



Guthrie Public Schools Secondary Breakfast Menu August 2019

Assorted Sides	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Served Daily: Assorted Dry Cereal Canned Fruit Fresh Fruit Orange Juice Apple Juice Assorted Fat Free or Lowfat White and Flavored Milk				1	2
	5	6	7	8	9
	12	13	14	15	16
	19	20 French Toast Sticks Yogurt with Graham Cracker Orange Smiles	21 Breakfast Pizza Blueberry Muffin Mixed Fruit	22 Breakfast Taco Cinnamon Roll Tater Tots	26 Biscuit & Gravy Nutrigrain Bar Diced Pears
	29 Pancake on a Stick Chocolate Muffin Diced Peaches	27 Sausage Biscuit Glazed Donut Orange Smiles	28 Breakfast Pizza Nutrigrain Bar Mixed Fruit	29 Cheese Omelet Cinnamon Roll Tater Tots	30 Biscuit & Gravy Yogurt with Graham Cracker Diced Pears

A meal consists of 3 food groups: Grains, Fruit/ Vegetables and Milk. Students must pick at least 3 items from the 4 items offered from the 3 food groups.

Menu items are subject to change due to availability	Child Nutrition Office 405.282.5952
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