THIS WEEK'S WORLD OF FLAVOR CELEBRATES THE CULTURE AND CUISINE OF AMERICAN REGIONAL.





A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.

IN A HURRY,

NO WORRY!

Fresh Baked

Bread Offered Daily

with Salad





FAST TAKES

OFFERED DAILY

Chef Salad, Chicken Caesar Wrap, Turkey and Cheese, Ham and Cheese, Italian **or** Hummus

CHECK THIS OUT!

RICAN REGIONA Southwest BBQ chicken salad or sub on a freshly baked roasted garlic roll layered with cheddar cheese, crispy peppers and onions.

FLAVORS

EVERYDAY SELECTIONS

Custom Subs with a Variety of Cheeses, Fresh Baked Breads and Premium Sauces

OTHER DAILY OPTIONS

Hummus

TRY THIS ONE!

ICAN REGIONAL Southwest BBQ chicken salad or sub on a freshly FLAVORS baked roasted garlic roll layered with cheddar cheese, crispy peppers and onions.

GRII

EVERYDAY SELECTIONS

Classic Hamburger Crispy Chicken Sandwich

Monday Corn Dog Tuesday Rib-B-Que Wednesday Toasted Cheese Sandwich Thursday Hot Dog Friday Chicken Tender Sandwich

Toppings

Toppings

Shredded Lettuce

Sliced Tomatoes

Sliced Red Onion

Jalapeños

Pickles

DARE TO

Sliced Cheddar Cheese Sliced Pepper Jack Cheese Shredded Lettuce Sliced Tomatoes Sliced Red Onion Jalapeños **Pickles**

> Offered with Veggie Sticks or French Fries

Offered with Toasted Garlic Caesar Salad

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EVERYDAY SELECTIONS Cheese Pizza

M/W/F: Pepperoni, Tu: Sausage, Th: Hawaiian

DAILY PASTA OPTIONS

Cheddar Mac and Cheese

Fresh Baked Bread Offered Daily with Pasta

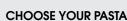
RICAN REGIONA FLAVORS

SHAKE IT UP!

Southwest BBQ chicken pizza layered with roasted peppers, onions, diced tomatoes, fresh scallions and a smoky BBQ sauce.

Additional nutrition information available upon request. This institution is an equal opportunity provider.

This week in



Whole Grain or White Grain Penne Pasta or Spaghetti Pasta

TOP IT OFF Tuscan Vegetable Blend, Beef Meatballs or Roasted Chicken

> SAUCE IT UP! Alfredo or Marinara Sauce

SERVED WITH BROCCOLI AND A BREADSTICK

KICK IT UP A NOTCH

By adding one of our World of Flavor specialty sauces.

Buffalo Ranch Sauce Buttermilk ranch dressing blended with cayenne pepper sauce.

Banana Pepper Sauce

A spicy mixture of sliced banana peppers and cayenne pepper sauce blended with buttermilk ranch dressing.

Creamy Sriracha Mayonnaise infused with spicy sriracha chili sauce.

Garlic Parmesan

Mayonnaise blended with grated Parmesan cheese, mustard, garlic and creamy Greek yogurt.

This week in ADVENTURE Sumbors

PICK ONE! **Crispy Chicken Tenders** or Herb Roasted Chicken

ADD ONE! Freshly Baked Biscuit or **Toasted Waffle**

CHOOSE ONE!

Mashed Potatoes and Gravy Tater Tot Hash or **Roasted Green Beans**

4-8 OVEMBER



ERICAN REGION