

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Date: 09/01/2017 - 09/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 5 Day 5 - ServingDate: 09/01/2017							
Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE - OKR1164 (1 burger)	75	350.63	13.56	5.53	708.19	34.00	20.53
Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE - OKR1124 (1 burger)	50	430.00	17.00	2.50	670.00	47.00	22.00
Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE - OKR1165 (1 burger)	50	300.00	9.00	3.00	450.00	34.00	18.00
Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE - OKR1167 (1 burger)	75	430.00	17.00	3.00	670.00	48.00	21.00
Three Cheese Toaster - OKR1013 (1 panini)	50	331.25	17.11	9.31	841.38	29.00	18.06
100% Apple Juice - SR1204 (4 fl oz cup)	150	60.00	0.00	0.00	5.00	14.00	0.00
Apple Whole: 125 ct (MS/HS) - OKR1087 (1 Whole Appl)	25	(M)	(M)	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	15	105.02	0.39	0.13	1.18	26.95	1.29
Mixed Fruit - SR1037 (1/2 c.)	10	59.05	0.00	0.00	5.13	15.22	0.59
Fresh Whole Oranges - SR1171 (1 small (2-3))	15	45.12	0.12	0.01	0.00	11.28	0.90
Fresh Celery Sticks - SR1014 (6 stick (4")	50	10.34	0.11	0.03	51.71	1.92	0.45
Garden Side Salad - SR1429 (1 c.)	25	18.89	0.18	0.03	31.03	3.96	1.15
Potato Fry - OKR1089 (1/2 c.)	200	110.00	3.50	0.50	130.00	18.00	2.00
Chocolate Skim Milk - OKR1062 (8 oz.)	75	120.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	50	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	75	90.00	0.00	0.00	130.00	13.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 5 Day 5 - ServingDate: 09/01/2017							
Diced Yellow Onion - SR1264 (2 tbsp.)	25	8.00	0.02	0.01	0.80	1.87	0.22
Dill Pickle Chips - SR1399 (2 tbsp.)	25	0.00	0.00	0.00	101.00	0.00	0.00
Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)	15	30.00	0.00	0.00	200.00	7.50	0.00
Ketchup - SR1004 (1 pump)	150	40.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	30	2.52	0.03	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	50	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	50	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	30	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	100	22.06	1.10	0.22	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	25	6.75	0.08	0.01	1.88	1.46	0.33
DYK Honor Roll Bar - Week 1 Day 2 - ServingDate: 09/05/2017							
Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE - OKR1164 (1 burger)	75	350.63	13.56	5.53	708.19	34.00	20.53
Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE - OKR1124 (1 burger)	50	430.00	17.00	2.50	670.00	47.00	22.00
Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE - OKR1165 (1 burger)	25	300.00	9.00	3.00	450.00	34.00	18.00
Pulled Pork Sandwich, Brookwood Pork - OKR1216 (1 sandwich)	50	403.10	19.15	5.88	326.70	31.00	28.18

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DYK Honor Roll Bar - Week 1 Day 2 - ServingDate: 09/05/2017							
Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE - OKR1167 (1 burger)	75	430.00	17.00	3.00	670.00	48.00	21.00
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	5.00	14.00	0.00
Apple Whole: 125 ct (MS/HS) - OKR1087 (1 Whole Appl)	10	(M)	(M)	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	5	59.11	0.04	0.00	5.37	15.54	0.85
Vegetarian Baked Beans - SR1336 (1/2 c.)	75	227.76	0.02	0.01	604.50	53.77	7.67
Fresh Broccoli Florets - SR1027 (1/2 c.)	40	10.84	0.12	0.01	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	50	104.50	8.24	2.04	402.31	5.67	2.49
Chocolate Skim Milk - OKR1062 (8 oz.)	40	120.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	40	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	40	90.00	0.00	0.00	130.00	13.00	8.00
Diced Yellow Onion - SR1264 (2 tbsp.)	40	8.00	0.02	0.01	0.80	1.87	0.22
Dill Pickle Chips - SR1399 (2 tbsp.)	30	0.00	0.00	0.00	101.00	0.00	0.00
Ketchup - SR1004 (1 tbsp.)	150	(M)	(M)	(M)	(M)	(M)	(M)
Shredded Lettuce - SR1015 (1/4 cup shredd)	25	2.52	0.03	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	25	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	25	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	30	1.25	0.00	0.00	75.00	0.25	0.00

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DYK Honor Roll Bar - Week 1 Day 2 - ServingDate: 09/05/2017							
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	100	22.06	1.10	0.22	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	30	6.75	0.08	0.01	1.88	1.46	0.33
DYK Honor Roll Bar- Week 1 Day 3 - ServingDate: 09/06/2017							
Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE - OKR1124 (1 burger)	50	430.00	17.00	2.50	670.00	47.00	22.00
Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE - OKR1165 (1 burger)	150	300.00	9.00	3.00	450.00	34.00	18.00
Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE - OKR1167 (1 burger)	75	430.00	17.00	3.00	670.00	48.00	21.00
American Cheese Slice - SR1535 (1/2 oz.)	25	50.63	4.56	2.53	258.19	0.00	2.53
Provolone Cheese Slice; Schreiber - OKR1213 (1/2 oz.)	25	53.33	4.00	2.00	120.00	0.00	3.33
Swiss-American Cheese Slice; Schreiber - OKR1212 (1/2 oz.)	25	50.00	4.00	2.50	0.00	0.50	3.00
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	5.00	14.00	0.00
Apple Whole: 125 ct (MS/HS) - OKR1087 (1 Whole Appl)	10	(M)	(M)	(M)	(M)	(M)	(M)
Applesauce - SR1195 (1/2 c.)	10	55.51	0.13	0.01	2.64	14.89	0.23
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	11.28	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	25	24.81	0.09	0.02	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	50	18.89	0.18	0.03	31.03	3.96	1.15

