

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 CH Week 1 Day 4 - ServingDate: 08/01/2019								
Corn Dog - SR1023 (1 corn dog)	150	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Crispy Chicken Salad - SR1129 (1 salad)	25	258.94	12.51	4.04	0.00	476.44	21.22	16.02
Double Berry Parfait - SR1174 (1 parfait)	100	264.24	4.08	0.86	0.00	118.22	53.40	5.33
Tater Tot Casserole - OKR1621 (1 serving)	125	322.28	17.51	6.16	0.00	820.61	22.79	15.32
String Cheese - SR1146 (1 stick.)	100	81.00	6.08	3.04	0.00	192.38	2.02	7.09
Twisted Breadstick - SR2142 (1 breadstick)	25	173.17	3.27	0.11	0.01	200.34	28.41	6.09
Unsweetened Applesauce - SR1195 (1/2 c.)	150	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	250	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Broccoli Florets - SR1027 (1/2 c.)	150	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Mixed Garden Vegetables - SR1583 (1/2 c.)	300	51.85	0.43	0.08	0.00	90.78	11.05	2.23
Caesar Side Salad - SR1428 (1 c.)	75	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Chocolate1% Milk - OKR1062 (8 oz.)	150	130.00	2.50	1.50	0.00	130.00	19.00	8.00
Strawberry Skim Milk - OKR1063 (8 oz.)	150	120.00	0.00	0.00	0.00	95.00	22.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	150	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	20	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	150	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	150	25.00	1.25	0.25	0.00	160.00	4.00	0.00

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 CH Week 1 Day 5 - ServingDate: 08/02/2019								
Barbecue Rib Sandwich - OKR1132 (1 sandwich)	125	332.89	12.00	3.50	0.10	861.89	42.01	18.00
Home-Style Cheese Pizza - OKR1334 (1 slice)	175	325.51	15.63	7.52	0.00	705.84	30.07	21.19
Crispy Chicken Salad - SR1129 (1 salad)	25	258.94	12.51	4.04	0.00	476.44	21.22	16.02
Kidzable Ham & Cheese - OKR1137 (1 portion)	75	420.78	17.94	6.53	0.00	1252.84	44.43	19.00
Twisted Breadstick - SR2142 (1 breadstick)	25	173.17	3.27	0.11	0.01	200.34	28.41	6.09
Mixed Fruit Cocktail - SR1037 (1/2 c.)	150	49.99	0.01	0.00	0.00	4.35	12.89	0.50
Orange Smiles - SR1172 (6 slice or w)	150	62.63	0.16	0.02	0.00	0.00	15.66	1.25
Vegetarian Baked Beans - OKR1318 (1/2 c.)	250	173.29	0.01	0.00	0.00	821.27	39.45	7.52
Celery Sticks - SR1014 (6 stick.)	150	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Garden Side Salad - SR1429 (1 c.)	150	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate1% Milk - OKR1062 (8 oz.)	150	130.00	2.50	1.50	0.00	130.00	19.00	8.00
Strawberry Skim Milk - OKR1063 (8 oz.)	150	120.00	0.00	0.00	0.00	95.00	22.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	100	3.33	0.25	0.17	0.00	20.00	0.00	0.33
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	100	25.00	1.25	0.25	0.00	160.00	4.00	0.00

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 CH Week 2 Day 1 - ServingDate: 08/05/2019								
Cheeseburger - OKR1158 (1 burger)	150	312.80	11.80	4.60	0.00	658.30	32.90	17.20
Chef Salad - SR1082 (1 salad)	25	142.93	8.58	3.66	0.00	281.73	3.91	12.23
Kidzable Build Your Own Pizza - OKR1141 (1 portion)	75	438.99	23.50	10.35	0.00	1203.68	37.60	25.72
Mexi Chicken Nachos - OKR1422 (1 nacho)	150	354.62	18.16	6.74	0.00	699.68	30.89	17.75
Twisted Breadstick - SR2142 (1 breadstick)	25	173.17	3.27	0.11	0.01	200.34	28.41	6.09
Pineapple Tidbits - SR1495 (1/2 c.)	150	63.20	0.00	0.00	0.00	0.00	16.43	0.00
Orange Smiles - SR1172 (6 slice or w)	250	62.63	0.16	0.02	0.00	0.00	15.66	1.25
Frijoles ala Charro - OKR1230 (1/2 c.)	300	107.81	0.04	0.01	0.00	148.92	19.53	6.46
Celery Sticks - SR1014 (6 stick.)	100	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Garden Side Salad - SR1429 (1 c.)	150	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate1% Milk - OKR1062 (8 oz.)	150	130.00	2.50	1.50	0.00	130.00	19.00	8.00
Strawberry Skim Milk - OKR1063 (8 oz.)	100	120.00	0.00	0.00	0.00	95.00	22.00	8.00
White 1% Milk - OKR1061 (8 oz.)	75	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	1	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	25	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	25	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	100	25.00	1.25	0.25	0.00	160.00	4.00	0.00
Thick & Chunky Salsa - SR2187 (2 tbsp.)	100	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Sour Cream - SR1659 (2 tbsp.)	100	60.00	5.00	3.50	0.00	15.00	1.00	1.00

