

Menu Calendar Nutrient Analysis Report - August, 2021

Site: Guthrie High School
Date: 08/01/2021 - 08/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
21-22 - Grill - Heat Day 4_8.16.21 - ServingDate: 08/19/2021								
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chili Dog - SR3285 (1 serving (1))	1	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	30	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Chili con Carne - SR1379 (1 c.)	1	223.15	5.62	1.95	0.00	477.11	30.08	14.36
Rainbow Chili - SR1922 (1 c.)	1	186.09	1.27	0.05	0.00	412.67	36.24	9.41
Spicy Black Bean Burger - OKR1862 (1 burger)	1	280.00	7.00	1.00	0.00	580.00	41.00	20.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	1	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Shredded Yellow Cheddar Cheese - SR3010 (1 oz.)	1	90.00	6.00	4.00	0.00	210.00	1.00	7.00
Mozzarella Cheese - SR3098 (1/2 oz.)	14	45.56	3.54	2.53	0.00	86.06	0.51	3.04
Shredded Pepper Jack Cheese - SR3199 (1 oz.)	14	110.00	9.00	5.00	0.00	185.00	1.00	6.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	34	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	1	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	89	160.00	2.00	0.00	0.00	270.00	31.00	6.00

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21-22 - Grill - Heat Day 4_8.16.21 - ServingDate: 08/19/2021								
Bimbo Hot Dog Bun - OKR1628 (1 roll (hamb)	0	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Top Mini Sub Roll - SR1995 (1 roll (smal)	3	162.71	3.05	0.00	0.00	183.05	29.49	6.10
Mexican Slaw - SR1612 (1/2 c.)	1	47.66	0.11	0.03	0.00	14.81	12.10	0.89
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.61	1.01	0.00	213.08	23.34	3.04
Baked French Fries - SR1444 (1/2 c.)	50	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Jalapeno Olive Relish - SR1850 (1/4 c.)	0	35.88	3.30	0.09	0.00	354.96	2.38	0.13
21-22 - Grill - Heat Day 5_8.16.21 - ServingDate: 08/20/2021								
Bacon Burger - SR3277 (1 burger)	1	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	33	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Breaded Chicken Patty - SR2186 (1 patty)	39	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Spicy Black Bean Burger - OKR1862 (1 burger)	1	280.00	7.00	1.00	0.00	580.00	41.00	20.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	2	150.00	5.00	1.00	0.00	320.00	16.00	14.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
21-22 - Grill - Heat Day 5_ 8.16.21 - ServingDate: 08/20/2021								
Shredded Yellow Cheddar Cheese - SR3010 (1 oz.)	1	90.00	6.00	4.00	0.00	210.00	1.00	7.00
Mozzarella Cheese - SR3098 (1/2 oz.)	3	45.56	3.54	2.53	0.00	86.06	0.51	3.04
Shredded Pepper Jack Cheese - SR3199 (1/2 oz.)	1	55.00	4.50	2.50	0.00	92.50	0.50	3.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	26	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	3	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	109	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Top Mini Sub Roll - SR1995 (1 roll (smal))	4	162.71	3.05	0.00	0.00	183.05	29.49	6.10
Whole Wheat Sliced Sandwich Bread, Bimbo - OKR1786 (2 slice)	2	160.00	2.00	0.00	0.00	230.00	30.00	6.00
Mexican Slaw - SR1612 (1/2 c.)	1	47.66	0.11	0.03	0.00	14.81	12.10	0.89
Spaghetti Sauce - SR2220 (1/2 c.)	1	64.64	0.52	0.10	0.01	497.86	12.94	2.16
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.61	1.01	0.00	213.08	23.34	3.04
Roasted Mushrooms - SR1843 (1/2 c.)	1	103.47	9.70	0.72	0.00	5.33	3.48	3.30
Baked French Fries - SR1444 (1/2 c.)	50	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Bacon Slices - SR1982 (1 slice)	2	25.14	2.15	0.72	0.00	100.56	0.00	1.80
Jalapeno Olive Relish - SR1850 (1/4 c.)	0	35.88	3.30	0.09	0.00	354.96	2.38	0.13
Hot Sauce - SR3162 (1 tbsp.)	1	3.39	0.09	0.02	0.00	626.53	0.48	0.17
21-22 - Grill - Heat Day 1_ 8.23.21 - ServingDate: 08/23/2021								
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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21-22 - Grill - Heat Day 1_ 8.23.21 - ServingDate: 08/23/2021								
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Parmesan Burger - SR3278 (1 burger)	1	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	30	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Breaded Chicken Patty - SR2186 (1 patty)	29	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Spicy Black Bean Burger - OKR1862 (1 burger)	1	280.00	7.00	1.00	0.00	580.00	41.00	20.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	15	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Mozzarella Cheese - SR3098 (1/2 oz.)	2	45.56	3.54	2.53	0.00	86.06	0.51	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	1	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	2	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	103	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Top Mini Sub Roll - SR1995 (1 roll (smal))	1	162.71	3.05	0.00	0.00	183.05	29.49	6.10
Spaghetti Sauce - SR2220 (1/2 c.)	1	64.64	0.52	0.10	0.01	497.86	12.94	2.16
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.61	1.01	0.00	213.08	23.34	3.04
Baked French Fries - SR1444 (1/2 c.)	50	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Bacon Slices - SR1982 (1 slice)	1	25.14	2.15	0.72	0.00	100.56	0.00	1.80
Jalapeno Olive Relish - SR1850 (1/4 c.)	0	35.88	3.30	0.09	0.00	354.96	2.38	0.13

