

Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School
 Date: 05/01/2018 - 05/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Salsa - Week 3 Day 2 - Serving Date: 05/01/2018								
Beef Enchilada - SR1345 (1 enchilada)	50	348.95	14.79	5.60	0.00	826.87	36.82	19.19
Jalapeno Cheese & Chips - OKR1110 (1 ea.)	75	317.13	17.30	6.47	0.00	597.08	30.55	10.53
Queso Blanco Cheese & Chips - OKR1111 (1 ea.)	50	316.45	17.50	6.62	0.00	578.01	30.35	9.84
Refried Beans Topping - OKR1112 (1 ea.)	25	138.38	1.48	0.00	0.00	487.03	22.73	7.91
Beef Nacho Topping - OKR1219 (1 nacho)	100	52.73	2.13	0.85	0.00	138.21	2.13	5.95
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	10	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Fresh Broccoli Florets - SR1027 (1/2 c.)	50	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	50	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Fiesta Potatoes - SR1519 (1/2 c.)	100	148.28	2.99	0.43	0.00	124.54	28.72	2.85
Chocolate Skim Milk - OKR1062 (8 oz.)	25	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Black Bean & Corn Salsa - SR1279 (2 tbsp.)	20	20.13	0.09	0.01	0.00	41.09	4.33	0.94
Caesar Dressing - SR1551 (2 tbsp.)	75	130.00	14.00	2.50	0.00	210.00	1.00	1.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Salsa - Week 3 Day 2 - ServingDate: 05/01/2018								
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	30	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	40	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Chunky Salsa - OKR1083 (1 oz.)	20	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Fire Roasted Salsa - SR1331 (1/8 c.)	20	9.42	0.01	0.00	0.00	22.93	1.99	0.34
Sour Cream - SR1659 (2 tbsp.)	40	60.00	5.00	3.50	0.00	15.00	1.00	1.00
Salsa - Week 3 Day 3 - ServingDate: 05/02/2018								
Build Your Own Burrito - OKR1114 (1 burrito)	50	387.49	13.58	4.79	0.00	888.11	49.82	19.73
Jalapeno Cheese & Chips - OKR1110 (1 ea.)	100	317.13	17.30	6.47	0.00	597.08	30.55	10.53
Queso Blanco Cheese & Chips - OKR1111 (1 ea.)	50	316.45	17.50	6.62	0.00	578.01	30.35	9.84
Mexi-Chicken Topping - OKR1218 (1 ea.)	50	44.85	1.45	0.43	0.00	94.01	1.94	6.01
Refried Beans Topping - OKR1112 (1 ea.)	50	138.38	1.48	0.00	0.00	487.03	22.73	7.91
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Applesauce - SR1195 (1/2 c.)	10	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	40	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Frijoles ala Charro - OKR1230 (1/2 c.)	75	92.49	0.04	0.01	0.00	127.27	16.90	5.44
Garden Side Salad - SR1429 (1 c.)	50	18.89	0.18	0.03	0.00	31.03	3.96	1.15

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Salsa - Week 3 Day 3 - ServingDate: 05/02/2018								
Chocolate Skim Milk - OKR1062 (8 oz.)	25	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Black Bean & Corn Salsa - SR1279 (2 tbsp.)	20	20.13	0.09	0.01	0.00	41.09	4.33	0.94
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	30	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	65	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Chunky Salsa - OKR1083 (1 oz.)	20	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Fire Roasted Salsa - SR1331 (1/8 c.)	30	9.42	0.01	0.00	0.00	22.93	1.99	0.34
Sour Cream - SR1659 (2 tbsp.)	40	60.00	5.00	3.50	0.00	15.00	1.00	1.00
Salsa - Week 3 Day 4 - ServingDate: 05/03/2018								
Chicken Enchilada Suiza - OKR1037 (2 enchilada)	25	417.37	18.65	7.36	0.00	972.36	36.66	25.80
Jalapeno Cheese & Chips - OKR1110 (1 ea.)	75	317.13	17.30	6.47	0.00	597.08	30.55	10.53
Queso Blanco Cheese & Chips - OKR1111 (1 ea.)	50	316.45	17.50	6.62	0.00	578.01	30.35	9.84
Refried Beans Topping - OKR1112 (1 ea.)	25	138.38	1.48	0.00	0.00	487.03	22.73	7.91
Beef Nacho Topping - OKR1219 (1 nacho)	75	52.73	2.13	0.85	0.00	138.21	2.13	5.95
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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Salsa - Week 3 Day 4 - ServingDate: 05/03/2018								
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Bartlett Pears - SR1194 (1/2 c.)	10	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Fresh Broccoli Florets - SR1027 (1/2 c.)	50	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	50	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Fiesta Potatoes - SR1519 (1/2 c.)	125	148.28	2.99	0.43	0.00	124.54	28.72	2.85
Chocolate Skim Milk - OKR1062 (8 oz.)	25	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Black Bean & Corn Salsa - SR1279 (2 tbsp.)	30	20.13	0.09	0.01	0.00	41.09	4.33	0.94
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	0.00	210.00	1.00	1.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	30	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	35	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Chunky Salsa - OKR1083 (1 oz.)	30	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Fire Roasted Salsa - SR1331 (1/8 c.)	30	9.42	0.01	0.00	0.00	22.93	1.99	0.34
Sour Cream - SR1659 (2 tbsp.)	40	60.00	5.00	3.50	0.00	15.00	1.00	1.00