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 CH Week 2 Day 2 - archived on Aug 12 2019 12:41PM - ServingDate: 08/06/2019								
Beefy Mac - SR2119 (2/3 c.)	100	360.02	12.61	4.94	0.02	844.06	40.41	20.61
Chef Salad - SR1082 (1 salad)	25	142.93	8.58	3.66	0.00	281.73	3.91	12.23
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	200	300.18	11.01	6.00	0.00	490.29	30.02	19.01
Sunbutter & Jelly Sandwich - OKR1140 (1 sandwich)	75	396.46	19.16	2.02	0.00	361.23	45.95	13.07
String Cheese - SR1146 (1 stick.)	75	81.00	6.08	3.04	0.00	192.38	2.02	7.09
Breadstick - SR1044 (1 breadstick)	100	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Twisted Breadstick - SR2142 (1 breadstick)	25	173.17	3.27	0.11	0.01	200.34	28.41	6.09
Diced Peaches - SR1196 (1/2 c.)	100	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Banana - SR1166 (1 medium (7"))	250	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Roasted Broccoli - SR1852 (1/2 c.)	300	67.01	4.49	0.40	0.04	72.06	5.40	3.00
Baby Carrots - SR1016 (1/2 c.)	150	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Caesar Side Salad - SR1428 (1 c.)	100	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Chocolate1% Milk - OKR1062 (8 oz.)	150	130.00	2.50	1.50	0.00	130.00	19.00	8.00
Strawberry Skim Milk - OKR1063 (8 oz.)	100	120.00	0.00	0.00	0.00	95.00	22.00	8.00
White 1% Milk - OKR1061 (8 oz.)	75	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	75	3.33	0.25	0.17	0.00	20.00	0.00	0.33
Ketchup - SR1004 (1 pump)	20	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Homemade Marinara Sauce - SR1430 (1/4 c.)	150	10.21	0.04	0.01	0.00	43.47	2.36	0.46

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 CH Week 2 Day 2 - archived on Aug 12 2019 12:41PM - ServingDate: 08/06/2019								
Light Mayonnaise - SR1005 (1 tbsp.)	1	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Rice Krispies Treats - OKR1026 (1 Bar)	400	49.61	0.99	0.00	0.00	44.65	8.93	0.00
Yellow Mustard - SR1603 (1 pump)	1	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	150	25.00	1.25	0.25	0.00	160.00	4.00	0.00
Red Pepper Flakes - SR1554 (1/4 tsp.)	75	1.43	0.08	0.02	0.00	0.14	0.25	0.05
SY 19-20 CH Week 2 Day 3 - ServingDate: 08/07/2019								
Chicken Caesar Salad - SR1094 (1 salad)	25	178.93	7.23	2.13	0.00	448.01	8.68	21.93
Crispy Chicken Nuggets - SR1367 (5 nugget)	170	259.49	14.97	2.50	0.00	399.21	15.97	15.97
Ham & Cheese Sandwich - OKR1072 (1 sandwich)	75	333.33	14.33	6.00	0.00	1060.00	30.67	20.33
Original Hot Dog - OKR1127 (1 serving (1))	130	280.00	11.00	2.50	0.00	530.00	32.00	14.00
Dinner Roll - SR1010 (1 roll.)	200	80.00	1.50	0.00	0.00	70.00	14.00	3.00
Twisted Breadstick - SR2142 (1 breadstick)	25	173.17	3.27	0.11	0.01	200.34	28.41	6.09
Apples - OKR1024 (1 Bag)	200	30.00	0.00	0.00	0.00	0.00	7.00	0.00
Diced Bartlett Pears - SR1194 (1/2 c.)	150	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Fresh Broccoli Florets - SR1027 (1/2 c.)	150	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Whipped Potatoes - SR1112 (1/2 c.)	300	79.98	1.50	1.00	0.00	102.63	15.00	2.00
Garden Side Salad - SR1429 (1 c.)	100	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate1% Milk - OKR1062 (8 oz.)	150	130.00	2.50	1.50	0.00	130.00	19.00	8.00
Strawberry Skim Milk - OKR1063 (8 oz.)	100	120.00	0.00	0.00	0.00	95.00	22.00	8.00

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 CH Week 2 Day 3 - ServingDate: 08/07/2019								
White 1% Milk - OKR1061 (8 oz.)	75	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Gravy, Pepper (Country, Biscuit) - SR2091 (1/4 c.)	150	42.86	2.42	2.19	0.00	179.41	4.57	0.37
Ketchup - SR1004 (1 pump)	100	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	10	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	10	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	75	25.00	1.25	0.25	0.00	160.00	4.00	0.00
Smart Balance Butter - OKR1081 (1 pkg.)	100	30.00	3.00	1.00	0.00	30.00	0.00	0.00
SY 19-20 CH Week 2 Day 4 - ServingDate: 08/08/2019								
Baked Potato with Broccoli and Cheese - SR1328 (1 potato)	100	413.29	22.33	10.39	0.04	648.30	34.27	18.63
Crispy Chicken Salad - SR1129 (1 salad)	25	258.94	12.51	4.04	0.00	476.44	21.22	16.02
Rainbow Chili & Cheese - SR1217 (1 c.)	150	265.83	7.76	3.86	0.00	544.63	34.79	13.48
Strawberry Fields Parfait - SR1386 (1 parfait)	125	306.21	3.92	0.85	0.00	119.84	65.34	5.51
String Cheese - SR1146 (1 stick.)	125	81.00	6.08	3.04	0.00	192.38	2.02	7.09
Cinnamon Roll - OKR1273 (1 roll.)	250	215.54	1.50	0.50	0.00	140.15	45.06	5.00
Twisted Breadstick - SR2142 (1 breadstick)	125	173.17	3.27	0.11	0.01	200.34	28.41	6.09
Unsweetened Applesauce - SR1195 (1/2 c.)	200	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	150	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Baby Carrots - SR1016 (1/2 c.)	200	25.40	0.09	0.02	0.00	56.61	5.98	0.46

