

Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School
 Date: 05/01/2018 - 05/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Fast Takes - Week 3 Day 2 - ServingDate: 05/01/2018								
Classic Chef Salad - SR1083 (1 salad)	15	222.58	12.33	4.98	0.00	648.44	8.10	20.97
Chicken Caesar Wrap - SR1530 (1 wrap)	0	420.74	22.62	4.72	0.00	647.59	32.34	26.21
Twisted Breadstick - OKR1002 (1 breadstick)	15	191.89	2.40	0.00	0.00	239.86	35.98	7.20
100% Apple Juice - SR1204 (4 fl oz cup)	5	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	2	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	2	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	2	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	2	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Fresh Broccoli Florets - SR1027 (1/2 c.)	5	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	2	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Chocolate Skim Milk - OKR1062 (8 oz.)	5	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Caesar Dressing - SR1551 (2 tbsp.)	10	130.00	14.00	2.50	0.00	210.00	1.00	1.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	15	25.00	1.75	0.25	0.00	185.00	2.50	0.00

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XR2 Fast Takes - Week 3 Day 3 - ServingDate: 05/02/2018								
Chicken Salad Sub Sandwich - SR1200 (1 sandwich)	0	331.87	12.69	2.09	0.00	450.17	32.15	22.82
Large Spinach Salad - SR1531 (1 salad)	15	162.72	6.86	2.64	0.00	248.86	15.68	13.28
Twisted Breadstick - OKR1002 (1 breadstick)	15	191.89	2.40	0.00	0.00	239.86	35.98	7.20
100% Apple Juice - SR1204 (4 fl oz cup)	5	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	2	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Applesauce - SR1195 (1/2 c.)	2	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	2	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	2	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	5	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	2	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate Skim Milk - OKR1062 (8 oz.)	5	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	15	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Fast Takes - Week 3 Day 4 - ServingDate: 05/03/2018								
Spicy Buffalo Chicken Wrap - OKR1231 (1 wrap)	15	465.20	21.61	5.33	0.00	2046.44	49.78	21.46

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XR2 Fast Takes - Week 3 Day 4 - ServingDate: 05/03/2018								
Chicken Caesar Salad - SR1094 (1 salad)	0	178.97	8.02	2.05	0.00	447.87	8.73	19.84
Twisted Breadstick - OKR1002 (1 breadstick)	10	191.89	2.40	0.00	0.00	239.86	35.98	7.20
100% Apple Juice - SR1204 (4 fl oz cup)	5	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	2	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	2	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	2	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Bartlett Pears - SR1194 (1/2 c.)	2	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Fresh Broccoli Florets - SR1027 (1/2 c.)	5	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	2	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Chocolate Skim Milk - OKR1062 (8 oz.)	5	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Caesar Dressing - SR1551 (2 tbsp.)	12	130.00	14.00	2.50	0.00	210.00	1.00	1.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	20	25.00	1.75	0.25	0.00	185.00	2.50	0.00

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XR2 Fast Takes - Week 3 Day 5 - ServingDate: 05/04/2018								
Buffalo Chicken Salad G612, Tyson Popcorn Chicken, mixed greens, celery, carrot, black bean, cheddar, RECIPE - OKR1233 (1 salad)	15	309.47	15.62	4.60	0.00	1691.71	24.51	19.15
Chef Wrap - OKR1105 (1 wrap)	10	381.63	18.25	6.78	0.00	1259.56	36.55	21.58
Twisted Breadstick - OKR1002 (1 breadstick)	15	191.89	2.40	0.00	0.00	239.86	35.98	7.20
100% Apple Juice - SR1204 (4 fl oz cup)	5	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	2	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	2	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Mixed Fruit - SR1037 (1/2 c.)	2	49.99	0.00	0.00	0.00	4.35	12.89	0.50
Fresh Whole Oranges - SR1171 (1 small (2-3))	2	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Celery Sticks - SR1014 (6 stick (4")	5	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Garden Side Salad - SR1429 (1 c.)	2	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate Skim Milk - OKR1062 (8 oz.)	5	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	2	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	2	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	25	25.00	1.75	0.25	0.00	185.00	2.50	0.00

