

## Menu Calendar Nutrient Analysis Report - April, 2018

Site: Guthrie High School  
Date: 04/01/2018 - 04/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 18-19 K8 Breakfast Week 2 Day 1 :7912 - ServingDate: 04/02/2018</b>								
Two Pieces of Buttery Toast - OKR1044 (2 slices)	0	173.33	4.67	1.50	0.00	276.67	28.00	6.00
Sausage Biscuit - OKR1064 (1 ea.)	0	309.42	18.45	7.48	0.00	573.71	28.50	8.48
One Piece of Buttery Toast - OKR1160 (1 slice)	0	89.05	2.60	0.86	0.00	140.95	14.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Froot Loops Cereal - OKR1055 (1 bowl)	0	110.00	1.00	0.50	0.00	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios - OKR1053 (1 bowl)	0	110.00	1.50	0.00	0.00	160.00	22.00	2.00
Lucky Charms - OKR1056 (1 bowl)	0	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Mini WG Powdered Donuts - OKR1316 (1 pkg.)	0	12.38	0.50	0.14	0.00	10.54	1.88	0.18
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
100% Orange Juice - SR1295 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Diced Peaches - SR1196 (1/2 c.)	0	59.11	0.04	0.00	0.00	5.37	15.54	0.85
Chocolate Skim Milk - OKR1062 (8 oz.)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	0	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Jelly - OKR1183 (1 packet)	0	34.57	0.00	0.00	0.00	0.00	8.89	0.00
Pancake & Waffle Syrup - SR1158 (1 fl. oz.)	0	117.75	0.00	0.00	0.00	39.25	29.16	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 18-19 K8 Breakfast Week 2 Day 2 :7912 - ServingDate: 04/03/2018</b>								
Breakfast on a Stick - SR1187 (1 serving)	0	168.44	7.93	1.98	0.00	297.25	17.84	7.93
Two Pieces of Cinnamon Toast - OKR1015 (2 slice)	0	207.57	4.75	1.75	0.00	276.73	36.93	6.03
One Piece of Cinnamon Toast - OKR1014 (1 slice)	0	104.59	2.38	0.88	0.00	138.40	18.73	3.03
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Double Chocolate Chip Mini Muffin - SR1592 (1 muffin)	0	190.00	6.00	2.00	0.00	130.00	32.00	4.00
Froot Loops Cereal - OKR1055 (1 bowl)	0	110.00	1.00	0.50	0.00	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios - OKR1053 (1 bowl)	0	110.00	1.50	0.00	0.00	160.00	22.00	2.00
Lucky Charms - OKR1056 (1 bowl)	0	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Orange Smiles - SR1172 (6 slice or w)	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Chocolate Skim Milk - OKR1062 (8 oz.)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	0	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Pancake & Waffle Syrup - SR1158 (1 fl. oz.)	0	117.75	0.00	0.00	0.00	39.25	29.16	0.00