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 CH Week 2 Day 4 - ServingDate: 08/08/2019								
Steamed Corn - SR1034 (1/2 c.)	300	68.89	0.57	0.09	0.00	0.85	16.41	2.17
Caesar Side Salad - SR1428 (1 c.)	100	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Chocolate1% Milk - OKR1062 (8 oz.)	150	130.00	2.50	1.50	0.00	130.00	19.00	8.00
Strawberry Skim Milk - OKR1063 (8 oz.)	100	120.00	0.00	0.00	0.00	95.00	22.00	8.00
White 1% Milk - OKR1061 (8 oz.)	75	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	150	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	20	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	20	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	100	25.00	1.25	0.25	0.00	160.00	4.00	0.00
SY 19-20 CH Week 2 Day 5 - ServingDate: 08/09/2019								
Cheddar Macaroni - SR2121 (3/4 c.)	100	329.62	15.74	8.15	0.01	915.41	30.85	16.97
Crispy Chicken Salad - SR1129 (1 salad)	25	258.94	12.51	4.04	0.00	476.44	21.22	16.02
Kidzable Turkey & Mozzarella - OKR1142 (1 portion)	75	367.90	13.97	4.70	0.00	839.76	36.95	22.81
Pepperoni Pizza Square - SR1025 (1 slice)	200	334.60	13.19	4.82	0.00	562.92	35.09	17.00
Breadstick - SR1044 (1 breadstick)	100	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Twisted Breadstick - SR2142 (1 breadstick)	25	173.17	3.27	0.11	0.01	200.34	28.41	6.09
Mixed Fruit Cocktail - SR1037 (1/2 c.)	150	49.99	0.01	0.00	0.00	4.35	12.89	0.50
Orange Smiles - SR1172 (6 slice or w)	250	62.63	0.16	0.02	0.00	0.00	15.66	1.25
Celery Sticks - SR1014 (6 stick.)	100	10.34	0.11	0.03	0.00	51.71	1.92	0.45

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 CH Week 2 Day 5 - ServingDate: 08/09/2019								
Roasted Summer Squash - SR1523 (1/2 c.)	250	34.98	2.14	0.21	0.02	42.17	3.28	0.85
Garden Side Salad - SR1429 (1 c.)	150	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate1% Milk - OKR1062 (8 oz.)	100	130.00	2.50	1.50	0.00	130.00	19.00	8.00
Strawberry Skim Milk - OKR1063 (8 oz.)	100	120.00	0.00	0.00	0.00	95.00	22.00	8.00
White 1% Milk - OKR1061 (8 oz.)	100	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	100	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	100	3.33	0.25	0.17	0.00	20.00	0.00	0.33
Ketchup - SR1004 (1 pump)	1	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	15	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	15	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	50	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	100	25.00	1.25	0.25	0.00	160.00	4.00	0.00
SY 19-20 CH Week 3 Day 1 - ServingDate: 08/12/2019								
Chef Salad - SR1082 (1 salad)	25	142.93	8.58	3.66	0.00	281.73	3.91	12.23
Toasted Cheese Sandwich - OKR1220 (1 sandwich)	100	360.00	20.00	10.00	0.00	1250.00	30.00	16.00
Kidzable Protein Power - OKR1446 (1 portion)	75	385.31	15.75	5.51	0.00	649.16	44.11	17.56
Walking Nachos - SR1499 (1 nacho)	200	276.21	13.00	4.38	0.00	620.97	24.88	15.10
Twisted Breadstick - SR2142 (1 breadstick)	25	173.17	3.27	0.11	0.01	200.34	28.41	6.09
Pineapple Tidbits - SR1495 (1/2 c.)	150	63.20	0.00	0.00	0.00	0.00	16.43	0.00

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 CH Week 3 Day 1 - ServingDate: 08/12/2019								
Orange Smiles - SR1172 (6 slice or w)	150	62.63	0.16	0.02	0.00	0.00	15.66	1.25
Vegetarian Refried Beans - SR1070 (1/2 c.)	300	161.28	0.58	0.00	0.00	158.86	28.80	10.37
Baby Carrots - SR1016 (1/2 c.)	150	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Garden Side Salad - SR1429 (1 c.)	150	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate1% Milk - OKR1062 (8 oz.)	100	130.00	2.50	1.50	0.00	130.00	19.00	8.00
Strawberry Skim Milk - OKR1063 (8 oz.)	100	120.00	0.00	0.00	0.00	95.00	22.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	40	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	25	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	25	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	50	25.00	1.25	0.25	0.00	160.00	4.00	0.00
Sour Cream - SR1659 (2 tbsp.)	50	60.00	5.00	3.50	0.00	15.00	1.00	1.00
SY 19-20 CH Week 3 Day 2 - ServingDate: 08/13/2019								
Cheeseburger - OKR1158 (1 burger)	125	312.80	11.80	4.60	0.00	658.30	32.90	17.20
Chef Salad - SR1082 (1 salad)	25	142.93	8.58	3.66	0.00	281.73	3.91	12.23
Sunbutter & Jelly Sandwich - OKR1140 (1 sandwich)	100	396.46	19.16	2.02	0.00	361.23	45.95	13.07
Zesty Orange Chicken - OKR1135 (5 nugget)	150	329.82	14.97	2.50	0.00	534.38	34.04	15.99
Steamed Rice - SR2109 (1/2 c.)	100	137.87	0.81	0.00	0.00	2.39	30.01	3.24
Twisted Breadstick - SR2142 (1 breadstick)	25	173.17	3.27	0.11	0.01	200.34	28.41	6.09

