

Menu Calendar Nutrient Analysis Report - August, 2021

Site: Guthrie Junior High
Date: 08/01/2021 - 08/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 21-22 Fast Takes W3D4 - ServingDate: 08/19/2021								
Chef Salad, USDA - OKR1839 (1 salad)	15	172.59	8.96	3.89	0.00	444.63	6.57	17.30
Crispy Chicken Wrap - SR2525 (1 wrap)	15	499.90	23.82	6.53	0.00	1086.65	51.58	20.60
Turkey & Cheese Submarine Sandwich - SR1060 (1 sandwich)	35	382.71	16.55	6.00	0.00	823.05	31.49	28.10
Ham & Cheese Submarine Sandwich - SR1097 (1 sandwich)	35	372.71	17.05	6.50	0.00	933.05	31.49	25.10
Twisted Breadstick - SR2142 (1 breadstick)	15	172.73	3.27	0.09	0.00	190.34	28.41	6.09
Banana - SR1166 (1 medium (7"))	15	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Mixed Fruit Cocktail - SR1037 (1/2 c.)	15	49.99	0.01	0.00	0.00	4.35	12.89	0.50
Ready-to-Serve Apples - SR1216 (1 kiddie (<2)	10	47.62	0.16	0.03	0.00	0.92	12.65	0.24
Orange Smiles - SR1172 (6 slice or w)	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Apple Juice - SR2547 (4 fl oz cup)	40	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Fresh Broccoli Florets - SR1027 (1/2 c.)	30	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Garden Side Salad - SR1429 (1 c.)	40	20.07	0.13	0.02	0.00	25.59	4.25	1.10
Chocolate1% Milk - OKR1062 (8 oz.)	25	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Lite Mayonnaise, Heinz 1.5 gallon dispenser pack - OKR1799 (1 pump)	30	53.33	5.87	1.07	0.00	45.33	0.00	0.00
Yellow Mustard - SR1603 (1 pump)	30	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	30	25.00	1.25	0.25	0.00	160.00	4.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 21-22 Fast Takes W3D5 - ServingDate: 08/20/2021								
Chef Salad, USDA - OKR1839 (1 salad)	25	172.59	8.96	3.89	0.00	444.63	6.57	17.30
Kidzable Protein Power - OKR1446 (1 portion)	25	383.87	15.68	5.98	0.00	646.78	42.08	17.47
Turkey & Cheese Submarine Sandwich - SR1060 (1 sandwich)	25	382.71	16.55	6.00	0.00	823.05	31.49	28.10
Ham & Cheese Submarine Sandwich - SR1097 (1 sandwich)	25	372.71	17.05	6.50	0.00	933.05	31.49	25.10
Twisted Breadstick - SR2142 (1 breadstick)	25	172.73	3.27	0.09	0.00	190.34	28.41	6.09
Banana - SR1166 (1 medium (7"))	15	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Pineapple Tidbits - SR1495 (1/2 c.)	15	63.20	0.00	0.00	0.00	0.00	16.43	0.00
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	10	47.62	0.16	0.03	0.00	0.92	12.65	0.24
Orange Smiles - SR1172 (6 slice or w)	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Apple Juice - SR2547 (4 fl oz cup)	40	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Celery Sticks - SR1014 (6 stick.)	40	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Caesar Side Salad - SR1428 (1 c.)	30	169.83	15.80	3.27	0.00	325.07	5.61	2.95
Chocolate1% Milk - OKR1062 (8 oz.)	25	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Lite Mayonnaise, Heinz 1.5 gallon dispenser pack - OKR1799 (1 pump)	30	53.33	5.87	1.07	0.00	45.33	0.00	0.00
Yellow Mustard - SR1603 (1 pump)	30	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	30	25.00	1.25	0.25	0.00	160.00	4.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 21-22 Fast Takes W4D1 - ServingDate: 08/23/2021								
Chicken Bacon and Ranch Wrap, 10-inch tortilla, USDA - OKR1856 (1 wrap)	15	400.76	19.76	4.17	0.00	662.67	31.25	21.64
Large Crispy Chicken Salad - OKR1461 (1 salad)	15	307.26	15.28	4.57	0.00	435.13	23.91	18.34
Turkey & Cheese Submarine Sandwich - SR1060 (1 sandwich)	35	382.71	16.55	6.00	0.00	823.05	31.49	28.10
Ham & Cheese Submarine Sandwich - SR1097 (1 sandwich)	35	372.71	17.05	6.50	0.00	933.05	31.49	25.10
Twisted Breadstick - SR2142 (1 breadstick)	15	172.73	3.27	0.09	0.00	190.34	28.41	6.09
Banana - SR1166 (1 medium (7"))	15	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	10	47.62	0.16	0.03	0.00	0.92	12.65	0.24
Orange Smiles - SR1172 (6 slice or w)	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	15	77.87	0.05	0.00	0.00	7.08	20.48	1.11
100% Apple Juice - SR2547 (4 fl oz cup)	40	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Baby Carrots - SR1016 (1/2 c.)	30	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Caesar Side Salad - SR1428 (1 c.)	30	169.83	15.80	3.27	0.00	325.07	5.61	2.95
Chocolate1% Milk - OKR1062 (8 oz.)	25	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Lite Mayonnaise, Heinz 1.5 gallon dispenser pack - OKR1799 (1 pump)	30	53.33	5.87	1.07	0.00	45.33	0.00	0.00
Yellow Mustard - SR1603 (1 pump)	30	0.00	0.00	0.00	0.00	180.00	0.00	0.00