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21-22 - Grill - Heat Day 1_ 8.23.21 - ServingDate: 08/23/2021								
Hot Sauce - SR3162 (1 tbsp.)	1	3.39	0.09	0.02	0.00	626.53	0.48	0.17
21-22 - Grill - Heat Day 2_ 8.23.21 - ServingDate: 08/24/2021								
Bacon Burger - SR3277 (1 burger)	1	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	32	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Spicy Black Bean Burger - OKR1862 (1 burger)	1	280.00	7.00	1.00	0.00	580.00	41.00	20.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	1	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	26	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	1	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb)	102	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.61	1.01	0.00	213.08	23.34	3.04
Roasted Mushrooms - SR1843 (1/2 c.)	1	103.47	9.70	0.72	0.00	5.33	3.48	3.30
Baked French Fries - SR1444 (1/2 c.)	50	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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21-22 - Grill - Heat Day 2_8.23.21 - ServingDate: 08/24/2021								
Bacon Slices - SR1982 (1 slice)	1	25.14	2.15	0.72	0.00	100.56	0.00	1.80
Jalapeno Olive Relish - SR1850 (1/4 c.)	0	35.88	3.30	0.09	0.00	354.96	2.38	0.13
21-22 - Grill - Heat Day 3_8.23.21 - ServingDate: 08/25/2021								
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Italian Meatball Sandwich - SR2720 (1 sandwich)	14	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	30	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Breaded Chicken Patty - SR2186 (1 patty)	28	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Chicken Meatball Sauce - SR3066 (5 Meatballs)	1	223.10	11.31	3.43	0.01	559.71	15.19	15.85
Spicy Black Bean Burger - OKR1862 (1 burger)	1	280.00	7.00	1.00	0.00	580.00	41.00	20.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	1	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Mozzarella Cheese - SR3098 (1/2 oz.)	15	45.56	3.54	2.53	0.00	86.06	0.51	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	25	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	2	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Sliced Turkey Ham - SR1287 (3 slice)	1	75.00	3.75	1.13	0.00	359.99	0.00	10.50
Bimbo Bun - OKR1738 (1 roll (hamb))	89	160.00	2.00	0.00	0.00	270.00	31.00	6.00

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21-22 - Grill - Heat Day 3_8.23.21 - ServingDate: 08/25/2021								
Top Mini Sub Roll - SR1995 (1 roll (smal))	14	162.71	3.05	0.00	0.00	183.05	29.49	6.10
Spaghetti Sauce - SR2220 (1/2 c.)	1	64.64	0.52	0.10	0.01	497.86	12.94	2.16
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.61	1.01	0.00	213.08	23.34	3.04
Roasted Mushrooms - SR1843 (1/2 c.)	1	103.47	9.70	0.72	0.00	5.33	3.48	3.30
Baked French Fries - SR1444 (1/2 c.)	50	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Bacon Slices - SR1982 (1 slice)	1	25.14	2.15	0.72	0.00	100.56	0.00	1.80
Jalapeno Olive Relish - SR1850 (1/4 c.)	0	35.88	3.30	0.09	0.00	354.96	2.38	0.13
21-22 - Grill - Heat Day 4_8.23.21 - ServingDate: 08/26/2021								
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Gourmet Grilled Cheese - SR3274 (1 sandwich)	14	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	30	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Spicy Black Bean Burger - OKR1862 (1 burger)	1	280.00	7.00	1.00	0.00	580.00	41.00	20.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	1	150.00	5.00	1.00	0.00	320.00	16.00	14.00