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5.4.18 Churro Day - ServingDate: 05/04/2018								
Fiesta Bowl - OKR1094 (1 portion)	25	563.27	15.94	5.00	0.03	1158.03	73.98	33.08
Jalapeno Cheese & Chips - OKR1110 (1 ea.)	100	317.13	17.30	6.47	0.00	597.08	30.55	10.53
Queso Blanco Cheese & Chips - OKR1111 (1 ea.)	50	316.45	17.50	6.62	0.00	578.01	30.35	9.84
Mexi-Chicken Topping - OKR1218 (1 ea.)	50	44.85	1.45	0.43	0.00	94.01	1.94	6.01
Refried Beans Topping - OKR1112 (1 ea.)	50	138.38	1.48	0.00	0.00	487.03	22.73	7.91
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Mixed Fruit - SR1037 (1/2 c.)	10	49.99	0.00	0.00	0.00	4.35	12.89	0.50
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Celery Sticks - SR1014 (6 stick (4")	60	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Garden Side Salad - SR1429 (1 c.)	50	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Refried Beans - SR1070 (1/2 c.)	100	138.38	1.48	0.00	0.00	487.03	22.73	7.91
Chocolate Skim Milk - OKR1062 (8 oz.)	40	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	40	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	40	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Black Bean & Corn Salsa - SR1279 (2 tbsp.)	30	20.13	0.09	0.01	0.00	41.09	4.33	0.94
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
5.4.18 Churro Day - ServingDate: 05/04/2018								
Jalapeno Peppers - SR1074 (1 tbsp.)	40	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	75	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Chunky Salsa - OKR1083 (1 oz.)	30	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Fire Roasted Salsa - SR1331 (1/8 c.)	30	9.42	0.01	0.00	0.00	22.93	1.99	0.34
Sour Cream - SR1659 (2 tbsp.)	40	60.00	5.00	3.50	0.00	15.00	1.00	1.00
WG Churro - OKR1440 (1 ea.)	0	200.00	6.00	1.50	0.00	105.00	33.00	4.00
Salsa - Week 4 Day 1 - ServingDate: 05/07/2018								
Jalapeno Cheese & Chips - OKR1110 (1 ea.)	75	317.13	17.30	6.47	0.00	597.08	30.55	10.53
Queso Blanco Cheese & Chips - OKR1111 (1 ea.)	100	316.45	17.50	6.62	0.00	578.01	30.35	9.84
Taco Salad - OKR1172 (1 bowl)	25	428.43	17.64	6.74	0.01	694.37	48.27	22.32
Mexi-Chicken Topping - OKR1218 (1 ea.)	75	44.85	1.45	0.43	0.00	94.01	1.94	6.01
Refried Beans Topping - OKR1112 (1 ea.)	75	138.38	1.48	0.00	0.00	487.03	22.73	7.91
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	15	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	15	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	15	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Pineapple Tidbits - SR1495 (1/2 c.)	15	75.84	0.10	0.01	0.00	1.26	19.84	0.53
Fresh Baby Carrots - SR1016 (1/2 c.)	75	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	40	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Refried Beans - SR1070 (1/2 c.)	150	138.38	1.48	0.00	0.00	487.03	22.73	7.91

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Salsa - Week 4 Day 1 - ServingDate: 05/07/2018								
Chocolate Skim Milk - OKR1062 (8 oz.)	25	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Black Bean & Corn Salsa - SR1279 (2 tbsp.)	20	20.13	0.09	0.01	0.00	41.09	4.33	0.94
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	60	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	90	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Chunky Salsa - OKR1083 (1 oz.)	40	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Fire Roasted Salsa - SR1331 (1/8 c.)	30	9.42	0.01	0.00	0.00	22.93	1.99	0.34
Sour Cream - SR1659 (2 tbsp.)	40	60.00	5.00	3.50	0.00	15.00	1.00	1.00
Salsa - Week 4 Day 2 - ServingDate: 05/08/2018								
Beef Enchilada - SR1345 (1 enchilada)	50	348.95	14.79	5.60	0.00	826.87	36.82	19.19
Jalapeno Cheese & Chips - OKR1110 (1 ea.)	100	317.13	17.30	6.47	0.00	597.08	30.55	10.53
Queso Blanco Cheese & Chips - OKR1111 (1 ea.)	100	316.45	17.50	6.62	0.00	578.01	30.35	9.84
Refried Beans Topping - OKR1112 (1 ea.)	50	138.38	1.48	0.00	0.00	487.03	22.73	7.91
Beef Nacho Topping - OKR1219 (1 nacho)	125	52.73	2.13	0.85	0.00	138.21	2.13	5.95
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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Salsa - Week 4 Day 2 - ServingDate: 05/08/2018								
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	10	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Fresh Broccoli Florets - SR1027 (1/2 c.)	40	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	40	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Fiesta Potatoes - SR1519 (1/2 c.)	150	148.28	2.99	0.43	0.00	124.54	28.72	2.85
Chocolate Skim Milk - OKR1062 (8 oz.)	40	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	40	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	40	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Black Bean & Corn Salsa - SR1279 (2 tbsp.)	20	20.13	0.09	0.01	0.00	41.09	4.33	0.94
