

Menu Calendar Nutrient Analysis Report - April, 2018

Site: Junior High School
 Date: 04/01/2018 - 04/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 4 Day 1 :7898 - ServingDate: 04/02/2018								
Cheeseburger - OKR1164 (1 burger)	50	350.00	13.50	5.50	0.00	705.00	34.00	20.50
Crispy Chicken Sandwich - OKR1124 (1 burger)	50	430.00	17.00	2.50	0.00	670.00	47.00	22.00
Corn Dog - SR1023 (1 corn dog)	50	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Hamburger - OKR1165 (1 burger)	50	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Sandwich - OKR1167 (1 burger)	75	430.00	17.00	3.00	0.00	670.00	48.00	21.00
100% Apple Juice - SR1204 (4 fl oz cup)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	15	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Pineapple Tidbits - SR1495 (1/2 c.)	15	71.56	0.10	0.01	0.00	1.19	18.73	0.50
Fresh Baby Carrots - SR1016 (1/2 c.)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	50	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Tater Tots - OKR1073 (1/2 c.)	200	90.55	3.52	0.00	0.00	160.97	14.09	1.01
Chocolate Skim Milk - OKR1062 (8 oz.)	75	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	50	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	75	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	150	40.00	0.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	25	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	50	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	50	0.00	0.00	0.00	0.00	165.00	0.00	0.00

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DYK Honor Roll Bar - Week 4 Day 1 :7898 - ServingDate: 04/02/2018								
Yellow Onion - SR1264 (2 tbsp.)	25	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Peppers - SR1074 (1 tbsp.)	30	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	100	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	40	6.75	0.08	0.01	0.00	1.88	1.46	0.33
DYK Honor Roll Bar - Week 4 Day 2 :7898 - ServingDate: 04/03/2018								
Cheeseburger - OKR1164 (1 burger)	50	350.00	13.50	5.50	0.00	705.00	34.00	20.50
Crispy Chicken Sandwich - OKR1124 (1 burger)	50	430.00	17.00	2.50	0.00	670.00	47.00	22.00
Hamburger - OKR1165 (1 burger)	50	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Pulled Pork Sandwich - OKR1216 (1 sandwich)	50	403.10	19.15	5.88	0.00	326.70	31.00	28.18
Spicy Chicken Sandwich - OKR1167 (1 burger)	75	430.00	17.00	3.00	0.00	670.00	48.00	21.00
100% Apple Juice - SR1204 (4 fl oz cup)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	15	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	15	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	10	59.11	0.04	0.00	0.00	5.37	15.54	0.85
Western Baked Beans - OKR1318 (1/2 c.)	100	190.92	0.01	0.00	0.00	797.38	44.03	7.66
Fresh Broccoli Florets - SR1027 (1/2 c.)	50	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1/2 c.)	50	51.70	4.14	1.07	0.00	216.53	2.76	1.27
Chocolate Skim Milk - OKR1062 (8 oz.)	75	120.00	0.00	0.00	0.00	180.00	20.00	8.00

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DYK Honor Roll Bar - Week 4 Day 2 :7898 - ServingDate: 04/03/2018								
White 1% Milk - OKR1061 (8 oz.)	50	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	75	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Dill Pickle Chips - SR1399 (2 tbsp.)	20	0.00	0.00	0.00	0.00	101.00	0.00	0.00
Ketchup - SR1004 (1 pump)	150	40.00	0.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	50	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	75	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	75	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Yellow Onion - SR1264 (2 tbsp.)	20	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Peppers - SR1074 (1 tbsp.)	40	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	100	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	30	6.75	0.08	0.01	0.00	1.88	1.46	0.33
DYK Honor Roll Bar - Week 4 Day 3 :7898 - ServingDate: 04/04/2018								
Crispy Chicken Sandwich - OKR1124 (1 burger)	50	430.00	17.00	2.50	0.00	670.00	47.00	22.00
Hamburger - OKR1165 (1 burger)	125	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Sandwich - OKR1167 (1 burger)	100	430.00	17.00	3.00	0.00	670.00	48.00	21.00
American Cheese Slices - SR1535 (1/2 oz.)	40	50.00	4.50	2.50	0.00	255.00	0.00	2.50
Provolone Cheese - OKR1213 (1/2 oz.)	40	53.33	4.00	2.00	0.00	120.00	0.00	3.33
Swiss-American Cheese - OKR1212 (1/2 oz.)	40	50.00	4.00	2.50	0.00	0.00	0.50	3.00
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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DYK Honor Roll Bar - Week 4 Day 3 :7898 - ServingDate: 04/04/2018								
Whole Apple - OKR1087 (1 Whole Appl)	15	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Applesauce - SR1195 (1/2 c.)	10	55.51	0.13	0.01	0.00	2.64	14.89	0.23
Banana - SR1166 (1 medium (7"))	15	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	40	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	50	18.89	0.18	0.03	0.00	31.03	3.96	1.15
French Fries - OKR1089 (1/2 c.)	225	110.00	3.50	0.50	0.00	130.00	18.00	2.00
Chocolate Skim Milk - OKR1062 (8 oz.)	50	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Barbecue Honey Sauce - OKR1198 (1/8 c.)	10	73.76	0.00	0.00	0.00(M)	320.34	18.96	0.03
Buffalo Ranch Sauce - SR1453 (1 tbsp.)	25	16.79	1.17	0.17	0.00(M)	323.36	1.69	0.01
Caramelized Onions - SR1210 (1/4 c.)	25	66.38	2.90	0.29	0.02	4.14	9.67	1.14
Chipotle Lime Mayonnaise - SR1294 (1 tbsp.)	30	39.66	3.10	0.34	0.00(M)	104.92	3.36	0.04
Dill Pickle Chips - SR1399 (2 tbsp.)	50	0.00	0.00	0.00	0.00	101.00	0.00	0.00
Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)	25	30.00	0.00	0.00	0.00	200.00	7.50	0.00
Ketchup - SR1004 (1 pump)	150	40.00	0.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	50	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	40	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	40	0.00	0.00	0.00	0.00	165.00	0.00	0.00

