

Menu Calendar Report - January, 2018

Generated on: 1/4/2018 9:11:47 AM by Susan Cox

Site: Junior High School
 Meal Type: Lunch
 Site Group: Did You Know Café
 Menu Line: DYK-Fiesta

Monday	Tuesday	Wednesday	Thursday	Friday
1 Jan	2 Jan	3 Jan	4 Jan	5 Jan
			Chicken Enchilada Suiza (36.66 g) Taco, beef, cheddar cheese, 6-inch tortilla (34.25 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Chilled Bartlett Pears (12.75 g) Fresh Whole Oranges (11.28 g) Caesar Side Salad (5.52 g) Fresh Broccoli Florets (2.12 g) Vegetable, Fiesta Potatoes (28.72 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Homemade Salsa (1.16 g) Jalapeno Peppers Ketchup Light Mayo (2.00 g) Ranch Dressing, Low Fat (3.53 g) Sour Cream (1.00 g) Yellow Mustard	Chicken Nachos MS (32.94 g) Fiesta Bowl (75.23 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Fresh Whole Oranges (11.28 g) Mixed Fruit (15.22 g) Fresh Celery Sticks (1.92 g) Garden Side Salad (3.96 g) Refried Beans (21.70 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Homemade Salsa (1.16 g) Jalapeno Peppers Ketchup Light Mayo (2.00 g) Ranch Dressing, Low Fat (3.53 g) Sour Cream (1.00 g) Yellow Mustard
8 Jan	9 Jan	10 Jan	11 Jan	12 Jan
Chicken Nachos MS (32.94 g) Taco Salad (MS/HS) (48.27 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Fresh Whole Oranges (11.28 g) Pineapple Tidbits (18.73 g) Fresh Baby Carrots (5.84 g) Garden Side Salad (3.96 g) Refried Beans (21.70 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Homemade Salsa (1.16 g) Jalapeno Peppers Ketchup Light Mayo (2.00 g) Ranch Dressing, Low Fat (3.53 g) Sour Cream (1.00 g) Yellow Mustard	Beef Enchilada ES/MS (30.49 g) Taco, Chicken Fajita Taco (MS/HS) (34.15 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Diced Peaches (15.54 g) Fresh Whole Oranges (11.28 g) Caesar Side Salad (5.52 g) Fresh Broccoli Florets (2.12 g) Vegetable, Fiesta Potatoes (28.72 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Homemade Salsa (1.16 g) Jalapeno Peppers Ketchup Light Mayo (2.00 g) Ranch Dressing, Low Fat (3.53 g)	Fiesta Bean & Cheese Burrito (42.15 g) Nachos, Nachos Beef & Cheese Sauce, Jalapeno (32.67 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Applesauce (14.89 g) Banana (26.95 g) Fresh Whole Oranges (11.28 g) Fresh Baby Carrots (5.84 g) Frijoles ala Charro, stewed pinto beans (16.90 g) Garden Side Salad (3.96 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Homemade Salsa (1.16 g) Jalapeno Peppers Ketchup Light Mayo (2.00 g) Ranch Dressing, Low Fat (3.53 g)	Nuclear Meltdown Burrito (34.66 g) Taco, beef, cheddar cheese, 6-inch tortilla (34.25 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Chilled Bartlett Pears (12.75 g) Fresh Whole Oranges (11.28 g) Caesar Side Salad (5.52 g) Fresh Broccoli Florets (2.12 g) Vegetable, Fiesta Potatoes (28.72 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Homemade Salsa (1.16 g) Jalapeno Peppers Ketchup Light Mayo (2.00 g) Ranch Dressing, Low Fat (3.53 g)	Chicken Nachos MS (32.94 g) Fiesta Bowl (75.23 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Fresh Whole Oranges (11.28 g) Mixed Fruit (15.22 g) Fresh Celery Sticks (1.92 g) Garden Side Salad (3.96 g) Refried Beans (21.70 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Homemade Salsa (1.16 g) Jalapeno Peppers Ketchup Light Mayo (2.00 g) Ranch Dressing, Low Fat (3.53 g) Sour Cream (1.00 g) Yellow Mustard