Caesar Dressing - SR1551 (2 tbsp.)	40	130.00	14.00	2.50	0.00	210.00	1.00	1.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	30	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	40	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Chunky Salsa - OKR1083 (1 oz.)	30	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Fire Roasted Salsa - SR1331 (1/8 c.)	20	9.42	0.01	0.00	0.00	22.93	1.99	0.34
Sour Cream - SR1659 (2 tbsp.)	30	60.00	5.00	3.50	0.00	15.00	1.00	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Salsa - Week 4 Day 3 - ServingDate: 05/09/2018								
Build Your Own Burrito - OKR1114 (1 burrito)	50	387.49	13.58	4.79	0.00	888.11	49.82	19.73
Jalapeno Cheese & Chips - OKR1110 (1 ea.)	50	317.13	17.30	6.47	0.00	597.08	30.55	10.53
Queso Blanco Cheese & Chips - OKR1111 (1 ea.)	100	316.45	17.50	6.62	0.00	578.01	30.35	9.84
Mexi-Chicken Topping - OKR1218 (1 ea.)	50	44.85	1.45	0.43	0.00	94.01	1.94	6.01
Refried Beans Topping - OKR1112 (1 ea.)	50	138.38	1.48	0.00	0.00	487.03	22.73	7.91
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	15	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Applesauce - SR1195 (1/2 c.)	15	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	15	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	15	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Frijoles ala Charro - OKR1230 (1/2 c.)	75	92.49	0.04	0.01	0.00	127.27	16.90	5.44
Garden Side Salad - SR1429 (1 c.)	50	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate Skim Milk - OKR1062 (8 oz.)	25	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Black Bean & Corn Salsa - SR1279 (2 tbsp.)	20	20.13	0.09	0.01	0.00	41.09	4.33	0.94
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Salsa - Week 4 Day 3 - ServingDate: 05/09/2018								
Jalapeno Peppers - SR1074 (1 tbsp.)	30	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	75	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Chunky Salsa - OKR1083 (1 oz.)	20	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Fire Roasted Salsa - SR1331 (1/8 c.)	30	9.42	0.01	0.00	0.00	22.93	1.99	0.34
Sour Cream - SR1659 (2 tbsp.)	40	60.00	5.00	3.50	0.00	15.00	1.00	1.00
Salsa - Week 4 Day 4 - ServingDate: 05/10/2018								
Chicken Enchilada Suiza - OKR1037 (2 enchilada)	50	417.37	18.65	7.36	0.00	972.36	36.66	25.80
Jalapeno Cheese & Chips - OKR1110 (1 ea.)	100	317.13	17.30	6.47	0.00	597.08	30.55	10.53
Queso Blanco Cheese & Chips - OKR1111 (1 ea.)	100	316.45	17.50	6.62	0.00	578.01	30.35	9.84
Refried Beans Topping - OKR1112 (1 ea.)	50	138.38	1.48	0.00	0.00	487.03	22.73	7.91
Beef Nacho Topping - OKR1219 (1 nacho)	100	52.73	2.13	0.85	0.00	138.21	2.13	5.95
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	15	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	15	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	15	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Bartlett Pears - SR1194 (1/2 c.)	15	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Fresh Broccoli Florets - SR1027 (1/2 c.)	50	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	50	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Fiesta Potatoes - SR1519 (1/2 c.)	175	148.28	2.99	0.43	0.00	124.54	28.72	2.85

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Salsa - Week 4 Day 4 - ServingDate: 05/10/2018								
Chocolate Skim Milk - OKR1062 (8 oz.)	30	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	30	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	30	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Black Bean & Corn Salsa - SR1279 (2 tbsp.)	20	20.13	0.09	0.01	0.00	41.09	4.33	0.94
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	30	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	75	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Chunky Salsa - OKR1083 (1 oz.)	20	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Fire Roasted Salsa - SR1331 (1/8 c.)	20	9.42	0.01	0.00	0.00	22.93	1.99	0.34
Sour Cream - SR1659 (2 tbsp.)	40	60.00	5.00	3.50	0.00	15.00	1.00	1.00
Salsa - Week 4 Day 5 - ServingDate: 05/11/2018								
Fiesta Bowl - OKR1094 (1 portion)	25	563.27	15.94	5.00	0.03	1158.03	73.98	33.08
Jalapeno Cheese & Chips - OKR1110 (1 ea.)	50	317.13	17.30	6.47	0.00	597.08	30.55	10.53
Queso Blanco Cheese & Chips - OKR1111 (1 ea.)	100	316.45	17.50	6.62	0.00	578.01	30.35	9.84
Mexi-Chicken Topping - OKR1218 (1 ea.)	75	44.85	1.45	0.43	0.00	94.01	1.94	6.01
Refried Beans Topping - OKR1112 (1 ea.)	50	138.38	1.48	0.00	0.00	487.03	22.73	7.91
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Salsa - Week 4 Day 5 - ServingDate: 05/11/2018								
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Mixed Fruit - SR1037 (1/2 c.)	10	49.99	0.00	0.00	0.00	4.35	12.89	0.50
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Celery Sticks - SR1014 (6 stick (4")	60	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Garden Side Salad - SR1429 (1 c.)	50	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Refried Beans - SR1070 (1/2 c.)	150	138.38	1.48	0.00	0.00	487.03	22.73	7.91
Chocolate Skim Milk - OKR1062 (8 oz.)	25	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Black Bean & Corn Salsa - SR1279 (2 tbsp.)	20	20.13	0.09	0.01	0.00	41.09	4.33	0.94