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DYK Honor Roll Bar- Week 1 Day 3 - ServingDate: 09/06/2017							
Potato Fry - OKR1089 (1/2 c.)	225	110.00	3.50	0.50	130.00	18.00	2.00
Chocolate Skim Milk - OKR1062 (8 oz.)	40	120.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	40	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	40	90.00	0.00	0.00	130.00	13.00	8.00
Barbecue Honey Sauce - OKR1198 (1/8 c.)	20	73.76	0.00	0.00	320.34	18.96	0.03
Buffalo Ranch Dressing - SR1453 (1 tbsp.)	50	16.79	1.17	0.17	323.35	1.69	0.01
Caramelized Onions - SR1210 (1/4 c.)	75	66.38	2.90	0.29	4.14	9.67	1.14
Dill Pickle Chips - SR1399 (2 tbsp.)	50	0.00	0.00	0.00	101.00	0.00	0.00
Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)	20	30.00	0.00	0.00	200.00	7.50	0.00
Ketchup - SR1004 (1 tbsp.)	150	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	50	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	50	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	40	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	50	22.06	1.10	0.22	141.18	3.53	0.00
Chipotle Lime Mayonnaise - SR1294 (1 tbsp.)	40	39.74	3.13	0.35	102.90	3.30	0.04
Sauteed Peppers - OKR1210 (1/4 cup strips)	10	51.76	3.03	0.32	4.02	6.21	1.15

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DYK Honor Roll Bar - Week 1 Day 4 - ServingDate: 09/07/2017							
Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE - OKR1164 (1 burger)	75	350.63	13.56	5.53	708.19	34.00	20.53
Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE - OKR1124 (1 burger)	50	430.00	17.00	2.50	670.00	47.00	22.00
Grilled Chicken Sandwich - OKR1151 (1 sandwich)	50	260.00	7.00	1.50	430.00	31.00	19.00
Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE - OKR1165 (1 burger)	25	300.00	9.00	3.00	450.00	34.00	18.00
Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE - OKR1167 (1 burger)	75	430.00	17.00	3.00	670.00	48.00	21.00
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	5.00	14.00	0.00
Crispy Whole Apple - SR1161 (1 extra smal)	15	47.79	0.16	0.03	0.92	12.69	0.24
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	1.18	26.95	1.29
Diced Bartlett Pears - SR1194 (1/2 c.)	10	70.42	0.10	0.01	5.63	18.22	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	11.28	0.90
Fresh Broccoli Florets - SR1027 (1/2 c.)	25	10.84	0.12	0.01	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	50	104.50	8.24	2.04	402.31	5.67	2.49
Country Style Potato Wedges - SR1029 (1/2 c.)	200	90.28	2.51	0.00	30.09	15.05	2.01
Chocolate Skim Milk - OKR1062 (8 oz.)	40	120.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	40	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	40	90.00	0.00	0.00	130.00	13.00	8.00

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DYK Honor Roll Bar - Week 1 Day 4 - ServingDate: 09/07/2017							
Diced Yellow Onion - SR1264 (2 tbsp.)	30	8.00	0.02	0.01	0.80	1.87	0.22
Dill Pickle Chips - SR1399 (2 tbsp.)	40	0.00	0.00	0.00	101.00	0.00	0.00
Ketchup - SR1004 (1 tbsp.)	150	(M)	(M)	(M)	(M)	(M)	(M)
Shredded Lettuce - SR1015 (1/4 cup shredd)	50	2.52	0.03	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	50	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	50	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	40	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	100	22.06	1.10	0.22	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	30	6.75	0.08	0.01	1.88	1.46	0.33
DYK Honor Roll Bar - Week 1 Day 5 - ServingDate: 09/08/2017							
Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE - OKR1164 (1 burger)	75	350.63	13.56	5.53	708.19	34.00	20.53
Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE - OKR1124 (1 burger)	50	430.00	17.00	2.50	670.00	47.00	22.00
Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE - OKR1165 (1 burger)	25	300.00	9.00	3.00	450.00	34.00	18.00
Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE - OKR1167 (1 burger)	75	430.00	17.00	3.00	670.00	48.00	21.00
Three Cheese Toaster - OKR1013 (1 panini)	50	331.25	17.11	9.31	841.38	29.00	18.06

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DYK Honor Roll Bar - Week 1 Day 5 - ServingDate: 09/08/2017							
100% Apple Juice - SR1204 (4 fl oz cup)	125	60.00	0.00	0.00	5.00	14.00	0.00
Apple Whole: 125 ct (MS/HS) - OKR1087 (1 Whole Appl)	10	(M)	(M)	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	1.18	26.95	1.29
Mixed Fruit - SR1037 (1/2 c.)	10	59.05	0.00	0.00	5.13	15.22	0.59
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	11.28	0.90
Fresh Celery Sticks - SR1014 (6 stick (4")	50	10.34	0.11	0.03	51.71	1.92	0.45
Garden Side Salad - SR1429 (1 c.)	40	18.89	0.18	0.03	31.03	3.96	1.15
Potato Fry - OKR1089 (1/2 c.)	200	110.00	3.50	0.50	130.00	18.00	2.00
Chocolate Skim Milk - OKR1062 (8 oz.)	40	120.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	40	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	40	90.00	0.00	0.00	130.00	13.00	8.00
Diced Yellow Onion - SR1264 (2 tbsp.)	30	8.00	0.02	0.01	0.80	1.87	0.22
Dill Pickle Chips - SR1399 (2 tbsp.)	40	0.00	0.00	0.00	101.00	0.00	0.00
Ketchup - SR1004 (1 tbsp.)	150	(M)	(M)	(M)	(M)	(M)	(M)
Shredded Lettuce - SR1015 (1/4 cup shredd)	30	2.52	0.03	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	50	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	50	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	30	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	100	22.06	1.10	0.22	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	30	6.75	0.08	0.01	1.88	1.46	0.33

