

Guthrie High School

April 2-6

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

SIDES

A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special

CREATIONS

MONDAY	Cheese Ravioli offered with Green Peas and a Breadstick
TUESDAY	Oven Roasted Turkey offered with Freshly Baked Roll, Green Beans & a Cookie
WEDNESDAY	Szechuan Beef offered with Brown Rice, Seasoned Carrots and an Egg Roll
THURSDAY	Rib-b-que Sandwich offered with Seasoned Mixed Vegetables
FRIDAY	Chicken Tenders offered with Mashed Potatoes & Gravy, Green Beans and a Freshly Baked Roll

Daily Special & Everyday

Crispy Chicken Sandwich, Spicy Chicken Sandwich, Hamburger, Cheeseburgers & Chicken Strips offered daily!

GRILL

MONDAY	Corndog offered with Tater Tots
TUESDAY	BBQ Pork Sandwich offered with Baked Beans
WEDNESDAY	Build a Better Burger offered with French Fries
THURSDAY	Chicken Fried Steak Sandwich offered with Potato Wedges
FRIDAY	Three Cheese Toaster offered with French Fries

Daily Special & Everyday

Cheese and Pepperoni Pizza offered daily

PIZZA

Pizzas are made with low sodium sauce, low fat cheeses and a whole grain crust

MONDAY	Supreme Pizza
TUESDAY	Pepperoni Calzone
WEDNESDAY	Buffalo Chicken Pizza
THURSDAY	Sausage Calzone
FRIDAY	BBQ Chicken Pizza

Daily Specials

Nacho Bar offered daily with variety of Cheese Sauces, Mexican Pulled Chicken, Refried Beans or Crumbled Beef

SALSA

MONDAY	Fiesta Bowl offered with Refried Beans
TUESDAY	Beef Enchilada offered with Fiesta Potatoes
WEDNESDAY	Build Your Own Burrito offered with Frijoles Charro Beans
THURSDAY	Chicken Enchilada Suiza offered with Fiesta Potatoes
FRIDAY	Fiesta Bowl offered with Refried Beans

Daily Special & Everyday

Turkey, Ham and American Subs made fresh and offered daily

Fast Takes products are made daily using local ingredients when seasonally available

FAST TAKES

MONDAY	Hearty Garden Salad (V) or Sweet & Spicy Sub
TUESDAY	Chef Salad or Fiesta Wrap
WEDNESDAY	Antipasto Salad or Southwest Turkey Sub
THURSDAY	Chicken Caesar Salad or Southwest Wrap
FRIDAY	Cobb Salad or Italian Wrap

V Vegetarian

M Mindful

We use menu identifiers in the café to help students recognize Vegetarian & Mindful options. Mindful selections meet specific criteria for fat, sodium & calories.

This institution is an equal opportunity provider.