

Menu Calendar Nutrient Analysis Report - May, 2018

Site: Guthrie High School
 Date: 05/01/2018 - 05/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Favorites - Week 3 Day 2 - ServingDate: 05/01/2018								
Chicken Noodle Casserole - OKR1005 (1 serving)	0	272.17	6.90	1.68	0.01	759.51	33.45	22.19
Dinner Roll - SR1009 (1 roll.)	0	170.01	3.00	0.50	0.00	135.01	28.00	7.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	0	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	0	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1/2 c.)	0	51.70	4.14	1.07	0.00	216.53	2.76	1.27
Mixed Garden Vegetables - SR1583 (1/2 c.)	0	51.85	0.43	0.08	0.00	90.78	11.05	2.23
Chocolate Skim Milk - OKR1062 (8 oz.)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	0	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Freshly Baked Chocolate Chip Cookie - OKR1042 (1 cookie)	0	100.00	3.50	1.00	0.00	80.00	17.00	1.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	0	25.00	1.75	0.25	0.00	185.00	2.50	0.00

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XR2 Chopsticks - Week 3 Day 3 GUTHRIE - ServingDate: 05/02/2018								
Sweet & Sour Chicken - OKR1039 (8 oz.)	0	449.98	14.79	2.87	0.00	535.96	64.30	17.09
Steamed Brown Rice - SR1098 (1 c.)	0	234.38	1.38	0.00	0.00	4.06	51.01	5.51
Crispy Egg Roll - OKR1107 (1 egg roll)	0	100.06	4.50	1.25	0.00	195.12	12.01	3.50
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	0	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Applesauce - SR1195 (1/2 c.)	0	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	0	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	0	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Steamed Green Beans - SR1021 (1/2 c.)	0	19.40	0.12	0.03	0.00	37.71	4.47	1.03
Chocolate Skim Milk - OKR1062 (8 oz.)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	0	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	0.00	320.00	10.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Ranch Dressing, Low Fat - OKR1221 (1 tbsp.)	0	22.06	1.10	0.22	0.00	141.18	3.53	0.00

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XR2 Favorites - Week 3 Day 4 - ServingDate: 05/03/2018								
Scrambled Eggs - OKR1375 (1/4 c.)	0	61.86	4.12	1.55	0.00	67.01	1.03	5.15
Fluffy Pancakes - SR1182 (2 pancake)	0	153.33	4.00	0.67	0.00	220.00	27.33	3.33
100% Apple Juice - SR1204 (4 fl oz cup)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Baked Cinnamon Raisin Apples - SR1238 (1 #10 scoop)	0	121.88	1.89	0.76	0.00	29.02	26.93	0.37
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Bartlett Pears - SR1194 (1/2 c.)	10	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Fresh Broccoli Florets - SR1027 (1/2 c.)	30	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	30	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Chocolate Skim Milk - OKR1062 (8 oz.)	15	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	15	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Caesar Dressing - SR1551 (2 tbsp.)	30	130.00	14.00	2.50	0.00	210.00	1.00	1.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	25	25.00	1.75	0.25	0.00	185.00	2.50	0.00
Pork Sausage Link - OKR1008 (1 link)	0	98.00	10.00	3.50	0.00	160.00	0.00	4.00
Pancake & Waffle Syrup - SR1158 (1 fl. oz.)	125	117.75	0.00	0.00	0.00	39.25	29.16	0.00

