Guthrie Jr High

May 7-11

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special

**Join us May 9th for the world flavors of Thailand!



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Cheese Ravioli offered with Green MONDAY

Peas and a Breadstick

Rib-b-que Sandwich offered with Green Beans **TUESDAY**

WEDNESDAY

THURSDAY

**Thai Chicken offered with Brown Rice,

Seasoned Carrots and Egg Roll Beefy Mac offered with Mixed Vegetables

and a Breadstick

Chicken Tenders offered with Mashed Potatoes **FRIDAY** & Gravy, Green Beans and a Freshly Baked Roll

Daily Special & Everyday

Crispy Chicken Sandwich, Spicy Chicken Sandwich, Hamburgers, Cheeseburgers and Chicken Strips offered daily!



MONDAY Corndog offered with Tater Tots

TUESDAY BBQ Pork Sandwich offered with

Potato Wedges

WEDNESDAY Build a Better Burger offered French

THURSDAY Chicken Fried Steak Sandwich with

Potato Wedges

FRIDAY Three Cheese Toaster with French Fries



Daily Special & Everyday

Cheese and Pepperoni Pizza offered daily

**Special Promotion: Big Time BBQ!

MONDAY Supreme Pizza

Pepperoni Calzone **TUESDAY**

WEDNESDAY Buffalo Chicken Pizza

THURSDAY Sausage Calzone

FRIDAY **Smoky BBQ Chicken Pizza



Daily Specials

MONDAY Chicken Nachos or Taco Salad

offered with Refried Beans

TUESDAY Chicken Fajita Tacos or Beef Enchilada

offered with Fiesta Potatoes

Beef Nachos or Bean & Cheese Burrito (V) **WEDNESDAY**

offered with Frijoles Charro Beans

Beef Tacos or Chicken Enchilada **THURSDAY**

Suiza offered with Fiesta Potatoes

Chicken Nachos or Fiesta Bowl offered

with Refried Beans



TUESDAY

THURSDAY

Daily Specials & Everyday

Turkey, Ham and American Subs made fresh and offered daily

Fast Takes products are made daily using local ingredients when seasonally available

MONDAY Hearty Garden Salad (V) or Sweet & Spicy

Chef Salad or Fiesta Wrap

WEDNESDAY Antipasto Salad or Southwest Turkey Sub

Chicken Caesar Salad or Southwest

Chicken Wrap

FRIDAY Cobb Salad or Chef Wrap

Vegetarian **Smart Pick**

FRIDAY

We use menu identifiers in the café to help student recognize Vegetarian & Smart Pick options. Smart Pick selections meet specific criteria for fat, sodium & calories.

This institution is an equal opportunity provider.