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DYK Honor Roll Bar - Week 2 Day 1 - ServingDate: 09/11/2017							
Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE - OKR1164 (1 burger)	50	350.63	13.56	5.53	708.19	34.00	20.53
Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE - OKR1124 (1 burger)	50	430.00	17.00	2.50	670.00	47.00	22.00
Corn Dog - SR1023 (1 corn dog)	50	240.00	8.00	0.00	390.00	30.00	9.00
Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE - OKR1165 (1 burger)	50	300.00	9.00	3.00	450.00	34.00	18.00
Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE - OKR1167 (1 burger)	75	430.00	17.00	3.00	670.00	48.00	21.00
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	5.00	14.00	0.00
Apple Whole: 125 ct (MS/HS) - OKR1087 (1 Whole Appl)	10	(M)	(M)	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	11.28	0.90
Chilled Pineapple - SR1495 (1/2 c.)	10	62.40	0.00	0.00	1.04	16.18	0.53
Fresh Baby Carrots - SR1016 (1/2 c.)	50	24.81	0.09	0.02	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	25	18.89	0.18	0.03	31.03	3.96	1.15
Potato Tater Tots - OKR1073 (1/2 c.)	250	90.55	3.52	0.00	160.97	14.09	1.01
Chocolate Skim Milk - OKR1062 (8 oz.)	25	120.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	25	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 tbsp.)	200	(M)	(M)	(M)	(M)	(M)	(M)

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DYK Honor Roll Bar - Week 2 Day 1 - ServingDate: 09/11/2017							
Light Mayo - SR1005 (1 tbsp.)	75	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	75	0.00	0.00	0.00	165.00	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	50	22.06	1.10	0.22	141.18	3.53	0.00
DYK Honor Roll Bar - Week 2 Day 2 - ServingDate: 09/12/2017							
Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE - OKR1164 (1 burger)	50	350.63	13.56	5.53	708.19	34.00	20.53
Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE - OKR1124 (1 burger)	50	430.00	17.00	2.50	670.00	47.00	22.00
Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE - OKR1165 (1 burger)	50	300.00	9.00	3.00	450.00	34.00	18.00
Pulled Pork Sandwich, Brookwood Pork - OKR1216 (1 sandwich)	50	403.10	19.15	5.88	326.70	31.00	28.18
Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE - OKR1167 (1 burger)	75	430.00	17.00	3.00	670.00	48.00	21.00
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	5.00	14.00	0.00
Apple Whole: 125 ct (MS/HS) - OKR1087 (1 Whole Appl)	15	(M)	(M)	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	10	59.11	0.04	0.00	5.37	15.54	0.85
Vegetarian Baked Beans - SR1336 (1/2 c.)	75	227.76	0.02	0.01	604.50	53.77	7.67

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 2 Day 2 - ServingDate: 09/12/2017							
Fresh Broccoli Florets - SR1027 (1/2 c.)	50	10.84	0.12	0.01	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	25	104.50	8.24	2.04	402.31	5.67	2.49
Chocolate Skim Milk - OKR1062 (8 oz.)	25	120.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	25	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	130.00	13.00	8.00
Diced Yellow Onion - SR1264 (2 tbsp.)	10	8.00	0.02	0.01	0.80	1.87	0.22
Dill Pickle Chips - SR1399 (2 tbsp.)	25	0.00	0.00	0.00	101.00	0.00	0.00
Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)	25	30.00	0.00	0.00	200.00	7.50	0.00
Ketchup - SR1004 (1 tbsp.)	150	(M)	(M)	(M)	(M)	(M)	(M)
Shredded Lettuce - SR1015 (1/4 cup shredd)	30	2.52	0.03	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	50	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	50	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	20	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	75	22.06	1.10	0.22	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	30	6.75	0.08	0.01	1.88	1.46	0.33
DYK Honor Roll Bar - Week 2 Day 3 - ServingDate: 09/13/2017							
Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE - OKR1124 (1 burger)	50	430.00	17.00	2.50	670.00	47.00	22.00

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Date: 09/01/2017 - 09/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 2 Day 3 - ServingDate: 09/13/2017							
Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE - OKR1165 (1 burger)	100	300.00	9.00	3.00	450.00	34.00	18.00
Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE - OKR1167 (1 burger)	75	430.00	17.00	3.00	670.00	48.00	21.00
American Cheese Slice - SR1535 (1/2 oz.)	25	50.63	4.56	2.53	258.19	0.00	2.53
Provolone Cheese Slice; Schreiber - OKR1213 (1/2 oz.)	25	53.33	4.00	2.00	120.00	0.00	3.33
Swiss-American Cheese Slice; Schreiber - OKR1212 (1/2 oz.)	25	50.00	4.00	2.50	0.00	0.50	3.00
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	5.00	14.00	0.00
Apple Whole: 125 ct (MS/HS) - OKR1087 (1 Whole Appl)	10	(M)	(M)	(M)	(M)	(M)	(M)
Applesauce - SR1195 (1/2 c.)	10	55.51	0.13	0.01	2.64	14.89	0.23
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	11.28	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	50	24.81	0.09	0.02	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	25	18.89	0.18	0.03	31.03	3.96	1.15
Potato Fry - OKR1089 (1/2 c.)	200	110.00	3.50	0.50	130.00	18.00	2.00
Chocolate Skim Milk - OKR1062 (8 oz.)	50	120.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	130.00	13.00	8.00
Barbecue Honey Sauce - OKR1198 (1/8 c.)	10	73.76	0.00	0.00	320.34	18.96	0.03
Buffalo Ranch Dressing - SR1453 (1 tbsp.)	20	16.79	1.17	0.17	323.35	1.69	0.01