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XR2 Favorites - Week 3 Day 5 UPDATED - ServingDate: 05/04/2018								
Popcorn Chicken Bowl - OKR1191 (1 ea.)	150	379.52	18.88	4.79	0.00	647.25	35.33	17.25
Dinner Roll - SR1009 (1 roll.)	150	170.01	3.00	0.50	0.00	135.01	28.00	7.00
100% Apple Juice - SR1204 (4 fl oz cup)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Mixed Fruit - SR1209 (1/2 c.)	10	55.29	0.10	0.02	0.00	2.73	14.41	0.54
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Celery Sticks - SR1014 (6 stick (4")	30	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Garden Side Salad - SR1429 (1 c.)	39	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Steamed Green Beans - SR1021 (1/2 c.)	0	19.40	0.12	0.03	0.00	37.71	4.47	1.03
Chocolate Skim Milk - OKR1062 (8 oz.)	20	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	20	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 tbsp.)	20	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	50	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Favorites - Week 4 Day 1 - ServingDate: 05/07/2018								
Pasta Pronto - OKR1153 (1 serving)	100	403.48	11.17	3.57	0.01	1159.34	55.42	26.00
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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XR2 Favorites - Week 4 Day 1 - ServingDate: 05/07/2018								
Whole Apple - OKR1087 (1 Whole Appl)	5	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Pineapple Tidbits - SR1495 (1/2 c.)	5	75.84	0.10	0.01	0.00	1.26	19.84	0.53
Fresh Baby Carrots - SR1016 (1/2 c.)	30	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	30	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Cooked Green Peas - OKR1034 (1/2 c.)	40	73.71	0.26	0.05	0.00	68.04	13.47	4.87
Chocolate Skim Milk - OKR1062 (8 oz.)	20	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	20	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	75	3.33	0.25	0.17	0.00	20.00	0.00	0.33
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	25	25.00	1.75	0.25	0.00	185.00	2.50	0.00
Red Pepper Flakes - SR1554 (1/4 tsp.)	50	1.43	0.08	0.02	0.00	0.14	0.25	0.05
XR2 Favorites - Week 4 Day 2 - ServingDate: 05/08/2018								
Freshly Baked Carnival Cookie - OKR1143 (1 cookie)	50	100.00	3.00	1.00	0.00	80.00	17.00	1.00
Dinner Roll - SR1009 (1 roll.)	75	170.01	3.00	0.50	0.00	135.01	28.00	7.00

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XR2 Favorites - Week 4 Day 2 - ServingDate: 05/08/2018								
Oven Roasted Turkey - OKR1155 (1 serving)	75	82.31	1.65	0.00	0.00	427.99	0.00	18.11
100% Apple Juice - SR1204 (4 fl oz cup)	40	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	5	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	5	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Fresh Broccoli Florets - SR1027 (1/2 c.)	25	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	25	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Steamed Green Beans - SR1021 (1/2 c.)	30	19.40	0.12	0.03	0.00	37.71	4.47	1.03
Chocolate Skim Milk - OKR1062 (8 oz.)	20	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	20	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Caesar Dressing - SR1551 (2 tbsp.)	25	130.00	14.00	2.50	0.00	210.00	1.00	1.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	25	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Chopsticks - Week 4 Day 3 - ServingDate: 05/09/2018								
Chopstick Creations - OKR1154 (1 serving)	125	769.11	23.87	2.90	0.13	871.27	125.26	18.51
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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XR2 Chopsticks - Week 4 Day 3 - ServingDate: 05/09/2018								
Whole Apple - OKR1087 (1 Whole Appl)	5	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Applesauce - SR1195 (1/2 c.)	5	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Seasoned Carrot Coins - SR1017 (1/2 c.)	50	75.49	5.10	0.50	0.04	179.98	7.47	0.62
Fresh Baby Carrots - SR1016 (1/2 c.)	30	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	25	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate Skim Milk - OKR1062 (8 oz.)	20	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	20	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Crispy Egg Roll - OKR1107 (1 egg roll)	100	100.06	4.50	1.25	0.00	195.12	12.01	3.50
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	0.00	320.00	10.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	40	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Favorites - Week 4 Day 4 - ServingDate: 05/10/2018								
Rib-b-que Sandwich - OKR1132 (1 sandwich)	75	342.99	12.00	3.50	0.10	813.24	44.75	18.00
100% Apple Juice - SR1204 (4 fl oz cup)	40	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	5	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	0.00	1.18	26.95	1.29

