

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)  | Planned Qty | Calories<br>(Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|--|-------------|--------------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill -Week 3<br/>Day 2 :7897 -<br/>ServingDate:<br/>05/01/2018</b> |             |                    |         |          |          |         |          |         |
| Cheeseburger -<br>OKR1164 (1 burger)                                       | 75          | 350.00             | 13.50   | 5.50     | 0.00     | 705.00  | 34.00    | 20.50   |
| Crispy Chicken<br>Sandwich - OKR1124 (1<br>burger)                         | 50          | 430.00             | 17.00   | 2.50     | 0.00     | 670.00  | 47.00    | 22.00   |
| Hamburger - OKR1165<br>(1 burger)  | 50          | 300.00             | 9.00    | 3.00     | 0.00     | 450.00  | 34.00    | 18.00   |
| Pulled Pork Sandwich -<br>OKR1216 (1 sandwich)                             | 75          | 403.10             | 19.15   | 5.88     | 0.00     | 326.70  | 31.00    | 28.18   |
| Spicy Chicken Sandwich<br>- OKR1167 (1 burger)                             | 50          | 430.00             | 17.00   | 3.00     | 0.00     | 670.00  | 48.00    | 21.00   |
| 100% Apple Juice -<br>SR1204 (4 fl oz cup)                                 | 150         | 60.00              | 0.00    | 0.00     | 0.00     | 5.00    | 14.00    | 0.00    |
| Whole Apple - OKR1087<br>(1 Whole Appl)                                    | 10          | 95.00              | 0.31    | 0.05     | 0.00     | 1.82    | 25.13    | 0.47    |
| Banana - SR1166 (1<br>medium (7"))   | 10          | 105.02             | 0.39    | 0.13     | 0.00     | 1.18    | 26.95    | 1.29    |
| Fresh Whole Oranges -<br>SR1171 (1 small (2-3))                            | 10          | 45.12              | 0.12    | 0.01     | 0.00     | 0.00    | 11.28    | 0.90    |
| Diced Peaches -<br>SR1196 (1/2 c.)   | 10          | 57.95              | 0.04    | 0.00     | 0.00     | 5.27    | 15.24    | 0.83    |
| Western Baked Beans -<br>OKR1318 (1/2 c.)                                  | 200         | 190.92             | 0.01    | 0.00     | 0.00     | 797.38  | 44.03    | 7.66    |
| Fresh Broccoli Florets -<br>SR1027 (1/2 c.)                                | 40          | 10.84              | 0.12    | 0.01     | 0.00     | 10.53   | 2.12     | 0.90    |
| Caesar Side Salad -<br>SR1428 (1 c.)                                       | 50          | 103.41             | 8.28    | 2.14     | 0.00     | 433.05  | 5.52     | 2.55    |
| Chocolate Skim Milk -<br>OKR1062 (8 oz.)                                   | 50          | 120.00             | 0.00    | 0.00     | 0.00     | 180.00  | 20.00    | 8.00    |
| While 1% Milk -<br>OKR1061 (8 oz.)   | 50          | 118.34             | 2.69    | 1.61     | 0.00     | 139.86  | 13.99    | 8.61    |
| White Skim Milk -<br>OKR1060 (8 oz.)                                       | 25          | 90.00              | 0.00    | 0.00     | 0.00     | 130.00  | 13.00    | 8.00    |
| Caesar Dressing -<br>SR1551 (2 tbsp.)                                      | 50          | 130.00             | 14.00   | 2.50     | 0.00     | 210.00  | 1.00     | 1.00    |
| Dill Pickle Chips -<br>SR1399 (2 tbsp.)                                    | 40          | 0.00               | 0.00    | 0.00     | 0.00     | 101.00  | 0.00     | 0.00    |
| Kansas City Barbecue<br>Sauce - OKR1022 (1<br>tbsp.)                       | 25          | 30.00              | 0.00    | 0.00     | 0.00     | 200.00  | 7.50     | 0.00    |
| Ketchup - SR1004 (1<br>pump)   | 150         | 40.00              | 0.00    | 0.00     | 0.00     | 320.00  | 10.00    | 0.00    |

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| Item Name<br>(Serving Size)   | Planned Qty | Calories<br>(Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|--------------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill -Week 3<br/>Day 2 :7897 -<br/>ServingDate:<br/>05/01/2018</b>  |             |                    |         |          |          |         |          |         |
| Shredded Lettuce - SR1015 (1/4 cup shredd)                                  | 25          | 2.52               | 0.03    | 0.00     | 0.00     | 1.80    | 0.54     | 0.16    |
| Light Mayo - SR1005 (1 tbsp.)   | 30          | 45.00              | 4.00    | 0.50     | 0.00     | 130.00  | 2.00     | 0.00    |
| Yellow Mustard - SR1006 (1 tbsp.)   | 30          | 0.00               | 0.00    | 0.00     | 0.00     | 165.00  | 0.00     | 0.00    |
| Yellow Onion - SR1264 (2 tbsp.)   | 30          | 8.58               | 0.02    | 0.01     | 0.00     | 0.86    | 2.00     | 0.24    |
| Light Ranch Dressing - SR1003 (1 tbsp.)                                     | 60          | 25.00              | 1.75    | 0.25     | 0.00     | 185.00  | 2.50     | 0.00    |
| Jalapeno Peppers - SR1074 (1 tbsp.)   | 30          | 0.00               | 0.00    | 0.00     | 0.00     | 174.42  | 0.00     | 0.00    |
| Sliced Red Tomatoes - SR1536 (2 1/2 slice)                                  | 20          | 6.75               | 0.08    | 0.01     | 0.00     | 1.88    | 1.46     | 0.33    |
| <b>XR2 Grill - Week 3<br/>Day 3 :7897 -<br/>ServingDate:<br/>05/02/2018</b> |             |                    |         |          |          |         |          |         |
| Crispy Chicken Sandwich - OKR1124 (1 burger)                                | 50          | 430.00             | 17.00   | 2.50     | 0.00     | 670.00  | 47.00    | 22.00   |
| Traditional Hamburger - SR1107 (1 burger)                                   | 100         | 270.00             | 9.00    | 3.00     | 0.00     | 440.00  | 28.00    | 18.00   |
| Spicy Chicken Sandwich - OKR1167 (1 burger)                                 | 50          | 430.00             | 17.00   | 3.00     | 0.00     | 670.00  | 48.00    | 21.00   |
| American Cheese Slices - SR1535 (1/2 oz.)                                   | 25          | 50.00              | 4.50    | 2.50     | 0.00     | 255.00  | 0.00     | 2.50    |
| Provolone Cheese - OKR1213 (1/2 oz.)  | 25          | 53.33              | 4.00    | 2.00     | 0.00     | 120.00  | 0.00     | 3.33    |
| Swiss-American Cheese - OKR1212 (1/2 oz.)                                   | 25          | 50.00              | 4.00    | 2.50     | 0.00     | 0.00    | 0.50     | 3.00    |
| 100% Apple Juice - SR1204 (4 fl oz cup)                                     | 100         | 60.00              | 0.00    | 0.00     | 0.00     | 5.00    | 14.00    | 0.00    |
| Whole Apple - OKR1087 (1 Whole Appl)  | 10          | 95.00              | 0.31    | 0.05     | 0.00     | 1.82    | 25.13    | 0.47    |
| Applesauce - SR1195 (1/2 c.)  | 10          | 53.58              | 0.13    | 0.01     | 0.00     | 2.55    | 14.38    | 0.22    |
| Banana - SR1166 (1 medium (7"))   | 10          | 105.02             | 0.39    | 0.13     | 0.00     | 1.18    | 26.95    | 1.29    |
| Fresh Whole Oranges - SR1171 (1 small (2-3))                                | 10          | 45.12              | 0.12    | 0.01     | 0.00     | 0.00    | 11.28    | 0.90    |

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| Item Name<br>(Serving Size)   | Planned Qty | Calories<br>(Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|--------------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 3<br/>Day 3 :7897 -<br/>ServingDate:<br/>05/02/2018</b> |             |                    |         |          |          |         |          |         |
| Fresh Baby Carrots - SR1016 (1/2 c.)  | 40          | 24.81              | 0.09    | 0.02     | 0.00     | 55.28   | 5.84     | 0.45    |
| Garden Side Salad - SR1429 (1 c.)   | 25          | 18.89              | 0.18    | 0.03     | 0.00     | 31.03   | 3.96     | 1.15    |
| French Fries - OKR1089 (1/2 c.)   | 150         | 110.00             | 3.50    | 0.50     | 0.00     | 130.00  | 18.00    | 2.00    |
| Chocolate Skim Milk - OKR1062 (8 oz.)                                       | 40          | 120.00             | 0.00    | 0.00     | 0.00     | 180.00  | 20.00    | 8.00    |
| White 1% Milk - OKR1061 (8 oz.)   | 40          | 118.34             | 2.69    | 1.61     | 0.00     | 139.86  | 13.99    | 8.61    |
| White Skim Milk - OKR1060 (8 oz.)   | 40          | 90.00              | 0.00    | 0.00     | 0.00     | 130.00  | 13.00    | 8.00    |
| Barbecue Honey Sauce - OKR1198 (1/8 c.)                                     | 20          | 73.76              | 0.00    | 0.00     | 0.00(M)  | 320.34  | 18.96    | 0.03    |
| Buffalo Ranch Sauce - SR1453 (1 tbsp.)                                      | 20          | 16.79              | 1.17    | 0.17     | 0.00(M)  | 323.36  | 1.69     | 0.01    |
| Caramelized Onions - SR1210 (1/4 c.)  | 30          | 66.38              | 2.90    | 0.29     | 0.02     | 4.14    | 9.67     | 1.14    |
| Chipotle Lime Mayonnaise - SR1294 (1 tbsp.)                                 | 20          | 39.66              | 3.10    | 0.34     | 0.00(M)  | 104.92  | 3.36     | 0.04    |
| Dill Pickle Chips - SR1399 (2 tbsp.)  | 40          | 0.00               | 0.00    | 0.00     | 0.00     | 101.00  | 0.00     | 0.00    |
| Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)                              | 20          | 30.00              | 0.00    | 0.00     | 0.00     | 200.00  | 7.50     | 0.00    |
| Ketchup - SR1004 (1 pump)   | 150         | 40.00              | 0.00    | 0.00     | 0.00     | 320.00  | 10.00    | 0.00    |
| Shredded Lettuce - SR1015 (1/4 cup shredd)                                  | 20          | 2.52               | 0.03    | 0.00     | 0.00     | 1.80    | 0.54     | 0.16    |
| Light Mayo - SR1005 (1 tbsp.)   | 30          | 45.00              | 4.00    | 0.50     | 0.00     | 130.00  | 2.00     | 0.00    |
| Yellow Mustard - SR1006 (1 tbsp.)   | 20          | 0.00               | 0.00    | 0.00     | 0.00     | 165.00  | 0.00     | 0.00    |
| Yellow Onion - SR1264 (2 tbsp.)   | 20          | 8.58               | 0.02    | 0.01     | 0.00     | 0.86    | 2.00     | 0.24    |
| Light Ranch Dressing - SR1003 (1 tbsp.)                                     | 60          | 25.00              | 1.75    | 0.25     | 0.00     | 185.00  | 2.50     | 0.00    |
| Jalapeno Peppers - SR1074 (1 tbsp.)   | 30          | 0.00               | 0.00    | 0.00     | 0.00     | 174.42  | 0.00     | 0.00    |

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|---|-------------|--------------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 3<br/>Day 3 :7897 -<br/>ServingDate:<br/>05/02/2018</b>   |             |                    |         |          |          |         |          |         |
| Sauteed Peppers - OKR1210 (1/4 cup strips)                                    | 20          | 51.76              | 3.03    | 0.32     | 0.02     | 4.02    | 6.21     | 1.15    |
| Sliced Red Tomatoes - SR1536 (2 1/2 slice)                                    | 20          | 6.75               | 0.08    | 0.01     | 0.00     | 1.88    | 1.46     | 0.33    |
| <b>XR2 Grill - Week 3<br/>Day 4 GUTHRIE -<br/>ServingDate:<br/>05/03/2018</b> |             |                    |         |          |          |         |          |         |
| Cheeseburger - OKR1164 (1 burger)   | 50          | 350.00             | 13.50   | 5.50     | 0.00     | 705.00  | 34.00    | 20.50   |
| Crispy Chicken Sandwich - OKR1124 (1 burger)                                  | 50          | 430.00             | 17.00   | 2.50     | 0.00     | 670.00  | 47.00    | 22.00   |
| Chicken Fried Steak Sandwich - OKR1234 (1 sandwich)                           | 0           | 470.00             | 21.00   | 5.00     | 0.00     | 590.00  | 50.00    | 22.00   |
| Hamburger - OKR1165 (1 burger)  | 50          | 300.00             | 9.00    | 3.00     | 0.00     | 450.00  | 34.00    | 18.00   |
| Spicy Chicken Sandwich - OKR1167 (1 burger)                                   | 50          | 430.00             | 17.00   | 3.00     | 0.00     | 670.00  | 48.00    | 21.00   |
| 100% Apple Juice - SR1204 (4 fl oz cup)                                       | 150         | 60.00              | 0.00    | 0.00     | 0.00     | 5.00    | 14.00    | 0.00    |
| Whole Apple - OKR1087 (1 Whole Appl)  | 10          | 95.00              | 0.31    | 0.05     | 0.00     | 1.82    | 25.13    | 0.47    |
| Banana - SR1166 (1 medium (7"))   | 10          | 105.02             | 0.39    | 0.13     | 0.00     | 1.18    | 26.95    | 1.29    |
| Fresh Whole Oranges - SR1171 (1 small (2-3))                                  | 10          | 45.12              | 0.12    | 0.01     | 0.00     | 0.00    | 11.28    | 0.90    |
| Diced Bartlett Pears - SR1194 (1/2 c.)  | 10          | 49.27              | 0.07    | 0.00     | 0.00     | 3.94    | 12.75    | 0.34    |
| Fresh Broccoli Florets - SR1027 (1/2 c.)                                      | 40          | 10.84              | 0.12    | 0.01     | 0.00     | 10.53   | 2.12     | 0.90    |
| Caesar Side Salad - SR1428 (1 c.)   | 40          | 103.41             | 8.28    | 2.14     | 0.00     | 433.05  | 5.52     | 2.55    |
| Country Style Potato Wedges - OKR1399 (1/2 c.)                                | 200         | 119.95             | 4.00    | 0.50     | 0.00     | 139.95  | 19.99    | 2.00    |
| Chocolate Skim Milk - OKR1062 (8 oz.)   | 40          | 120.00             | 0.00    | 0.00     | 0.00     | 180.00  | 20.00    | 8.00    |
| White 1% Milk - OKR1061 (8 oz.)   | 40          | 118.34             | 2.69    | 1.61     | 0.00     | 139.86  | 13.99    | 8.61    |
| White Skim Milk - OKR1060 (8 oz.)   | 40          | 90.00              | 0.00    | 0.00     | 0.00     | 130.00  | 13.00    | 8.00    |