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 2 Day 3 - ServingDate: 09/13/2017							
Caramelized Onions - SR1210 (1/4 c.)	25	66.38	2.90	0.29	4.14	9.67	1.14
Diced Yellow Onion - SR1264 (2 tbsp.)	30	8.00	0.02	0.01	0.80	1.87	0.22
Dill Pickle Chips - SR1399 (2 tbsp.)	50	0.00	0.00	0.00	101.00	0.00	0.00
Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)	10	30.00	0.00	0.00	200.00	7.50	0.00
Ketchup - SR1004 (1 tbsp.)	150	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	45	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	45	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	40	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	75	22.06	1.10	0.22	141.18	3.53	0.00
Chipotle Lime Mayonnaise - SR1294 (1 tbsp.)	40	39.74	3.13	0.35	102.90	3.30	0.04
Sauteed Peppers - OKR1210 (1/4 cup strips)	10	51.76	3.03	0.32	4.02	6.21	1.15
DYK Honor Roll Bar - Week 2 Day 4 - ServingDate: 09/14/2017							
Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE - OKR1164 (1 burger)	50	350.63	13.56	5.53	708.19	34.00	20.53
Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE - OKR1124 (1 burger)	50	430.00	17.00	2.50	670.00	47.00	22.00
Chicken Fried Steak Sandwich, Hamburger Roll - OKR1234 (1 sandwich)	50	470.00	21.00	5.00	590.00	50.00	22.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 2 Day 4 - ServingDate: 09/14/2017							
Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE - OKR1165 (1 burger)	50	300.00	9.00	3.00	450.00	34.00	18.00
Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE - OKR1167 (1 burger)	75	430.00	17.00	3.00	670.00	48.00	21.00
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	5.00	14.00	0.00
Apple Whole: 125 ct (MS/HS) - OKR1087 (1 Whole Appl)	10	(M)	(M)	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	15	105.02	0.39	0.13	1.18	26.95	1.29
Diced Bartlett Pears - SR1194 (1/2 c.)	10	70.42	0.10	0.01	5.63	18.22	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	15	45.12	0.12	0.01	0.00	11.28	0.90
Fresh Broccoli Florets - SR1027 (1/2 c.)	50	10.84	0.12	0.01	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	50	104.50	8.24	2.04	402.31	5.67	2.49
Country Style Potato Wedges - SR1029 (1/2 c.)	200	90.28	2.51	0.00	30.09	15.05	2.01
Chocolate Skim Milk - OKR1062 (8 oz.)	50	120.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	130.00	13.00	8.00
Diced Yellow Onion - SR1264 (2 tbsp.)	25	8.00	0.02	0.01	0.80	1.87	0.22
Dill Pickle Chips - SR1399 (2 tbsp.)	25	0.00	0.00	0.00	101.00	0.00	0.00
Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)	15	30.00	0.00	0.00	200.00	7.50	0.00
Ketchup - SR1004 (1 tbsp.)	150	(M)	(M)	(M)	(M)	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 2 Day 4 - ServingDate: 09/14/2017							
Shredded Lettuce - SR1015 (1/4 cup shredd)	25	2.52	0.03	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	50	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	50	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	25	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	100	22.06	1.10	0.22	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	25	6.75	0.08	0.01	1.88	1.46	0.33
DYK Honor Roll Bar - Week 2 Day 5 - ServingDate: 09/15/2017							
Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE - OKR1164 (1 burger)	50	350.63	13.56	5.53	708.19	34.00	20.53
Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE - OKR1124 (1 burger)	50	430.00	17.00	2.50	670.00	47.00	22.00
Cowboy Steak Sandwich - OKR1144 (1 sandwich)	75	330.00	12.00	5.00	660.00	39.00	18.00
Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE - OKR1165 (1 burger)	50	300.00	9.00	3.00	450.00	34.00	18.00
Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE - OKR1167 (1 burger)	75	430.00	17.00	3.00	670.00	48.00	21.00
100% Apple Juice - SR1204 (4 fl oz cup)	75	60.00	0.00	0.00	5.00	14.00	0.00
Apple Whole: 125 ct (MS/HS) - OKR1087 (1 Whole Appl)	10	(M)	(M)	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	1.18	26.95	1.29

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 2 Day 5 - ServingDate: 09/15/2017							
Mixed Fruit - SR1037 (1/2 c.)	10	59.05	0.00	0.00	5.13	15.22	0.59
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	11.28	0.90
Fresh Celery Sticks - SR1014 (6 stick (4")	50	10.34	0.11	0.03	51.71	1.92	0.45
Garden Side Salad - SR1429 (1 c.)	50	18.89	0.18	0.03	31.03	3.96	1.15
Potato Fry - OKR1089 (1/2 c.)	200	110.00	3.50	0.50	130.00	18.00	2.00
Chocolate Skim Milk - OKR1062 (8 oz.)	25	120.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	25	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	130.00	13.00	8.00
Diced Yellow Onion - SR1264 (2 tbsp.)	15	8.00	0.02	0.01	0.80	1.87	0.22
Dill Pickle Chips - SR1399 (2 tbsp.)	30	0.00	0.00	0.00	101.00	0.00	0.00
Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)	15	30.00	0.00	0.00	200.00	7.50	0.00
Ketchup - SR1004 (1 tbsp.)	200	(M)	(M)	(M)	(M)	(M)	(M)
Shredded Lettuce - SR1015 (1/4 cup shredd)	25	2.52	0.03	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	50	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	50	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	25	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	200	22.06	1.10	0.22	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	25	6.75	0.08	0.01	1.88	1.46	0.33

