



Guthrie Public Schools Secondary Breakfast Menu March 2018

Assorted Sides	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Served Daily: Assorted Dry Cereal Canned Fruit Fresh Fruit Orange Juice Apple Juice Assorted Fat Free or Lowfat White and Flavored Milk				1 Egg & Cheese English Muffin Donut Mixed Fruit	2 Biscuit with Gravy Nutrigrain Bar Diced Pears
	5 Breakfast Pizza Assorted Pop Tarts Diced Peaches	6 French Toast Sticks Yogurt & Goldfish Graham Cracker Orange Slices	7 Egg & Cheese Bagel Sandwich Blueberry Muffin Bananas	8 Breakfast Taco Mini Cinnamon Rolls Mixed Fruit	9 Sausage Biscuit Nutrigrain Bar Diced Pears
	12 Sausage Biscuit Donut Diced Peaches	13 Pancake Sausage Wrap Chocolate Muffin Orange Slices	14 Breakfast Pizza Nutrigrain Bar Bananas	15 Cheesy Omelet Mini Cinnamon Rolls Mixed Fruit	16 Biscuit with Gravy Yogurt & Goldfish Graham Cracker Diced Pears
	19 SPRING BREAK	20 SPRING BREAK	21 SPRING BREAK	22 SPRING BREAK	23 SPRING BREAK
	26 Breakfast Pizza Assorted Pop Tarts Diced Peaches	27 French Toast Sticks Yogurt & Goldfish Graham Cracker Orange Slices	28 Cheesy Omelet Blueberry Muffin Bananas	29 Breakfast Taco Mini Cinnamon Rolls Mixed Fruit	30 Biscuit with Gravy Nutrigrain Bar Diced Pears

A meal consists of 3 food groups: Grains, Fruit/ Vegetables and Milk. Students must pick at least 3 items from the 4 items offered from the 3 food groups.

Menu items are subject to change due to availability	Child Nutrition Office 405.282.5952
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