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	9 Jan	10 Jan	11 Jan	
	Sour Cream (1.00 g) Yellow Mustard	Sour Cream (1.00 g) Yellow Mustard	Sour Cream (1.00 g) Yellow Mustard	
15 Jan	16 Jan	17 Jan	18 Jan	19 Jan
Beef Enchilada ES/MS (30.49 g) Taco, Chicken Fajita Taco (MS/HS) (34.15 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Diced Peaches (15.54 g) Fresh Whole Oranges (11.28 g) Caesar Side Salad (5.52 g) Fresh Broccoli Florets (2.12 g) Vegetable,Fiesta Potatoes (28.72 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Homemade Salsa (1.16 g) Jalapeno Peppers Ketchup Light Mayo (2.00 g) Ranch Dressing, Low Fat (3.53 g) Sour Cream (1.00 g) Yellow Mustard	Fiesta Bean & Cheese Burrito (42.15 g) Nachos, Nachos Beef & Cheese Sauce, Jalapeno (32.67 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Applesauce (14.89 g) Banana (26.95 g) Fresh Whole Oranges (11.28 g) Fresh Baby Carrots (5.84 g) Frijoles ala Charro, stewed pinto beans (16.90 g) Garden Side Salad (3.96 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Homemade Salsa (1.16 g) Jalapeno Peppers Ketchup Light Mayo (2.00 g) Ranch Dressing, Low Fat (3.53 g) Sour Cream (1.00 g) Yellow Mustard	Chicken Enchilada Suiza (36.66 g) Taco, beef, cheddar cheese, 6-inch tortilla (34.25 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Chilled Bartlett Pears (12.75 g) Fresh Whole Oranges (11.28 g) Caesar Side Salad (5.52 g) Fresh Broccoli Florets (2.12 g) Vegetable,Fiesta Potatoes (28.72 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Homemade Salsa (1.16 g) Jalapeno Peppers Ketchup Light Mayo (2.00 g) Ranch Dressing, Low Fat (3.53 g) Sour Cream (1.00 g) Yellow Mustard	Chicken Nachos MS (32.94 g) Fiesta Bowl (75.23 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Fresh Whole Oranges (11.28 g) Mixed Fruit (15.22 g) Fresh Celery Sticks (1.92 g) Garden Side Salad (3.96 g) Refried Beans (21.70 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Homemade Salsa (1.16 g) Jalapeno Peppers Ketchup Light Mayo (2.00 g) Ranch Dressing, Low Fat (3.53 g) Sour Cream (1.00 g) Yellow Mustard	
22 Jan	23 Jan	24 Jan	25 Jan	26 Jan
Chicken Nachos MS (32.94 g) Taco Salad (MS/HS) (48.27 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Fresh Whole Oranges (11.28 g) Pineapple Tidbits (18.73 g) Fresh Baby Carrots (5.84 g) Garden Side Salad (3.96 g) Refried Beans (21.70 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Homemade Salsa (1.16 g) Jalapeno Peppers Ketchup Light Mayo (2.00 g) Ranch Dressing, Low Fat (3.53 g) Sour Cream (1.00 g)	Beef Enchilada ES/MS (30.49 g) Taco, Chicken Fajita Taco (MS/HS) (34.15 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Diced Peaches (15.54 g) Fresh Whole Oranges (11.28 g) Caesar Side Salad (5.52 g) Fresh Broccoli Florets (2.12 g) Vegetable,Fiesta Potatoes (28.72 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Homemade Salsa (1.16 g) Jalapeno Peppers Ketchup Light Mayo (2.00 g) Ranch Dressing, Low Fat (3.53 g) Sour Cream (1.00 g)	Fiesta Bean & Cheese Burrito (42.15 g) Nachos, Nachos Beef & Cheese Sauce, Jalapeno (32.67 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Applesauce (14.89 g) Banana (26.95 g) Fresh Whole Oranges (11.28 g) Fresh Baby Carrots (5.84 g) Frijoles ala Charro, stewed pinto beans (16.90 g) Garden Side Salad (3.96 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Homemade Salsa (1.16 g) Jalapeno Peppers Ketchup Light Mayo (2.00 g) Ranch Dressing, Low Fat (3.53 g) Sour Cream (1.00 g)	Chicken Enchilada Suiza (36.66 g) Taco, beef, cheddar cheese, 6-inch tortilla (34.25 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Chilled Bartlett Pears (12.75 g) Fresh Whole Oranges (11.28 g) Caesar Side Salad (5.52 g) Fresh Broccoli Florets (2.12 g) Vegetable,Fiesta Potatoes (28.72 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Homemade Salsa (1.16 g) Jalapeno Peppers Ketchup Light Mayo (2.00 g) Ranch Dressing, Low Fat (3.53 g) Sour Cream (1.00 g)	Chicken Nachos MS (32.94 g) Fiesta Bowl (75.23 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Fresh Whole Oranges (11.28 g) Mixed Fruit (15.22 g) Fresh Celery Sticks (1.92 g) Garden Side Salad (3.96 g) Refried Beans (21.70 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Homemade Salsa (1.16 g) Jalapeno Peppers Ketchup Light Mayo (2.00 g) Ranch Dressing, Low Fat (3.53 g) Sour Cream (1.00 g)