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XR2 Fast Takes - Week 4 Day 1 - ServingDate: 05/07/2018								
Hearty Garden Salad - OKR1069 (1 salad)	10	149.20	3.84	0.88	0.00	130.26	19.57	9.89
Sweet & Spicy Sandwich - OKR1012 (1 sandwich)	15	414.61	18.47	6.96	0.00(M)	1019.96	39.70	23.42
Twisted Breadstick - OKR1002 (1 breadstick)	10	191.89	2.40	0.00	0.00	239.86	35.98	7.20
100% Apple Juice - SR1204 (4 fl oz cup)	5	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	2	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	2	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	2	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Pineapple Tidbits - SR1495 (1/2 c.)	2	75.84	0.10	0.01	0.00	1.26	19.84	0.53
Fresh Baby Carrots - SR1016 (1/2 c.)	5	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	2	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate Skim Milk - OKR1062 (8 oz.)	5	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	20	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Fast Takes - Week 4 Day 2 - ServingDate: 05/08/2018								
Classic Chef Salad - SR1083 (1 salad)	15	222.58	12.33	4.98	0.00	648.44	8.10	20.97

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XR2 Fast Takes - Week 4 Day 2 - ServingDate: 05/08/2018								
Fiesta Wrap - OKR1139 (1 wrap)	10	388.72	17.20	4.28	0.00(M)	756.95	44.42	17.49
Twisted Breadstick - OKR1002 (1 breadstick)	10	191.89	2.40	0.00	0.00	239.86	35.98	7.20
100% Apple Juice - SR1204 (4 fl oz cup)	5	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	2	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	2	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	2	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	2	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Fresh Broccoli Florets - SR1027 (1/2 c.)	5	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1/2 c.)	2	51.70	4.14	1.07	0.00	216.53	2.76	1.27
Chocolate Skim Milk - OKR1062 (8 oz.)	5	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	25	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Fast Takes - Week 4 Day 3 - ServingDate: 05/09/2018								
Antipasto Salad - OKR1102 (1 salad)	10	180.91	9.60	3.19	0.00	637.56	13.52	14.90
Southwest Turkey Sandwich - OKR1020 (1 sandwich)	15	411.89	16.91	6.79	0.00(M)	832.00	39.47	25.41

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XR2 Fast Takes - Week 4 Day 3 - ServingDate: 05/09/2018								
Twisted Breadstick - OKR1002 (1 breadstick)	10	191.89	2.40	0.00	0.00	239.86	35.98	7.20
100% Apple Juice - SR1204 (4 fl oz cup)	5	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	2	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Applesauce - SR1195 (1/2 c.)	2	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	2	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	2	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	5	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	2	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate Skim Milk - OKR1062 (8 oz.)	5	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	20	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Fast Takes - Week 4 Day 4 - ServingDate: 05/10/2018								
Chipotle Lime Southwest Wrap - SR1150 (1 wrap)	0	383.88	16.05	3.70	0.00(M)	723.89	44.41	19.99
Chicken Caesar Salad - SR1094 (1 salad)	0	178.97	8.02	2.05	0.00	447.87	8.73	19.84
Twisted Breadstick - OKR1002 (1 breadstick)	15	191.89	2.40	0.00	0.00	239.86	35.98	7.20