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|---|-------------|-----------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 3<br/>Day 4 GUTHRIE -<br/>ServingDate:<br/>05/03/2018</b> |             |                 |         |          |          |         |          |         |
| Caesar Dressing - SR1551 (2 tbsp.)  | 40          | 130.00          | 14.00   | 2.50     | 0.00     | 210.00  | 1.00     | 1.00    |
| Dill Pickle Chips - SR1399 (2 tbsp.)  | 40          | 0.00            | 0.00    | 0.00     | 0.00     | 101.00  | 0.00     | 0.00    |
| Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)                                | 20          | 30.00           | 0.00    | 0.00     | 0.00     | 200.00  | 7.50     | 0.00    |
| Ketchup - SR1004 (1 pump)   | 150         | 40.00           | 0.00    | 0.00     | 0.00     | 320.00  | 10.00    | 0.00    |
| Shredded Lettuce - SR1015 (1/4 cup shredd)                                    | 20          | 2.52            | 0.03    | 0.00     | 0.00     | 1.80    | 0.54     | 0.16    |
| Light Mayo - SR1005 (1 tbsp.)   | 30          | 45.00           | 4.00    | 0.50     | 0.00     | 130.00  | 2.00     | 0.00    |
| Yellow Mustard - SR1006 (1 tbsp.)   | 30          | 0.00            | 0.00    | 0.00     | 0.00     | 165.00  | 0.00     | 0.00    |
| Yellow Onion - SR1264 (2 tbsp.)   | 20          | 8.58            | 0.02    | 0.01     | 0.00     | 0.86    | 2.00     | 0.24    |
| Light Ranch Dressing - SR1003 (1 tbsp.)                                       | 50          | 25.00           | 1.75    | 0.25     | 0.00     | 185.00  | 2.50     | 0.00    |
| Jalapeno Peppers - SR1074 (1 tbsp.)   | 30          | 0.00            | 0.00    | 0.00     | 0.00     | 174.42  | 0.00     | 0.00    |
| Sliced Red Tomatoes - SR1536 (2 1/2 slice)                                    | 20          | 6.75            | 0.08    | 0.01     | 0.00     | 1.88    | 1.46     | 0.33    |
| <b>XR2 Grill - Week 3<br/>Day 5 :7897 -<br/>ServingDate:<br/>05/04/2018</b>   |             |                 |         |          |          |         |          |         |
| Cheeseburger - OKR1164 (1 burger)   | 75          | 350.00          | 13.50   | 5.50     | 0.00     | 705.00  | 34.00    | 20.50   |
| Crispy Chicken Sandwich - OKR1124 (1 burger)                                  | 50          | 430.00          | 17.00   | 2.50     | 0.00     | 670.00  | 47.00    | 22.00   |
| Hamburger - OKR1165 (1 burger)  | 50          | 300.00          | 9.00    | 3.00     | 0.00     | 450.00  | 34.00    | 18.00   |
| Spicy Chicken Sandwich - OKR1167 (1 burger)                                   | 75          | 430.00          | 17.00   | 3.00     | 0.00     | 670.00  | 48.00    | 21.00   |
| Three Cheese Toaster - OKR1013 (1 panini)                                     | 50          | 330.00          | 17.00   | 9.25     | 0.00     | 835.00  | 29.00    | 18.00   |
| 100% Apple Juice - SR1204 (4 fl oz cup)                                       | 120         | 60.00           | 0.00    | 0.00     | 0.00     | 5.00    | 14.00    | 0.00    |
| Whole Apple - OKR1087 (1 Whole Appl)  | 10          | 95.00           | 0.31    | 0.05     | 0.00     | 1.82    | 25.13    | 0.47    |

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|---|-------------|--------------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 3<br/>Day 5 :7897 -<br/>ServingDate:<br/>05/04/2018</b> |             |                    |         |          |          |         |          |         |
| Banana - SR1166 (1 medium (7"))   | 10          | 105.02             | 0.39    | 0.13     | 0.00     | 1.18    | 26.95    | 1.29    |
| Mixed Fruit - SR1037 (1/2 c.)   | 10          | 49.99              | 0.00    | 0.00     | 0.00     | 4.35    | 12.89    | 0.50    |
| Fresh Whole Oranges - SR1171 (1 small (2-3))                                | 10          | 45.12              | 0.12    | 0.01     | 0.00     | 0.00    | 11.28    | 0.90    |
| Fresh Celery Sticks - SR1014 (6 stick (4" )                                 | 40          | 10.34              | 0.11    | 0.03     | 0.00     | 51.71   | 1.92     | 0.45    |
| Garden Side Salad - SR1429 (1 c.)   | 40          | 18.89              | 0.18    | 0.03     | 0.00     | 31.03   | 3.96     | 1.15    |
| French Fries - OKR1089 (1/2 c.)   | 250         | 110.00             | 3.50    | 0.50     | 0.00     | 130.00  | 18.00    | 2.00    |
| Chocolate Skim Milk - OKR1062 (8 oz.)                                       | 50          | 120.00             | 0.00    | 0.00     | 0.00     | 180.00  | 20.00    | 8.00    |
| While 1% Milk - OKR1061 (8 oz.)   | 50          | 118.34             | 2.69    | 1.61     | 0.00     | 139.86  | 13.99    | 8.61    |
| White Skim Milk - OKR1060 (8 oz.)   | 50          | 90.00              | 0.00    | 0.00     | 0.00     | 130.00  | 13.00    | 8.00    |
| Dill Pickle Chips - SR1399 (2 tbsp.)  | 30          | 0.00               | 0.00    | 0.00     | 0.00     | 101.00  | 0.00     | 0.00    |
| Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)                              | 20          | 30.00              | 0.00    | 0.00     | 0.00     | 200.00  | 7.50     | 0.00    |
| Ketchup - SR1004 (1 pump)   | 200         | 40.00              | 0.00    | 0.00     | 0.00     | 320.00  | 10.00    | 0.00    |
| Shredded Lettuce - SR1015 (1/4 cup shredd)                                  | 20          | 2.52               | 0.03    | 0.00     | 0.00     | 1.80    | 0.54     | 0.16    |
| Light Mayo - SR1005 (1 tbsp.)   | 30          | 45.00              | 4.00    | 0.50     | 0.00     | 130.00  | 2.00     | 0.00    |
| Yellow Mustard - SR1006 (1 tbsp.)   | 30          | 0.00               | 0.00    | 0.00     | 0.00     | 165.00  | 0.00     | 0.00    |
| Yellow Onion - SR1264 (2 tbsp.)   | 20          | 8.58               | 0.02    | 0.01     | 0.00     | 0.86    | 2.00     | 0.24    |
| Light Ranch Dressing - SR1003 (1 tbsp.)                                     | 100         | 25.00              | 1.75    | 0.25     | 0.00     | 185.00  | 2.50     | 0.00    |
| Jalapeno Peppers - SR1074 (1 tbsp.)   | 30          | 0.00               | 0.00    | 0.00     | 0.00     | 174.42  | 0.00     | 0.00    |
| Sliced Red Tomatoes - SR1536 (2 1/2 slice)                                  | 30          | 6.75               | 0.08    | 0.01     | 0.00     | 1.88    | 1.46     | 0.33    |

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|---|-------------|--------------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 4<br/>Day 1 :7897 -<br/>ServingDate:<br/>05/07/2018</b> |             |                    |         |          |          |         |          |         |
| Cheeseburger - OKR1164 (1 burger)   | 75          | 350.00             | 13.50   | 5.50     | 0.00     | 705.00  | 34.00    | 20.50   |
| Crispy Chicken Sandwich - OKR1124 (1 burger)                                | 50          | 430.00             | 17.00   | 2.50     | 0.00     | 670.00  | 47.00    | 22.00   |
| Corn Dog - SR1023 (1 corn dog)  | 50          | 240.00             | 8.00    | 2.50     | 0.00     | 390.00  | 30.00    | 9.00    |
| Hamburger - OKR1165 (1 burger)  | 50          | 300.00             | 9.00    | 3.00     | 0.00     | 450.00  | 34.00    | 18.00   |
| Spicy Chicken Sandwich - OKR1167 (1 burger)                                 | 75          | 430.00             | 17.00   | 3.00     | 0.00     | 670.00  | 48.00    | 21.00   |
| 100% Apple Juice - SR1204 (4 fl oz cup)                                     | 150         | 60.00              | 0.00    | 0.00     | 0.00     | 5.00    | 14.00    | 0.00    |
| Whole Apple - OKR1087 (1 Whole Appl)  | 10          | 95.00              | 0.31    | 0.05     | 0.00     | 1.82    | 25.13    | 0.47    |
| Banana - SR1166 (1 medium (7"))   | 10          | 105.02             | 0.39    | 0.13     | 0.00     | 1.18    | 26.95    | 1.29    |
| Fresh Whole Oranges - SR1171 (1 small (2-3))                                | 10          | 45.12              | 0.12    | 0.01     | 0.00     | 0.00    | 11.28    | 0.90    |
| Pineapple Tidbits - SR1495 (1/2 c.)   | 10          | 75.84              | 0.10    | 0.01     | 0.00     | 1.26    | 19.84    | 0.53    |
| Fresh Baby Carrots - SR1016 (1/2 c.)  | 50          | 24.81              | 0.09    | 0.02     | 0.00     | 55.28   | 5.84     | 0.45    |
| Garden Side Salad - SR1429 (1 c.)   | 40          | 18.89              | 0.18    | 0.03     | 0.00     | 31.03   | 3.96     | 1.15    |
| Tater Tots - OKR1073 (1/2 c.)   | 150         | 90.55              | 3.52    | 0.00     | 0.00     | 160.97  | 14.09    | 1.01    |
| Chocolate Skim Milk - OKR1062 (8 oz.)                                       | 30          | 120.00             | 0.00    | 0.00     | 0.00     | 180.00  | 20.00    | 8.00    |
| White 1% Milk - OKR1061 (8 oz.)   | 30          | 118.34             | 2.69    | 1.61     | 0.00     | 139.86  | 13.99    | 8.61    |
| White Skim Milk - OKR1060 (8 oz.)   | 30          | 90.00              | 0.00    | 0.00     | 0.00     | 130.00  | 13.00    | 8.00    |
| Dill Pickle Chips - SR1399 (2 tbsp.)  | 40          | 0.00               | 0.00    | 0.00     | 0.00     | 101.00  | 0.00     | 0.00    |
| Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)                              | 20          | 30.00              | 0.00    | 0.00     | 0.00     | 200.00  | 7.50     | 0.00    |
| Ketchup - SR1004 (1 pump)   | 200         | 40.00              | 0.00    | 0.00     | 0.00     | 320.00  | 10.00    | 0.00    |
| Shredded Lettuce - SR1015 (1/4 cup shredd)                                  | 20          | 2.52               | 0.03    | 0.00     | 0.00     | 1.80    | 0.54     | 0.16    |

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)   | Planned Qty | Calories (Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|-----------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 4<br/>Day 1 :7897 -<br/>ServingDate:<br/>05/07/2018</b> |             |                 |         |          |          |         |          |         |
| Light Mayo - SR1005 (1 tbsp.)   | 30          | 45.00           | 4.00    | 0.50     | 0.00     | 130.00  | 2.00     | 0.00    |
| Yellow Mustard - SR1006 (1 tbsp.)   | 30          | 0.00            | 0.00    | 0.00     | 0.00     | 165.00  | 0.00     | 0.00    |
| Yellow Onion - SR1264 (2 tbsp.)   | 20          | 8.58            | 0.02    | 0.01     | 0.00     | 0.86    | 2.00     | 0.24    |
| Light Ranch Dressing - SR1003 (1 tbsp.)                                     | 75          | 25.00           | 1.75    | 0.25     | 0.00     | 185.00  | 2.50     | 0.00    |
| Jalapeno Peppers - SR1074 (1 tbsp.)   | 30          | 0.00            | 0.00    | 0.00     | 0.00     | 174.42  | 0.00     | 0.00    |
| Sliced Red Tomatoes - SR1536 (2 1/2 slice)                                  | 20          | 6.75            | 0.08    | 0.01     | 0.00     | 1.88    | 1.46     | 0.33    |
| <b>XR2 Grill - Week 4<br/>Day 2 :7897 -<br/>ServingDate:<br/>05/08/2018</b> |             |                 |         |          |          |         |          |         |
| Cheeseburger - OKR1164 (1 burger)   | 75          | 350.00          | 13.50   | 5.50     | 0.00     | 705.00  | 34.00    | 20.50   |
| Crispy Chicken Sandwich - OKR1124 (1 burger)                                | 50          | 430.00          | 17.00   | 2.50     | 0.00     | 670.00  | 47.00    | 22.00   |
| Hamburger - OKR1165 (1 burger)  | 50          | 300.00          | 9.00    | 3.00     | 0.00     | 450.00  | 34.00    | 18.00   |
| Pulled Pork Sandwich - OKR1216 (1 sandwich)                                 | 50          | 403.10          | 19.15   | 5.88     | 0.00     | 326.70  | 31.00    | 28.18   |
| Spicy Chicken Sandwich - OKR1167 (1 burger)                                 | 75          | 430.00          | 17.00   | 3.00     | 0.00     | 670.00  | 48.00    | 21.00   |
| 100% Apple Juice - SR1204 (4 fl oz cup)                                     | 200         | 60.00           | 0.00    | 0.00     | 0.00     | 5.00    | 14.00    | 0.00    |
| Whole Apple - OKR1087 (1 Whole Appl)  | 10          | 95.00           | 0.31    | 0.05     | 0.00     | 1.82    | 25.13    | 0.47    |
| Banana - SR1166 (1 medium (7"))   | 10          | 105.02          | 0.39    | 0.13     | 0.00     | 1.18    | 26.95    | 1.29    |
| Fresh Whole Oranges - SR1171 (1 small (2-3))                                | 10          | 45.12           | 0.12    | 0.01     | 0.00     | 0.00    | 11.28    | 0.90    |
| Diced Peaches - SR1196 (1/2 c.)   | 10          | 57.95           | 0.04    | 0.00     | 0.00     | 5.27    | 15.24    | 0.83    |
| Western Baked Beans - OKR1318 (1/2 c.)                                      | 175         | 190.92          | 0.01    | 0.00     | 0.00     | 797.38  | 44.03    | 7.66    |
| Fresh Broccoli Florets - SR1027 (1/2 c.)                                    | 50          | 10.84           | 0.12    | 0.01     | 0.00     | 10.53   | 2.12     | 0.90    |
| Caesar Side Salad - SR1428 (1 c.)   | 50          | 103.41          | 8.28    | 2.14     | 0.00     | 433.05  | 5.52     | 2.55    |

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)   | Planned Qty | Calories (Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|-----------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 4<br/>Day 2 :7897 -<br/>ServingDate:<br/>05/08/2018</b> |             |                 |         |          |          |         |          |         |
| Chocolate Skim Milk - OKR1062 (8 oz.)                                       | 50          | 120.00          | 0.00    | 0.00     | 0.00     | 180.00  | 20.00    | 8.00    |
| White 1% Milk - OKR1061 (8 oz.)   | 50          | 118.34          | 2.69    | 1.61     | 0.00     | 139.86  | 13.99    | 8.61    |
| White Skim Milk - OKR1060 (8 oz.)   | 50          | 90.00           | 0.00    | 0.00     | 0.00     | 130.00  | 13.00    | 8.00    |
| Dill Pickle Chips - SR1399 (2 tbsp.)  | 40          | 0.00            | 0.00    | 0.00     | 0.00     | 101.00  | 0.00     | 0.00    |
| Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)                              | 20          | 30.00           | 0.00    | 0.00     | 0.00     | 200.00  | 7.50     | 0.00    |
| Ketchup - SR1004 (1 pump)   | 200         | 40.00           | 0.00    | 0.00     | 0.00     | 320.00  | 10.00    | 0.00    |
| Shredded Lettuce - SR1015 (1/4 cup shredd)                                  | 30          | 2.52            | 0.03    | 0.00     | 0.00     | 1.80    | 0.54     | 0.16    |
| Light Mayo - SR1005 (1 tbsp.)   | 30          | 45.00           | 4.00    | 0.50     | 0.00     | 130.00  | 2.00     | 0.00    |
| Yellow Mustard - SR1006 (1 tbsp.)   | 30          | 0.00            | 0.00    | 0.00     | 0.00     | 165.00  | 0.00     | 0.00    |
| Yellow Onion - SR1264 (2 tbsp.)   | 20          | 8.58            | 0.02    | 0.01     | 0.00     | 0.86    | 2.00     | 0.24    |
| Light Ranch Dressing - SR1003 (1 tbsp.)                                     | 75          | 25.00           | 1.75    | 0.25     | 0.00     | 185.00  | 2.50     | 0.00    |
| Jalapeno Peppers - SR1074 (1 tbsp.)   | 30          | 0.00            | 0.00    | 0.00     | 0.00     | 174.42  | 0.00     | 0.00    |
| Sliced Red Tomatoes - SR1536 (2 1/2 slice)                                  | 20          | 6.75            | 0.08    | 0.01     | 0.00     | 1.88    | 1.46     | 0.33    |
| <b>XR2 Grill - Week 4<br/>Day 3 :7897 -<br/>ServingDate:<br/>05/09/2018</b> |             |                 |         |          |          |         |          |         |
| Crispy Chicken Sandwich - OKR1124 (1 burger)                                | 50          | 430.00          | 17.00   | 2.50     | 0.00     | 670.00  | 47.00    | 22.00   |
| Traditional Hamburger - SR1107 (1 burger)                                   | 100         | 270.00          | 9.00    | 3.00     | 0.00     | 440.00  | 28.00    | 18.00   |
| Spicy Chicken Sandwich - OKR1167 (1 burger)                                 | 50          | 430.00          | 17.00   | 3.00     | 0.00     | 670.00  | 48.00    | 21.00   |
| American Cheese Slices - SR1535 (1/2 oz.)                                   | 25          | 50.00           | 4.50    | 2.50     | 0.00     | 255.00  | 0.00     | 2.50    |
| Provolone Cheese - OKR1213 (1/2 oz.)  | 25          | 53.33           | 4.00    | 2.00     | 0.00     | 120.00  | 0.00     | 3.33    |

