#### THIS WEEK'S WORLD OF FLAVOR CELEBRATES THE CULTURE AND CUISINE OF THE MEDITERRANEAN.

IN A HURRY. **NO WORRY!** 

Fresh Baked

Bread Offered Daily

with Salad





A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.

## FAST TAKES

#### **OFFERED DAILY**

Chef Salad, Chicken Caesar Wrap, Turkey and Cheese, Ham and Cheese, Italian **or** Hummus

#### CHECK THIS OUT!

RANEAN FLAVORS TERRAME

Balsamic chicken salad or sub on an Italian herb roll with bruschetta topping.

#### **EVERYDAY SELECTIONS**

Custom Subs with a Variety of Cheeses, Fresh Baked Breads and Premium Sauces

#### **OTHER DAILY OPTIONS**

Hummus

#### **TRY THIS ONE!**

TERRANEAN Balsamic chicken salad or sub on an Italian herb roll with bruschetta topping.

# GRILI

#### **EVERYDAY SELECTIONS**

Classic Hamburger Crispy Chicken Sandwich

Monday Corn Dog Tuesday Rib-B-Que Wednesday Toasted Cheese Sandwich Thursday Hot Dog Friday Chicken Tender Sandwich

#### Toppings Sliced Cheddar Cheese

Toppings

Shredded Lettuce

Sliced Tomatoes

Sliced Red Onion

Jalapeños

**Pickles** 

DARE TO

Sliced Pepper Jack Cheese Shredded Lettuce Sliced Tomatoes Sliced Red Onion Jalapeños **Pickles** 

> Veggie Sticks or French Fries

Offered with Toasted

Garlic Caesar Salad

Offered with

This week in **GL NRA** 



Choice of: Tortilla Chips, 6" & 10" Tortilla, Cilantro Lime Rice or Taco Salad Bowl

#### **EVERYDAY SELECTIONS**

Taco Beef or Cheddar Cheese Sauce

Monday Carnitas served with Refried Beans or Aztec Corn

Tuesday Fajita Chicken served with Mexican Black Beans or Aztec Corn

Wednesday Carnitas served with Refried Beans or Aztec Corn

Thursday Fajita Chicken served with Black Beans or Aztec Corn

Friday Carnitas served with Refried Beans or Aztec

#### KICK IT UP A NOTCH

By adding one of our World of Flavor specialty sauces.

#### **Roasted Garlic Sauce**

A blend of roasted garlic, lemon juice and herbs, combined with Greek yogurt and mayo and blended until smooth.

#### Tzatziki Sauce

A traditional Greek sauce made of cucumber, dill, lemon juice and Greek yogurt.

**Creamy Sriracha** Mayonnaise infused with spicy sriracha chili

#### sauce.

#### **Garlic Parmesan**

Mayonnaise blended with grated Parmesan cheese, mustard, garlic and creamy Greek yogurt.

### This week in ADVENTURE



**EVERYDAY** Italian Meatball Sub

Monday Carnitas Sub served with Carnitas Slaw and Crispy Potato Wedges

Tuesday Korean BBQ Roll served with Pickled Cucumber and Cilantro and Crispy Potato Wedges

Wednesday Roasted Turkey Gyro served with Lettuce and Tomato Salad and Crispy Potato Wedges

Thursday Asian Meatball Sub served with Pickled Cucumbers and Cilantro and Crispy Potato Wedges

Friday Pulled Chipotle Cinnamon BBQ served with Peach Slaw and Crispy Potato Wedges

# **PI77A**

**EVERYDAY SELECTIONS** Cheese Pizza

M/W/F: Pepperoni, Tu: Sausage, Th: Hawaiian

**DAILY PASTA OPTIONS** 

Spaghetti & Meat Sauce



#### SHAKE IT UP!

FLAVORS TERRAREAT

Balsamic chicken pizza topped with mozzarella cheese, diced tomatoes and chopped basil.

Additional nutrition information available upon request. This institution is an equal opportunity provider.

WURLD of TERRAH

**DCTOBER 14-18** 

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