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XR2 Favorites - Week 4 Day 4 - ServingDate: 05/10/2018								
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Pears - SR1585 (1 medium)	5	101.46	0.25	0.04	0.00	1.78	27.11	0.64
Fresh Broccoli Florets - SR1027 (1/2 c.)	30	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	25	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Mixed Garden Vegetables - SR1583 (1/2 c.)	40	51.85	0.43	0.08	0.00	90.78	11.05	2.23
Chocolate Skim Milk - OKR1062 (8 oz.)	15	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	15	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Caesar Dressing - SR1551 (2 tbsp.)	20	130.00	14.00	2.50	0.00	210.00	1.00	1.00
Kansas City Barbecue Sauce - OKR1022 (1 tbsp.)	45	30.00	0.00	0.00	0.00	200.00	7.50	0.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	30	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Favorites - Week 4 Day 5 - ServingDate: 05/11/2018								
Breaded Chicken Tenders - OKR1184 (3 strip)	200	240.00	12.00	2.25	0.00	330.00	12.00	19.50
Dinner Roll - SR1009 (1 roll.)	200	170.01	3.00	0.50	0.00	135.01	28.00	7.00
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47

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XR2 Favorites - Week 4 Day 5 - ServingDate: 05/11/2018								
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Mixed Fruit - SR1037 (1/2 c.)	10	49.99	0.00	0.00	0.00	4.35	12.89	0.50
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Celery Sticks - SR1014 (6 stick (4")	30	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Garden Side Salad - SR1429 (1 c.)	25	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Steamed Green Beans - SR1021 (1/2 c.)	30	19.40	0.12	0.03	0.00	37.71	4.47	1.03
Whipped Potatoes - SR1112 (1/2 c.)	150	111.89	1.53	1.02	0.00	120.53	21.36	2.03
Chocolate Skim Milk - OKR1062 (8 oz.)	30	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	30	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	30	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 tbsp.)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Old Fashioned Country Gravy - SR1468 (1/4 c.)	125	48.60	3.40	1.46	0.00	205.74	4.86	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	75	25.00	1.75	0.25	0.00	185.00	2.50	0.00
Smart Balance Butter - OKR1081 (1 pkg.)	100	30.00	3.00	1.00	0.00	30.00	0.00	0.00
XR2 Favorites - Week 5 Day 1 - ServingDate: 05/14/2018								
Pasta Pronto - OKR1153 (1 serving)	75	403.48	11.17	3.57	0.01	1159.34	55.42	26.00
Ripstick Breadstick - SR1044 (1 breadstick)	75	80.00	1.00	0.00	0.00	100.00	15.00	3.00
100% Apple Juice - SR1204 (4 fl oz cup)	40	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Favorites - Week 5 Day 1 - ServingDate: 05/14/2018								
Whole Apple - OKR1087 (1 Whole Appl)	5	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Pineapple Tidbits - SR1495 (1/2 c.)	5	75.84	0.10	0.01	0.00	1.26	19.84	0.53
Fresh Baby Carrots - SR1016 (1/2 c.)	25	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	25	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Steamed Green Beans - SR1021 (1/2 c.)	45	19.40	0.12	0.03	0.00	37.71	4.47	1.03