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	30	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	75	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Chunky Salsa - OKR1083 (1 oz.)	20	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Fire Roasted Salsa - SR1331 (1/8 c.)	20	9.42	0.01	0.00	0.00	22.93	1.99	0.34
Sour Cream - SR1659 (2 tbsp.)	40	60.00	5.00	3.50	0.00	15.00	1.00	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Salsa - Week 5 Day 1 - ServingDate: 05/14/2018								
Jalapeno Cheese & Chips - OKR1110 (1 ea.)	75	317.13	17.30	6.47	0.00	597.08	30.55	10.53
Queso Blanco Cheese & Chips - OKR1111 (1 ea.)	50	316.45	17.50	6.62	0.00	578.01	30.35	9.84
Taco Salad - OKR1172 (1 bowl)	50	428.43	17.64	6.74	0.01	694.37	48.27	22.32
Mexi-Chicken Topping - OKR1218 (1 ea.)	50	44.85	1.45	0.43	0.00	94.01	1.94	6.01
Refried Beans Topping - OKR1112 (1 ea.)	50	138.38	1.48	0.00	0.00	487.03	22.73	7.91
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Pineapple Tidbits - SR1495 (1/2 c.)	10	75.84	0.10	0.01	0.00	1.26	19.84	0.53
Fresh Baby Carrots - SR1016 (1/2 c.)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	50	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Refried Beans - SR1070 (1/2 c.)	100	138.38	1.48	0.00	0.00	487.03	22.73	7.91
Chocolate Skim Milk - OKR1062 (8 oz.)	30	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	30	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	30	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Black Bean & Corn Salsa - SR1279 (2 tbsp.)	20	20.13	0.09	0.01	0.00	41.09	4.33	0.94
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Salsa - Week 5 Day 1 - ServingDate: 05/14/2018								
Jalapeno Peppers - SR1074 (1 tbsp.)	30	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	75	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Chunky Salsa - OKR1083 (1 oz.)	30	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Fire Roasted Salsa - SR1331 (1/8 c.)	20	9.42	0.01	0.00	0.00	22.93	1.99	0.34
Sour Cream - SR1659 (2 tbsp.)	40	60.00	5.00	3.50	0.00	15.00	1.00	1.00
Salsa - Week 5 Day 2 - ServingDate: 05/15/2018								
Beef Enchilada - SR1345 (1 enchilada)	50	348.95	14.79	5.60	0.00	826.87	36.82	19.19
Jalapeno Cheese & Chips - OKR1110 (1 ea.)	75	317.13	17.30	6.47	0.00	597.08	30.55	10.53
Queso Blanco Cheese & Chips - OKR1111 (1 ea.)	50	316.45	17.50	6.62	0.00	578.01	30.35	9.84
Refried Beans Topping - OKR1112 (1 ea.)	25	138.38	1.48	0.00	0.00	487.03	22.73	7.91
Beef Nacho Topping - OKR1219 (1 nacho)	50	52.73	2.13	0.85	0.00	138.21	2.13	5.95
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	10	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Fresh Broccoli Florets - SR1027 (1/2 c.)	50	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	50	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Fiesta Potatoes - SR1519 (1/2 c.)	100	148.28	2.99	0.43	0.00	124.54	28.72	2.85
Chocolate Skim Milk - OKR1062 (8 oz.)	30	120.00	0.00	0.00	0.00	180.00	20.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Salsa - Week 5 Day 2 - ServingDate: 05/15/2018								
While 1% Milk - OKR1061 (8 oz.)	30	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	30	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Black Bean & Corn Salsa - SR1279 (2 tbsp.)	20	20.13	0.09	0.01	0.00	41.09	4.33	0.94
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	30	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	65	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Chunky Salsa - OKR1083 (1 oz.)	30	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Fire Roasted Salsa - SR1331 (1/8 c.)	20	9.42	0.01	0.00	0.00	22.93	1.99	0.34
Sour Cream - SR1659 (2 tbsp.)	40	60.00	5.00	3.50	0.00	15.00	1.00	1.00
Salsa - Week 5 Day 3 - ServingDate: 05/16/2018								
Build Your Own Burrito - OKR1114 (1 burrito)	50	387.49	13.58	4.79	0.00	888.11	49.82	19.73
Jalapeno Cheese & Chips - OKR1110 (1 ea.)	50	317.13	17.30	6.47	0.00	597.08	30.55	10.53
Queso Blanco Cheese & Chips - OKR1111 (1 ea.)	50	316.45	17.50	6.62	0.00	578.01	30.35	9.84
Mexi-Chicken Topping - OKR1218 (1 ea.)	50	44.85	1.45	0.43	0.00	94.01	1.94	6.01
Refried Beans Topping - OKR1112 (1 ea.)	75	138.38	1.48	0.00	0.00	487.03	22.73	7.91
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Salsa - Week 5 Day 3 - ServingDate: 05/16/2018								
Applesauce - SR1195 (1/2 c.)	10	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Frijoles ala Charro - OKR1230 (1/2 c.)	100	92.49	0.04	0.01	0.00	127.27	16.90	5.44
Garden Side Salad - SR1429 (1 c.)	50	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate Skim Milk - OKR1062 (8 oz.)	40	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	40	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	40	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Black Bean & Corn Salsa - SR1279 (2 tbsp.)	30	20.13	0.09	0.01	0.00	41.09	4.33	0.94