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21-22 - Grill - Heat Day 4_8.23.21 - ServingDate: 08/26/2021								
Shredded Yellow Cheddar Cheese - SR3010 (1 oz.)	1	90.00	6.00	4.00	0.00	210.00	1.00	7.00
Mozzarella Cheese - SR3098 (1/2 oz.)	14	45.56	3.54	2.53	0.00	86.06	0.51	3.04
Shredded Pepper Jack Cheese - SR3199 (1 oz.)	14	110.00	9.00	5.00	0.00	185.00	1.00	6.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	34	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	1	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	89	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Top Mini Sub Roll - SR1995 (1 roll (smal))	3	162.71	3.05	0.00	0.00	183.05	29.49	6.10
Whole Wheat Sliced Sandwich Bread, Bimbo - OKR1786 (2 slice)	15	160.00	2.00	0.00	0.00	230.00	30.00	6.00
Mexican Slaw - SR1612 (1/2 c.)	1	47.66	0.11	0.03	0.00	14.81	12.10	0.89
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.61	1.01	0.00	213.08	23.34	3.04
Baked French Fries - SR1444 (1/2 c.)	50	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Jalapeno Olive Relish - SR1850 (1/4 c.)	0	35.88	3.30	0.09	0.00	354.96	2.38	0.13
21-22 - Grill - Heat Day 5_8.23.21 - ServingDate: 08/27/2021								
Barbecue Rib Sandwich - OKR1132 (1 sandwich)	0	332.89	12.00	3.50	0.10	861.89	42.01	18.00
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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21-22 - Grill - Heat Day 5_8.23.21 - ServingDate: 08/27/2021								
Hamburger Patty - SR1652 (1 patty)	33	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Breaded Chicken Patty - SR2186 (1 patty)	39	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Spicy Black Bean Burger - OKR1862 (1 burger)	1	280.00	7.00	1.00	0.00	580.00	41.00	20.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	2	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Shredded Yellow Cheddar Cheese - SR3010 (1 oz.)	1	90.00	6.00	4.00	0.00	210.00	1.00	7.00
Mozzarella Cheese - SR3098 (1/2 oz.)	3	45.56	3.54	2.53	0.00	86.06	0.51	3.04
Shredded Pepper Jack Cheese - SR3199 (1/2 oz.)	1	55.00	4.50	2.50	0.00	92.50	0.50	3.00
Cheddar Cheese Slice - SR2132 (1/2 oz.)	26	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	3	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	109	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Top Mini Sub Roll - SR1995 (1 roll (smal))	4	162.71	3.05	0.00	0.00	183.05	29.49	6.10
Whole Wheat Sliced Sandwich Bread, Bimbo - OKR1786 (2 slice)	2	160.00	2.00	0.00	0.00	230.00	30.00	6.00
Mexican Slaw - SR1612 (1/2 c.)	1	47.66	0.11	0.03	0.00	14.81	12.10	0.89
Spaghetti Sauce - SR2220 (1/2 c.)	1	64.64	0.52	0.10	0.01	497.86	12.94	2.16
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.61	1.01	0.00	213.08	23.34	3.04
Roasted Mushrooms - SR1843 (1/2 c.)	1	103.47	9.70	0.72	0.00	5.33	3.48	3.30
Baked French Fries - SR1444 (1/2 c.)	50	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - August, 2021

