

Guthrie High School

August 14-18

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Oven Baked Tater Tot Casserole with Biscuit and Chicken Nachos offered with Mixed Veggies

Daily Special & Everyday



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hamburger, Cheeseburger, Spicy Regular Chicken Sandwich with Tater Tots

Daily Special & Everyday



Pizzas are made with low sodium sauce, low fat cheeses and a whole grain crust

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Beef Taco Pizza and Pepperoni Pizza

Daily Special & Everyday



*Turkey & Ham Subs made fresh and offered daily
Fast Takes products are made daily using local ingredients when seasonally available*

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Chicken Caesar Salad with Whole Wheat Crackers

Vegetarian
 Mindful

We use icons to identify in the cafeteria the products we recognize as Vegetarian & Mindful options. Mindful selections meet specific criteria for fat, sodium & calories.

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 2020 Independence Avenue, SW, Washington, DC 20250-9720 or call (800) 795-3272 (voice) or (202) 720-6382 (TDD). USDA is an equal opportunity provider and employer.

