

THIS WEEK'S WORLD OF FLAVOR CELEBRATES THE CULTURE AND CUISINE OF AMERICAN REGIONAL.



## EXTRAS

A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.

## FAST TAKES

**IN A HURRY,  
NO WORRY!**

### OFFERED DAILY

Chef Salad, Chicken Caesar Wrap, Turkey and Cheese, Ham and Cheese, Italian or Hummus



Fresh Baked Bread Offered Daily with Salad



### CHECK THIS OUT!

Southwest BBQ chicken salad or sub on a freshly baked roasted garlic roll layered with cheddar cheese, crispy peppers and onions.

## DELI

### EVERYDAY SELECTIONS

Custom Subs with a Variety of Cheeses, Fresh Baked Breads and Premium Sauces

### Toppings

Shredded Lettuce  
Sliced Tomatoes  
Sliced Red Onion  
Jalapeños  
Pickles

### OTHER DAILY OPTIONS

Hummus



### TRY THIS ONE!

Southwest BBQ chicken salad or sub on a freshly baked roasted garlic roll layered with cheddar cheese, crispy peppers and onions.

## GRILL

### EVERYDAY SELECTIONS

Classic Hamburger  
Crispy Chicken Sandwich

### Toppings

Sliced Cheddar Cheese  
Sliced Pepper Jack Cheese  
Shredded Lettuce  
Sliced Tomatoes  
Sliced Red Onion  
Jalapeños  
Pickles

**Monday** Corn Dog

**Tuesday** Rib-B-Que

**Wednesday** Toasted Cheese Sandwich

**Thursday** Hot Dog

**Friday** Chicken Tender Sandwich

Offered with Veggie Sticks or French Fries

## PIZZA

### EVERYDAY SELECTIONS

Cheese Pizza  
M/W/F: Pepperoni, Tu: Sausage, Th: Hawaiian

Offered with Toasted Garlic Caesar Salad

### DAILY PASTA OPTIONS

Cheddar Mac and Cheese



Fresh Baked Bread Offered Daily with Pasta



### SHAKE IT UP!

Southwest BBQ chicken pizza layered with roasted peppers, onions, diced tomatoes, fresh scallions and a smoky BBQ sauce.

## This week in GLOBAL



### CHOOSE YOUR PASTA

Whole Grain or White Grain Penne Pasta or Spaghetti Pasta

### TOP IT OFF

Tuscan Vegetable Blend, Beef Meatballs or Roasted Chicken

### SAUCE IT UP!

Alfredo or Marinara Sauce

SERVED WITH BROCCOLI AND A BREADSTICK

## KICK IT UP A NOTCH

By adding one of our World of Flavor specialty sauces.

### Buffalo Ranch Sauce

Buttermilk ranch dressing blended with cayenne pepper sauce.

### Banana Pepper Sauce

A spicy mixture of sliced banana peppers and cayenne pepper sauce blended with buttermilk ranch dressing.

### Creamy Sriracha

Mayonnaise infused with spicy sriracha chili sauce.

### Garlic Parmesan

Mayonnaise blended with grated Parmesan cheese, mustard, garlic and creamy Greek yogurt.



This week in

## ADVENTURE **Splatters**

### PICK ONE!

Crispy Chicken Tenders  
or  
Herb Roasted Chicken

### ADD ONE!

Freshly Baked Biscuit  
or  
Toasted Waffle

### CHOOSE ONE!

Mashed Potatoes and Gravy  
Tater Tot Hash  
or  
Roasted Green Beans

NOVEMBER 4-8

GUTHRIE HIGH SCHOOL

Additional nutrition information available upon request.  
This institution is an equal opportunity provider.