






# Guthrie Public Schools Guthrie Junior High

## September 2017

Assorted Sides	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Served Daily:</b> Assorted Dry Cereal Canned Fruit Fresh Fruit Orange Juice Apple Juice Assorted FF or Lowfat Milk					1 Biscuit & Gravy OR Cinnamon Roll w/Icing
	4 NO SCHOOL LABOR DAY	5 Oatmeal OR Mini Blueberry Pancakes	6 Bagel & Cream Cheese OR Breakfast Pizza	7 Egg & Cheese Biscuit OR Waffle w/Syrup	8 Biscuit & Gravy OR Pancake on a Stick
	11 Scrambled Eggs w/Graham Crackers OR Yogurt w/Graham Crackers	12 Sausage Biscuit OR Maple Waffle	13 Bagel & Cream Cheese OR Breakfast Pizza	14 Oatmeal OR Cheese Omelet	15 Biscuit & Gravy OR Cinnamon Roll w/Icing
					
		<b>New Menu</b>		<b>More Choices</b>	

A meal consists of 3 food groups: Grains, Fruit/ Vegetables and Milk. Students must pick at least 3 items from the 4 items offered from the 3 food groups.

Menu items are subject to change due to availability	Child Nutrition Office 405.282.5952
<small>In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.</small>	