

Guthrie Public Schools Secondary Breakfast Menu December 2017

| Assorted Sides | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|--|--|
| Served Daily: Assorted Dry | | | | | 1 Biscuit with Gravy Yogurt & Goldfish Graham Cracker Diced Pears |
| Cereal Canned Fruit Fresh Fruit Orange Juice Apple Juice Assorted Fat Free or Lowfat White and Flavored Milk | 4 Sausage Biscuit Yogurt & Goldfish Graham Cracker Diced Peaches | 5 Pancake on a Stick Cereal Bar Orange Slices | 6 Breakfast Pizza Bagel & Cream Cheese Bananas | 7 Egg & Cheese Biscuit Pop Tart Mixed Fruit | 8 Biscuit with Gravy Yogurt & Goldfish Graham Cracker Diced Pears |
| | 11 Pancake Sausage Wrap Yogurt & Goldfish Graham Cracker Diced Peaches | 12 Sausage Biscuit Cereal Bar Orange Slices | 13 Breakfast Pizza Bagel & Cream Cheese Bananas | 14 Cheesy Omelet Pop Tart Mixed Fruit | 15 Biscuit with Gravy Yogurt & Goldfish Graham Cracker Diced Pears |
| | 18 Egg & Cheese Breakfast Bagel Yogurt & Goldfish Graham Crackers Diced Peaches | 19 Pancake Sausage Wrap Cereal Bar Orange Slices | 20 Breakfast Pizza Bagel w/Cream Cheese Bananas | 21 Winter Break See You Next Year! | 22 Winter Break See You Next Year! |
| | 25 Winter Break See You Next Year! | 26 Winter Break See You Next Year! | 27 Winter Break See You Next Year! | 28 Winter Break See You Next Year! | 29 Winter Break See You Next Year! |

A meal consists of 3 food groups: Grains, Fruit/ Vegetables and Milk. Students must pick at least 3 items from the 4 items offered from the 3 food groups.

Menu items are subject to change due to availability

Child Nutrition Office 405.282.5952

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