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DYK Honor Roll Bar - Week 4 Day 3 :7898 - ServingDate: 04/04/2018								
Yellow Onion - SR1264 (2 tbsp.)	15	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Peppers - SR1074 (1 tbsp.)	25	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	75	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Sauteed Peppers - OKR1210 (1/4 cup strips)	10	51.76	3.03	0.32	0.02	4.02	6.21	1.15
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	25	6.75	0.08	0.01	0.00	1.88	1.46	0.33
DYK Honor Roll Bar - Week 4 Day 4 - ServingDate: 04/05/2018								
Cheeseburger - OKR1164 (1 burger)	50	350.00	13.50	5.50	0.00	705.00	34.00	20.50
Crispy Chicken Sandwich - OKR1124 (1 burger)	50	430.00	17.00	2.50	0.00	670.00	47.00	22.00
Chicken Fried Steak Sandwich - SR1486 (1 sandwich)	50	430.00	20.00	4.50	0.00	580.00	44.00	21.00
Hamburger - OKR1165 (1 burger)	50	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Sandwich - OKR1167 (1 burger)	75	430.00	17.00	3.00	0.00	670.00	48.00	21.00
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	15	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	15	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Chilled Bartlett Pears - SR1194 (1/2 c.)	10	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Fresh Broccoli Florets - SR1027 (1/2 c.)	75	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	250	103.41	8.28	2.14	0.00	433.05	5.52	2.55

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DYK Honor Roll Bar - Week 4 Day 4 - ServingDate: 04/05/2018								
Country Style Potato Wedges - OKR1399 (1/2 c.)	200	119.95	4.00	0.50	0.00	139.95	19.99	2.00
Chocolate Skim Milk - OKR1062 (8 oz.)	50	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	75	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Dill Pickle Chips - SR1399 (2 tbsp.)	30	0.00	0.00	0.00	0.00	101.00	0.00	0.00
Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)	25	30.00	0.00	0.00	0.00	200.00	7.50	0.00
Ketchup - SR1004 (1 pump)	200	40.00	0.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	25	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	50	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	50	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Yellow Onion - SR1264 (2 tbsp.)	15	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Peppers - SR1074 (1 tbsp.)	25	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	100	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	25	6.75	0.08	0.01	0.00	1.88	1.46	0.33
DYK Honor Roll Bar - Week 5 Day 5 :7898 - ServingDate: 04/06/2018								
Cheeseburger - OKR1164 (1 burger)	75	350.00	13.50	5.50	0.00	705.00	34.00	20.50
Crispy Chicken Sandwich - OKR1124 (1 burger)	50	430.00	17.00	2.50	0.00	670.00	47.00	22.00
Hamburger - OKR1165 (1 burger)	50	300.00	9.00	3.00	0.00	450.00	34.00	18.00

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Spicy Chicken Sandwich - OKR1167 (1 burger)	75	430.00	17.00	3.00	0.00	670.00	48.00	21.00
Three Cheese Toaster - OKR1013 (1 panini)	50	330.00	17.00	9.25	0.00	835.00	29.00	18.00
100% Apple Juice - SR1204 (4 fl oz cup)	150	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	25	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	15	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Mixed Fruit - SR1037 (1/2 c.)	10	59.05	0.00	0.00	0.00	5.13	15.22	0.59
Fresh Whole Oranges - SR1171 (1 small (2-3))	15	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Celery Sticks - SR1014 (6 stick (4")	50	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Garden Side Salad - SR1429 (1 c.)	25	18.89	0.18	0.03	0.00	31.03	3.96	1.15
French Fries - OKR1089 (1/2 c.)	200	110.00	3.50	0.50	0.00	130.00	18.00	2.00
Chocolate Skim Milk - OKR1062 (8 oz.)	75	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	75	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Dill Pickle Chips - SR1399 (2 tbsp.)	25	0.00	0.00	0.00	0.00	101.00	0.00	0.00
Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)	15	30.00	0.00	0.00	0.00	200.00	7.50	0.00
Ketchup - SR1004 (1 pump)	150	40.00	0.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	30	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	50	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	50	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Yellow Onion - SR1264 (2 tbsp.)	25	8.58	0.02	0.01	0.00	0.86	2.00	0.24