## Menu Calendar Nutrient Analysis Report - April, 2018

Site: Guthrie High School

Date: 04/01/2018 - 04/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 18-19 K8 Breakfast Week 2 Day 3 :7912 - ServingDate: 04/04/2018</b>								
Two Pieces of Buttery Toast - OKR1044 (2 slices)	0	173.33	4.67	1.50	0.00	276.67	28.00	6.00
One Piece of Buttery Toast - OKR1160 (1 slice)	0	89.05	2.60	0.86	0.00	140.95	14.00	3.00
Sausage Breakfast Pizza - SR1167 (1 slice)	0	210.03	7.00	2.00	0.00	480.08	26.00	9.00
Apple Cinnamon Nutrigrain Breakfast Bar - SR1352 (1 Bar)	0	160.00	4.00	0.50	0.00	130.00	29.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Froot Loops Cereal - OKR1055 (1 bowl)	0	110.00	1.00	0.50	0.00	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios - OKR1053 (1 bowl)	0	110.00	1.50	0.00	0.00	160.00	22.00	2.00
Lucky Charms - OKR1056 (1 bowl)	0	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
100% Orange Juice - SR1295 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Chocolate Skim Milk - OKR1062 (8 oz.)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	0	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Jelly - OKR1183 (1 packet)	0	34.57	0.00	0.00	0.00	0.00	8.89	0.00
Original Cream Cheese - OKR1229 (1 Container)	0	70.00	7.00	4.00	0.00	115.00	1.00	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 18-19 K8 Breakfast Week 2 Day 3 :7912 - ServingDate: 04/04/2018</b>								
Strawberry Cream Cheese - OKR1228 (1 Container)	0	70.00	6.00	3.50	0.00	95.00	4.00	1.00
<b>SY 18-19 K8 Breakfast Week 2 Day 4 :7912 - ServingDate: 04/05/2018</b>								
Cheesy Omelet - OKR1222 (1 patty)	0	130.00	11.00	3.50	0.00	280.00	1.00	7.00
Two Pieces of Cinnamon Toast - OKR1015 (2 slice)	0	207.57	4.75	1.75	0.00	276.73	36.93	6.03
One Piece of Cinnamon Toast - OKR1014 (1 slice)	0	104.59	2.38	0.88	0.00	138.40	18.73	3.03
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Froot Loops Cereal - OKR1055 (1 bowl)	0	110.00	1.00	0.50	0.00	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios - OKR1053 (1 bowl)	0	110.00	1.50	0.00	0.00	160.00	22.00	2.00
Lucky Charms - OKR1056 (1 bowl)	0	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Mini Cinnis - SR1595 (1 pkg.)	0	240.00	8.00	2.00	0.00	300.00	40.00	5.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Mixed Fruit - SR1037 (1/2 c.)	0	59.05	0.00	0.00	0.00	5.13	15.22	0.59
Chocolate Skim Milk - OKR1062 (8 oz.)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	0	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 18-19 K8 Breakfast Week 2 Day 5 :7912 - ServingDate: 04/06/2018</b>								
Two Pieces of Buttery Toast - OKR1044 (2 slices)	0	173.33	4.67	1.50	0.00	276.67	28.00	6.00
One Piece of Buttery Toast - OKR1160 (1 slice)	0	89.05	2.60	0.86	0.00	140.95	14.00	3.00
Sausage Breakfast Pizza - SR1167 (1 slice)	0	210.03	7.00	2.00	0.00	480.08	26.00	9.00
Goldfish Graham Cracker - OKR1047 (1 pkg.)	0	120.00	4.00	1.00	0.00	95.00	19.00	2.00
Strawberry Yogurt - OKR1045 (4 oz.)	0	99.91	0.75	0.50	0.00	52.45	19.48	3.50
Vanilla Yogurt - OKR1046 (4 oz.)	0	99.91	0.75	0.50	0.00	52.45	19.48	3.50
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Froot Loops Cereal - OKR1055 (1 bowl)	0	110.00	1.00	0.50	0.00	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios - OKR1053 (1 bowl)	0	110.00	1.50	0.00	0.00	160.00	22.00	2.00
Lucky Charms - OKR1056 (1 bowl)	0	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
100% Orange Juice - SR1295 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Chilled Bartlett Pears - SR1194 (1/2 c.)	0	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Chocolate Skim Milk - OKR1062 (8 oz.)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	0	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Jelly - OKR1183 (1 packet)	0	34.57	0.00	0.00	0.00	0.00	8.89	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 18-19 K8 Breakfast Week 3 Day 1 :7912 - ServingDate: 04/09/2018</b>								
Two Pieces of Buttery Toast - OKR1044 (2 slices)	0	173.33	4.67	1.50	0.00	276.67	28.00	6.00
One Piece of Buttery Toast - OKR1160 (1 slice)	0	89.05	2.60	0.86	0.00	140.95	14.00	3.00
Honey Glazed Chicken Biscuit - OKR1268 (1 sandwich)	0	344.41	12.00	4.75	0.00(M)	440.85	49.40	11.56
Banana Mini Muffin - SR1591 (1 muffin)	0	190.00	6.00	2.00	0.00	130.00	30.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Froot Loops Cereal - OKR1055 (1 bowl)	0	110.00	1.00	0.50	0.00	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios - OKR1053 (1 bowl)	0	110.00	1.50	0.00	0.00	160.00	22.00	2.00
Lucky Charms - OKR1056 (1 bowl)	0	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
100% Orange Juice - SR1295 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Diced Peaches - SR1196 (1/2 c.)	0	59.11	0.04	0.00	0.00	5.37	15.54	0.85
Chocolate Skim Milk - OKR1062 (8 oz.)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	0	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Jelly - OKR1183 (1 packet)	0	34.57	0.00	0.00	0.00	0.00	8.89	0.00