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 3 Day 1 - ServingDate: 09/18/2017							
Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE - OKR1164 (1 burger)	75	350.63	13.56	5.53	708.19	34.00	20.53
Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE - OKR1124 (1 burger)	50	430.00	17.00	2.50	670.00	47.00	22.00
Chili Cheese Hotdog - OKR1086 (1 serving)	50	431.30	15.89	4.97	850.16	49.91	22.44
Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE - OKR1165 (1 burger)	25	300.00	9.00	3.00	450.00	34.00	18.00
Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE - OKR1167 (1 burger)	75	430.00	17.00	3.00	670.00	48.00	21.00
100% Apple Juice - SR1204 (4 fl oz cup)	75	60.00	0.00	0.00	5.00	14.00	0.00
Apple Whole: 125 ct (MS/HS) - OKR1087 (1 Whole Appl)	10	(M)	(M)	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	25	105.02	0.39	0.13	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	15	45.12	0.12	0.01	0.00	11.28	0.90
Chilled Pineapple - SR1495 (1/2 c.)	10	62.40	0.00	0.00	1.04	16.18	0.53
Fresh Baby Carrots - SR1016 (1/2 c.)	75	24.81	0.09	0.02	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	50	18.89	0.18	0.03	31.03	3.96	1.15
Potato Tater Tots - OKR1073 (1/2 c.)	225	90.55	3.52	0.00	160.97	14.09	1.01
Chocolate Skim Milk - OKR1062 (8 oz.)	75	120.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	50	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	75	90.00	0.00	0.00	130.00	13.00	8.00
Diced Yellow Onion - SR1264 (2 tbsp.)	25	8.00	0.02	0.01	0.80	1.87	0.22

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 3 Day 1 - ServingDate: 09/18/2017							
Dill Pickle Chips - SR1399 (2 tbsp.)	30	0.00	0.00	0.00	101.00	0.00	0.00
Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)	15	30.00	0.00	0.00	200.00	7.50	0.00
Ketchup - SR1004 (1 pump)	150	40.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	20	2.52	0.03	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	75	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	75	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	20	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	200	22.06	1.10	0.22	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	20	6.75	0.08	0.01	1.88	1.46	0.33
DYK Honor Roll Bar - Week 3 Day 2 - ServingDate: 09/19/2017							
Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE - OKR1164 (1 burger)	75	350.63	13.56	5.53	708.19	34.00	20.53
Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE - OKR1124 (1 burger)	50	430.00	17.00	2.50	670.00	47.00	22.00
Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE - OKR1165 (1 burger)	25	300.00	9.00	3.00	450.00	34.00	18.00
Pulled Pork Sandwich, Brookwood Pork - OKR1216 (1 sandwich)	50	403.10	19.15	5.88	326.70	31.00	28.18
Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE - OKR1167 (1 burger)	75	430.00	17.00	3.00	670.00	48.00	21.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 3 Day 2 - ServingDate: 09/19/2017							
100% Apple Juice - SR1204 (4 fl oz cup)	75	60.00	0.00	0.00	5.00	14.00	0.00
Apple Whole: 125 ct (MS/HS) - OKR1087 (1 Whole Appl)	15	(M)	(M)	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	15	45.12	0.12	0.01	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	10	59.11	0.04	0.00	5.37	15.54	0.85
Vegetarian Baked Beans - SR1336 (1/2 c.)	125	227.76	0.02	0.01	604.50	53.77	7.67
Fresh Broccoli Florets - SR1027 (1/2 c.)	50	10.84	0.12	0.01	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	25	104.50	8.24	2.04	402.31	5.67	2.49
Chocolate Skim Milk - OKR1062 (8 oz.)	50	120.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	130.00	13.00	8.00
Diced Yellow Onion - SR1264 (2 tbsp.)	20	8.00	0.02	0.01	0.80	1.87	0.22
Dill Pickle Chips - SR1399 (2 tbsp.)	50	0.00	0.00	0.00	101.00	0.00	0.00
Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)	30	30.00	0.00	0.00	200.00	7.50	0.00
Ketchup - SR1004 (1 pump)	150	40.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	50	2.52	0.03	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	50	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	50	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	30	1.25	0.00	0.00	75.00	0.25	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 3 Day 2 - ServingDate: 09/19/2017							
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	50	22.06	1.10	0.22	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	50	6.75	0.08	0.01	1.88	1.46	0.33
DYK Honor Roll Bar - Week 3 Day 3 - ServingDate: 09/20/2017							
Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE - OKR1124 (1 burger)	50	430.00	17.00	2.50	670.00	47.00	22.00
Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE - OKR1165 (1 burger)	100	300.00	9.00	3.00	450.00	34.00	18.00
Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE - OKR1167 (1 burger)	75	430.00	17.00	3.00	670.00	48.00	21.00
American Cheese Slice - SR1535 (1/2 oz.)	25	50.63	4.56	2.53	258.19	0.00	2.53
Provolone Cheese Slice; Schreiber - OKR1213 (1/2 oz.)	25	53.33	4.00	2.00	120.00	0.00	3.33
Swiss-American Cheese Slice; Schreiber - OKR1212 (1/2 oz.)	25	50.00	4.00	2.50	0.00	0.50	3.00
100% Apple Juice - SR1204 (4 fl oz cup)	75	60.00	0.00	0.00	5.00	14.00	0.00
Apple Whole: 125 ct (MS/HS) - OKR1087 (1 Whole Appl)	20	(M)	(M)	(M)	(M)	(M)	(M)
Applesauce - SR1195 (1/2 c.)	5	55.51	0.13	0.01	2.64	14.89	0.23
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	11.28	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	50	24.81	0.09	0.02	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	25	18.89	0.18	0.03	31.03	3.96	1.15