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DYK Honor Roll Bar - Week 5 Day 5 :7898 - ServingDate: 04/06/2018								
Jalapeno Peppers - SR1074 (1 tbsp.)	30	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	100	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	25	6.75	0.08	0.01	0.00	1.88	1.46	0.33
DYK Honor Roll Bar - Week 5 Day 1 :7898 - ServingDate: 04/09/2018								
Cheeseburger - OKR1164 (1 burger)	50	350.00	13.50	5.50	0.00	705.00	34.00	20.50
Crispy Chicken Sandwich - OKR1124 (1 burger)	75	430.00	17.00	2.50	0.00	670.00	47.00	22.00
Chili Cheese Hotdog - OKR1086 (1 serving)	0	432.78	16.00	5.00	0.00	853.37	49.93	22.54
Hamburger - OKR1165 (1 burger)	50	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Sandwich - OKR1167 (1 burger)	75	430.00	17.00	3.00	0.00	670.00	48.00	21.00
100% Apple Juice - SR1204 (4 fl oz cup)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	15	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	25	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Pineapple Tidbits - SR1495 (1/2 c.)	15	71.56	0.10	0.01	0.00	1.19	18.73	0.50
Fresh Baby Carrots - SR1016 (1/2 c.)	40	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	50	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Tater Tots - OKR1073 (1/2 c.)	250	90.55	3.52	0.00	0.00	160.97	14.09	1.01
Chocolate Skim Milk - OKR1062 (8 oz.)	50	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	25	118.34	2.69	1.61	0.00	139.86	13.99	8.61

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DYK Honor Roll Bar - Week 5 Day 1 :7898 - ServingDate: 04/09/2018								
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Dill Pickle Chips - SR1399 (2 tbsp.)	30	0.00	0.00	0.00	0.00	101.00	0.00	0.00
Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)	15	30.00	0.00	0.00	0.00	200.00	7.50	0.00
Ketchup - SR1004 (1 pump)	120	40.00	0.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	25	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	50	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	40	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Yellow Onion - SR1264 (2 tbsp.)	15	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Peppers - SR1074 (1 tbsp.)	25	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	75	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	20	6.75	0.08	0.01	0.00	1.88	1.46	0.33
DYK Honor Roll Bar - Week 5 Day 2 :7898 - ServingDate: 04/10/2018								
Cheeseburger - OKR1164 (1 burger)	75	350.00	13.50	5.50	0.00	705.00	34.00	20.50
Crispy Chicken Sandwich - OKR1124 (1 burger)	50	430.00	17.00	2.50	0.00	670.00	47.00	22.00
Hamburger - OKR1165 (1 burger)	50	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Pulled Pork Sandwich - OKR1216 (1 sandwich)	50	403.10	19.15	5.88	0.00	326.70	31.00	28.18
Spicy Chicken Sandwich - OKR1167 (1 burger)	75	430.00	17.00	3.00	0.00	670.00	48.00	21.00
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	15	95.00	0.31	0.05	0.00	1.82	25.13	0.47

Menu Calendar Nutrient Analysis Report - April, 2018

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 5 Day 2 :7898 - ServingDate: 04/10/2018								
Banana - SR1166 (1 medium (7"))	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	15	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	10	59.11	0.04	0.00	0.00	5.37	15.54	0.85
Western Baked Beans - OKR1318 (1/2 c.)	175	190.92	0.01	0.00	0.00	797.38	44.03	7.66
Fresh Broccoli Florets - SR1027 (1/2 c.)	50	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	50	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Chocolate Skim Milk - OKR1062 (8 oz.)	75	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	50	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	75	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Dill Pickle Chips - SR1399 (2 tbsp.)	30	0.00	0.00	0.00	0.00	101.00	0.00	0.00
Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)	15	30.00	0.00	0.00	0.00	200.00	7.50	0.00
Ketchup - SR1004 (1 pump)	150	40.00	0.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	25	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	50	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	50	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Yellow Onion - SR1264 (2 tbsp.)	20	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Peppers - SR1074 (1 tbsp.)	25	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	100	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	20	6.75	0.08	0.01	0.00	1.88	1.46	0.33

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 5 Day 3 :7898 - ServingDate: 04/11/2018								
Crispy Chicken Sandwich - OKR1124 (1 burger)	50	430.00	17.00	2.50	0.00	670.00	47.00	22.00
Hamburger - OKR1165 (1 burger)	150	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Sandwich - OKR1167 (1 burger)	75	430.00	17.00	3.00	0.00	670.00	48.00	21.00
American Cheese Slices - SR1535 (1/2 oz.)	25	50.00	4.50	2.50	0.00	255.00	0.00	2.50
Provolone Cheese - OKR1213 (1/2 oz.)	25	53.33	4.00	2.00	0.00	120.00	0.00	3.33
Swiss-American Cheese - OKR1212 (1/2 oz.)	25	50.00	4.00	2.50	0.00	0.00	0.50	3.00
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	25	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Applesauce - SR1195 (1/2 c.)	15	55.51	0.13	0.01	0.00	2.64	14.89	0.23
Banana - SR1166 (1 medium (7"))	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	15	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	50	18.89	0.18	0.03	0.00	31.03	3.96	1.15
French Fries - OKR1089 (1/2 c.)	200	110.00	3.50	0.50	0.00	130.00	18.00	2.00
Chocolate Skim Milk - OKR1062 (8 oz.)	75	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	75	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Barbecue Honey Sauce - OKR1198 (1/8 c.)	10	73.76	0.00	0.00	0.00(M)	320.34	18.96	0.03
Buffalo Ranch Sauce - SR1453 (1 tbsp.)	25	16.79	1.17	0.17	0.00(M)	323.36	1.69	0.01
Caramelized Onions - SR1210 (1/4 c.)	25	66.38	2.90	0.29	0.02	4.14	9.67	1.14