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)   | Planned Qty | Calories<br>(Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|--------------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 4<br/>Day 3 :7897 -<br/>ServingDate:<br/>05/09/2018</b> |             |                    |         |          |          |         |          |         |
| Swiss-American Cheese - OKR1212 (1/2 oz.)                                   | 25          | 50.00              | 4.00    | 2.50     | 0.00     | 0.00    | 0.50     | 3.00    |
| 100% Apple Juice - SR1204 (4 fl oz cup)                                     | 100         | 60.00              | 0.00    | 0.00     | 0.00     | 5.00    | 14.00    | 0.00    |
| Whole Apple - OKR1087 (1 Whole Appl)  | 10          | 95.00              | 0.31    | 0.05     | 0.00     | 1.82    | 25.13    | 0.47    |
| Applesauce - SR1195 (1/2 c.)  | 10          | 53.58              | 0.13    | 0.01     | 0.00     | 2.55    | 14.38    | 0.22    |
| Banana - SR1166 (1 medium (7"))   | 10          | 105.02             | 0.39    | 0.13     | 0.00     | 1.18    | 26.95    | 1.29    |
| Fresh Whole Oranges - SR1171 (1 small (2-3))                                | 10          | 45.12              | 0.12    | 0.01     | 0.00     | 0.00    | 11.28    | 0.90    |
| Fresh Baby Carrots - SR1016 (1/2 c.)  | 40          | 24.81              | 0.09    | 0.02     | 0.00     | 55.28   | 5.84     | 0.45    |
| Garden Side Salad - SR1429 (1 c.)   | 40          | 18.89              | 0.18    | 0.03     | 0.00     | 31.03   | 3.96     | 1.15    |
| French Fries - OKR1089 (1/2 c.)   | 150         | 110.00             | 3.50    | 0.50     | 0.00     | 130.00  | 18.00    | 2.00    |
| Chocolate Skim Milk - OKR1062 (8 oz.)                                       | 40          | 120.00             | 0.00    | 0.00     | 0.00     | 180.00  | 20.00    | 8.00    |
| White 1% Milk - OKR1061 (8 oz.)   | 40          | 118.34             | 2.69    | 1.61     | 0.00     | 139.86  | 13.99    | 8.61    |
| White Skim Milk - OKR1060 (8 oz.)   | 40          | 90.00              | 0.00    | 0.00     | 0.00     | 130.00  | 13.00    | 8.00    |
| Barbecue Honey Sauce - OKR1198 (1/8 c.)                                     | 20          | 73.76              | 0.00    | 0.00     | 0.00(M)  | 320.34  | 18.96    | 0.03    |
| Buffalo Ranch Sauce - SR1453 (1 tbsp.)                                      | 30          | 16.79              | 1.17    | 0.17     | 0.00(M)  | 323.36  | 1.69     | 0.01    |
| Caramelized Onions - SR1210 (1/4 c.)  | 30          | 66.38              | 2.90    | 0.29     | 0.02     | 4.14    | 9.67     | 1.14    |
| Chipotle Lime Mayonnaise - SR1294 (1 tbsp.)                                 | 20          | 39.66              | 3.10    | 0.34     | 0.00(M)  | 104.92  | 3.36     | 0.04    |
| Dill Pickle Chips - SR1399 (2 tbsp.)  | 30          | 0.00               | 0.00    | 0.00     | 0.00     | 101.00  | 0.00     | 0.00    |
| Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)                              | 20          | 30.00              | 0.00    | 0.00     | 0.00     | 200.00  | 7.50     | 0.00    |
| Ketchup - SR1004 (1 pump)   | 125         | 40.00              | 0.00    | 0.00     | 0.00     | 320.00  | 10.00    | 0.00    |
| Shredded Lettuce - SR1015 (1/4 cup shredd)                                  | 20          | 2.52               | 0.03    | 0.00     | 0.00     | 1.80    | 0.54     | 0.16    |

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)   | Planned Qty | Calories (Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|-----------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 4<br/>Day 3 :7897 -<br/>ServingDate:<br/>05/09/2018</b>   |             |                 |         |          |          |         |          |         |
| Light Mayo - SR1005 (1 tbsp.)   | 20          | 45.00           | 4.00    | 0.50     | 0.00     | 130.00  | 2.00     | 0.00    |
| Yellow Mustard - SR1006 (1 tbsp.)   | 20          | 0.00            | 0.00    | 0.00     | 0.00     | 165.00  | 0.00     | 0.00    |
| Yellow Onion - SR1264 (2 tbsp.)   | 20          | 8.58            | 0.02    | 0.01     | 0.00     | 0.86    | 2.00     | 0.24    |
| Light Ranch Dressing - SR1003 (1 tbsp.)                                       | 75          | 25.00           | 1.75    | 0.25     | 0.00     | 185.00  | 2.50     | 0.00    |
| Jalapeno Peppers - SR1074 (1 tbsp.)   | 20          | 0.00            | 0.00    | 0.00     | 0.00     | 174.42  | 0.00     | 0.00    |
| Sauteed Peppers - OKR1210 (1/4 cup strips)                                    | 20          | 51.76           | 3.03    | 0.32     | 0.02     | 4.02    | 6.21     | 1.15    |
| Sliced Red Tomatoes - SR1536 (2 1/2 slice)                                    | 20          | 6.75            | 0.08    | 0.01     | 0.00     | 1.88    | 1.46     | 0.33    |
| <b>XR2 Grill - Week 4<br/>Day 4 GUTHRIE -<br/>ServingDate:<br/>05/10/2018</b> |             |                 |         |          |          |         |          |         |
| Cheeseburger - OKR1164 (1 burger)   | 50          | 350.00          | 13.50   | 5.50     | 0.00     | 705.00  | 34.00    | 20.50   |
| Crispy Chicken Sandwich - OKR1124 (1 burger)                                  | 25          | 430.00          | 17.00   | 2.50     | 0.00     | 670.00  | 47.00    | 22.00   |
| Chicken Fried Steak Sandwich - OKR1234 (1 sandwich)                           | 0           | 470.00          | 21.00   | 5.00     | 0.00     | 590.00  | 50.00    | 22.00   |
| Hamburger - OKR1165 (1 burger)  | 25          | 300.00          | 9.00    | 3.00     | 0.00     | 450.00  | 34.00    | 18.00   |
| Spicy Chicken Sandwich - OKR1167 (1 burger)                                   | 50          | 430.00          | 17.00   | 3.00     | 0.00     | 670.00  | 48.00    | 21.00   |
| 100% Apple Juice - SR1204 (4 fl oz cup)                                       | 100         | 60.00           | 0.00    | 0.00     | 0.00     | 5.00    | 14.00    | 0.00    |
| Whole Apple - OKR1087 (1 Whole Appl)  | 10          | 95.00           | 0.31    | 0.05     | 0.00     | 1.82    | 25.13    | 0.47    |
| Banana - SR1166 (1 medium (7"))   | 10          | 105.02          | 0.39    | 0.13     | 0.00     | 1.18    | 26.95    | 1.29    |
| Fresh Whole Oranges - SR1171 (1 small (2-3))                                  | 10          | 45.12           | 0.12    | 0.01     | 0.00     | 0.00    | 11.28    | 0.90    |
| Diced Bartlett Pears - SR1194 (1/2 c.)  | 10          | 49.27           | 0.07    | 0.00     | 0.00     | 3.94    | 12.75    | 0.34    |
| Fresh Broccoli Florets - SR1027 (1/2 c.)                                      | 40          | 10.84           | 0.12    | 0.01     | 0.00     | 10.53   | 2.12     | 0.90    |

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)   | Planned Qty | Calories (Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|-----------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 4<br/>Day 4 GUTHRIE -<br/>ServingDate:<br/>05/10/2018</b> |             |                 |         |          |          |         |          |         |
| Caesar Side Salad - SR1428 (1 c.)   | 40          | 103.41          | 8.28    | 2.14     | 0.00     | 433.05  | 5.52     | 2.55    |
| Country Style Potato Wedges - OKR1399 (1/2 c.)                                | 150         | 119.95          | 4.00    | 0.50     | 0.00     | 139.95  | 19.99    | 2.00    |
| Chocolate Skim Milk - OKR1062 (8 oz.)   | 30          | 120.00          | 0.00    | 0.00     | 0.00     | 180.00  | 20.00    | 8.00    |
| While 1% Milk - OKR1061 (8 oz.)   | 30          | 118.34          | 2.69    | 1.61     | 0.00     | 139.86  | 13.99    | 8.61    |
| White Skim Milk - OKR1060 (8 oz.)   | 30          | 90.00           | 0.00    | 0.00     | 0.00     | 130.00  | 13.00    | 8.00    |
| Caesar Dressing - SR1551 (2 tbsp.)  | 40          | 130.00          | 14.00   | 2.50     | 0.00     | 210.00  | 1.00     | 1.00    |
| Dill Pickle Chips - SR1399 (2 tbsp.)  | 30          | 0.00            | 0.00    | 0.00     | 0.00     | 101.00  | 0.00     | 0.00    |
| Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)                                | 20          | 30.00           | 0.00    | 0.00     | 0.00     | 200.00  | 7.50     | 0.00    |
| Ketchup - SR1004 (1 pump)   | 150         | 40.00           | 0.00    | 0.00     | 0.00     | 320.00  | 10.00    | 0.00    |
| Shredded Lettuce - SR1015 (1/4 cup shredd)                                    | 20          | 2.52            | 0.03    | 0.00     | 0.00     | 1.80    | 0.54     | 0.16    |
| Light Mayo - SR1005 (1 tbsp.)   | 30          | 45.00           | 4.00    | 0.50     | 0.00     | 130.00  | 2.00     | 0.00    |
| Yellow Mustard - SR1006 (1 tbsp.)   | 20          | 0.00            | 0.00    | 0.00     | 0.00     | 165.00  | 0.00     | 0.00    |
| Yellow Onion - SR1264 (2 tbsp.)   | 20          | 8.58            | 0.02    | 0.01     | 0.00     | 0.86    | 2.00     | 0.24    |
| Light Ranch Dressing - SR1003 (1 tbsp.)                                       | 50          | 25.00           | 1.75    | 0.25     | 0.00     | 185.00  | 2.50     | 0.00    |
| Jalapeno Peppers - SR1074 (1 tbsp.)   | 30          | 0.00            | 0.00    | 0.00     | 0.00     | 174.42  | 0.00     | 0.00    |
| Sliced Red Tomatoes - SR1536 (2 1/2 slice)                                    | 20          | 6.75            | 0.08    | 0.01     | 0.00     | 1.88    | 1.46     | 0.33    |
| <b>XR2 Grill - Week 4<br/>Day 5 :7897 -<br/>ServingDate:<br/>05/11/2018</b>   |             |                 |         |          |          |         |          |         |
| Cheeseburger - OKR1164 (1 burger)   | 50          | 350.00          | 13.50   | 5.50     | 0.00     | 705.00  | 34.00    | 20.50   |
| Crispy Chicken Sandwich - OKR1124 (1 burger)                                  | 50          | 430.00          | 17.00   | 2.50     | 0.00     | 670.00  | 47.00    | 22.00   |

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)   | Planned Qty | Calories<br>(Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|--------------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 4<br/>Day 5 :7897 -<br/>ServingDate:<br/>05/11/2018</b> |             |                    |         |          |          |         |          |         |
| Cowboy Steak Sandwich - OKR1144 (1 sandwich)                                | 50          | 332.55             | 12.15   | 5.08     | 0.00     | 665.85  | 39.12    | 18.18   |
| Hamburger - OKR1165 (1 burger)  | 50          | 300.00             | 9.00    | 3.00     | 0.00     | 450.00  | 34.00    | 18.00   |
| Spicy Chicken Sandwich - OKR1167 (1 burger)                                 | 50          | 430.00             | 17.00   | 3.00     | 0.00     | 670.00  | 48.00    | 21.00   |
| 100% Apple Juice - SR1204 (4 fl oz cup)                                     | 125         | 60.00              | 0.00    | 0.00     | 0.00     | 5.00    | 14.00    | 0.00    |
| Whole Apple - OKR1087 (1 Whole Appl)  | 10          | 95.00              | 0.31    | 0.05     | 0.00     | 1.82    | 25.13    | 0.47    |
| Banana - SR1166 (1 medium (7"))   | 10          | 105.02             | 0.39    | 0.13     | 0.00     | 1.18    | 26.95    | 1.29    |
| Mixed Fruit - SR1037 (1/2 c.)   | 10          | 49.99              | 0.00    | 0.00     | 0.00     | 4.35    | 12.89    | 0.50    |
| Fresh Whole Oranges - SR1171 (1 small (2-3)                                 | 10          | 45.12              | 0.12    | 0.01     | 0.00     | 0.00    | 11.28    | 0.90    |
| Fresh Celery Sticks - SR1014 (6 stick (4" )                                 | 40          | 10.34              | 0.11    | 0.03     | 0.00     | 51.71   | 1.92     | 0.45    |
| Garden Side Salad - SR1429 (1 c.)   | 40          | 18.89              | 0.18    | 0.03     | 0.00     | 31.03   | 3.96     | 1.15    |
| French Fries - OKR1089 (1/2 c.)   | 200         | 110.00             | 3.50    | 0.50     | 0.00     | 130.00  | 18.00    | 2.00    |
| Chocolate Skim Milk - OKR1062 (8 oz.)                                       | 40          | 120.00             | 0.00    | 0.00     | 0.00     | 180.00  | 20.00    | 8.00    |
| While 1% Milk - OKR1061 (8 oz.)   | 40          | 118.34             | 2.69    | 1.61     | 0.00     | 139.86  | 13.99    | 8.61    |
| White Skim Milk - OKR1060 (8 oz.)   | 40          | 90.00              | 0.00    | 0.00     | 0.00     | 130.00  | 13.00    | 8.00    |
| Dill Pickle Chips - SR1399 (2 tbsp.)  | 40          | 0.00               | 0.00    | 0.00     | 0.00     | 101.00  | 0.00     | 0.00    |
| Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)                              | 20          | 30.00              | 0.00    | 0.00     | 0.00     | 200.00  | 7.50     | 0.00    |
| Ketchup - SR1004 (1 pump)   | 200         | 40.00              | 0.00    | 0.00     | 0.00     | 320.00  | 10.00    | 0.00    |
| Shredded Lettuce - SR1015 (1/4 cup shredd)                                  | 20          | 2.52               | 0.03    | 0.00     | 0.00     | 1.80    | 0.54     | 0.16    |
| Light Mayo - SR1005 (1 tbsp.)   | 20          | 45.00              | 4.00    | 0.50     | 0.00     | 130.00  | 2.00     | 0.00    |
| Yellow Mustard - SR1006 (1 tbsp.)   | 20          | 0.00               | 0.00    | 0.00     | 0.00     | 165.00  | 0.00     | 0.00    |