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<b>SY 18-19 K8 Breakfast Week 3 Day 2 :7912 - ServingDate: 04/10/2018</b>								
Hard Boiled Egg - SR1837 (1 egg)	0	78.00	5.30	1.63	0.00	62.00	0.56	6.29
Apple Cinnamon Rice Krispies Bar - OKR1057 (1 Bar)	0	140.00	3.00	0.50	0.00	105.00	27.00	2.00
Chocolate Rice Krispies Bar - OKR1058 (1 Bar)	0	150.00	4.50	1.00	0.00	140.00	27.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Two Pieces of Cinnamon Toast - OKR1015 (2 slice)	0	207.57	4.75	1.75	0.00	276.73	36.93	6.03
One Piece of Cinnamon Toast - OKR1014 (1 slice)	0	104.59	2.38	0.88	0.00	138.40	18.73	3.03
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
French Toast Sticks - SR1910 (3 stick.)	0	190.92	7.34	1.47	0.00	220.29	27.90	4.41
Froot Loops Cereal - OKR1055 (1 bowl)	0	110.00	1.00	0.50	0.00	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios - OKR1053 (1 bowl)	0	110.00	1.50	0.00	0.00	160.00	22.00	2.00
Lucky Charms - OKR1056 (1 bowl)	0	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Fluffy Pancakes - SR1182 (1 pancake )	0	76.67	2.00	0.33	0.00	110.00	13.67	1.67
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Orange Smiles - SR1172 (6 slice or w)	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Chocolate Skim Milk - OKR1062 (8 oz.)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	0	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00

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<b>SY 18-19 K8 Breakfast Week 3 Day 2 :7912 - ServingDate: 04/10/2018</b>								
Pancake & Waffle Syrup - SR1158 (1 fl. oz.)	0	117.75	0.00	0.00	0.00	39.25	29.16	0.00
<b>SY 18-19 K8 Breakfast Week 3 Day 3 :7912 - ServingDate: 04/11/2018</b>								
Two Pieces of Buttery Toast - OKR1044 (2 slices)	0	173.33	4.67	1.50	0.00	276.67	28.00	6.00
One Piece of Buttery Toast - OKR1160 (1 slice)	0	89.05	2.60	0.86	0.00	140.95	14.00	3.00
Sausage Breakfast Pizza - SR1167 (1 slice)	0	210.03	7.00	2.00	0.00	480.08	26.00	9.00
Strawberry Yogurt - OKR1045 (4 oz.)	0	99.91	0.75	0.50	0.00	52.45	19.48	3.50
Vanilla Yogurt - OKR1046 (4 oz.)	0	99.91	0.75	0.50	0.00	52.45	19.48	3.50
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Goldfish Graham Cracker - OKR1047 (1 pkg.)	0	120.00	4.00	1.00	0.00	95.00	19.00	2.00
Froot Loops Cereal - OKR1055 (1 bowl)	0	110.00	1.00	0.50	0.00	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios - OKR1053 (1 bowl)	0	110.00	1.50	0.00	0.00	160.00	22.00	2.00
Lucky Charms - OKR1056 (1 bowl)	0	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
Mixed Fruit - SR1037 (1/2 c.)	0	59.05	0.00	0.00	0.00	5.13	15.22	0.59
100% Orange Juice - SR1295 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00