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 5 Day 3 :7898 - ServingDate: 04/11/2018								
Chipotle Lime Mayonnaise - SR1294 (1 tbsp.)	30	39.66	3.10	0.34	0.00(M)	104.92	3.36	0.04
Dill Pickle Chips - SR1399 (2 tbsp.)	25	0.00	0.00	0.00	0.00	101.00	0.00	0.00
Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)	10	30.00	0.00	0.00	0.00	200.00	7.50	0.00
Ketchup - SR1004 (1 pump)	125	40.00	0.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	30	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	50	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	50	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Yellow Onion - SR1264 (2 tbsp.)	25	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Peppers - SR1074 (1 tbsp.)	30	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	75	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Sauteed Peppers - OKR1210 (1/4 cup strips)	10	51.76	3.03	0.32	0.02	4.02	6.21	1.15
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	25	6.75	0.08	0.01	0.00	1.88	1.46	0.33
DYK Honor Roll Bar - Week 5 Day 4 GUTHRIE - ServingDate: 04/12/2018								
Cheeseburger - OKR1164 (1 burger)	50	350.00	13.50	5.50	0.00	705.00	34.00	20.50
Crispy Chicken Sandwich - OKR1124 (1 burger)	75	430.00	17.00	2.50	0.00	670.00	47.00	22.00
Chicken Fried Steak Sandwich - OKR1234 (1 sandwich)	0	470.00	21.00	5.00	0.00	590.00	50.00	22.00
Hamburger - OKR1165 (1 burger)	50	300.00	9.00	3.00	0.00	450.00	34.00	18.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 5 Day 4 GUTHRIE - ServingDate: 04/12/2018								
Spicy Chicken Sandwich - OKR1167 (1 burger)	75	430.00	17.00	3.00	0.00	670.00	48.00	21.00
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	25	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	15	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Chilled Bartlett Pears - SR1194 (1/2 c.)	10	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Fresh Broccoli Florets - SR1027 (1/2 c.)	25	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	25	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Country Style Potato Wedges - OKR1399 (1/2 c.)	200	119.95	4.00	0.50	0.00	139.95	19.99	2.00
Chocolate Skim Milk - OKR1062 (8 oz.)	75	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	50	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	75	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Dill Pickle Chips - SR1399 (2 tbsp.)	30	0.00	0.00	0.00	0.00	101.00	0.00	0.00
Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)	15	30.00	0.00	0.00	0.00	200.00	7.50	0.00
Ketchup - SR1004 (1 pump)	150	40.00	0.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	20	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	50	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	50	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Yellow Onion - SR1264 (2 tbsp.)	20	8.58	0.02	0.01	0.00	0.86	2.00	0.24

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 5 Day 4 GUTHRIE - ServingDate: 04/12/2018								
Jalapeno Peppers - SR1074 (1 tbsp.)	25	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	100	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	25	6.75	0.08	0.01	0.00	1.88	1.46	0.33
DYK Honor Roll Bar - Week 5 Day 5 - ServingDate: 04/13/2018								
Cheeseburger - OKR1164 (1 burger)	75	350.00	13.50	5.50	0.00	705.00	34.00	20.50
Crispy Chicken Sandwich - OKR1124 (1 burger)	50	430.00	17.00	2.50	0.00	670.00	47.00	22.00
Hamburger - OKR1165 (1 burger)	50	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Sandwich - OKR1167 (1 burger)	75	430.00	17.00	3.00	0.00	670.00	48.00	21.00
Three Cheese Toaster - OKR1013 (1 panini)	50	330.00	17.00	9.25	0.00	835.00	29.00	18.00
100% Apple Juice - SR1204 (4 fl oz cup)	150	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	25	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	15	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Mixed Fruit - SR1037 (1/2 c.)	10	59.05	0.00	0.00	0.00	5.13	15.22	0.59
Fresh Whole Oranges - SR1171 (1 small (2-3))	15	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Celery Sticks - SR1014 (6 stick (4")	50	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Garden Side Salad - SR1429 (1 c.)	25	18.89	0.18	0.03	0.00	31.03	3.96	1.15
French Fries - OKR1089 (1/2 c.)	200	110.00	3.50	0.50	0.00	130.00	18.00	2.00
Chocolate Skim Milk - OKR1062 (8 oz.)	75	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	118.34	2.69	1.61	0.00	139.86	13.99	8.61

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 5 Day 5 - ServingDate: 04/13/2018								
White Skim Milk - OKR1060 (8 oz.)	75	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Dill Pickle Chips - SR1399 (2 tbsp.)	25	0.00	0.00	0.00	0.00	101.00	0.00	0.00
Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)	15	30.00	0.00	0.00	0.00	200.00	7.50	0.00
Ketchup - SR1004 (1 pump)	150	40.00	0.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	30	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	50	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	50	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Yellow Onion - SR1264 (2 tbsp.)	25	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Peppers - SR1074 (1 tbsp.)	30	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	100	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	25	6.75	0.08	0.01	0.00	1.88	1.46	0.33
DYK Honor Roll Bar - Week 1 Day 1 :7898 - ServingDate: 04/16/2018								
Cheeseburger - OKR1164 (1 burger)	75	350.00	13.50	5.50	0.00	705.00	34.00	20.50
Crispy Chicken Sandwich - OKR1124 (1 burger)	50	430.00	17.00	2.50	0.00	670.00	47.00	22.00
Chili Cheese Hotdog - OKR1086 (1 serving)	50	432.78	16.00	5.00	0.00	853.37	49.93	22.54
Hamburger - OKR1165 (1 burger)	25	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Sandwich - OKR1167 (1 burger)	75	430.00	17.00	3.00	0.00	670.00	48.00	21.00
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	15	95.00	0.31	0.05	0.00	1.82	25.13	0.47