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 3 Day 3 - ServingDate: 09/20/2017							
Potato Fry - OKR1089 (1/2 c.)	175	110.00	3.50	0.50	130.00	18.00	2.00
Chocolate Skim Milk - OKR1062 (8 oz.)	50	120.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	25	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	130.00	13.00	8.00
Barbecue Honey Sauce - OKR1198 (1/8 c.)	10	73.76	0.00	0.00	320.34	18.96	0.03
Buffalo Ranch Dressing - SR1453 (1 tbsp.)	25	16.79	1.17	0.17	323.35	1.69	0.01
Caramelized Onions - SR1210 (1/4 c.)	30	66.38	2.90	0.29	4.14	9.67	1.14
Diced Yellow Onion - SR1264 (2 tbsp.)	30	8.00	0.02	0.01	0.80	1.87	0.22
Dill Pickle Chips - SR1399 (2 tbsp.)	50	0.00	0.00	0.00	101.00	0.00	0.00
Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)	10	30.00	0.00	0.00	200.00	7.50	0.00
Ketchup - SR1004 (1 pump)	150	40.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	75	2.52	0.03	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	50	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	40	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	30	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	75	22.06	1.10	0.22	141.18	3.53	0.00
Chipotle Lime Mayonnaise - SR1294 (1 tbsp.)	25	39.74	3.13	0.35	102.90	3.30	0.04
Sauteed Peppers - OKR1210 (1/4 cup strips)	10	51.76	3.03	0.32	4.02	6.21	1.15
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	20	6.75	0.08	0.01	1.88	1.46	0.33

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 3 Day 4 - ServingDate: 09/21/2017							
Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE - OKR1164 (1 burger)	50	350.63	13.56	5.53	708.19	34.00	20.53
Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE - OKR1124 (1 burger)	50	430.00	17.00	2.50	670.00	47.00	22.00
Grilled Chicken Sandwich - OKR1151 (1 sandwich)	75	260.00	7.00	1.50	430.00	31.00	19.00
Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE - OKR1165 (1 burger)	50	300.00	9.00	3.00	450.00	34.00	18.00
Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE - OKR1167 (1 burger)	75	430.00	17.00	3.00	670.00	48.00	21.00
100% Apple Juice - SR1204 (4 fl oz cup)	75	60.00	0.00	0.00	5.00	14.00	0.00
Apple Whole: 125 ct (MS/HS) - OKR1087 (1 Whole Appl)	15	(M)	(M)	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	1.18	26.95	1.29
Diced Bartlett Pears - SR1194 (1/2 c.)	10	70.42	0.10	0.01	5.63	18.22	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	11.28	0.90
Fresh Broccoli Florets - SR1027 (1/2 c.)	50	10.84	0.12	0.01	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	25	104.50	8.24	2.04	402.31	5.67	2.49
Country Style Potato Wedges - SR1029 (1/2 c.)	250	90.28	2.51	0.00	30.09	15.05	2.01
Chocolate Skim Milk - OKR1062 (8 oz.)	75	120.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	75	90.00	0.00	0.00	130.00	13.00	8.00

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Date: 09/01/2017 - 09/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 3 Day 4 - ServingDate: 09/21/2017							
Diced Yellow Onion - SR1264 (2 tbsp.)	25	8.00	0.02	0.01	0.80	1.87	0.22
Dill Pickle Chips - SR1399 (2 tbsp.)	30	0.00	0.00	0.00	101.00	0.00	0.00
Ketchup - SR1004 (1 pump)	200	40.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	50	2.52	0.03	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	75	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	50	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	25	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	50	22.06	1.10	0.22	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	25	6.75	0.08	0.01	1.88	1.46	0.33
DYK Honor Roll Bar - Week 3 Day 5 - ServingDate: 09/22/2017							
Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE - OKR1164 (1 burger)	75	350.63	13.56	5.53	708.19	34.00	20.53
Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE - OKR1124 (1 burger)	50	430.00	17.00	2.50	670.00	47.00	22.00
Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE - OKR1165 (1 burger)	50	300.00	9.00	3.00	450.00	34.00	18.00
Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE - OKR1167 (1 burger)	75	430.00	17.00	3.00	670.00	48.00	21.00
Three Cheese Toaster - OKR1013 (1 panini)	50	331.25	17.11	9.31	841.38	29.00	18.06

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 3 Day 5 - ServingDate: 09/22/2017							
100% Apple Juice - SR1204 (4 fl oz cup)	75	60.00	0.00	0.00	5.00	14.00	0.00
Apple Whole: 125 ct (MS/HS) - OKR1087 (1 Whole Appl)	10	(M)	(M)	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	15	105.02	0.39	0.13	1.18	26.95	1.29
Mixed Fruit - SR1037 (1/2 c.)	10	59.05	0.00	0.00	5.13	15.22	0.59
Fresh Whole Oranges - SR1171 (1 small (2-3))	15	45.12	0.12	0.01	0.00	11.28	0.90
Fresh Celery Sticks - SR1014 (6 stick (4")	75	10.34	0.11	0.03	51.71	1.92	0.45
Garden Side Salad - SR1429 (1 c.)	50	18.89	0.18	0.03	31.03	3.96	1.15
Potato Fry - OKR1089 (1/2 c.)	250	110.00	3.50	0.50	130.00	18.00	2.00
Chocolate Skim Milk - OKR1062 (8 oz.)	75	120.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	50	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	75	90.00	0.00	0.00	130.00	13.00	8.00
Diced Yellow Onion - SR1264 (2 tbsp.)	15	8.00	0.02	0.01	0.80	1.87	0.22
Dill Pickle Chips - SR1399 (2 tbsp.)	30	0.00	0.00	0.00	101.00	0.00	0.00
Ketchup - SR1004 (1 pump)	150	40.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	25	2.52	0.03	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	75	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	75	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	25	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	100	22.06	1.10	0.22	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	25	6.75	0.08	0.01	1.88	1.46	0.33

