup (10.00 g) Light Mayo (2.00 g) Light Ranch Dressing (2.50 g) Sautéed Peppers (6.21 g) Shredded Lettuce (0.54 g) Sliced Red Tomatoes (1.46 g) Yellow Mustard	Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g) Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Diced Bartlett Pears (6.23 g) Fresh Whole Oranges (11.28 g) Caesar Side Salad (2.83-5.67 g) Country Style Potato Wedges (15.05 g) Fresh Broccoli Florets (2.12 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Caesar Dressing (1.00 g) Diced Yellow Onion (1.87 g) Dill Pickle Chips Jalapeno Pepper Slices (0.25 g) Kansas City Barbecue Sauce (7.50 g) Ketchup (10.00 g) Light Mayo (2.00 g) Light Ranch Dressing (2.50 g) Shredded Lettuce (0.54 g) Sliced Red Tomatoes (1.46 g) Yellow Mustard	Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g) Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) Cowboy Steak Sandwich (39.00 g) Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Fresh Whole Oranges (11.28 g) Mixed Fruit (15.22 g) Fresh Celery Sticks (1.92 g) Garden Side Salad (3.96 g) Potato Fry (18.00 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Diced Yellow Onion (1.87 g) Dill Pickle Chips Jalapeno Pepper Slices (0.25 g) Kansas City Barbecue Sauce (7.50 g) Ketchup (10.00 g) Light Mayo (2.00 g) Light Ranch Dressing (2.50 g) Shredded Lettuce (0.54 g) Sliced Red Tomatoes (1.46 g) Yellow Mustard
6 Nov	7 Nov	8 Nov	9 Nov	10 Nov
Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g) Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g)	Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g) Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g)	Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) Hamburger (28.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g)	Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g) Grilled Chicken Sandwich (31.00 g)	Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g) Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g)

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6 Nov	7 Nov	8 Nov	9 Nov	10 Nov
Chili Cheese Hotdog (49.93 g)	Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g)	American Cheese Slice	Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g)	Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g)
Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g)	Little Italy Meatball Sub (14.39 g)	Provolone Cheese Slice; Schreiber	Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g)	Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g)
Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g)	Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g)	Swiss-American Cheese Slice; Schreiber (0.50 g)	Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g)	Three Cheese Toaster (29.00 g)
100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)
Apple Whole: 125 ct (MS/HS)	Apple Whole: 125 ct (MS/HS)	Apple Whole: 125 ct (MS/HS)	Apple Whole: 125 ct (MS/HS)	Apple Whole: 125 ct (MS/HS)
Banana (26.95 g)	Banana (26.95 g)	Banana (26.95 g)	Banana (26.95 g)	Banana (26.95 g)
Fresh Whole Oranges (11.28 g)	Diced Peaches (15.54 g)	Orange Smiles (11.28 g)	Banana (26.95 g)	Fresh Whole Oranges (11.28 g)
Pineapple Tidbits (18.73 g)	Fresh Whole Oranges (11.28 g)	Fresh Baby Carrots (5.84 g)	Diced Bartlett Pears (6.23 g)	Fresh Whole Oranges (11.28 g)
Fresh Baby Carrots (5.84 g)	Baked Beans, vegetarian (44.03 g)	Garden Side Salad (3.96 g)	Fresh Whole Oranges (11.28 g)	Mixed Fruit (15.22 g)
Garden Side Salad (3.96 g)	Caesar Side Salad (2.83-5.67 g)	Potato Fry (18.00 g)	Caesar Side Salad (2.83-5.67 g)	Fresh Celery Sticks (1.92 g)
Potato Tater Tots (14.09 g)	Fresh Broccoli Florets (2.12 g)	Chocolate Skim Milk (20.00 g)	Country Style Potato Wedges (15.05 g)	Garden Side Salad (3.96 g)
Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	While 1% Milk (13.00 g)	Fresh Broccoli Florets (2.12 g)	Potato Fry (18.00 g)
While 1% Milk (13.00 g)	While 1% Milk (13.00 g)	White Skim Milk (13.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)
White Skim Milk (13.00 g)	White Skim Milk (13.00 g)	Barbecue Honey Sauce (18.96 g)	While 1% Milk (13.00 g)	While 1% Milk (13.00 g)
Diced Yellow Onion (1.87 g)	White Skim Milk (13.00 g)	Buffalo Ranch Dressing (1.69 g)	White Skim Milk (13.00 g)	White Skim Milk (13.00 g)
Dill Pickle Chips	Caesar Dressing (1.00 g)	Caramelized Onions (9.67 g)	Caesar Dressing (1.00 g)	Diced Yellow Onion (1.87 g)
Jalapeno Pepper Slices (0.25 g)	Diced Yellow Onion (1.87 g)	Chipotle Lime Mayonnaise (3.30 g)	Diced Yellow Onion (1.87 g)	Dill Pickle Chips
Kansas City Barbecue Sauce (7.50 g)	Dill Pickle Chips	Diced Yellow Onion (1.87 g)	Dill Pickle Chips	Jalapeno Pepper Slices (0.25 g)
Ketchup (10.00 g)	Jalapeno Pepper Slices (0.25 g)	Dill Pickle Chips	Jalapeno Pepper Slices (0.25 g)	Kansas City Barbecue Sauce (7.50 g)
Light Mayo (2.00 g)	Kansas City Barbecue Sauce (7.50 g)	Jalapeno Pepper Slices (0.25 g)	Kansas City Barbecue Sauce (7.50 g)	Ketchup (10.00 g)
Light Ranch Dressing (2.50 g)	Ketchup (10.00 g)	Jalapeno Pepper Slices (0.25 g)	Ketchup (10.00 g)	Light Mayo (2.00 g)
Shredded Lettuce (0.54 g)	Light Mayo (2.00 g)	Kansas City Barbecue Sauce (7.50 g)	Light Mayo (2.00 g)	Light Ranch Dressing (2.50 g)
Sliced Red Tomatoes (1.46 g)	Light Ranch Dressing (2.50 g)	Ketchup (10.00 g)	Light Mayo (2.00 g)	Shredded Lettuce (0.54 g)
Yellow Mustard	Shredded Lettuce (0.54 g)	Light Mayo (2.00 g)	Light Ranch Dressing (2.50 g)	Sliced Red Tomatoes (1.46 g)
	Sliced Red Tomatoes (1.46 g)	Light Ranch Dressing (2.50 g)	Shredded Lettuce (0.54 g)	Yellow Mustard
	Yellow Mustard	Sauteed Peppers (6.21 g)	Sliced Red Tomatoes (1.46 g)	
		Shredded Lettuce (0.54 g)	Yellow Mustard	
		Sliced Red Tomatoes (1.46 g)		
		Yellow Mustard		
13 Nov	14 Nov	15 Nov	16 Nov	17 Nov
Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g)	Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g)	Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g)	Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g)	Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g)
Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g)	Deluxe Cheeseburger (28.00 g)	Hamburger (28.00 g)	Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g)	Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g)
Chili Cheese Hotdog (49.93 g)	Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g)	Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g)	Grilled Chicken Sandwich (31.00 g)	Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g)
Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g)	Pulled Pork Sandwich, Brookwood Pork (31.00 g)	American Cheese Slice	Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g)	Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g)
Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g)	Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g)	Provolone Cheese Slice; Schreiber	Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g)	Three Cheese Toaster (29.00 g)
100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	Swiss-American Cheese Slice; Schreiber (0.50 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)
Apple Whole: 125 ct (MS/HS)	Apple Whole: 125 ct (MS/HS)	100% Apple Juice (14.00 g)	Apple Whole: 125 ct (MS/HS)	Apple Whole: 125 ct (MS/HS)
Banana (26.95 g)	Banana (26.95 g)	Apple Whole: 125 ct (MS/HS)	Apple Whole: 125 ct (MS/HS)	