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)   | Planned Qty | Calories<br>(Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|--------------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 4<br/>Day 5 :7897 -<br/>ServingDate:<br/>05/11/2018</b> |             |                    |         |          |          |         |          |         |
| Yellow Onion - SR1264<br>(2 tbsp.)  | 20          | 8.58               | 0.02    | 0.01     | 0.00     | 0.86    | 2.00     | 0.24    |
| Light Ranch Dressing -<br>SR1003 (1 tbsp.)                                  | 75          | 25.00              | 1.75    | 0.25     | 0.00     | 185.00  | 2.50     | 0.00    |
| Jalapeno Peppers -<br>SR1074 (1 tbsp.)                                      | 30          | 0.00               | 0.00    | 0.00     | 0.00     | 174.42  | 0.00     | 0.00    |
| Sliced Red Tomatoes -<br>SR1536 (2 1/2 slice)                               | 20          | 6.75               | 0.08    | 0.01     | 0.00     | 1.88    | 1.46     | 0.33    |
| <b>XR2 Grill - Week 5<br/>Day 1 :7897 -<br/>ServingDate:<br/>05/14/2018</b> |             |                    |         |          |          |         |          |         |
| Cheeseburger -<br>OKR1164 (1 burger)  | 50          | 350.00             | 13.50   | 5.50     | 0.00     | 705.00  | 34.00    | 20.50   |
| Crispy Chicken<br>Sandwich - OKR1124 (1<br>burger)                          | 50          | 430.00             | 17.00   | 2.50     | 0.00     | 670.00  | 47.00    | 22.00   |
| Chili Cheese Hotdog -<br>OKR1086 (1 serving)                                | 0           | 432.78             | 16.00   | 5.00     | 0.00     | 853.37  | 49.93    | 22.54   |
| Hamburger - OKR1165<br>(1 burger)   | 75          | 300.00             | 9.00    | 3.00     | 0.00     | 450.00  | 34.00    | 18.00   |
| Spicy Chicken Sandwich<br>- OKR1167 (1 burger)                              | 50          | 430.00             | 17.00   | 3.00     | 0.00     | 670.00  | 48.00    | 21.00   |
| 100% Apple Juice -<br>SR1204 (4 fl oz cup)                                  | 150         | 60.00              | 0.00    | 0.00     | 0.00     | 5.00    | 14.00    | 0.00    |
| Whole Apple - OKR1087<br>(1 Whole Appl)                                     | 10          | 95.00              | 0.31    | 0.05     | 0.00     | 1.82    | 25.13    | 0.47    |
| Banana - SR1166 (1<br>medium (7"))  | 10          | 105.02             | 0.39    | 0.13     | 0.00     | 1.18    | 26.95    | 1.29    |
| Fresh Whole Oranges -<br>SR1171 (1 small (2-3))                             | 10          | 45.12              | 0.12    | 0.01     | 0.00     | 0.00    | 11.28    | 0.90    |
| Pineapple Tidbits -<br>SR1495 (1/2 c.)                                      | 10          | 75.84              | 0.10    | 0.01     | 0.00     | 1.26    | 19.84    | 0.53    |
| Fresh Baby Carrots -<br>SR1016 (1/2 c.)                                     | 50          | 24.81              | 0.09    | 0.02     | 0.00     | 55.28   | 5.84     | 0.45    |
| Garden Side Salad -<br>SR1429 (1 c.)  | 40          | 18.89              | 0.18    | 0.03     | 0.00     | 31.03   | 3.96     | 1.15    |
| Tater Tots - OKR1073<br>(1/2 c.)  | 200         | 90.55              | 3.52    | 0.00     | 0.00     | 160.97  | 14.09    | 1.01    |
| Chocolate Skim Milk -<br>OKR1062 (8 oz.)                                    | 40          | 120.00             | 0.00    | 0.00     | 0.00     | 180.00  | 20.00    | 8.00    |
| While 1% Milk -<br>OKR1061 (8 oz.)  | 40          | 118.34             | 2.69    | 1.61     | 0.00     | 139.86  | 13.99    | 8.61    |

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)   | Planned Qty | Calories<br>(Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|--------------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 5<br/>Day 1 :7897 -<br/>ServingDate:<br/>05/14/2018</b> |             |                    |         |          |          |         |          |         |
| White Skim Milk - OKR1060 (8 oz.)   | 40          | 90.00              | 0.00    | 0.00     | 0.00     | 130.00  | 13.00    | 8.00    |
| Dill Pickle Chips - SR1399 (2 tbsp.)  | 40          | 0.00               | 0.00    | 0.00     | 0.00     | 101.00  | 0.00     | 0.00    |
| Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)                              | 20          | 30.00              | 0.00    | 0.00     | 0.00     | 200.00  | 7.50     | 0.00    |
| Ketchup - SR1004 (1 pump)   | 200         | 40.00              | 0.00    | 0.00     | 0.00     | 320.00  | 10.00    | 0.00    |
| Shredded Lettuce - SR1015 (1/4 cup shredd)                                  | 20          | 2.52               | 0.03    | 0.00     | 0.00     | 1.80    | 0.54     | 0.16    |
| Light Mayo - SR1005 (1 tbsp.)   | 30          | 45.00              | 4.00    | 0.50     | 0.00     | 130.00  | 2.00     | 0.00    |
| Yellow Mustard - SR1006 (1 tbsp.)   | 30          | 0.00               | 0.00    | 0.00     | 0.00     | 165.00  | 0.00     | 0.00    |
| Yellow Onion - SR1264 (2 tbsp.)   | 20          | 8.58               | 0.02    | 0.01     | 0.00     | 0.86    | 2.00     | 0.24    |
| Light Ranch Dressing - SR1003 (1 tbsp.)                                     | 75          | 25.00              | 1.75    | 0.25     | 0.00     | 185.00  | 2.50     | 0.00    |
| Jalapeno Peppers - SR1074 (1 tbsp.)   | 30          | 0.00               | 0.00    | 0.00     | 0.00     | 174.42  | 0.00     | 0.00    |
| Sliced Red Tomatoes - SR1536 (2 1/2 slice)                                  | 20          | 6.75               | 0.08    | 0.01     | 0.00     | 1.88    | 1.46     | 0.33    |
| <b>XR2 Grill - Week 5<br/>Day 2 :7897 -<br/>ServingDate:<br/>05/15/2018</b> |             |                    |         |          |          |         |          |         |
| Cheeseburger - OKR1164 (1 burger)   | 75          | 350.00             | 13.50   | 5.50     | 0.00     | 705.00  | 34.00    | 20.50   |
| Crispy Chicken Sandwich - OKR1124 (1 burger)                                | 50          | 430.00             | 17.00   | 2.50     | 0.00     | 670.00  | 47.00    | 22.00   |
| Hamburger - OKR1165 (1 burger)  | 50          | 300.00             | 9.00    | 3.00     | 0.00     | 450.00  | 34.00    | 18.00   |
| Pulled Pork Sandwich - OKR1216 (1 sandwich)                                 | 50          | 403.10             | 19.15   | 5.88     | 0.00     | 326.70  | 31.00    | 28.18   |
| Spicy Chicken Sandwich - OKR1167 (1 burger)                                 | 50          | 430.00             | 17.00   | 3.00     | 0.00     | 670.00  | 48.00    | 21.00   |
| 100% Apple Juice - SR1204 (4 fl oz cup)                                     | 150         | 60.00              | 0.00    | 0.00     | 0.00     | 5.00    | 14.00    | 0.00    |
| Whole Apple - OKR1087 (1 Whole Appl)  | 10          | 95.00              | 0.31    | 0.05     | 0.00     | 1.82    | 25.13    | 0.47    |

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)   | Planned Qty | Calories<br>(Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|--------------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 5<br/>Day 2 :7897 -<br/>ServingDate:<br/>05/15/2018</b> |             |                    |         |          |          |         |          |         |
| Banana - SR1166 (1 medium (7"))   | 10          | 105.02             | 0.39    | 0.13     | 0.00     | 1.18    | 26.95    | 1.29    |
| Fresh Whole Oranges - SR1171 (1 small (2-3))                                | 10          | 45.12              | 0.12    | 0.01     | 0.00     | 0.00    | 11.28    | 0.90    |
| Diced Peaches - SR1196 (1/2 c.)   | 10          | 57.95              | 0.04    | 0.00     | 0.00     | 5.27    | 15.24    | 0.83    |
| Western Baked Beans - OKR1318 (1/2 c.)                                      | 150         | 190.92             | 0.01    | 0.00     | 0.00     | 797.38  | 44.03    | 7.66    |
| Fresh Broccoli Florets - SR1027 (1/2 c.)                                    | 50          | 10.84              | 0.12    | 0.01     | 0.00     | 10.53   | 2.12     | 0.90    |
| Caesar Side Salad - SR1428 (1 c.)   | 50          | 103.41             | 8.28    | 2.14     | 0.00     | 433.05  | 5.52     | 2.55    |
| Chocolate Skim Milk - OKR1062 (8 oz.)                                       | 40          | 120.00             | 0.00    | 0.00     | 0.00     | 180.00  | 20.00    | 8.00    |
| While 1% Milk - OKR1061 (8 oz.)   | 40          | 118.34             | 2.69    | 1.61     | 0.00     | 139.86  | 13.99    | 8.61    |
| White Skim Milk - OKR1060 (8 oz.)   | 40          | 90.00              | 0.00    | 0.00     | 0.00     | 130.00  | 13.00    | 8.00    |
| Caesar Dressing - SR1551 (2 tbsp.)  | 50          | 130.00             | 14.00   | 2.50     | 0.00     | 210.00  | 1.00     | 1.00    |
| Dill Pickle Chips - SR1399 (2 tbsp.)  | 20          | 0.00               | 0.00    | 0.00     | 0.00     | 101.00  | 0.00     | 0.00    |
| Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)                              | 20          | 30.00              | 0.00    | 0.00     | 0.00     | 200.00  | 7.50     | 0.00    |
| Ketchup - SR1004 (1 pump)   | 200         | 40.00              | 0.00    | 0.00     | 0.00     | 320.00  | 10.00    | 0.00    |
| Shredded Lettuce - SR1015 (1/4 cup shredd)                                  | 20          | 2.52               | 0.03    | 0.00     | 0.00     | 1.80    | 0.54     | 0.16    |
| Light Mayo - SR1005 (1 tbsp.)   | 20          | 45.00              | 4.00    | 0.50     | 0.00     | 130.00  | 2.00     | 0.00    |
| Yellow Mustard - SR1006 (1 tbsp.)   | 20          | 0.00               | 0.00    | 0.00     | 0.00     | 165.00  | 0.00     | 0.00    |
| Yellow Onion - SR1264 (2 tbsp.)   | 20          | 8.58               | 0.02    | 0.01     | 0.00     | 0.86    | 2.00     | 0.24    |
| Light Ranch Dressing - SR1003 (1 tbsp.)                                     | 50          | 25.00              | 1.75    | 0.25     | 0.00     | 185.00  | 2.50     | 0.00    |
| Jalapeno Peppers - SR1074 (1 tbsp.)   | 20          | 0.00               | 0.00    | 0.00     | 0.00     | 174.42  | 0.00     | 0.00    |
| Sliced Red Tomatoes - SR1536 (2 1/2 slice)                                  | 20          | 6.75               | 0.08    | 0.01     | 0.00     | 1.88    | 1.46     | 0.33    |

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)   | Planned Qty | Calories<br>(Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|--------------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 5<br/>Day 3 :7897 -<br/>ServingDate:<br/>05/16/2018</b> |             |                    |         |          |          |         |          |         |
| Crispy Chicken Sandwich - OKR1124 (1 burger)                                | 25          | 430.00             | 17.00   | 2.50     | 0.00     | 670.00  | 47.00    | 22.00   |
| Traditional Hamburger - SR1107 (1 burger)                                   | 100         | 270.00             | 9.00    | 3.00     | 0.00     | 440.00  | 28.00    | 18.00   |
| Spicy Chicken Sandwich - OKR1167 (1 burger)                                 | 50          | 430.00             | 17.00   | 3.00     | 0.00     | 670.00  | 48.00    | 21.00   |
| American Cheese Slices - SR1535 (1/2 oz.)                                   | 25          | 50.00              | 4.50    | 2.50     | 0.00     | 255.00  | 0.00     | 2.50    |
| Provolone Cheese - OKR1213 (1/2 oz.)  | 25          | 53.33              | 4.00    | 2.00     | 0.00     | 120.00  | 0.00     | 3.33    |
| Swiss-American Cheese - OKR1212 (1/2 oz.)                                   | 25          | 50.00              | 4.00    | 2.50     | 0.00     | 0.00    | 0.50     | 3.00    |
| 100% Apple Juice - SR1204 (4 fl oz cup)                                     | 100         | 60.00              | 0.00    | 0.00     | 0.00     | 5.00    | 14.00    | 0.00    |
| Whole Apple - OKR1087 (1 Whole Appl)  | 10          | 95.00              | 0.31    | 0.05     | 0.00     | 1.82    | 25.13    | 0.47    |
| Applesauce - SR1195 (1/2 c.)  | 10          | 53.58              | 0.13    | 0.01     | 0.00     | 2.55    | 14.38    | 0.22    |
| Banana - SR1166 (1 medium (7"))   | 10          | 105.02             | 0.39    | 0.13     | 0.00     | 1.18    | 26.95    | 1.29    |
| Orange Smiles - SR1172 (6 slice or w)                                       | 10          | 45.12              | 0.12    | 0.01     | 0.00     | 0.00    | 11.28    | 0.90    |
| Fresh Baby Carrots - SR1016 (1/2 c.)  | 40          | 24.81              | 0.09    | 0.02     | 0.00     | 55.28   | 5.84     | 0.45    |
| Garden Side Salad - SR1429 (1 c.)   | 30          | 18.89              | 0.18    | 0.03     | 0.00     | 31.03   | 3.96     | 1.15    |
| French Fries - OKR1089 (1/2 c.)   | 150         | 110.00             | 3.50    | 0.50     | 0.00     | 130.00  | 18.00    | 2.00    |
| Chocolate Skim Milk - OKR1062 (8 oz.)                                       | 30          | 120.00             | 0.00    | 0.00     | 0.00     | 180.00  | 20.00    | 8.00    |
| White 1% Milk - OKR1061 (8 oz.)   | 30          | 118.34             | 2.69    | 1.61     | 0.00     | 139.86  | 13.99    | 8.61    |
| White Skim Milk - OKR1060 (8 oz.)   | 30          | 90.00              | 0.00    | 0.00     | 0.00     | 130.00  | 13.00    | 8.00    |
| Barbecue Honey Sauce - OKR1198 (1/8 c.)                                     | 20          | 73.76              | 0.00    | 0.00     | 0.00(M)  | 320.34  | 18.96    | 0.03    |
| Buffalo Ranch Sauce - SR1453 (1 tbsp.)                                      | 20          | 16.79              | 1.17    | 0.17     | 0.00(M)  | 323.36  | 1.69     | 0.01    |
| Caramelized Onions - SR1210 (1/4 c.)  | 30          | 66.38              | 2.90    | 0.29     | 0.02     | 4.14    | 9.67     | 1.14    |

