











Guthrie High School September 2017

Assorted Sides	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OFFERED DAILY: Toss Up Salad Bar Made To Order Deli Salad Mix Fresh Vegetables Hot Vegetable Chilled Fruit Fresh Fruit Variety of Milk					1 Philly Beef Cheesesteak OR Philly Chicken Cheesesteak
	4 NO SCHOOL LABOR DAY	5 Crispy Beef Taco OR Chicken Taco Spanish Rice	6 Fajita Chicken or Pull Pork Baked Potato OR Fajita Chicken or Pulled Pork Sandwich	7 Chicken Fajita Taco OR Beef Taco Spanish Rice	8 Philly Beef Cheesesteak OR Philly Chicken Cheesesteak
	11 Chicken Teriyaki Rice Bowl OR Meatball Sub	12 Chicken Parmesan OR Chicken Scampi w/Breadstick	13 Meatloaf & Potato Bowl w/Biscuit OR Chicken Tender Bowl	14 Oven Baked Beef Penne OR Garlic Chicken Penne Breadstick	15 Philly Beef Cheesesteak OR Philly Chicken Cheesesteak
					
					
					
	Cheeseburger Hamburger Chicken Sandwich Spicy Chicken Sand <i>Tator Tots</i>	Cheeseburger Hamburger Chicken Sandwich Spicy Chicken Sand <i>Potato Wedges</i>	Cheeseburger Hamburger Chicken Sandwich Spicy Chicken Sand <i>Tator Tots</i>	Cheeseburger Hamburger Chicken Sandwich Spicy Chicken Sand <i>Potato Wedges</i>	Cheeseburger Hamburger Chicken Sandwich Spicy Chicken Sand <i>Tator Tots</i>
	BBQ Chicken Pizza Pepperoni Pizza* Cheese Pizza* *(9-11 Only)	Cheese Pizza Pepperoni Pizza* BBQ Chicken Pizza* *(9-12 Only)	Sausage Pizza (9-6 Only) BBQ Chicken Pizza Pepperoni Pizza* Meatlovers Pizza* *(9-13 Only)	Meatlovers Pizza (9-7 Only) Sausage Pizza Pepperoni Pizza* Chicken Alfredo Pizza* *(9-14 Only)	Cheese Pizza Pepperoni Pizza* Taco Pizza* *(9-15 Only)
	Chef Salad w/WG Crackers Turkey Sub Ham Sub	Crispy Buffalo Chicken Salad w/ WG Crackers Turkey Sub Turkey Sub Ham Sub	Italian Chicken Salad w/WG Crackers Turkey Sub Turkey Sub Ham Sub	Chicken Salad w/WG Crackers Turkey Sub Turkey Sub Ham Sub	Chicken Caesar Salad w/WG Crackers Turkey Sub Turkey Sub Ham Sub

Menu items are subject to change due to availability	Child Nutrition Office 405.282.5952
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A meal consists of 5 components: Meat/ Meat Alternate, Grains, Fruit, Vegetables and Milk Students must pick at least 3 components and one must be a fruit or vegetable. Students may pick all five components.