

Menu Calendar Nutrient Analysis Report - August, 2021

Site: Guthrie High School
Date: 08/01/2021 - 08/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 21-22 - Pizza - Heat Around the World Day 4_8.16.21 - ServingDate: 08/19/2021								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	22	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR1441 (1 slice)	32	332.55	12.23	6.13	0.00	615.08	35.32	19.39
Hawaiian Pizza - OKR1879 (1 slice)	16	337.38	10.58	4.92	0.00	749.70	39.10	22.36
Jerk Chicken Pizza - OKR1878 (1 slice)	0	315.61	9.62	3.90	0.00	680.57	36.47	19.95
Spaghetti Sauce - SR2220 (1/2 c.)	23	64.64	0.52	0.10	0.01	497.86	12.94	2.16
Toasted Garlic Caesar Salad - SR2130 (1 c.)	50	176.98	16.04	3.29	0.00	325.67	6.78	3.18
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY 21-22 - Pizza - Heat Around the World Day 5_8.16.21 - ServingDate: 08/20/2021								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	22	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR1441 (1 slice)	32	332.55	12.23	6.13	0.00	615.08	35.32	19.39
Pepperoni Pizza - SR1443 (1 slice)	32	364.14	15.15	7.22	0.00	719.57	35.32	20.84
Chicken Bacon and Ranch Pizza - OKR1873 (1 slice)	0	366.67	13.72	5.26	0.00	783.04	36.79	22.95
Spaghetti Sauce - SR2220 (1/2 c.)	23	64.64	0.52	0.10	0.01	497.86	12.94	2.16
Toasted Garlic Caesar Salad - SR2130 (1 c.)	50	176.98	16.04	3.29	0.00	325.67	6.78	3.18
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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SY 21-22 - Pizza - Heat Around the World Day 1_8.23.21 - ServingDate: 08/23/2021								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	22	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR1441 (1 slice)	32	332.55	12.23	6.13	0.00	615.08	35.32	19.39
Pepperoni Pizza - SR1443 (1 slice)	32	364.14	15.15	7.22	0.00	719.57	35.32	20.84
Blazing Hot Chicken Pizza - OKR1877 (1 slice)	8	327.34	10.64	4.38	0.00	740.23	35.54	21.14
Breadstick - SR1044 (1 breadstick)	5	80.00	1.00	0.00	0.00	95.00	14.00	3.00
Spaghetti Sauce - SR2220 (1/2 c.)	23	64.64	0.52	0.10	0.01	497.86	12.94	2.16
Toasted Garlic Caesar Salad - SR2130 (1 c.)	50	176.98	16.04	3.29	0.00	325.67	6.78	3.18
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY 21-22 - Pizza - Heat Around the World Day 2_8.23.21 - ServingDate: 08/24/2021								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	22	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR1441 (1 slice)	32	332.55	12.23	6.13	0.00	615.08	35.32	19.39
Jalapeno Lime Chicken Pizza - OKR1387 (1 slice)	8	338.20	11.39	5.24	0.00	800.87	35.17	22.80
Sausage Pizza - SR1474 (1 slice)	16	396.76	17.63	8.11	0.10	803.35	36.18	22.38
Spaghetti Sauce - SR2220 (1/2 c.)	23	64.64	0.52	0.10	0.01	497.86	12.94	2.16
Toasted Garlic Caesar Salad - SR2130 (1 c.)	50	176.98	16.04	3.29	0.00	325.67	6.78	3.18
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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SY 21-22 - Pizza - Heat Around the World Day 3_8.23.21 - ServingDate: 08/25/2021								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	22	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR1441 (1 slice)	32	332.55	12.23	6.13	0.00	615.08	35.32	19.39
Chorizo Sausage Pizza - SR1833 (1 slice)	0	334.22	12.40	5.03	0.00	581.37	35.42	20.22
Pepperoni Pizza - SR1443 (1 slice)	32	364.14	15.15	7.22	0.00	719.57	35.32	20.84
Spaghetti Sauce - SR2220 (1/2 c.)	23	64.64	0.52	0.10	0.01	497.86	12.94	2.16
Toasted Garlic Caesar Salad - SR2130 (1 c.)	50	176.98	16.04	3.29	0.00	325.67	6.78	3.18
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY 21-22 - Pizza - Heat Around the World Day 4_8.23.21 - ServingDate: 08/26/2021								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	22	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR1441 (1 slice)	32	332.55	12.23	6.13	0.00	615.08	35.32	19.39
Hawaiian Pizza - OKR1879 (1 slice)	16	337.38	10.58	4.92	0.00	749.70	39.10	22.36
Jerk Chicken Pizza - OKR1878 (1 slice)	0	315.61	9.62	3.90	0.00	680.57	36.47	19.95
Spaghetti Sauce - SR2220 (1/2 c.)	23	64.64	0.52	0.10	0.01	497.86	12.94	2.16
Toasted Garlic Caesar Salad - SR2130 (1 c.)	50	176.98	16.04	3.29	0.00	325.67	6.78	3.18
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY 21-22 - Pizza - Heat Around the World Day 5_8.23.21 - ServingDate: 08/27/2021								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	22	290.17	11.01	6.00	0.00	500.29	28.02	19.01