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 CH Week 3 Day 2 - ServingDate: 08/13/2019								
Diced Peaches - SR1196 (1/2 c.)	150	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Banana - SR1166 (1 medium (7"))	150	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Broccoli Florets - SR1027 (1/2 c.)	150	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Mixed Garden Vegetables - SR1583 (1/2 c.)	300	51.85	0.43	0.08	0.00	90.78	11.05	2.23
Caesar Side Salad - SR1428 (1 c.)	100	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Chocolate1% Milk - OKR1062 (8 oz.)	175	130.00	2.50	1.50	0.00	130.00	19.00	8.00
Strawberry Skim Milk - OKR1063 (8 oz.)	100	120.00	0.00	0.00	0.00	95.00	22.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	40	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Fortune Cookie - OKR1529 (1 ea.)	300	18.31	0.00	0.00	0.00	1.66	4.16	0.33
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	1	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	1	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	75	25.00	1.25	0.25	0.00	160.00	4.00	0.00
SY 19-20 CH Week 3 Day 3 - ServingDate: 08/14/2019								
Bean Burrito - SR1356 (1 burrito)	100	355.96	9.43	3.00	0.00	439.15	50.60	15.78
Chicken & Waffles - OKR1163 (1 serving)	225	364.49	18.47	3.00	0.00	574.21	32.47	17.97
Chicken Caesar Salad - SR1094 (1 salad)	25	178.93	7.23	2.13	0.00	448.01	8.68	21.93
Turkey & Cheese Sandwich - OKR1126 (1 sandwich)	50	333.33	14.00	5.67	0.00	986.67	30.00	22.33
Twisted Breadstick - SR2142 (1 breadstick)	25	173.17	3.27	0.11	0.01	200.34	28.41	6.09

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 CH Week 3 Day 3 - ServingDate: 08/14/2019								
Apples - OKR1024 (1 Bag)	200	30.00	0.00	0.00	0.00	0.00	7.00	0.00
Diced Bartlett Pears - SR1194 (1/2 c.)	100	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Celery Sticks - SR1014 (6 stick.)	100	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Garden Side Salad - SR1429 (1 c.)	150	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Sweet Potato Crinkle Cut Fries - OKR1525 (1/2 c.)	300	120.86	4.53	0.50	0.00	181.29	17.12	2.01
Chocolate1% Milk - OKR1062 (8 oz.)	150	130.00	2.50	1.50	0.00	130.00	19.00	8.00
Strawberry Skim Milk - OKR1063 (8 oz.)	100	120.00	0.00	0.00	0.00	95.00	22.00	8.00
White 1% Milk - OKR1061 (8 oz.)	75	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	50	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	15	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	15	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	100	25.00	1.25	0.25	0.00	160.00	4.00	0.00
Individual Syrup - OKR1568 (1 Container)	250	110.00	0.00	0.00	0.00	20.00	29.00	0.00
SY 19-20 CH Week 3 Day 4 - ServingDate: 08/15/2019								
Crispy Chicken Salad - SR1129 (1 salad)	25	258.94	12.51	4.04	0.00	476.44	21.22	16.02
Twisted Dog - OKR1434 (1 serving (1))	150	280.00	11.00	2.50	0.00	460.00	29.00	14.00
Just Peachy Parfait - SR1503 (1 parfait)	75	241.28	3.79	0.83	0.00	121.10	47.40	5.66
Steak Fingers - OKR1223 (4 ea.)	150	320.00	20.00	5.00	0.00	330.00	19.00	16.00
Dinner Roll - SR1010 (1 roll.)	150	80.00	1.50	0.00	0.00	70.00	14.00	3.00

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 CH Week 3 Day 4 - ServingDate: 08/15/2019								
Twisted Breadstick - SR2142 (1 breadstick)	25	173.17	3.27	0.11	0.01	200.34	28.41	6.09
Unsweetened Applesauce - SR1195 (1/2 c.)	150	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	150	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Broccoli Florets - SR1027 (1/2 c.)	150	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Whipped Potatoes - SR1112 (1/2 c.)	350	79.98	1.50	1.00	0.00	102.63	15.00	2.00
Caesar Side Salad - SR1428 (1 c.)	100	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Chocolate1% Milk - OKR1062 (8 oz.)	150	130.00	2.50	1.50	0.00	130.00	19.00	8.00
Strawberry Skim Milk - OKR1063 (8 oz.)	100	120.00	0.00	0.00	0.00	95.00	22.00	8.00
White 1% Milk - OKR1061 (8 oz.)	75	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Carnival Cookie - OKR1143 (1 ea.)	400	110.00	3.50	1.00	0.00	85.00	18.00	1.00
Gravy, Pepper (Country, Biscuit) - SR2091 (1/4 c.)	200	42.86	2.42	2.19	0.00	179.41	4.57	0.37
Ketchup - SR1004 (1 pump)	100	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	20	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	20	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	100	25.00	1.25	0.25	0.00	160.00	4.00	0.00
SY 19-20 CH Week 3 Day 5 - ServingDate: 08/16/2019								
Barbecue Rib Sandwich - OKR1132 (1 sandwich)	75	332.89	12.00	3.50	0.10	861.89	42.01	18.00
Home-Style Cheese Pizza - OKR1334 (1 slice)	200	325.51	15.63	7.52	0.00	705.84	30.07	21.19