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<b>SY 18-19 K8 Breakfast Week 3 Day 3 :7912 - ServingDate: 04/11/2018</b>								
Chocolate Skim Milk - OKR1062 (8 oz.)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	0	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Jelly - OKR1183 (1 packet)	0	34.57	0.00	0.00	0.00	0.00	8.89	0.00
<b>SY 18-19 K8 Breakfast Week 3 Day 4 :7912 - ServingDate: 04/12/2018</b>								
Egg Muffin Breakfast Sandwich - SR1193 (1 sandwich)	0	225.00	8.00	3.50	0.00	490.00	29.00	10.50
Two Pieces of Cinnamon Toast - OKR1015 (2 slice)	0	207.57	4.75	1.75	0.00	276.73	36.93	6.03
One Piece of Cinnamon Toast - OKR1014 (1 slice)	0	104.59	2.38	0.88	0.00	138.40	18.73	3.03
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Froot Loops Cereal - OKR1055 (1 bowl)	0	110.00	1.00	0.50	0.00	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios - OKR1053 (1 bowl)	0	110.00	1.50	0.00	0.00	160.00	22.00	2.00
Lucky Charms - OKR1056 (1 bowl)	0	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Mini WG Chocolate Donuts - OKR1317 (1 pkg.)	0	13.33	0.63	0.29	0.00	11.25	1.71	0.21
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00

## Menu Calendar Nutrient Analysis Report - April, 2018

Site: Guthrie High School

Date: 04/01/2018 - 04/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 18-19 K8 Breakfast Week 3 Day 4 :7912 - ServingDate: 04/12/2018</b>								
Mixed Fruit - SR1037 (1/2 c.)	0	59.05	0.00	0.00	0.00	5.13	15.22	0.59
Chocolate Skim Milk - OKR1062 (8 oz.)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	0	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
<b>SY 18-19 K8 Breakfast Week 3 Day 5 :7912 - ServingDate: 04/13/2018</b>								
Biscuit with Old Fashioned Gravy - OKR1171 (1 ea.)	0	248.60	11.40	5.46	0.00	535.74	32.86	5.00
Two Pieces of Buttery Toast - OKR1044 (2 slices)	0	173.33	4.67	1.50	0.00	276.67	28.00	6.00
One Piece of Buttery Toast - OKR1160 (1 slice)	0	89.05	2.60	0.86	0.00	140.95	14.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Froot Loops Cereal - OKR1055 (1 bowl)	0	110.00	1.00	0.50	0.00	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios - OKR1053 (1 bowl)	0	110.00	1.50	0.00	0.00	160.00	22.00	2.00
Lucky Charms - OKR1056 (1 bowl)	0	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Strawberry Nutrigrain Breakfast Bar - SR1353 (1 Bar)	0	160.00	4.00	0.50	0.00	150.00	29.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
100% Orange Juice - SR1295 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00

## Menu Calendar Nutrient Analysis Report - April, 2018

Site: Guthrie High School

Date: 04/01/2018 - 04/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 18-19 K8 Breakfast Week 3 Day 5 :7912 - ServingDate: 04/13/2018</b>								
Chilled Bartlett Pears - SR1194 (1/2 c.)	0	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Chocolate Skim Milk - OKR1062 (8 oz.)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	0	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Jelly - OKR1183 (1 packet)	0	34.57	0.00	0.00	0.00	0.00	8.89	0.00
<b>SY 18-19 K8 Breakfast Week 1 Day 1 :7912 - ServingDate: 04/16/2018</b>								
Two Pieces of Buttery Toast - OKR1044 (2 slices)	0	173.33	4.67	1.50	0.00	276.67	28.00	6.00
Sausage Breakfast Pizza - SR1167 (1 slice)	0	210.03	7.00	2.00	0.00	480.08	26.00	9.00
One Piece of Buttery Toast - OKR1160 (1 slice)	0	89.05	2.60	0.86	0.00	140.95	14.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios - OKR1053 (1 bowl)	0	110.00	1.50	0.00	0.00	160.00	22.00	2.00
Lucky Charms - OKR1056 (1 bowl)	0	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
100% Orange Juice - SR1295 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Diced Peaches - SR1196 (1/2 c.)	0	59.11	0.04	0.00	0.00	5.37	15.54	0.85
Chocolate Skim Milk - OKR1062 (8 oz.)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00