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)   | Planned Qty | Calories<br>(Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|--------------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 5<br/>Day 3 :7897 -<br/>ServingDate:<br/>05/16/2018</b>   |             |                    |         |          |          |         |          |         |
| Chipotle Lime<br>Mayonnaise - SR1294<br>(1 tbsp.)                             | 20          | 39.66              | 3.10    | 0.34     | 0.00(M)  | 104.92  | 3.36     | 0.04    |
| Dill Pickle Chips -<br>SR1399 (2 tbsp.)                                       | 40          | 0.00               | 0.00    | 0.00     | 0.00     | 101.00  | 0.00     | 0.00    |
| Kansas City Barbecue<br>Sauce - OKR1022 (1<br>tbsp.)                          | 20          | 30.00              | 0.00    | 0.00     | 0.00     | 200.00  | 7.50     | 0.00    |
| Ketchup - SR1004 (1<br>pump)  | 150         | 40.00              | 0.00    | 0.00     | 0.00     | 320.00  | 10.00    | 0.00    |
| Shredded Lettuce -<br>SR1015 (1/4 cup<br>shredd)                              | 20          | 2.52               | 0.03    | 0.00     | 0.00     | 1.80    | 0.54     | 0.16    |
| Light Mayo - SR1005 (1<br>tbsp.)  | 20          | 45.00              | 4.00    | 0.50     | 0.00     | 130.00  | 2.00     | 0.00    |
| Yellow Mustard -<br>SR1006 (1 tbsp.)  | 20          | 0.00               | 0.00    | 0.00     | 0.00     | 165.00  | 0.00     | 0.00    |
| Yellow Onion - SR1264<br>(2 tbsp.)  | 20          | 8.58               | 0.02    | 0.01     | 0.00     | 0.86    | 2.00     | 0.24    |
| Light Ranch Dressing -<br>SR1003 (1 tbsp.)                                    | 30          | 25.00              | 1.75    | 0.25     | 0.00     | 185.00  | 2.50     | 0.00    |
| Jalapeno Peppers -<br>SR1074 (1 tbsp.)  | 30          | 0.00               | 0.00    | 0.00     | 0.00     | 174.42  | 0.00     | 0.00    |
| Sauteed Peppers -<br>OKR1210 (1/4 cup<br>strips)                              | 30          | 51.76              | 3.03    | 0.32     | 0.02     | 4.02    | 6.21     | 1.15    |
| Sliced Red Tomatoes -<br>SR1536 (2 1/2 slice)                                 | 20          | 6.75               | 0.08    | 0.01     | 0.00     | 1.88    | 1.46     | 0.33    |
| <b>XR2 Grill - Week 5<br/>Day 4 GUTHRIE -<br/>ServingDate:<br/>05/17/2018</b> |             |                    |         |          |          |         |          |         |
| Cheeseburger -<br>OKR1164 (1 burger)  | 50          | 350.00             | 13.50   | 5.50     | 0.00     | 705.00  | 34.00    | 20.50   |
| Chicken Fried Steak<br>Sandwich - OKR1234 (1<br>sandwich)                     | 0           | 470.00             | 21.00   | 5.00     | 0.00     | 590.00  | 50.00    | 22.00   |
| Hamburger - OKR1165<br>(1 burger)   | 25          | 300.00             | 9.00    | 3.00     | 0.00     | 450.00  | 34.00    | 18.00   |
| Spicy Chicken Sandwich<br>- OKR1167 (1 burger)                                | 50          | 430.00             | 17.00   | 3.00     | 0.00     | 670.00  | 48.00    | 21.00   |
| Crispy Chicken<br>Sandwich - OKR1124 (1<br>burger)                            | 25          | 430.00             | 17.00   | 2.50     | 0.00     | 670.00  | 47.00    | 22.00   |

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)   | Planned Qty | Calories (Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|-----------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 5<br/>Day 4 GUTHRIE -<br/>ServingDate:<br/>05/17/2018</b> |             |                 |         |          |          |         |          |         |
| 100% Apple Juice - SR1204 (4 fl oz cup)                                       | 100         | 60.00           | 0.00    | 0.00     | 0.00     | 5.00    | 14.00    | 0.00    |
| Whole Apple - OKR1087 (1 Whole Appl)  | 10          | 95.00           | 0.31    | 0.05     | 0.00     | 1.82    | 25.13    | 0.47    |
| Banana - SR1166 (1 medium (7"))   | 10          | 105.02          | 0.39    | 0.13     | 0.00     | 1.18    | 26.95    | 1.29    |
| Fresh Whole Oranges - SR1171 (1 small (2-3))                                  | 10          | 45.12           | 0.12    | 0.01     | 0.00     | 0.00    | 11.28    | 0.90    |
| Diced Bartlett Pears - SR1194 (1/2 c.)  | 10          | 49.27           | 0.07    | 0.00     | 0.00     | 3.94    | 12.75    | 0.34    |
| Fresh Broccoli Florets - SR1027 (1/2 c.)                                      | 50          | 10.84           | 0.12    | 0.01     | 0.00     | 10.53   | 2.12     | 0.90    |
| Caesar Side Salad - SR1428 (1 c.)   | 50          | 103.41          | 8.28    | 2.14     | 0.00     | 433.05  | 5.52     | 2.55    |
| Country Style Potato Wedges - OKR1399 (1/2 c.)                                | 150         | 119.95          | 4.00    | 0.50     | 0.00     | 139.95  | 19.99    | 2.00    |
| Chocolate Skim Milk - OKR1062 (8 oz.)   | 30          | 120.00          | 0.00    | 0.00     | 0.00     | 180.00  | 20.00    | 8.00    |
| While 1% Milk - OKR1061 (8 oz.)   | 30          | 118.34          | 2.69    | 1.61     | 0.00     | 139.86  | 13.99    | 8.61    |
| White Skim Milk - OKR1060 (8 oz.)   | 30          | 90.00           | 0.00    | 0.00     | 0.00     | 130.00  | 13.00    | 8.00    |
| Caesar Dressing - SR1551 (2 tbsp.)  | 50          | 130.00          | 14.00   | 2.50     | 0.00     | 210.00  | 1.00     | 1.00    |
| Dill Pickle Chips - SR1399 (2 tbsp.)  | 30          | 0.00            | 0.00    | 0.00     | 0.00     | 101.00  | 0.00     | 0.00    |
| Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)                                | 20          | 30.00           | 0.00    | 0.00     | 0.00     | 200.00  | 7.50     | 0.00    |
| Ketchup - SR1004 (1 pump)   | 150         | 40.00           | 0.00    | 0.00     | 0.00     | 320.00  | 10.00    | 0.00    |
| Shredded Lettuce - SR1015 (1/4 cup shredd)                                    | 20          | 2.52            | 0.03    | 0.00     | 0.00     | 1.80    | 0.54     | 0.16    |
| Light Mayo - SR1005 (1 tbsp.)   | 30          | 45.00           | 4.00    | 0.50     | 0.00     | 130.00  | 2.00     | 0.00    |
| Yellow Mustard - SR1006 (1 tbsp.)   | 30          | 0.00            | 0.00    | 0.00     | 0.00     | 165.00  | 0.00     | 0.00    |
| Yellow Onion - SR1264 (2 tbsp.)   | 20          | 8.58            | 0.02    | 0.01     | 0.00     | 0.86    | 2.00     | 0.24    |
| Light Ranch Dressing - SR1003 (1 tbsp.)                                       | 50          | 25.00           | 1.75    | 0.25     | 0.00     | 185.00  | 2.50     | 0.00    |

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)   | Planned Qty | Calories (Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|-----------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 5<br/>Day 4 GUTHRIE -<br/>ServingDate:<br/>05/17/2018</b> |             |                 |         |          |          |         |          |         |
| Jalapeno Peppers -<br>SR1074 (1 tbsp.)  | 20          | 0.00            | 0.00    | 0.00     | 0.00     | 174.42  | 0.00     | 0.00    |
| Sliced Red Tomatoes -<br>SR1536 (2 1/2 slice)                                 | 20          | 6.75            | 0.08    | 0.01     | 0.00     | 1.88    | 1.46     | 0.33    |
| <b>XR2 Grill - Week 5<br/>Day 5 :7897 -<br/>ServingDate:<br/>05/18/2018</b>   |             |                 |         |          |          |         |          |         |
| Cheeseburger -<br>OKR1164 (1 burger)  | 75          | 350.00          | 13.50   | 5.50     | 0.00     | 705.00  | 34.00    | 20.50   |
| Crispy Chicken<br>Sandwich - OKR1124 (1<br>burger)                            | 50          | 430.00          | 17.00   | 2.50     | 0.00     | 670.00  | 47.00    | 22.00   |
| Hamburger - OKR1165<br>(1 burger)   | 50          | 300.00          | 9.00    | 3.00     | 0.00     | 450.00  | 34.00    | 18.00   |
| Spicy Chicken Sandwich<br>- OKR1167 (1 burger)                                | 75          | 430.00          | 17.00   | 3.00     | 0.00     | 670.00  | 48.00    | 21.00   |
| Three Cheese Toaster -<br>OKR1013 (1 panini)                                  | 50          | 330.00          | 17.00   | 9.25     | 0.00     | 835.00  | 29.00    | 18.00   |
| 100% Apple Juice -<br>SR1204 (4 fl oz cup)                                    | 150         | 60.00           | 0.00    | 0.00     | 0.00     | 5.00    | 14.00    | 0.00    |
| Whole Apple - OKR1087<br>(1 Whole Appl)                                       | 10          | 95.00           | 0.31    | 0.05     | 0.00     | 1.82    | 25.13    | 0.47    |
| Banana - SR1166 (1<br>medium (7"))  | 10          | 105.02          | 0.39    | 0.13     | 0.00     | 1.18    | 26.95    | 1.29    |
| Mixed Fruit - SR1037<br>(1/2 c.)  | 10          | 49.99           | 0.00    | 0.00     | 0.00     | 4.35    | 12.89    | 0.50    |
| Fresh Whole Oranges -<br>SR1171 (1 small (2-3))                               | 10          | 45.12           | 0.12    | 0.01     | 0.00     | 0.00    | 11.28    | 0.90    |
| Fresh Celery Sticks -<br>SR1014 (6 stick (4" )                                | 50          | 10.34           | 0.11    | 0.03     | 0.00     | 51.71   | 1.92     | 0.45    |
| Garden Side Salad -<br>SR1429 (1 c.)  | 50          | 18.89           | 0.18    | 0.03     | 0.00     | 31.03   | 3.96     | 1.15    |
| French Fries - OKR1089<br>(1/2 c.)  | 200         | 110.00          | 3.50    | 0.50     | 0.00     | 130.00  | 18.00    | 2.00    |
| Chocolate Skim Milk -<br>OKR1062 (8 oz.)                                      | 50          | 120.00          | 0.00    | 0.00     | 0.00     | 180.00  | 20.00    | 8.00    |
| White 1% Milk -<br>OKR1061 (8 oz.)  | 50          | 118.34          | 2.69    | 1.61     | 0.00     | 139.86  | 13.99    | 8.61    |
| White Skim Milk -<br>OKR1060 (8 oz.)  | 50          | 90.00           | 0.00    | 0.00     | 0.00     | 130.00  | 13.00    | 8.00    |
| Dill Pickle Chips -<br>SR1399 (2 tbsp.)                                       | 40          | 0.00            | 0.00    | 0.00     | 0.00     | 101.00  | 0.00     | 0.00    |

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)   | Planned Qty | Calories (Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|-----------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 5<br/>Day 5 :7897 -<br/>ServingDate:<br/>05/18/2018</b> |             |                 |         |          |          |         |          |         |
| Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)                              | 20          | 30.00           | 0.00    | 0.00     | 0.00     | 200.00  | 7.50     | 0.00    |
| Ketchup - SR1004 (1 pump)   | 200         | 40.00           | 0.00    | 0.00     | 0.00     | 320.00  | 10.00    | 0.00    |
| Shredded Lettuce - SR1015 (1/4 cup shredd)                                  | 20          | 2.52            | 0.03    | 0.00     | 0.00     | 1.80    | 0.54     | 0.16    |
| Light Mayo - SR1005 (1 tbsp.)   | 30          | 45.00           | 4.00    | 0.50     | 0.00     | 130.00  | 2.00     | 0.00    |
| Yellow Mustard - SR1006 (1 tbsp.)   | 30          | 0.00            | 0.00    | 0.00     | 0.00     | 165.00  | 0.00     | 0.00    |
| Yellow Onion - SR1264 (2 tbsp.)   | 20          | 8.58            | 0.02    | 0.01     | 0.00     | 0.86    | 2.00     | 0.24    |
| Light Ranch Dressing - SR1003 (1 tbsp.)                                     | 100         | 25.00           | 1.75    | 0.25     | 0.00     | 185.00  | 2.50     | 0.00    |
| Jalapeno Peppers - SR1074 (1 tbsp.)   | 20          | 0.00            | 0.00    | 0.00     | 0.00     | 174.42  | 0.00     | 0.00    |
| Sliced Red Tomatoes - SR1536 (2 1/2 slice)                                  | 20          | 6.75            | 0.08    | 0.01     | 0.00     | 1.88    | 1.46     | 0.33    |
| <b>XR2 Grill - Week 1<br/>Day 1 - ServingDate:<br/>05/21/2018</b>           |             |                 |         |          |          |         |          |         |
| Cheeseburger - OKR1164 (1 burger)   | 25          | 350.00          | 13.50   | 5.50     | 0.00     | 705.00  | 34.00    | 20.50   |
| Crispy Chicken Sandwich - OKR1124 (1 burger)                                | 50          | 430.00          | 17.00   | 2.50     | 0.00     | 670.00  | 47.00    | 22.00   |
| Chili Cheese Hotdog - OKR1086 (1 serving)                                   | 50          | 432.78          | 16.00   | 5.00     | 0.00     | 853.37  | 49.93    | 22.54   |
| Hamburger - OKR1165 (1 burger)  | 25          | 300.00          | 9.00    | 3.00     | 0.00     | 450.00  | 34.00    | 18.00   |
| Spicy Chicken Sandwich - OKR1167 (1 burger)                                 | 75          | 430.00          | 17.00   | 3.00     | 0.00     | 670.00  | 48.00    | 21.00   |
| 100% Apple Juice - SR1204 (4 fl oz cup)                                     | 150         | 60.00           | 0.00    | 0.00     | 0.00     | 5.00    | 14.00    | 0.00    |
| Whole Apple - OKR1087 (1 Whole Appl)  | 10          | 95.00           | 0.31    | 0.05     | 0.00     | 1.82    | 25.13    | 0.47    |
| Banana - SR1166 (1 medium (7"))   | 10          | 105.02          | 0.39    | 0.13     | 0.00     | 1.18    | 26.95    | 1.29    |
| Fresh Whole Oranges - SR1171 (1 small (2-3))                                | 10          | 45.12           | 0.12    | 0.01     | 0.00     | 0.00    | 11.28    | 0.90    |