Chocolate Skim Milk - OKR1062 (8 oz.)	15	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	15	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	50	3.33	0.25	0.17	0.00	20.00	0.00	0.33
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	30	25.00	1.75	0.25	0.00	185.00	2.50	0.00
Red Pepper Flakes - SR1554 (1/4 tsp.)	50	1.43	0.08	0.02	0.00	0.14	0.25	0.05
XR2 Favorites - Week 5 Day 2 - archived on Mar 16 2018 8:38AM - ServingDate: 05/15/2018								
Chicken & Waffles - OKR1197 (1 serving)	0	460.00	20.00	3.75	0.00	810.00	45.00	24.50
100% Apple Juice - SR1204 (4 fl oz cup)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Favorites - Week 5 Day 2 - archived on Mar 16 2018 8:38AM - ServingDate: 05/15/2018								
Whole Apple - OKR1087 (1 Whole Appl)	5	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	5	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Fresh Broccoli Florets - SR1027 (1/2 c.)	25	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	25	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Mixed Garden Vegetables - SR1583 (1/2 c.)	75	51.85	0.43	0.08	0.00	90.78	11.05	2.23
Chocolate Skim Milk - OKR1062 (8 oz.)	20	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	20	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Caesar Dressing - SR1551 (2 tbsp.)	25	130.00	14.00	2.50	0.00	210.00	1.00	1.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	25	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Chopsticks - Week 5 Day 3 - ServingDate: 05/16/2018								
Chopstick Creations - OKR1154 (1 serving)	200	769.11	23.87	2.90	0.13	871.27	125.26	18.51
100% Apple Juice - SR1204 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Chopsticks - Week 5 Day 3 - ServingDate: 05/16/2018								
Applesauce - SR1195 (1/2 c.)	10	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	30	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	30	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Green Peas & Carrots - OKR1029 (1/2 c.)	0	260.82	2.15	0.38	0.00	297.10	49.87	12.99
Chocolate Skim Milk - OKR1062 (8 oz.)	30	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	30	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	30	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Crispy Egg Roll - OKR1107 (1 egg roll)	175	100.06	4.50	1.25	0.00	195.12	12.01	3.50
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	0.00	320.00	10.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	50	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Favorites - Week 5 Day 4 - ServingDate: 05/17/2018								
Freshly Baked Chocolate Chip Cookie - OKR1042 (1 cookie)	100	100.00	3.50	1.00	0.00	80.00	17.00	1.00
Frito Chili Pie - OKR1237 (8 oz.)	125	381.09	9.70	3.63	0.00	933.94	47.77	25.37
100% Apple Juice - SR1204 (4 fl oz cup)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	5	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	0.00	1.18	26.95	1.29