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XR2 Fast Takes - Week 4 Day 4 - ServingDate: 05/10/2018								
100% Apple Juice - SR1204 (4 fl oz cup)	5	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	2	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	2	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	2	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Bartlett Pears - SR1194 (1/2 c.)	2	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Fresh Broccoli Florets - SR1027 (1/2 c.)	5	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1/2 c.)	2	51.70	4.14	1.07	0.00	216.53	2.76	1.27
Chocolate Skim Milk - OKR1062 (8 oz.)	5	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Caesar Dressing - SR1551 (2 tbsp.)	15	130.00	14.00	2.50	0.00	210.00	1.00	1.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	10	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Fast Takes - Week 4 Day 5 - ServingDate: 05/11/2018								
Cobb Salad - OKR1103 (1 salad)	15	170.13	9.46	4.00	0.00	517.17	7.01	15.93
Zesty Italian Wrap - SR1101 (1 wrap)	10	386.87	17.13	4.15	0.00(M)	1277.94	44.72	20.58
Twisted Breadstick - OKR1002 (1 breadstick)	15	191.89	2.40	0.00	0.00	239.86	35.98	7.20
100% Apple Juice - SR1204 (4 fl oz cup)	5	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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XR2 Fast Takes - Week 4 Day 5 - ServingDate: 05/11/2018								
Whole Apple - OKR1087 (1 Whole Appl)	2	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	2	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Mixed Fruit - SR1037 (1/2 c.)	2	49.99	0.00	0.00	0.00	4.35	12.89	0.50
Fresh Whole Oranges - SR1171 (1 small (2-3))	2	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Celery Sticks - SR1014 (6 stick (4")	5	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Garden Side Salad - SR1429 (1 c.)	2	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate Skim Milk - OKR1062 (8 oz.)	5	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	20	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Fast Takes - Week 5 Day 1 - ServingDate: 05/14/2018								
Hearty Garden Salad - OKR1069 (1 salad)	10	149.20	3.84	0.88	0.00	130.26	19.57	9.89
Southwest Turkey Sandwich - OKR1020 (1 sandwich)	15	411.89	16.91	6.79	0.00(M)	832.00	39.47	25.41
Twisted Breadstick - OKR1002 (1 breadstick)	10	191.89	2.40	0.00	0.00	239.86	35.98	7.20
100% Apple Juice - SR1204 (4 fl oz cup)	5	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	2	95.00	0.31	0.05	0.00	1.82	25.13	0.47

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Fast Takes - Week 5 Day 1 - ServingDate: 05/14/2018								
Banana - SR1166 (1 medium (7"))	2	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	2	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Pineapple Tidbits - SR1495 (1/2 c.)	2	75.84	0.10	0.01	0.00	1.26	19.84	0.53
Fresh Baby Carrots - SR1016 (1/2 c.)	5	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	2	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate Skim Milk - OKR1062 (8 oz.)	5	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	25	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Fast Takes - Week 5 Day 2 - ServingDate: 05/15/2018								
Classic Chef Salad - SR1083 (1 salad)	15	222.58	12.33	4.98	0.00	648.44	8.10	20.97
Chicken Caesar Wrap - SR1530 (1 wrap)	0	420.74	22.62	4.72	0.00	647.59	32.34	26.21
Twisted Breadstick - OKR1002 (1 breadstick)	15	191.89	2.40	0.00	0.00	239.86	35.98	7.20
100% Apple Juice - SR1204 (4 fl oz cup)	5	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	2	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	2	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	2	45.12	0.12	0.01	0.00	0.00	11.28	0.90

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Fast Takes - Week 5 Day 2 - ServingDate: 05/15/2018								
Diced Peaches - SR1196 (1/2 c.)	2	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Fresh Broccoli Florets - SR1027 (1/2 c.)	5	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1/2 c.)	2	51.70	4.14	1.07	0.00	216.53	2.76	1.27
Chocolate Skim Milk - OKR1062 (8 oz.)	5	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Caesar Dressing - SR1551 (2 tbsp.)	12	130.00	14.00	2.50	0.00	210.00	1.00	1.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	20	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Fast Takes - Week 5 Day 3 - ServingDate: 05/16/2018								
Chicken Salad Sub Sandwich - SR1200 (1 sandwich)	0	331.87	12.69	2.09	0.00	450.17	32.15	22.82
Large Spinach Salad - SR1531 (1 salad)	15	162.72	6.86	2.64	0.00	248.86	15.68	13.28
Twisted Breadstick - OKR1002 (1 breadstick)	15	191.89	2.40	0.00	0.00	239.86	35.98	7.20
100% Apple Juice - SR1204 (4 fl oz cup)	5	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	2	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Applesauce - SR1195 (1/2 c.)	2	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	2	105.02	0.39	0.13	0.00	1.18	26.95	1.29

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Fast Takes - Week 5 Day 3 - ServingDate: 05/16/2018								
Fresh Whole Oranges - SR1171 (1 small (2-3))	2	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	5	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	2	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate Skim Milk - OKR1062 (8 oz.)	5	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	20	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Fast Takes - Week 5 Day 4 - ServingDate: 05/17/2018								
Spicy Buffalo Chicken Wrap - OKR1231 (1 wrap)	15	465.20	21.61	5.33	0.00	2046.44	49.78	21.46
Chicken Caesar Salad - SR1094 (1 salad)	0	178.97	8.02	2.05	0.00	447.87	8.73	19.84
Twisted Breadstick - OKR1002 (1 breadstick)	10	191.89	2.40	0.00	0.00	239.86	35.98	7.20
100% Apple Juice - SR1204 (4 fl oz cup)	5	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	2	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	2	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	2	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Bartlett Pears - SR1194 (1/2 c.)	2	49.27	0.07	0.00	0.00	3.94	12.75	0.34