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22 Jan	23 Jan	24 Jan	25 Jan	26 Jan
Yellow Mustard	Sour Cream (1.00 g) Yellow Mustard	Sour Cream (1.00 g) Yellow Mustard	Sour Cream (1.00 g) Yellow Mustard	Yellow Mustard
29 Jan	30 Jan	31 Jan	1 Feb	2 Feb
Chicken Nachos MS (32.94 g) Taco Salad (MS/HS) (48.27 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Fresh Whole Oranges (11.28 g) Pineapple Tidbits (18.73 g) Fresh Baby Carrots (5.84 g) Garden Side Salad (3.96 g) Refried Beans (21.70 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Homemade Salsa (1.16 g) Jalapeno Peppers Ketchup Light Mayo (2.00 g) Ranch Dressing, Low Fat (3.53 g) Sour Cream (1.00 g) Yellow Mustard	Beef Enchilada ES/MS (30.49 g) Taco, Chicken Fajita Taco (MS/HS) (34.15 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Diced Peaches (15.54 g) Fresh Whole Oranges (11.28 g) Caesar Side Salad (5.52 g) Fresh Broccoli Florets (2.12 g) Vegetable,Fiesta Potatoes (28.72 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Homemade Salsa (1.16 g) Jalapeno Peppers Ketchup Light Mayo (2.00 g) Ranch Dressing, Low Fat (3.53 g) Sour Cream (1.00 g) Yellow Mustard	Fiesta Bean & Cheese Burrito (42.15 g) Nachos, Nachos Beef & Cheese Sauce, Jalapeno (32.67 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Applesauce (14.89 g) Banana (26.95 g) Fresh Whole Oranges (11.28 g) Fresh Baby Carrots (5.84 g) Frijoles ala Charro, stewed pinto beans (16.90 g) Garden Side Salad (3.96 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Homemade Salsa (1.16 g) Jalapeno Peppers Ketchup Light Mayo (2.00 g) Ranch Dressing, Low Fat (3.53 g) Sour Cream (1.00 g) Yellow Mustard	Chicken Enchilada Suiza (36.66 g) Taco, beef, cheddar cheese, 6-inch tortilla (34.25 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Chilled Bartlett Pears (12.75 g) Fresh Whole Oranges (11.28 g) Caesar Side Salad (2.76 g) Fresh Broccoli Florets (2.12 g) Vegetable,Fiesta Potatoes (28.72 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Homemade Salsa (1.16 g) Jalapeno Peppers Ketchup Light Mayo (2.00 g) Ranch Dressing, Low Fat (3.53 g) Sour Cream (1.00 g) Yellow Mustard	Chicken Nachos MS (32.94 g) Fiesta Bowl (75.23 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Fresh Whole Oranges (11.28 g) Mixed Fruit (15.22 g) Fresh Celery Sticks (1.92 g) Garden Side Salad (3.96 g) Refried Beans (21.70 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Homemade Salsa (1.16 g) Jalapeno Peppers Ketchup Light Mayo (2.00 g) Ranch Dressing, Low Fat (3.53 g) Sour Cream (1.00 g) Yellow Mustard

Carbohydrate values in grams follow the Menu Item name