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SY 21-22 Fast Takes W4D1 - ServingDate: 08/23/2021								
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	30	25.00	1.25	0.25	0.00	160.00	4.00	0.00
SY 21-22 Fast Takes W4D2 - ServingDate: 08/24/2021								
Chicken Bacon and Ranch Wrap, 10-inch tortilla, USDA - OKR1856 (1 wrap)	15	400.76	19.76	4.17	0.00	662.67	31.25	21.64
Large Crispy Chicken Salad - OKR1461 (1 salad)	15	307.26	15.28	4.57	0.00	435.13	23.91	18.34
Turkey & Cheese Submarine Sandwich - SR1060 (1 sandwich)	35	382.71	16.55	6.00	0.00	823.05	31.49	28.10
Ham & Cheese Submarine Sandwich - SR1097 (1 sandwich)	35	372.71	17.05	6.50	0.00	933.05	31.49	25.10
Twisted Breadstick - SR2142 (1 breadstick)	15	172.73	3.27	0.09	0.00	190.34	28.41	6.09
Banana - SR1166 (1 medium (7"))	15	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Diced Bartlett Pears - SR1194 (1/2 c.)	15	59.31	0.08	0.00	0.00	4.75	15.35	0.40
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	10	47.62	0.16	0.03	0.00	0.92	12.65	0.24
Orange Smiles - SR1172 (6 slice or w)	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Apple Juice - SR2547 (4 fl oz cup)	40	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Fresh Broccoli Florets - SR1027 (1/2 c.)	30	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Garden Side Salad - SR1429 (1 c.)	30	20.07	0.13	0.02	0.00	25.59	4.25	1.10
Chocolate1% Milk - OKR1062 (8 oz.)	25	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00

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SY 21-22 Fast Takes W4D2 - ServingDate: 08/24/2021								
Lite Mayonnaise, Heinz 1.5 gallon dispenser pack - OKR1799 (1 pump)	30	53.33	5.87	1.07	0.00	45.33	0.00	0.00
Yellow Mustard - SR1603 (1 pump)	30	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	30	25.00	1.25	0.25	0.00	160.00	4.00	0.00
SY 21-22 Fast Takes W4D3 - ServingDate: 08/25/2021								
Chicken Bacon and Ranch Wrap, 10-inch tortilla, USDA - OKR1856 (1 wrap)	15	400.76	19.76	4.17	0.00	662.67	31.25	21.64
Large Crispy Chicken Salad - OKR1461 (1 salad)	15	307.26	15.28	4.57	0.00	435.13	23.91	18.34
Turkey & Cheese Submarine Sandwich - SR1060 (1 sandwich)	35	382.71	16.55	6.00	0.00	823.05	31.49	28.10
Ham & Cheese Submarine Sandwich - SR1097 (1 sandwich)	35	372.71	17.05	6.50	0.00	933.05	31.49	25.10
Twisted Breadstick - SR2142 (1 breadstick)	15	172.73	3.27	0.09	0.00	190.34	28.41	6.09
Unsweetened Applesauce - SR1195 (1/2 c.)	15	53.71	0.13	0.01	0.00	2.56	14.41	0.22
Banana - SR1166 (1 medium (7"))	15	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Ready-to-Serve Apples - SR1216 (1 kiddie (<2)	10	47.62	0.16	0.03	0.00	0.92	12.65	0.24
Orange Smiles - SR1172 (6 slice or w)	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Apple Juice - SR2547 (4 fl oz cup)	40	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Baby Carrots - SR1016 (1/2 c.)	40	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Caesar Side Salad - SR1428 (1 c.)	30	169.83	15.80	3.27	0.00	325.07	5.61	2.95
Chocolate1% Milk - OKR1062 (8 oz.)	25	130.00	2.50	1.50	0.00	130.00	19.00	8.00