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	30	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	75	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Chunky Salsa - OKR1083 (1 oz.)	20	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Fire Roasted Salsa - SR1331 (1/8 c.)	20	9.42	0.01	0.00	0.00	22.93	1.99	0.34
Sour Cream - SR1659 (2 tbsp.)	40	60.00	5.00	3.50	0.00	15.00	1.00	1.00
Salsa - Week 5 Day 4 - ServingDate: 05/17/2018								
Chicken Enchilada Suiza - OKR1037 (2 enchilada)	25	417.37	18.65	7.36	0.00	972.36	36.66	25.80

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Salsa - Week 5 Day 4 - ServingDate: 05/17/2018								
Jalapeno Cheese & Chips - OKR1110 (1 ea.)	100	317.13	17.30	6.47	0.00	597.08	30.55	10.53
Queso Blanco Cheese & Chips - OKR1111 (1 ea.)	150	316.45	17.50	6.62	0.00	578.01	30.35	9.84
Refried Beans Topping - OKR1112 (1 ea.)	75	138.38	1.48	0.00	0.00	487.03	22.73	7.91
Beef Nacho Topping - OKR1219 (1 nacho)	100	52.73	2.13	0.85	0.00	138.21	2.13	5.95
100% Apple Juice - SR1204 (4 fl oz cup)	150	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	15	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	15	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Bartlett Pears - SR1194 (1/2 c.)	10	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Fresh Broccoli Florets - SR1027 (1/2 c.)	50	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	50	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Fiesta Potatoes - SR1519 (1/2 c.)	100	148.28	2.99	0.43	0.00	124.54	28.72	2.85
Chocolate Skim Milk - OKR1062 (8 oz.)	30	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	30	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	30	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Black Bean & Corn Salsa - SR1279 (2 tbsp.)	30	20.13	0.09	0.01	0.00	41.09	4.33	0.94
Caesar Dressing - SR1551 (2 tbsp.)	50	130.00	14.00	2.50	0.00	210.00	1.00	1.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Salsa - Week 5 Day 4 - ServingDate: 05/17/2018								
Jalapeno Peppers - SR1074 (1 tbsp.)	30	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	30	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Chunky Salsa - OKR1083 (1 oz.)	20	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Fire Roasted Salsa - SR1331 (1/8 c.)	20	9.42	0.01	0.00	0.00	22.93	1.99	0.34
Sour Cream - SR1659 (2 tbsp.)	30	60.00	5.00	3.50	0.00	15.00	1.00	1.00
Salsa - Week 5 Day 5 - ServingDate: 05/18/2018								
Fiesta Bowl - OKR1094 (1 portion)	50	563.27	15.94	5.00	0.03	1158.03	73.98	33.08
Jalapeno Cheese & Chips - OKR1110 (1 ea.)	50	317.13	17.30	6.47	0.00	597.08	30.55	10.53
Queso Blanco Cheese & Chips - OKR1111 (1 ea.)	50	316.45	17.50	6.62	0.00	578.01	30.35	9.84
Mexi-Chicken Topping - OKR1218 (1 ea.)	75	44.85	1.45	0.43	0.00	94.01	1.94	6.01
Refried Beans Topping - OKR1112 (1 ea.)	75	138.38	1.48	0.00	0.00	487.03	22.73	7.91
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Mixed Fruit - SR1037 (1/2 c.)	10	49.99	0.00	0.00	0.00	4.35	12.89	0.50
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Celery Sticks - SR1014 (6 stick (4")	50	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Garden Side Salad - SR1429 (1 c.)	50	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Refried Beans - SR1070 (1/2 c.)	100	138.38	1.48	0.00	0.00	487.03	22.73	7.91
Chocolate Skim Milk - OKR1062 (8 oz.)	40	120.00	0.00	0.00	0.00	180.00	20.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Salsa - Week 5 Day 5 - ServingDate: 05/18/2018								
While 1% Milk - OKR1061 (8 oz.)	40	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	40	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Black Bean & Corn Salsa - SR1279 (2 tbsp.)	20	20.13	0.09	0.01	0.00	41.09	4.33	0.94
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	20	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	75	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Chunky Salsa - OKR1083 (1 oz.)	20	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Fire Roasted Salsa - SR1331 (1/8 c.)	20	9.42	0.01	0.00	0.00	22.93	1.99	0.34
Sour Cream - SR1659 (2 tbsp.)	40	60.00	5.00	3.50	0.00	15.00	1.00	1.00
Salsa - Week 1 Day 1 - ServingDate: 05/21/2018								
Jalapeno Cheese & Chips - OKR1110 (1 ea.)	150	317.13	17.30	6.47	0.00	597.08	30.55	10.53
Queso Blanco Cheese & Chips - OKR1111 (1 ea.)	125	316.45	17.50	6.62	0.00	578.01	30.35	9.84
Taco Salad - OKR1172 (1 bowl)	25	428.43	17.64	6.74	0.01	694.37	48.27	22.32
Mexi-Chicken Topping - OKR1218 (1 ea.)	125	44.85	1.45	0.43	0.00	94.01	1.94	6.01
Refried Beans Topping - OKR1112 (1 ea.)	125	138.38	1.48	0.00	0.00	487.03	22.73	7.91
100% Apple Juice - SR1204 (4 fl oz cup)	150	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Salsa - Week 1 Day 1 - ServingDate: 05/21/2018								
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Pineapple Tidbits - SR1495 (1/2 c.)	10	75.84	0.10	0.01	0.00	1.26	19.84	0.53