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 1 Day 1 :7898 - ServingDate: 04/16/2018								
Banana - SR1166 (1 medium (7"))	15	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	15	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Pineapple Tidbits - SR1495 (1/2 c.)	10	71.56	0.10	0.01	0.00	1.19	18.73	0.50
Fresh Baby Carrots - SR1016 (1/2 c.)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	50	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Tater Tots - OKR1073 (1/2 c.)	200	90.55	3.52	0.00	0.00	160.97	14.09	1.01
Chocolate Skim Milk - OKR1062 (8 oz.)	25	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	25	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Dill Pickle Chips - SR1399 (2 tbsp.)	30	0.00	0.00	0.00	0.00	101.00	0.00	0.00
Ketchup - SR1004 (1 tbsp.)	150	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Shredded Lettuce - SR1015 (1/4 cup shredd)	30	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	50	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	50	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Yellow Onion - SR1264 (2 tbsp.)	25	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	100	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	30	6.75	0.08	0.01	0.00	1.88	1.46	0.33
DYK Honor Roll Bar - Week 1 Day 2 :7898 - ServingDate: 04/17/2018								
Cheeseburger - OKR1164 (1 burger)	75	350.00	13.50	5.50	0.00	705.00	34.00	20.50

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 1 Day 2 :7898 - ServingDate: 04/17/2018								
Crispy Chicken Sandwich - OKR1124 (1 burger)	50	430.00	17.00	2.50	0.00	670.00	47.00	22.00
Hamburger - OKR1165 (1 burger)	25	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Pulled Pork Sandwich - OKR1216 (1 sandwich)	50	403.10	19.15	5.88	0.00	326.70	31.00	28.18
Spicy Chicken Sandwich - OKR1167 (1 burger)	75	430.00	17.00	3.00	0.00	670.00	48.00	21.00
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	5	59.11	0.04	0.00	0.00	5.37	15.54	0.85
Western Baked Beans - OKR1318 (1/2 c.)	75	190.92	0.01	0.00	0.00	797.38	44.03	7.66
Fresh Broccoli Florets - SR1027 (1/2 c.)	40	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	50	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Chocolate Skim Milk - OKR1062 (8 oz.)	40	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	40	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	40	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Dill Pickle Chips - SR1399 (2 tbsp.)	30	0.00	0.00	0.00	0.00	101.00	0.00	0.00
Ketchup - SR1004 (1 tbsp.)	150	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Shredded Lettuce - SR1015 (1/4 cup shredd)	25	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	25	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	25	0.00	0.00	0.00	0.00	165.00	0.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 1 Day 2 :7898 - ServingDate: 04/17/2018								
Yellow Onion - SR1264 (2 tbsp.)	40	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Peppers - SR1074 (1 tbsp.)	30	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	100	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	30	6.75	0.08	0.01	0.00	1.88	1.46	0.33
DYK Honor Roll Bar- Week 1 Day 3 :7898 - ServingDate: 04/18/2018								
Crispy Chicken Sandwich - OKR1124 (1 burger)	50	430.00	17.00	2.50	0.00	670.00	47.00	22.00
Hamburger - OKR1165 (1 burger)	150	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Sandwich - OKR1167 (1 burger)	75	430.00	17.00	3.00	0.00	670.00	48.00	21.00
American Cheese Slices - SR1535 (1/2 oz.)	25	50.00	4.50	2.50	0.00	255.00	0.00	2.50
Provolone Cheese - OKR1213 (1/2 oz.)	25	53.33	4.00	2.00	0.00	120.00	0.00	3.33
Swiss-American Cheese - OKR1212 (1/2 oz.)	25	50.00	4.00	2.50	0.00	0.00	0.50	3.00
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Applesauce - SR1195 (1/2 c.)	10	55.51	0.13	0.01	0.00	2.64	14.89	0.23
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	25	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	50	18.89	0.18	0.03	0.00	31.03	3.96	1.15
French Fries - OKR1089 (1/2 c.)	225	110.00	3.50	0.50	0.00	130.00	18.00	2.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 1 Day 3 :7898 - ServingDate: 04/18/2018								
Chocolate Skim Milk - OKR1062 (8 oz.)	40	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	40	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	40	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Barbecue Honey Sauce - OKR1198 (1/8 c.)	20	73.76	0.00	0.00	0.00(M)	320.34	18.96	0.03
Buffalo Ranch Sauce - SR1453 (1 tbsp.)	50	16.79	1.17	0.17	0.00(M)	323.36	1.69	0.01
Caramelized Onions - SR1210 (1/4 c.)	75	66.38	2.90	0.29	0.02	4.14	9.67	1.14
Chipotle Lime Mayonnaise - SR1294 (1 tbsp.)	40	39.66	3.10	0.34	0.00(M)	104.92	3.36	0.04
Dill Pickle Chips - SR1399 (2 tbsp.)	50	0.00	0.00	0.00	0.00	101.00	0.00	0.00
Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)	20	30.00	0.00	0.00	0.00	200.00	7.50	0.00
Ketchup - SR1004 (1 tbsp.)	150	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	50	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	50	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	40	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	50	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Sauteed Peppers - OKR1210 (1/4 cup strips)	10	51.76	3.03	0.32	0.02	4.02	6.21	1.15
DYK Honor Roll Bar - Week 1 Day 4 GUTHRIE - ServingDate: 04/19/2018								
Cheeseburger - OKR1164 (1 burger)	75	350.00	13.50	5.50	0.00	705.00	34.00	20.50
Crispy Chicken Sandwich - OKR1124 (1 burger)	50	430.00	17.00	2.50	0.00	670.00	47.00	22.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 1 Day 4 GUTHRIE - ServingDate: 04/19/2018								
Chicken Fried Steak Sandwich - OKR1234 (1 sandwich)	0	470.00	21.00	5.00	0.00	590.00	50.00	22.00
Hamburger - OKR1165 (1 burger)	25	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Sandwich - OKR1167 (1 burger)	75	430.00	17.00	3.00	0.00	670.00	48.00	21.00
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Crispy Whole Apple - SR1161 (1 extra smal)	15	47.79	0.16	0.03	0.00	0.92	12.69	0.24
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Chilled Bartlett Pears - SR1194 (1/2 c.)	10	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Fresh Broccoli Florets - SR1027 (1/2 c.)	25	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	50	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Country Style Potato Wedges - OKR1399 (1/2 c.)	200	119.95	4.00	0.50	0.00	139.95	19.99	2.00
Chocolate Skim Milk - OKR1062 (8 oz.)	40	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	40	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	40	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Dill Pickle Chips - SR1399 (2 tbsp.)	40	0.00	0.00	0.00	0.00	101.00	0.00	0.00