		Applesauce (14.89 g)		

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13 Nov	14 Nov	15 Nov	16 Nov	17 Nov
Fresh Whole Oranges (11.28 g)	Diced Peaches (15.54 g)	Banana (26.95 g)	Banana (26.95 g)	Banana (26.95 g)
Pineapple Tidbits (18.73 g)	Fresh Whole Oranges (11.28 g)	Fresh Whole Oranges (11.28 g)	Diced Bartlett Pears (6.23 g)	Fresh Whole Oranges (11.28 g)
Fresh Baby Carrots (5.84 g)	Baked Beans, vegetarian (44.03 g)	Fresh Baby Carrots (5.84 g)	Fresh Whole Oranges (11.28 g)	Mixed Fruit (15.22 g)
Garden Side Salad (3.96 g)	Caesar Side Salad (5.67 g)	Garden Side Salad (3.96 g)	Caesar Side Salad (2.83-5.67 g)	Fresh Celery Sticks (1.92 g)
Potato Tater Tots (14.09 g)	Fresh Broccoli Florets (2.12 g)	Potato Fry (18.00 g)	Country Style Potato Wedges (15.05 g)	Garden Side Salad (3.96 g)
Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Fresh Broccoli Florets (2.12 g)	Potato Fry (18.00 g)
While 1% Milk (13.00 g)	While 1% Milk (13.00 g)	While 1% Milk (13.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)
White Skim Milk (13.00 g)	White Skim Milk (13.00 g)	White Skim Milk (13.00 g)	While 1% Milk (13.00 g)	While 1% Milk (13.00 g)
Diced Yellow Onion (1.87 g)	Caesar Dressing (1.00 g)	Barbecue Honey Sauce (18.96 g)	White Skim Milk (13.00 g)	White Skim Milk (13.00 g)
Dill Pickle Chips	Diced Yellow Onion (1.87 g)	Buffalo Ranch Dressing (1.69 g)	Caesar Dressing (1.00 g)	Diced Yellow Onion (1.87 g)
Jalapeno Pepper Slices (0.25 g)	Dill Pickle Chips	Caramelized Onions (9.67 g)	Diced Yellow Onion (1.87 g)	Dill Pickle Chips
Kansas City Barbecue Sauce (7.50 g)	Jalapeno Pepper Slices (0.25 g)	Chipotle Lime Mayonnaise (3.30 g)	Dill Pickle Chips	Jalapeno Pepper Slices (0.25 g)
Ketchup (0.00-10.00 g)	Kansas City Barbecue Sauce (7.50 g)	Diced Yellow Onion (1.87 g)	Jalapeno Pepper Slices (0.25 g)	Kansas City Barbecue Sauce (7.50 g)
Light Mayo (2.00 g)	Ketchup	Dill Pickle Chips	Ketchup (0.00-10.00 g)	Ketchup (0.00-10.00 g)
Light Ranch Dressing (2.50 g)	Light Mayo (2.00 g)	Jalapeno Pepper Slices (0.25 g)	Light Mayo (2.00 g)	Light Mayo (2.00 g)
Shredded Lettuce (0.54 g)	Light Ranch Dressing (2.50 g)	Kansas City Barbecue Sauce (7.50 g)	Light Ranch Dressing (2.50 g)	Light Ranch Dressing (2.50 g)
Sliced Red Tomatoes (1.46 g)	Shredded Lettuce (0.54 g)	Ketchup (0.00-10.00 g)	Shredded Lettuce (0.54 g)	Shredded Lettuce (0.54 g)
Yellow Mustard	Sliced Red Tomatoes (1.46 g)	Light Mayo (2.00 g)	Sliced Red Tomatoes (1.46 g)	Sliced Red Tomatoes (1.46 g)
	Yellow Mustard	Light Ranch Dressing (2.50 g)	Yellow Mustard	Yellow Mustard
		Sauteed Peppers (6.21 g)		
		Shredded Lettuce (0.54 g)		
		Sliced Red Tomatoes (1.46 g)		
		Yellow Mustard		
20 Nov	21 Nov	22 Nov	23 Nov	24 Nov
	Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g)			
	Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g)			
	Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g)			
	Mexican Pollo Torta (42.19 g)			
	Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g)			
	100% Apple Juice (14.00 g)			
	Apple Whole: 125 ct (MS/HS)			
	Banana (26.95 g)			
	Diced Peaches (15.54 g)			
	Fresh Whole Oranges (11.28 g)			
	Caesar Side Salad (2.83-5.67 g)			
	Fresh Broccoli Florets (2.12 g)			
	Potato Fry (18.00 g)			
	Chocolate Skim Milk (20.00 g)			

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	21 Nov			
	While 1% Milk (13.00 g) White Skim Milk (13.00 g) Caesar Dressing (1.00 g) Diced Yellow Onion (1.87 g) Dill Pickle Chips Jalapeno Pepper Slices (0.25 g) Kansas City Barbecue Sauce (7.50 g) Ketchup (0.00-10.00 g) Light Mayo (2.00 g) Light Ranch Dressing (2.50 g) Shredded Lettuce (0.54 g) Sliced Red Tomatoes (1.46 g) Yellow Mustard			
27 Nov	28 Nov	29 Nov	30 Nov	1 Dec
Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g) Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) Chili Cheese Hotdog (49.93 g) Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Fresh Whole Oranges (11.28 g) Pineapple Tidbits (18.73 g) Fresh Baby Carrots (5.84 g) Garden Side Salad (3.96 g) Potato Tater Tots (14.09 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Diced Yellow Onion (1.87 g) Dill Pickle Chips Jalapeno Pepper Slices (0.25 g) Kansas City Barbecue Sauce (7.50 g) Ketchup (10.00 g) Light Mayo (2.00 g) Light Ranch Dressing (2.50 g) Shredded Lettuce (0.54 g) Yellow Mustard	Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g) Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g) Pulled Pork Sandwich, Brookwood Pork (31.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Diced Peaches (15.54 g) Fresh Whole Oranges (11.28 g) Baked Beans, vegetarian (44.03 g) Caesar Side Salad (2.83-5.67 g) Fresh Broccoli Florets (2.12 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) White Skim Milk (13.00 g) Caesar Dressing (1.00 g) Diced Yellow Onion (1.87 g) Dill Pickle Chips Jalapeno Pepper Slices (0.25 g) Kansas City Barbecue Sauce (7.50 g) Ketchup (10.00 g) Light Mayo (2.00 g) Light Ranch Dressing (2.50 g)	Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) Hamburger (28.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g) American Cheese Slice Provolone Cheese Slice; Schreiber Swiss-American Cheese Slice; Schreiber (0.50 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Applesauce (14.89 g) Banana (26.95 g) Fresh Whole Oranges (11.28 g) Fresh Baby Carrots (5.84 g) Garden Side Salad (3.96 g) Potato Fry (18.00 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Barbecue Honey Sauce (18.96 g) Buffalo Ranch Dressing (1.69 g) Caramelized Onions (9.67 g) Chipotle Lime Mayonnaise (3.30 g) Diced Yellow Onion (1.87 g) Dill Pickle Chips Jalapeno Pepper Slices (0.25 g) Kansas City Barbecue Sauce (7.50 g)	Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g) Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) Grilled Chicken Sandwich (31.00 g) Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Diced Bartlett Pears (6.23 g) Fresh Whole Oranges (11.28 g) Caesar Side Salad (2.83-5.67 g) Country Style Potato Wedges (15.05 g) Fresh Broccoli Florets (2.12 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Caesar Dressing (1.00 g) Diced Yellow Onion (1.87 g) Dill Pickle Chips Jalapeno Pepper Slices (0.25 g) Kansas City Barbecue Sauce (7.50 g) Ketchup (10.00 g) Light Mayo (2.00 g) Light Ranch Dressing (2.50 g)	Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g) Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g) Three Cheese Toaster (29.00 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Fresh Whole Oranges (11.28 g) Mixed Fruit (15.22 g) Fresh Celery Sticks (1.92 g) Garden Side Salad (3.96 g) Potato Fry (18.00 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Diced Yellow Onion (1.87 g) Dill Pickle Chips Jalapeno Pepper Slices (0.25 g) Kansas City Barbecue Sauce (7.50 g) Ketchup (10.00 g) Light Mayo (2.00 g) Light Ranch Dressing (2.50 g) Shredded Lettuce (0.54 g)

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	28 Nov	29 Nov	30 Nov	1 Dec
	Shredded Lettuce (0.54 g)	Ketchup (10.00 g)	Shredded Lettuce (0.54 g)	Sliced Red Tomatoes (1.46 g)
	Sliced Red Tomatoes (1.46 g)	Light Mayo (2.00 g)	Sliced Red Tomatoes (1.46 g)	Yellow Mustard
	Yellow Mustard	Light Ranch Dressing (2.50 g)	Yellow Mustard	
		Sauteed Peppers (6.21 g)		
		Shredded Lettuce (0.54 g)		
		Sliced Red Tomatoes (1.46 g)		
		Yellow Mustard		

Carbohydrate values in grams follow the Menu Item name