

Guthrie High School

October 16-20

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

SIDES

A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special

CREATIONS

MONDAY	Creamy Mac & Cheese offered with a Breadstick & Roasted Carrots
TUESDAY	Chicken Parmesan offered with a Breadstick & Seasoned Mixed Vegetables
WEDNESDAY	Teriyaki Beef offered with Lo Mein Pasta, Green Peas and a Egg Roll
THURSDAY	Frito Chili Pie offered with Green Peas
FRIDAY	NO SCHOOL FALL BREAK

Daily Special & Everyday

Crispy Chicken Sandwich, Spicy Chicken Sandwich, Hamburger and Cheeseburgers offered daily!

GRILL

MONDAY	Corndog offered with Tater Tots
TUESDAY	BBQ Pork Sandwich offered with Baked Beans
WEDNESDAY	Build a Better Burger offered with French Fries
THURSDAY	Chicken Fried Steak offered with Potato Wedges
FRIDAY	NO SCHOOL FALL BREAK

Daily Special & Everyday

Cheese and Pepperoni Pizza offered daily

PIZZA

***Eat the Heat Promotional Item*

MONDAY	Supreme Pizza
TUESDAY	Hawaiian Pizza
WEDNESDAY	**Buffalo Chicken Pizza
THURSDAY	Sausage Pizza
FRIDAY	NO SCHOOL FALL BREAK

Daily Specials

Nacho Bar offered daily with variety of Cheese Sauces, Mexican Pulled Chicken, Refried Beans or Crumbled Beef

SALSA

Entrée made fresh daily using low fat

MONDAY	Taco Salad offered with Refried Beans
TUESDAY	Beef Enchilada offered with Fiesta Potatoes
WEDNESDAY	Bean & Cheese Burrito offered with Frijoles Charro Beans V
THURSDAY	Chicken Enchilada Suiza offered with Fiesta Potatoes
FRIDAY	NO SCHOOL FALL BREAK

Daily Specials & Everyday

Turkey, Ham and American Subs made fresh and offered daily

Fast Takes products are made daily using local ingredients when seasonally available

FAST TAKES

MONDAY	Hearty Garden Salad (V) or Sweet & Spicy Sub V
TUESDAY	Chef Salad or Fiesta Wrap
WEDNESDAY	Antipasto Salad or Southwest Turkey Sub V
THURSDAY	Chicken Caesar Salad or Southwest Chicken Wrap
FRIDAY	NO SCHOOL FALL BREAK

V Vegetarian

M Mindful

We use menu identifiers in the café to help students recognize Vegetarian & Mindful options. Mindful selections meet specific criteria for fat, sodium & calories.

This institution is an equal opportunity provider.

CROSSROADS

CAFE

by sodexo*