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 4 Day 1 - ServingDate: 09/25/2017							
Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE - OKR1164 (1 burger)	50	350.63	13.56	5.53	708.19	34.00	20.53
Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE - OKR1124 (1 burger)	50	430.00	17.00	2.50	670.00	47.00	22.00
Corn Dog - SR1023 (1 corn dog)	50	240.00	8.00	0.00	390.00	30.00	9.00
Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE - OKR1165 (1 burger)	50	300.00	9.00	3.00	450.00	34.00	18.00
Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE - OKR1167 (1 burger)	75	430.00	17.00	3.00	670.00	48.00	21.00
100% Apple Juice - SR1204 (4 fl oz cup)	75	60.00	0.00	0.00	5.00	14.00	0.00
Apple Whole: 125 ct (MS/HS) - OKR1087 (1 Whole Appl)	10	(M)	(M)	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	15	105.02	0.39	0.13	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	11.28	0.90
Chilled Pineapple - SR1495 (1/2 c.)	15	62.40	0.00	0.00	1.04	16.18	0.53
Fresh Baby Carrots - SR1016 (1/2 c.)	50	24.81	0.09	0.02	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	50	18.89	0.18	0.03	31.03	3.96	1.15
Potato Tater Tots - OKR1073 (1/2 c.)	200	90.55	3.52	0.00	160.97	14.09	1.01
Chocolate Skim Milk - OKR1062 (8 oz.)	75	120.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	50	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	75	90.00	0.00	0.00	130.00	13.00	8.00
Diced Yellow Onion - SR1264 (2 tbsp.)	25	8.00	0.02	0.01	0.80	1.87	0.22

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 4 Day 1 - ServingDate: 09/25/2017							
Ketchup - SR1004 (1 pump)	150	40.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	25	2.52	0.03	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	50	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	50	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	30	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	100	22.06	1.10	0.22	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	40	6.75	0.08	0.01	1.88	1.46	0.33
DYK Honor Roll Bar - Week 4 Day 2 - ServingDate: 09/26/2017							
Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE - OKR1164 (1 burger)	50	350.63	13.56	5.53	708.19	34.00	20.53
Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE - OKR1124 (1 burger)	50	430.00	17.00	2.50	670.00	47.00	22.00
Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE - OKR1165 (1 burger)	50	300.00	9.00	3.00	450.00	34.00	18.00
Pulled Pork Sandwich, Brookwood Pork - OKR1216 (1 sandwich)	50	403.10	19.15	5.88	326.70	31.00	28.18
Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE - OKR1167 (1 burger)	75	430.00	17.00	3.00	670.00	48.00	21.00
100% Apple Juice - SR1204 (4 fl oz cup)	75	60.00	0.00	0.00	5.00	14.00	0.00
Apple Whole: 125 ct (MS/HS) - OKR1087 (1 Whole Appl)	10	(M)	(M)	(M)	(M)	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 4 Day 2 - ServingDate: 09/26/2017							
Banana - SR1166 (1 medium (7"))	15	105.02	0.39	0.13	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	15	45.12	0.12	0.01	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	10	59.11	0.04	0.00	5.37	15.54	0.85
Vegetarian Baked Beans - SR1336 (1/2 c.)	100	227.76	0.02	0.01	604.50	53.77	7.67
Fresh Broccoli Florets - SR1027 (1/2 c.)	50	10.84	0.12	0.01	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1/2 c.)	25	52.25	4.12	1.02	201.16	2.83	1.25
Chocolate Skim Milk - OKR1062 (8 oz.)	75	120.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	75	90.00	0.00	0.00	130.00	13.00	8.00
Diced Yellow Onion - SR1264 (2 tbsp.)	20	8.00	0.02	0.01	0.80	1.87	0.22
Dill Pickle Chips - SR1399 (2 tbsp.)	20	0.00	0.00	0.00	101.00	0.00	0.00
Ketchup - SR1004 (1 pump)	150	40.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	50	2.52	0.03	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	75	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	75	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	40	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	100	22.06	1.10	0.22	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	30	6.75	0.08	0.01	1.88	1.46	0.33

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 4 Day 3 - ServingDate: 09/27/2017							
Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE - OKR1124 (1 burger)	50	430.00	17.00	2.50	670.00	47.00	22.00
Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE - OKR1165 (1 burger)	125	300.00	9.00	3.00	450.00	34.00	18.00
Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE - OKR1167 (1 burger)	100	430.00	17.00	3.00	670.00	48.00	21.00
American Cheese Slice - SR1535 (1/2 oz.)	25	50.63	4.56	2.53	258.19	0.00	2.53
Provolone Cheese Slice; Schreiber - OKR1213 (1/2 oz.)	25	53.33	4.00	2.00	120.00	0.00	3.33
Swiss-American Cheese Slice; Schreiber - OKR1212 (1/2 oz.)	25	50.00	4.00	2.50	0.00	0.50	3.00
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	5.00	14.00	0.00
Apple Whole: 125 ct (MS/HS) - OKR1087 (1 Whole Appl)	15	(M)	(M)	(M)	(M)	(M)	(M)
Applesauce - SR1195 (1/2 c.)	10	55.51	0.13	0.01	2.64	14.89	0.23
Banana - SR1166 (1 medium (7"))	15	105.02	0.39	0.13	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	11.28	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	40	24.81	0.09	0.02	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	50	18.89	0.18	0.03	31.03	3.96	1.15
Potato Fry - OKR1089 (1/2 c.)	225	110.00	3.50	0.50	130.00	18.00	2.00
Chocolate Skim Milk - OKR1062 (8 oz.)	50	120.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	25	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	130.00	13.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 4 Day 3 - ServingDate: 09/27/2017							
Barbecue Honey Sauce - OKR1198 (1/8 c.)	10	73.76	0.00	0.00	320.34	18.96	0.03
Buffalo Ranch Dressing - SR1453 (1 tbsp.)	25	16.79	1.17	0.17	323.35	1.69	0.01
Caramelized Onions - SR1210 (1/4 c.)	25	66.38	2.90	0.29	4.14	9.67	1.14
Diced Yellow Onion - SR1264 (2 tbsp.)	15	8.00	0.02	0.01	0.80	1.87	0.22
Dill Pickle Chips - SR1399 (2 tbsp.)	50	0.00	0.00	0.00	101.00	0.00	0.00
Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)	25	30.00	0.00	0.00	200.00	7.50	0.00
Ketchup - SR1004 (1 pump)	150	40.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	50	2.52	0.03	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	40	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	40	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	25	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	75	22.06	1.10	0.22	141.18	3.53	0.00
Chipotle Lime Mayonnaise - SR1294 (1 tbsp.)	30	39.74	3.13	0.35	102.90	3.30	0.04
Sauteed Peppers - OKR1210 (1/4 cup strips)	10	51.76	3.03	0.32	4.02	6.21	1.15
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	25	6.75	0.08	0.01	1.88	1.46	0.33
DYK Honor Roll Bar - Week 4 Day 4 - ServingDate: 09/28/2017							
Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE - OKR1164 (1 burger)	50	350.63	13.56	5.53	708.19	34.00	20.53