## Menu Calendar Nutrient Analysis Report - April, 2018

Site: Guthrie High School

Date: 04/01/2018 - 04/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 18-19 K8 Breakfast Week 1 Day 1 :7912 - ServingDate: 04/16/2018</b>								
While 1% Milk - OKR1061 (8 oz.)	0	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Jelly - OKR1183 (1 packet)	0	34.57	0.00	0.00	0.00	0.00	8.89	0.00
<b>SY 18-19 K8 Breakfast Week 1 Day 2 :7912 - ServingDate: 04/17/2018</b>								
Strawberry Yogurt - OKR1045 (4 oz.)	0	99.91	0.75	0.50	0.00	52.45	19.48	3.50
Vanilla Yogurt - OKR1046 (4 oz.)	0	99.91	0.75	0.50	0.00	52.45	19.48	3.50
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Two Pieces of Cinnamon Toast - OKR1015 (2 slice)	0	207.57	4.75	1.75	0.00	276.73	36.93	6.03
One Piece of Cinnamon Toast - OKR1014 (1 slice)	0	104.59	2.38	0.88	0.00	138.40	18.73	3.03
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Goldfish Graham Cracker - OKR1047 (1 pkg.)	0	120.00	4.00	1.00	0.00	95.00	19.00	2.00
French Toast Sticks - SR1910 (3 stick.)	0	190.92	7.34	1.47	0.00	220.29	27.90	4.41
Froot Loops Cereal - OKR1055 (1 bowl)	0	110.00	1.00	0.50	0.00	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios - OKR1053 (1 bowl)	0	110.00	1.50	0.00	0.00	160.00	22.00	2.00
Lucky Charms - OKR1056 (1 bowl)	0	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00

## Menu Calendar Nutrient Analysis Report - April, 2018

Site: Guthrie High School

Date: 04/01/2018 - 04/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 18-19 K8 Breakfast Week 1 Day 2 :7912 - ServingDate: 04/17/2018</b>								
Orange Smiles - SR1172 (6 slice or w)	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Chocolate Skim Milk - OKR1062 (8 oz.)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	0	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
<b>SY 18-19 K8 Breakfast Week 1 Day 3 :7912 - ServingDate: 04/18/2018</b>								
Two Pieces of Buttery Toast - OKR1044 (2 slices)	0	173.33	4.67	1.50	0.00	276.67	28.00	6.00
Sausage Breakfast Pizza - SR1167 (1 slice)	0	210.03	7.00	2.00	0.00	480.08	26.00	9.00
Blueberry Mini Muffin - SR1454 (1 muffin)	0	190.00	6.00	2.00	0.00	130.00	30.00	3.00
One Piece of Buttery Toast - OKR1160 (1 slice)	0	89.05	2.60	0.86	0.00	140.95	14.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Froot Loops Cereal - OKR1055 (1 bowl)	0	110.00	1.00	0.50	0.00	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	0.00	160.00	24.00	2.00
Frosted White Chocolate Mini Wheats - OKR1054 (1 bowl)	0	100.00	1.00	0.00	0.00	105.00	23.00	3.00
Honey Nut Cheerios Cereal - SR1361 (1 bowl)	0	110.00	1.50	0.00	0.00	160.00	22.00	2.00
Lucky Charms - OKR1056 (1 bowl)	0	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00

## Menu Calendar Nutrient Analysis Report - April, 2018

Site: Guthrie High School

Date: 04/01/2018 - 04/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 18-19 K8 Breakfast Week 1 Day 3 :7912 - ServingDate: 04/18/2018</b>								
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
100% Orange Juice - SR1295 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Chocolate Skim Milk - OKR1062 (8 oz.)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	0	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Jelly - OKR1183 (1 packet)	0	34.57	0.00	0.00	0.00	0.00	8.89	0.00
<b>SY 18-19 K8 Breakfast Week 1 Day 4 :7912 - ServingDate: 04/19/2018</b>								
Breakfast Tacos - SR1646 (2 tacos)	0	442.51	19.48	5.99	0.00	908.98	47.61	19.84
Two Pieces of Cinnamon Toast - OKR1015 (2 slice)	0	207.57	4.75	1.75	0.00	276.73	36.93	6.03
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
One Piece of Cinnamon Toast - OKR1014 (1 slice)	0	104.59	2.38	0.88	0.00	138.40	18.73	3.03
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Froot Loops Cereal - OKR1055 (1 bowl)	0	110.00	1.00	0.50	0.00	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios - OKR1053 (1 bowl)	0	110.00	1.50	0.00	0.00	160.00	22.00	2.00
Lucky Charms - OKR1056 (1 bowl)	0	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Mini Cinnis - SR1595 (1 pkg.)	0	240.00	8.00	2.00	0.00	300.00	40.00	5.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00