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)                                       | Planned Qty | Calories<br>(Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|--------------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 1<br/>Day 1 - ServingDate:<br/>05/21/2018</b> |             |                    |         |          |          |         |          |         |
| Pineapple Tidbits - SR1495 (1/2 c.)                               | 10          | 75.84              | 0.10    | 0.01     | 0.00     | 1.26    | 19.84    | 0.53    |
| Fresh Baby Carrots - SR1016 (1/2 c.)                              | 30          | 24.81              | 0.09    | 0.02     | 0.00     | 55.28   | 5.84     | 0.45    |
| Garden Side Salad - SR1429 (1 c.)                                 | 30          | 18.89              | 0.18    | 0.03     | 0.00     | 31.03   | 3.96     | 1.15    |
| Tater Tots - OKR1073 (1/2 c.)                                     | 175         | 90.55              | 3.52    | 0.00     | 0.00     | 160.97  | 14.09    | 1.01    |
| Chocolate Skim Milk - OKR1062 (8 oz.)                             | 30          | 120.00             | 0.00    | 0.00     | 0.00     | 180.00  | 20.00    | 8.00    |
| White 1% Milk - OKR1061 (8 oz.)                                   | 30          | 118.34             | 2.69    | 1.61     | 0.00     | 139.86  | 13.99    | 8.61    |
| White Skim Milk - OKR1060 (8 oz.)                                 | 30          | 90.00              | 0.00    | 0.00     | 0.00     | 130.00  | 13.00    | 8.00    |
| Dill Pickle Chips - SR1399 (2 tbsp.)                              | 40          | 0.00               | 0.00    | 0.00     | 0.00     | 101.00  | 0.00     | 0.00    |
| Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)                    | 20          | 30.00              | 0.00    | 0.00     | 0.00     | 200.00  | 7.50     | 0.00    |
| Ketchup - SR1004 (1 tbsp.)  | 100         | (M)                | (M)     | (M)      | (M)      | (M)     | (M)      | (M)     |
| Shredded Lettuce - SR1015 (1/4 cup shredd)                        | 30          | 2.52               | 0.03    | 0.00     | 0.00     | 1.80    | 0.54     | 0.16    |
| Light Mayo - SR1005 (1 tbsp.)                                     | 30          | 45.00              | 4.00    | 0.50     | 0.00     | 130.00  | 2.00     | 0.00    |
| Yellow Mustard - SR1006 (1 tbsp.)                                 | 40          | 0.00               | 0.00    | 0.00     | 0.00     | 165.00  | 0.00     | 0.00    |
| Yellow Onion - SR1264 (2 tbsp.)                                   | 20          | 8.58               | 0.02    | 0.01     | 0.00     | 0.86    | 2.00     | 0.24    |
| Light Ranch Dressing - SR1003 (1 tbsp.)                           | 50          | 25.00              | 1.75    | 0.25     | 0.00     | 185.00  | 2.50     | 0.00    |
| Jalapeno Peppers - SR1074 (1 tbsp.)                               | 30          | 0.00               | 0.00    | 0.00     | 0.00     | 174.42  | 0.00     | 0.00    |
| Sliced Red Tomatoes - SR1536 (2 1/2 slice)                        | 25          | 6.75               | 0.08    | 0.01     | 0.00     | 1.88    | 1.46     | 0.33    |
| <b>XR2 Grill - Week 1<br/>Day 2 - ServingDate:<br/>05/22/2018</b> |             |                    |         |          |          |         |          |         |
| Deluxe Cheeseburger - SR1055 (1 burger)                           | 50          | 320.00             | 13.50   | 5.50     | 0.00     | 695.00  | 28.00    | 20.50   |
| Crispy Chicken Sandwich - OKR1124 (1 burger)                      | 25          | 430.00             | 17.00   | 2.50     | 0.00     | 670.00  | 47.00    | 22.00   |

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)                                       | Planned Qty | Calories (Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|-----------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 1<br/>Day 2 - ServingDate:<br/>05/22/2018</b> |             |                 |         |          |          |         |          |         |
| Hamburger - OKR1165 (1 burger)                                    | 25          | 300.00          | 9.00    | 3.00     | 0.00     | 450.00  | 34.00    | 18.00   |
| Pulled Pork Sandwich - OKR1216 (1 sandwich)                       | 50          | 403.10          | 19.15   | 5.88     | 0.00     | 326.70  | 31.00    | 28.18   |
| Spicy Chicken Sandwich - OKR1167 (1 burger)                       | 75          | 430.00          | 17.00   | 3.00     | 0.00     | 670.00  | 48.00    | 21.00   |
| 100% Apple Juice - SR1204 (4 fl oz cup)                           | 100         | 60.00           | 0.00    | 0.00     | 0.00     | 5.00    | 14.00    | 0.00    |
| Whole Apple - OKR1087 (1 Whole Appl)                              | 10          | 95.00           | 0.31    | 0.05     | 0.00     | 1.82    | 25.13    | 0.47    |
| Banana - SR1166 (1 medium (7"))                                   | 10          | 105.02          | 0.39    | 0.13     | 0.00     | 1.18    | 26.95    | 1.29    |
| Fresh Whole Oranges - SR1171 (1 small (2-3))                      | 10          | 45.12           | 0.12    | 0.01     | 0.00     | 0.00    | 11.28    | 0.90    |
| Diced Peaches - SR1196 (1/2 c.)                                   | 10          | 57.95           | 0.04    | 0.00     | 0.00     | 5.27    | 15.24    | 0.83    |
| Western Baked Beans - OKR1318 (1/2 c.)                            | 175         | 190.92          | 0.01    | 0.00     | 0.00     | 797.38  | 44.03    | 7.66    |
| Fresh Broccoli Florets - SR1027 (1/2 c.)                          | 50          | 10.84           | 0.12    | 0.01     | 0.00     | 10.53   | 2.12     | 0.90    |
| Caesar Side Salad - SR1428 (1 c.)                                 | 25          | 103.41          | 8.28    | 2.14     | 0.00     | 433.05  | 5.52     | 2.55    |
| Chocolate Skim Milk - OKR1062 (8 oz.)                             | 25          | 120.00          | 0.00    | 0.00     | 0.00     | 180.00  | 20.00    | 8.00    |
| While 1% Milk - OKR1061 (8 oz.)                                   | 25          | 118.34          | 2.69    | 1.61     | 0.00     | 139.86  | 13.99    | 8.61    |
| White Skim Milk - OKR1060 (8 oz.)                                 | 25          | 90.00           | 0.00    | 0.00     | 0.00     | 130.00  | 13.00    | 8.00    |
| Caesar Dressing - SR1551 (2 tbsp.)                                | 25          | 130.00          | 14.00   | 2.50     | 0.00     | 210.00  | 1.00     | 1.00    |
| Dill Pickle Chips - SR1399 (2 tbsp.)                              | 40          | 0.00            | 0.00    | 0.00     | 0.00     | 101.00  | 0.00     | 0.00    |
| Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)                    | 25          | 30.00           | 0.00    | 0.00     | 0.00     | 200.00  | 7.50     | 0.00    |
| Ketchup - SR1004 (1 tbsp.)  | 150         | (M)             | (M)     | (M)      | (M)      | (M)     | (M)      | (M)     |
| Shredded Lettuce - SR1015 (1/4 cup shredd)                        | 30          | 2.52            | 0.03    | 0.00     | 0.00     | 1.80    | 0.54     | 0.16    |
| Light Mayo - SR1005 (1 tbsp.)                                     | 25          | 45.00           | 4.00    | 0.50     | 0.00     | 130.00  | 2.00     | 0.00    |
| Yellow Mustard - SR1006 (1 tbsp.)                                 | 25          | 0.00            | 0.00    | 0.00     | 0.00     | 165.00  | 0.00     | 0.00    |

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)                                       | Planned Qty | Calories<br>(Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|--------------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 1<br/>Day 2 - ServingDate:<br/>05/22/2018</b> |             |                    |         |          |          |         |          |         |
| Yellow Onion - SR1264<br>(2 tbsp.)                                | 25          | 8.58               | 0.02    | 0.01     | 0.00     | 0.86    | 2.00     | 0.24    |
| Light Ranch Dressing -<br>SR1003 (1 tbsp.)                        | 50          | 25.00              | 1.75    | 0.25     | 0.00     | 185.00  | 2.50     | 0.00    |
| Jalapeno Peppers -<br>SR1074 (1 tbsp.)                            | 25          | 0.00               | 0.00    | 0.00     | 0.00     | 174.42  | 0.00     | 0.00    |
| Sliced Red Tomatoes -<br>SR1536 (2 1/2 slice)                     | 25          | 6.75               | 0.08    | 0.01     | 0.00     | 1.88    | 1.46     | 0.33    |
| <b>XR2 Grill - Week 1<br/>Day 3 - ServingDate:<br/>05/23/2018</b> |             |                    |         |          |          |         |          |         |
| Crispy Chicken<br>Sandwich - OKR1124 (1<br>burger)                | 50          | 430.00             | 17.00   | 2.50     | 0.00     | 670.00  | 47.00    | 22.00   |
| Traditional Hamburger -<br>SR1107 (1 burger)                      | 150         | 270.00             | 9.00    | 3.00     | 0.00     | 440.00  | 28.00    | 18.00   |
| Spicy Chicken Sandwich<br>- OKR1167 (1 burger)                    | 50          | 430.00             | 17.00   | 3.00     | 0.00     | 670.00  | 48.00    | 21.00   |
| American Cheese Slices<br>- SR1535 (1/2 oz.)                      | 25          | 50.00              | 4.50    | 2.50     | 0.00     | 255.00  | 0.00     | 2.50    |
| Provolone Cheese -<br>OKR1213 (1/2 oz.)                           | 25          | 53.33              | 4.00    | 2.00     | 0.00     | 120.00  | 0.00     | 3.33    |
| Swiss-American Cheese<br>- OKR1212 (1/2 oz.)                      | 25          | 50.00              | 4.00    | 2.50     | 0.00     | 0.00    | 0.50     | 3.00    |
| 100% Apple Juice -<br>SR1204 (4 fl oz cup)                        | 100         | 60.00              | 0.00    | 0.00     | 0.00     | 5.00    | 14.00    | 0.00    |
| Whole Apple - OKR1087<br>(1 Whole Appl)                           | 10          | 95.00              | 0.31    | 0.05     | 0.00     | 1.82    | 25.13    | 0.47    |
| Applesauce - SR1195<br>(1/2 c.)                                   | 10          | 53.58              | 0.13    | 0.01     | 0.00     | 2.55    | 14.38    | 0.22    |
| Banana - SR1166 (1<br>medium (7"))                                | 10          | 105.02             | 0.39    | 0.13     | 0.00     | 1.18    | 26.95    | 1.29    |
| Fresh Whole Oranges -<br>SR1171 (1 small (2-3))                   | 10          | 45.12              | 0.12    | 0.01     | 0.00     | 0.00    | 11.28    | 0.90    |
| Fresh Baby Carrots -<br>SR1016 (1/2 c.)                           | 40          | 24.81              | 0.09    | 0.02     | 0.00     | 55.28   | 5.84     | 0.45    |
| Garden Side Salad -<br>SR1429 (1 c.)                              | 30          | 18.89              | 0.18    | 0.03     | 0.00     | 31.03   | 3.96     | 1.15    |
| French Fries - OKR1089<br>(1/2 c.)                                | 200         | 110.00             | 3.50    | 0.50     | 0.00     | 130.00  | 18.00    | 2.00    |
| Chocolate Skim Milk -<br>OKR1062 (8 oz.)                          | 40          | 120.00             | 0.00    | 0.00     | 0.00     | 180.00  | 20.00    | 8.00    |
| While 1% Milk -<br>OKR1061 (8 oz.)                                | 40          | 118.34             | 2.69    | 1.61     | 0.00     | 139.86  | 13.99    | 8.61    |

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)                                       | Planned Qty | Calories<br>(Kcal) | Fat (g) | Sfat (g) | TFat<br>(g) | Na<br>(mg) | Carb<br>(g) | Pro (g) |
|---|-------------|--------------------|---------|----------|-------------|------------|-------------|---------|
| <b>XR2 Grill - Week 1<br/>Day 3 - ServingDate:<br/>05/23/2018</b> |             |                    |         |          |             |            |             |         |
| White Skim Milk - OKR1060 (8 oz.)                                 | 40          | 90.00              | 0.00    | 0.00     | 0.00        | 130.00     | 13.00       | 8.00    |
| Barbecue Honey Sauce - OKR1198 (1/8 c.)                           | 20          | 73.76              | 0.00    | 0.00     | 0.00(M)     | 320.34     | 18.96       | 0.03    |
| Buffalo Ranch Sauce - SR1453 (1 tbsp.)                            | 20          | 16.79              | 1.17    | 0.17     | 0.00(M)     | 323.36     | 1.69        | 0.01    |
| Caramelized Onions - SR1210 (1/4 c.)                              | 40          | 66.38              | 2.90    | 0.29     | 0.02        | 4.14       | 9.67        | 1.14    |
| Chipotle Lime Mayonnaise - SR1294 (1 tbsp.)                       | 30          | 39.66              | 3.10    | 0.34     | 0.00(M)     | 104.92     | 3.36        | 0.04    |
| Dill Pickle Chips - SR1399 (2 tbsp.)                              | 20          | 0.00               | 0.00    | 0.00     | 0.00        | 101.00     | 0.00        | 0.00    |
| Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)                    | 20          | 30.00              | 0.00    | 0.00     | 0.00        | 200.00     | 7.50        | 0.00    |
| Ketchup - SR1004 (1 tbsp.)  | 100         | (M)                | (M)     | (M)      | (M)         | (M)        | (M)         | (M)     |
| Shredded Lettuce - SR1015 (1/4 cup shredd)                        | 30          | 2.52               | 0.03    | 0.00     | 0.00        | 1.80       | 0.54        | 0.16    |
| Light Mayo - SR1005 (1 tbsp.)                                     | 20          | 45.00              | 4.00    | 0.50     | 0.00        | 130.00     | 2.00        | 0.00    |
| Yellow Mustard - SR1006 (1 tbsp.)                                 | 20          | 0.00               | 0.00    | 0.00     | 0.00        | 165.00     | 0.00        | 0.00    |
| Yellow Onion - SR1264 (2 tbsp.)                                   | 20          | 8.58               | 0.02    | 0.01     | 0.00        | 0.86       | 2.00        | 0.24    |
| Light Ranch Dressing - SR1003 (1 tbsp.)                           | 60          | 25.00              | 1.75    | 0.25     | 0.00        | 185.00     | 2.50        | 0.00    |
| Jalapeno Peppers - SR1074 (1 tbsp.)                               | 25          | 0.00               | 0.00    | 0.00     | 0.00        | 174.42     | 0.00        | 0.00    |
| Sauteed Peppers - OKR1210 (1/4 cup strips)                        | 25          | 51.76              | 3.03    | 0.32     | 0.02        | 4.02       | 6.21        | 1.15    |
| Sliced Red Tomatoes - SR1536 (2 1/2 slice)                        | 20          | 6.75               | 0.08    | 0.01     | 0.00        | 1.88       | 1.46        | 0.33    |
| <b>XR2 Grill - Week 1<br/>Day 4 - ServingDate:<br/>05/24/2018</b> |             |                    |         |          |             |            |             |         |
| Cheeseburger - OKR1164 (1 burger)                                 | 50          | 350.00             | 13.50   | 5.50     | 0.00        | 705.00     | 34.00       | 20.50   |
| Crispy Chicken Sandwich - OKR1124 (1 burger)                      | 50          | 430.00             | 17.00   | 2.50     | 0.00        | 670.00     | 47.00       | 22.00   |