Ketchup - SR1004 (1 tbsp.)	150	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Shredded Lettuce - SR1015 (1/4 cup shredd)	50	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	50	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	50	0.00	0.00	0.00	0.00	165.00	0.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 1 Day 4 GUTHRIE - ServingDate: 04/19/2018								
Yellow Onion - SR1264 (2 tbsp.)	30	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Peppers - SR1074 (1 tbsp.)	40	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	100	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	30	6.75	0.08	0.01	0.00	1.88	1.46	0.33
DYK Honor Roll Bar - Week 1 Day 5 :7898 - ServingDate: 04/20/2018								
Cheeseburger - OKR1164 (1 burger)	75	350.00	13.50	5.50	0.00	705.00	34.00	20.50
Crispy Chicken Sandwich - OKR1124 (1 burger)	50	430.00	17.00	2.50	0.00	670.00	47.00	22.00
Hamburger - OKR1165 (1 burger)	25	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Sandwich - OKR1167 (1 burger)	75	430.00	17.00	3.00	0.00	670.00	48.00	21.00
Three Cheese Toaster - OKR1013 (1 panini)	50	330.00	17.00	9.25	0.00	835.00	29.00	18.00
100% Apple Juice - SR1204 (4 fl oz cup)	125	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Mixed Fruit - SR1037 (1/2 c.)	10	59.05	0.00	0.00	0.00	5.13	15.22	0.59
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Celery Sticks - SR1014 (6 stick (4")	50	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Garden Side Salad - SR1429 (1 c.)	40	18.89	0.18	0.03	0.00	31.03	3.96	1.15
French Fries - OKR1089 (1/2 c.)	200	110.00	3.50	0.50	0.00	130.00	18.00	2.00
Chocolate Skim Milk - OKR1062 (8 oz.)	40	120.00	0.00	0.00	0.00	180.00	20.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 1 Day 5 :7898 - ServingDate: 04/20/2018								
White 1% Milk - OKR1061 (8 oz.)	40	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	40	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Dill Pickle Chips - SR1399 (2 tbsp.)	40	0.00	0.00	0.00	0.00	101.00	0.00	0.00
Ketchup - SR1004 (1 tbsp.)	150	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Shredded Lettuce - SR1015 (1/4 cup shredd)	30	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	50	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	50	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Yellow Onion - SR1264 (2 tbsp.)	30	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Peppers - SR1074 (1 tbsp.)	30	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	100	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	30	6.75	0.08	0.01	0.00	1.88	1.46	0.33
DYK Honor Roll Bar - Week 2 Day 1 :7898 - ServingDate: 04/23/2018								
Cheeseburger - OKR1164 (1 burger)	50	350.00	13.50	5.50	0.00	705.00	34.00	20.50
Crispy Chicken Sandwich - OKR1124 (1 burger)	50	430.00	17.00	2.50	0.00	670.00	47.00	22.00
Corn Dog - SR1023 (1 corn dog)	50	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Hamburger - OKR1165 (1 burger)	50	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Sandwich - OKR1167 (1 burger)	75	430.00	17.00	3.00	0.00	670.00	48.00	21.00
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 2 Day 1 :7898 - ServingDate: 04/23/2018								
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Pineapple Tidbits - SR1495 (1/2 c.)	10	71.56	0.10	0.01	0.00	1.19	18.73	0.50
Fresh Baby Carrots - SR1016 (1/2 c.)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	25	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Tater Tots - OKR1073 (1/2 c.)	250	90.55	3.52	0.00	0.00	160.97	14.09	1.01
Chocolate Skim Milk - OKR1062 (8 oz.)	25	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	25	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 tbsp.)	200	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	75	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	75	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	50	22.06	1.10	0.22	0.00	141.18	3.53	0.00
DYK Honor Roll Bar - Week 2 Day 2 :7898 - ServingDate: 04/24/2018								
Cheeseburger - OKR1164 (1 burger)	50	350.00	13.50	5.50	0.00	705.00	34.00	20.50
Crispy Chicken Sandwich - OKR1124 (1 burger)	50	430.00	17.00	2.50	0.00	670.00	47.00	22.00
Hamburger - OKR1165 (1 burger)	50	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Pulled Pork Sandwich - OKR1216 (1 sandwich)	50	403.10	19.15	5.88	0.00	326.70	31.00	28.18
Spicy Chicken Sandwich - OKR1167 (1 burger)	75	430.00	17.00	3.00	0.00	670.00	48.00	21.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 2 Day 2 :7898 - ServingDate: 04/24/2018								
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	15	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	10	59.11	0.04	0.00	0.00	5.37	15.54	0.85
Western Baked Beans - OKR1318 (1/2 c.)	75	190.92	0.01	0.00	0.00	797.38	44.03	7.66
Fresh Broccoli Florets - SR1027 (1/2 c.)	50	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	25	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Chocolate Skim Milk - OKR1062 (8 oz.)	25	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Dill Pickle Chips - SR1399 (2 tbsp.)	25	0.00	0.00	0.00	0.00	101.00	0.00	0.00
Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)	25	30.00	0.00	0.00	0.00	200.00	7.50	0.00
Ketchup - SR1004 (1 tbsp.)	150	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Shredded Lettuce - SR1015 (1/4 cup shredd)	30	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	50	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	50	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Yellow Onion - SR1264 (2 tbsp.)	10	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Peppers - SR1074 (1 tbsp.)	20	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	75	22.06	1.10	0.22	0.00	141.18	3.53	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 2 Day 2 :7898 - ServingDate: 04/24/2018								
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	30	6.75	0.08	0.01	0.00	1.88	1.46	0.33
DYK Honor Roll Bar - Week 2 Day 3 :7898 - ServingDate: 04/25/2018								
Crispy Chicken Sandwich - OKR1124 (1 burger)	50	430.00	17.00	2.50	0.00	670.00	47.00	22.00
Hamburger - OKR1165 (1 burger)	100	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Sandwich - OKR1167 (1 burger)	75	430.00	17.00	3.00	0.00	670.00	48.00	21.00
American Cheese Slices - SR1535 (1/2 oz.)	25	50.00	4.50	2.50	0.00	255.00	0.00	2.50
Provolone Cheese - OKR1213 (1/2 oz.)	25	53.33	4.00	2.00	0.00	120.00	0.00	3.33
Swiss-American Cheese - OKR1212 (1/2 oz.)	25	50.00	4.00	2.50	0.00	0.00	0.50	3.00
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Applesauce - SR1195 (1/2 c.)	10	55.51	0.13	0.01	0.00	2.64	14.89	0.23
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	25	18.89	0.18	0.03	0.00	31.03	3.96	1.15
French Fries - OKR1089 (1/2 c.)	200	110.00	3.50	0.50	0.00	130.00	18.00	2.00
Chocolate Skim Milk - OKR1062 (8 oz.)	50	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Barbecue Honey Sauce - OKR1198 (1/8 c.)	10	73.76	0.00	0.00	0.00(M)	320.34	18.96	0.03