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 CH Week 3 Day 5 - ServingDate: 08/16/2019								
Crispy Chicken Salad - SR1130 (1 salad)	25	316.59	15.24	4.55	0.00	605.37	26.14	20.10
Kidzable Ham & Cheese - OKR1137 (1 portion)	100	420.78	17.94	6.53	0.00	1252.84	44.43	19.00
Twisted Breadstick - SR2142 (1 breadstick)	25	173.17	3.27	0.11	0.01	200.34	28.41	6.09
Mixed Fruit Cocktail - SR1037 (1/2 c.)	200	49.99	0.01	0.00	0.00	4.35	12.89	0.50
Orange Smiles - SR1172 (6 slice or w)	250	62.63	0.16	0.02	0.00	0.00	15.66	1.25
Celery Sticks - SR1014 (6 stick.)	200	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Frozen Peas - OKR1034 (1/2 c.)	300	73.71	0.26	0.05	0.00	68.04	13.47	4.87
Garden Side Salad - SR1429 (1 c.)	150	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate1% Milk - OKR1062 (8 oz.)	150	130.00	2.50	1.50	0.00	130.00	19.00	8.00
Strawberry Skim Milk - OKR1063 (8 oz.)	100	120.00	0.00	0.00	0.00	95.00	22.00	8.00
White 1% Milk - OKR1061 (8 oz.)	75	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	100	3.33	0.25	0.17	0.00	20.00	0.00	0.33
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	15	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	15	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	100	25.00	1.25	0.25	0.00	160.00	4.00	0.00
SY 19-20 CH Week 4 Day 1 - ServingDate: 08/19/2019								
Chef Salad - SR1082 (1 salad)	25	142.93	8.58	3.66	0.00	281.73	3.91	12.23
Chicken Fried Steak Sandwich - OKR1612 (1 sandwich)	100	460.00	20.00	4.50	0.00	590.00	50.00	21.00

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 CH Week 4 Day 1 - ServingDate: 08/19/2019								
Kidzable Build Your Own Pizza - OKR1141 (1 portion)	75	438.99	23.50	10.35	0.00	1203.68	37.60	25.72
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	200	300.18	11.01	6.00	0.00	490.29	30.02	19.01
Twisted Breadstick - SR2142 (1 breadstick)	25	173.17	3.27	0.11	0.01	200.34	28.41	6.09
Pineapple Tidbits - SR1495 (1/2 c.)	150	63.20	0.00	0.00	0.00	0.00	16.43	0.00
Orange Smiles - SR1172 (6 slice or w)	200	62.63	0.16	0.02	0.00	0.00	15.66	1.25
Vegetarian Baked Beans - OKR1318 (1/2 c.)	300	173.29	0.01	0.00	0.00	821.27	39.45	7.52
Baby Carrots - SR1016 (1/2 c.)	150	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Garden Side Salad - SR1429 (1 c.)	150	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate1% Milk - OKR1062 (8 oz.)	150	130.00	2.50	1.50	0.00	130.00	19.00	8.00
Strawberry Skim Milk - OKR1063 (8 oz.)	100	120.00	0.00	0.00	0.00	95.00	22.00	8.00
White 1% Milk - OKR1061 (8 oz.)	75	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	1	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	20	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	20	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Side of Pizza Sauce - OKR1569 (2 fl. oz.)	0	14.99	0.34	0.05	0.00	260.60	2.90	0.53
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	100	25.00	1.25	0.25	0.00	160.00	4.00	0.00
SY 19-20 CH Week 4 Day 2 - ServingDate: 08/20/2019								
Cheesy Chicken Spaghetti, non-WGR - OKR1595 (6 oz.)	150	248.40	9.12	3.43	0.01	1152.39	20.88	22.46

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 CH Week 4 Day 2 - ServingDate: 08/20/2019								
Chef Salad - SR1082 (1 salad)	25	142.93	8.58	3.66	0.00	281.73	3.91	12.23
Chili Frito Pie - SR1115 (1 ea.)	150	631.83	26.66	9.63	0.00	1023.88	75.29	22.03
Sunbutter & Jelly Sandwich - OKR1140 (1 sandwich)	75	396.46	19.16	2.02	0.00	361.23	45.95	13.07
Breadstick - SR1044 (1 breadstick)	150	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Twisted Breadstick - SR2142 (1 breadstick)	25	173.17	3.27	0.11	0.01	200.34	28.41	6.09
Diced Peaches - SR1196 (1/2 c.)	50	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Banana - SR1166 (1 medium (7"))	50	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Celery Sticks - SR1014 (6 stick.)	75	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Steamed Corn - SR1034 (1/2 c.)	300	68.89	0.57	0.09	0.00	0.85	16.41	2.17
Caesar Side Salad - SR1428 (1 c.)	50	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Chocolate1% Milk - OKR1062 (8 oz.)	150	130.00	2.50	1.50	0.00	130.00	19.00	8.00
Strawberry Skim Milk - OKR1063 (8 oz.)	100	120.00	0.00	0.00	0.00	95.00	22.00	8.00
White 1% Milk - OKR1061 (8 oz.)	75	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Rice Krispies Treats - OKR1026 (1 Bar)	400	49.61	0.99	0.00	0.00	44.65	8.93	0.00
Yellow Mustard - SR1603 (1 pump)	20	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	50	25.00	1.25	0.25	0.00	160.00	4.00	0.00

