

## Guthrie Public Schools Secondary Breakfast Menu March 2019

Assorted Sides	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Served Daily: Assorted Dry					1 Biscuits & Gravy Nutrigrain Bar Bananas
Cereal Canned Fruit Fresh Fruit Orange Juice Apple Juice Assorted Fat Free or Lowfat White and Flavored Milk	4 Sausage Biscuit Glazed Donut Diced Peaches	5 Pancake On A Stick Double Chocolate Chip Muffin Orange Smiles	6 Breakfast Pizza Nutrigrain Bar Diced Pears	7 Cheese Omelet Cinnamon Roll Mixed Fruit	8 Breakfast Taco Yogurt with Giant Goldfish Cracker Bananas
	11 Honey Glazed Chicken Biscuit Banana Muffin Diced Peaches	12 Pancake Sausage Wrap Double Chocolate Muffin Orange Smiles	13 Breakfast Pizza Yogurt with Giant Goldfish Cracker Diced Pears	14 Egg Muffin Sandwich Cinnamon Donut Mixed Fruit	15 Biscuits & Gravy Nutrigrain Bar Bananas
	18 NO SCHOOL	19 NO SCHOOL	20 NO SCHOOL	21 NO SCHOOL	22 NO SCHOOL
	25 Honey Glazed Chicken Biscuit Chocolate Crescent Diced Peaches	26 French Toast Sticks Yogurt with Goldfish Graham Crackers Orange Smiles	27 Breakfast Pizza Blueberry Muffin Diced Pears	28 Breakfast Taco Cinnamon Roll Mixed Fruit	29 Biscuits & Gravy Nutrigrain Bar Bananas

## A meal consists of 3 food groups: Grains, Fruit/ Vegetables and Milk. Students must pick at least 3 items from the 4 items offered from the 3 food groups.

Menu items are subject to change due to availability	Child Nutrition Office 405.282.5952			
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