Menu Calendar Nutrient Analysis Report - April, 2018

Site: Junior High School
Date: 04/01/2018 - 04/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 2 Day 3 :7898 - ServingDate: 04/25/2018								
Buffalo Ranch Sauce - SR1453 (1 tbsp.)	20	16.79	1.17	0.17	0.00(M)	323.36	1.69	0.01
Caramelized Onions - SR1210 (1/4 c.)	25	66.38	2.90	0.29	0.02	4.14	9.67	1.14
Chipotle Lime Mayonnaise - SR1294 (1 tbsp.)	40	39.66	3.10	0.34	0.00(M)	104.92	3.36	0.04
Dill Pickle Chips - SR1399 (2 tbsp.)	50	0.00	0.00	0.00	0.00	101.00	0.00	0.00
Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)	10	30.00	0.00	0.00	0.00	200.00	7.50	0.00
Ketchup - SR1004 (1 tbsp.)	150	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	45	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	45	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Yellow Onion - SR1264 (2 tbsp.)	30	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Peppers - SR1074 (1 tbsp.)	40	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	75	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Sauteed Peppers - OKR1210 (1/4 cup strips)	10	51.76	3.03	0.32	0.02	4.02	6.21	1.15
DYK Honor Roll Bar - Turkey Banh Mi - ServingDate: 04/26/2018								
Cheeseburger - OKR1164 (1 burger)	50	350.00	13.50	5.50	0.00	705.00	34.00	20.50
Crispy Chicken Sandwich - OKR1124 (1 burger)	50	430.00	17.00	2.50	0.00	670.00	47.00	22.00
Hamburger - OKR1165 (1 burger)	50	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Sandwich - OKR1167 (1 burger)	75	430.00	17.00	3.00	0.00	670.00	48.00	21.00
Turkey Banh Mi - SR1941 (1 sandwich)	0	330.05	10.08	2.52	0.00	658.81	37.38	24.61