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 CH Week 4 Day 3 - ServingDate: 08/21/2019								
American Sandwich - OKR1129 (1 sandwich)	50	333.33	14.17	5.83	0.00	1023.33	30.33	21.33
Cheddar Macaroni - SR2121 (3/4 c.)	150	329.62	15.74	8.15	0.01	915.41	30.85	16.97
Small Chicken Caesar Salad - SR1095 (1 salad)	25	163.25	6.85	2.04	0.00	438.22	8.01	19.49
Crispy Chicken Nuggets - SR1367 (5 nugget)	175	259.49	14.97	2.50	0.00	399.21	15.97	15.97
Dinner Roll - SR1010 (1 roll.)	175	80.00	1.50	0.00	0.00	70.00	14.00	3.00
Twisted Breadstick - SR2142 (1 breadstick)	25	173.17	3.27	0.11	0.01	200.34	28.41	6.09
Apples - OKR1024 (1 Bag)	100	30.00	0.00	0.00	0.00	0.00	7.00	0.00
Diced Bartlett Pears - SR1194 (1/2 c.)	150	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Whipped Potatoes - SR1112 (1/2 c.)	300	79.98	1.50	1.00	0.00	102.63	15.00	2.00
Baby Carrots - SR1016 (1/2 c.)	150	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Garden Side Salad - SR1429 (1 c.)	150	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate1% Milk - OKR1062 (8 oz.)	150	130.00	2.50	1.50	0.00	130.00	19.00	8.00
Strawberry Skim Milk - OKR1063 (8 oz.)	100	120.00	0.00	0.00	0.00	95.00	22.00	8.00
White 1% Milk - OKR1061 (8 oz.)	75	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Gravy, Pepper (Country, Biscuit) - SR2091 (1/4 c.)	200	42.86	2.42	2.19	0.00	179.41	4.57	0.37
Ketchup - SR1004 (1 pump)	100	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	25	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	25	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	100	25.00	1.25	0.25	0.00	160.00	4.00	0.00

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 CH Week 4 Day 3 - ServingDate: 08/21/2019								
Smart Balance Butter - OKR1081 (1 pkg.)	100	30.00	3.00	1.00	0.00	30.00	0.00	0.00
SY 19-20 CH Week 4 Day 4 - ServingDate: 08/22/2019								
Corn Dog - SR1023 (1 corn dog)	175	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Crispy Chicken Salad - SR1129 (1 salad)	25	258.94	12.51	4.04	0.00	476.44	21.22	16.02
French Toast Sticks - SR1910 (3 stick.)	125	190.92	7.34	1.47	0.00	220.29	27.90	4.41
Strawberry Banana Parfait - SR1504 (1 parfait)	75	278.15	3.96	0.88	0.00	118.21	57.32	5.58
Scrambled Eggs - OKR1375 (1 #10 scoop)	125	98.97	6.60	2.47	0.00	107.22	1.65	8.25
Twisted Breadstick - SR2142 (1 breadstick)	25	173.17	3.27	0.11	0.01	200.34	28.41	6.09
Unsweetened Applesauce - SR1195 (1/2 c.)	175	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	200	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Fresh Broccoli Florets - SR1027 (1/2 c.)	150	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Tater Tots - OKR1073 (1/2 c.)	300	90.55	3.52	0.00	0.00	171.03	14.09	1.01
Caesar Side Salad - SR1428 (1 c.)	100	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Chocolate1% Milk - OKR1062 (8 oz.)	150	130.00	2.50	1.50	0.00	130.00	19.00	8.00
Strawberry Skim Milk - OKR1063 (8 oz.)	100	120.00	0.00	0.00	0.00	95.00	22.00	8.00
White 1% Milk - OKR1061 (8 oz.)	75	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	75	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	1	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	1	0.00	0.00	0.00	0.00	180.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 CH Week 4 Day 4 - ServingDate: 08/22/2019								
Sausage Link - OKR1008 (1 link)	125	98.00	10.00	3.50	0.00	160.00	0.00	4.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	100	25.00	1.25	0.25	0.00	160.00	4.00	0.00
Individual Syrup - OKR1568 (1 Container)	125	110.00	0.00	0.00	0.00	20.00	29.00	0.00
SY 19-20 CH Week 4 Day 5 - ServingDate: 08/23/2019								
Beef Lasagna, Scratch, non-wgr - OKR1603 (1 ea.)	100	317.66	12.21	6.13	0.01	791.18	34.11	20.91
Crispy Chicken Salad - SR1129 (1 salad)	25	258.94	12.51	4.04	0.00	476.44	21.22	16.02
Kidzable Turkey & Mozzarella - OKR1142 (1 portion)	75	367.90	13.97	4.70	0.00	839.76	36.95	22.81
Pepperoni Pizza Square - SR1025 (1 slice)	200	334.60	13.19	4.82	0.00	562.92	35.09	17.00
Twisted Breadstick - SR2142 (1 breadstick)	25	173.17	3.27	0.11	0.01	200.34	28.41	6.09
Mixed Fruit Cocktail - SR1037 (1/2 c.)	150	49.99	0.01	0.00	0.00	4.35	12.89	0.50
Orange Smiles - SR1172 (6 slice or w)	200	62.63	0.16	0.02	0.00	0.00	15.66	1.25
Roasted Green Beans - SR1021 (1/2 c.)	300	22.18	0.13	0.04	0.00	43.09	5.11	1.18
Celery Sticks - SR1014 (6 stick.)	150	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Garden Side Salad - SR1429 (1 c.)	150	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate1% Milk - OKR1062 (8 oz.)	150	130.00	2.50	1.50	0.00	130.00	19.00	8.00
Strawberry Skim Milk - OKR1063 (8 oz.)	100	120.00	0.00	0.00	0.00	95.00	22.00	8.00
White 1% Milk - OKR1061 (8 oz.)	75	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	75	3.33	0.25	0.17	0.00	20.00	0.00	0.33

