

Guthrie Junior High

August 14-18

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Oven Baked Tater Tot Casserole with Biscuit and Chicken Nachos offered with Mixed Veggies

Daily Special



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hamburger, Cheeseburger, Spicy & Regular Chicken Sandwich offered with Tater Tots

Daily Special & Everyday



Pizzas are made with low sodium sauce, low fat cheeses and a whole grain crust

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Beef Taco Pizza and Pepperoni Pizza

Daily Special & Everyday



Fast Takes products are made daily using local ingredients when seasonally available

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Chicken Caesar Salad, Ham & Cheese, Turkey & Cheese Subs

V Vegetarian

SP Smart Pick

We use menu identifiers in the café to help student recognize Vegetarian & Smart Pick options. Smart Pick selections meet specific criteria for fat, sodium & calories.

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