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SY 21-22 Fast Takes W4D3 - ServingDate: 08/25/2021								
White 1% Milk - OKR1061 (8 oz.)	25	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Lite Mayonnaise, Heinz 1.5 gallon dispenser pack - OKR1799 (1 pump)	30	53.33	5.87	1.07	0.00	45.33	0.00	0.00
Yellow Mustard - SR1603 (1 pump)	30	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	30	25.00	1.25	0.25	0.00	160.00	4.00	0.00
SY 21-22 Fast Takes W4D4 - ServingDate: 08/26/2021								
Chicken Bacon and Ranch Wrap, 10-inch tortilla, USDA - OKR1856 (1 wrap)	15	400.76	19.76	4.17	0.00	662.67	31.25	21.64
Large Crispy Chicken Salad - OKR1461 (1 salad)	15	307.26	15.28	4.57	0.00	435.13	23.91	18.34
Turkey & Cheese Submarine Sandwich - SR1060 (1 sandwich)	35	382.71	16.55	6.00	0.00	823.05	31.49	28.10
Ham & Cheese Submarine Sandwich - SR1097 (1 sandwich)	35	372.71	17.05	6.50	0.00	933.05	31.49	25.10
Twisted Breadstick - SR2142 (1 breadstick)	15	172.73	3.27	0.09	0.00	190.34	28.41	6.09
Banana - SR1166 (1 medium (7"))	15	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Mixed Fruit Cocktail - SR1037 (1/2 c.)	15	49.99	0.01	0.00	0.00	4.35	12.89	0.50
Ready-to-Serve Apples - SR1216 (1 kiddie (<2)	10	47.62	0.16	0.03	0.00	0.92	12.65	0.24
Orange Smiles - SR1172 (6 slice or w)	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Apple Juice - SR2547 (4 fl oz cup)	40	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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SY 21-22 Fast Takes W4D4 - ServingDate: 08/26/2021								
Fresh Broccoli Florets - SR1027 (1/2 c.)	30	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Garden Side Salad - SR1429 (1 c.)	40	20.07	0.13	0.02	0.00	25.59	4.25	1.10
Chocolate1% Milk - OKR1062 (8 oz.)	25	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Lite Mayonnaise, Heinz 1.5 gallon dispenser pack - OKR1799 (1 pump)	30	53.33	5.87	1.07	0.00	45.33	0.00	0.00
Yellow Mustard - SR1603 (1 pump)	30	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	30	25.00	1.25	0.25	0.00	160.00	4.00	0.00
SY 21-22 Fast Takes W4D5 - ServingDate: 08/27/2021								
Large Crispy Chicken Salad - OKR1461 (1 salad)	10	307.26	15.28	4.57	0.00	435.13	23.91	18.34
Kidzable Protein Power - OKR1446 (1 portion)	30	383.87	15.68	5.98	0.00	646.78	42.08	17.47
Turkey & Cheese Submarine Sandwich - SR1060 (1 sandwich)	30	382.71	16.55	6.00	0.00	823.05	31.49	28.10
Ham & Cheese Submarine Sandwich - SR1097 (1 sandwich)	30	372.71	17.05	6.50	0.00	933.05	31.49	25.10
Twisted Breadstick - SR2142 (1 breadstick)	10	172.73	3.27	0.09	0.00	190.34	28.41	6.09
Banana - SR1166 (1 medium (7"))	15	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Pineapple Tidbits - SR1495 (1/2 c.)	15	63.20	0.00	0.00	0.00	0.00	16.43	0.00
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	10	47.62	0.16	0.03	0.00	0.92	12.65	0.24