## Menu Calendar Nutrient Analysis Report - April, 2018

Site: Guthrie High School  
Date: 04/01/2018 - 04/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 18-19 K8 Breakfast Week 1 Day 4 :7912 - ServingDate: 04/19/2018</b>								
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Mixed Fruit - SR1037 (1/2 c.)	0	59.05	0.00	0.00	0.00	5.13	15.22	0.59
Chocolate Skim Milk - OKR1062 (8 oz.)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	0	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
<b>SY 18-19 K8 Breakfast Week 1 Day 5 :7912 - ServingDate: 04/20/2018</b>								
Biscuit with Old Fashioned Gravy - OKR1171 (1 ea.)	0	248.60	11.40	5.46	0.00	535.74	32.86	5.00
Two Pieces of Buttery Toast - OKR1044 (2 slices)	0	173.33	4.67	1.50	0.00	276.67	28.00	6.00
One Piece of Buttery Toast - OKR1160 (1 slice)	0	89.05	2.60	0.86	0.00	140.95	14.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	0.00	160.00	24.00	2.00
Frosted White Chocolate Mini Wheats - OKR1054 (1 bowl)	0	100.00	1.00	0.00	0.00	105.00	23.00	3.00
Honey Nut Cheerios Cereal - SR1361 (1 bowl)	0	110.00	1.50	0.00	0.00	160.00	22.00	2.00
Lucky Charms - OKR1056 (1 bowl)	0	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Strawberry Nutrigrain Breakfast Bar - SR1353 (1 Bar)	0	160.00	4.00	0.50	0.00	150.00	29.00	2.00

## Menu Calendar Nutrient Analysis Report - April, 2018

Site: Guthrie High School

Date: 04/01/2018 - 04/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 18-19 K8 Breakfast Week 1 Day 5 :7912 - ServingDate: 04/20/2018</b>								
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
100% Orange Juice - SR1295 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Chilled Bartlett Pears - SR1194 (1/2 c.)	0	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Chocolate Skim Milk - OKR1062 (8 oz.)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	0	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Jelly - OKR1183 (1 packet)	0	34.57	0.00	0.00	0.00	0.00	8.89	0.00
<b>SY 18-19 K8 Breakfast Week 2 Day 1 :7912 - ServingDate: 04/23/2018</b>								
Two Pieces of Buttery Toast - OKR1044 (2 slices)	0	173.33	4.67	1.50	0.00	276.67	28.00	6.00
Sausage Biscuit - OKR1064 (1 ea.)	0	309.42	18.45	7.48	0.00	573.71	28.50	8.48
One Piece of Buttery Toast - OKR1160 (1 slice)	0	89.05	2.60	0.86	0.00	140.95	14.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Froot Loops Cereal - OKR1055 (1 bowl)	0	110.00	1.00	0.50	0.00	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios - OKR1053 (1 bowl)	0	110.00	1.50	0.00	0.00	160.00	22.00	2.00
Lucky Charms - OKR1056 (1 bowl)	0	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Mini WG Powdered Donuts - OKR1316 (1 pkg.)	0	12.38	0.50	0.14	0.00	10.54	1.88	0.18



## Menu Calendar Nutrient Analysis Report - April, 2018

Site: Guthrie High School

Date: 04/01/2018 - 04/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 18-19 K8 Breakfast Week 2 Day 1 :7912 - ServingDate: 04/23/2018</b>								
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
100% Orange Juice - SR1295 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Diced Peaches - SR1196 (1/2 c.)	0	59.11	0.04	0.00	0.00	5.37	15.54	0.85
Chocolate Skim Milk - OKR1062 (8 oz.)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	0	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Jelly - OKR1183 (1 packet)	0	34.57	0.00	0.00	0.00	0.00	8.89	0.00
Pancake & Waffle Syrup - SR1158 (1 fl. oz.)	0	117.75	0.00	0.00	0.00	39.25	29.16	0.00
<b>SY 18-19 K8 Breakfast Week 2 Day 2 :7912 - ServingDate: 04/24/2018</b>								
Breakfast on a Stick - SR1187 (1 serving)	0	168.44	7.93	1.98	0.00	297.25	17.84	7.93
Two Pieces of Cinnamon Toast - OKR1015 (2 slice)	0	207.57	4.75	1.75	0.00	276.73	36.93	6.03
One Piece of Cinnamon Toast - OKR1014 (1 slice)	0	104.59	2.38	0.88	0.00	138.40	18.73	3.03
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Double Chocolate Chip Mini Muffin - SR1592 (1 muffin)	0	190.00	6.00	2.00	0.00	130.00	32.00	4.00
Froot Loops Cereal - OKR1055 (1 bowl)	0	110.00	1.00	0.50	0.00	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios - OKR1053 (1 bowl)	0	110.00	1.50	0.00	0.00	160.00	22.00	2.00

