



Guthrie Public Schools Secondary Breakfast Menu December 2019

Assorted Sides	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Served Daily: Assorted Dry Cereal Canned Fruit Fresh Fruit Orange Juice Apple Juice Assorted Fat Free or Lowfat White and Flavored Milk	2 Breakfast Pizza Yogurt with Graham Crackers Dice Peaches	3 Sausage Biscuit Glazed Donut Orange Smiles	4 Breakfast Pizza Nutrigrain Bar Applesauce	5 Breakfast Taco Cinnamon Roll Mixed Fruit	6 Biscuit & Gravy Yogurt with Graham Crackers Diced Pears
	9 Breakfast Pizza Double Chocolate Muffin Diced Peaches	10 Sausage Biscuit Glazed Donut Orange Smiles	11 Breakfast Pizza Nutrigrain Bar Applesauce	12 Cheesy Omelet Cinnamon Roll Mixed Fruit	13 Biscuit & Gravy Yogurt with Graham Crackers Diced Pears
	16 Breakfast Pizza Boiled Egg Diced peaches	17 Honey Glazed Chicken Biscuit Banana Muffin Orange Smiles	18 Breakfast Pizza Yogurt with Graham Crackers Mixed Fruit	19 Egg & Cheese Biscuit Cinnamon Toast Crunch Bar Mixed Fruit	20 Confetti Pancakes Nutrigrain Bar Diced Pears
	23 Holiday Break	24 Holiday Break	25 Holiday Break	26 Holiday Break	27 Holiday Break
	30 Holiday Break	31 Holiday Break			

A meal consists of 3 food groups: Grains, Fruit/ Vegetables and Milk. Students must pick at least 3 items from the 4 items offered from the 3 food groups.

Menu items are subject to change due to availability	Child Nutrition Office 405.282.5952
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