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Favorites - Week 5 Day 4 - ServingDate: 05/17/2018								
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Bartlett Pears - SR1194 (1/2 c.)	5	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Fresh Broccoli Florets - SR1027 (1/2 c.)	25	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	25	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Roasted Squash & Zucchini - OKR1000 (1/2 c.)	75	36.63	1.72	0.19	0.01	66.08	4.13	1.22
Chocolate Skim Milk - OKR1062 (8 oz.)	20	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	20	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	20	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Caesar Dressing - SR1551 (2 tbsp.)	25	130.00	14.00	2.50	0.00	210.00	1.00	1.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	25	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Favorites - Week 5 Day 5 - ServingDate: 05/18/2018								
Breaded Chicken Tenders - OKR1184 (3 strip)	0	240.00	12.00	2.25	0.00	330.00	12.00	19.50
Dinner Roll - SR1009 (1 roll.)	150	170.01	3.00	0.50	0.00	135.01	28.00	7.00
100% Apple Juice - SR1204 (4 fl oz cup)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	5	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	0.00	1.18	26.95	1.29

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Favorites - Week 5 Day 5 - ServingDate: 05/18/2018								
Mixed Fruit - SR1037 (1/2 c.)	5	49.99	0.00	0.00	0.00	4.35	12.89	0.50
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Celery Sticks - SR1014 (6 stick (4")	25	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Citrus Glazed Carrots - SR1131 (1/2 c.)	75	60.46	0.78	0.14	0.00(M)	67.68	13.35	0.68
Garden Side Salad - SR1429 (1 c.)	25	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Whipped Potatoes - SR1112 (1/2 c.)	100	111.89	1.53	1.02	0.00	120.53	21.36	2.03
Chocolate Skim Milk - OKR1062 (8 oz.)	25	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	25	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 tbsp.)	30	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Old Fashioned Country Gravy - SR1468 (1/4 c.)	75	48.60	3.40	1.46	0.00	205.74	4.86	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	60	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Favorites - Week 1 Day 1 - ServingDate: 05/21/2018								
Pasta Pronto - OKR1153 (1 serving)	125	403.48	11.17	3.57	0.01	1159.34	55.42	26.00
Ripstick Breadstick - SR1044 (1 breadstick)	100	80.00	1.00	0.00	0.00	100.00	15.00	3.00
100% Apple Juice - SR1204 (4 fl oz cup)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Favorites - Week 1 Day 1 - ServingDate: 05/21/2018								
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Pineapple Tidbits - SR1495 (1/2 c.)	10	75.84	0.10	0.01	0.00	1.26	19.84	0.53
Fresh Broccoli Florets - SR1027 (1/2 c.)	20	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	20	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	20	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Mixed Garden Vegetables - SR1583 (1/2 c.)	75	51.85	0.43	0.08	0.00	90.78	11.05	2.23
Chocolate Skim Milk - OKR1062 (8 oz.)	25	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	25	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	75	3.33	0.25	0.17	0.00	20.00	0.00	0.33
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	50	25.00	1.75	0.25	0.00	185.00	2.50	0.00
Red Pepper Flakes - SR1554 (1/4 tsp.)	50	1.43	0.08	0.02	0.00	0.14	0.25	0.05
XR2 Favorites - Week 1 Day 2 - ServingDate: 05/22/2018								
Chicken Pot Pie - OKR1077 (1 serving)	100	401.29	17.13	7.79	0.00	675.74	37.91	25.07
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Favorites - Week 1 Day 2 - ServingDate: 05/22/2018								
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	5	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Fresh Broccoli Florets - SR1027 (1/2 c.)	25	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	30	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Steamed Green Beans - SR1021 (1/2 c.)	75	19.40	0.12	0.03	0.00	37.71	4.47	1.03
Chocolate Skim Milk - OKR1062 (8 oz.)	25	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	25	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Caesar Dressing - SR1551 (2 tbsp.)	30	130.00	14.00	2.50	0.00	210.00	1.00	1.00
Freshly Baked Chocolate Chip Cookie - OKR1042 (1 cookie)	100	100.00	3.50	1.00	0.00	80.00	17.00	1.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	25	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Chopsticks - Week 1 Day 3 - ServingDate: 05/23/2018								
Chopstick Creations - OKR1154 (1 serving)	125	769.11	23.87	2.90	0.13	871.27	125.26	18.51
100% Apple Juice - SR1204 (4 fl oz cup)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Applesauce - SR1195 (1/2 c.)	5	53.58	0.13	0.01	0.00	2.55	14.38	0.22

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Chopsticks - Week 1 Day 3 - ServingDate: 05/23/2018								
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	30	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	30	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Roasted Squash & Zucchini - OKR1000 (1/2 c.)	75	36.63	1.72	0.19	0.01	66.08	4.13	1.22
Chocolate Skim Milk - OKR1062 (8 oz.)	10	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Crispy Egg Roll - OKR1107 (1 egg roll)	100	100.06	4.50	1.25	0.00	195.12	12.01	3.50
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	50	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Favorites - Week 1 Day 4 - ServingDate: 05/24/2018								
Scrambled Eggs - OKR1375 (1/4 c.)	0	61.86	4.12	1.55	0.00	67.01	1.03	5.15
French Toast Sticks - SR1910 (4 stick.)	0	254.56	9.79	1.96	0.00	293.72	37.21	5.87
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	5	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Baked Cinnamon Raisin Apples - SR1238 (1 #10 scoop)	75	121.88	1.89	0.76	0.00	29.02	26.93	0.37