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 CH Week 4 Day 5 - ServingDate: 08/23/2019								
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	100	25.00	1.25	0.25	0.00	160.00	4.00	0.00
SY 19-20 CH Week 5 Day 1 - ServingDate: 08/26/2019								
Asian Meatballs - SR1856 (5 Meatballs)	75	283.61	14.22	6.08	0.00	513.16	26.25	15.23
Chicken Tenders - OKR1184 (3 strip)	200	240.00	12.00	2.25	0.00	405.00	12.00	19.50
Chef Salad - SR1082 (1 salad)	25	142.93	8.58	3.66	0.00	281.73	3.91	12.23
Kidzable Protein Power - OKR1446 (1 portion)	100	385.31	15.75	5.51	0.00	649.16	44.11	17.56
Dinner Roll - SR1010 (1 roll.)	150	80.00	1.50	0.00	0.00	70.00	14.00	3.00
Vegetable Lo Mein - SR2116 (2/3 c.)	125	177.67	1.70	0.10	0.01	539.99	36.24	5.26
Twisted Breadstick - SR2142 (1 breadstick)	25	173.17	3.27	0.11	0.01	200.34	28.41	6.09
Pineapple Tidbits - SR1495 (1/2 c.)	150	63.20	0.00	0.00	0.00	0.00	16.43	0.00
Orange Smiles - SR1172 (6 slice or w)	150	62.63	0.16	0.02	0.00	0.00	15.66	1.25
Roasted Broccoli - SR1852 (1/2 c.)	300	67.01	4.49	0.40	0.04	72.06	5.40	3.00
Baby Carrots - SR1016 (1/2 c.)	150	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Garden Side Salad - SR1429 (1 c.)	100	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate1% Milk - OKR1062 (8 oz.)	150	130.00	2.50	1.50	0.00	130.00	19.00	8.00
Strawberry Skim Milk - OKR1063 (8 oz.)	100	120.00	0.00	0.00	0.00	95.00	22.00	8.00
White 1% Milk - OKR1061 (8 oz.)	75	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 CH Week 5 Day 1 - ServingDate: 08/26/2019								
Ketchup - SR1004 (1 pump)	50	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	75	25.00	1.25	0.25	0.00	160.00	4.00	0.00
SY 19-20 CH Week 5 Day 2 - ServingDate: 08/27/2019								
Chef Salad - SR1082 (1 salad)	25	142.93	8.58	3.66	0.00	281.73	3.91	12.23
Enchilada Suiza, mexican chicken, white sauce, 10-inch tortilla, non-WGR - OKR1591 (1 enchilada)	125	408.76	18.20	7.60	0.00	938.37	33.71	26.38
Beefy Nachos - OKR1450 (1 nacho)	150	377.17	19.75	7.38	0.00	790.94	33.78	16.59
Sunbutter & Jelly Sandwich - OKR1140 (1 sandwich)	100	396.46	19.16	2.02	0.00	361.23	45.95	13.07
String Cheese - SR1146 (1 stick.)	100	81.00	6.08	3.04	0.00	192.38	2.02	7.09
Twisted Breadstick - SR2142 (1 breadstick)	25	173.17	3.27	0.11	0.01	200.34	28.41	6.09
Diced Peaches - SR1196 (1/2 c.)	150	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Banana - SR1166 (1 medium (7"))	100	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Vegetarian Refried Beans - SR1070 (1/2 c.)	300	161.28	0.58	0.00	0.00	158.86	28.80	10.37
Celery Sticks - SR1014 (6 stick.)	100	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Caesar Side Salad - SR1428 (1 c.)	50	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Chocolate1% Milk - OKR1062 (8 oz.)	150	130.00	2.50	1.50	0.00	130.00	19.00	8.00
Strawberry Skim Milk - OKR1063 (8 oz.)	100	120.00	0.00	0.00	0.00	95.00	22.00	8.00
White 1% Milk - OKR1061 (8 oz.)	75	107.58	2.69	1.61	0.00	112.96	12.91	8.61

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 CH Week 5 Day 2 - ServingDate: 08/27/2019								
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Chip Cookie - OKR1042 (1 cookie)	375	111.38	3.54	1.01	0.00	86.06	18.23	1.01
Ketchup - SR1004 (1 pump)	1	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	1	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	1	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	75	25.00	1.25	0.25	0.00	160.00	4.00	0.00
Thick & Chunky Salsa - SR2187 (2 tbsp.)	50	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Sour Cream - SR1659 (2 tbsp.)	50	60.00	5.00	3.50	0.00	15.00	1.00	1.00
SY 19-20 CH Week 5 Day 3 - ServingDate: 08/28/2019								
Chicken & Waffles - OKR1163 (1 serving)	200	364.49	18.47	3.00	0.00	574.21	32.47	17.97
Small Chicken Caesar Salad - SR1095 (1 salad)	25	163.25	6.85	2.04	0.00	438.22	8.01	19.49
Toasted Cheese Sandwich - OKR1220 (1 sandwich)	100	360.00	20.00	10.00	0.00	1250.00	30.00	16.00
Ham & Cheese Sandwich - OKR1072 (1 sandwich)	75	333.33	14.33	6.00	0.00	1060.00	30.67	20.33
Twisted Breadstick - SR2142 (1 breadstick)	25	173.17	3.27	0.11	0.01	200.34	28.41	6.09
Apples - OKR1024 (1 Bag)	250	30.00	0.00	0.00	0.00	0.00	7.00	0.00
Diced Bartlett Pears - SR1194 (1/2 c.)	100	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Fresh Broccoli Florets - SR1027 (1/2 c.)	100	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Emoji Potatoes - OKR1464 (2 1/2 oz.)	300	117.95	3.93	0.49	0.00	78.63	17.69	1.97
Garden Side Salad - SR1429 (1 c.)	100	18.89	0.18	0.03	0.00	31.03	3.96	1.15