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SY 21-22 - Pizza - Heat Around the World Day 5_8.23.21 - ServingDate: 08/27/2021								
Cheese Pizza - SR1441 (1 slice)	32	332.55	12.23	6.13	0.00	615.08	35.32	19.39
Pepperoni Pizza - SR1443 (1 slice)	32	364.14	15.15	7.22	0.00	719.57	35.32	20.84
Cheeseburger Pizza - OKR1874 (1 slice)	0	410.92	18.55	9.12	0.00	831.66	36.07	23.15
Spaghetti Sauce - SR2220 (1/2 c.)	23	64.64	0.52	0.10	0.01	497.86	12.94	2.16
Toasted Garlic Caesar Salad - SR2130 (1 c.)	50	176.98	16.04	3.29	0.00	325.67	6.78	3.18
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY 21-22 - Pizza - Heat Around the World Day 1_8.30.21 - ServingDate: 08/30/2021								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	22	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR1441 (1 slice)	32	332.55	12.23	6.13	0.00	615.08	35.32	19.39
Pepperoni Pizza - SR1443 (1 slice)	32	364.14	15.15	7.22	0.00	719.57	35.32	20.84
Blazing Hot Chicken Pizza - OKR1877 (1 slice)	8	327.34	10.64	4.38	0.00	740.23	35.54	21.14
Spaghetti Sauce - SR2220 (1/2 c.)	23	64.64	0.52	0.10	0.01	497.86	12.94	2.16
Toasted Garlic Caesar Salad - SR2130 (1 c.)	50	176.98	16.04	3.29	0.00	325.67	6.78	3.18
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
SY 21-22 - Pizza - Heat Around the World Day 2_8.30.21 - ServingDate: 08/31/2021								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	22	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Cheese Pizza - SR1441 (1 slice)	32	332.55	12.23	6.13	0.00	615.08	35.32	19.39

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SY 21-22 - Pizza - Heat Around the World Day 2_8.30.21 - ServingDate: 08/31/2021								
Jalapeno Lime Chicken Pizza - OKR1387 (1 slice)	8	338.20	11.39	5.24	0.00	800.87	35.17	22.80
Sausage Pizza - SR1474 (1 slice)	16	396.76	17.63	8.11	0.10	803.35	36.18	22.38
Spaghetti Sauce - SR2220 (1/2 c.)	23	64.64	0.52	0.10	0.01	497.86	12.94	2.16
Toasted Garlic Caesar Salad - SR2130 (1 c.)	50	176.98	16.04	3.29	0.00	325.67	6.78	3.18
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch
Site Group: Taste4
Menu Line: T4-Pizza (tier I)
Serving Group: 9-12
Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.