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL
Date: 09/01/2017 - 09/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 4 Day 4 - ServingDate: 09/28/2017							
Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE - OKR1124 (1 burger)	50	430.00	17.00	2.50	670.00	47.00	22.00
Chicken Fried Steak Sandwich - SR1486 (1 sandwich)	50	430.00	20.00	4.50	580.00	44.00	21.00
Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE - OKR1165 (1 burger)	50	300.00	9.00	3.00	450.00	34.00	18.00
Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE - OKR1167 (1 burger)	75	430.00	17.00	3.00	670.00	48.00	21.00
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	5.00	14.00	0.00
Apple Whole: 125 ct (MS/HS) - OKR1087 (1 Whole Appl)	15	(M)	(M)	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	1.18	26.95	1.29
Diced Bartlett Pears - SR1194 (1/2 c.)	10	70.42	0.10	0.01	5.63	18.22	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	15	45.12	0.12	0.01	0.00	11.28	0.90
Fresh Broccoli Florets - SR1027 (1/2 c.)	75	10.84	0.12	0.01	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	250	104.50	8.24	2.04	402.31	5.67	2.49
Country Style Potato Wedges - SR1029 (1/2 c.)	200	90.28	2.51	0.00	30.09	15.05	2.01
Chocolate Skim Milk - OKR1062 (8 oz.)	50	120.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	75	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	130.00	13.00	8.00
Diced Yellow Onion - SR1264 (2 tbsp.)	15	8.00	0.02	0.01	0.80	1.87	0.22
Dill Pickle Chips - SR1399 (2 tbsp.)	30	0.00	0.00	0.00	101.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Date: 09/01/2017 - 09/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 4 Day 4 - ServingDate: 09/28/2017							
Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)	25	30.00	0.00	0.00	200.00	7.50	0.00
Ketchup - SR1004 (1 pump)	200	40.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	25	2.52	0.03	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	50	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	50	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	25	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	100	22.06	1.10	0.22	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	25	6.75	0.08	0.01	1.88	1.46	0.33
DYK Honor Roll Bar - Week 4 Day 5 - ServingDate: 09/29/2017							
Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE - OKR1164 (1 burger)	75	350.63	13.56	5.53	708.19	34.00	20.53
Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE - OKR1124 (1 burger)	50	430.00	17.00	2.50	670.00	47.00	22.00
Cowboy Steak Sandwich - OKR1144 (1 sandwich)	75	330.00	12.00	5.00	660.00	39.00	18.00
Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE - OKR1165 (1 burger)	50	300.00	9.00	3.00	450.00	34.00	18.00
Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE - OKR1167 (1 burger)	75	430.00	17.00	3.00	670.00	48.00	21.00
100% Apple Juice - SR1204 (4 fl oz cup)	75	60.00	0.00	0.00	5.00	14.00	0.00

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Date: 09/01/2017 - 09/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 4 Day 5 - ServingDate: 09/29/2017							
Apple Whole: 125 ct (MS/HS) - OKR1087 (1 Whole Appl)	15	(M)	(M)	(M)	(M)	(M)	(M)
Banana - SR1166 (1 medium (7"))	15	105.02	0.39	0.13	1.18	26.95	1.29
Mixed Fruit - SR1037 (1/2 c.)	10	59.05	0.00	0.00	5.13	15.22	0.59
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	11.28	0.90
Fresh Celery Sticks - SR1014 (6 stick (4")	75	10.34	0.11	0.03	51.71	1.92	0.45
Garden Side Salad - SR1429 (1 c.)	75	18.89	0.18	0.03	31.03	3.96	1.15
Potato Fry - OKR1089 (1/2 c.)	250	110.00	3.50	0.50	130.00	18.00	2.00
Chocolate Skim Milk - OKR1062 (8 oz.)	75	120.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	75	90.00	0.00	0.00	130.00	13.00	8.00
Diced Yellow Onion - SR1264 (2 tbsp.)	15	8.00	0.02	0.01	0.80	1.87	0.22
Dill Pickle Chips - SR1399 (2 tbsp.)	30	0.00	0.00	0.00	101.00	0.00	0.00
Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)	15	30.00	0.00	0.00	200.00	7.50	0.00
Ketchup - SR1004 (1 pump)	200	40.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	30	2.52	0.03	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	75	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	75	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	20	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	100	22.06	1.10	0.22	141.18	3.53	0.00

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL
 Date: 09/01/2017 - 09/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 4 Day 5 - ServingDate: 09/29/2017							
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	20	6.75	0.08	0.01	1.88	1.46	0.33

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: Did You Know Café
 Menu Line: DYK-Honor Roll Bar
 Serving Group: 6-8
 Nutrients Option: Expanded