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)                                       | Planned Qty | Calories<br>(Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|--------------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 1<br/>Day 4 - ServingDate:<br/>05/24/2018</b> |             |                    |         |          |          |         |          |         |
| Grilled Chicken Sandwich - OKR1151 (1 sandwich)                   | 50          | 260.00             | 7.00    | 1.50     | 0.00     | 430.00  | 31.00    | 19.00   |
| Hamburger - OKR1165 (1 burger)                                    | 50          | 300.00             | 9.00    | 3.00     | 0.00     | 450.00  | 34.00    | 18.00   |
| Spicy Chicken Sandwich - OKR1167 (1 burger)                       | 75          | 430.00             | 17.00   | 3.00     | 0.00     | 670.00  | 48.00    | 21.00   |
| 100% Apple Juice - SR1204 (4 fl oz cup)                           | 150         | 60.00              | 0.00    | 0.00     | 0.00     | 5.00    | 14.00    | 0.00    |
| Whole Apple - OKR1087 (1 Whole Appl)                              | 10          | 95.00              | 0.31    | 0.05     | 0.00     | 1.82    | 25.13    | 0.47    |
| Banana - SR1166 (1 medium (7"))                                   | 10          | 105.02             | 0.39    | 0.13     | 0.00     | 1.18    | 26.95    | 1.29    |
| Fresh Whole Oranges - SR1171 (1 small (2-3))                      | 10          | 45.12              | 0.12    | 0.01     | 0.00     | 0.00    | 11.28    | 0.90    |
| Diced Bartlett Pears - SR1194 (1/2 c.)                            | 10          | 49.27              | 0.07    | 0.00     | 0.00     | 3.94    | 12.75    | 0.34    |
| Fresh Broccoli Florets - SR1027 (1/2 c.)                          | 50          | 10.84              | 0.12    | 0.01     | 0.00     | 10.53   | 2.12     | 0.90    |
| Caesar Side Salad - SR1428 (1 c.)                                 | 50          | 103.41             | 8.28    | 2.14     | 0.00     | 433.05  | 5.52     | 2.55    |
| Country Style Potato Wedges - OKR1399 (1/2 c.)                    | 200         | 119.95             | 4.00    | 0.50     | 0.00     | 139.95  | 19.99    | 2.00    |
| Chocolate Skim Milk - OKR1062 (8 oz.)                             | 30          | 120.00             | 0.00    | 0.00     | 0.00     | 180.00  | 20.00    | 8.00    |
| White 1% Milk - OKR1061 (8 oz.)                                   | 30          | 118.34             | 2.69    | 1.61     | 0.00     | 139.86  | 13.99    | 8.61    |
| White Skim Milk - OKR1060 (8 oz.)                                 | 30          | 90.00              | 0.00    | 0.00     | 0.00     | 130.00  | 13.00    | 8.00    |
| Caesar Dressing - SR1551 (2 tbsp.)                                | 50          | 130.00             | 14.00   | 2.50     | 0.00     | 210.00  | 1.00     | 1.00    |
| Dill Pickle Chips - SR1399 (2 tbsp.)                              | 40          | 0.00               | 0.00    | 0.00     | 0.00     | 101.00  | 0.00     | 0.00    |
| Ketchup - SR1004 (1 tbsp.)  | 150         | (M)                | (M)     | (M)      | (M)      | (M)     | (M)      | (M)     |
| Shredded Lettuce - SR1015 (1/4 cup shredd)                        | 30          | 2.52               | 0.03    | 0.00     | 0.00     | 1.80    | 0.54     | 0.16    |
| Light Mayo - SR1005 (1 tbsp.)                                     | 25          | 45.00              | 4.00    | 0.50     | 0.00     | 130.00  | 2.00     | 0.00    |
| Yellow Mustard - SR1006 (1 tbsp.)                                 | 25          | 0.00               | 0.00    | 0.00     | 0.00     | 165.00  | 0.00     | 0.00    |

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)                                   | Planned Qty | Calories (Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|-----------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 1<br/>Day 4 - ServingDate: 05/24/2018</b> |             |                 |         |          |          |         |          |         |
| Yellow Onion - SR1264 (2 tbsp.)                               | 20          | 8.58            | 0.02    | 0.01     | 0.00     | 0.86    | 2.00     | 0.24    |
| Light Ranch Dressing - SR1003 (1 tbsp.)                       | 50          | 25.00           | 1.75    | 0.25     | 0.00     | 185.00  | 2.50     | 0.00    |
| Jalapeno Peppers - SR1074 (1 tbsp.)                           | 25          | 0.00            | 0.00    | 0.00     | 0.00     | 174.42  | 0.00     | 0.00    |
| Sliced Red Tomatoes - SR1536 (2 1/2 slice)                    | 20          | 6.75            | 0.08    | 0.01     | 0.00     | 1.88    | 1.46     | 0.33    |
| <b>XR2 Grill - Week 1<br/>Day 5 - ServingDate: 05/25/2018</b> |             |                 |         |          |          |         |          |         |
| Cheeseburger - OKR1164 (1 burger)                             | 75          | 350.00          | 13.50   | 5.50     | 0.00     | 705.00  | 34.00    | 20.50   |
| Crispy Chicken Sandwich - OKR1124 (1 burger)                  | 50          | 430.00          | 17.00   | 2.50     | 0.00     | 670.00  | 47.00    | 22.00   |
| Hamburger - OKR1165 (1 burger)                                | 50          | 300.00          | 9.00    | 3.00     | 0.00     | 450.00  | 34.00    | 18.00   |
| Spicy Chicken Sandwich - OKR1167 (1 burger)                   | 75          | 430.00          | 17.00   | 3.00     | 0.00     | 670.00  | 48.00    | 21.00   |
| Three Cheese Toaster - OKR1013 (1 panini)                     | 50          | 330.00          | 17.00   | 9.25     | 0.00     | 835.00  | 29.00    | 18.00   |
| 100% Apple Juice - SR1204 (4 fl oz cup)                       | 100         | 60.00           | 0.00    | 0.00     | 0.00     | 5.00    | 14.00    | 0.00    |
| Whole Apple - OKR1087 (1 Whole Appl)                          | 10          | 95.00           | 0.31    | 0.05     | 0.00     | 1.82    | 25.13    | 0.47    |
| Banana - SR1166 (1 medium (7"))                               | 10          | 105.02          | 0.39    | 0.13     | 0.00     | 1.18    | 26.95    | 1.29    |
| Mixed Fruit - SR1037 (1/2 c.)                                 | 10          | 49.99           | 0.00    | 0.00     | 0.00     | 4.35    | 12.89    | 0.50    |
| Fresh Whole Oranges - SR1171 (1 small (2-3))                  | 10          | 45.12           | 0.12    | 0.01     | 0.00     | 0.00    | 11.28    | 0.90    |
| Fresh Celery Sticks - SR1014 (6 stick (4" )                   | 50          | 10.34           | 0.11    | 0.03     | 0.00     | 51.71   | 1.92     | 0.45    |
| Garden Side Salad - SR1429 (1 c.)                             | 50          | 18.89           | 0.18    | 0.03     | 0.00     | 31.03   | 3.96     | 1.15    |
| French Fries - OKR1089 (1/2 c.)                               | 250         | 110.00          | 3.50    | 0.50     | 0.00     | 130.00  | 18.00    | 2.00    |
| Chocolate Skim Milk - OKR1062 (8 oz.)                         | 50          | 120.00          | 0.00    | 0.00     | 0.00     | 180.00  | 20.00    | 8.00    |
| White 1% Milk - OKR1061 (8 oz.)                               | 50          | 118.34          | 2.69    | 1.61     | 0.00     | 139.86  | 13.99    | 8.61    |
| White Skim Milk - OKR1060 (8 oz.)                             | 50          | 90.00           | 0.00    | 0.00     | 0.00     | 130.00  | 13.00    | 8.00    |

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)                                       | Planned Qty | Calories<br>(Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|--------------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 1<br/>Day 5 - ServingDate:<br/>05/25/2018</b> |             |                    |         |          |          |         |          |         |
| Dill Pickle Chips - SR1399 (2 tbsp.)                              | 40          | 0.00               | 0.00    | 0.00     | 0.00     | 101.00  | 0.00     | 0.00    |
| Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)                    | 30          | 30.00              | 0.00    | 0.00     | 0.00     | 200.00  | 7.50     | 0.00    |
| Ketchup - SR1004 (1 tbsp.)  | 200         | (M)                | (M)     | (M)      | (M)      | (M)     | (M)      | (M)     |
| Shredded Lettuce - SR1015 (1/4 cup shredd)                        | 50          | 2.52               | 0.03    | 0.00     | 0.00     | 1.80    | 0.54     | 0.16    |
| Light Mayo - SR1005 (1 tbsp.)                                     | 30          | 45.00              | 4.00    | 0.50     | 0.00     | 130.00  | 2.00     | 0.00    |
| Yellow Mustard - SR1006 (1 tbsp.)                                 | 50          | 0.00               | 0.00    | 0.00     | 0.00     | 165.00  | 0.00     | 0.00    |
| Yellow Onion - SR1264 (2 tbsp.)                                   | 30          | 8.58               | 0.02    | 0.01     | 0.00     | 0.86    | 2.00     | 0.24    |
| Light Ranch Dressing - SR1003 (1 tbsp.)                           | 100         | 25.00              | 1.75    | 0.25     | 0.00     | 185.00  | 2.50     | 0.00    |
| Jalapeno Peppers - SR1074 (1 tbsp.)                               | 40          | 0.00               | 0.00    | 0.00     | 0.00     | 174.42  | 0.00     | 0.00    |
| Sliced Red Tomatoes - SR1536 (2 1/2 slice)                        | 40          | 6.75               | 0.08    | 0.01     | 0.00     | 1.88    | 1.46     | 0.33    |
| <b>XR2 Grill - Week 2<br/>Day 1 - ServingDate:<br/>05/28/2018</b> |             |                    |         |          |          |         |          |         |
| Cheeseburger - OKR1164 (1 burger)                                 | 50          | 350.00             | 13.50   | 5.50     | 0.00     | 705.00  | 34.00    | 20.50   |
| Crispy Chicken Sandwich - OKR1124 (1 burger)                      | 50          | 430.00             | 17.00   | 2.50     | 0.00     | 670.00  | 47.00    | 22.00   |
| Corn Dog - SR1023 (1 corn dog)                                    | 50          | 240.00             | 8.00    | 2.50     | 0.00     | 390.00  | 30.00    | 9.00    |
| Hamburger - OKR1165 (1 burger)                                    | 25          | 300.00             | 9.00    | 3.00     | 0.00     | 450.00  | 34.00    | 18.00   |
| Spicy Chicken Sandwich - OKR1167 (1 burger)                       | 50          | 430.00             | 17.00   | 3.00     | 0.00     | 670.00  | 48.00    | 21.00   |
| 100% Apple Juice - SR1204 (4 fl oz cup)                           | 100         | 60.00              | 0.00    | 0.00     | 0.00     | 5.00    | 14.00    | 0.00    |
| Whole Apple - OKR1087 (1 Whole Appl)                              | 10          | 95.00              | 0.31    | 0.05     | 0.00     | 1.82    | 25.13    | 0.47    |
| Banana - SR1166 (1 medium (7"))                                   | 10          | 105.02             | 0.39    | 0.13     | 0.00     | 1.18    | 26.95    | 1.29    |
| Fresh Whole Oranges - SR1171 (1 small (2-3))                      | 10          | 45.12              | 0.12    | 0.01     | 0.00     | 0.00    | 11.28    | 0.90    |

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)                    | Planned Qty | Calories<br>(Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|--|-------------|--------------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 2</b>                      |             |                    |         |          |          |         |          |         |
| <b>Day 1 - ServingDate: 05/28/2018</b>         |             |                    |         |          |          |         |          |         |
| Pineapple Tidbits - SR1495 (1/2 c.)            | 10          | 75.84              | 0.10    | 0.01     | 0.00     | 1.26    | 19.84    | 0.53    |
| Fresh Baby Carrots - SR1016 (1/2 c.)           | 50          | 24.81              | 0.09    | 0.02     | 0.00     | 55.28   | 5.84     | 0.45    |
| Garden Side Salad - SR1429 (1 c.)              | 25          | 18.89              | 0.18    | 0.03     | 0.00     | 31.03   | 3.96     | 1.15    |
| Tater Tots - OKR1073 (1/2 c.)                  | 200         | 90.55              | 3.52    | 0.00     | 0.00     | 160.97  | 14.09    | 1.01    |
| Chocolate Skim Milk - OKR1062 (8 oz.)          | 40          | 120.00             | 0.00    | 0.00     | 0.00     | 180.00  | 20.00    | 8.00    |
| White 1% Milk - OKR1061 (8 oz.)                | 40          | 118.34             | 2.69    | 1.61     | 0.00     | 139.86  | 13.99    | 8.61    |
| White Skim Milk - OKR1060 (8 oz.)              | 40          | 90.00              | 0.00    | 0.00     | 0.00     | 130.00  | 13.00    | 8.00    |
| Dill Pickle Chips - SR1399 (2 tbsp.)           | 40          | 0.00               | 0.00    | 0.00     | 0.00     | 101.00  | 0.00     | 0.00    |
| Kansas City Barbecue Sauce - OKR1022 (1 tbsp.) | 25          | 30.00              | 0.00    | 0.00     | 0.00     | 200.00  | 7.50     | 0.00    |
| Ketchup - SR1004 (1 tbsp.)                     | 200         | (M)                | (M)     | (M)      | (M)      | (M)     | (M)      | (M)     |
| Shredded Lettuce - SR1015 (1/4 cup shredd)     | 50          | 2.52               | 0.03    | 0.00     | 0.00     | 1.80    | 0.54     | 0.16    |
| Light Mayo - SR1005 (1 tbsp.)                  | 40          | 45.00              | 4.00    | 0.50     | 0.00     | 130.00  | 2.00     | 0.00    |
| Yellow Mustard - SR1006 (1 tbsp.)              | 30          | 0.00               | 0.00    | 0.00     | 0.00     | 165.00  | 0.00     | 0.00    |
| Yellow Onion - SR1264 (2 tbsp.)                | 25          | 8.58               | 0.02    | 0.01     | 0.00     | 0.86    | 2.00     | 0.24    |
| Light Ranch Dressing - SR1003 (1 tbsp.)        | 50          | 25.00              | 1.75    | 0.25     | 0.00     | 185.00  | 2.50     | 0.00    |
| Jalapeno Peppers - SR1074 (1 tbsp.)            | 30          | 0.00               | 0.00    | 0.00     | 0.00     | 174.42  | 0.00     | 0.00    |
| Sliced Red Tomatoes - SR1536 (2 1/2 slice)     | 20          | 6.75               | 0.08    | 0.01     | 0.00     | 1.88    | 1.46     | 0.33    |
| <b>XR2 Grill - Week 2</b>                      |             |                    |         |          |          |         |          |         |
| <b>Day 2 - ServingDate: 05/29/2018</b>         |             |                    |         |          |          |         |          |         |
| Cheeseburger - OKR1164 (1 burger)              | 50          | 350.00             | 13.50   | 5.50     | 0.00     | 705.00  | 34.00    | 20.50   |
| Crispy Chicken Sandwich - OKR1124 (1 burger)   | 50          | 430.00             | 17.00   | 2.50     | 0.00     | 670.00  | 47.00    | 22.00   |

