



## Guthrie Public Schools Secondary Breakfast Menu December 2018

Assorted Sides	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Served Daily: Assorted Dry Cereal Canned Fruit Fresh Fruit Orange Juice Apple Juice Assorted Fat Free or Lowfat White and Flavored Milk</b>	3 Honey Glazed Chicken Biscuit Chocolate Crescent Diced Peaches	4 French Toast Sticks Yogurt & Goldfish Graham Cracker Orange Smiles	5 Breakfast Pizza Blueberry Muffin Bananas	6 Breakfast Taco Cinnamon Roll Mixed Fruit	7 Biscuit & Gravy Nutrigrain Bar Diced Pears
	10 Sausage Biscuit Glazed Donut Diced Peaches	11 Pancake on a Stick Chocolate Muffin Orange Smiles	12 Breakfast Pizza Nutrigrain Bar Banana	13 Cheddar Cheese Omelet Cinnamon Roll Fruit Cocktail	14 Breakfast Taco Yogurt & Goldfish Graham Crackers Pears
	17 Honey Glazed Chicken Biscuit Banana Muffin Peaches	18 Pancakes Hard Boiled Egg Orange Smiles	19 Breakfast Pizza Yogurt & Goldfish Graham Cracker Mixed Fruit	20 Egg Muffin Breakfast Sandwich Cinnamon Sugar Donut Diced Peaches	21 Biscuit & Gravy, Nutrigrain Bar Diced Peaches
	24 Winter Break	25 MERRY CHRISTMAS	26 Winter Break	27 Winter Break	28 Winter Break
	31 Winter Break				

A meal consists of 3 food groups: Grains, Fruit/ Vegetables and Milk. Students must pick at least 3 items from the 4 items offered from the 3 food groups.

Menu items are subject to change due to availability	Child Nutrition Office 405.282.5952
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