



## Guthrie Public Schools Secondary Breakfast Menu September 2019

Assorted Sides	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Served Daily: Assorted Dry Cereal Canned Fruit Fresh Fruit Orange Juice Apple Juice Assorted Fat Free or Lowfat White and Flavored Milk</b>	2 No School	3 Honey Glazed Chicken Biscuit Banana Muffin Oranges	4 Breakfast Pizza Yogurt & Graham Cracker Mixed Fruit	5 Egg & Cheese Breakfast Sandwich Cinnamon Toast Crunch Bar Tater Tots	6 BYO Oatmeal Bar Strawberry Nutrigrain Bar Diced Peaches
	9 French Toast Sticks Yogurt & Graham Cracker Diced Peaches	10 Sausage Biscuit Coffee Cake Oranges	11 Breakfast Pizza Blueberry Muffin Bananas	12 Breakfast Taco Cinnamon Roll Tater Tots	13 Biscuit & Gravy Nutrigrain Bar Diced Peaches
	16 Pancake on a Stick Chocolate Muffin Diced Peaches	17 Sausage Biscuit Glazed Donut Oranges	18 Breakfast Pizza Nutrigrain Bar Bananas	19 Cheddar Cheese Omelet Cinnamon Roll Tater Tots	20 Breakfast Taco Yogurt & Graham Cracker Diced Peaches
	23 NO SCHOOL	24 Honey Glazed Chicken Biscuit Banana Muffin Oranges	25 Breakfast Pizza Yogurt & Goldfish Graham Crackers Mixed Fruit	26 Egg & Cheese Breakfast Sandwich Cinnamon Toast Crunch Bar Mixed Fruit	27 ** Birthday Mini Confetti Pancakes** Nutrigrain Bar Diced Peaches
	29 French Toast Sticks Yogurt & Graham Cracker Diced Peaches				

A meal consists of 3 food groups: Grains, Fruit/ Vegetables and Milk. Students must pick at least 3 items from the 4 items offered from the 3 food groups.

Menu items are subject to change due to availability	Child Nutrition Office 405.282.5952
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