Fresh Baby Carrots - SR1016 (1/2 c.)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	50	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Refried Beans - SR1070 (1/2 c.)	150	138.38	1.48	0.00	0.00	487.03	22.73	7.91
Chocolate Skim Milk - OKR1062 (8 oz.)	25	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	25	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Black Bean & Corn Salsa - SR1279 (2 tbsp.)	25	20.13	0.09	0.01	0.00	41.09	4.33	0.94
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	50	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	75	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Fire Roasted Salsa - SR1331 (1/8 c.)	25	9.42	0.01	0.00	0.00	22.93	1.99	0.34
Homemade Salsa - SR1007 (1 tbsp.)	150	5.03	0.01	0.00	0.00	25.67	1.16	0.22
Sour Cream - SR1659 (2 tbsp.)	50	60.00	5.00	3.50	0.00	15.00	1.00	1.00
Salsa - Week 1 Day 2 - ServingDate: 05/22/2018								
Beef Enchilada - SR1345 (1 enchilada)	50	348.95	14.79	5.60	0.00	826.87	36.82	19.19

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Salsa - Week 1 Day 2 - ServingDate: 05/22/2018								
Jalapeno Cheese & Chips - OKR1110 (1 ea.)	100	317.13	17.30	6.47	0.00	597.08	30.55	10.53
Queso Blanco Cheese & Chips - OKR1111 (1 ea.)	75	316.45	17.50	6.62	0.00	578.01	30.35	9.84
Refried Beans Topping - OKR1112 (1 ea.)	50	138.38	1.48	0.00	0.00	487.03	22.73	7.91
Beef Nacho Topping - OKR1219 (1 nacho)	100	52.73	2.13	0.85	0.00	138.21	2.13	5.95
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	10	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Fresh Broccoli Florets - SR1027 (1/2 c.)	50	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	50	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Fiesta Potatoes - SR1519 (1/2 c.)	200	148.28	2.99	0.43	0.00	124.54	28.72	2.85
Chocolate Skim Milk - OKR1062 (8 oz.)	25	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Black Bean & Corn Salsa - SR1279 (2 tbsp.)	30	20.13	0.09	0.01	0.00	41.09	4.33	0.94
Caesar Dressing - SR1551 (2 tbsp.)	50	130.00	14.00	2.50	0.00	210.00	1.00	1.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Salsa - Week 1 Day 2 - ServingDate: 05/22/2018								
Jalapeno Peppers - SR1074 (1 tbsp.)	40	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	50	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Chunky Salsa - OKR1083 (1 oz.)	40	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Fire Roasted Salsa - SR1331 (1/8 c.)	30	9.42	0.01	0.00	0.00	22.93	1.99	0.34
Sour Cream - SR1659 (2 tbsp.)	30	60.00	5.00	3.50	0.00	15.00	1.00	1.00
Salsa - Week 1 Day 3 - ServingDate: 05/23/2018								
Build Your Own Burrito - OKR1114 (1 burrito)	75	387.49	13.58	4.79	0.00	888.11	49.82	19.73
Jalapeno Cheese & Chips - OKR1110 (1 ea.)	100	317.13	17.30	6.47	0.00	597.08	30.55	10.53
Queso Blanco Cheese & Chips - OKR1111 (1 ea.)	75	316.45	17.50	6.62	0.00	578.01	30.35	9.84
Mexi-Chicken Topping - OKR1218 (1 ea.)	75	44.85	1.45	0.43	0.00	94.01	1.94	6.01
Refried Beans Topping - OKR1112 (1 ea.)	75	138.38	1.48	0.00	0.00	487.03	22.73	7.91
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Applesauce - SR1195 (1/2 c.)	10	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Frijoles ala Charro - OKR1230 (1/2 c.)	60	92.49	0.04	0.01	0.00	127.27	16.90	5.44
Garden Side Salad - SR1429 (1 c.)	50	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate Skim Milk - OKR1062 (8 oz.)	40	120.00	0.00	0.00	0.00	180.00	20.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Salsa - Week 1 Day 3 - ServingDate: 05/23/2018								
While 1% Milk - OKR1061 (8 oz.)	40	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	40	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Black Bean & Corn Salsa - SR1279 (2 tbsp.)	20	20.13	0.09	0.01	0.00	41.09	4.33	0.94
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	30	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	75	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Chunky Salsa - OKR1083 (1 oz.)	20	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Fire Roasted Salsa - SR1331 (1/8 c.)	20	9.42	0.01	0.00	0.00	22.93	1.99	0.34
Sour Cream - SR1659 (2 tbsp.)	40	60.00	5.00	3.50	0.00	15.00	1.00	1.00
Salsa - Week 1 Day 4 - ServingDate: 05/24/2018								
Chicken Enchilada Suiza - OKR1037 (2 enchilada)	25	417.37	18.65	7.36	0.00	972.36	36.66	25.80
Jalapeno Cheese & Chips - OKR1110 (1 ea.)	75	317.13	17.30	6.47	0.00	597.08	30.55	10.53
Queso Blanco Cheese & Chips - OKR1111 (1 ea.)	50	316.45	17.50	6.62	0.00	578.01	30.35	9.84
Refried Beans Topping - OKR1112 (1 ea.)	25	138.38	1.48	0.00	0.00	487.03	22.73	7.91
Beef Nacho Topping - OKR1219 (1 nacho)	100	52.73	2.13	0.85	0.00	138.21	2.13	5.95
100% Apple Juice - SR1204 (4 fl oz cup)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Salsa - Week 1 Day 4 - ServingDate: 05/24/2018								
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Bartlett Pears - SR1194 (1/2 c.)	10	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Fresh Broccoli Florets - SR1027 (1/2 c.)	50	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	50	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Fiesta Potatoes - SR1519 (1/2 c.)	100	148.28	2.99	0.43	0.00	124.54	28.72	2.85