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Fast Takes - Week 5 Day 4 - ServingDate: 05/17/2018								
Fresh Broccoli Florets - SR1027 (1/2 c.)	5	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1/2 c.)	2	51.70	4.14	1.07	0.00	216.53	2.76	1.27
Chocolate Skim Milk - OKR1062 (8 oz.)	5	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Caesar Dressing - SR1551 (2 tbsp.)	10	130.00	14.00	2.50	0.00	210.00	1.00	1.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	20	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Fast Takes - Week 5 Day 5 - ServingDate: 05/18/2018								
Buffalo Chicken Salad G612, Tyson Popcorn Chicken, mixed greens, celery, carrot, black bean, cheddar, RECIPE - OKR1233 (1 salad)	15	309.47	15.62	4.60	0.00	1691.71	24.51	19.15
Chef Wrap - OKR1105 (1 wrap)	10	381.63	18.25	6.78	0.00	1259.56	36.55	21.58
Twisted Breadstick - OKR1002 (1 breadstick)	15	191.89	2.40	0.00	0.00	239.86	35.98	7.20
100% Apple Juice - SR1204 (4 fl oz cup)	5	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	2	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	2	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Mixed Fruit - SR1037 (1/2 c.)	2	49.99	0.00	0.00	0.00	4.35	12.89	0.50

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Fast Takes - Week 5 Day 5 - ServingDate: 05/18/2018								
Fresh Whole Oranges - SR1171 (1 small (2-3))	2	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Celery Sticks - SR1014 (6 stick (4")	5	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Garden Side Salad - SR1429 (1 c.)	2	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate Skim Milk - OKR1062 (8 oz.)	5	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	2	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	2	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	22	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Fast Takes - Week 1 Day 1 - ServingDate: 05/21/2018								
Hearty Garden Salad - OKR1069 (1 salad)	10	149.20	3.84	0.88	0.00	130.26	19.57	9.89
Southwest Turkey Sandwich - OKR1020 (1 sandwich)	15	411.89	16.91	6.79	0.00(M)	832.00	39.47	25.41
Twisted Breadstick - OKR1002 (1 breadstick)	10	191.89	2.40	0.00	0.00	239.86	35.98	7.20
100% Apple Juice - SR1204 (4 fl oz cup)	10	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	2	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	2	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	2	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Pineapple Tidbits - SR1495 (1/2 c.)	4	75.84	0.10	0.01	0.00	1.26	19.84	0.53

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Fast Takes - Week 1 Day 1 - ServingDate: 05/21/2018								
Fresh Baby Carrots - SR1016 (1/2 c.)	2	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	5	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate Skim Milk - OKR1062 (8 oz.)	7	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	7	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	7	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Dill Pickle Chips - SR1399 (2 tbsp.)	4	0.00	0.00	0.00	0.00	101.00	0.00	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	4	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Light Mayo - SR1005 (1 tbsp.)	3	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Mixed Salad Greens - SR1080 (1/2 c.)	3	5.57	0.06	0.01	0.00	11.56	1.04	0.53
Yellow Mustard - SR1006 (1 tbsp.)	2	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Yellow Onion - SR1264 (2 tbsp.)	4	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Light Ranch Dressing - SR1003 (1 tbsp.)	10	25.00	1.75	0.25	0.00	185.00	2.50	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	2	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	3	6.75	0.08	0.01	0.00	1.88	1.46	0.33
XR2 Fast Takes - Week 1 Day 2 - ServingDate: 05/22/2018								
Classic Chef Salad - SR1083 (1 salad)	15	222.58	12.33	4.98	0.00	648.44	8.10	20.97
Chicken Caesar Wrap - SR1530 (1 wrap)	0	420.74	22.62	4.72	0.00	647.59	32.34	26.21
Twisted Breadstick - OKR1002 (1 breadstick)	10	191.89	2.40	0.00	0.00	239.86	35.98	7.20