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 21-22 Fast Takes W4D5 - ServingDate: 08/27/2021								
Orange Smiles - SR1172 (6 slice or w)	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Apple Juice - SR2547 (4 fl oz cup)	40	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Celery Sticks - SR1014 (6 stick.)	40	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Caesar Side Salad - SR1428 (1 c.)	30	169.83	15.80	3.27	0.00	325.07	5.61	2.95
Chocolate1% Milk - OKR1062 (8 oz.)	25	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Lite Mayonnaise, Heinz 1.5 gallon dispenser pack - OKR1799 (1 pump)	30	53.33	5.87	1.07	0.00	45.33	0.00	0.00
Yellow Mustard - SR1603 (1 pump)	30	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	30	25.00	1.25	0.25	0.00	160.00	4.00	0.00
SY 21-22 Fast Takes W5D1 - ServingDate: 08/30/2021								
Chef Salad, USDA - OKR1839 (1 salad)	15	172.59	8.96	3.89	0.00	444.63	6.57	17.30
Crispy Chicken Wrap - SR2525 (1 wrap)	15	499.90	23.82	6.53	0.00	1086.65	51.58	20.60
Turkey & Cheese Submarine Sandwich - SR1060 (1 sandwich)	35	382.71	16.55	6.00	0.00	823.05	31.49	28.10
Ham & Cheese Submarine Sandwich - SR1097 (1 sandwich)	35	372.71	17.05	6.50	0.00	933.05	31.49	25.10
Twisted Breadstick - SR2142 (1 breadstick)	15	172.73	3.27	0.09	0.00	190.34	28.41	6.09
Banana - SR1166 (1 medium (7"))	15	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Ready-to-Serve Apples - SR1216 (1 kiddie (<2)	10	47.62	0.16	0.03	0.00	0.92	12.65	0.24

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SY 21-22 Fast Takes W5D1 - ServingDate: 08/30/2021								
Orange Smiles - SR1172 (6 slice or w)	15	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	15	77.87	0.05	0.00	0.00	7.08	20.48	1.11
100% Apple Juice - SR2547 (4 fl oz cup)	40	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Baby Carrots - SR1016 (1/2 c.)	30	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Caesar Side Salad - SR1428 (1 c.)	40	169.83	15.80	3.27	0.00	325.07	5.61	2.95
Chocolate1% Milk - OKR1062 (8 oz.)	25	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Lite Mayonnaise, Heinz 1.5 gallon dispenser pack - OKR1799 (1 pump)	30	53.33	5.87	1.07	0.00	45.33	0.00	0.00
Yellow Mustard - SR1603 (1 pump)	30	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	30	25.00	1.25	0.25	0.00	160.00	4.00	0.00
SY 21-22 Fast Takes W5D2 - ServingDate: 08/31/2021								
Chef Salad, USDA - OKR1839 (1 salad)	15	172.59	8.96	3.89	0.00	444.63	6.57	17.30
Crispy Chicken Wrap - SR2525 (1 wrap)	15	499.90	23.82	6.53	0.00	1086.65	51.58	20.60
Turkey & Cheese Submarine Sandwich - SR1060 (1 sandwich)	35	382.71	16.55	6.00	0.00	823.05	31.49	28.10
Ham & Cheese Submarine Sandwich - SR1097 (1 sandwich)	35	372.71	17.05	6.50	0.00	933.05	31.49	25.10
Twisted Breadstick - SR2142 (1 breadstick)	15	172.73	3.27	0.09	0.00	190.34	28.41	6.09
Banana - SR1166 (1 medium (7"))	15	105.02	0.39	0.13	0.00	1.18	26.95	1.29

Menu Calendar Nutrient Analysis Report - August, 2021

Site: Guthrie Junior High
Date: 08/01/2021 - 08/31/2021

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY 21-22 Fast Takes W5D2 - ServingDate: 08/31/2021								
Diced Bartlett Pears - SR1194 (1/2 c.)	15	59.31	0.08	0.00	0.00	4.75	15.35	0.40
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	10	47.62	0.16	0.03	0.00	0.92	12.65	0.24
Orange Smiles - SR1172 (6 slice or w)	10	45.12	0.12	0.01	0.00	0.00	11.28	0.90
100% Apple Juice - SR2547 (4 fl oz cup)	40	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Fresh Broccoli Florets - SR1027 (1/2 c.)	30	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Garden Side Salad - SR1429 (1 c.)	40	20.07	0.13	0.02	0.00	25.59	4.25	1.10
Chocolate1% Milk - OKR1062 (8 oz.)	25	130.00	2.50	1.50	0.00	130.00	19.00	8.00
White 1% Milk - OKR1061 (8 oz.)	25	107.58	2.69	1.61	0.00	112.96	12.91	8.61
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Ketchup - SR1004 (1 pump)	0	20.00	0.00	0.00	0.00	160.00	5.00	0.00
Lite Mayonnaise, Heinz 1.5 gallon dispenser pack - OKR1799 (1 pump)	30	53.33	5.87	1.07	0.00	45.33	0.00	0.00
Yellow Mustard - SR1603 (1 pump)	30	0.00	0.00	0.00	0.00	180.00	0.00	0.00
Low Fat Ranch Salad Dressing - OKR1221 (1 tbsp.)	30	25.00	1.25	0.25	0.00	160.00	4.00	0.00

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch

Site Group: Did You Know Café

Menu Line: DYK-Fast Takes (tier I)

Serving Group: 6-8

Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.