Chocolate Skim Milk - OKR1062 (8 oz.)	25	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Black Bean & Corn Salsa - SR1279 (2 tbsp.)	30	20.13	0.09	0.01	0.00	41.09	4.33	0.94
Caesar Dressing - SR1551 (2 tbsp.)	50	130.00	14.00	2.50	0.00	210.00	1.00	1.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	30	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	40	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Chunky Salsa - OKR1083 (1 oz.)	20	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Fire Roasted Salsa - SR1331 (1/8 c.)	20	9.42	0.01	0.00	0.00	22.93	1.99	0.34
Sour Cream - SR1659 (2 tbsp.)	30	60.00	5.00	3.50	0.00	15.00	1.00	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Salsa - Week 1 Day 5 - ServingDate: 05/25/2018								
Fiesta Bowl - OKR1094 (1 portion)	25	563.27	15.94	5.00	0.03	1158.03	73.98	33.08
Jalapeno Cheese & Chips - OKR1110 (1 ea.)	75	317.13	17.30	6.47	0.00	597.08	30.55	10.53
Queso Blanco Cheese & Chips - OKR1111 (1 ea.)	100	316.45	17.50	6.62	0.00	578.01	30.35	9.84
Mexi-Chicken Topping - OKR1218 (1 ea.)	75	44.85	1.45	0.43	0.00	94.01	1.94	6.01
Refried Beans Topping - OKR1112 (1 ea.)	100	138.38	1.48	0.00	0.00	487.03	22.73	7.91
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Mixed Fruit - SR1037 (1/2 c.)	10	49.99	0.00	0.00	0.00	4.35	12.89	0.50
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Celery Sticks - SR1014 (6 stick (4")	50	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Garden Side Salad - SR1429 (1 c.)	50	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Refried Beans - SR1070 (1/2 c.)	100	138.38	1.48	0.00	0.00	487.03	22.73	7.91
Chocolate Skim Milk - OKR1062 (8 oz.)	30	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	30	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	30	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Black Bean & Corn Salsa - SR1279 (2 tbsp.)	20	20.13	0.09	0.01	0.00	41.09	4.33	0.94
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School
Date: 05/01/2018 - 05/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Salsa - Week 1 Day 5 - ServingDate: 05/25/2018								
Jalapeno Peppers - SR1074 (1 tbsp.)	40	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	75	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Chunky Salsa - OKR1083 (1 oz.)	50	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Fire Roasted Salsa - SR1331 (1/8 c.)	30	9.42	0.01	0.00	0.00	22.93	1.99	0.34
Sour Cream - SR1659 (2 tbsp.)	40	60.00	5.00	3.50	0.00	15.00	1.00	1.00
Salsa - Week 2 Day 1 - ServingDate: 05/28/2018								
Jalapeno Cheese & Chips - OKR1110 (1 ea.)	75	317.13	17.30	6.47	0.00	597.08	30.55	10.53
Queso Blanco Cheese & Chips - OKR1111 (1 ea.)	150	316.45	17.50	6.62	0.00	578.01	30.35	9.84
Taco Salad - OKR1172 (1 bowl)	50	428.43	17.64	6.74	0.01	694.37	48.27	22.32
Mexi-Chicken Topping - OKR1218 (1 ea.)	50	44.85	1.45	0.43	0.00	94.01	1.94	6.01
Refried Beans Topping - OKR1112 (1 ea.)	75	138.38	1.48	0.00	0.00	487.03	22.73	7.91
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Pineapple Tidbits - SR1495 (1/2 c.)	10	75.84	0.10	0.01	0.00	1.26	19.84	0.53
Fresh Baby Carrots - SR1016 (1/2 c.)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	50	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Refried Beans - SR1070 (1/2 c.)	150	138.38	1.48	0.00	0.00	487.03	22.73	7.91
Chocolate Skim Milk - OKR1062 (8 oz.)	40	120.00	0.00	0.00	0.00	180.00	20.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Salsa - Week 2 Day 1 - ServingDate: 05/28/2018								
While 1% Milk - OKR1061 (8 oz.)	40	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	40	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Black Bean & Corn Salsa - SR1279 (2 tbsp.)	20	20.13	0.09	0.01	0.00	41.09	4.33	0.94
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	30	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	75	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Chunky Salsa - OKR1083 (1 oz.)	20	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Fire Roasted Salsa - SR1331 (1/8 c.)	30	9.42	0.01	0.00	0.00	22.93	1.99	0.34
Sour Cream - SR1659 (2 tbsp.)	40	60.00	5.00	3.50	0.00	15.00	1.00	1.00
Salsa - Week 2 Day 2 - ServingDate: 05/29/2018								
Beef Enchilada - SR1345 (1 enchilada)	50	348.95	14.79	5.60	0.00	826.87	36.82	19.19
Jalapeno Cheese & Chips - OKR1110 (1 ea.)	75	317.13	17.30	6.47	0.00	597.08	30.55	10.53
Queso Blanco Cheese & Chips - OKR1111 (1 ea.)	125	316.45	17.50	6.62	0.00	578.01	30.35	9.84
Refried Beans Topping - OKR1112 (1 ea.)	75	138.38	1.48	0.00	0.00	487.03	22.73	7.91
Beef Nacho Topping - OKR1219 (1 nacho)	100	52.73	2.13	0.85	0.00	138.21	2.13	5.95
100% Apple Juice - SR1204 (4 fl oz cup)	150	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47

Menu Calendar Nutrient Analysis Report - May, 2018

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Salsa - Week 2 Day 2 - ServingDate: 05/29/2018								