Menu Calendar Nutrient Analysis Report - May, 2018

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 Date: 05/01/2018 - 05/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Favorites - Week 1 Day 4 - ServingDate: 05/24/2018								
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Bartlett Pears - SR1194 (1/2 c.)	5	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Fresh Broccoli Florets - SR1027 (1/2 c.)	25	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	25	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Chocolate Skim Milk - OKR1062 (8 oz.)	10	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	10	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	10	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Caesar Dressing - SR1551 (2 tbsp.)	25	130.00	14.00	2.50	0.00	210.00	1.00	1.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	25	25.00	1.75	0.25	0.00	185.00	2.50	0.00
Pork Sausage Link - OKR1008 (1 link)	0	98.00	10.00	3.50	0.00	160.00	0.00	4.00
Pancake & Waffle Syrup - SR1158 (1 fl. oz.)	80	117.75	0.00	0.00	0.00	39.25	29.16	0.00
XR2 Favorites - Week 1 Day 5 - ServingDate: 05/25/2018								
Breaded Chicken Tenders - OKR1184 (3 strip)	150	240.00	12.00	2.25	0.00	330.00	12.00	19.50
Dinner Roll - SR1009 (1 roll.)	150	170.01	3.00	0.50	0.00	135.01	28.00	7.00
100% Apple Juice - SR1204 (4 fl oz cup)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Favorites - Week 1 Day 5 - ServingDate: 05/25/2018								
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Mixed Fruit - SR1037 (1/2 c.)	5	49.99	0.00	0.00	0.00	4.35	12.89	0.50
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Celery Sticks - SR1014 (6 stick (4")	25	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Garden Side Salad - SR1429 (1 c.)	25	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Whipped Potatoes - SR1112 (1/2 c.)	75	111.89	1.53	1.02	0.00	120.53	21.36	2.03
Cooked Green Peas - OKR1034 (1/2 c.)	30	73.71	0.26	0.05	0.00	68.04	13.47	4.87
Chocolate Skim Milk - OKR1062 (8 oz.)	25	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 tbsp.)	25	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Old Fashioned Country Gravy - SR1468 (1/4 c.)	75	48.60	3.40	1.46	0.00	205.74	4.86	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	60	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Favorites - Week 2 Day 1 - ServingDate: 05/28/2018								
Pasta Pronto - OKR1153 (1 serving)	100	403.48	11.17	3.57	0.01	1159.34	55.42	26.00
Ripstick Breadstick - SR1044 (1 breadstick)	100	80.00	1.00	0.00	0.00	100.00	15.00	3.00
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	10	95.00	0.31	0.05	0.00	1.82	25.13	0.47

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Favorites - Week 2 Day 1 - ServingDate: 05/28/2018								
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Pineapple Tidbits - SR1495 (1/2 c.)	10	75.84	0.10	0.01	0.00	1.26	19.84	0.53
Seasoned Carrot Coins - SR1017 (1/2 c.)	50	75.49	5.10	0.50	0.04	179.98	7.47	0.62
Fresh Baby Carrots - SR1016 (1/2 c.)	30	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	25	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate Skim Milk - OKR1062 (8 oz.)	15	120.00	0.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	15	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	15	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	75	3.33	0.25	0.17	0.00	20.00	0.00	0.33
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	50	25.00	1.75	0.25	0.00	185.00	2.50	0.00
Red Pepper Flakes - SR1554 (1/4 tsp.)	50	1.43	0.08	0.02	0.00	0.14	0.25	0.05
XR2 Favorites - Week 2 Day 2 - ServingDate: 05/29/2018								
Oven Roasted Turkey - OKR1155 (1 serving)	75	82.31	1.65	0.00	0.00	427.99	0.00	18.11
Dinner Roll - SR1009 (1 roll.)	75	170.01	3.00	0.50	0.00	135.01	28.00	7.00
100% Apple Juice - SR1204 (4 fl oz cup)	40	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	5	95.00	0.31	0.05	0.00	1.82	25.13	0.47