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)                                       | Planned Qty | Calories<br>(Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|--------------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 2<br/>Day 2 - ServingDate:<br/>05/29/2018</b> |             |                    |         |          |          |         |          |         |
| Hamburger - OKR1165<br>(1 burger)                                 | 25          | 300.00             | 9.00    | 3.00     | 0.00     | 450.00  | 34.00    | 18.00   |
| Pulled Pork Sandwich -<br>OKR1216 (1 sandwich)                    | 25          | 403.10             | 19.15   | 5.88     | 0.00     | 326.70  | 31.00    | 28.18   |
| Spicy Chicken Sandwich -<br>OKR1167 (1 burger)                    | 50          | 430.00             | 17.00   | 3.00     | 0.00     | 670.00  | 48.00    | 21.00   |
| 100% Apple Juice -<br>SR1204 (4 fl oz cup)                        | 100         | 60.00              | 0.00    | 0.00     | 0.00     | 5.00    | 14.00    | 0.00    |
| Whole Apple - OKR1087<br>(1 Whole Appl)                           | 10          | 95.00              | 0.31    | 0.05     | 0.00     | 1.82    | 25.13    | 0.47    |
| Banana - SR1166 (1<br>medium (7"))                                | 10          | 105.02             | 0.39    | 0.13     | 0.00     | 1.18    | 26.95    | 1.29    |
| Fresh Whole Oranges -<br>SR1171 (1 small (2-3))                   | 10          | 45.12              | 0.12    | 0.01     | 0.00     | 0.00    | 11.28    | 0.90    |
| Diced Peaches -<br>SR1196 (1/2 c.)                                | 10          | 57.95              | 0.04    | 0.00     | 0.00     | 5.27    | 15.24    | 0.83    |
| Western Baked Beans -<br>OKR1318 (1/2 c.)                         | 150         | 190.92             | 0.01    | 0.00     | 0.00     | 797.38  | 44.03    | 7.66    |
| Fresh Broccoli Florets -<br>SR1027 (1/2 c.)                       | 50          | 10.84              | 0.12    | 0.01     | 0.00     | 10.53   | 2.12     | 0.90    |
| Caesar Side Salad -<br>SR1428 (1 c.)                              | 50          | 103.41             | 8.28    | 2.14     | 0.00     | 433.05  | 5.52     | 2.55    |
| Chocolate Skim Milk -<br>OKR1062 (8 oz.)                          | 25          | 120.00             | 0.00    | 0.00     | 0.00     | 180.00  | 20.00    | 8.00    |
| While 1% Milk -<br>OKR1061 (8 oz.)                                | 25          | 118.34             | 2.69    | 1.61     | 0.00     | 139.86  | 13.99    | 8.61    |
| White Skim Milk -<br>OKR1060 (8 oz.)                              | 25          | 90.00              | 0.00    | 0.00     | 0.00     | 130.00  | 13.00    | 8.00    |
| Caesar Dressing -<br>SR1551 (2 tbsp.)                             | 50          | 130.00             | 14.00   | 2.50     | 0.00     | 210.00  | 1.00     | 1.00    |
| Dill Pickle Chips -<br>SR1399 (2 tbsp.)                           | 40          | 0.00               | 0.00    | 0.00     | 0.00     | 101.00  | 0.00     | 0.00    |
| Kansas City Barbecue<br>Sauce - OKR1022 (1<br>tbsp.)              | 25          | 30.00              | 0.00    | 0.00     | 0.00     | 200.00  | 7.50     | 0.00    |
| Ketchup - SR1004 (1<br>tbsp.)                                     | 150         | (M)                | (M)     | (M)      | (M)      | (M)     | (M)      | (M)     |
| Shredded Lettuce -<br>SR1015 (1/4 cup<br>shredd)                  | 40          | 2.52               | 0.03    | 0.00     | 0.00     | 1.80    | 0.54     | 0.16    |
| Light Mayo - SR1005 (1<br>tbsp.)                                  | 30          | 45.00              | 4.00    | 0.50     | 0.00     | 130.00  | 2.00     | 0.00    |
| Yellow Mustard -<br>SR1006 (1 tbsp.)                              | 30          | 0.00               | 0.00    | 0.00     | 0.00     | 165.00  | 0.00     | 0.00    |

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)                                       | Planned Qty | Calories<br>(Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|--------------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 2<br/>Day 2 - ServingDate:<br/>05/29/2018</b> |             |                    |         |          |          |         |          |         |
| Yellow Onion - SR1264<br>(2 tbsp.)                                | 25          | 8.58               | 0.02    | 0.01     | 0.00     | 0.86    | 2.00     | 0.24    |
| Light Ranch Dressing -<br>SR1003 (1 tbsp.)                        | 50          | 25.00              | 1.75    | 0.25     | 0.00     | 185.00  | 2.50     | 0.00    |
| Jalapeno Peppers -<br>SR1074 (1 tbsp.)                            | 30          | 0.00               | 0.00    | 0.00     | 0.00     | 174.42  | 0.00     | 0.00    |
| Sliced Red Tomatoes -<br>SR1536 (2 1/2 slice)                     | 25          | 6.75               | 0.08    | 0.01     | 0.00     | 1.88    | 1.46     | 0.33    |
| <b>XR2 Grill - Week 2<br/>Day 3 - ServingDate:<br/>05/30/2018</b> |             |                    |         |          |          |         |          |         |
| Crispy Chicken<br>Sandwich - OKR1124 (1<br>burger)                | 50          | 430.00             | 17.00   | 2.50     | 0.00     | 670.00  | 47.00    | 22.00   |
| Traditional Hamburger -<br>SR1107 (1 burger)                      | 100         | 270.00             | 9.00    | 3.00     | 0.00     | 440.00  | 28.00    | 18.00   |
| Spicy Chicken Sandwich<br>- OKR1167 (1 burger)                    | 75          | 430.00             | 17.00   | 3.00     | 0.00     | 670.00  | 48.00    | 21.00   |
| American Cheese Slices<br>- SR1535 (1/2 oz.)                      | 25          | 50.00              | 4.50    | 2.50     | 0.00     | 255.00  | 0.00     | 2.50    |
| Provolone Cheese -<br>OKR1213 (1/2 oz.)                           | 25          | 53.33              | 4.00    | 2.00     | 0.00     | 120.00  | 0.00     | 3.33    |
| Swiss-American Cheese<br>- OKR1212 (1/2 oz.)                      | 25          | 50.00              | 4.00    | 2.50     | 0.00     | 0.00    | 0.50     | 3.00    |
| 100% Apple Juice -<br>SR1204 (4 fl oz cup)                        | 100         | 60.00              | 0.00    | 0.00     | 0.00     | 5.00    | 14.00    | 0.00    |
| Whole Apple - OKR1087<br>(1 Whole Appl)                           | 10          | 95.00              | 0.31    | 0.05     | 0.00     | 1.82    | 25.13    | 0.47    |
| Applesauce - SR1195<br>(1/2 c.)                                   | 10          | 53.58              | 0.13    | 0.01     | 0.00     | 2.55    | 14.38    | 0.22    |
| Banana - SR1166 (1<br>medium (7"))                                | 10          | 105.02             | 0.39    | 0.13     | 0.00     | 1.18    | 26.95    | 1.29    |
| Fresh Whole Oranges -<br>SR1171 (1 small (2-3))                   | 10          | 45.12              | 0.12    | 0.01     | 0.00     | 0.00    | 11.28    | 0.90    |
| Fresh Baby Carrots -<br>SR1016 (1/2 c.)                           | 40          | 24.81              | 0.09    | 0.02     | 0.00     | 55.28   | 5.84     | 0.45    |
| Garden Side Salad -<br>SR1429 (1 c.)                              | 40          | 18.89              | 0.18    | 0.03     | 0.00     | 31.03   | 3.96     | 1.15    |
| French Fries - OKR1089<br>(1/2 c.)                                | 150         | 110.00             | 3.50    | 0.50     | 0.00     | 130.00  | 18.00    | 2.00    |
| Chocolate Skim Milk -<br>OKR1062 (8 oz.)                          | 40          | 120.00             | 0.00    | 0.00     | 0.00     | 180.00  | 20.00    | 8.00    |
| While 1% Milk -<br>OKR1061 (8 oz.)                                | 40          | 118.34             | 2.69    | 1.61     | 0.00     | 139.86  | 13.99    | 8.61    |

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)                                       | Planned Qty | Calories<br>(Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|--------------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 2<br/>Day 3 - ServingDate:<br/>05/30/2018</b> |             |                    |         |          |          |         |          |         |
| White Skim Milk - OKR1060 (8 oz.)                                 | 40          | 90.00              | 0.00    | 0.00     | 0.00     | 130.00  | 13.00    | 8.00    |
| Barbecue Honey Sauce - OKR1198 (1/8 c.)                           | 20          | 73.76              | 0.00    | 0.00     | 0.00(M)  | 320.34  | 18.96    | 0.03    |
| Buffalo Ranch Sauce - SR1453 (1 tbsp.)                            | 20          | 16.79              | 1.17    | 0.17     | 0.00(M)  | 323.36  | 1.69     | 0.01    |
| Caramelized Onions - SR1210 (1/4 c.)                              | 30          | 66.38              | 2.90    | 0.29     | 0.02     | 4.14    | 9.67     | 1.14    |
| Chipotle Lime Mayonnaise - SR1294 (1 tbsp.)                       | 30          | 39.66              | 3.10    | 0.34     | 0.00(M)  | 104.92  | 3.36     | 0.04    |
| Dill Pickle Chips - SR1399 (2 tbsp.)                              | 40          | 0.00               | 0.00    | 0.00     | 0.00     | 101.00  | 0.00     | 0.00    |
| Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)                    | 20          | 30.00              | 0.00    | 0.00     | 0.00     | 200.00  | 7.50     | 0.00    |
| Ketchup - SR1004 (1 tbsp.)  | 150         | (M)                | (M)     | (M)      | (M)      | (M)     | (M)      | (M)     |
| Shredded Lettuce - SR1015 (1/4 cup shredd)                        | 30          | 2.52               | 0.03    | 0.00     | 0.00     | 1.80    | 0.54     | 0.16    |
| Light Mayo - SR1005 (1 tbsp.)                                     | 30          | 45.00              | 4.00    | 0.50     | 0.00     | 130.00  | 2.00     | 0.00    |
| Yellow Mustard - SR1006 (1 tbsp.)                                 | 30          | 0.00               | 0.00    | 0.00     | 0.00     | 165.00  | 0.00     | 0.00    |
| Yellow Onion - SR1264 (2 tbsp.)                                   | 20          | 8.58               | 0.02    | 0.01     | 0.00     | 0.86    | 2.00     | 0.24    |
| Light Ranch Dressing - SR1003 (1 tbsp.)                           | 70          | 25.00              | 1.75    | 0.25     | 0.00     | 185.00  | 2.50     | 0.00    |
| Jalapeno Peppers - SR1074 (1 tbsp.)                               | 30          | 0.00               | 0.00    | 0.00     | 0.00     | 174.42  | 0.00     | 0.00    |
| Sauteed Peppers - OKR1210 (1/4 cup strips)                        | 30          | 51.76              | 3.03    | 0.32     | 0.02     | 4.02    | 6.21     | 1.15    |
| Sliced Red Tomatoes - SR1536 (2 1/2 slice)                        | 20          | 6.75               | 0.08    | 0.01     | 0.00     | 1.88    | 1.46     | 0.33    |
| <b>XR2 Grill - Week 2<br/>Day 4 - ServingDate:<br/>05/31/2018</b> |             |                    |         |          |          |         |          |         |
| Cheeseburger - OKR1164 (1 burger)                                 | 75          | 350.00             | 13.50   | 5.50     | 0.00     | 705.00  | 34.00    | 20.50   |
| Crispy Chicken Sandwich - OKR1124 (1 burger)                      | 25          | 430.00             | 17.00   | 2.50     | 0.00     | 670.00  | 47.00    | 22.00   |

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)                                       | Planned Qty | Calories<br>(Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|--------------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 2<br/>Day 4 - ServingDate:<br/>05/31/2018</b> |             |                    |         |          |          |         |          |         |
| Chicken Fried Steak Sandwich - OKR1234 (1 sandwich)               | 50          | 470.00             | 21.00   | 5.00     | 0.00     | 590.00  | 50.00    | 22.00   |
| Hamburger - OKR1165 (1 burger)                                    | 25          | 300.00             | 9.00    | 3.00     | 0.00     | 450.00  | 34.00    | 18.00   |
| Spicy Chicken Sandwich - OKR1167 (1 burger)                       | 50          | 430.00             | 17.00   | 3.00     | 0.00     | 670.00  | 48.00    | 21.00   |
| 100% Apple Juice - SR1204 (4 fl oz cup)                           | 100         | 60.00              | 0.00    | 0.00     | 0.00     | 5.00    | 14.00    | 0.00    |
| Whole Apple - OKR1087 (1 Whole Appl)                              | 10          | 95.00              | 0.31    | 0.05     | 0.00     | 1.82    | 25.13    | 0.47    |
| Banana - SR1166 (1 medium (7"))                                   | 10          | 105.02             | 0.39    | 0.13     | 0.00     | 1.18    | 26.95    | 1.29    |
| Fresh Whole Oranges - SR1171 (1 small (2-3))                      | 10          | 45.12              | 0.12    | 0.01     | 0.00     | 0.00    | 11.28    | 0.90    |
| Diced Bartlett Pears - SR1194 (1/2 c.)                            | 10          | 49.27              | 0.07    | 0.00     | 0.00     | 3.94    | 12.75    | 0.34    |
| Fresh Broccoli Florets - SR1027 (1/2 c.)                          | 50          | 10.84              | 0.12    | 0.01     | 0.00     | 10.53   | 2.12     | 0.90    |
| Caesar Side Salad - SR1428 (1 c.)                                 | 50          | 103.41             | 8.28    | 2.14     | 0.00     | 433.05  | 5.52     | 2.55    |
| Country Style Potato Wedges - OKR1399 (1/2 c.)                    | 150         | 119.95             | 4.00    | 0.50     | 0.00     | 139.95  | 19.99    | 2.00    |
| Chocolate Skim Milk - OKR1062 (8 oz.)                             | 40          | 120.00             | 0.00    | 0.00     | 0.00     | 180.00  | 20.00    | 8.00    |
| White 1% Milk - OKR1061 (8 oz.)                                   | 40          | 118.34             | 2.69    | 1.61     | 0.00     | 139.86  | 13.99    | 8.61    |
| White Skim Milk - OKR1060 (8 oz.)                                 | 40          | 90.00              | 0.00    | 0.00     | 0.00     | 130.00  | 13.00    | 8.00    |
| Caesar Dressing - SR1551 (2 tbsp.)                                | 50          | 130.00             | 14.00   | 2.50     | 0.00     | 210.00  | 1.00     | 1.00    |
| Dill Pickle Chips - SR1399 (2 tbsp.)                              | 40          | 0.00               | 0.00    | 0.00     | 0.00     | 101.00  | 0.00     | 0.00    |
| Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)                    | 20          | 30.00              | 0.00    | 0.00     | 0.00     | 200.00  | 7.50     | 0.00    |
| Ketchup - SR1004 (1 tbsp.)  | 150         | (M)                | (M)     | (M)      | (M)      | (M)     | (M)      | (M)     |
| Shredded Lettuce - SR1015 (1/4 cup shredd)                        | 30          | 2.52               | 0.03    | 0.00     | 0.00     | 1.80    | 0.54     | 0.16    |
| Light Mayo - SR1005 (1 tbsp.)                                     | 30          | 45.00              | 4.00    | 0.50     | 0.00     | 130.00  | 2.00     | 0.00    |

# Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School  
 Date: 05/01/2018 - 05/31/2018

| Item Name<br>(Serving Size)                                       | Planned Qty | Calories (Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|-----------------|---------|----------|----------|---------|----------|---------|
| <b>XR2 Grill - Week 2<br/>Day 4 - ServingDate:<br/>05/31/2018</b> |             |                 |         |          |          |         |          |         |
| Yellow Mustard - SR1006 (1 tbsp.)                                 | 30          | 0.00            | 0.00    | 0.00     | 0.00     | 165.00  | 0.00     | 0.00    |
| Yellow Onion - SR1264 (2 tbsp.)                                   | 20          | 8.58            | 0.02    | 0.01     | 0.00     | 0.86    | 2.00     | 0.24    |
| Light Ranch Dressing - SR1003 (1 tbsp.)                           | 60          | 25.00           | 1.75    | 0.25     | 0.00     | 185.00  | 2.50     | 0.00    |
| Jalapeno Peppers - SR1074 (1 tbsp.)                               | 30          | 0.00            | 0.00    | 0.00     | 0.00     | 174.42  | 0.00     | 0.00    |
| Sliced Red Tomatoes - SR1536 (2 1/2 slice)                        | 20          | 6.75            | 0.08    | 0.01     | 0.00     | 1.88    | 1.46     | 0.33    |

**Legend**  
 (M) - Missing Nutrient Values

**Report Selections**

Meal Type: Lunch  
 Site Group: CrossRoads Café  
 Menu Line: CRC-Grill  
 Serving Group: 9-12  
 Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.