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	10	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Fresh Broccoli Florets - SR1027 (1/2 c.)	50	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	50	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Fiesta Potatoes - SR1519 (1/2 c.)	150	148.28	2.99	0.43	0.00	124.54	28.72	2.85
Chocolate Skim Milk - OKR1062 (8 oz.)	40	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	40	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	40	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Black Bean & Corn Salsa - SR1279 (2 tbsp.)	20	20.13	0.09	0.01	0.00	41.09	4.33	0.94
Caesar Dressing - SR1551 (2 tbsp.)	50	130.00	14.00	2.50	0.00	210.00	1.00	1.00
Ketchup - SR1004 (1 tbsp.)	40	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	40	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	45	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Chunky Salsa - OKR1083 (1 oz.)	20	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Fire Roasted Salsa - SR1331 (1/8 c.)	20	9.42	0.01	0.00	0.00	22.93	1.99	0.34
Sour Cream - SR1659 (2 tbsp.)	50	60.00	5.00	3.50	0.00	15.00	1.00	1.00

Menu Calendar Nutrient Analysis Report - May, 2018

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Salsa - Week 2 Day 3 - ServingDate: 05/30/2018								
Build Your Own Burrito - OKR1114 (1 burrito)	75	387.49	13.58	4.79	0.00	888.11	49.82	19.73
Jalapeno Cheese & Chips - OKR1110 (1 ea.)	75	317.13	17.30	6.47	0.00	597.08	30.55	10.53
Queso Blanco Cheese & Chips - OKR1111 (1 ea.)	100	316.45	17.50	6.62	0.00	578.01	30.35	9.84
Mexi-Chicken Topping - OKR1218 (1 ea.)	75	44.85	1.45	0.43	0.00	94.01	1.94	6.01
Refried Beans Topping - OKR1112 (1 ea.)	75	138.38	1.48	0.00	0.00	487.03	22.73	7.91
100% Apple Juice - SR1204 (4 fl oz cup)	150	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Applesauce - SR1195 (1/2 c.)	10	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	50	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Frijoles ala Charro - OKR1230 (1/2 c.)	125	92.49	0.04	0.01	0.00	127.27	16.90	5.44
Garden Side Salad - SR1429 (1 c.)	50	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate Skim Milk - OKR1062 (8 oz.)	30	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	30	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	30	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Black Bean & Corn Salsa - SR1279 (2 tbsp.)	40	20.13	0.09	0.01	0.00	41.09	4.33	0.94
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Salsa - Week 2 Day 3 - ServingDate: 05/30/2018								
Jalapeno Peppers - SR1074 (1 tbsp.)	30	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	75	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Chunky Salsa - OKR1083 (1 oz.)	40	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Fire Roasted Salsa - SR1331 (1/8 c.)	40	9.42	0.01	0.00	0.00	22.93	1.99	0.34
Sour Cream - SR1659 (2 tbsp.)	30	60.00	5.00	3.50	0.00	15.00	1.00	1.00
Salsa - Week 2 Day 4 - ServingDate: 05/31/2018								
Chicken Enchilada Suiza - OKR1037 (2 enchilada)	25	417.37	18.65	7.36	0.00	972.36	36.66	25.80
Jalapeno Cheese & Chips - OKR1110 (1 ea.)	50	317.13	17.30	6.47	0.00	597.08	30.55	10.53
Queso Blanco Cheese & Chips - OKR1111 (1 ea.)	100	316.45	17.50	6.62	0.00	578.01	30.35	9.84
Refried Beans Topping - OKR1112 (1 ea.)	75	138.38	1.48	0.00	0.00	487.03	22.73	7.91
Beef Nacho Topping - OKR1219 (1 nacho)	75	52.73	2.13	0.85	0.00	138.21	2.13	5.95
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Bartlett Pears - SR1194 (1/2 c.)	10	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Fresh Broccoli Florets - SR1027 (1/2 c.)	50	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	50	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Fiesta Potatoes - SR1519 (1/2 c.)	100	148.28	2.99	0.43	0.00	124.54	28.72	2.85

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Date: 05/01/2018 - 05/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Salsa - Week 2 Day 4 - ServingDate: 05/31/2018								
Chocolate Skim Milk - OKR1062 (8 oz.)	30	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	30	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	30	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Black Bean & Corn Salsa - SR1279 (2 tbsp.)	20	20.13	0.09	0.01	0.00	41.09	4.33	0.94
Caesar Dressing - SR1551 (2 tbsp.)	40	130.00	14.00	2.50	0.00	210.00	1.00	1.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	50	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	60	22.06	1.10	0.22	0.00	141.18	3.53	0.00
Chunky Salsa - OKR1083 (1 oz.)	20	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Fire Roasted Salsa - SR1331 (1/8 c.)	30	9.42	0.01	0.00	0.00	22.93	1.99	0.34
Sour Cream - SR1659 (2 tbsp.)	40	60.00	5.00	3.50	0.00	15.00	1.00	1.00

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch
Site Group: CrossRoads Café
Menu Line: CRC-Salsa
Serving Group: 9-12
Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.