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Favorites - Week 2 Day 2 - ServingDate: 05/29/2018								
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	5	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Fresh Broccoli Florets - SR1027 (1/2 c.)	25	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	25	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Whipped Potatoes - SR1112 (1/2 c.)	60	111.89	1.53	1.02	0.00	120.53	21.36	2.03
Mixed Garden Vegetables - SR1583 (1/2 c.)	30	51.85	0.43	0.08	0.00	90.78	11.05	2.23
Chocolate Skim Milk - OKR1062 (8 oz.)	15	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	15	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Caesar Dressing - SR1551 (2 tbsp.)	20	130.00	14.00	2.50	0.00	210.00	1.00	1.00
Freshly Baked Carnival Cookie - OKR1143 (1 cookie)	75	100.00	3.00	1.00	0.00	80.00	17.00	1.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Old Fashioned Country Gravy - SR1468 (1/4 c.)	50	48.60	3.40	1.46	0.00	205.74	4.86	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	25	25.00	1.75	0.25	0.00	185.00	2.50	0.00
Smart Balance Butter - OKR1081 (1 pkg.)	50	30.00	3.00	1.00	0.00	30.00	0.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Chopsticks - Week 2 Day 3 - ServingDate: 05/30/2018								
Chopstick Creations - OKR1154 (1 serving)	125	769.11	23.87	2.90	0.13	871.27	125.26	18.51
100% Apple Juice - SR1204 (4 fl oz cup)	75	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Whole Apple - OKR1087 (1 Whole Appl)	5	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Applesauce - SR1195 (1/2 c.)	5	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	20	24.81	0.09	0.02	0.00	55.28	5.84	0.45
Garden Side Salad - SR1429 (1 c.)	20	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Steamed Green Beans - SR1021 (1/2 c.)	75	19.40	0.12	0.03	0.00	37.71	4.47	1.03
Chocolate Skim Milk - OKR1062 (8 oz.)	15	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	15	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Crispy Egg Roll - OKR1107 (1 egg roll)	100	100.06	4.50	1.25	0.00	195.12	12.01	3.50
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	30	25.00	1.75	0.25	0.00	185.00	2.50	0.00
XR2 Favorites - Week 2 Day 4 - ServingDate: 05/31/2018								
Frito Chili Pie - OKR1237 (8 oz.)	75	381.09	9.70	3.63	0.00	933.94	47.77	25.37
100% Apple Juice - SR1204 (4 fl oz cup)	50	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
XR2 Favorites - Week 2 Day 4 - ServingDate: 05/31/2018								
Whole Apple - OKR1087 (1 Whole Appl)	5	95.00	0.31	0.05	0.00	1.82	25.13	0.47
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Bartlett Pears - SR1194 (1/2 c.)	5	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Fresh Broccoli Florets - SR1027 (1/2 c.)	25	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Caesar Side Salad - SR1428 (1 c.)	25	103.41	8.28	2.14	0.00	433.05	5.52	2.55
Cooked Green Peas - OKR1034 (1/2 c.)	30	73.71	0.26	0.05	0.00	68.04	13.47	4.87
Chocolate Skim Milk - OKR1062 (8 oz.)	15	120.00	0.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	15	118.34	2.69	1.61	0.00	139.86	13.99	8.61
White Skim Milk - OKR1060 (8 oz.)	15	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Caesar Dressing - SR1551 (2 tbsp.)	25	130.00	14.00	2.50	0.00	210.00	1.00	1.00
Ketchup - SR1004 (1 tbsp.)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1006 (1 tbsp.)	0	0.00	0.00	0.00	0.00	165.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	20	25.00	1.75	0.25	0.00	185.00	2.50	0.00

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: CrossRoads Café
 Menu Line: CRC-Favorites
 Serving Group: 9-12
 Nutrients Option: Expanded

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Date: 05/01/2018 - 05/31/2018

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.