## Menu Calendar Nutrient Analysis Report - April, 2018

Site: Guthrie High School

Date: 04/01/2018 - 04/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 18-19 K8 Breakfast Week 2 Day 2 :7912 - ServingDate: 04/24/2018</b>								
Lucky Charms - OKR1056 (1 bowl)	0	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Orange Smiles - SR1172 (6 slice or w)	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Chocolate Skim Milk - OKR1062 (8 oz.)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	0	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Pancake & Waffle Syrup - SR1158 (1 fl. oz.)	0	117.75	0.00	0.00	0.00	39.25	29.16	0.00
<b>SY 18-19 K8 Breakfast Week 2 Day 3 :7912 - ServingDate: 04/25/2018</b>								
Two Pieces of Buttery Toast - OKR1044 (2 slices)	0	173.33	4.67	1.50	0.00	276.67	28.00	6.00
One Piece of Buttery Toast - OKR1160 (1 slice)	0	89.05	2.60	0.86	0.00	140.95	14.00	3.00
Sausage Breakfast Pizza - SR1167 (1 slice)	0	210.03	7.00	2.00	0.00	480.08	26.00	9.00
Apple Cinnamon Nutrigrain Breakfast Bar - SR1352 (1 Bar)	0	160.00	4.00	0.50	0.00	130.00	29.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Froot Loops Cereal - OKR1055 (1 bowl)	0	110.00	1.00	0.50	0.00	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	0.00	160.00	24.00	2.00

## Menu Calendar Nutrient Analysis Report - April, 2018

Site: Guthrie High School

Date: 04/01/2018 - 04/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 18-19 K8 Breakfast Week 2 Day 3 :7912 - ServingDate: 04/25/2018</b>								
Honey Nut Cheerios - OKR1053 (1 bowl)	0	110.00	1.50	0.00	0.00	160.00	22.00	2.00
Lucky Charms - OKR1056 (1 bowl)	0	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
100% Orange Juice - SR1295 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Chocolate Skim Milk - OKR1062 (8 oz.)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	0	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Jelly - OKR1183 (1 packet)	0	34.57	0.00	0.00	0.00	0.00	8.89	0.00
Original Cream Cheese - OKR1229 (1 Container)	0	70.00	7.00	4.00	0.00	115.00	1.00	1.00
Strawberry Cream Cheese - OKR1228 (1 Container)	0	70.00	6.00	3.50	0.00	95.00	4.00	1.00
<b>SY 18-19 K8 Breakfast Week 2 Day 4 :7912 - ServingDate: 04/26/2018</b>								
Cheesy Omelet - OKR1222 (1 patty)	0	130.00	11.00	3.50	0.00	280.00	1.00	7.00
Two Pieces of Cinnamon Toast - OKR1015 (2 slice)	0	207.57	4.75	1.75	0.00	276.73	36.93	6.03
One Piece of Cinnamon Toast - OKR1014 (1 slice)	0	104.59	2.38	0.88	0.00	138.40	18.73	3.03
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00