Site: Guthrie High School
Date: 08/01/2021 - 08/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
21-22 - Grill - Heat Day 5_8.23.21 - ServingDate: 08/27/2021								
Bacon Slices - SR1982 (1 slice)	2	25.14	2.15	0.72	0.00	100.56	0.00	1.80
Jalapeno Olive Relish - SR1850 (1/4 c.)	0	35.88	3.30	0.09	0.00	354.96	2.38	0.13
Hot Sauce - SR3162 (1 tbsp.)	1	3.39	0.09	0.02	0.00	626.53	0.48	0.17
21-22 - Grill - Heat Day 1_8.30.21 - ServingDate: 08/30/2021								
Bacon Burger - SR3277 (1 burger)	1	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	30	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Breaded Chicken Patty - SR2186 (1 patty)	29	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Spicy Black Bean Burger - OKR1862 (1 burger)	1	280.00	7.00	1.00	0.00	580.00	41.00	20.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	15	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Mozzarella Cheese - SR3098 (1/2 oz.)	2	45.56	3.54	2.53	0.00	86.06	0.51	3.04
Cheddar Cheese Slice - SR2132 (1/2 oz.)	1	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	2	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	103	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Top Mini Sub Roll - SR1995 (1 roll (smal))	1	162.71	3.05	0.00	0.00	183.05	29.49	6.10

Menu Calendar Nutrient Analysis Report - August, 2021

Site: Guthrie High School
Date: 08/01/2021 - 08/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
21-22 - Grill - Heat Day 1_8.30.21 - ServingDate: 08/30/2021								
Spaghetti Sauce - SR2220 (1/2 c.)	1	64.64	0.52	0.10	0.01	497.86	12.94	2.16
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.61	1.01	0.00	213.08	23.34	3.04
Baked French Fries - SR1444 (1/2 c.)	50	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Bacon Slices - SR1982 (1 slice)	1	25.14	2.15	0.72	0.00	100.56	0.00	1.80
Jalapeno Olive Relish - SR1850 (1/4 c.)	0	35.88	3.30	0.09	0.00	354.96	2.38	0.13
Hot Sauce - SR3162 (1 tbsp.)	1	3.39	0.09	0.02	0.00	626.53	0.48	0.17
21-22 - Grill - Heat Day 2_8.30.21 - ServingDate: 08/31/2021								
Cheeseburger - SR2646 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Chicken Patty Sandwich - SR2645 (1 burger)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger - SR2660 (1 burger)	5	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Spicy Chicken Sandwich - SR2651 (1 sandwich)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Hamburger Patty - SR1652 (1 patty)	32	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Hot & Spicy Chicken Patty - SR2137 (1 patty)	30	270.00	15.00	3.00	0.00	400.00	17.00	15.00
Breaded Chicken Patty - SR2186 (1 patty)	25	240.00	14.00	2.50	0.00	440.00	16.00	14.00
Sloppy Joe Mix - SR2520 (3/8 c.)	14	145.36	6.18	2.27	0.00	417.51	10.31	13.40
Spicy Black Bean Burger - OKR1862 (1 burger)	1	280.00	7.00	1.00	0.00	580.00	41.00	20.00
Spicy Black Bean Burger Patties - OKR1901 (1 patty)	1	150.00	5.00	1.00	0.00	320.00	16.00	14.00
Western Burger - SR1084 (1 burger)	0	340.00	13.50	5.50	0.00	810.00	32.50	20.50

Menu Calendar Nutrient Analysis Report - August, 2021

Site: Guthrie High School

Date: 08/01/2021 - 08/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
21-22 - Grill - Heat Day 2_8.30.21 - ServingDate: 08/31/2021								
Cheddar Cheese Slice - SR2132 (1/2 oz.)	26	55.69	4.56	2.53	0.00	91.12	0.00	3.04
Swiss Cheese Slice - SR2134 (1/2 oz.)	1	50.00	4.00	2.50	0.00	30.00	0.50	4.00
Bimbo Bun - OKR1738 (1 roll (hamb))	102	160.00	2.00	0.00	0.00	270.00	31.00	6.00
Sweet Potato Fries - SR2043 (1/2 c.)	15	162.34	7.61	1.01	0.00	213.08	23.34	3.04
Roasted Mushrooms - SR1843 (1/2 c.)	1	103.47	9.70	0.72	0.00	5.33	3.48	3.30
Baked French Fries - SR1444 (1/2 c.)	50	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Taste4 Extras Bar - SR2401 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Bacon Slices - SR1982 (1 slice)	1	25.14	2.15	0.72	0.00	100.56	0.00	1.80
Jalapeno Olive Relish - SR1850 (1/4 c.)	0	35.88	3.30	0.09	0.00	354.96	2.38	0.13

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch

Site Group: Taste4

Menu Line: T4-Grill (tier I)

Serving Group: 9-12

Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.