Menu Calendar Nutrient Analysis Report - April, 2018

Site: Junior High School
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Turkey Banh Mi - ServingDate: 04/26/2018								
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	15	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	15	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Chilled Bartlett Pears - SR1194 (1/2 c.)	10	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Fresh Broccoli Florets - SR1027 (1/2 c.)	75	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	250	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Country Style Potato Wedges - OKR1399 (1/2 c.)	200	119.95	4.00	0.50	0.00	139.95	19.99	2.00
Chocolate Skim Milk - OKR1062 (8 oz.)	50	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	75	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Dill Pickle Chips - SR1399 (2 tbsp.)	30	0.00	0.00	0.00	0.00	101.00	0.00	0.00
Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)	25	30.00	0.00	0.00	0.00	200.00	7.50	0.00
Ketchup - SR1004 (1 pump)	200	40.00	0.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	25	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	50	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	50	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Yellow Onion - SR1264 (2 tbsp.)	15	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Peppers - SR1074 (1 tbsp.)	25	0.00	0.00	0.00	0.00	174.42	0.00	0.00

Menu Calendar Nutrient Analysis Report - April, 2018

Site: Junior High School
Date: 04/01/2018 - 04/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Turkey Banh Mi - ServingDate: 04/26/2018								
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	100	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	25	6.75	0.08	0.01	0.00	1.88	1.46	0.33
DYK Honor Roll Bar - Week 2 Day 5 :7898 - ServingDate: 04/27/2018								
Cheeseburger - OKR1164 (1 burger)	50	350.00	13.50	5.50	0.00	705.00	34.00	20.50
Crispy Chicken Sandwich - OKR1124 (1 burger)	50	430.00	17.00	2.50	0.00	670.00	47.00	22.00
Cowboy Steak Sandwich - OKR1144 (1 sandwich)	75	332.55	12.15	5.08	0.00	665.85	39.12	18.18
Hamburger - OKR1165 (1 burger)	50	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Sandwich - OKR1167 (1 burger)	75	430.00	17.00	3.00	0.00	670.00	48.00	21.00
100% Apple Juice - SR1204 (4 fl oz cup)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Mixed Fruit - SR1037 (1/2 c.)	10	59.05	0.00	0.00	0.00	5.13	15.22	0.59
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Celery Sticks - SR1014 (6 stick (4")	50	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Garden Side Salad - SR1429 (1 c.)	50	18.89	0.18	0.03	0.00	31.03	3.96	1.15
French Fries - OKR1089 (1/2 c.)	200	110.00	3.50	0.50	0.00	130.00	18.00	2.00
Chocolate Skim Milk - OKR1062 (8 oz.)	25	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - April, 2018

Site: Junior High School
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 2 Day 5 :7898 - ServingDate: 04/27/2018								
Dill Pickle Chips - SR1399 (2 tbsp.)	30	0.00	0.00	0.00	0.00	101.00	0.00	0.00
Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)	15	30.00	0.00	0.00	0.00	200.00	7.50	0.00
Ketchup - SR1004 (1 tbsp.)	200	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Shredded Lettuce - SR1015 (1/4 cup shredd)	25	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	50	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	50	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Yellow Onion - SR1264 (2 tbsp.)	15	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Peppers - SR1074 (1 tbsp.)	25	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	200	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	25	6.75	0.08	0.01	0.00	1.88	1.46	0.33
DYK Honor Roll Bar - Week 3 Day 1 :7898 - ServingDate: 04/30/2018								
Cheeseburger - OKR1164 (1 burger)	75	350.00	13.50	5.50	0.00	705.00	34.00	20.50
Crispy Chicken Sandwich - OKR1124 (1 burger)	50	430.00	17.00	2.50	0.00	670.00	47.00	22.00
Chili Cheese Hotdog - OKR1086 (1 serving)	50	432.78	16.00	5.00	0.00	853.37	49.93	22.54
Hamburger - OKR1165 (1 burger)	25	300.00	9.00	3.00	0.00	450.00	34.00	18.00
Spicy Chicken Sandwich - OKR1167 (1 burger)	75	430.00	17.00	3.00	0.00	670.00	48.00	21.00
100% Apple Juice - SR1204 (4 fl oz cup)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	25	105.02	0.39	0.13	0.00	1.18	26.95	1.29

Menu Calendar Nutrient Analysis Report - April, 2018

Site: Junior High School
Date: 04/01/2018 - 04/30/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
DYK Honor Roll Bar - Week 3 Day 1 :7898 - ServingDate: 04/30/2018								
Fresh Whole Oranges - SR1171 (1 small (2-3))	15	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Pineapple Tidbits - SR1495 (1/2 c.)	10	71.56	0.10	0.01	0.00	1.19	18.73	0.50
Fresh Baby Carrots - SR1016 (1/2 c.)	75	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	50	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Tater Tots - OKR1073 (1/2 c.)	225	90.55	3.52	0.00	0.00	160.97	14.09	1.01
Chocolate Skim Milk - OKR1062 (8 oz.)	75	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	50	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	75	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Dill Pickle Chips - SR1399 (2 tbsp.)	30	0.00	0.00	0.00	0.00	101.00	0.00	0.00
Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)	15	30.00	0.00	0.00	0.00	200.00	7.50	0.00
Ketchup - SR1004 (1 pump)	150	40.00	0.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	20	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	75	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	75	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Yellow Onion - SR1264 (2 tbsp.)	25	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Peppers - SR1074 (1 tbsp.)	20	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	200	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	20	6.75	0.08	0.01	0.00	1.88	1.46	0.33

Legend

(M) - Missing Nutrient Values

Menu Calendar Nutrient Analysis Report - April, 2018

Site: Junior High School
Date: 04/01/2018 - 04/30/2018

Report Selections

Meal Type: Lunch
Site Group: Did You Know Café
Menu Line: DYK-Honor Roll Bar
Serving Group: 6-8
Nutrients Option: Expanded