## Menu Calendar Nutrient Analysis Report - April, 2018

Site: Guthrie High School

Date: 04/01/2018 - 04/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 18-19 K8 Breakfast Week 2 Day 4 :7912 - ServingDate: 04/26/2018</b>								
Froot Loops Cereal - OKR1055 (1 bowl)	0	110.00	1.00	0.50	0.00	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios - OKR1053 (1 bowl)	0	110.00	1.50	0.00	0.00	160.00	22.00	2.00
Lucky Charms - OKR1056 (1 bowl)	0	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Mini Cinnis - SR1595 (1 pkg.)	0	240.00	8.00	2.00	0.00	300.00	40.00	5.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Mixed Fruit - SR1037 (1/2 c.)	0	59.05	0.00	0.00	0.00	5.13	15.22	0.59
Chocolate Skim Milk - OKR1062 (8 oz.)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	0	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
<b>SY 18-19 K8 Breakfast Week 2 Day 5 :7912 - ServingDate: 04/27/2018</b>								
Two Pieces of Buttery Toast - OKR1044 (2 slices)	0	173.33	4.67	1.50	0.00	276.67	28.00	6.00
One Piece of Buttery Toast - OKR1160 (1 slice)	0	89.05	2.60	0.86	0.00	140.95	14.00	3.00
Sausage Breakfast Pizza - SR1167 (1 slice)	0	210.03	7.00	2.00	0.00	480.08	26.00	9.00
Goldfish Graham Cracker - OKR1047 (1 pkg.)	0	120.00	4.00	1.00	0.00	95.00	19.00	2.00
Strawberry Yogurt - OKR1045 (4 oz.)	0	99.91	0.75	0.50	0.00	52.45	19.48	3.50
Vanilla Yogurt - OKR1046 (4 oz.)	0	99.91	0.75	0.50	0.00	52.45	19.48	3.50

## Menu Calendar Nutrient Analysis Report - April, 2018

Site: Guthrie High School

Date: 04/01/2018 - 04/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 18-19 K8 Breakfast Week 2 Day 5 :7912 - ServingDate: 04/27/2018</b>								
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Froot Loops Cereal - OKR1055 (1 bowl)	0	110.00	1.00	0.50	0.00	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios - OKR1053 (1 bowl)	0	110.00	1.50	0.00	0.00	160.00	22.00	2.00
Lucky Charms - OKR1056 (1 bowl)	0	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
100% Orange Juice - SR1295 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Chilled Bartlett Pears - SR1194 (1/2 c.)	0	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Chocolate Skim Milk - OKR1062 (8 oz.)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	0	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Jelly - OKR1183 (1 packet)	0	34.57	0.00	0.00	0.00	0.00	8.89	0.00
<b>SY 18-19 K8 Breakfast Week 3 Day 1 :7912 - ServingDate: 04/30/2018</b>								
Two Pieces of Buttery Toast - OKR1044 (2 slices)	0	173.33	4.67	1.50	0.00	276.67	28.00	6.00
One Piece of Buttery Toast - OKR1160 (1 slice)	0	89.05	2.60	0.86	0.00	140.95	14.00	3.00
Honey Glazed Chicken Biscuit - OKR1268 (1 sandwich)	0	344.41	12.00	4.75	0.00(M)	440.85	49.40	11.56
Banana Mini Muffin - SR1591 (1 muffin)	0	190.00	6.00	2.00	0.00	130.00	30.00	3.00

## Menu Calendar Nutrient Analysis Report - April, 2018

Site: Guthrie High School

Date: 04/01/2018 - 04/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 18-19 K8 Breakfast Week 3 Day 1 :7912 - ServingDate: 04/30/2018</b>								
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	0.00	120.00	25.00	2.00
Froot Loops Cereal - OKR1055 (1 bowl)	0	110.00	1.00	0.50	0.00	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios - OKR1053 (1 bowl)	0	110.00	1.50	0.00	0.00	160.00	22.00	2.00
Lucky Charms - OKR1056 (1 bowl)	0	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	0.00	140.00	24.00	1.00
100% Orange Juice - SR1295 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	14.00	0.00
Diced Peaches - SR1196 (1/2 c.)	0	59.11	0.04	0.00	0.00	5.37	15.54	0.85
Chocolate Skim Milk - OKR1062 (8 oz.)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	0	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Jelly - OKR1183 (1 packet)	0	34.57	0.00	0.00	0.00	0.00	8.89	0.00

**Legend**

(M) - Missing Nutrient Values

**Report Selections**

Meal Type: Breakfast

Site Group: CrossRoads Café

Menu Line: BRKFST-Café Classics

Serving Group: 9-12

Nutrients Option: Expanded