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Fast Takes - Week 1 Day 2 - ServingDate: 05/22/2018								
100% Apple Juice - SR1204 (4 fl oz cup)	10	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	4	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	2	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	2	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	2	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Fresh Broccoli Florets - SR1027 (1/2 c.)	3	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	2	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Chocolate Skim Milk - OKR1062 (8 oz.)	5	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Caesar Dressing - SR1551 (2 tbsp.)	5	130.00	14.00	2.50	0.00	210.00	1.00	1.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	15	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Fast Takes - Week 1 Day 3 - ServingDate: 05/23/2018								
Chicken Salad Sub Sandwich - SR1200 (1 sandwich)	0	331.87	12.69	2.09	0.00	450.17	32.15	22.82
Large Spinach Salad - SR1531 (1 salad)	15	162.72	6.86	2.64	0.00	248.86	15.68	13.28
Twisted Breadstick - OKR1002 (1 breadstick)	15	191.89	2.40	0.00	0.00	239.86	35.98	7.20

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Fast Takes - Week 1 Day 3 - ServingDate: 05/23/2018								
100% Apple Juice - SR1204 (4 fl oz cup)	10	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	4	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Applesauce - SR1195 (1/2 c.)	2	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	2	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	2	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	3	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	2	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate Skim Milk - OKR1062 (8 oz.)	5	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	10	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Fast Takes - Week 1 Day 4 - ServingDate: 05/24/2018								
Spicy Buffalo Chicken Wrap - OKR1231 (1 wrap)	15	465.20	21.61	5.33	0.00	2046.44	49.78	21.46
Chicken Caesar Salad - SR1094 (1 salad)	0	178.97	8.02	2.05	0.00	447.87	8.73	19.84
Twisted Breadstick - OKR1002 (1 breadstick)	10	191.89	2.40	0.00	0.00	239.86	35.98	7.20
100% Apple Juice - SR1204 (4 fl oz cup)	10	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Fast Takes - Week 1 Day 4 - ServingDate: 05/24/2018								
Whole Apple - OKR1087 (1 Whole Appl)	2	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	2	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	2	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Bartlett Pears - SR1194 (1/2 c.)	2	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Fresh Broccoli Florets - SR1027 (1/2 c.)	5	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	2	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Chocolate Skim Milk - OKR1062 (8 oz.)	5	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Caesar Dressing - SR1551 (2 tbsp.)	10	130.00	14.00	2.50	0.00	210.00	1.00	1.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	0	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Fast Takes - Week 1 Day 5 - ServingDate: 05/25/2018								
Buffalo Chicken Salad G612, Tyson Popcorn Chicken, mixed greens, celery, carrot, black bean, cheddar, RECIPE - OKR1233 (1 salad)	10	309.47	15.62	4.60	0.00	1691.71	24.51	19.15
Chef Wrap - OKR1105 (1 wrap)	15	381.63	18.25	6.78	0.00	1259.56	36.55	21.58
Twisted Breadstick - OKR1002 (1 breadstick)	10	191.89	2.40	0.00	0.00	239.86	35.98	7.20

Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School
 Date: 05/01/2018 - 05/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Fast Takes - Week 1 Day 5 - ServingDate: 05/25/2018								
100% Apple Juice - SR1204 (4 fl oz cup)	10	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	2	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	2	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Mixed Fruit - SR1037 (1/2 c.)	2	49.99	0.00	0.00	0.00	4.35	12.89	0.50
Fresh Whole Oranges - SR1171 (1 small (2-3))	2	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Celery Sticks - SR1014 (6 stick (4")	5	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Garden Side Salad - SR1429 (1 c.)	2	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate Skim Milk - OKR1062 (8 oz.)	5	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	2	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	2	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	15	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Fast Takes - Week 2 Day 1 - ServingDate: 05/28/2018								
Hearty Garden Salad - OKR1069 (1 salad)	15	149.20	3.84	0.88	0.00	130.26	19.57	9.89
Sweet & Spicy Sandwich - OKR1012 (1 sandwich)	10	414.61	18.47	6.96	0.00(M)	1019.96	39.70	23.42
Twisted Breadstick - OKR1002 (1 breadstick)	15	191.89	2.40	0.00	0.00	239.86	35.98	7.20
100% Apple Juice - SR1204 (4 fl oz cup)	5	60.00	0.00	0.00	0.00	5.00	14.00	0.00

Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School
 Date: 05/01/2018 - 05/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Fast Takes - Week 2 Day 1 - ServingDate: 05/28/2018								
Whole Apple - OKR1087 (1 Whole Appl)	2	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	2	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	2	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Pineapple Tidbits - SR1495 (1/2 c.)	2	75.84	0.10	0.01	0.00	1.26	19.84	0.53
Fresh Baby Carrots - SR1016 (1/2 c.)	5	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	2	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate Skim Milk - OKR1062 (8 oz.)	5	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	15	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Fast Takes - Week 2 Day 2 - ServingDate: 05/29/2018								
Classic Chef Salad - SR1083 (1 salad)	15	222.58	12.33	4.98	0.00	648.44	8.10	20.97
Fiesta Wrap - OKR1139 (1 wrap)	10	388.72	17.20	4.28	0.00(M)	756.95	44.42	17.49
Twisted Breadstick - OKR1002 (1 breadstick)	15	191.89	2.40	0.00	0.00	239.86	35.98	7.20
100% Apple Juice - SR1204 (4 fl oz cup)	10	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	2	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	2	105.02	0.39	0.13	0.00	1.18	26.95	1.29

Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School
 Date: 05/01/2018 - 05/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Fast Takes - Week 2 Day 2 - ServingDate: 05/29/2018								
Fresh Whole Oranges - SR1171 (1 small (2-3))	2	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	2	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Fresh Broccoli Florets - SR1027 (1/2 c.)	10	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	2	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Chocolate Skim Milk - OKR1062 (8 oz.)	5	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	15	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Fast Takes - Week 2 Day 3 - ServingDate: 05/30/2018								
Antipasto Salad - OKR1102 (1 salad)	15	180.91	9.60	3.19	0.00	637.56	13.52	14.90
Southwest Turkey Sandwich - OKR1020 (1 sandwich)	10	411.89	16.91	6.79	0.00(M)	832.00	39.47	25.41
Twisted Breadstick - OKR1002 (1 breadstick)	15	191.89	2.40	0.00	0.00	239.86	35.98	7.20
100% Apple Juice - SR1204 (4 fl oz cup)	5	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	2	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Applesauce - SR1195 (1/2 c.)	2	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	2	105.02	0.39	0.13	0.00	1.18	26.95	1.29

Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School
 Date: 05/01/2018 - 05/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Fast Takes - Week 2 Day 3 - ServingDate: 05/30/2018								
Fresh Whole Oranges - SR1171 (1 small (2-3))	2	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	5	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	2	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate Skim Milk - OKR1062 (8 oz.)	5	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	15	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Fast Takes - Week 2 Day 4 - ServingDate: 05/31/2018								
Chipotle Lime Southwest Wrap - SR1150 (1 wrap)	0	383.88	16.05	3.70	0.00(M)	723.89	44.41	19.99
Chicken Caesar Salad - SR1094 (1 salad)	0	178.97	8.02	2.05	0.00	447.87	8.73	19.84
Twisted Breadstick - OKR1002 (1 breadstick)	15	191.89	2.40	0.00	0.00	239.86	35.98	7.20
100% Apple Juice - SR1204 (4 fl oz cup)	10	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	2	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	2	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	2	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Bartlett Pears - SR1194 (1/2 c.)	2	49.27	0.07	0.00	0.00	3.94	12.75	0.34

Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School
 Date: 05/01/2018 - 05/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Fast Takes - Week 2 Day 4 - ServingDate: 05/31/2018								
Fresh Broccoli Florets - SR1027 (1/2 c.)	5	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1/2 c.)	2	51.70	4.14	1.07	0.00	216.53	2.76	1.27
Chocolate Skim Milk - OKR1062 (8 oz.)	5	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	5	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	5	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Caesar Dressing - SR1551 (2 tbsp.)	10	130.00	14.00	2.50	0.00	210.00	1.00	1.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	15	25.00	1.75	0.25	0.00	185.00	2.50	0.00

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: CrossRoads Café
 Menu Line: CRC-Fast Takes
 Serving Group: 9-12
 Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.