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 CH Week 5 Day 3 - ServingDate: 08/28/2019								
Chocolate1% Milk - OKR1062 (8 oz.)	100	130.00	2.50	1.50	0.00	130.00	19.00	8.00
Strawberry Skim Milk - OKR1063 (8 oz.)	100	120.00	0.00	0.00	0.00	95.00	22.00	8.00
White 1% Milk - OKR1061 (8 oz.)	100	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	100	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	25	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	10	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	10	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	20	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	75	25.00	1.25	0.25	0.00	160.00	4.00	0.00
Individual Syrup - OKR1568 (1 Container)	200	110.00	0.00	0.00	0.00	20.00	29.00	0.00
SY 19-20 CH Week 5 Day 4 - ServingDate: 08/29/2019								
BBQ Drumstick - OKR1625 (1 piece)	100	195.00	11.00	2.50	0.00	545.00	7.50	16.00
Blueberry Patch Parfait - SR1384 (1 parfait)	125	222.27	4.24	0.87	0.00	116.60	41.46	5.15
Chicken Burger - OKR1124 (1 burger)	150	430.00	17.00	2.50	0.00	670.00	47.00	22.00
Crispy Chicken Salad - SR1129 (1 salad)	25	258.94	12.51	4.04	0.00	476.44	21.22	16.02
Dinner Roll - SR1010 (1 roll.)	100	80.00	1.50	0.00	0.00	70.00	14.00	3.00
Twisted Breadstick - SR2142 (1 breadstick)	25	173.17	3.27	0.11	0.01	200.34	28.41	6.09
Unsweetened Applesauce - SR1195 (1/2 c.)	150	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Banana - SR1166 (1 medium (7"))	100	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Vegetarian Baked Beans - OKR1318 (1/2 c.)	250	173.29	0.01	0.00	0.00	821.27	39.45	7.52

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 CH Week 5 Day 4 - ServingDate: 08/29/2019								
Celery Sticks - SR1014 (6 stick.)	100	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Caesar Side Salad - SR1428 (1 c.)	100	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Chocolate1% Milk - OKR1062 (8 oz.)	150	130.00	2.50	1.50	0.00	130.00	19.00	8.00
Strawberry Skim Milk - OKR1063 (8 oz.)	100	120.00	0.00	0.00	0.00	95.00	22.00	8.00
White 1% Milk - OKR1061 (8 oz.)	75	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	50	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	10	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	10	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	75	25.00	1.25	0.25	0.00	160.00	4.00	0.00
SY 19-20 CH Week 5 Day 5 - ServingDate: 08/30/2019								
Home-Style Cheese Pizza - OKR1334 (1 slice)	200	325.51	15.63	7.52	0.00	705.84	30.07	21.19
Fajita Chicken Quesadilla - SR1803 (1 each quesadilla)	125	341.75	15.31	7.02	0.00	735.34	29.52	19.28
Crispy Chicken Salad - SR1129 (1 salad)	25	258.94	12.51	4.04	0.00	476.44	21.22	16.02
Kidzable Ham & Cheese - OKR1137 (1 portion)	50	420.78	17.94	6.53	0.00	1252.84	44.43	19.00
Twisted Breadstick - SR2142 (1 breadstick)	25	173.17	3.27	0.11	0.01	200.34	28.41	6.09
Mixed Fruit Cocktail - SR1037 (1/2 c.)	150	49.99	0.01	0.00	0.00	4.35	12.89	0.50
Orange Smiles - SR1172 (6 slice or w)	150	62.63	0.16	0.02	0.00	0.00	15.66	1.25
Seasoned Carrot Coins - SR1017 (1/2 c.)	300	75.49	5.10	0.50	0.04	179.98	7.47	0.62
Fresh Broccoli Florets - SR1027 (1/2 c.)	150	10.84	0.12	0.01	0.00	10.53	2.12	0.90

Menu Calendar Nutrient Analysis Report - August, 2019

Site: ALL

Date: 08/01/2019 - 08/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 19-20 CH Week 5 Day 5 - ServingDate: 08/30/2019								
Garden Side Salad - SR1429 (1 c.)	100	18.89	0.18	0.03	0.00	31.03	3.96	1.15
Chocolate1% Milk - OKR1062 (8 oz.)	200	130.00	2.50	1.50	0.00	130.00	19.00	8.00
Strawberry Skim Milk - OKR1063 (8 oz.)	100	120.00	0.00	0.00	0.00	95.00	22.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	75	3.33	0.25	0.17	0.00	20.00	0.00	0.33
Ketchup - SR1004 (1 pump)	1	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Light Mayonnaise - SR1005 (1 tbsp.)	1	45.00	4.00	0.50	0.00	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	1	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	75	25.00	1.25	0.25	0.00	160.00	4.00	0.00
Thick & Chunky Salsa - SR2187 (2 tbsp.)	50	5.00	0.00	0.00	0.00	115.00	1.50	0.00
Sour Cream - SR1659 (2 tbsp.)	50	60.00	5.00	3.50	0.00	15.00	1.00	1.00

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch

Site Group: The Clubhouse

Menu Line: CH-Main Event

Serving Group: K-5

Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.